

VOLUME #3 ISSUE #5



**A NOTE FROM 100% RAW POWERLIFTING
FEDERATION PRESIDENT
PAUL BOSSI**

Dear Lifters,

SSP Nutrition has signed on to be our Sponsor again in 2013 for the World Championships in Las Vegas. They will be sponsoring the single lift Championships belts. They are offering a special for **"The System"** to all 100% RAW lifters. By going to their website www.SSPnutrition.com and using the code **"RAW100"** you will receive a special discount and merchandise, Plus you will a

Free 1-year membership for 100% RAW Powerlifting Federation, Inc.

In addition SSP would like to send a **FREE 3 Day Starter Kit of THE SYSTEM™** to the first 50 people that send their name and address to raw@sspnutrition.com

IMAGINE...

Performing at your physical potential

www.SSPnutrition.com

use code "raw100" at checkout when ordering THE SYSTEM™ and receive a **FREE 1 year membership to the 100% RAW Powerlifting Federation**

THE SYSTEM

by SSP Nutrition Inc.
523 River Road • Edgewater, NJ 07020
Tel 201-282-5092

World Championships

Full Power / Push-Pull / Bench / Deadlift / Strict Curl



Riviera Hotel & Casino
Las Vegas, Nevada
Oct 3 - 6, 2013

Meet Director: Paul Bossi
Rawlifting@aol.com 252-339-5025

Visa Applications: **Hunter Claypatch**
hclaypatch@hotmail.com 607-752-2245

www.RawPowerlifting.com

The 2013 World Championships will be our biggest World event ever. We are combining the Full Powerlifting and Single event Worlds again this year. We will be running 2 platforms for Full Power and one for Single-Event. We are capping the competition at 250 lifters for this year's extravaganza. This is our 5th year running the Worlds in Las Vegas at the Riviera Hotel & Casino and each year has been very successful. The staff at the Riviera has been real good to us and treats us like royalty. You will enjoy this competition and the whole weekend.

We will be selling our RAW apparel, World Championship and record plaques. Jostens' will be selling the World Championship rings as well see to the left. Event sponsor SSP Nutrition will be selling their supplements. World Championship Belts will be available to the best top lifters. You have the option to pay by credit card and email in your entry form to Rawlifting@aol.com as well. If you pay using a credit card, please call me, Paul at [252-339-5025](tel:252-339-5025). Memberships can be purchased ahead of time using a credit card or by mailing a check. You must pay in **cash** if you pay on the day of the competition for the annual membership during registration. Make sure you call and reserve your room before the deadline or until our block is sold out. The past 3 years we have sold out of our block before the deadline and the hotel was completely sold out. Don't be left out and reserve your room now.

**Early Bird Special: Print off and entry form from our website.
Early Bird Special ends on June 30**

SPONSORS



www.autocitycars.com



www.elizabethcitytrophy.com
ectrophy@aol.com



www.nptifitness.com

100% RAW Powerlifting Federation, Inc.

Special Appearance on Ricki Lake: Naomi Kutin

<http://therickilakeshow.com/episodes-clips/2013/5/Strongest-Girl-in-the-World>



American Challenge Custom Plaques

Any lifter who competes in the American Challenge can purchase a Custom Made American Challenge plaque from Elizabeth City trophy. They will be on sale for \$60 plus \$15 for shipping for a total of \$75. We have 2 options to choose from.. All plaques will be custom made with your name, weight class, place finished and mount of weight lifted if desired on it. If you win your class (age group or open) your plaque will read National Champion on it. Below is a picture of it to give you an idea.

Just send an email to: ectrophy@aol.com or rawlifting@aol.com and ask for an order form. Just fill out the order form and email, fax or Postal mail it back to us to purchase it. The fax number is 252-338-7669. You can pay by Master Card or Visa. If you send it in the mail please include a check for the full amount plus shipping. If you do not want to put your card numbers on the form then just give us a call at the trophy shop to pay over the phone at 252-338-6920.

During the month of June 2013, 100% RAW Powerlifting Federation will hold its annual American Challenge meet. This meet will take place in 10 locations across the country in June allowing our lifters to compete locally against lifters across the entire country. Registered lifters will enter and compete in the Powerlifting, Push-Pull, Bench Press, Deadlift and Strict Curl at a local meet and have their results compared to the other 100% RAW lifters competing that are competing at another location. After our State Chairman forward all results, the unofficial results will be compiled and posted. When drug testing results are received, the winners will be made official and awarded the title of being the National Champion. All lifters will receive 100% RAW participation Custom made American Challenge medals the day of the competition.

This meet officially serves as the National Championship for the 100% RAW Powerlifting Federation, Inc. This event has provided the largest single lift competition ever held for the 100% RAW Federation. In 2012 we had 760 lifters compete. If you have ever wanted to lift in a 100% RAW National Championship event but were never able to travel, this is your chance to be a National Champion! Where the "REAL" National Champions are Crowned.

AMERICAN CHALLENGE LOCATIONS

June 1: Currituck, NC

June 15: Durango, CO

June 2: Hooksett, NH

June 22-23: Fort Washington, PA

June 8: Zion Crossing, VA

June 29: Cotton Wood, AZ

June 8: Bloomington, IL

June 29: Omaha, NE

June 8: Dillion, MT

June 29-30: Peabody, MA



www.tribustol.com

SSP Nutrition and 100% RAW Powerlifting Federation Announce a Strategic Alliance

SSP Nutrition and 100% RAW are pleased to announce a strategic alliance in our mission to support drug free athletes. To celebrate this new alliance SSP nutrition is offering a **FREE 1 year membership to the 100% RAW Powerlifting Federation** with every purchase of **THE SYSTEM™**. That's a \$30 value just to say thank you for being a drug free athlete.

Simply order **THE SYSTEM™** from SSP Nutrition by logging onto www.SSPnutrition.com and enter code "raw100" at checkout to receive a **FREE 1 year membership to the 100% RAW Powerlifting Federation**.

In addition SSP would like to send a **FREE 3 Day Starter Kit of THE SYSTEM™** to the first 50 people that send their name and address to raw@sspnutrition.com.

SSP Nutrition's **THE SYSTEM™** is tailored to athletes dedicated to a drug free lifestyle and provides an optimal blend of vitamins, minerals and nutrients; at the precise time the body needs them. **THE SYSTEM™** is a revolutionary supplement series delivering the necessary nutritional supplement before, during, after and in-between high-energy workouts and is 100% banned substance free and WADA compliant.

- Experience Higher Intensity Workouts
- Recover Faster
- Build Lean Muscle Mass
- Increase Energy Levels
- Compliant with the World Anti-Doping Agency Testing Standard
- 100% Banned Substance Free
- 100% Money Back Guarantee



SPONSORSHIPS

We are currently looking for businesses and individuals that would like to help out 100% RAW Powerlifting Federation.

It is that time of the year that we are looking for sponsors for the **2013 World Championship belts**.

The belts Sponsorship is \$250, you will receive your Business name of the back of the event T-shirt, 1 year of advertising with 100% RAW Powerlifting Federation on our homepage, a Banner up at the Worlds (you supply) and a custom made plaque that is sent to you.

Anyone interested can send an email to Rawlifting@.com

FACEBOOK

Please join my 100% RAW Powerlifting Facebook page. This page is for the use of all state chairmen to advertise their events with Facebook and get the updates out to as many lifters as we can. If you have a Facebook page please go check it out and be added as a friend so we can all grow together. Go to the link below to check it out.

http://www.facebook.com/paul.bossi.96?ref=tn_tnmn

Results

January 26, 2013	Potomac Open (BP, DL, SC)	Woodbridge, VA	John Shifflett	Results
February 09, 2013	Southern Open Championships (PL, P/P, BP, SC)	Jarvisburg, NC	Gene Berry	Results
February 09, 2013	Scrappy Joe Single Lift	Hooversville, PA	Joe Caola	Results
February 16, 2013	3rd Annual Toronto Open	Toronto, ON	Barry McEvoy	Results
February 24, 2013	2nd Annual Heartbreak Classic	Binghamton, NY	Laura Monroe	Results
March 09, 2013	Massachusetts State Championships	Peabody, MA	Paul Desimone	Results
March 09, 2013	Bragging Rights Bench Press & Deadlift	Sicklerville, NJ	Jackson Lee	Results
March 09, 2013	The 505 Championship	Albuquerque, NM	Hunter Claypatch	Results
March 09, 2013	Ukrainian Championships			Results
March 23, 2013	The Midwest Single Lift	Omaha, NE	Jeremy Meyer	Results
March 23, 2013	2nd Annual NY/Ontario Powerlifting Cup	Owego, NY	Wayne Claypatch	Results
March 23, 2013	Ironman Nationals	Zion Crossroads, VA	John Shifflett	Results
March 28, 2013	Israel Powerlifting & Bench Press Championship	Israel	Dr. Gal Adato	Results PL Results BP
March 30, 2013	Battle of the Border	Currituck, NC	Paul Bossi	Results
April 06, 2013	Southwest Regionals	Cottonwood, AZ	Paul Gillott	Results
April 06, 2013	4th Annual Quaker Classic	Salem, OH	Lonnie Atkins	Results
April 06, 2013	The Great Lakes Championships	Erie, PA	Joe Orengia	Results

Record Plaques and Certificates for your accomplishments.

Any lifter can purchase a Record, Ranking or Personal accomplishment Plaque from our website by printing off an order form and faxing to 252-338-7669 or e-mailing back to ectrophy@aol.com. Please fill out very neatly (prefer typing). Elizabeth City Trophy & Awards accepts Master Card, Visa and Discover. You can send in your form and give a telephone number for them to call you for payment. You can e-mail or fax the information if you prefer. Plaques are available for any lifter who competed in any 100% RAW event. Past records or past accomplishments can still be ordered through the site with verification of the lift. If you have any questions please email Rawlifting@aol.com.

THE SYSTEM™ Workout Canister Set PRE/POST -JUST \$89.99

(also available in single use packets)

Serving Size: 20 serving canisters

THE WORKOUT CANISTER SET contains one canister of each of our PRE and POST formulas. [Click here for more information.](#)

- Experience Higher Intensity Workouts
- Recover Faster
- Increase Energy Levels
- WADA Compliant
- Banned Substance Free



THE SYSTEM™ Workout Set - \$89.99

THE SYSTEM™ Recovery Canister Set POST/MAINTAIN - JUST \$84.99

(also available in single use packets)

Serving Size: 20 serving canisters

THE RECOVERY CANISTER SET contains one canister of each of our POST and MAINTAIN formulas. [Click here for more information.](#)

- Recover Faster
- Build Lean Muscle Mass
- Increase Energy Levels
- WADA Compliant
- Banned Substance Free



THE SYSTEM™ Recovery Set - \$84.99

The SSP Nutrition Combo Sets are simply a result from the great customer feedback we continue to get from valuable individuals such as yourself; so please continue to reach out to us with any questions, comments, or recommendations you might have.

Best in Health,

The SSP Team

Your Number One Performance Nutrition Provider

Dear 100% RAW Powerlifting Federation Members,

Our customers asked and we responded, we are pleased to announce two new ways to purchase **THE SYSTEM™**. We understand that not every customer has the need for the full 3 part SYSTEM with each order, so we have created a **NEW Combo Set** option that is **25% OFF** the individual canister price.

- ◆ HIGHER INTENSITY WORKOUTS
- ◆ EXTENDED ENDURANCE
- ◆ RECOVER FASTER
- ◆ BUILD LEAN MUSCLE
- ◆ 100% FREE OF BANNED SUBSTANCES
- ◆ 100% MONEY BACK GUARANTEE



ORDER YOUR WORKOUT AND RECOVERY SET TODAY!

SSP Nutrition Inc. | support@sspnutrition.com | <http://www.sspnutrition.com>
523 River Road w Edgewater, NJ 07020

"THE SYSTEM™" provides active athletes an optimal blend of vitamins, minerals and nutrients; at the precise time the body needs them. "THE SYSTEM™" is a revolutionary supplement series delivering the necessary nutritional supplement before, during, after and in-between high-energy workouts.



www.SSPNUTRITION.COM

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