

100% RAW Powerlifting Federation, Inc.

139 Marla's Way Camden, NC 27921

OCTOBER 2012
VOLUME #2 ISSUE #10

www.RawPowerlifting.com
Rawlifting@aol.com



A Word From The President 100% RAW POWERLIFTING FEDERATION President: Paul Bossi

Dear Lifters,

This has been our biggest year in 100% RAW Powerlifting Federation's history. We held more events than ever and in more countries than ever. The World Championships has lifters from 11 different countries being represented going for the gold and bringing back to their home country the World Championship belt. You can watch it on the Internet as we are streaming it live. We have the strongest Drug Free RAW lifters in the World coming to this event to win that prestigious title of being the 100% RAW World Champion.

We would like to take this time to thank all of you for your continued support in helping make us the Premiere Drug Tested RAW Powerlifting Federation in the World.



Tiernev Wallace 350lb @ 148



World Championships

Full Power / Push-Pull / Bench / Deadlift / Strict Curl



Riviera Hotel & Casino Las Vegas, Nevada Oct 19 thru Oct 21, 2012

Meet Director: Paul Bossi
Rawlifting@aol.com 252-339-5025

Visa Applications: Hunter Claypatch
hclaypatch@hotmail.com 607-752-2245

www.RawPowerlifting.com



The 2012 World Championships will be our biggest World event ever and it is only 5 days away. This year's event will be streamed live on the Internet. The URL address to watch it is

<http://www.ustream.tv/channel/rawpowerlifting>

Order of events:

Thursday Oct 18: 4-6pm weigh-ins (Females and men up to 67.5kilos)

Friday Oct 19: 8:15am Tech meeting, lifting starts at 9:00am

Friday Oct 19: 4-6pm -6pm weigh-ins (men 75 to 90 kilos)

Saturday: Oct 20 8:15am Tech meeting, Lifting starts at 9:00am

Saturday: Oct 20: 4-6pm -6pm weigh-ins (men 100 kilos to SHW)

Saturday: Oct 20 PRO BENCH SHOW DOORS OPEN @5PM LIFTING

@ 6PM \$5 FEE

Sunday: Oct 21 8:15am Tech meeting, Lifting starts at 9:00am



FACEBOOK

Please join the 100% RAW Powerlifting Facebook page. This page is for the use of all state chairmen to advertise their events with Facebook and get the updates out to as many lifters as we can. If you have a Facebook page please go check it out and be added as a friend so we can all grow together. Go to the link below to check it out. If you have any questions you can e-mail Hunter Claypatch or Adam Price.

<http://www.facebook.com/#!/group.php?gid=149878595051709>

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2012 World Championships Rings



Available at the 2012 World Championships
Riviera Hotel & Casino
October 19-21

World Championship Custom Plaques

Any lifter who competes in the World Championships can purchase a Custom Made plaque from Elizabeth City trophy. They will be on sale for \$55 plus \$15 for shipping for a total of \$70. All plaques will be custom made with your name, weight class, place finished and amount of weight lifted if desired on it. If you won your class whether it was age group or open your plaque will read World Champion on it. Below is a picture of it to give you an idea.

Just click on this link for an order form.

<http://www.rawpowerlifting.com/Forms/plaque.pdf>

Just fill out the order form and email ectrophy@aol.com or fax it back to us at 252-338-7669 to purchase it. You can pay by Master Card or Visa. If you send it in the mail please include a check for the full amount plus shipping. If you do not want to put your card numbers on the form then just give us a call at the trophy shop to pay over the phone at 252-338-6920.

Last Chance to order one!!!!!!

SPEED STRENGTH PERFORMANCE
SSP
NUTRITION

FUEL FOR A NEW BREED OF ATHLETE
THE SYSTEM

The Newest Breakthrough in Sports Nutrition!
High Intensity Workouts
Increased Energy Levels
Faster Recovery
Great Taste
Build Lean Muscle Mass
Timed Supplements for Superior Results
100% Banned Substance Free

Designed By Dennis Cieri:
Lifetime Drug-Free
World Bench Press Champion

15 Time National Champion
18 Time World Record Holder
2 Time IPF World Champion

THE SYSTEM provides active athletes an optimal blend of vitamins, minerals and nutrients; at the precise time the body needs them, before, during, after and in-between high-energy workouts.

Special Offer on 5 day trial of THE SYSTEM. Visit www.sspnutrition.com for more information. Try THE SYSTEM for 5 days and see results!

support@sspnutrition.com www.sspnutrition.com



Tribustol by Ramsey Rodriguez/CISSN NES Co. ramsey.rodriquez@tribustol.com

Check out our Facebook page for the final updated roster for the 2012 World Championships in Las Vegas, NV- USA.