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# World Single Lift Championship



Riviera Hotel & Casino  
Las Vegas, Nevada  
Sept 30 – Oct 2, 2011

Meet Director: Paul Bossi  
[Rawlifting@aol.com](mailto:Rawlifting@aol.com)  
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## [May Newsletter](#)

Hello Lifters and Friends,

The month of April had meets in Vermont (Master Nationals), Florida (SE Regional's), Ohio (Quaker Classic) and North Carolina (Henderson Open). All results are posted and were well represented with many new state, National and World records being broken. On May 7<sup>th</sup> Luis Algarin held the Minnesota State Championships in Little Falls, MN.

The biggest news of the past month has been the sponsorship of **[SSP Nutrition](#)** [www.sspnutrition.com](http://www.sspnutrition.com) for the **American Challenge**. SSP Nutrition will pass out a supply of their nutritional line to the winners of the Men's Open(123,132,148,165,181,198,220,242,275,308,SHW), Master (40-49) Light and Heavy, Master (50-59) Light and Heavy, Master (60 plus) Light and Heavy, Female Light and Heavy and Teenage lifter. This special will be for all 3 events the Bench Press, Deadlift and Curl. That will be 60 sets of supplements and over \$3000 worth of product. Please go to their website and show your support to them by both checking out their products and maybe purchasing some. This is a great line and the number 1 drug free bench presser in the WORLD uses this product.

**Products that work, safety guaranteed. The System is formulated with the highest integrity, WADA compliant, 99.94% natural\*, totally safe and extremely effective. Formulated by multi-time I.P.F. World Champion, Dennis Cieri.**

Speaking of the #1 drug free bench press specialist in the WORLD, Dennis Cieri, he will be competing in the American Challenge. Dennis holds the 100% RAW World record in his class with a 530lb bench press. He will be competing in the NY American Challenge meet. For everyone who will be at this site you will be watching history in the making as every time Dennis sets up on the bench press World records are broken. If you are not a lifter and want to watch a special event you will need to find your way to NY, you will not be disappointed.

We brought on a new state co-chairmanship in the state of Texas (Seneca Sarnella and Shannon Cooper). They will be running their 1<sup>st</sup> event this summer in the Austin area. We are working on a chairman in California who might come on board any day with us. Their contact information will be posted so you can contact them about their upcoming events and schedule for 2011.

The official 100% RAW Powerlifting knee high socks are now available for you to purchase. These are a must if you are a deadlifter and will make any lifter look good. The socks are black with the 100% RAW logo on the front in Blue and the word Powerlifting going down the side in Red. I will have a picture soon. You can order a pair for \$12 plus \$5 for shipping. If you order multiple sets your shipping will not go up so it would be best to order a few sets for yourself and your fellow lifting partners. Email me at [Rawlifting@aol.com](mailto:Rawlifting@aol.com) if you're interested.

The response to **[Team USA](#)** for the Eurasia National Championships has been overwhelming with interest for over 60 lifters. I will be making a roster very soon so if you have not yet sent in your letter of interest please do so now. There have been 6 slots already filled with current World Champions from 2010's World Championships. This competition will be a single lift event this year. We hope to have full Powerlifting next year.

## **100% RAW - TEAM USA:**

I am looking for 12-15 lifters from the USA that want to be on TEAM USA that will be traveling over to the Ukraine this summer and compete in the Eurasia Championships on July 23<sup>rd</sup> -24<sup>th</sup>. Anyone can apply to be part of our team. I will take the top 15 lifters of who apply to be part of this special competition team to represent the United States in this historic competition for 100% RAW Powerlifting Federation. You will be responsible for your air fare, hotel accommodations and food. For the single lift event, I will offer it to all 1<sup>st</sup> place winners in the American Challenge and the current World champions will have first offers. If you're interested you need to apply because I am sure with the economy many lifters will not be able to afford this trip. This will be an experience of a lifetime for anyone who is part of this team. I traveled to Italy in 2007 with Jeremy Wright, Brad Lovejoy and Steve Smith and to Belgium with Pat McMillan in 2008. Last year Raymond Clasing & Brad Lovejoy traveled to Russia to compete and everyone will tell you the same thing, it was the experience of their life and was priceless. I know it was the pinnacle of my 23 year Powerlifting career. To apply or for more information please e-mail me at [rawlifting@aol.com](mailto:rawlifting@aol.com).

## **Upcoming Events**

1. June 4- June12 **The American Challenge** – National Championships  
This competition will take place at 8 locations across the USA. Go to the website to see the schedule of events over the 2 week period.
2. **July 23-24, 2011 – Eurasia Championships.**  
Odessa, Ukraine – entry has been posted
3. September 30- October 2, 2011  
**The Single Lift World Championships**  
Las Vegas, NV – Riviera Hotel & Casino
4. August 6, 2011 – National Championships  
Phoenix, Arizona – Meet Director: Paul Gillott: Entry form coming soon
5. October 29-30, 2011  
**Full Powerlifting World Championships**  
Orlando, FL – Doubletree Hotel
6. October 28, 2011 – Friday night  
**East Coast Single Lift Championships – October 28**  
Orlando, FL – Doubletree Hotel

## **Facebook**

100% RAW Powerlifting now has our own Facebook page thanks to Adam Price and Hunter Claypatch. This page is for the use of all state chairmen to use to advertise their events with Facebook and get the updates out to as many lifters as we can. If you have a Facebook page please go check it out and be added as a friend so we can all grow together. Go to the link below to check it out. If you have any questions you can e-mail Hunter Claypatch or Adam Price.

<http://www.facebook.com/#!/group.php?gid=149878595051709>

SPEED STRENGTH PERFORMANCE  
**SSPA**  
NUTRITION

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100%  
**AMERICAN CHALLENGE**



**NATIONAL CHAMPIONSHIPS**

**BENCH - DEADLIFT - STRICT CURL**

**JUNE 2011**

**9 LOCATIONS ACROSS THE USA**

*DO YOU HAVE WHAT IT TAKES TO BE  
A NATIONAL CHAMPION?*



FOR MORE INFORMATION:

[rawlifting@aol.com](mailto:rawlifting@aol.com) | 252.339.5025  
[WWW.RAWPOWERLIFTING.COM](http://WWW.RAWPOWERLIFTING.COM)

## Upcoming events Contacts and Links

|                 |   |                           |  |                            |
|-----------------|---|---------------------------|--|----------------------------|
| June 04, 2011   | <b>NC State Powerlifting Championships</b>        | Currituck, NC             | Paul Bossi<br><a href="#">Contact Paul</a>             | <a href="#">Entry Form</a> |
| June 04, 2011   | <b>American Challenge Series</b>                  |                           |  |                            |
| June 04, 2011   | <b>NC American Challenge</b>                      | Barco, NC                 | Paul Bossi<br><a href="#">Contact Paul</a>             | <a href="#">Entry Form</a> |
| June 04, 2011   | <b>NV American Challenge</b>                      | Las Vegas, NV             | Fred Gutierrez<br><a href="#">Contact Fred</a>         | <a href="#">Entry Form</a> |
| June 04, 2011   | <b>NY American Challenge</b>                      | Johnson City, NY          | Wayne Claypatch<br><a href="#">Contact Wayne</a>       | <a href="#">Entry Form</a> |
| June 04, 2011   | <b>VA American Challenge</b>                      | Zion Crossroads, VA       | John Shifflett<br><a href="#">Contact John</a>         | <a href="#">Entry Form</a> |
| June 04, 2011   | <b>Mid Atlantic Powerlifting Championships</b>    | Zion Crossroad, VA        | John Shifflett<br><a href="#">Contact John</a>         | <a href="#">Entry Form</a> |
| June 11, 2011   | <b>AZ American Challenge</b>                      | Prescott, AZ              | Paul Gillott<br><a href="#">Contact Paul</a>           | <a href="#">Entry Form</a> |
| June 11, 2011   | <b>MD American Challenge</b>                      | Marlowe Heights, MD       | Dan Corridean  | <a href="#">Entry Form</a> |
| June 12, 2011   | <b>NH American Challenge</b>                      | Derry, NH                 | Bret Kernoff<br><a href="#">Contact Bret</a>           | <a href="#">Entry Form</a> |
| June 18, 2011   | <b>NE American Challenge</b>                      | Omaha, NE                 | Ed Horwitz<br><a href="#">Contact Ed</a>               | <a href="#">Entry Form</a> |
| June 25, 2011   | <b>Bench Press Bench Off</b>                      | Ottawa, ON                | Curd Hos   | <a href="#">Entry Form</a> |
| July 23, 2011   | <b>Cape Town Push/Pull</b>                        | Cape Town, RSA            | Steven Blake<br><a href="#">Contact Steven</a>         | Awaiting Form              |
| July 23, 2011   | <b>Open Eurasia Championships</b>                 | Odessa, UKR               | Stanislav Tretyak<br><a href="#">Contact Stanislav</a> | <a href="#">Entry Form</a> |
| July 30, 2011   | <b>Western Canadian National</b>                  | Calgary, AB               | Adam Price<br><a href="#">Contact Adam</a>             | <a href="#">Entry Form</a> |
| July 30, 2011   | <b>Eastern USA Open</b>                           | Woodbridge, VA            | John Shifflett<br><a href="#">Contact John</a>         | <a href="#">Entry Form</a> |
| August 06, 2011 | <b>NV State Championships</b>                     | Las Vegas, NV             | Fred Gutierrez<br><a href="#">Contact Fred</a>         | Awaiting Form              |
| August 10, 2011 | <b><u>National Powerlifting Championships</u></b> | <b><u>Phoenix, AZ</u></b> | Paul Gillott<br><a href="#">Contact Paul</a>           | Awaiting Form              |

## Results

Most all of our meet results are posted as of now. I am waiting for some drug testing to come back before we post some of the results. The 2010 results are now back up posted on the website so you can view them again. There was a problem after an update was done but now it has all been corrected. Please review the records and if you see your state is not current please e-mail me to let me know **ASAP** so we can correct this.

|                   |                                |                  |               |                              |
|-------------------|--------------------------------|------------------|---------------|------------------------------|
| April 03,<br>2011 | <b>Master Nationals</b>        | Burlington, VT   | Bret Kernoff  | <a href="#">Meet Results</a> |
| April 09,<br>2011 | <b>Quaker Classic</b>          | Salem, OH        | Lonnie Atkins | <a href="#">Meet Results</a> |
| April 23,<br>2011 | <b>Southeastern Regional's</b> | Estero, FL       | Paul Bossi    | <a href="#">Meet Results</a> |
| April 30,<br>2011 | <b>Henderson Open</b>          | Henderson, NC    | Paul Bossi    | <a href="#">Meet Results</a> |
| May 07,<br>2011   | <b>MN State Championships</b>  | Little Falls, MN | Luis Algarin  | <a href="#">Meet Results</a> |

## Records

All the National and World records are currently updated. Most state records have been updated and posted on the site. If you see that we have not updated your state for some time please let us know. If there is anything we missed also please send me an email so we can fix it. State records are updated as fast as the state chairmen send them to us. If your records for your state are not updated please e-mail your state chairman and ask him for the update on them. If you have a state with no state chairman then send an e-mail to either [rawlifting@aol.com](mailto:rawlifting@aol.com) or [hclaypatch@hotmail.com](mailto:hclaypatch@hotmail.com)

## The Rings

We are currently working on the design for the 2011 World Championship rings. I will post it online as soon as it is finalized which should be sometime in the next month. I have a rough draft and the final approval should be coming any day now. Be patient as this will be an incredible ring.

## Rankings:

The entire Overall and Master rankings that are posted are not finalized. Last month we had a few lifters email us because of some errors which we are working on and will be re-posting again very soon. Please review and let me know if you see an error so I can fix it before the final post is done. If you are interested in ordering a ranking plaque please go to our awards section on our website and print off an order form there. They are \$20 each.

## **Awards for records and other accomplishments:**

Any lifter can purchase a Record, Ranking or Personal accomplishment plaque from our website by printing off an order form and faxing or e-mail back. E-mail to [ectrophy@aol.com](mailto:ectrophy@aol.com) or fax it to: 252-338-7669. Please fill out very neatly (prefer typing). Elizabeth City Trophy & Awards accepts Master Card, Visa and Discover. You can send in your form and give a telephone number for them to call you for payment type or you can e-mail or fax the information if you prefer. The newly created World Championship Plaque is available for any lifter who competed in either World event in 2010. Below is a picture of this plaque.



**Custom World Championship Plaque – Last time offered**

## **New Chairman:**

New Chairmen are making a name for themselves in 2011. We started off the year with “Sweet” Lou Algarin who ran his first meet in Minnesota on January 20<sup>th</sup>. 1 week later we had Bill Blackstone run his first 100% RAW meet in Gurnee, Illinois @ Monster Garage Gym. Then on February 26 in Toronto, Ontario – Canada Barry McEvoy ran an outstanding event in with 47 lifters in his first meet with 100% RAW Powerlifting Federation. Steven Blake from South Africa ran his first for the federation on March 26<sup>th</sup> in Cape Town, South Africa. People like these guys are why 100% RAW Powerlifting Federation is the fastest growing RAW Powerlifting Federation in the World. Now we can add to this list Co-Chairman for the state of Texas. Please welcome aboard Seneca Sarnella and Shannon Cooper. They are both very qualified young Powerlifters and meet directors out of Austin Texas. They already have their 1<sup>st</sup> date set and will be posted shortly. We look forward in seeing great things coming out of the great state of Texas in the near future.

We are currently seeking new chairmen in many states across the USA. If you are interested or know somebody that might be please have them contact us ASAP so we can get the ball rolling. If you have a state that does not run enough meets and want more meets and are interested in running them please contact us. You can be a meet director and not have to be a State Chairman. Here is a link for you to check out if you're interested please print off and read. If you just want to help out in any form we are interested in hearing from you.

<http://www.rawpowerlifting.com/pdf/IWantYou.pdf>

## Videos

Anyone looking to purchase videos from last year's World Championships in Las Vegas please let me know. Or you can order directly from [bizvidproductions@yahoo.com](mailto:bizvidproductions@yahoo.com)

We also have many other videos from previous years World and National events. Videos range from \$15 and up. Please add \$5 for shipping. Bench only, full Powerlifting you name it we have it. We have videos dating back to 2005 so please let us know. For these videos please contact us at [rawlifting@aol.com](mailto:rawlifting@aol.com).

## International:

This year we will be running events in the following countries thanks to these following chairmen for their countries.

Asia (Turkey, Iran, Armenia) - Arian Salarian

Ukraine - Stanislav Tretyak

Brazil - Claudio Jorge Fernandes

Canada (Eastern) – Barry McEvoy

Canada (Western) – Adam Price

South Africa – Steven Blake

Serbia – Damir Ivancic

USA – Multiple Chairmen

11 other countries are currently in the working on setting up chairmen to take over and start running meets in their respective countries. 2011 is looking to be a huge year for 100% RAW Powerlifting Federation, Inc.

# 2011 Sponsors



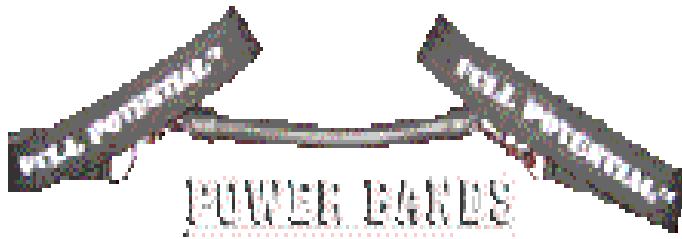
The Nutrient Timing Specialists





South Africa





## *100% RAW Powerlifting Federation, Inc.*

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