



2026 Masters 60+ Rankings

Updated 09/01/2026 Ed Kutin

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2026 Squat Rankings Female

Weight Class: 48 / 105 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	78	171.9	Kimberly Price	US-VA	2026 Masters Nationals	York	PA

Weight Class: 52 / 114 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Karina Harris	Canada	2026 Tower of Power		Canada

Weight Class: 56 / 123 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	86	189.5	Marcia Anderson	US-VA	2026 Shenandoah Open	Woodstock	VA
2	70	154.3	Janet Huntley	US-PA	2026 Masters Nationals	York	PA
3	60	132.2	Shirleen Barnes	US-NY	2026 American Challenge - NY CT	Owego	NY
4	57.5	126.7	Barbara Phillips	US-WA	2026 American Challenge - VA	Woodstock	VA
	57.5	126.7	Mariann Strain	US-PA	2026 American Challenge - OH	Bedford	OH

Weight Class: 60 / 132 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Geri-Lyn Hoffman	US-PA	2026 Masters Nationals	York	PA

Weight Class: 67.5 / 148 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Nancy Breen	US-VA	2026 Masters Nationals	York	PA

Weight Class: 75 / 165 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Nancy Breen	US-VA	2026 American Challenge - VA Ashland	Ashland	VA
2	70	154.3	Alison Wilber	US-NY	2026 American Challenge - NY CT	Owego	NY
3	60	132.2	Mona Whitehead	Canada	2026 Tower of Power		Canada
4	45	99.2	Tracey Katsabanis	Canada	2026 Tower of Power		Canada

Weight Class: 82.5 / 181 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Janis Ferguson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 90 / 198 Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Sonya Jones	US-VA	2026 Masters Nationals	York	PA

2026 Bench Press Rankings Female

Weight Class: 44 / 97 Bench Press				Female			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	48	105.8	Karen Poyner	US-VA	2026 Southern Open	Jarvisburg	NC
Weight Class: 48 / 105			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Kimberly Price	US-VA	2026 Masters Nationals	York	PA
Weight Class: 52 / 114			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Karina Harris	Canada	2026 Tower of Power		Canada
Weight Class: 56 / 123			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	48.5	106.9	Marcia Anderson	US-VA	2026 Shenandoah Open	Woodstock	VA
2	42.5	93.6	Janet Huntley	US-PA	2026 Masters Nationals	York	PA
3	33.5	73.8	Mariann Strain	US-PA	2026 American Challenge - OH	Bedford	OH
4	32.5	71.6	Shirleen Barnes	US-NY	2026 American Challenge - NY CT	Owego	NY
5	30	66.1	Barbara Phillips	US-WA	2026 American Challenge - VA	Woodstock	VA
Weight Class: 60 / 132			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	45	99.2	Angela Krompier	US-NJ	2026 Masters Nationals	York	PA
2	41	90.3	Lori Christ	US-NM	California Open II	Santa Clara	CA
3	40	88.1	Geri-Lyn Hoffman	US-PA	2026 Masters Nationals	York	PA
4	21.5	47.3	Audrey Keane	US-CA	California Open II	Santa Clara	CA
Weight Class: 67.5 / 148			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57.5	126.7	Nancy Breen	US-VA	2026 Masters Nationals	York	PA
	57.5	126.7	Heidi Lightner	US-PA	Ironman World Championship and US Open Single Lift	York	PA
3	42.5	93.6	Dorothy Bolton	US-NY	2026 American Challenge - NY CT	Owego	NY
Weight Class: 75 / 165			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Nancy Breen	US-VA	2026 American Challenge - VA Ashland	Ashland	VA
2	40	88.1	Alison Wilber	US-NY	2026 American Challenge - NY CT	Owego	NY
3	37.5	82.6	Mona Whitehead	Canada	2026 Tower of Power		Canada
4	35	77.1	Tracey Katsabanis	Canada	2026 Tower of Power		Canada
Weight Class: 82.5 / 181			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Terri Korba	US-NY	2026 American Challenge - NY CT	Owego	NY
2	47.5	104.7	Janis Ferguson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
Weight Class: 90 / 198			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Sonya Jones	US-VA	2026 Masters Nationals	York	PA
Weight Class: 90+ / 198+			Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Dorothy Sosnicki	US-AZ	2026 American Challenge - NC	Currituck	NC
2026 Deadlift Rankings				Female			
Weight Class: 44 / 97			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Karen Poyner	US-VA	2026 Southern Open	Jarvisburg	NC

Weight Class: 48 / 105			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	110	242.5	Kimberly Price	US-VA	2026 Masters Nationals	York	PA	

Weight Class: 52 / 114			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	82.5	181.8	Karina Harris	Canada	2026 Tower of Power		Canada	

Weight Class: 56 / 123			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	108.5	239.1	Marcia Anderson	US-VA	2026 Shenandoah Open	Woodstock	VA	
2	97.5	214.9	Janet Huntley	US-PA	2026 Masters Nationals	York	PA	
3	95	209.4	Shirleen Barnes	US-NY	2026 American Challenge - NY CT	Owego	NY	
4	92.5	203.9	Barbara Phillips	US-WA	2026 American Challenge - VA	Woodstock	VA	
5	82.5	181.8	Mariann Strain	US-PA	2026 American Challenge - OH	Bedford	OH	

Weight Class: 60 / 132			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	113	249.1	Lori Christ	US-NM	California Open II	Santa Clara	CA	
2	112.5	248	Marsha Goodman	US-MI	Northeren National Championships		MI	
3	107.5	236.9	Geri-Lyn Hoffman	US-PA	2026 Masters Nationals	York	PA	
4	105	231.4	Angela Kromprier	US-NJ	2026 Masters Nationals	York	PA	

Weight Class: 67.5 / 148			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	105	231.4	Nancy Breen	US-VA	2026 Masters Nationals	York	PA	
2	90	198.4	Dorothy Bolton	US-NY	2026 American Challenge - NY CT	Owego	NY	
3	82.5	181.8	Heidi Lightner	US-PA	Ironman World Championship and US Open Single Lift	York	PA	

Weight Class: 75 / 165			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	105	231.4	Nancy Breen	US-VA	2026 American Challenge - VA Ashland	Ashland	VA	
2	92.5	203.9	Alison Wilber	US-NY	2026 American Challenge - NY CT	Owego	NY	
3	85	187.3	Mona Whitehead	Canada	2026 Tower of Power		Canada	
4	77.5	170.8	Tracey Katsabanis	Canada	2026 Tower of Power		Canada	

Weight Class: 82.5 / 181			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	150	330.6	Linda Lee	US-VA	2026 Shenandoah Open	Woodstock	VA	
2	120	264.5	Janis Ferguson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA	

Weight Class: 90 / 198			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	125	275.5	Sonya Jones	US-VA	2026 Masters Nationals	York	PA	

Weight Class: 90+ / 198+			Deadlift	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	95	209.4	Dorothy Sosnicki	US-AZ	Ironman World Championship and US Open Single Lift	York	PA	

2026 Total Rankings				Female				
Weight Class: 48 / 105			Total	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	222.5	490.5	Kimberly Price	US-VA	2026 Masters Nationals	York	PA	

Weight Class: 52 / 114			Total	Female				
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Rank	Lift	lbs	Lifter	Country	Meet	Location
1	157.5	347.2	Karina Harris	Canada	2026 Tower of Power	Canada

Weight Class: 56 / 123			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	243	535.7	Marcia Anderson	US-VA	2026 Shenandoah Open	Woodstock VA
2	210	462.9	Janet Huntley	US-PA	2026 Masters Nationals	York PA
3	187.5	413.3	Shirleen Barnes	US-NY	2026 American Challenge - NY CT	Owego NY
4	180	396.8	Barbara Phillips	US-WA	2026 American Challenge - VA	Woodstock VA
5	172	379.1	Mariann Strain	US-PA	2026 American Challenge - OH	Bedford OH

Weight Class: 60 / 132			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	217.5	479.5	Geri-Lyn Hoffman	US-PA	2026 Masters Nationals	York PA

Weight Class: 67.5 / 148			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	232.5	512.5	Nancy Breen	US-VA	2026 Masters Nationals	York PA

Weight Class: 75 / 165			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	247.5	545.6	Nancy Breen	US-VA	2026 American Challenge - VA Ashland	Ashland VA
2	202.5	446.4	Alison Wilber	US-NY	2026 American Challenge - NY CT	Owego NY
3	182.5	402.3	Mona Whitehead	Canada	2026 Tower of Power	Canada
4	155	341.7	Tracey Katsabanis	Canada	2026 Tower of Power	Canada

Weight Class: 82.5 / 181			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	245	540.1	Janis Ferguson	US-PA	2026 Great Lakes Powerlifting Championships	Erie PA

Weight Class: 90 / 198			Total	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	225	496	Sonya Jones	US-VA	2026 Masters Nationals	York PA

2026 Strict Curl Rankings Female

Weight Class: 44 / 97			Strict Curl	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	23.5	51.8	Karen Poyner	US-VA	Fitness Warehouse Bench and Curl Chmpionships	Elizabeth City NC

Weight Class: 56 / 123			Strict Curl	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	30.5	67.2	Denise Jaffe	US-OH	2026 King of the Curl Championships	Bedford OH
2	17	37.4	Audrey Keane	US-CA	Hear and Strength Strict Curl Championships	Santa Clara CA

Weight Class: 60 / 132			Strict Curl	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	36.5	80.4	Lori Christ	US-NM	Hear and Strength Strict Curl Championships	Santa Clara CA
2	33.5	73.8	Angela Krompier	US-NJ	2026 Masters Nationals	York PA
3	20.5	45.1	Audrey Keane	US-CA	California Open II Strict Curl Pro Qualifier	Santa Clara CA

Weight Class: 67.5 / 148			Strict Curl	Female		
Rank	Lift	lbs	Lifter	Country	Meet	Location
1	52	114.6	Alexis Kajencki	US-MD	2026 Virginia State Championship	Woodstock VA
2	30.5	67.2	Heidi Lightner	US-PA	Ironman World Championship and US Open Single Lift	York PA

Weight Class: 75 / 165			Strict Curl	Female		
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	31	68.3	Diane Hiller	US-NY	2026 American Challenge - NY CT	Owego	NY
2	29	63.9	Gwen Bailey	US-MD	2026 American Challenge - MD	Silver Springs	MD
3	26	57.3	Alison Wilber	US-NY	2026 American Challenge - NY CT	Owego	NY

Weight Class: 82.5 / 181		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	37	81.5	Linda Lee	US-VA	2026 Shenandoah Open	Woodstock	VA

Weight Class: 90+ / 198+		Strict Curl		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Dorothy Sosnicki	US-AZ	2026 American Challenge - NC	Currituck	NC

2026 Squat Rankings Male

Weight Class: 60 / 132		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120.5	265.6	Gary Teeter	US-PA	2026 American Challenge - VA	Woodstock	VA

Weight Class: 67.5 / 148		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Gary Teeter	US-PA	2026 American Challenge - NY CT	Owego	NY

Weight Class: 75 / 165		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	John Permelia	US-VA	2026 American Challenge - NC	Currituck	NC
2	126	277.7	Steve Lawrence	Canada	2026 Tower of Power		Canada
3	110	242.5	Gary Teeter	US-PA	Golds Gym Classic	Richmond	VA

Weight Class: 82.5 / 181		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Pat Huntley	US-PA	2026 Masters Nationals	York	PA
2	170	374.7	Miles Baker	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
3	162.5	358.2	Vinnie Gengaro	US-NJ	2026 Masters Nationals	York	PA
4	55	121.2	Yogi Frank	US-NC	2026 American Challenge - NC	Currituck	NC
	55	121.2	Yogi Sumner	US-NC	2026 Southern Open	Jarvisburg	NC
6	40	88.1	Bob Peel	Canada	2026 Tower of Power		Canada

Weight Class: 90 / 198		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Douglas Delainey	Canada	2026 Tower of Power		Canada
2	152.5	336.2	Steven White	US-MD	2026 Masters Nationals	York	PA
3	145	319.6	Robert Jackson	US-CT	2026 Masters Nationals	York	PA
4	140	308.6	Dan Mckinnon	Canada	2026 Tower of Power		Canada
5	137.5	303.1	Jim Mardis	US-KY	2026 American Challenge - OH	Bedford	OH
6	115.5	254.6	Bugs Bayer	US-PA	2026 Masters Nationals	York	PA
7	52.5	115.7	Yogi Frank	US-VA	2026 North Carolina State Championships	Williamston	NC

Weight Class: 100 / 220		Squat		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	James Storch	US-NY	2026 American Challenge - NY CT	Owego	NY
2	182.5	402.3	Terry Napisa	US-VA	2026 Masters Nationals	York	PA
3	152.5	336.2	Randal Olinger	US-PA	2026 Masters Nationals	York	PA
4	135	297.6	Robert Jackson	US-CT	2026 American Challenge - NY CT	Owego	NY
5	115	253.5	Bruce Maus	US-CT	2026 Masters Nationals	York	PA
6	107.5	236.9	Aldo Jackson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA

7	62.5	137.7	Ron Evans	US-MI	2026 Masters Nationals	York	PA
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Weight Class: 110 / 242 Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	207.5	457.4	Jeff Lawson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	192.5	424.3	Toby Jones	US-VA	2026 Masters Nationals	York	PA
3	92.5	203.9	James Maguire	US-NJ	2026 Masters Nationals	York	PA

Weight Class: 125 / 275 Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Jeff Lawson	US-PA	2026 Masters Nationals	York	PA
2	157.5	347.2	Steve Treon	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
3	122.5	270	Timothy Rabbitt	US-MD	2026 Masters Nationals	York	PA

Weight Class: 140 / 308 Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	215	473.9	Ed Henderson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	170	374.7	Michael Hogan	Canada	2026 Tower of Power		Canada
3	147.5	325.1	Raymond Clasing	US-MD	2026 Southern Open	Jarvisburg	NC

2026 Bench Press Rankings Male

Weight Class: 60 / 132 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	101	222.6	Gary Teeter	US-PA	2026 American Challenge - VA	Woodstock	VA

Weight Class: 67.5 / 148 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	108	238	Gary Teeter	US-PA	California Open II	Santa Clara	CA
2	77.5	170.8	Frank Ohara	US-CA	California Open II	Santa Clara	CA
3	70	154.3	Andrew Greenberg	US-NY	2026 Virginia State Championship	Woodstock	VA
4	65	143.2	Larry Edwards	US-OH	2026 American Challenge - OH	Bedford	OH

Weight Class: 75 / 165 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120	264.5	Tom Petersen	Canada	Iron Challenge	Medicine Hat	Canada
2	103.5	228.1	Gary Teeter	US-PA	2026 Owego Winter Classic	Owego	NY
3	103	227	Stephen Gregori	US-MD	2026 Masters Nationals	York	PA
4	102.5	225.9	John Permelia	US-VA	2026 American Challenge - NC	Currituck	NC
5	90	198.4	Steve Lawrence	Canada	2026 Tower of Power		Canada

Weight Class: 82.5 / 181 Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Michael San Agustin	US-CA	California Open II	Santa Clara	CA
2	117.5	259	Rob O'Connell	US-PA	2026 Masters Nationals	York	PA
3	112.5	248	Vinnie Gengaro	US-NJ	2026 Masters Nationals	York	PA
4	110	242.5	Pat Huntley	US-PA	2026 Masters Nationals	York	PA
5	105	231.4	Larry Eastman	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
	105	231.4	John Twineham	US-OR	California Open II	Santa Clara	CA
7	100	220.4	Bill Lindsey	US-VA	2026 American Challenge - VA	Woodstock	VA
8	85	187.3	Miles Baker	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
9	75	165.3	Emil Porfido	US-PA	Ironman World Championship and US Open Single Lift	York	PA
10	60.5	133.3	Yogi Frank	US-VA	2026 Battle of the Border	Jarvisburg	NC
11	53	116.8	Yogi Sumner	US-NC	Fitness Warehouse Bench and Curl Chmpionships	Elizabeth City	NC
12	50	110.2	Bob Peel	Canada	2026 Tower of Power		Canada

Weight Class: 90 / 198 Bench Press				Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Richard Wiater	US-PA	2026 Masters Nationals	York	PA
2	125	275.5	Michael Shannon	US-NM	Ironman World Championship and US Open Single Lift	York	PA
3	122.5	270	Rob O'Connell	US-PA	2026 American Challenge - OH	Bedford	OH
4	115	253.5	Robert Jackson	US-CT	2026 Masters Nationals	York	PA
	115	253.5	Tony DiLucente	US-OH	2026 American Challenge - OH	Bedford	OH
6	110	242.5	Dan Mckinnon	Canada	2026 Tower of Power		Canada
7	105	231.4	Bill Lindsey	US-VA	Golds Gym Classic	Richmond	VA
	105	231.4	Jim Mardis	US-KY	2026 American Challenge - OH	Bedford	OH
9	102.5	225.9	Steven White	US-MD	2026 Masters Nationals	York	PA
10	92.5	203.9	Steve Barry	US-PA	2026 Masters Nationals	York	PA
11	87.5	192.9	George Woodbury	US-FL	2026 American Challenge - NC	Currituck	NC
12	85	187.3	John Shifflett	US-VA	2026 Masters Nationals	York	PA
13	75	165.3	Douglas Delainey	Canada	2026 Tower of Power		Canada
14	70	154.3	Bugs Bayer	US-PA	2026 Masters Nationals	York	PA
15	52.5	115.7	Yogi Frank	US-VA	2026 North Carolina State Championships	Williamston	NC

Weight Class: 100 / 220		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Tom Reumont	US-TX	Ironman World Championship and US Open Single Lift	York	PA
2	147.5	325.1	John Castrovinci	US-PA	Ironman World Championship and US Open Single Lift	York	PA
3	145	319.6	Joseph Rascoe	US-NC	2026 North Carolina State Championships	Williamston	NC
4	130	286.5	Terry Napisa	US-VA	2026 Masters Nationals	York	PA
5	122.5	270	Gene Berry	US-NC	2026 Southern Open	Jarvisburg	NC
6	117.5	259	Robert Jackson	US-CT	2026 American Challenge - NY CT	Owego	NY
7	115	253.5	James Storch	US-NY	2026 American Challenge - NY CT	Owego	NY
8	112.5	248	Randal Olinger	US-PA	2026 Masters Nationals	York	PA
9	97.5	214.9	Bruce Maus	US-CT	2026 Masters Nationals	York	PA
10	92.5	203.9	Ron Evans	US-MI	2026 Masters Nationals	York	PA
11	75	165.3	Aldo Jackson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 110 / 242		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	182	401.2	Nathan Matthews	US-OH	2026 American Challenge - OH	Bedford	OH
2	160.5	353.8	Richard Cash	US-VA	2026 Shenandoah Open	Woodstock	VA
3	155	341.7	Jeff Oliver	US-PA	2026 American Challenge - VA Ashland	Ashland	VA
4	142.5	314.1	Toby Jones	US-VA	2026 Masters Nationals	York	PA
5	130	286.5	George Gast	US-PA	2026 Masters Nationals	York	PA
6	122.5	270	Lloyd Penberthy	US-WV	2026 Shenandoah Open	Woodstock	VA
7	112.5	248	Jeff Lawson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
8	95	209.4	Dickson Schmoyer	US-VA	2026 Virginia State Championship	Woodstock	VA
9	92.5	203.9	Bernie Rhodes	US-VA	2026 North Carolina State Championships	Williamston	NC
	92.5	203.9	James Maguire	US-NJ	2026 Masters Nationals	York	PA

Weight Class: 125 / 275		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	John Robinson	US-PA	Ironman World Championship and US Open Single Lift	York	PA
2	160	352.7	Jeff Oliver	US-PA	2026 American Challenge - OH	Bedford	OH
3	147.5	325.1	Stephen Kozlowski	US-VA	2026 North Carolina State Championships	Williamston	NC
4	137.5	303.1	Eric Jones	US-MI	Northeren National Championships		MI
5	122.5	270	Jeff Lawson	US-PA	2026 Masters Nationals	York	PA
6	115	253.5	Timothy Rabbitt	US-MD	2026 Masters Nationals	York	PA
7	110	242.5	Steve Treon	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
8	102.5	225.9	Jeffery House	US-GA	Ironman World Championship and US Open Single Lift	York	PA

Weight Class: 140 / 308		Bench Press		Male			
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Raymond Clasing	US-MD	2026 Southern Open	Jarvisburg	NC
2	137.5	303.1	Ed Henderson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
	137.5	303.1	Michael Hogan	Canada	2026 Tower of Power		Canada

Unknown Class: SHW			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200	440.9	Roy Johnson	US-IN	2026 American Challenge - OH	Bedford	OH

2026 Deadlift Rankings				Male			
Weight Class: 60 / 132			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Jim Marchio	US-VA	Golds Gym Classic	Richmond	VA
2	171	376.9	Gary Teeter	US-PA	2026 American Challenge - VA	Woodstock	VA

Weight Class: 67.5 / 148			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Gary Teeter	US-PA	2026 American Challenge - NY CT	Owego	NY

Weight Class: 75 / 165			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Dave Heintzel	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	171	376.9	Steve Lawrence	Canada	2026 Tower of Power		Canada
3	162.5	358.2	Gary Teeter	US-PA	Golds Gym Classic	Richmond	VA
4	160	352.7	John Permelia	US-VA	2026 American Challenge - NC	Currituck	NC

Weight Class: 82.5 / 181			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Pat Huntley	US-PA	2026 Masters Nationals	York	PA
2	190.5	419.9	Vinnie Gengaro	US-NJ	2026 Masters Nationals	York	PA
3	177.5	391.3	Miles Baker	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
4	142.5	314.1	Michael San Agustin	US-CA	California Open II	Santa Clara	CA
5	130	286.5	Bob Peel	Canada	2026 Tower of Power		Canada
6	90	198.4	Yogi Frank	US-VA	2026 Battle of the Border	Jarvisburg	NC
	90	198.4	Yogi Sumner	US-NC	2026 Southern Open	Jarvisburg	NC

Weight Class: 90 / 198			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Douglas Delainey	Canada	2026 Tower of Power		Canada
2	187.5	413.3	Jim Mardis	US-KY	2026 American Challenge - OH	Bedford	OH
3	182	401.2	Dan Mckinnon	Canada	2026 Tower of Power		Canada
4	177.5	391.3	Steven White	US-MD	2026 Masters Nationals	York	PA
5	160	352.7	Robert Jackson	US-CT	2026 Masters Nationals	York	PA
6	147.5	325.1	Bugs Bayer	US-PA	2026 Masters Nationals	York	PA
7	142.5	314.1	Leslie Szall	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
8	85	187.3	Yogi Frank	US-VA	2026 North Carolina State Championships	Williamston	NC

Weight Class: 100 / 220			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	227.5	501.5	Rick Jenks	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	217.5	479.5	James Storch	US-NY	2026 Owego Winter Classic	Owego	NY
3	215	473.9	Randal Olinger	US-PA	2026 Masters Nationals	York	PA
4	205	451.9	Terry Napisa	US-VA	2026 Masters Nationals	York	PA
5	182.5	402.3	Bruce Maus	US-CT	2026 Masters Nationals	York	PA
6	162.5	358.2	Robert Jackson	US-CT	2026 American Challenge - NY CT	Owego	NY
7	157.5	347.2	Gene Berry	US-NC	2026 Battle of the Border	Jarvisburg	NC

8	130	286.5	Aldo Jackson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
9	105	231.4	Bob Dunn	US-OH	2026 American Challenge - OH	Bedford	OH
10	102.5	225.9	Ron Evans	US-MI	2026 Masters Nationals	York	PA
11	100	220.4	Frank Cihlar	US-VA	2026 Virginia State Championship	Woodstock	VA

Weight Class: 110 / 242				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	262.5	578.7	Nathan Matthews	US-OH	2026 American Challenge - OH	Bedford	OH
2	247.5	545.6	Jeff Lawson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
3	232.5	512.5	Toby Jones	US-VA	2026 Masters Nationals	York	PA
4	150	330.6	Dickson Schmoyer	US-VA	2026 Virginia State Championship	Woodstock	VA
5	142.5	314.1	James Maguire	US-NJ	2026 Masters Nationals	York	PA
6	102.5	225.9	Frank Cihlar	US-VA	2026 American Challenge - VA	Woodstock	VA
7	97.5	214.9	Bernie Rhodes	US-VA	2026 North Carolina State Championships	Williamston	NC

Weight Class: 125 / 275				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	247.5	545.6	Jeff Lawson	US-PA	2026 Masters Nationals	York	PA
2	205	451.9	Steve Treon	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
3	172.5	380.2	Timothy Rabbitt	US-MD	Ironman World Championship and US Open Single Lift	York	PA
4	125	275.5	Jeffery House	US-GA	Ironman World Championship and US Open Single Lift	York	PA

Weight Class: 140 / 308				Deadlift	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Ed Henderson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	205	451.9	Michael Hogan	Canada	2026 Tower of Power		Canada
3	182.5	402.3	Raymond Clasing	US-MD	2026 Southern Open	Jarvisburg	NC

2026 Total Rankings Male

Weight Class: 60 / 132				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	377.5	832.2	Gary Teeter	US-PA	2026 American Challenge - VA	Woodstock	VA

Weight Class: 67.5 / 148				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	377.5	832.2	Gary Teeter	US-PA	2026 American Challenge - NY CT	Owego	NY

Weight Class: 75 / 165				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	400	881.8	John Permelia	US-VA	2026 American Challenge - NC	Currituck	NC
2	387	853.1	Steve Lawrence	Canada	2026 Tower of Power		Canada
3	372.5	821.2	Gary Teeter	US-PA	Golds Gym Classic	Richmond	VA

Weight Class: 82.5 / 181				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	480	1058.2	Pat Huntley	US-PA	2026 Masters Nationals	York	PA
2	465.5	1026.2	Vinnie Gengaro	US-NJ	2026 Masters Nationals	York	PA
3	432.5	953.4	Miles Baker	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
4	220	485	Bob Peel	Canada	2026 Tower of Power		Canada
5	197.5	435.4	Yogi Sumner	US-NC	2026 Southern Open	Jarvisburg	NC
6	195	429.8	Yogi Frank	US-NC	2026 American Challenge - NC	Currituck	NC

Weight Class: 90 / 198				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	445	981	Douglas Delainey	Canada	2026 Tower of Power		Canada
2	432.5	953.4	Steven White	US-MD	2026 Masters Nationals	York	PA

3	430	947.9	Jim Mardis	US-KY	2026 American Challenge - OH	Bedford	OH
4	420	925.9	Robert Jackson	US-CT	2026 Masters Nationals	York	PA
5	415	914.9	Dan Mckinnon	Canada	2026 Tower of Power		Canada
6	333	734.1	Bugs Bayer	US-PA	2026 Masters Nationals	York	PA
7	190	418.8	Yogi Frank	US-VA	2026 North Carolina State Championships	Williamston	NC

Weight Class: 100 / 220				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	535	1179.4	James Storch	US-NY	2026 American Challenge - NY CT	Owego	NY
2	517.5	1140.8	Terry Napisa	US-VA	2026 Masters Nationals	York	PA
3	480	1058.2	Randal Olinger	US-PA	2026 Masters Nationals	York	PA
4	415	914.9	Robert Jackson	US-CT	2026 American Challenge - NY CT	Owego	NY
5	395	870.8	Bruce Maus	US-CT	2026 Masters Nationals	York	PA
6	312.5	688.9	Aldo Jackson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
7	257.5	567.6	Ron Evans	US-MI	2026 Masters Nationals	York	PA

Weight Class: 110 / 242				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	567.5	1251.1	Toby Jones	US-VA	2026 Masters Nationals	York	PA
	567.5	1251.1	Jeff Lawson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
3	327.5	722	James Maguire	US-NJ	2026 Masters Nationals	York	PA

Weight Class: 125 / 275				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	580	1278.6	Jeff Lawson	US-PA	2026 Masters Nationals	York	PA
2	472.5	1041.6	Steve Treon	US-VA	Ironbuilt Classic Full Power and Single Lift	Ashland	VA
3	407.5	898.3	Timothy Rabbitt	US-MD	2026 Masters Nationals	York	PA

Weight Class: 140 / 308				Total	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	562.5	1240	Ed Henderson	US-PA	2026 Great Lakes Powerlifting Championships	Erie	PA
2	502.5	1107.8	Michael Hogan	Canada	2026 Tower of Power		Canada
3	477.5	1052.6	Raymond Clasing	US-MD	2026 Southern Open	Jarvisburg	NC

2026 Strict Curl Rankings Male

Weight Class: 60 / 132				Strict Curl	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Gary Teeter	US-PA	2026 American Challenge - VA	Woodstock	VA

Weight Class: 67.5 / 148				Strict Curl	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	56.5	124.5	Gary Teeter	US-PA	2026 Eastern USA Open	Wookstock	VA
2	44	97	Victor Shaffer	US-PA	2026 Shenandoah Open	Woodstock	VA
3	42	92.5	Eddie Thorn	US-MS	2026 American Challenge - VA	Ashland	VA
4	31	68.3	Larry Edwards	US-OH	2026 American Challenge - OH	Bedford	OH

Weight Class: 75 / 165				Strict Curl	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55	121.2	Gary Teeter	US-PA	Golds Gym Classic	Richmond	VA
2	46	101.4	Stephen Gregori	US-MD	2026 Masters Nationals	York	PA
3	45	99.2	Stu Levin	US-FL	Florida Heat Championships	Lakeland	FL
4	44	97	Guy Marwick	US-FL	Florida Heat Championships	Lakeland	FL
5	35	77.1	David Laszewski	US-NY	2026 American Challenge - NY CT	Owego	NY

Weight Class: 82.5 / 181				Strict Curl	Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	57.5	126.7	Rob O'Connell	US-PA	2026 Masters Nationals	York	PA
2	57	125.6	Larry Eastman	US-PA	2026 American Challenge - OH	Bedford	OH
3	52.5	115.7	William Arnold	US-MD	2026 American Challenge - MD	Silver Springs	MD
4	50	110.2	Bennett Rubin	US-OH	2026 American Challenge - OH	Bedford	OH
5	49.5	109.1	Rubin Bennett	US-OH	2026 King of the Curl Championships	Bedford	OH
6	43.5	95.9	Stu Levin	US-FL	2026 NC State Strict Curl Championships	Williamston	NC
7	38	83.7	Robert Wulff	US-MD	2026 American Challenge - MD	Silver Springs	MD
8	37.5	82.6	Bob Peel	Canada	2026 Ice Breaker	Calgary	Alberta
9	30	66.1	Bill Lindsey	US-VA	2026 Shenandoah Open	Woodstock	VA
10	27.5	60.6	Yogi Frank	US-VA	2026 Battle of the Border	Jarvisburg	NC
11	26	57.3	Yogi Sumner	US-NC	2026 Southern Open	Jarvisburg	NC

Weight Class: 90 / 198			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65.5	144.4	Scott Alexander	US-NJ	Ironman World Championship and US Open Single Lift	York	PA
2	59	130	Rob O'Connell	US-PA	2026 American Challenge - OH	Bedford	OH
3	57	125.6	Larry Eastman	US-PA	2026 King of the Curl Championships	Bedford	OH
4	55	121.2	Tony DiLucente	US-OH	2026 American Challenge - OH	Bedford	OH
5	52	114.6	Robert Jackson	US-CT	2026 Masters Nationals	York	PA
	52	114.6	Jim Mardis	US-KY	2026 American Challenge - OH	Bedford	OH
7	50	110.2	Michael Shannon	US-NM	Ironman World Championship and US Open Single Lift	York	PA
8	49	108	Robert Duncan	US-VA	Golds Gym Classic	Richmond	VA
9	42.5	93.6	John Shifflett	US-VA	2026 Battle of the Border	Jarvisburg	NC
10	42	92.5	George Woodbury	US-FL	2026 American Challenge - NC	Currituck	NC
11	30	66.1	Steve Barry	US-PA	2026 Masters Nationals	York	PA
12	28.5	62.8	Yogi Sumner	US-VA	2026 NC State Strict Curl Championships	Williamston	NC

Weight Class: 100 / 220			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	76.5	168.6	Tony Huffman	US-VA	2026 American Challenge - VA Ashland	Ashland	VA
2	74	163.1	Reno Birt	US-FL	2026 American Challenge - VA Ashland	Ashland	VA
3	59	130	Brian Washington	US-MD	Ironman World Championship and US Open Single Lift	York	PA
4	55	121.2	Tony Villa	US-IN	2026 American Challenge - OH	Bedford	OH
5	54.5	120.1	James Storch	US-NY	2026 American Challenge - NY CT	Owego	NY
6	54	119	Robert Jackson	US-CT	2026 American Challenge - NY CT	Owego	NY
7	49.5	109.1	Bob Dunn	US-OH	2026 King of the Curl Championships	Bedford	OH
8	46	101.4	Doc Nash	US-NY	2026 Owego Winter Classic	Owego	NY
9	45.5	100.3	Gene Berry	US-NC	2026 NC State Strict Curl Championships	Williamston	NC

Weight Class: 110 / 242			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	76.5	168.6	Tony Huffman	US-VA	2026 NC State Strict Curl Championships	Williamston	NC
2	73	160.9	Jeff Oliver	US-PA	2026 Masters Nationals	York	PA
3	62	136.6	Hal Pittman	US-NC	2026 NC State Strict Curl Championships	Williamston	NC
4	57.5	126.7	Sam Jaffe	US-OH	2026 King of the Curl Championships	Bedford	OH
5	43	94.7	Bernie Rhodes	US-VA	2026 NC State Strict Curl Championships	Williamston	NC
6	35	77.1	Ray Berry	US-NC	2026 NC State Strict Curl Championships	Williamston	NC
7	20.5	45.1	Bill Brown	US-OH	2026 King of the Curl Championships	Bedford	OH

Weight Class: 125 / 275			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	73	160.9	Jeff Oliver	US-PA	2026 American Challenge - OH	Bedford	OH
2	72.5	159.8	Stephen Kozlowski	US-VA	2026 American Challenge - NC	Currituck	NC
3	47.5	104.7	Bob Feeney	US-PA	2026 Eastern USA Open	Wookstock	VA
4	46	101.4	Jeffery House	US-GA	Ironman World Championship and US Open Single Lift	York	PA

Weight Class: 140 / 308			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet			Location
1	61.5	135.5	Bill Schnept	US-MD	Ironman World Championship and US Open Single Lift			York PA
2	57.5	126.7	Bill Schneph	US-MD	2026 Masters Nationals			York PA

Unknown Class: SHW			Strict Curl	Male				
Rank	Lift	lbs	Lifter	Country	Meet			Location
1	65	143.2	Michael Hogan	Canada	2026 Ice Breaker			Calgary Alberta