



PENNSYLVANIA STATE POWERLIFTING RECORDS

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7/29/2026

Weight Class: 30 / 66 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	36.2 kgs / 79.8 lbs Adrienne Zimmerman 2002	20.4 kgs / 44.9 lbs Adrienne Zimmerman 2002	45.3 kgs / 99.8 lbs Adrienne Zimmerman 2002
8-9	30.0 kgs / 66.1 lbs Bella Butler 12/2019	20.0 kgs / 44.0 lbs Bella Butler 12/2020	42.5 kgs / 93.6 lbs Bella Butler 12/2020
10-11	36.2 kgs / 79.8 lbs Adrienne Zimmerman 2002	20.4 kgs / 44.9 lbs Adrienne Zimmerman 2002	45.3 kgs / 99.8 lbs Adrienne Zimmerman 2002

Weight Class: 35 / 77 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	47.5 kgs / 104.7 lbs Addelina D'Antonio 2011	25.0 kgs / 55.1 lbs Adrienne Zimmerman 2003	67.5 kgs / 148.8 lbs Addelina D'Antonio 2011
8-9	45.0 kgs / 99.2 lbs Addelina D'Antonio 2011	25.0 kgs / 55.1 lbs Addelina D'Antonio 2011	62.5 kgs / 137.7 lbs Addelina D'Antonio 2011
10-11	47.5 kgs / 104.7 lbs Addelina D'Antonio 2011	25.0 kgs / 55.1 lbs Adrienne Zimmerman 2003	67.5 kgs / 148.8 lbs Addelina D'Antonio 2011

Weight Class: 40 / 88 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	52.5 kgs / 115.7 lbs Bella Butler 12/2022	31.7 kgs / 69.8 lbs Adrienne Zimmerman 2004	74.8 kgs / 164.9 lbs Adrienne Zimmerman 2004
8-9	43.0 kgs / 94.7 lbs Sarah Hunt 2009	20.4 kgs / 44.9 lbs Sarah Hunt 2009	58.9 kgs / 129.8 lbs Sarah Hunt 2009
10-11	52.5 kgs / 115.7 lbs Bella Butler 12/2022	31.7 kgs / 69.8 lbs Adrienne Zimmerman 2004	74.8 kgs / 164.9 lbs Adrienne Zimmerman 2004
12-13	35.0 kgs / 77.1 lbs Jeaniva Milie 6/2026	25.0 kgs / 55.1 lbs Jeaniva Milie 6/2026	52.5 kgs / 115.7 lbs Jeaniva Milie 6/2026

Weight Class: 44 / 97 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift

Total
99.7 kgs / 219.7 lbs Adrianne Zimmerman 2002
92.5 kgs / 203.9 lbs Bella Butler 12/2020
99.7 kgs / 219.7 lbs Adrianne Zimmerman 2002

Total
140.0 kgs / 308.6 lbs Addelina D'Antonio 2011
132.5 kgs / 292.1 lbs Addelina D'Antonio 2011
140.0 kgs / 308.6 lbs Addelina D'Antonio 2011

Total
156.4 kgs / 344.7 lbs Adrianne Zimmerman 2004
122.4 kgs / 269.8 lbs Sarah Hunt 2009
156.4 kgs / 344.7 lbs Adrianne Zimmerman 2004
112.5 kgs / 248.0 lbs Jeaniva Milie 6/2026

Total

Open	92.5 kgs / 203.9 lbs Danielle Tasher 10/2012	54.4 kgs / 119.9 lbs Ruth Snyder 1999	112.5 kgs / 248.0 lbs Danielle Tasher 2010
8-9	49.8 kgs / 109.7 lbs Sarah Hunt 2010	24.9 kgs / 54.8 lbs Sarah Hunt 2010	70.3 kgs / 154.9 lbs Sarah Hunt 2010
10-11	37.5 kgs / 82.6 lbs Gabriella Person 5/2026	20.8 kgs / 45.8 lbs Gabriella Person 5/2026	57.5 kgs / 126.7 lbs Gabriella Person 5/2026
12-13	60.0 kgs / 132.2 lbs Bella Butler 12/2023	36.2 kgs / 79.8 lbs Adrienne Zimmerman 2005	79.3 kgs / 174.8 lbs Adrienne Zimmerman 2005
16-17	92.5 kgs / 203.9 lbs Danielle Tasher 10/2012	42.5 kgs / 93.6 lbs Danielle Tasher 10/2012	112.5 kgs / 248.0 lbs Danielle Tasher 2010
35-39	60.0 kgs / 132.2 lbs Ruth Snyder 1999	54.4 kgs / 119.9 lbs Ruth Snyder 1999	70.3 kgs / 154.9 lbs Ruth Snyder 1999
40-44	56.6 kgs / 124.7 lbs Paula Lorenzi 2003	40.8 kgs / 89.9 lbs Paula Lorenzi 2003	111.1 kgs / 244.9 lbs Paula Lorenzi 2003

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	90.0 kgs / 198.4 lbs Danielle Tasher 3/2012	61.0 kgs / 134.4 lbs Vanessa Ferla 10/2016	117.9 kgs / 259.9 lbs Benita Steffan 2002
8-9	49.8 kgs / 109.7 lbs Sarah Hunt 2010	27.2 kgs / 59.9 lbs Sarah Hunt 2010	74.8 kgs / 164.9 lbs Sarah Hunt 2010
12-13	72.5 kgs / 159.8 lbs Bella Butler 12/2024	45.3 kgs / 99.8 lbs Adrienne Zimmerman 2006	97.5 kgs / 214.9 lbs Adrienne Zimmerman 2006
16-17	90.0 kgs / 198.4 lbs Danielle Tasher 3/2012	45.0 kgs / 99.2 lbs Danielle Tasher 3/2012	115.0 kgs / 253.5 lbs Danielle Tasher 3/2012
18-19	52.5 kgs / 115.7 lbs Mary Kimmel 2012	34.0 kgs / 74.9 lbs J Painter 2004	72.5 kgs / 159.8 lbs Mary Kimmel 2012
20-24	85.0 kgs / 187.3 lbs Karleigh Steiner 10/2025	45.0 kgs / 99.2 lbs Karleigh Steiner 10/2025	102.5 kgs / 225.9 lbs Karleigh Steiner 10/2025
30-34	87.5 kgs / 192.9 lbs Vanessa Ferla 3/2016	61.0 kgs / 134.4 lbs Vanessa Ferla 10/2016	117.5 kgs / 259.0 lbs Vanessa Ferla 3/2016
35-39	72.5 kgs / 159.8 lbs Benita Steffan 2002	40.8 kgs / 89.9 lbs Benita Steffan 2002	115.6 kgs / 254.8 lbs Benita Steffan 2002

Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	100.0 kgs / 220.4 lbs Miranda Chambers 3/2014	61.2 kgs / 134.9 lbs Rebecca Skal 1999	142.8 kgs / 314.8 lbs Rebecca Skal 1999
8-9	54.4 kgs / 119.9 lbs Avree Wright 2006	36.5 kgs / 80.4 lbs Avree Wright 2006	72.5 kgs / 159.8 lbs Avree Wright 2006
10-11	70.0 kgs / 154.3 lbs Sarah Hunt 2011	36.5 kgs / 80.4 lbs Avree Wright 2006	86.1 kgs / 189.8 lbs Kyla Witmer 2010
12-13	100.0 kgs / 220.4 lbs Miranda Chambers 3/2014	60.0 kgs / 132.2 lbs Miranda Chambers 3/2014	130.0 kgs / 286.5 lbs Miranda Chambers 2013

247.5 kgs / 545.6 lbs Danielle Tasher 10/2012
145.1 kgs / 319.8 lbs Sarah Hunt 2010
115.8 kgs / 255.2 lbs Gabiella Person 5/2026
174.6 kgs / 384.9 lbs Adrianne Zimmerman 2005
247.5 kgs / 545.6 lbs Danielle Tasher 10/2012
183.7 kgs / 404.9 lbs Ruth Snyder 1999
208.6 kgs / 459.8 lbs Paula Lorenzi 2003

Total
260.0 kgs / 573.1 lbs Vanessa Ferla 3/2016
157.4 kgs / 347.0 lbs Sarah Hunt 2010
213.1 kgs / 469.8 lbs Adrianne Zimmerman 2006
247.5 kgs / 545.6 lbs Danielle Tasher 3/2012
155.0 kgs / 341.7 lbs Mary Kimmel 2012
232.5 kgs / 512.5 lbs Karleigh Steiner 10/2025
260.0 kgs / 573.1 lbs Vanessa Ferla 3/2016
226.7 kgs / 499.7 lbs Benita Steffan 2002

Total
290.3 kgs / 639.9 lbs Rebecca Skal 1999
163.2 kgs / 359.7 lbs Avree Wright 2006
187.5 kgs / 413.3 lbs Sarah Hunt 2011
290.0 kgs / 639.3 lbs Miranda Chambers 3/2014

14-15	92.5 kgs / 203.9 lbs Samantha Salemno 6/2015	48.5 kgs / 106.9 lbs Adrienne Zimmerman 2007	109.8 kgs / 242.0 lbs Adrienne Zimmerman 2007
16-17	82.5 kgs / 181.8 lbs H Puzinas 2009	50.0 kgs / 110.2 lbs Hope Weaver 12/2018	108.8 kgs / 239.8 lbs A Hickey 2002
18-19	81.6 kgs / 179.8 lbs A Hickey 2002	43.0 kgs / 94.7 lbs A Hickey 2002	120.2 kgs / 264.9 lbs A Hickey 2002
20-24	86.1 kgs / 189.8 lbs Rebecca Skal 1999	61.2 kgs / 134.9 lbs Rebecca Skal 1999	142.8 kgs / 314.8 lbs Rebecca Skal 1999
25-29	95.0 kgs / 209.4 lbs Caitlin Ruegg 6/2018	55.0 kgs / 121.2 lbs Caitlin Ruegg 6/2018	107.5 kgs / 236.9 lbs Caitlin Ruegg 6/2018
35-39	77.1 kgs / 169.9 lbs Benita Steffan 2003	38.5 kgs / 84.8 lbs Benita Steffan 2003	122.4 kgs / 269.8 lbs Benita Steffan 2003
40-44	86.1 kgs / 189.8 lbs Benita Steffan 2008	55.0 kgs / 121.2 lbs Amy Smith 6/2016	129.2 kgs / 284.8 lbs Benita Steffan 2008
45-49	92.5 kgs / 203.9 lbs Benita Steffan 4/2013	51.0 kgs / 112.4 lbs Benita Steffan 4/2013	127.5 kgs / 281.0 lbs Benita Steffan 4/2013
50-54	90.0 kgs / 198.4 lbs Benita Steffan 11/2013	47.5 kgs / 104.7 lbs Janet Huntley 10/2015	117.5 kgs / 259.0 lbs Lisa Grazul 5/2026
55-59	75.0 kgs / 165.3 lbs Janet Huntley 4/2021	50.5 kgs / 111.3 lbs Janet Huntley 10/2021	110.0 kgs / 242.5 lbs Janet Huntley 4/2019
60-64	70.0 kgs / 154.3 lbs Janet Huntley 4/2023	48.5 kgs / 106.9 lbs Janet Huntley 4/2023	102.5 kgs / 225.9 lbs Janet Huntley 4/2023
65-69	58.0 kgs / 127.8 lbs Mary Ann Little 4/2014	36.0 kgs / 79.3 lbs Mary Ann Little 2013	81.0 kgs / 178.5 lbs Mary Ann Little 2013
70-74	61.0 kgs / 134.4 lbs Mary Ann Little 10/2015	35.0 kgs / 77.1 lbs Mary Ann Little 11/2014	78.0 kgs / 171.9 lbs Mary Ann Little 3/2016

Weight Class: 56 / 123 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	130.0 kgs / 286.5 lbs Cara Tortoriello 7/2017	85.0 kgs / 187.3 lbs Miranda Chambers 10/2016	170.0 kgs / 374.7 lbs Lori Snyder 2005
12-13	61.2 kgs / 134.9 lbs Raquel Childres	38.5 kgs / 84.8 lbs Raquel Childres	77.1 kgs / 169.9 lbs Raquel Childres
14-15	112.5 kgs / 248.0 lbs Miranda Chambers 11/2014	70.0 kgs / 154.3 lbs Miranda Chambers 11/2014	130.0 kgs / 286.5 lbs Miranda Chambers 11/2014
16-17	120.0 kgs / 264.5 lbs Miranda Chambers 6/2016	85.0 kgs / 187.3 lbs Miranda Chambers 10/2016	155.0 kgs / 341.7 lbs Miranda Chambers 10/2016
18-19	87.5 kgs / 192.9 lbs Rebekah Wolters 4/2024	32.5 kgs / 71.6 lbs Rebekah Wolters 4/2024	102.5 kgs / 225.9 lbs Rebekah Wolters 4/2024
20-24	130.0 kgs / 286.5 lbs Cara Tortoriello 7/2017	70.0 kgs / 154.3 lbs Cara Tortoriello 7/2017	154.2 kgs / 339.9 lbs Rebecca Skal 1999
25-29	102.5 kgs / 225.9 lbs Alexandra Butler 10/2016	55.0 kgs / 121.2 lbs Alexandra Butler 10/2016	127.5 kgs / 281.0 lbs Alexandra Butler 10/2016

235.0 kgs / 518.0 lbs Adrienne Zimmerman 2007
222.5 kgs / 490.5 lbs H Puzinas 2009
244.9 kgs / 539.9 lbs A Hickey 2002
290.3 kgs / 639.9 lbs Rebecca Skal 1999
257.5 kgs / 567.6 lbs Caitlin Ruegg 6/2018
238.1 kgs / 524.9 lbs Benita Steffan 2003
263.0 kgs / 579.8 lbs Benita Steffan 2008
271.0 kgs / 597.4 lbs Benita Steffan 4/2013
247.5 kgs / 545.6 lbs Lisa Grazul 5/2026
230.0 kgs / 507.0 lbs Janet Huntley 4/2021
221.0 kgs / 487.2 lbs Janet Huntley 4/2023
174.0 kgs / 383.6 lbs Mary Ann Little 4/2014
169.5 kgs / 373.6 lbs Mary Ann Little 10/2015

Total
355.0 kgs / 782.6 lbs Miranda Chambers 10/2016
176.9 kgs / 389.9 lbs Raquel Childres
310.0 kgs / 683.4 lbs Miranda Chambers 11/2014
355.0 kgs / 782.6 lbs Miranda Chambers 10/2016
222.5 kgs / 490.5 lbs Rebekah Wolters 4/2024
332.5 kgs / 733.0 lbs Cara Tortoriello 7/2017
285.0 kgs / 628.3 lbs Alexandra Butler 10/2016

30-34	110.0 kgs / 242.5 lbs Melissa Underdown 5/2026	65.0 kgs / 143.2 lbs Melissa Underdown 1/2026	120.0 kgs / 264.5 lbs Melissa Underdown 5/2026
35-39	120.2 kgs / 264.9 lbs Lori Snyder 2005	68.0 kgs / 149.9 lbs Lori Snyder 2005	170.0 kgs / 374.7 lbs Lori Snyder 2005
40-44	89.8 kgs / 197.9 lbs Benita Steffan 2010	50.0 kgs / 110.2 lbs Marye Murphy 2010	129.7 kgs / 285.9 lbs Benita Steffan 2010
45-49	120.0 kgs / 264.5 lbs Catarina Aldi 4/2025	65.0 kgs / 143.2 lbs Catarina Aldi 11/2025	142.5 kgs / 314.1 lbs Catarina Aldi 11/2025
50-54	85.0 kgs / 187.3 lbs Lisa Grazul 1/2026	52.5 kgs / 115.7 lbs Erica Kornfeind 11/2014	115.0 kgs / 253.5 lbs Lisa Grazul 1/2026
55-59	87.5 kgs / 192.9 lbs Lori McMahon 12/2022	70.0 kgs / 154.3 lbs Lori McMahon 12/2022	115.0 kgs / 253.5 lbs Lori McMahon 12/2022
60-64	72.5 kgs / 159.8 lbs Janet Huntley 4/2025	47.5 kgs / 104.7 lbs Janet Huntley 4/2024	105.0 kgs / 231.4 lbs Janet Huntley 4/2024
75-79	27.2 kgs / 59.9 lbs Dorothy Johnson 2008	18.1 kgs / 39.9 lbs Dorothy Johnson 3/2008	72.5 kgs / 159.8 lbs Dorothy Johnson 3/2008
80-84	57.5 kgs / 126.7 lbs Mariann Strain 6/2026	33.5 kgs / 73.8 lbs Mariann Strain 11/2025	82.5 kgs / 181.8 lbs Mariann Strain 6/2026

Weight Class: 60 / 132 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	132.5 kgs / 292.1 lbs Lauren Conrad 4/2019	72.5 kgs / 159.8 lbs Rachel King 11/2025	168.0 kgs / 370.3 lbs Rachel King 11/2025
12-13	90.0 kgs / 198.4 lbs Leann Piekut 3/2016	60.0 kgs / 132.2 lbs Leann Piekut 3/2016	123.1 kgs / 271.3 lbs Trisha Tshudy 2006
14-15	122.5 kgs / 270.0 lbs Nena Pfeffer 4/2025	70.0 kgs / 154.3 lbs Nena Pfeffer 3/2025	145.0 kgs / 319.6 lbs Madison Hendricks 3/2014
16-17	102.5 kgs / 225.9 lbs Sammantha Perrine 2012	60.0 kgs / 132.2 lbs Sammantha Perrine 2012	153.5 kgs / 338.4 lbs Sammantha Perrine 10/2012
18-19	115.0 kgs / 253.5 lbs Lorelei Golden 5/2026	70.0 kgs / 154.3 lbs Lorelei Golden 5/2026	150.0 kgs / 330.6 lbs Lorelei Golden 1/2026
20-24	132.5 kgs / 292.1 lbs Lauren Conrad 4/2019	72.5 kgs / 159.8 lbs Rachel King 11/2025	168.0 kgs / 370.3 lbs Rachel King 11/2025
25-29	122.5 kgs / 270.0 lbs Cydney Amoroso 5/2026	67.5 kgs / 148.8 lbs Cydney Amoroso 5/2026	140.0 kgs / 308.6 lbs Cydney Amoroso 5/2026
30-34	97.5 kgs / 214.9 lbs Shea Herbstritt 8/2020	52.5 kgs / 115.7 lbs Shea Herbstritt 8/2020	115.0 kgs / 253.5 lbs Cindy Weindorf 4/2019
35-39	86.1 kgs / 189.8 lbs D Zimmerman 2003	54.9 kgs / 121.0 lbs S Mason 1999	154.7 kgs / 341.0 lbs T. Weinhamer 1998
40-44	82.5 kgs / 181.8 lbs Nicole Costantino 12/2021	52.1 kgs / 114.8 lbs S. Elchynski 2001	115.0 kgs / 253.5 lbs Nicole Costantino 12/2021
45-49	120.5 kgs / 265.6 lbs Catarina Aldi 5/2025	62.5 kgs / 137.7 lbs Catarina Aldi 5/2025	130.0 kgs / 286.5 lbs Catarina Aldi 5/2025
50-54	102.5 kgs / 225.9 lbs Mary Lou Norris 4/2017	60.0 kgs / 132.2 lbs Mary Lou Norris 4/2017	125.0 kgs / 275.5 lbs Jane Bickel 6/2015

295.0 kgs / 650.3 lbs Melissa Underdown 5/2026
344.7 kgs / 759.9 lbs Lori Snyder 2005
269.8 kgs / 594.8 lbs Benita Steffan 2010
320.0 kgs / 705.4 lbs Catarina Aldi 11/2025
245.0 kgs / 540.1 lbs Lisa Grazul 1/2026
272.5 kgs / 600.7 lbs Lori McMahon 12/2022
222.5 kgs / 490.5 lbs Janet Huntley 4/2024
113.3 kgs / 249.7 lbs Dorothy Johnson 2008
172.0 kgs / 379.1 lbs Mariann Strain 6/2026

Total
353.0 kgs / 778.2 lbs Lauren Conrad 4/2019
251.7 kgs / 554.8 lbs Trisha Tshudy 2006
310.0 kgs / 683.4 lbs Nena Pfeffer 4/2025
306.0 kgs / 674.6 lbs Sammantha Perrine 10/2012
332.5 kgs / 733.0 lbs Lorelei Golden 5/2026
353.0 kgs / 778.2 lbs Lauren Conrad 4/2019
330.0 kgs / 727.5 lbs Cydney Amoroso 5/2026
260.0 kgs / 573.1 lbs Shea Herbstritt 8/2020
279.9 kgs / 617.0 lbs T. Weinhamer 1998
240.0 kgs / 529.1 lbs Nicole Costantino 12/2021
313.0 kgs / 690.0 lbs Catarina Aldi 5/2025
277.5 kgs / 611.7 lbs Mary Lou Norris 4/2017

55-59	92.5 kgs / 203.9 lbs Annemarie Kemmerer 6/2013	60.0 kgs / 132.2 lbs Annemarie Kemmerer 6/2013	135.0 kgs / 297.6 lbs Annemarie Kemmerer 6/2013
60-64	87.5 kgs / 192.9 lbs Annemarie Kemmerer 2014	60.0 kgs / 132.2 lbs Annemarie Kemmerer 3/2014	117.5 kgs / 259.0 lbs Annemarie Kemmerer 2014
65-69	102.5 kgs / 225.9 lbs Debra Valentin 8/2025	45.5 kgs / 100.3 lbs Debra Valentin 11/2025	125.0 kgs / 275.5 lbs Debra Valentin 11/2025
70-74	27.5 kgs / 60.6 lbs Norma Jean Teufel 12/2023	32.5 kgs / 71.6 lbs Norma Jean Teufel 12/2023	75.0 kgs / 165.3 lbs Norma Jean Teufel 12/2023
75-79	35.0 kgs / 77.1 lbs Norma Jean Teufel 10/2024	35.0 kgs / 77.1 lbs Norma Jean Teufel 6/2024	79.3 kgs / 174.8 lbs Dorothy Johnson 4/2009
80-84	31.7 kgs / 69.8 lbs Dorothy Johnson 2009	22.6 kgs / 49.8 lbs Dorothy Johnson 2009	77.1 kgs / 169.9 lbs Dorothy Johnson 2009

Weight Class: 67.5 / 148 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	142.5 kgs / 314.1 lbs Nena Pfeffer 5/2026	80.0 kgs / 176.3 lbs Kristen Gordon 4/2024	170.0 kgs / 374.7 lbs Sammantha Perrine 3/2013
12-13	67.5 kgs / 148.8 lbs Nyela Herrandez 6/2016	37.5 kgs / 82.6 lbs Nyela Herrandez 6/2016	97.5 kgs / 214.9 lbs Nyela Herrandez 6/2016
14-15	129.8 kgs / 286.1 lbs Ashley Buck 2004	70.3 kgs / 154.9 lbs A Miller 2003	145.1 kgs / 319.8 lbs Ashley Buck 2004
16-17	142.5 kgs / 314.1 lbs Nena Pfeffer 5/2026	79.4 kgs / 175.0 lbs Angie Miller 2004	170.0 kgs / 374.7 lbs Sammantha Perrine 3/2013
18-19	110.0 kgs / 242.5 lbs Rosalie Hutson 6/2015	67.5 kgs / 148.8 lbs Sammantha Perrine 6/2013	152.5 kgs / 336.2 lbs Sammantha Perrine 6/2013
20-24	137.5 kgs / 303.1 lbs Rachel Papson 6/2024	72.5 kgs / 159.8 lbs Rachel Papson 6/2024	157.5 kgs / 347.2 lbs Rachel Papson 6/2024
25-29	132.5 kgs / 292.1 lbs Kristen Gordon 4/2025	80.0 kgs / 176.3 lbs Kristen Gordon 4/2024	147.5 kgs / 325.1 lbs Kristen Gordon 4/2025
30-34	130.0 kgs / 286.5 lbs Dana Woodbeck 6/2019	67.5 kgs / 148.8 lbs Lori Beth Nunemaker 4/2024	145.0 kgs / 319.6 lbs Megan Roth 12/2019
35-39	125.0 kgs / 275.5 lbs Victoria Tasher 2013	63.5 kgs / 139.9 lbs Victoria Villo 2003	145.0 kgs / 319.6 lbs Victoria Tasher 2012
40-44	130.0 kgs / 286.5 lbs Victoria Tasher 10/2013	70.0 kgs / 154.3 lbs Nicole Golden 1/2026	145.0 kgs / 319.6 lbs Victoria Tasher 10/2013
45-49	116.0 kgs / 255.7 lbs Debbie Nahas 3/2014	73.5 kgs / 162.0 lbs Mary Ann Wieckowski 6/2012	145.1 kgs / 319.8 lbs S. Elchynski 2004
50-54	102.5 kgs / 225.9 lbs Mary Lou Norris 3/2018	60.0 kgs / 132.2 lbs Mary Lou Norris 3/2018	125.0 kgs / 275.5 lbs Mary Lou Norris 12/2019

287.5 kgs / 633.8 lbs Annemarie Kemmerer 6/2013
265.0 kgs / 584.2 lbs Annemarie Kemmerer 3/2014
273.0 kgs / 601.8 lbs Debra Valentin 11/2025
135.0 kgs / 297.6 lbs Norma Jean Teufel 12/2023
142.5 kgs / 314.1 lbs Norma Jean Teufel 10/2024
131.5 kgs / 289.9 lbs Dorothy Johnson 2009

Total
367.5 kgs / 810.1 lbs Rachel Papson 6/2024
202.5 kgs / 446.4 lbs Nyela Hernandez 6/2016
337.9 kgs / 744.9 lbs Ashley Buck 2004
361.0 kgs / 795.8 lbs Nena Pfeffer 5/2026
325.0 kgs / 716.4 lbs Sammantha Perrine 6/2013
367.5 kgs / 810.1 lbs Rachel Papson 6/2024
355.0 kgs / 782.6 lbs Kristen Gordon 4/2024
330.0 kgs / 727.5 lbs Katie Eggleston 3/2016
330.0 kgs / 727.5 lbs Victoria Tasher 2013
340.0 kgs / 749.5 lbs Victoria Tasher 2013
315.2 kgs / 694.8 lbs S. Elchynski 2004
282.5 kgs / 622.7 lbs Mary Lou Norris 12/2019

55-59	107.5 kgs / 236.9 lbs Lori Kosienski 5/2026	60.0 kgs / 132.2 lbs Annemarie Kemmerer 10/2012	142.5 kgs / 314.1 lbs Lori Kosienski 5/2026
60-64	75.0 kgs / 165.3 lbs Jane Bickel 12/2021	50.0 kgs / 110.2 lbs Doris Santos 10/2013	115.0 kgs / 253.5 lbs Jane Bickel 11/2022
70-74	45.0 kgs / 99.2 lbs Cynthia Kremenik 6/2024	30.0 kgs / 66.1 lbs Cynthia Kremenik 12/2023	72.5 kgs / 159.8 lbs Cynthia Kremenik 6/2024
Police/Fire/Mil	117.5 kgs / 259.0 lbs Kayla Irwin 10/2016	57.5 kgs / 126.7 lbs Kayla Irwin 10/2016	135.0 kgs / 297.6 lbs Kayla Irwin 10/2016

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	147.5 kgs / 325.1 lbs Jamie Augustine 11/2022	82.5 kgs / 181.8 lbs Madison Eichstadt 12/2017	160.0 kgs / 352.7 lbs Jamie Augustine 11/2022
12-13	90.7 kgs / 199.9 lbs Brittany Zimmerman 2003	40.8 kgs / 89.9 lbs Brittany Zimmerman 2003	90.7 kgs / 199.9 lbs Brittany Zimmerman 2003
14-15	110.0 kgs / 242.5 lbs Aimee Cowdery 2010	67.5 kgs / 148.8 lbs Waverly VerHill 6/2015	140.0 kgs / 308.6 lbs Waverly VerHill 6/2015
16-17	117.9 kgs / 259.9 lbs Ashley Buck 2005	74.8 kgs / 164.9 lbs Ashley Buck 2005	145.8 kgs / 321.4 lbs Aimee Cowdery 7/2011
18-19	147.5 kgs / 325.1 lbs Jamie Augustine 11/2022	80.0 kgs / 176.3 lbs Jamie Augustine 11/2022	160.0 kgs / 352.7 lbs Jamie Augustine 11/2022
20-24	115.0 kgs / 253.5 lbs Paige Conrad 6/2021	82.5 kgs / 181.8 lbs Madison Eichstadt 12/2017	147.5 kgs / 325.1 lbs Samantha Bengel 4/2024
25-29	132.5 kgs / 292.1 lbs Alaina Litz 4/2022	70.0 kgs / 154.3 lbs Jolene Jackson 10/2016	145.0 kgs / 319.6 lbs Meghan Williamson 7/2017
30-34	125.0 kgs / 275.5 lbs Colby Neubauer 6/2016	70.0 kgs / 154.3 lbs Colby Neubauer 6/2016	147.5 kgs / 325.1 lbs Colby Neubauer 6/2016
35-39	120.0 kgs / 264.5 lbs Victoria Tasher 2012	58.9 kgs / 129.8 lbs S Challis 2005	140.0 kgs / 308.6 lbs Victoria Tasher 2012
40-44	102.5 kgs / 225.9 lbs Karen Nace 3/2014	72.5 kgs / 159.8 lbs Karen Nace 2014	127.5 kgs / 281.0 lbs Debi Schneider 4/2017
45-49	112.5 kgs / 248.0 lbs Sharon Schwartz 2013	76.0 kgs / 167.5 lbs Mary Ann Wieckowski 6/2013	155.0 kgs / 341.7 lbs Ruth Douglas
50-54	100.0 kgs / 220.4 lbs Christina Carlson 5/2026	70.0 kgs / 154.3 lbs Christina Carlson 5/2026	157.5 kgs / 347.2 lbs Christina Carlson 5/2026
55-59	77.5 kgs / 170.8 lbs Kim Doult 3/2018	62.5 kgs / 137.7 lbs Kim Doult 3/2018	145.0 kgs / 319.6 lbs Christine Cedzo 4/2025
60-64	65.0 kgs / 143.2 lbs Kim Pollock 12/2020	60.0 kgs / 132.2 lbs Kim Pollock 12/2020	100.0 kgs / 220.4 lbs A Urban 2009

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift
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307.5 kgs / 677.9 lbs
Lori Kosienski 5/2026

230.0 kgs / 507.0 lbs
Jane Bickel 12/2021

147.5 kgs / 325.1 lbs
Cynthia Kremenik 6/2024

310.0 kgs / 683.4 lbs
Kayla Irwin 10/2016

Total

387.5 kgs / 854.2 lbs
Jamie Augustine 11/2022

217.7 kgs / 479.9 lbs
Brittany Zimmerman 2003

307.5 kgs / 677.9 lbs
Waverly VerHill 6/2015

311.5 kgs / 686.7 lbs
Aimee Cowdery 2010

387.5 kgs / 854.2 lbs
Jamie Augustine 11/2022

340.0 kgs / 749.5 lbs
Madison Eichstadt 12/2017

330.0 kgs / 727.5 lbs
Alaina Litz 4/2022

342.5 kgs / 755.0 lbs
Colby Neubauer 6/2016

317.5 kgs / 699.9 lbs
Victoria Tasher 2012

297.5 kgs / 655.8 lbs
Karen Nace 3/2014

325.0 kgs / 716.4 lbs
Ruth Douglas

327.5 kgs / 722.0 lbs
Christina Carlson 5/2026

265.0 kgs / 584.2 lbs
Christine Cedzo 4/2025

212.5 kgs / 468.4 lbs
Kim Pollock 12/2020

Total

Open	135.0 kgs / 297.6 lbs Jessica Maloy 10/2015	80.0 kgs / 176.3 lbs J Baird 2011	167.5 kgs / 369.2 lbs Christina Dean 11/2014
12-13	79.3 kgs / 174.8 lbs Brittany Zimmerman 2002	45.3 kgs / 99.8 lbs Brittany Zimmerman 2002	97.5 kgs / 214.9 lbs Brittany Zimmerman 2002
14-15	117.5 kgs / 259.0 lbs Sequora Johnston 10/2013	62.5 kgs / 137.7 lbs S Johnson 2013	145.0 kgs / 319.6 lbs Sequora Johnston 10/2013
16-17	117.5 kgs / 259.0 lbs Aimee Cowdery 2001	67.5 kgs / 148.8 lbs Aimee Cowdery 2001	152.4 kgs / 335.9 lbs Aimee Cowdery 2001
18-19	125.0 kgs / 275.5 lbs Alana Amantine 8/2019	70.0 kgs / 154.3 lbs Alana Amantine 8/2019	160.0 kgs / 352.7 lbs Alana Amantine 8/2019
20-24	120.0 kgs / 264.5 lbs Hannah Gross 4/2023	74.8 kgs / 164.9 lbs J Jasper 2000	157.5 kgs / 347.2 lbs Hannah Gross 4/2023
25-29	112.5 kgs / 248.0 lbs Christina Dean 4/2014	72.5 kgs / 159.8 lbs Christina Dean 4/2014	160.0 kgs / 352.7 lbs Christina Dean 4/2014
30-34	122.5 kgs / 270.0 lbs Sarah Heffner 12/2021	80.0 kgs / 176.3 lbs Sarah Heffner 12/2021	157.5 kgs / 347.2 lbs Sarah Heffner 12/2021
35-39	135.0 kgs / 297.6 lbs Jessica Maloy 10/2015	67.5 kgs / 148.8 lbs Jessica Maloy 10/2015	160.0 kgs / 352.7 lbs Jessica Maloy 10/2015
40-44	110.5 kgs / 243.6 lbs Kristyn Whisman 4/2024	77.5 kgs / 170.8 lbs Karen Nace 6/2014	145.5 kgs / 320.7 lbs Kristyn Whisman 4/2024
45-49	130.0 kgs / 286.5 lbs Jennifer Twohig-Williams 5/2026	60.0 kgs / 132.2 lbs Chris Redmond 4/2019	150.0 kgs / 330.6 lbs Chris Redmond 4/2019
50-54	117.5 kgs / 259.0 lbs Mary Ann Wieckowski 6/2014	80.0 kgs / 176.3 lbs Mary Ann Wieckowski 11/2014	142.5 kgs / 314.1 lbs Sharon Schwartz 4/2019
55-59	93.0 kgs / 205.0 lbs Kim Doutt 10/2016	70.0 kgs / 154.3 lbs Kim Doutt 3/2016	155.0 kgs / 341.7 lbs Christine Cedzo 5/2026
60-64	77.5 kgs / 170.8 lbs Janis Ferguson 5/2026	57.5 kgs / 126.7 lbs Kim Pollock 6/2021	120.0 kgs / 264.5 lbs Janis Ferguson 5/2026
70-74	130.5 kgs / 287.7 lbs Linda Arvey 4/2023	75.0 kgs / 165.3 lbs Linda Arvey 4/2024	158.0 kgs / 348.3 lbs Linda Arvey 4/2024
75-79	117.5 kgs / 259.0 lbs Linda Arvey 11/2025	70.0 kgs / 154.3 lbs Linda Arvey 11/2025	165.0 kgs / 363.7 lbs Linda Arvey 11/2025
Spec. Oly.	70.0 kgs / 154.3 lbs Joni Talavera 6/2015	50.0 kgs / 110.2 lbs Joni Talavera 6/2015	100.0 kgs / 220.4 lbs Joni Talavera 6/2015
Handicapped	107.5 kgs / 236.9 lbs Alexis Rowley 4/2023	67.5 kgs / 148.8 lbs Alexis Rowley 4/2023	125.0 kgs / 275.5 lbs Alexis Rowley 4/2023

Weight Class: 90 / 198 Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	145.0 kgs / 319.6 lbs Sasha Kone 1/2023	82.5 kgs / 181.8 lbs Mandi Johnson 4/2024	185.0 kgs / 407.8 lbs Arianna Rochester 11/2023
14-15	70.0 kgs / 154.3 lbs Erin Lewis 4/2019	45.0 kgs / 99.2 lbs Erin Lewis 4/2019	92.5 kgs / 203.9 lbs Erin Lewis 4/2019

363.5 kgs / 801.3 lbs Linda Arvey 4/2024
210.9 kgs / 464.9 lbs Brittany Zimmerman 2002
322.5 kgs / 710.9 lbs Sequora Johnston 10/2013
337.5 kgs / 744.0 lbs Aimee Cowdery 2001
355.0 kgs / 782.6 lbs Alana Amantine 8/2019
350.0 kgs / 771.6 lbs Hannah Gross 4/2023
345.0 kgs / 760.5 lbs Christina Dean 4/2014
360.0 kgs / 793.6 lbs Sarah Heffner 12/2021
362.5 kgs / 799.1 lbs Jessica Maloy 10/2015
325.0 kgs / 716.4 lbs Karen Nace 6/2014
330.0 kgs / 727.5 lbs Jennifer Twohig-Williams 5/2026
320.0 kgs / 705.4 lbs Mary Ann Wieckowski 6/2014
282.5 kgs / 622.7 lbs Christine Cedzo 5/2026
245.0 kgs / 540.1 lbs Janis Ferguson 5/2026
363.5 kgs / 801.3 lbs Linda Arvey 4/2024
347.5 kgs / 766.0 lbs Linda Arvey 11/2025
220.0 kgs / 485.0 lbs Joni Talavera 6/2015
300.0 kgs / 661.3 lbs Alexis Rowley 4/2023

Total
397.5 kgs / 876.3 lbs Mandi Johnson 4/2024
207.5 kgs / 457.4 lbs Erin Lewis 4/2019

16-17	122.5 kgs / 270.0 lbs Rachel Hess 10/2012	54.9 kgs / 121.0 lbs Cathleen Cooper	142.5 kgs / 314.1 lbs Rachel Hess 10/2012
20-24	142.5 kgs / 314.1 lbs Arianna Rochester 11/2023	62.5 kgs / 137.7 lbs Arianna Rochester 6/2023	185.0 kgs / 407.8 lbs Arianna Rochester 11/2023
25-29	122.5 kgs / 270.0 lbs Melissa Cruz 4/2025	77.5 kgs / 170.8 lbs Melissa Cruz 4/2025	157.5 kgs / 347.2 lbs Melissa Cruz 4/2025
30-34	127.5 kgs / 281.0 lbs Christina Dean 4/2017	80.0 kgs / 176.3 lbs Christina Dean 3/2016	177.5 kgs / 391.3 lbs Christina Dean 4/2017
35-39	137.5 kgs / 303.1 lbs Mandi Johnson 4/2024	82.5 kgs / 181.8 lbs Mandi Johnson 4/2024	177.5 kgs / 391.3 lbs Mandi Johnson 4/2024
40-44	145.0 kgs / 319.6 lbs Sasha Kone 1/2023	80.0 kgs / 176.3 lbs Sasha Kone 1/2023	165.0 kgs / 363.7 lbs Sasha Kone 1/2023
45-49	122.5 kgs / 270.0 lbs Cindy Stritzinger 4/2021	75.0 kgs / 165.3 lbs Erin Gorney 5/2026	150.0 kgs / 330.6 lbs Cindy Stritzinger 4/2024
50-54	75.0 kgs / 165.3 lbs Johanna Lindsey 4/2024	47.5 kgs / 104.7 lbs Johanna Lindsey 4/2024	117.5 kgs / 259.0 lbs Johanna Lindsey 4/2024
60-64	85.0 kgs / 187.3 lbs Janis Ferguson 4/2025	42.5 kgs / 93.6 lbs Janis Ferguson 4/2025	122.5 kgs / 270.0 lbs Janis Ferguson 4/2025
Spec. Oly.	85.0 kgs / 187.3 lbs Joni Talavera 6/2016	52.5 kgs / 115.7 lbs Joni Talavera 6/2016	102.5 kgs / 225.9 lbs Joni Talavera 6/2016
Handicapped	97.5 kgs / 214.9 lbs Alexis Rowley 12/2023	70.0 kgs / 154.3 lbs Alexis Rowley 12/2023	127.5 kgs / 281.0 lbs Alexis Rowley 12/2023

Weight Class: 90+ / 198+ Female / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	172.5 kgs / 380.2 lbs Cynthia Schaefer 11/2025	103.0 kgs / 227.0 lbs Michelle Pushinsky 4/2025	227.5 kgs / 501.5 lbs Rachel Clarke 11/2025
16-17	127.0 kgs / 279.9 lbs S. Ogden 2001	79.3 kgs / 174.8 lbs S. Ogden 2001	167.5 kgs / 369.2 lbs Autumn Powell 4/2021
18-19	130.0 kgs / 286.5 lbs Autumn Powell 12/2021	75.0 kgs / 165.3 lbs Brittany Luzier 4/2017	175.0 kgs / 385.8 lbs Autumn Powell 12/2021
20-24	172.5 kgs / 380.2 lbs Cynthia Schaefer 11/2025	75.0 kgs / 165.3 lbs Cynthia Schaefer 11/2025	172.5 kgs / 380.2 lbs Cynthia Schaefer 11/2025
25-29	152.5 kgs / 336.2 lbs Leah Swartz 5/2024	95.0 kgs / 209.4 lbs Leah Swartz 12/2023	192.5 kgs / 424.3 lbs Leah Swartz 12/2023
30-34	130.0 kgs / 286.5 lbs Rachel Clarke 6/2021	60.0 kgs / 132.2 lbs Rachel Clarke 6/2021	182.5 kgs / 402.3 lbs Rachel Clarke 6/2021
35-39	167.5 kgs / 369.2 lbs Rachel Clarke 11/2025	83.9 kgs / 184.9 lbs Tammy Bukousky 2006	227.5 kgs / 501.5 lbs Rachel Clarke 11/2025
40-44	165.0 kgs / 363.7 lbs Michelle Pushinsky 11/2025	103.0 kgs / 227.0 lbs Michelle Pushinsky 4/2025	162.5 kgs / 358.2 lbs Michelle Pushinsky 10/2025
50-54	110.0 kgs / 242.5 lbs Liberty Buccello 4/2023	57.8 kgs / 127.4 lbs B. Zelina 2008	140.0 kgs / 308.6 lbs Liberty Buccello 6/2023

315.0 kgs / 694.4 lbs Rachel Hess 10/2012
390.0 kgs / 859.7 lbs Arianna Rochester 11/2023
357.5 kgs / 788.1 lbs Melissa Cruz 4/2025
380.0 kgs / 837.7 lbs Christina Dean 4/2017
397.5 kgs / 876.3 lbs Mandi Johnson 4/2024
390.0 kgs / 859.7 lbs Sasha Kone 1/2023
342.5 kgs / 755.0 lbs Cindy Stritzinger 4/2021
240.0 kgs / 529.1 lbs Johanna Lindsey 4/2024
250.0 kgs / 551.1 lbs Janis Ferguson 4/2025
240.0 kgs / 529.1 lbs Joni Talavera 6/2016
295.0 kgs / 650.3 lbs Alexis Rowley 12/2023

Total
465.0 kgs / 1025.1 lbs Rachel Clarke 11/2025
371.9 kgs / 819.8 lbs S. Ogden 2001
370.0 kgs / 815.7 lbs Autumn Powell 12/2021
420.0 kgs / 925.9 lbs Cynthia Schaefer 11/2025
430.0 kgs / 947.9 lbs Leah Swartz 12/2023
372.5 kgs / 821.2 lbs Rachel Clarke 6/2021
465.0 kgs / 1025.1 lbs Rachel Clarke 11/2025
425.0 kgs / 936.9 lbs Michelle Pushinsky 11/2025
302.5 kgs / 666.8 lbs Liberty Buccello 4/2023

55-59	110.0 kgs / 242.5 lbs Michelle Lawson 10/2024	60.0 kgs / 132.2 lbs Michelle Lawson 10/2025	130.0 kgs / 286.5 lbs Michelle Lawson 4/2026
60-64	110.0 kgs / 242.5 lbs Karen Repino 11/2023	65.0 kgs / 143.2 lbs Karen Repino 11/2023	127.5 kgs / 281.0 lbs Karen Repino 11/2023
Spec. Oly.	72.5 kgs / 159.8 lbs Joni Talavera 12/2023	47.5 kgs / 104.7 lbs Joni Talavera 12/2023	105.0 kgs / 231.4 lbs Joni Talavera 12/2023
Handicapped	95.0 kgs / 209.4 lbs Joni Talavera 12/2024	55.0 kgs / 121.2 lbs Joni Talavera 12/2024	112.5 kgs / 248.0 lbs Joni Talavera 12/2024

Weight Class: 30 / 66 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	30.0 kgs / 66.1 lbs Ivan Shick 12/2020	29.4 kgs / 64.8 lbs A Barrett 2007	52.1 kgs / 114.8 lbs A Barrett 2007
6-7	30.0 kgs / 66.1 lbs Ivan Shick 12/2020	18.5 kgs / 40.7 lbs Ivan Shick 12/2020	37.5 kgs / 82.6 lbs Ivan Shick 12/2020
8-9	30.0 kgs / 66.1 lbs Ivan Shick 6/2021	29.4 kgs / 64.8 lbs A Barrett 2007	52.1 kgs / 114.8 lbs A Barrett 2007

Weight Class: 35 / 77 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	54.4 kgs / 119.9 lbs C Nolan 2004	35.0 kgs / 77.1 lbs Brezlin Bruner 12/2023	77.5 kgs / 170.8 lbs Aidan Young 10/2025
6-7	42.5 kgs / 93.6 lbs Robby Wickham 2011	22.5 kgs / 49.6 lbs Robby Wickham 2011	50.0 kgs / 110.2 lbs Robby Wickham 2011
8-9	54.4 kgs / 119.9 lbs C Nolan 2004	35.0 kgs / 77.1 lbs Brezlin Bruner 12/2023	77.5 kgs / 170.8 lbs Aidan Young 10/2025
10-11	52.1 kgs / 114.8 lbs D Perhacs 2001	34.0 kgs / 74.9 lbs D Perhacs 2001	63.5 kgs / 139.9 lbs D Perhacs 2001

Weight Class: 40 / 88 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	60.0 kgs / 132.2 lbs Nick Hartmann 2012	40.0 kgs / 88.1 lbs Nick Hartmann 2012	105.0 kgs / 231.4 lbs Nick Hartmann 2012
6-7	27.2 kgs / 59.9 lbs Davis Lee 2009	20.4 kgs / 44.9 lbs Davis Lee 2009	45.3 kgs / 99.8 lbs Davis Lee 2009
8-9	52.1 kgs / 114.8 lbs C Stoner 2001	29.4 kgs / 64.8 lbs C Stoner 2001	70.3 kgs / 154.9 lbs C Stoner 2001
10-11	58.9 kgs / 129.8 lbs D Perhacs 2001	38.5 kgs / 84.8 lbs J Campisi 1999	97.5 kgs / 214.9 lbs J Campisi 1999
12-13	58.9 kgs / 129.8 lbs D Perhacs 2001	38.5 kgs / 84.8 lbs S Perhacs 2004	77.1 kgs / 169.9 lbs S Perhacs 2004
14-15	60.0 kgs / 132.2 lbs Nick Hartmann 2012	40.0 kgs / 88.1 lbs Nick Hartmann 2012	105.0 kgs / 231.4 lbs Nick Hartmann 2012

Weight Class: 44 / 97 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	83.9 kgs / 184.9 lbs E. Smith 2004	56.6 kgs / 124.7 lbs Christopher Bloom 2002	115.0 kgs / 253.5 lbs Chase Fettes 2012

290.0 kgs / 639.3 lbs Michelle Lawson 10/2025
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302.5 kgs / 666.8 lbs Karen Repino 11/2023

225.0 kgs / 496.0 lbs Joni Talavera 12/2023
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262.5 kgs / 578.7 lbs Joni Talavera 12/2024
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Total

111.1 kgs / 244.9 lbs A Barrett 2007

86.0 kgs / 189.5 lbs Ivan Shick 12/2020
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111.1 kgs / 244.9 lbs A Barrett 2007

Total

160.0 kgs / 352.7 lbs Aidan Young 10/2025
--

115.0 kgs / 253.5 lbs Robby Wickham 2011

160.0 kgs / 352.7 lbs Aidan Young 10/2025
--

149.6 kgs / 329.8 lbs D Perhacs 2001

Total

205.0 kgs / 451.9 lbs Nick Hartmann 2012

92.9 kgs / 204.8 lbs Davis Lee 2009
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151.9 kgs / 334.8 lbs C Stoner 2001
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190.5 kgs / 419.9 lbs J Campisi 1999

167.8 kgs / 369.9 lbs S Perhacs 2004

205.0 kgs / 451.9 lbs Nick Hartmann 2012

Total

251.7 kgs / 554.8 lbs Christopher Bloom 2002

10-11	75.0 kgs / 165.3 lbs Casey Walker 3/2015	45.0 kgs / 99.2 lbs Casey Walker 3/2015	107.5 kgs / 236.9 lbs Casey Walker 3/2015
12-13	72.5 kgs / 159.8 lbs D Perhacs 2002	42.6 kgs / 93.9 lbs N Chaszczewicz 2009	92.9 kgs / 204.8 lbs D Perhacs 2002
14-15	83.9 kgs / 184.9 lbs E. Smith 2004	56.6 kgs / 124.7 lbs Christopher Bloom 2002	115.0 kgs / 253.5 lbs Chase Fettes 2012

Weight Class: 48 / 105 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	110.0 kgs / 242.5 lbs Casey Walker 3/2016	65.7 kgs / 144.8 lbs Bradley Pataky 2002	142.5 kgs / 314.1 lbs Chase Fettes 10/2013
8-9	62.5 kgs / 137.7 lbs Robby Wickham 2012	32.5 kgs / 71.6 lbs Robby Wickham 2012	80.0 kgs / 176.3 lbs Robby Wickham 2012
10-11	92.5 kgs / 203.9 lbs Casey Walker 10/2015	50.0 kgs / 110.2 lbs Casey Walker 10/2015	122.5 kgs / 270.0 lbs Casey Walker 10/2015
12-13	110.0 kgs / 242.5 lbs Casey Walker 3/2016	52.5 kgs / 115.7 lbs Casey Walker 3/2016	137.5 kgs / 303.1 lbs Casey Walker 3/2016
14-15	97.5 kgs / 214.9 lbs Chase Fettes 6/2013	65.7 kgs / 144.8 lbs Bradley Pataky 2002	135.0 kgs / 297.6 lbs Chase Fettes 6/2013
16-17	107.5 kgs / 236.9 lbs Chase Fettes 10/2013	57.5 kgs / 126.7 lbs Chase Fettes 10/2013	142.5 kgs / 314.1 lbs Chase Fettes 10/2013

Weight Class: 52 / 114 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	106.5 kgs / 234.7 lbs Christopher Bloom 2003	75.0 kgs / 165.3 lbs Mark Walker 10/2013	157.5 kgs / 347.2 lbs Nick Hartmann 11/2014
8-9	70.0 kgs / 154.3 lbs Robby Wickham 6/2013	35.0 kgs / 77.1 lbs Robby Wickham 6/2013	92.5 kgs / 203.9 lbs Robby Wickham 6/2013
10-11	84.8 kgs / 186.9 lbs S Smykal 2010	37.6 kgs / 82.8 lbs S Smykal 2010	87.1 kgs / 192.0 lbs S Smykal 2010
12-13	82.5 kgs / 181.8 lbs Robert Meck 2012	60.0 kgs / 132.2 lbs Robert Meck 2012	132.5 kgs / 292.1 lbs Robert Meck 2012
14-15	90.0 kgs / 198.4 lbs Jake Hartmann 3/2015	63.5 kgs / 139.9 lbs S Goetz 2004	131.5 kgs / 289.9 lbs S Goetz 2004
16-17	106.5 kgs / 234.7 lbs Christopher Bloom 2003	72.5 kgs / 159.8 lbs Christopher Bloom 2003	157.5 kgs / 347.2 lbs Nick Hartmann 11/2014
20-24	90.0 kgs / 198.4 lbs Mark Walker 10/2013	75.0 kgs / 165.3 lbs Mark Walker 10/2013	130.0 kgs / 286.5 lbs Mark Walker 10/2013

Weight Class: 56 / 123 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	229.0 kgs / 504.8 lbs Michael Kuhns 2004	127.0 kgs / 279.9 lbs Michael Kuhns 2004	192.7 kgs / 424.8 lbs Steve Snyder 2/1999
8-9	67.5 kgs / 148.8 lbs Davis Lee 2011	35.0 kgs / 77.1 lbs Davis Lee 2011	55.0 kgs / 121.2 lbs Davis Lee 2011
10-11	82.5 kgs / 181.8 lbs Robby Wickham 11/2013	40.0 kgs / 88.1 lbs Robby Wickham 2013	100.0 kgs / 220.4 lbs Robby Wickham 11/2013

227.5 kgs / 501.5 lbs Casey Walker 3/2015
206.3 kgs / 454.8 lbs D Perhacs 2002
251.7 kgs / 554.8 lbs Christopher Bloom 2002

Total
307.5 kgs / 677.9 lbs Chase Fettes 10/2013
172.5 kgs / 380.2 lbs Robby Wickham 2012
265.0 kgs / 584.2 lbs Casey Walker 10/2015
300.0 kgs / 661.3 lbs Casey Walker 3/2016
287.5 kgs / 633.8 lbs Chase Fettes 6/2013
307.5 kgs / 677.9 lbs Chase Fettes 10/2013

Total
330.0 kgs / 727.5 lbs Jake Rice 3/2012
197.5 kgs / 435.4 lbs Robby Wickham 6/2013
209.6 kgs / 462.0 lbs S Smykal 2010
275.0 kgs / 606.2 lbs Robert Meck 2012
283.4 kgs / 624.7 lbs S Goetz 2004
330.0 kgs / 727.5 lbs Jake Rice 3/2012
295.0 kgs / 650.3 lbs Mark Walker 10/2013

Total
521.6 kgs / 1149.9 lbs Michael Kuhns 2004
157.5 kgs / 347.2 lbs Davis Lee 2011
222.5 kgs / 490.5 lbs Robby Wickham 11/2013

12-13	135.0 kgs / 297.6 lbs Casey Walker 10/2016	67.5 kgs / 148.8 lbs Casey Walker 10/2016	160.0 kgs / 352.7 lbs Casey Walker 10/2016
14-15	156.4 kgs / 344.7 lbs Caleb Williams 2000	90.7 kgs / 199.9 lbs C Williams 2000	172.3 kgs / 379.8 lbs Caleb Williams 2000
16-17	127.5 kgs / 281.0 lbs Paul Cataldi 2012	85.0 kgs / 187.3 lbs Paul Cataldi 2012	170.0 kgs / 374.7 lbs Paul Cataldi 2012
18-19	229.0 kgs / 504.8 lbs Michael Kuhns 2004	127.0 kgs / 279.9 lbs Michael Kuhns 2004	175.0 kgs / 385.8 lbs Paul Cataldi 2013
35-39	156.9 kgs / 345.9 lbs Steve Snyder 2/1999	97.5 kgs / 214.9 lbs Steve Snyder 2/1999	192.7 kgs / 424.8 lbs Steve Snyder 2/1999
50-54	92.5 kgs / 203.9 lbs Gary Teeter 11/2018	112.5 kgs / 248.0 lbs Gary Teeter 11/2018	137.5 kgs / 303.1 lbs Gary Teeter 11/2018
55-59	115.5 kgs / 254.6 lbs Gary Teeter 5/2024	103.0 kgs / 227.0 lbs Gary Teeter 6/2023	175.5 kgs / 386.9 lbs Gary Teeter 5/2024
60-64	140.0 kgs / 308.6 lbs Carl King 6/2019	107.5 kgs / 236.9 lbs Carl King 6/2019	162.5 kgs / 358.2 lbs Carl King 6/2019

Weight Class: 60 / 132 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	250.5 kgs / 552.2 lbs Michael Kuhns 4/2022	149.8 kgs / 330.2 lbs Michael Kuhns 2010	204.1 kgs / 449.9 lbs Mike Allgeier 2000
10-11	87.5 kgs / 192.9 lbs Robby Wickham 11/2014	47.5 kgs / 104.7 lbs Robby Wickham 11/2014	107.5 kgs / 236.9 lbs Robby Wickham 11/2014
12-13	92.5 kgs / 203.9 lbs W Wigmore 2009	67.5 kgs / 148.8 lbs W Wigmore 2009	125.0 kgs / 275.5 lbs W Wigmore 2009
14-15	185.0 kgs / 407.8 lbs Michael Kuhns 2001	112.0 kgs / 246.9 lbs Michael Kuhns 2001	192.7 kgs / 424.8 lbs W Gonzalez 1999
16-17	226.7 kgs / 499.7 lbs Michael Kuhns 2003	131.5 kgs / 289.9 lbs Michael Kuhns 2003	170.0 kgs / 374.7 lbs Chase Fettes 11/2014
18-19	213.1 kgs / 469.8 lbs Michael Kuhns 2005	132.1 kgs / 291.2 lbs Michael Kuhns 2005	189.6 kgs / 417.9 lbs Christopher Bloom 2005
20-24	154.2 kgs / 339.9 lbs Mike Allgeier 2000	104.3 kgs / 229.9 lbs Mike Allgeier 2000	204.1 kgs / 449.9 lbs Mike Allgeier 2000
25-29	107.5 kgs / 236.9 lbs Larry Brink 10/2025	80.0 kgs / 176.3 lbs Larry Brink 10/2025	160.0 kgs / 352.7 lbs Larry Brink 10/2025
30-34	247.5 kgs / 545.6 lbs Michael Kuhns 12/2017	140.0 kgs / 308.6 lbs Michael Kuhns 12/2017	180.0 kgs / 396.8 lbs Michael Kuhns 12/2017
35-39	250.5 kgs / 552.2 lbs Michael Kuhns 4/2022	135.0 kgs / 297.6 lbs Michael Kuhns 12/2020	192.5 kgs / 424.3 lbs Michael Kuhns 4/2022
45-49	102.5 kgs / 225.9 lbs Gary Teeter 6/2014	112.5 kgs / 248.0 lbs Gary Teeter 6/2014	159.7 kgs / 352.0 lbs Mike Boston 2000
50-54	115.0 kgs / 253.5 lbs Gary Teeter 6/2016	110.0 kgs / 242.5 lbs Gary Teeter 6/2016	142.5 kgs / 314.1 lbs Gary Teeter 4/2016
55-59	128.0 kgs / 282.1 lbs Gary Teeter 6/2023	107.5 kgs / 236.9 lbs Gary Teeter 1/2023	182.5 kgs / 402.3 lbs Gary Teeter 6/2023
60-64	120.5 kgs / 265.6 lbs Gary Teeter 5/2026	101.0 kgs / 222.6 lbs Gary Teeter 5/2026	171.0 kgs / 376.9 lbs Gary Teeter 5/2026
65-69	90.0 kgs / 198.4 lbs Mike Boston 12/2017	62.5 kgs / 137.7 lbs Mike Boston 9/2016	142.5 kgs / 314.1 lbs Mike Boston 12/2019

362.5 kgs / 799.1 lbs Casey Walker 10/2016
399.1 kgs / 879.8 lbs C Williams 2000
382.5 kgs / 843.2 lbs Paul Cataldi 2012
521.6 kgs / 1149.9 lbs Michael Kuhns 2004
446.7 kgs / 984.7 lbs Steve Snyder 2/1999
342.5 kgs / 755.0 lbs Gary Teeter 11/2018
393.0 kgs / 866.4 lbs Gary Teeter 6/2023
410.0 kgs / 903.8 lbs Carl King 6/2019

Total
567.5 kgs / 1251.1 lbs Michael Kuhns 12/2017
240.0 kgs / 529.1 lbs Robby Wickham 11/2014
285.0 kgs / 628.3 lbs W Wigmore 2009
453.5 kgs / 999.7 lbs W Gonzalez 1999
505.7 kgs / 1114.8 lbs Michael Kuhns 2003
521.6 kgs / 1149.9 lbs Michael Kuhns 2005
462.6 kgs / 1019.8 lbs Mike Allgeier 2000
347.5 kgs / 766.0 lbs Larry Brink 10/2025
567.5 kgs / 1251.1 lbs Michael Kuhns 12/2017
555.0 kgs / 1223.5 lbs Michael Kuhns 4/2022
377.4 kgs / 832.0 lbs Mike Boston 2000
365.0 kgs / 804.6 lbs Gary Teeter 6/2016
413.0 kgs / 910.4 lbs Gary Teeter 6/2023
391.0 kgs / 861.9 lbs Gary Teeter 8/2025
290.0 kgs / 639.3 lbs Mike Boston 12/2019

70-74	90.0 kgs / 198.4 lbs Jan Ditzian 10/2015	60.0 kgs / 132.2 lbs Jan Ditzian 10/2015	122.5 kgs / 270.0 lbs Jan Ditzian 10/2015
75-79	100.0 kgs / 220.4 lbs Jack Welch 12/2023	65.0 kgs / 143.2 lbs Jack Welch 12/2023	137.5 kgs / 303.1 lbs Jack Welch 12/2023
Police/Fire/Mil	124.5 kgs / 274.4 lbs Gary Teeter 5/2022	102.5 kgs / 225.9 lbs Gary Teeter 6/2022	152.5 kgs / 336.2 lbs Gary Teeter 6/2022

Weight Class: 67.5 / 148 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	249.8 kgs / 550.7 lbs Michael Kuhns 2006	163.5 kgs / 360.4 lbs Michael Kuhns 2006	245.0 kgs / 540.1 lbs Bryan Ellenberger 12/2021
10-11	70.0 kgs / 154.3 lbs Davis Lee 11/2012	47.5 kgs / 104.7 lbs Davis Lee 11/2012	91.0 kgs / 200.6 lbs Davis Lee 11/2012
12-13	110.0 kgs / 242.5 lbs Maximilian Wingenbach 4/2021	77.5 kgs / 170.8 lbs Wyatt Shultz 6/2023	140.0 kgs / 308.6 lbs Wyatt Shultz 6/2023
14-15	169.4 kgs / 373.4 lbs Michael Kuhns 2001	127.0 kgs / 279.9 lbs Brian Rebarchak 2003	188.2 kgs / 414.9 lbs A Loomis 2006
16-17	158.0 kgs / 348.3 lbs Ian Shotts 12/2025	117.5 kgs / 259.0 lbs Ron Lefkoski 11/2014	190.5 kgs / 419.9 lbs D Crosby 2004
18-19	185.0 kgs / 407.8 lbs Euri Pena 11/2025	129.2 kgs / 284.8 lbs Brian Ford 2008	200.0 kgs / 440.9 lbs Paul Cataldi 6/2014
20-24	249.8 kgs / 550.7 lbs Michael Kuhns 2006	163.5 kgs / 360.4 lbs Michael Kuhns 2006	240.0 kgs / 529.1 lbs Christopher Ferranti 6/2013
25-29	195.0 kgs / 429.8 lbs Benjamin Weinberger 6/2025	130.0 kgs / 286.5 lbs Benjamin Weinberger 6/2025	242.5 kgs / 534.6 lbs Bryan Ellenberger 12/2019
30-34	167.5 kgs / 369.2 lbs Bryan Ellenberger 12/2021	112.5 kgs / 248.0 lbs Bryan Ellenberger 12/2021	245.0 kgs / 540.1 lbs Bryan Ellenberger 12/2021
35-39	167.8 kgs / 369.9 lbs Joe Martucci 2006	85.0 kgs / 187.3 lbs Ben Gibson 6/2015	175.0 kgs / 385.8 lbs Ben Gibson 6/2015
40-44	204.1 kgs / 449.9 lbs Ramone Cruz 2002	129.2 kgs / 284.8 lbs Ramone Cruz 2002	219.9 kgs / 484.7 lbs Ramone Cruz 2002
45-49	165.5 kgs / 364.8 lbs Joe Martucci 10/2016	102.5 kgs / 225.9 lbs Gary Teeter 2013	199.5 kgs / 439.8 lbs Steve Snyder 2007
50-54	188.2 kgs / 414.9 lbs Paul Griffith 1999	125.0 kgs / 275.5 lbs Gary Teeter 12/2017	185.0 kgs / 407.8 lbs Larry Lantz 4/2014
55-59	181.4 kgs / 399.9 lbs Paul Griffith 2002	115.0 kgs / 253.5 lbs Gary Teeter 3/2020	187.5 kgs / 413.3 lbs Joe Martucci 4/2024
60-64	177.5 kgs / 391.3 lbs Paul Griffith 2006	108.0 kgs / 238.0 lbs Gary Teeter 7/2026	175.0 kgs / 385.8 lbs Gary Teeter 6/2025
65-69	152.5 kgs / 336.2 lbs Paul Griffith 2011	87.5 kgs / 192.9 lbs Victor Shaffer 3/2015	185.0 kgs / 407.8 lbs Victor Shaffer 4/2019
70-74	137.5 kgs / 303.1 lbs Paul Griffith 4/2018	75.0 kgs / 165.3 lbs Victor Shaffer 12/2019	177.5 kgs / 391.3 lbs Victor Shaffer 6/2022
75-79	102.5 kgs / 225.9 lbs Jack Welch 6/2022	82.5 kgs / 181.8 lbs Jack Welch 6/2021	157.5 kgs / 347.2 lbs Victor Shaffer 4/2025

272.5 kgs / 600.7 lbs Jan Ditzian 10/2015
302.5 kgs / 666.8 lbs Jack Welch 12/2023
369.5 kgs / 814.5 lbs Gary Teeter 5/2022

Total
576.0 kgs / 1269.8 lbs Michael Kuhns 2006
207.5 kgs / 457.4 lbs Davis Lee 11/2012
322.5 kgs / 710.9 lbs Wyatt Shultz 6/2023
427.5 kgs / 942.4 lbs Nate Salemno 3/2014
460.0 kgs / 1014.1 lbs Ron Lefkoski 11/2014
487.5 kgs / 1074.7 lbs Euri Pena 11/2025
576.0 kgs / 1269.8 lbs Michael Kuhns 2006
560.0 kgs / 1234.5 lbs Benjamin Weinberger 6/2025
525.0 kgs / 1157.4 lbs Bryan Ellenberger 12/2021
494.4 kgs / 1089.9 lbs Joe Martucci 2006
546.5 kgs / 1204.8 lbs Ramone Cruz 2002
459.9 kgs / 1013.8 lbs Joe Martucci 2006
432.5 kgs / 953.4 lbs Gary Teeter 6/2019
467.5 kgs / 1030.6 lbs Ramone Cruz 10/2017
449.0 kgs / 989.8 lbs Paul Griffith 2006
394.6 kgs / 869.9 lbs Paul Griffith 2010
340.0 kgs / 749.5 lbs Paul Griffith 6/2016
333.0 kgs / 734.1 lbs Jack Welch 6/2022

Weight Class: 75 / 165 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	235.0 kgs / 518.0 lbs Matt Catalino 2000	165.5 kgs / 364.8 lbs Jacob Vohs 4/2014	285.7 kgs / 629.8 lbs Joseph Braca 2000
10-11	99.7 kgs / 219.7 lbs M. Mongera 2005	65.7 kgs / 144.8 lbs M. Mongera 2005	122.4 kgs / 269.8 lbs M. Mongera 2005
12-13	132.5 kgs / 292.1 lbs Maximilian Wingenbach 6/2021	88.4 kgs / 194.8 lbs M. Rosensweet 2007	165.0 kgs / 363.7 lbs Maximilian Wingenbach 10/2021
14-15	172.5 kgs / 380.2 lbs Ryan Coffey 6/2012	132.5 kgs / 292.1 lbs Joe Galvin 3/2015	230.0 kgs / 507.0 lbs Damian Colletti 2007
16-17	200.0 kgs / 440.9 lbs Ryan Coffey 6/2014	137.5 kgs / 303.1 lbs Ryan Coffey 6/2014	235.8 kgs / 519.8 lbs J. Folmar 2001
18-19	204.1 kgs / 449.9 lbs D Wisniewski 1999	142.5 kgs / 314.1 lbs Ryan Coffey 6/2016	245.0 kgs / 540.1 lbs Ryan Coffey 6/2016
20-24	235.0 kgs / 518.0 lbs Matt Catalino 2000	165.5 kgs / 364.8 lbs Jacob Vohs 4/2014	260.0 kgs / 573.1 lbs Noah Cline 12/2018
25-29	197.5 kgs / 435.4 lbs Kevin Pataky 10/2016	137.5 kgs / 303.1 lbs Kevin Pataky 10/2016	245.0 kgs / 540.1 lbs Richard Smith 4/2019
30-34	205.0 kgs / 451.9 lbs Kevin Pataky 10/2017	137.5 kgs / 303.1 lbs Kevin Pataky 7/2017	260.0 kgs / 573.1 lbs Kevin Pataky 7/2017
35-39	226.7 kgs / 499.7 lbs Joseph Braca 2000	163.2 kgs / 359.7 lbs Joseph Braca 2000	285.7 kgs / 629.8 lbs Joseph Braca 2000
40-44	229.0 kgs / 504.8 lbs G. Clay 2001	132.5 kgs / 292.1 lbs David Dibble 6/2014	284.0 kgs / 626.1 lbs Joseph Braca 2003
45-49	217.7 kgs / 479.9 lbs Ramone Cruz 2006	145.1 kgs / 319.8 lbs John Polak	272.5 kgs / 600.7 lbs Michael Hart 12/2021
50-54	218.5 kgs / 481.7 lbs Ramone Cruz 2012	137.5 kgs / 303.1 lbs Ramone Cruz 2012	254.0 kgs / 559.9 lbs Nicholas Theodorou 2002
55-59	205.0 kgs / 451.9 lbs Ray Cruz 4/2019	122.5 kgs / 270.0 lbs Ray Cruz 4/2019	258.9 kgs / 570.7 lbs Nicholas Theodorou 2006
60-64	160.0 kgs / 352.7 lbs Nicholas Theodorou 2011	103.5 kgs / 228.1 lbs Gary Teeter 1/2026	230.0 kgs / 507.0 lbs Nicholas Theodorou 2011
65-69	142.5 kgs / 314.1 lbs Paul Griffith 4/2015	80.0 kgs / 176.3 lbs Victor Shaffer 12/2017	177.5 kgs / 391.3 lbs Victor Shaffer 12/2017
70-74	148.0 kgs / 326.2 lbs Paul Griffith 4/2017	95.0 kgs / 209.4 lbs Jack Welch 4/2019	182.5 kgs / 402.3 lbs Jack Welch 12/2019
75-79	105.0 kgs / 231.4 lbs Terry Nicotra 10/2021	80.0 kgs / 176.3 lbs Terry Nicotra 10/2021	127.5 kgs / 281.0 lbs Terry Nicotra 10/2021
80-84	70.0 kgs / 154.3 lbs Sam Contakos 11/2013	35.0 kgs / 77.1 lbs Sam Contakos 2013	112.5 kgs / 248.0 lbs Sam Contakos 11/2013
Police/Fire/Mil	165.0 kgs / 363.7 lbs Keenan Rankin 5/2026	110.0 kgs / 242.5 lbs Keenan Rankin 5/2026	210.0 kgs / 462.9 lbs Keenan Rankin 5/2026
Spec. Oly.	130.0 kgs / 286.5 lbs Jerome Johnson 11/2023	72.5 kgs / 159.8 lbs Jerome Johnson 11/2023	187.5 kgs / 413.3 lbs Jerome Johnson 11/2023

Weight Class: 82.5 / 181 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift

Total
666.7 kgs / 1469.8 lbs Joseph Braca 2000
254.0 kgs / 559.9 lbs M. Mongera 2005
358.3 kgs / 789.9 lbs M. Martin 2002
512.5 kgs / 1129.8 lbs Damian Colletti 2007
570.5 kgs / 1257.7 lbs Ryan Coffey 6/2014
587.5 kgs / 1295.2 lbs Ryan Coffey 6/2016
635.0 kgs / 1399.9 lbs Matt Catalino 2000
577.5 kgs / 1273.1 lbs Kevin Pataky 10/2016
597.5 kgs / 1317.2 lbs Kevin Pataky 7/2017
666.7 kgs / 1469.8 lbs Joseph Braca 2000
635.0 kgs / 1399.9 lbs Joseph Braca 2003
576.0 kgs / 1269.8 lbs Ramone Cruz 2006
566.0 kgs / 1247.8 lbs Ramone Cruz 2012
530.0 kgs / 1168.4 lbs Ray Cruz 4/2019
435.0 kgs / 959.0 lbs Nicholas Theodorou 2011
365.0 kgs / 804.6 lbs Paul Griffith 4/2015
400.0 kgs / 881.8 lbs Jack Welch 12/2019
312.5 kgs / 688.9 lbs Terry Nicotra 10/2021
217.5 kgs / 479.5 lbs Sam Contakos 11/2013
485.0 kgs / 1069.2 lbs Keenan Rankin 5/2026
390.0 kgs / 859.7 lbs Jerome Johnson 11/2023

Total

Open	272.6 kgs / 600.9 lbs Matt Clickett 2002	182.5 kgs / 402.3 lbs Brandon Russell 10/2018	307.5 kgs / 677.9 lbs Trevor Hogans 11/2013
12-13	145.0 kgs / 319.6 lbs Maximilian Wingenbach 4/2022	92.5 kgs / 203.9 lbs Davis Lee 6/2015	177.5 kgs / 391.3 lbs Maximilian Wingenbach 6/2022
14-15	190.5 kgs / 419.9 lbs M. Henry 2003	124.7 kgs / 274.9 lbs A Somerville 1999	215.0 kgs / 473.9 lbs Alex Fielder 2012
16-17	202.5 kgs / 446.4 lbs Robbie Karstendiek 2011	132.5 kgs / 292.1 lbs Chandler Sanchez 6/2016	252.1 kgs / 555.7 lbs Jared Minns 2008
18-19	215.4 kgs / 474.8 lbs A. Brown 2001	164.7 kgs / 363.0 lbs Shawn Shuck	251.7 kgs / 554.8 lbs Jared Minns 2008
20-24	242.6 kgs / 534.8 lbs Matt Catalino 2002	167.8 kgs / 369.9 lbs Matt Catalino 2002	277.5 kgs / 611.7 lbs James Lewis 11/2023
25-29	237.5 kgs / 523.5 lbs Jonny Hunter 5/2026	157.5 kgs / 347.2 lbs Curtis Miller 12/2014	290.0 kgs / 639.3 lbs Zachary Krise 5/2024
30-34	215.0 kgs / 473.9 lbs Cory Getz 10/2021	182.5 kgs / 402.3 lbs Brandon Russell 10/2018	287.5 kgs / 633.8 lbs Trevor Hogans 7/2017
35-39	231.3 kgs / 509.9 lbs D. Teeter 2006	170.0 kgs / 374.7 lbs J. Brown 2000	285.7 kgs / 629.8 lbs Joseph Braca 2002
40-44	226.7 kgs / 499.7 lbs Joseph Braca 2004	149.6 kgs / 329.8 lbs Joseph Braca 2004	290.8 kgs / 641.0 lbs Joseph Braca 2006
45-49	222.5 kgs / 490.5 lbs Joseph Braca 2010	147.4 kgs / 324.9 lbs Brian Ennis 2009	286.2 kgs / 630.9 lbs Joseph Braca 2010
50-54	222.5 kgs / 490.5 lbs Joseph Braca 10/2014	152.2 kgs / 335.5 lbs L. Stires 2006	295.0 kgs / 650.3 lbs Joseph Braca 11/2013
55-59	180.0 kgs / 396.8 lbs Patrick Huntley 4/2022	145.0 kgs / 319.6 lbs Brian Ennis 10/2017	238.5 kgs / 525.7 lbs Joe Oregia 2002
60-64	172.5 kgs / 380.2 lbs Pat Huntley 4/2026	125.0 kgs / 275.5 lbs Brian Ennis 6/2022	237.2 kgs / 522.9 lbs Joe Oregia 2007
65-69	150.0 kgs / 330.6 lbs Joe Oregia 2011	105.0 kgs / 231.4 lbs Joe Oregia 2012	210.0 kgs / 462.9 lbs Joe Oregia 2012
70-74	135.0 kgs / 297.6 lbs Joe Oregia 10/2016	97.5 kgs / 214.9 lbs Joe Oregia 10/2016	190.5 kgs / 419.9 lbs Joe Oregia 6/2016
75-79	100.0 kgs / 220.4 lbs Joe Oregia 4/2023	80.0 kgs / 176.3 lbs Terry Nicotra 12/2020	160.0 kgs / 352.7 lbs Joe Oregia 4/2023
Police/Fire/Mil	70.0 kgs / 154.3 lbs Joe Oregia 11/2023	75.0 kgs / 165.3 lbs Joe Oregia 11/2023	142.5 kgs / 314.1 lbs Joe Oregia 11/2023
Spec. Oly.	146.0 kgs / 321.8 lbs Jerome Johnson 6/2025	77.5 kgs / 170.8 lbs Jerome Johnson 6/2025	200.0 kgs / 440.9 lbs Jerome Johnson 10/2024

Weight Class: 90 / 198 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	276.6 kgs / 609.7 lbs Mike Mastrean 2002	192.7 kgs / 424.8 lbs Mike Mastrean 1999	300.0 kgs / 661.3 lbs Ben Royer 6/2014
14-15	190.5 kgs / 419.9 lbs T. Moon 2007	115.0 kgs / 253.5 lbs Nick Cataldi 3/2014	230.0 kgs / 507.0 lbs T. Moon 2007
16-17	220.0 kgs / 485.0 lbs Max Badstibner 3/2015	142.5 kgs / 314.1 lbs Max Badstibner 3/2015	265.3 kgs / 584.8 lbs M. Henry 2004

682.5 kgs / 1504.6 lbs Gleb Epelbaum 2009
397.5 kgs / 876.3 lbs Maximilian Wingenbach 4/2022
503.5 kgs / 1110.0 lbs M. Henry 2003
598.7 kgs / 1319.8 lbs Jared Minns 2008
598.7 kgs / 1319.8 lbs Jared Minns 2008
673.5 kgs / 1484.7 lbs Matt Catalino 2002
662.5 kgs / 1460.5 lbs Zachary Krise 5/2024
647.5 kgs / 1427.4 lbs Brandon Russell 10/2018
660.0 kgs / 1455.0 lbs Ben Royer 11/2012
664.5 kgs / 1464.9 lbs Joseph Braca 2004
635.0 kgs / 1399.9 lbs Joseph Braca 2010
653.0 kgs / 1439.6 lbs Joseph Braca 11/2013
535.5 kgs / 1180.5 lbs Brian Ennis 10/2017
512.5 kgs / 1129.8 lbs Joe Oregia 2006
455.0 kgs / 1003.0 lbs Joe Oregia 2012
418.0 kgs / 921.5 lbs Joe Oregia 6/2016
330.0 kgs / 727.5 lbs Joe Oregia 4/2023
287.5 kgs / 633.8 lbs Joe Oregia 11/2023
415.0 kgs / 914.9 lbs Jerome Johnson 10/2024

Total
755.2 kgs / 1664.9 lbs Mike Mastrean 2002
527.5 kgs / 1162.9 lbs Alex Fielder 2013
612.5 kgs / 1350.3 lbs Robbie Karstendiek 2012

18-19	238.1 kgs / 524.9 lbs E. Cridge 2001	181.4 kgs / 399.9 lbs E. Cridge 2001	267.6 kgs / 589.9 lbs A. Brown 2001
20-24	260.8 kgs / 574.9 lbs J. McCode 2001	176.9 kgs / 389.9 lbs J. McCode 2001	290.3 kgs / 639.9 lbs J. McCode 2001
25-29	240.0 kgs / 529.1 lbs Matt Hartman 10/2016	172.5 kgs / 380.2 lbs Brandon Russell 3/2016	292.5 kgs / 644.8 lbs James Lewis 10/2025
30-34	250.0 kgs / 551.1 lbs Quinto Hood 5/2026	192.5 kgs / 424.3 lbs Brandon Russell 10/2017	292.5 kgs / 644.8 lbs Matt Hartman 5/2017
35-39	272.5 kgs / 600.7 lbs Ben Royer 6/2014	185.9 kgs / 409.8 lbs Nick Vlasic 1997	300.0 kgs / 661.3 lbs Ben Royer 6/2014
40-44	274.4 kgs / 604.9 lbs R. Jordan 2001	170.3 kgs / 375.4 lbs D. Moore 2003	299.3 kgs / 659.8 lbs R. Jordan 2001
45-49	244.9 kgs / 539.9 lbs J.B. Boyd 2004	156.4 kgs / 344.7 lbs Stuart Hough 2008	294.8 kgs / 649.9 lbs J.B. Boyd 2000
50-54	226.7 kgs / 499.7 lbs Bugs Bayer 2000	158.7 kgs / 349.8 lbs Robert Ludwig 2009	254.0 kgs / 559.9 lbs Bugs Bayer 2009
55-59	238.1 kgs / 524.9 lbs Bugs Bayer 2002	154.2 kgs / 339.9 lbs L. Stires 2008	290.0 kgs / 639.3 lbs Joseph Braca 12/2018
60-64	230.0 kgs / 507.0 lbs Bugs Bayer 2010	150.0 kgs / 330.6 lbs Robert Ludwig 6/2021	252.5 kgs / 556.6 lbs Gerald Woods 2009
65-69	227.5 kgs / 501.5 lbs Bugs Bayer 2012	120.0 kgs / 264.5 lbs Don Kuhns 12/2017	252.5 kgs / 556.6 lbs Phillip Rosenstern 4/2019
70-74	203.5 kgs / 448.6 lbs Bugs Bayer 10/2016	125.0 kgs / 275.5 lbs Jim McKenna 10/2018	228.0 kgs / 502.6 lbs Bugs Bayer 10/2016
75-79	102.5 kgs / 225.9 lbs Bugs Bayer 11/2024	52.5 kgs / 115.7 lbs Bugs Bayer 11/2024	60.0 kgs / 132.2 lbs Bugs Bayer 11/2024
80-84	115.5 kgs / 254.6 lbs Bugs Bayer 4/2026	70.0 kgs / 154.3 lbs Bugs Bayer 4/2026	147.5 kgs / 325.1 lbs Bugs Bayer 4/2026
Police/Fire/Mil	200.0 kgs / 440.9 lbs Alec Nolan 10/2025	147.5 kgs / 325.1 lbs Ryan Dagnall 9/2015	250.0 kgs / 551.1 lbs Ryan Dagnall 9/2015
Spec. Oly.	92.5 kgs / 203.9 lbs Nicholas Sciuлло 12/2018	70.0 kgs / 154.3 lbs Craig Maurer 6/2015	115.0 kgs / 253.5 lbs Nicholas Sciuлло 12/2018

Weight Class: 100 / 220 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	270.0 kgs / 595.2 lbs Cody Light 4/2017	208.6 kgs / 459.8 lbs Nick Vlasic 2002	342.5 kgs / 755.0 lbs Roman Denisyuk 10/2024
12-13	99.7 kgs / 219.7 lbs N McClaine 1999	124.7 kgs / 274.9 lbs Nate Carlin 2008	163.2 kgs / 359.7 lbs Nate Carlin 2008
14-15	192.7 kgs / 424.8 lbs M. Magyar 1999	122.4 kgs / 269.8 lbs S Morse 2002	226.7 kgs / 499.7 lbs M. Magyar 1999
16-17	231.0 kgs / 509.2 lbs Nick Cataldi 11/2014	145.1 kgs / 319.8 lbs S McClaine 1999	265.3 kgs / 584.8 lbs M. Magyar 2000
18-19	245.0 kgs / 540.1 lbs J. Mayes 2010	175.0 kgs / 385.8 lbs Cody Light 4/2014	285.0 kgs / 628.3 lbs James Lewis 5/2026
20-24	270.0 kgs / 595.2 lbs Cody Light 4/2017	182.5 kgs / 402.3 lbs Thomas Foos 10/2024	300.0 kgs / 661.3 lbs Thomas Foos 4/2025
25-29	265.0 kgs / 584.2 lbs Thomas Foos 10/2025	180.0 kgs / 396.8 lbs Thomas Foos 10/2025	302.5 kgs / 666.8 lbs Thomas Foos 10/2025

680.3 kgs / 1499.7 lbs E. Cridge 2001
728.0 kgs / 1604.9 lbs J. McCode 2001
680.0 kgs / 1499.1 lbs Matt Hartman 10/2016
687.5 kgs / 1515.6 lbs Matt Hartman 5/2017
750.0 kgs / 1653.4 lbs Ben Royer 6/2014
737.0 kgs / 1624.7 lbs R. Jordan 2001
682.6 kgs / 1504.8 lbs J.B. Boyd 2000
607.8 kgs / 1339.9 lbs Robert Ludwig 2009
642.5 kgs / 1416.4 lbs Joseph Braca 12/2018
590.0 kgs / 1300.7 lbs Robert Ludwig 6/2021
570.0 kgs / 1256.6 lbs Bugs Bayer 2011
520.0 kgs / 1146.3 lbs Bugs Bayer 10/2015
215.0 kgs / 473.9 lbs Bugs Bayer 11/2024
333.0 kgs / 734.1 lbs Bugs Bayer 4/2026
595.0 kgs / 1311.7 lbs Ryan Dagnall 9/2015
262.5 kgs / 578.7 lbs Nicholas Sciullo 12/2018

Total
747.5 kgs / 1647.9 lbs Thomas Foos 10/2025
385.5 kgs / 849.8 lbs Nate Carlin 2008
532.9 kgs / 1174.8 lbs M. Magyar 1999
616.8 kgs / 1359.7 lbs M. Magyar 2000
662.5 kgs / 1460.5 lbs James Lewis 5/2026
740.0 kgs / 1631.4 lbs Thomas Foos 10/2024
747.5 kgs / 1647.9 lbs Thomas Foos 10/2025

30-34	230.0 kgs / 507.0 lbs Roman Denisyuk 10/2024	172.5 kgs / 380.2 lbs Michael Pegg 4/2023	342.5 kgs / 755.0 lbs Roman Denisyuk 10/2024
35-39	247.2 kgs / 544.9 lbs W Kliefoth 1999	199.5 kgs / 439.8 lbs Nick Vlasic 2001	301.6 kgs / 664.9 lbs Marshall Evans 2001
40-44	260.8 kgs / 574.9 lbs K. Byerly 2002	208.6 kgs / 459.8 lbs Nick Vlasic 2002	263.0 kgs / 579.8 lbs W Ruiz 2000
45-49	232.2 kgs / 511.9 lbs J Kane 1999	167.5 kgs / 369.2 lbs John Emling 2012	277.1 kgs / 610.8 lbs J Kane 1999
50-54	217.5 kgs / 479.5 lbs Gary Distasio 7/2017	170.0 kgs / 374.7 lbs Dave Lhota	260.0 kgs / 573.1 lbs Gary Distasio 7/2017
55-59	251.7 kgs / 554.8 lbs Bugs Bayer 4/2005	160.5 kgs / 353.8 lbs Robert Ludwig 6/2016	277.5 kgs / 611.7 lbs Phillip Rosenstern 11/2013
60-64	243.0 kgs / 535.7 lbs Bugs Bayer 2005	150.0 kgs / 330.6 lbs Glenn Smith 6/2023	260.8 kgs / 574.9 lbs Bugs Bayer 2005
65-69	197.5 kgs / 435.4 lbs Dave Lhota 4/2019	132.5 kgs / 292.1 lbs Jim McKenna 6/2018	267.5 kgs / 589.7 lbs Phillip Rosenstern 4/2022
70-74	187.5 kgs / 413.3 lbs Don Kuhns 4/2022	122.5 kgs / 270.0 lbs Don Kuhns 4/2022	212.5 kgs / 468.4 lbs Don Kuhns 4/2022
75-79	177.5 kgs / 391.3 lbs Bugs Bayer 6/2021	80.0 kgs / 176.3 lbs Bugs Bayer 6/2021	195.0 kgs / 429.8 lbs Bugs Bayer 6/2021
80-84	67.5 kgs / 148.8 lbs Bugs Bayer 11/2025	70.0 kgs / 154.3 lbs Bugs Bayer 11/2025	150.0 kgs / 330.6 lbs Bugs Bayer 11/2025
Police/Fire/Mil	230.0 kgs / 507.0 lbs Roman Denisyuk 10/2024	130.0 kgs / 286.5 lbs Roman Denisyuk 10/2024	342.5 kgs / 755.0 lbs Roman Denisyuk 10/2024

Weight Class: 110 / 242 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	280.0 kgs / 617.2 lbs Landon Lohr 5/2026	220.3 kgs / 485.6 lbs Nick Vlasic 2003	324.8 kgs / 716.0 lbs R. Davis 2000
12-13	122.4 kgs / 269.8 lbs Jack Lee 2001	79.3 kgs / 174.8 lbs Jack Lee 2001	149.6 kgs / 329.8 lbs Jack Lee 2001
14-15	172.5 kgs / 380.2 lbs T Yarrington 2007	136.6 kgs / 301.1 lbs E. Arriaga 2001	209.6 kgs / 462.0 lbs T Yarrington 2007
16-17	275.0 kgs / 606.2 lbs Nick Cataldi 6/2016	161.0 kgs / 354.9 lbs L. Harman 2006	274.4 kgs / 604.9 lbs M. Magyar 2001
18-19	267.5 kgs / 589.7 lbs Nick Cataldi 10/2016	157.5 kgs / 347.2 lbs Nick Cataldi 10/2016	283.4 kgs / 624.7 lbs M. Magyar 2002
20-24	257.5 kgs / 567.6 lbs Kyle Light 4/2017	192.5 kgs / 424.3 lbs Kyle Light 4/2017	287.5 kgs / 633.8 lbs Kyle Light 4/2017
25-29	262.5 kgs / 578.7 lbs Thomas Foos 5/2026	200.0 kgs / 440.9 lbs Travis Litz 4/2014	300.0 kgs / 661.3 lbs Thomas Foos 5/2026
30-34	280.0 kgs / 617.2 lbs Landon Lohr 5/2026	187.5 kgs / 413.3 lbs Travis Litz 3/2018	282.5 kgs / 622.7 lbs Landon Lohr 5/2026
35-39	264.9 kgs / 583.9 lbs Dennis Henderson 1998	210.0 kgs / 462.9 lbs John Franks 10/2011	324.8 kgs / 716.0 lbs R. Davis 2000
40-44	276.6 kgs / 609.7 lbs A McFerren 2001	220.3 kgs / 485.6 lbs Nick Vlasic 2003	308.4 kgs / 679.8 lbs R. Davis 2001

702.5 kgs / 1548.7 lbs Roman Denisyuk 10/2024
696.2 kgs / 1534.8 lbs Nick Vlasic 2001
721.2 kgs / 1589.9 lbs Nick Vlasic 2002
670.0 kgs / 1477.0 lbs J Kane 1999
622.5 kgs / 1372.3 lbs John Emling 4/2017
642.5 kgs / 1416.4 lbs Robert Ludwig 12/2017
603.2 kgs / 1329.8 lbs Bugs Bayer 2005
560.0 kgs / 1234.5 lbs Phillip Rosenstein 4/2022
522.5 kgs / 1151.9 lbs Don Kuhns 4/2022
452.5 kgs / 997.5 lbs Bugs Bayer 6/2021
287.5 kgs / 633.8 lbs Bugs Bayer 11/2025
702.5 kgs / 1548.7 lbs Roman Denisyuk 10/2024

Total
752.1 kgs / 1658.0 lbs Dennis Henderson 1998
351.5 kgs / 774.9 lbs Jack Lee 2001
487.2 kgs / 1074.0 lbs T Yarrington 2007
705.0 kgs / 1554.2 lbs Nick Cataldi 6/2016
690.0 kgs / 1521.1 lbs Nick Cataldi 10/2016
737.5 kgs / 1625.8 lbs Kyle Light 4/2017
745.0 kgs / 1642.4 lbs Thomas Foos 5/2026
727.5 kgs / 1603.8 lbs Landon Lohr 5/2026
752.1 kgs / 1658.0 lbs Dennis Henderson 1998
721.2 kgs / 1589.9 lbs Nick Vlasic 2003

45-49	255.0 kgs / 562.1 lbs Ray Ebner 2011	195.0 kgs / 429.8 lbs Dave Reeder 2005	280.0 kgs / 617.2 lbs Brian Faenza 12/2017
50-54	227.5 kgs / 501.5 lbs Rick Jenks 2011	167.5 kgs / 369.2 lbs Jack Butler 4/2025	260.0 kgs / 573.1 lbs Rick Jenks 2011
55-59	231.3 kgs / 509.9 lbs Rick Jenks 2011	152.5 kgs / 336.2 lbs Don Hickey 4/2024	265.0 kgs / 584.2 lbs Rick Jenks 4/2014
60-64	220.0 kgs / 485.0 lbs Rick Jenks 10/2016	157.5 kgs / 347.2 lbs Robert Ludwig 12/2019	250.0 kgs / 551.1 lbs Rick Jenks 10/2016
65-69	192.5 kgs / 424.3 lbs Rory McCoy 10/2021	137.5 kgs / 303.1 lbs Rory McCoy 6/2021	245.0 kgs / 540.1 lbs Rory McCoy 10/2021
70-74	92.1 kgs / 203.0 lbs Allan Siegel 2010	68.0 kgs / 149.9 lbs Allan Siegel 2010	142.4 kgs / 313.9 lbs Allan Siegel 2010
Police/Fire/Mil	237.5 kgs / 523.5 lbs Troy Honard 5/2026	177.5 kgs / 391.3 lbs Troy Honard 5/2026	272.5 kgs / 600.7 lbs Troy Honard 5/2026

Weight Class: 125 / 275 Male / Powerlifting			
Division	Squat	Bench Press	Deadlift
Open	385.5 kgs / 849.8 lbs Greg Lowe 2001	229.0 kgs / 504.8 lbs Bart Shuman 2003	362.8 kgs / 799.8 lbs Greg Lowe 2001
12-13	116.3 kgs / 256.3 lbs Jack Lee 2001	73.2 kgs / 161.3 lbs Jack Lee 2001	136.9 kgs / 301.8 lbs Jack Lee 2001
14-15	245.0 kgs / 540.1 lbs Zachary Strouse 3/2013	174.9 kgs / 385.5 lbs Daniel Anderson 4/2005	282.5 kgs / 622.7 lbs Zachary Strouse 3/2013
16-17	261.0 kgs / 575.4 lbs John Jefferson 6/2014	205.0 kgs / 451.9 lbs John Jefferson 6/2014	290.0 kgs / 639.3 lbs Zachary Strouse 2013
18-19	265.0 kgs / 584.2 lbs Isaac Whistler 12/2018	197.5 kgs / 435.4 lbs Isaac Whistler 12/2018	285.0 kgs / 628.3 lbs Isaac Whistler 12/2018
20-24	285.0 kgs / 628.3 lbs Kyle Schuster 10/2016	204.6 kgs / 451.0 lbs Nick Seiner 2010	277.5 kgs / 611.7 lbs Kyle Schuster 10/2016
25-29	272.5 kgs / 600.7 lbs Travis Litz 3/2015	205.0 kgs / 451.9 lbs Travis Litz 3/2015	297.5 kgs / 655.8 lbs Brendan Priore 5/2026
30-34	227.5 kgs / 501.5 lbs Douglas Hutchinson 10/2015	175.0 kgs / 385.8 lbs Dan Bross 4/2017	272.5 kgs / 600.7 lbs Dan Bross 3/2016
35-39	265.3 kgs / 584.8 lbs D Raybuck 2006	212.3 kgs / 468.0 lbs Bart Shuman 2001	285.7 kgs / 629.8 lbs D Raybuck 2006
40-44	285.7 kgs / 629.8 lbs Bart Shuman 2003	229.0 kgs / 504.8 lbs Bart Shuman 2003	295.0 kgs / 650.3 lbs Brian Germanoski 4/2017
45-49	385.5 kgs / 849.8 lbs Greg Lowe 2001	217.7 kgs / 479.9 lbs Greg Lowe 2001	362.8 kgs / 799.8 lbs Greg Lowe 2001
50-54	247.5 kgs / 545.6 lbs Jeff Lawson 10/2018	172.5 kgs / 380.2 lbs William Ogden 2012	278.0 kgs / 612.8 lbs Jeff Lawson 3/2018
55-59	250.0 kgs / 551.1 lbs Jeff Lawson 4/2021	167.5 kgs / 369.2 lbs William Ogden 10/2016	275.0 kgs / 606.2 lbs Jeff Lawson 4/2021
60-64	232.5 kgs / 512.5 lbs Jeff Lawson 4/2025	127.5 kgs / 281.0 lbs Jeff Lawson 6/2024	273.0 kgs / 601.8 lbs Jeff Lawson 4/2025
65-69	160.0 kgs / 352.7 lbs Mark Bowen 12/2022	104.3 kgs / 229.9 lbs Allan Siegel 2004	190.0 kgs / 418.8 lbs Mark Bowen 12/2022
Police/Fire/Mil	220.0 kgs / 485.0 lbs Jim Mingle 8/2025	140.0 kgs / 308.6 lbs Jim Mingle 8/2025	230.0 kgs / 507.0 lbs Jim Mingle 8/2025

692.2 kgs / 1526.0 lbs Ray Ebner 2010
622.5 kgs / 1372.3 lbs Rick Jenks 2011
622.5 kgs / 1372.3 lbs Rick Jenks 4/2014
602.5 kgs / 1328.2 lbs Robert Ludwig 12/2019
572.5 kgs / 1262.1 lbs Rory McCoy 10/2021
299.8 kgs / 660.9 lbs Allan Siegel 2010
687.5 kgs / 1515.6 lbs Troy Honard 5/2026

Total
966.1 kgs / 2129.8 lbs Greg Lowe 2001
324.3 kgs / 714.9 lbs Jack Lee 2001
652.5 kgs / 1438.5 lbs Zachary Strouse 3/2013
711.0 kgs / 1567.4 lbs John Jefferson 6/2014
745.0 kgs / 1642.4 lbs Isaac Whistler 12/2018
747.5 kgs / 1647.9 lbs Kyle Schuster 10/2016
747.5 kgs / 1647.9 lbs Travis Litz 3/2015
640.0 kgs / 1410.9 lbs Douglas Hutchinson 3/2016
754.8 kgs / 1664.0 lbs D Raybuck 2006
800.5 kgs / 1764.7 lbs Bart Shuman 2003
966.1 kgs / 2129.8 lbs Greg Lowe 2001
675.0 kgs / 1488.1 lbs Ray Ebner 10/2014
655.0 kgs / 1444.0 lbs Jeff Lawson 4/2021
630.0 kgs / 1388.8 lbs Jeff Lawson 6/2024
440.0 kgs / 970.0 lbs Mark Bowen 12/2022
590.0 kgs / 1300.7 lbs Jim Mingle 8/2025

Spec. Oly.	172.5 kgs / 380.2 lbs Christian Giancola 6/2026	110.0 kgs / 242.5 lbs Christian Giancola 6/2026	207.5 kgs / 457.4 lbs Christian Giancola 6/2026
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Weight Class: 140 / 308 Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	320.0 kgs / 705.4 lbs Troy Dugan 10/2017	210.0 kgs / 462.9 lbs Jeremy Burroughs 3/2018	320.0 kgs / 705.4 lbs Troy Dugan 10/2017
14-15	157.5 kgs / 347.2 lbs Brian Louder Jr 2012	85.0 kgs / 187.3 lbs Brian Louder Jr 2012	190.0 kgs / 418.8 lbs Stevie Berger 5/2026
16-17	190.0 kgs / 418.8 lbs Tyler Berish 2013	130.0 kgs / 286.5 lbs Tyler Berish 2013	227.5 kgs / 501.5 lbs Cory Brague 6/2015
18-19	252.5 kgs / 556.6 lbs Mario Fontanazza 6/2021	185.0 kgs / 407.8 lbs Mario Fontanazza 6/2021	290.0 kgs / 639.3 lbs Mario Fontanazza 6/2021
20-24	265.0 kgs / 584.2 lbs Mario Fontanazza 6/2022	190.0 kgs / 418.8 lbs Mario Fontanazza 6/2022	285.0 kgs / 628.3 lbs Mario Fontanazza 6/2022
25-29	320.0 kgs / 705.4 lbs Troy Dugan 10/2017	210.0 kgs / 462.9 lbs Jeremy Burroughs 3/2018	320.0 kgs / 705.4 lbs Troy Dugan 10/2017
30-34	250.0 kgs / 551.1 lbs John Leonard 4/2014	200.0 kgs / 440.9 lbs John Leonard 4/2014	290.0 kgs / 639.3 lbs Sean Houston 12/2017
35-39	137.5 kgs / 303.1 lbs H Brestensky 2012	204.1 kgs / 449.9 lbs Rob Mostoller 2009	220.0 kgs / 485.0 lbs H Brestensky 2012
40-44	272.5 kgs / 600.7 lbs Robert Cavalier 4/2022	195.0 kgs / 429.8 lbs Rob Mostoller 4/2014	287.5 kgs / 633.8 lbs Rob Mostoller 4/2014
45-49	295.0 kgs / 650.3 lbs Doug Mignot 2012	200.5 kgs / 442.0 lbs Doug Mignot 2011	282.5 kgs / 622.7 lbs Jeff Lawson 2012
50-54	235.0 kgs / 518.0 lbs Jeff Lawson 11/2014	155.0 kgs / 341.7 lbs Rob Mostoller 5/2026	275.5 kgs / 607.3 lbs Jeff Lawson 11/2014
55-59	232.5 kgs / 512.5 lbs Ed Henderson 12/2023	150.0 kgs / 330.6 lbs Ed Henderson 12/2023	249.4 kgs / 549.8 lbs Ron Jeffrey 2007
60-64	222.5 kgs / 490.5 lbs Ron Jeffrey 2012	137.5 kgs / 303.1 lbs Ed Henderson 5/2026	262.5 kgs / 578.7 lbs Ron Jeffrey 2010
65-69	190.0 kgs / 418.8 lbs Ron Jeffrey 3/2015	120.0 kgs / 264.5 lbs Ron Jeffrey 3/2015	205.0 kgs / 451.9 lbs Ron Jeffrey 3/2015
Police/Fire/Mil	295.0 kgs / 650.3 lbs Doug Mignot 2012	200.5 kgs / 442.0 lbs Doug Mignot 2011	275.0 kgs / 606.2 lbs Doug Mignot 2011

Unknown Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift
Open	292.5 kgs / 644.8 lbs Doug Mignot 2011	212.5 kgs / 468.4 lbs Paul D'Antonio 10/2017	299.3 kgs / 659.8 lbs W. Skelley 2001
14-15	213.1 kgs / 469.8 lbs M Nelson 1999	142.8 kgs / 314.8 lbs Patrick Dilullo 1999	238.1 kgs / 524.9 lbs M Nelson 1999
16-17	217.7 kgs / 479.9 lbs T. Byerly 2002	158.7 kgs / 349.8 lbs S McHenry 2002	260.0 kgs / 573.1 lbs Cory Brague 11/2015
18-19	205.0 kgs / 451.9 lbs Zechariah Castillo 3/2016	175.0 kgs / 385.8 lbs Zechariah Castillo 3/2016	220.0 kgs / 485.0 lbs Zechariah Castillo 3/2016

487.5 kgs / 1074.7 lbs
Christian Giancola 6/2026

Total

800.0 kgs / 1763.6 lbs
Troy Dugan 10/2017

420.0 kgs / 925.9 lbs
Brian Louder Jr 2012

495.0 kgs / 1091.2 lbs
Tyler Berish 2013

727.5 kgs / 1603.8 lbs
Mario Fontanazza 6/2021

740.0 kgs / 1631.4 lbs
Mario Fontanazza 6/2022

800.0 kgs / 1763.6 lbs
Troy Dugan 10/2017

737.5 kgs / 1625.8 lbs
John Leonard 4/2014

510.0 kgs / 1124.3 lbs
H Brestensky 2012

747.5 kgs / 1647.9 lbs
Rob Mostoller 4/2014

763.0 kgs / 1682.1 lbs
Doug Mignot 2011

648.0 kgs / 1428.5 lbs
Jeff Lawson 11/2014

610.0 kgs / 1344.8 lbs
Ed Henderson 12/2023

612.3 kgs / 1349.8 lbs
Ron Jeffrey 2010

515.0 kgs / 1135.3 lbs
Ron Jeffrey 3/2015

763.0 kgs / 1682.1 lbs
Doug Mignot 2011

Total

773.3 kgs / 1704.8 lbs
Steve Buccilli 2008

591.9 kgs / 1304.9 lbs
M Nelson 1999

571.5 kgs / 1259.9 lbs
S McHenry 2002

600.0 kgs / 1322.7 lbs
Zechariah Castillo 3/2016

20-24	242.6 kgs / 534.8 lbs J Stawswer 2009	197.5 kgs / 435.4 lbs B Chew 2011	272.1 kgs / 599.8 lbs J Stawswer 2009
25-29	272.5 kgs / 600.7 lbs Jarrod Webb 4/2023	185.0 kgs / 407.8 lbs Jarrod Webb 4/2023	285.0 kgs / 628.3 lbs Christopher Desanctis 10/2014
30-34	182.5 kgs / 402.3 lbs Shawn Sackett 12/2019	190.0 kgs / 418.8 lbs Shawn Sackett 12/2019	250.0 kgs / 551.1 lbs Shawn Sackett 12/2019
35-39	288.0 kgs / 634.9 lbs B Banhart 1998	204.1 kgs / 449.9 lbs Rob Mostoller 2009	294.8 kgs / 649.9 lbs Rob Mostoller 2009
40-44	275.0 kgs / 606.2 lbs David Kulbacki 6/2021	197.5 kgs / 435.4 lbs David Kulbacki 12/2019	280.0 kgs / 617.2 lbs David Kulbacki 12/2019
45-49	292.5 kgs / 644.8 lbs Doug Mignot 2011	212.5 kgs / 468.4 lbs Paul D'Antonio 10/2017	285.0 kgs / 628.3 lbs Paul D'Antonio 4/2017
50-54	215.0 kgs / 473.9 lbs Jackson Lee 2011	157.5 kgs / 347.2 lbs Jackson Lee 2011	250.0 kgs / 551.1 lbs Jackson Lee 2011
60-64	219.9 kgs / 484.7 lbs Ron Jeffrey 2011	127.0 kgs / 279.9 lbs Ron Jeffrey 2011	263.0 kgs / 579.8 lbs Ron Jeffrey 2011
Police/Fire/Mil	265.0 kgs / 584.2 lbs Paul D'Antonio 10/2017	212.5 kgs / 468.4 lbs Paul D'Antonio 10/2017	282.5 kgs / 622.7 lbs Paul D'Antonio 10/2016

700.0 kgs / 1543.2 lbs B Chew 2011
730.0 kgs / 1609.3 lbs Jarrod Webb 4/2023
622.5 kgs / 1372.3 lbs Shawn Sackett 12/2019
773.3 kgs / 1704.8 lbs Steve Buccilli 2008
732.5 kgs / 1614.8 lbs David Kulbacki 12/2019
762.5 kgs / 1681.0 lbs Doug Mignot 2011
622.5 kgs / 1372.3 lbs Jackson Lee 2011
610.0 kgs / 1344.8 lbs Ron Jeffrey 2011
752.5 kgs / 1658.9 lbs Paul D'Antonio 10/2016