



GEORGIA STATE POWERLIFTING RECORDS

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8/28/2026

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	75.0 kgs / 165.3 lbs Sohee Walsh 5/2015	47.5 kgs / 104.7 lbs Sohee Walsh 5/2015	102.5 kgs / 225.9 lbs Sohee Walsh 5/2015	225.0 kgs / 496.0 lbs Sohee Walsh 5/2015

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	136.0 kgs / 299.8 lbs Alexandra Tavalez 6/2023	70.3 kgs / 154.9 lbs Alexandra Tavalez 6/2023	188.2 kgs / 414.9 lbs Alexandra Tavalez 6/2023	394.5 kgs / 869.7 lbs Alexandra Tavalez 6/2023
25-29	136.0 kgs / 299.8 lbs Alexandra Tavalez 6/2023	70.3 kgs / 154.9 lbs Alexandra Tavalez 6/2023	188.2 kgs / 414.9 lbs Alexandra Tavalez 6/2023	394.5 kgs / 869.7 lbs Alexandra Tavalez 6/2023

Weight Class: 44 / 97 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	80.0 kgs / 176.3 lbs Zach Seymour	57.5 kgs / 126.7 lbs Zach Seymour	124.7 kgs / 274.9 lbs Zach Seymour	262.5 kgs / 578.7 lbs Zach Seymour
10-11	80.0 kgs / 176.3 lbs Zach Seymour	57.5 kgs / 126.7 lbs Zach Seymour	124.7 kgs / 274.9 lbs Zach Seymour	262.5 kgs / 578.7 lbs Zach Seymour

Weight Class: 48 / 105 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	74.8 kgs / 164.9 lbs Alex Seymour	57.5 kgs / 126.7 lbs Zach Seymour 2012	125.0 kgs / 275.5 lbs Zach Seymour 2012	262.5 kgs / 578.7 lbs Zach Seymour 2012
10-11		57.5 kgs / 126.7 lbs Zach Seymour 2012	125.0 kgs / 275.5 lbs Zach Seymour 2012	262.5 kgs / 578.7 lbs Zach Seymour 2012
12-13	74.8 kgs / 164.9 lbs Alex Seymour	55.0 kgs / 121.2 lbs Alex Seymour 8/2012	92.1 kgs / 203.0 lbs Alex Seymour	222.5 kgs / 490.5 lbs Alex Seymour

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	152.0 kgs / 335.0 lbs N Sampras	158.8 kgs / 350.0 lbs N Sampras	190.5 kgs / 419.9 lbs N Sampras	501.2 kgs / 1104.9 lbs N Sampras
14-15	138.3 kgs / 304.8 lbs Jackson Govatos	115.7 kgs / 255.0 lbs Jackson Govatos	181.4 kgs / 399.9 lbs Jackson Govatos	428.6 kgs / 944.8 lbs Jackson Govatos

Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	179.2 kgs / 395.0 lbs W.C. Waldren	131.5 kgs / 289.9 lbs W.C. Waldren	217.7 kgs / 479.9 lbs W.C. Waldren	528.4 kgs / 1164.9 lbs W.C. Waldren

Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	219.9 kgs / 484.7 lbs Manny Maldonado 6/2023	127.0 kgs / 279.9 lbs Manny Maldonado 6/2023	281.2 kgs / 619.9 lbs Manny Maldonado 6/2023	628.1 kgs / 1384.7 lbs Manny Maldonado 6/2023
20-24	219.9 kgs / 484.7 lbs Manny Maldonado 6/2023	127.0 kgs / 279.9 lbs Manny Maldonado 6/2023	281.2 kgs / 619.9 lbs Manny Maldonado 6/2023	628.1 kgs / 1384.7 lbs Manny Maldonado 6/2023

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	254.0 kgs / 559.9 lbs C Goddard	158.8 kgs / 350.0 lbs Matthew Warren	254.0 kgs / 559.9 lbs C Goddard	664.5 kgs / 1464.9 lbs C Goddard

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	231.3 kgs / 509.9 lbs Cameron Brewer 6/2023	145.1 kgs / 319.8 lbs Cameron Brewer 6/2023	265.3 kgs / 584.8 lbs Cameron Brewer 6/2023	641.7 kgs / 1414.6 lbs Cameron Brewer 6/2023
20-24	231.3 kgs / 509.9 lbs Cameron Brewer 6/2023	145.1 kgs / 319.8 lbs Cameron Brewer 6/2023	265.3 kgs / 584.8 lbs Cameron Brewer 6/2023	641.7 kgs / 1414.6 lbs Cameron Brewer 6/2023
55-59	75.0 kgs / 165.3 lbs Jeffrey House 9/2015	132.5 kgs / 292.1 lbs Jeffrey House 6/2014	137.5 kgs / 303.1 lbs Jeffrey House 4/2015	332.5 kgs / 733.0 lbs Jeffrey House 9/2015