

2026
TONY CONYERS EXTRAVAGANZA



CROSSFIT JAGUAR / STRONG LIFE
TAMPA BAY
TAMPA, FLORIDA, USA

SATURDAY, OCTOBER 17
SANCTIONED BY 100% RAW

SPONSORED BY:
CROSSFIT JAGUAR /
STRONG LIFE TAMPA BAY

MEET DIRECTOR:

Baskal Korkis * (727) 709-3679 * baskalk@gmail.com

VENUE:

Crossfit Jaguar * 9509 N. Trask Street * Tampa, FL 33624

ORDER OF LIFTING:

Order of Lifting will be determined by the entries received

SCHEDULE OF EVENTS:

Friday, October 16

Early Weigh-Ins, Equipment Check, & Registration

5:00 pm to 7:00 pm @ Crossfit Jaguar / Strong Life Tampa Bay

Saturday, October 17

Contest Weigh-In, Equipment Check, & Registration

8:00 am to 9:00 am @ Crossfit Jaguar / Strong Life Tampa Bay

Rules Clinic * 9:00 am to 9:15 am

Warm-Ups, Flight A * 9:15 am to 10:00 am

Lifting Starts * 10:00 am

RULES:

Rules will be discussed at the Rules Clinic

Rules can be viewed at www.rawpowerlifting.com.

100% RAW MEMBERSHIP:

ALL LIFTERS must present a current 100% RAW Membership Card

100% RAW cards must be purchased PRIOR to lifting at:

www.rawpowerlifting.com

AGE GROUPS:

Youth: 5-U, 6-7, 8-9, 10-11, 12-13 * Teenage: 14-15, 16-17, 18-19

Junior: 20-24 * Open: ALL AGES * Submaster: 35-39 * Master: 40-44, 45-49 ...

WEIGHT CLASSES:

Women:

66, 77, 88 (Youth Only) * 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Men:

**66, 77, 88, 97 (Youth Only) * 114, 123, 132, 148, 165, 181, 198, 220, 242, 275,
308, 308+**

RAW ONLY ATTIRE:

Teenage lifters, ages 14 and above, must wear a one-piece singlet, and may utilize a 4" leather belt, neoprene knee sleeves, and wrist wraps

Youth lifters, ages 13 and below, may wear gym shorts with t-shirt tucked in

TEAM CATEGORIES:

MEN: YOUTH, TEENAGE, OPEN, & MEN'S MASTERS

WOMEN: YOUTH, TEENAGE, OPEN, & MASTERS

MIXED: YOUTH, TEENAGE, OPEN, MASTERS

Teams consist of up to 10 lifters with no more than 02 lifters S

Teams consist of up to 10 lifters

Teams consist of up to 10 lifters with no more than 02 lifters in a single weight class (mixed teams are 5 men and 5 women)

PRIZE MONEY:

\$100 to pound for pound best Kids lifter (16 and under)

\$100 to pound for pound best Female lifter

\$100 to pound for pound best Male lifter

ENTRY DEADLINE & CONTEST LETTER:

Completed entry forms and fees must be received (not postmarked) no later than Saturday, September 19

Contest Letter with finalized Order of Lifting and Schedule of Events will be emailed to all registered lifters the week of September 21

ENTRY FORMS & FEES:

PLEASE scan completed entry to:

baskalk@gmail.com

&

PLEASE send your entry fee via Zelle to Baskal at: 727-709-3679

PLEASE CALL BASKAL (727) 709-3679 PRIOR TO SENDING FEES VIA ZELLE!

Individual Entry Fees:

Lift Only	\$95.00
Lift & Contest Shirt	\$140.00
Lift & Award	\$140.00
Lift, Contest Shirt, & Award	\$185.00

Team Entry

Team Entry Fee (includes award)	\$95.00
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ENTRY FORM
2026 TONY CONYERS EXTRAVAGANZA

Name: _____

Address: _____

City, State, Zip: _____

Team / Gym _____

E-Mail _____

Age _____ **Wt Class** _____ **Phone** _____

CIRCLE ONE:

Gender: **Male** **Female**

Division: **Full Power** **BP/DL** **BP Only** **DL Only**

ENTRY FEE

Choose One:

Just Lift	Lift only	\$95.00
Just a Shirt	Lift & Shirt	\$140.00
Just an Award	Lift & Award	\$140.00
I Want it All	Lift, Shirt, & Award	\$185.00

PLEASE scan completed entry to: baskalk@gmail.com

PLEASE send your entry fee via Zelle to Baskal at: 727-709-3679

PLEASE CALL BASKAL (727) 709-3679 PRIOR TO SENDING FEES VIA ZELLE!

Individual Entry Fees:

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**RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT
AGREEMENT**

In consideration of being permitted to participate in a powerlifting "activity," I, my personal representatives, assigned heirs, and next of kin: **ACKNOWLEDGES**, agree, and represent that I understand the nature of the activity and that I am qualified, in good health and in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. I **FULLY UNDERSTAND** that (a) **ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks")**; (b) these Risks and dangers may be caused by my own actions or in actions of others participating in the activity, the condition in which the activity takes place, or **THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW**; (c) there may be **OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES** either not known to me or not readily foreseeable at this time. I **FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation or that of the minor in the activity. I **HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE 100% RAW Powerlifting Federation, Crossfit Jaguar, Strong Life Tampa Bay, Space Coast Powerlifting, Strong Life 610 Ministry, Paul Bossi, Bill Beekley, Tony Conyers, Tim Burns, Baskal Korkis, and any and all contest staff members, related affiliated and subsidiary companies of each, as well as the officers, directors, agents, employees, and assigns of each, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, and any other party indemnified and held harmless (each considered one of the "RELEASE" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, NEGLIGENT SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE** that if, despite this **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT** I, or anyone on my behalf, makes a claim against any or all of the Releases, I **WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES** from any litigation expense, attorney fees, liability, damage, or cost which may incur as a result of such claim.

Printed Name of Participant:

Participant's Signature:

Date:

MINOR'S RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF ATHLETIC ACTIVITIES AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY, I HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS A RESULT OF ANY SUCH CLAIM.

Printed Name of Parent/Guardian

Parent/Guardian Signature

Date