



## VIRGINIA STATE POWERLIFTING RECORDS

Ed Kutin

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7/3/2026

### Weight Class: 35 / 77 Female / Powerlifting

| Division | Squat                                   | Bench Press                             | Deadlift                                 | Total                                     |
|----------|-----------------------------------------|-----------------------------------------|------------------------------------------|-------------------------------------------|
| Open     | 27.5 kgs / 60.6 lbs<br>Kendall Johnston | 20.0 kgs / 44.0 lbs<br>Kendall Johnston | 55.0 kgs / 121.2 lbs<br>Kendall Johnston | 120.7 kgs / 266.0 lbs<br>Kendall Johnston |
| 10-11    | 27.5 kgs / 60.6 lbs<br>Kendall Johnston | 20.0 kgs / 44.0 lbs<br>Kendall Johnston | 55.0 kgs / 121.2 lbs<br>Kendall Johnston | 120.7 kgs / 266.0 lbs<br>Kendall Johnston |

### Weight Class: 40 / 88 Female / Powerlifting

| Division | Squat                                  | Bench Press                            | Deadlift                              | Total                                    |
|----------|----------------------------------------|----------------------------------------|---------------------------------------|------------------------------------------|
| Open     | 30.0 kgs / 66.1 lbs<br>Jordon Johnston | 22.5 kgs / 49.6 lbs<br>Jordon Johnston | 62.5 kgs / 137.7 lbs<br>Emma McIntyre | 107.5 kgs / 236.9 lbs<br>Jordon Johnston |
| 10-11    | 30.0 kgs / 66.1 lbs<br>Jordon Johnston | 22.5 kgs / 49.6 lbs<br>Jordon Johnston | 62.5 kgs / 137.7 lbs<br>Emma McIntyre | 107.5 kgs / 236.9 lbs<br>Jordon Johnston |

### Weight Class: 44 / 97 Female / Powerlifting

| Division | Squat                                         | Bench Press                                 | Deadlift                                     | Total                                          |
|----------|-----------------------------------------------|---------------------------------------------|----------------------------------------------|------------------------------------------------|
| Open     | 95.0 kgs / 209.4 lbs<br>Ericka Molieri 6/2014 | 54.0 kgs / 119.0 lbs<br>Karen Poyner 8/2018 | 113.5 kgs / 250.2 lbs<br>Karen Poyner 8/2017 | 247.5 kgs / 545.6 lbs<br>Ericka Molieri 6/2014 |
| 14-15    | 54.4 kgs / 119.9 lbs<br>Linh Nguyen 12/1999   |                                             | 72.5 kgs / 159.8 lbs<br>Linh Nguyen 12/1999  | 149.6 kgs / 329.8 lbs<br>Linh Nguyen 12/1999   |
| 35-39    | 70.0 kgs / 154.3 lbs<br>Sumaya Shakir 5/2015  | 45.0 kgs / 99.2 lbs<br>Sumaya Shakir 5/2015 | 95.0 kgs / 209.4 lbs<br>Sumaya Shakir 5/2015 | 210.0 kgs / 462.9 lbs<br>Sumaya Shakir 5/2015  |
| 60-64    | 75.0 kgs / 165.3 lbs<br>Karen Poyner 8/2017   | 54.0 kgs / 119.0 lbs<br>Karen Poyner 8/2018 | 113.5 kgs / 250.2 lbs<br>Karen Poyner 8/2017 | 237.5 kgs / 523.5 lbs<br>Karen Poyner 8/2017   |

### Weight Class: 48 / 105 Female / Powerlifting

| Division | Squat                                           | Bench Press                                   | Deadlift                                   | Total                                      |
|----------|-------------------------------------------------|-----------------------------------------------|--------------------------------------------|--------------------------------------------|
| Open     | 100.0 kgs / 220.4 lbs<br>Jeanne Liu 3/2018      | 59.0 kgs / 130.0 lbs<br>Karen Poyner          | 135.0 kgs / 297.6 lbs<br>Keri Davis 6/2017 | 285.0 kgs / 628.3 lbs<br>Keri Davis 6/2017 |
| 14-15    | 77.5 kgs / 170.8 lbs<br>J Smith                 | 42.5 kgs / 93.6 lbs<br>J Smith                | 102.5 kgs / 225.9 lbs<br>J Smith           | 222.5 kgs / 490.5 lbs<br>J Smith           |
| 18-19    |                                                 |                                               | 72.5 kgs / 159.8 lbs<br>Kristen Robbins    |                                            |
| 20-24    | 67.5 kgs / 148.8 lbs<br>Lauren Rodriguez 6/2015 | 57.5 kgs / 126.7 lbs<br>Lauren Rodriguez      | 112.5 kgs / 248.0 lbs<br>Lauren Rodriguez  | 210.0 kgs / 462.9 lbs<br>Lauren Rodriguez  |
| 25-29    | 100.0 kgs / 220.4 lbs<br>Jeanne Liu 3/2018      | 57.5 kgs / 126.7 lbs<br>Lauren Freeman 2/2016 | 135.0 kgs / 297.6 lbs<br>Keri Davis 6/2017 | 285.0 kgs / 628.3 lbs<br>Keri Davis 6/2017 |
| 30-34    | 65.0 kgs / 143.2 lbs<br>Nicole Dirienzo         | 37.5 kgs / 82.6 lbs<br>Nicole Dirienzo        | 92.5 kgs / 203.9 lbs<br>Nicole Dirienzo    | 190.0 kgs / 418.8 lbs<br>Nicole Dirienzo   |

|       |                                                |                                                |                                                 |                                                 |
|-------|------------------------------------------------|------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| 35-39 | 72.5 kgs / 159.8 lbs<br>Jamie Brissey 4/2014   | 47.5 kgs / 104.7 lbs<br>Jamie Brissey 4/2014   | 122.5 kgs / 270.0 lbs<br>Jamie Brissey 4/2014   | 252.5 kgs / 556.6 lbs<br>Jamie Brissey          |
| 40-44 | 60.0 kgs / 132.2 lbs<br>Vanessa Talbott 4/2016 | 47.5 kgs / 104.7 lbs<br>Vanessa Talbott 4/2016 | 97.5 kgs / 214.9 lbs<br>Vanessa Talbott 4/2016  | 205.0 kgs / 451.9 lbs<br>Vanessa Talbott 4/2016 |
| 45-49 | 82.5 kgs / 181.8 lbs<br>Kimberly Ryman         | 56.7 kgs / 125.0 lbs<br>Karen Poyner           | 130.0 kgs / 286.5 lbs<br>Kimberly Ryman         | 242.5 kgs / 534.6 lbs<br>Kimberly Ryman 2009    |
| 50-54 | 86.2 kgs / 190.0 lbs<br>Karen Poyner           | 59.0 kgs / 130.0 lbs<br>Karen Poyner           | 122.5 kgs / 270.0 lbs<br>Karen Poyner           | 265.4 kgs / 585.1 lbs<br>Karen Poyner           |
| 55-59 | 90.0 kgs / 198.4 lbs<br>Karen Poyner 6/2011    | 58.0 kgs / 127.8 lbs<br>Karen Poyner 2013      | 122.5 kgs / 270.0 lbs<br>Karen Poyner 6/2011    | 270.0 kgs / 595.2 lbs<br>Karen Poyner 6/2011    |
| 60-64 | 80.5 kgs / 177.4 lbs<br>Karen Poyner 4/2016    | 53.5 kgs / 117.9 lbs<br>Karen Poyner 4/2016    | 113.5 kgs / 250.2 lbs<br>Kimberly Price 11/2024 | 245.0 kgs / 540.1 lbs<br>Karen Poyner 4/2016    |

**Weight Class: 52 / 114 Female / Powerlifting**

| Division        | Squat                                                     | Bench Press                                                   | Deadlift                                                       | Total                                                          |
|-----------------|-----------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------|----------------------------------------------------------------|
| <b>Open</b>     | <b>107.5 kgs / 236.9 lbs</b><br><b>Izaba Paras 6/2017</b> | <b>76.0 kgs / 167.5 lbs</b><br><b>Natasha Beasley 10/2017</b> | <b>152.5 kgs / 336.2 lbs</b><br><b>Natasha Beasley 10/2016</b> | <b>318.5 kgs / 702.1 lbs</b><br><b>Natasha Beasley 10/2017</b> |
| 12-13           | 50.0 kgs / 110.2 lbs<br>Jennah ElBardicy 6/2024           | 38.75 kgs / 85.4 lbs<br>Jennah ElBardicy 6/2024               | 72.5 kgs / 159.8 lbs<br>Jennah ElBardicy 6/2024                | 161.25 kgs / 355.4 lbs<br>Jennah ElBardicy 6/2024              |
| 14-15           | 62.5 kgs / 137.7 lbs<br>S Jose                            | 37.5 kgs / 82.6 lbs<br>S Jose                                 | 87.5 kgs / 192.9 lbs<br>S Jose                                 | 190.0 kgs / 418.8 lbs<br>S Jose                                |
| 16-17           | 80.0 kgs / 176.3 lbs<br>Jennifer Molina 5/2026            | 67.5 kgs / 148.8 lbs<br>Jennifer Molina 5/2026                | 120.0 kgs / 264.5 lbs<br>Jennifer Molina 5/2026                | 267.5 kgs / 589.7 lbs<br>Jennifer Molina 5/2026                |
| 20-24           | 107.5 kgs / 236.9 lbs<br>Izaba Paras 6/2017               | 47.5 kgs / 104.7 lbs<br>Izaba Paras 6/2017                    | 140.0 kgs / 308.6 lbs<br>Izaba Paras 6/2017                    | 293.0 kgs / 645.9 lbs<br>Izaba Paras 6/2017                    |
| 25-29           | 102.5 kgs / 225.9 lbs<br>Allison Cross 10/2016            | 62.5 kgs / 137.7 lbs<br>Allison Cross 10/2016                 | 142.5 kgs / 314.1 lbs<br>Keri Davis 6/2019                     | 300.0 kgs / 661.3 lbs<br>Allison Cross 10/2016                 |
| 30-34           | 100.0 kgs / 220.4 lbs<br>Katherine Lizarraga<br>11/2024   | 75.5 kgs / 166.4 lbs<br>Natasha Beasley 6/2017                | 152.5 kgs / 336.2 lbs<br>Natasha Beasley 10/2016               | 315.0 kgs / 694.4 lbs<br>Natasha Beasley 10/2016               |
| 35-39           | 102.5 kgs / 225.9 lbs<br>Misty Posey 2/2015               | 76.0 kgs / 167.5 lbs<br>Natasha Beasley 10/2017               | 150.0 kgs / 330.6 lbs<br>Natasha Beasley 10/2017               | 318.5 kgs / 702.1 lbs<br>Natasha Beasley 10/2017               |
| 40-44           | 62.5 kgs / 137.7 lbs<br>Vanessa Talbott 4/2017            | 42.5 kgs / 93.6 lbs<br>Vanessa Talbott 4/2017                 | 92.5 kgs / 203.9 lbs<br>Vanessa Talbott 4/2017                 | 197.5 kgs / 435.4 lbs<br>Vanessa Talbott 4/2017                |
| 45-49           | 71.0 kgs / 156.5 lbs<br>P Willoughby                      | 50.0 kgs / 110.2 lbs<br>P Willoughby                          | 110.0 kgs / 242.5 lbs<br>P Willoughby                          | 231.0 kgs / 509.2 lbs<br>P Willoughby                          |
| 55-59           | 75.0 kgs / 165.3 lbs<br>Libby Dollison 3/2018             | 50.0 kgs / 110.2 lbs<br>Libby Dollison 3/2018                 | 115.0 kgs / 253.5 lbs<br>Kimberly Price 11/2020                | 222.5 kgs / 490.5 lbs<br>Kimberly Price 11/2020                |
| Police/Fire/Mil | 102.5 kgs / 225.9 lbs<br>Misty Posey 2/2015               | 55.0 kgs / 121.2 lbs<br>Misty Posey 2/2015                    | 140.0 kgs / 308.6 lbs<br>Misty Posey 2/2015                    | 297.5 kgs / 655.8 lbs<br>Misty Posey 2/2015                    |

**Weight Class: 56 / 123 Female / Powerlifting**

| Division    | Squat                                                          | Bench Press                                                   | Deadlift                                                    | Total                                                          |
|-------------|----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------|----------------------------------------------------------------|
| <b>Open</b> | <b>130.0 kgs / 286.5 lbs</b><br><b>Jonalyn Barcarse 6/2021</b> | <b>87.5 kgs / 192.9 lbs</b><br><b>Jonalyn Barcarse 6/2021</b> | <b>170.5 kgs / 375.8 lbs</b><br><b>Laura Siegle 10/2024</b> | <b>387.5 kgs / 854.2 lbs</b><br><b>Jonalyn Barcarse 6/2021</b> |
| 12-13       | 25.0 kgs / 55.1 lbs<br>Kinsley Heywood 9/2017                  | 20.0 kgs / 44.0 lbs<br>Kinsley Heywood 9/2017                 | 45.0 kgs / 99.2 lbs<br>Kinsley Heywood 9/2017               | 90.0 kgs / 198.4 lbs<br>Kinsley Heywood 9/2017                 |
| 18-19       | 67.5 kgs / 148.8 lbs<br>Kendra Green 7/2018                    | 47.5 kgs / 104.7 lbs<br>Kendra Green 7/2018                   | 135.0 kgs / 297.6 lbs<br>Kendra Green 7/2018                | 250.0 kgs / 551.1 lbs<br>Kendra Green 7/2018                   |

|                 |                                                    |                                                 |                                                  |                                                  |
|-----------------|----------------------------------------------------|-------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| 20-24           | 130.0 kgs / 286.5 lbs<br>Jonalyn Barcarse 6/2021   | 87.5 kgs / 192.9 lbs<br>Jonalyn Barcarse 6/2021 | 170.0 kgs / 374.7 lbs<br>Jonalyn Barcarse 6/2021 | 387.5 kgs / 854.2 lbs<br>Jonalyn Barcarse 6/2021 |
| 25-29           | 117.5 kgs / 259.0 lbs<br>Toni Herrmann 6/2016      | 67.5 kgs / 148.8 lbs<br>Maigan Mendoza 11/2017  | 150.0 kgs / 330.6 lbs<br>Laura Siegle 12/2018    | 315.0 kgs / 694.4 lbs<br>Toni Herrmann 6/2017    |
| 30-34           | 120.0 kgs / 264.5 lbs<br>Laura Siegle 2/2025       | 67.5 kgs / 148.8 lbs<br>Laura Siegle 2/2025     | 170.5 kgs / 375.8 lbs<br>Laura Siegle 10/2024    | 352.5 kgs / 777.1 lbs<br>Laura Siegle 2/2025     |
| 35-39           | 120.0 kgs / 264.5 lbs<br>Misty Posey 10/2015       | 80.5 kgs / 177.4 lbs<br>Natasha Beasley 6/2018  | 165.0 kgs / 363.7 lbs<br>Natasha Beasley 6/2018  | 345.5 kgs / 761.6 lbs<br>Natasha Beasley 6/2018  |
| 45-49           | 70.0 kgs / 154.3 lbs<br>Alison Bulluck 10/2024     | 45.0 kgs / 99.2 lbs<br>Beth Permelia            | 115.0 kgs / 253.5 lbs<br>Beth Permelia           | 215.0 kgs / 473.9 lbs<br>Alison Bulluck 10/2024  |
| 50-54           | 52.5 kgs / 115.7 lbs<br>Beth Permelia 6/2016       | 42.5 kgs / 93.6 lbs<br>Beth Permelia 6/2016     | 117.5 kgs / 259.0 lbs<br>Beth Permelia 6/2016    | 212.5 kgs / 468.4 lbs<br>Beth Permelia 6/2016    |
| 55-59           | 86.2 kgs / 190.0 lbs<br>Patricia Azlin             | 57.5 kgs / 126.7 lbs<br>Susan Drach 4/2014      | 120.0 kgs / 264.5 lbs<br>Susan Drach 4/2014      | 240.4 kgs / 529.9 lbs<br>Patricia Azlin 2009     |
| 60-64           | 72.5 kgs / 159.8 lbs<br>Susan Drach 4/2018         | 60.5 kgs / 133.3 lbs<br>Susan Drach 4/2019      | 126.5 kgs / 278.8 lbs<br>Susan Drach 4/2019      | 257.0 kgs / 566.5 lbs<br>Susan Drach 4/2019      |
| 65-69           | 67.0 kgs / 147.7 lbs<br>Marcia Anderson 7/2019     | 30.0 kgs / 66.1 lbs<br>Marcia Anderson 7/2019   | 85.0 kgs / 187.3 lbs<br>Marcia Anderson 7/2019   | 182.0 kgs / 401.2 lbs<br>Marcia Anderson 7/2019  |
| 70-74           | 77.5 kgs / 170.8 lbs<br>Marcia Anderson<br>11/2022 | 41.0 kgs / 90.3 lbs<br>Marcia Anderson 7/2021   | 103.0 kgs / 227.0 lbs<br>Marcia Anderson 11/2022 | 220.5 kgs / 486.1 lbs<br>Marcia Anderson 11/2022 |
| 75-79           | 85.0 kgs / 187.3 lbs<br>Marcia Anderson 6/2025     | 47.5 kgs / 104.7 lbs<br>Marcia Anderson 6/2025  | 107.5 kgs / 236.9 lbs<br>Marcia Anderson 6/2025  | 240.0 kgs / 529.1 lbs<br>Marcia Anderson 6/2025  |
| Police/Fire/Mil | 120.0 kgs / 264.5 lbs<br>Misty Posey 10/2015       | 60.0 kgs / 132.2 lbs<br>Yvonne Young 8/2012     | 142.5 kgs / 314.1 lbs<br>Misty Posey 10/2015     | 315.0 kgs / 694.4 lbs<br>Misty Posey 10/2015     |

**Weight Class: 60 / 132 Female / Powerlifting**

| Division    | Squat                                                   | Bench Press                                                  | Deadlift                                                      | Total                                                         |
|-------------|---------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------|
| <b>Open</b> | <b>140.0 kgs / 308.6 lbs</b><br><b>Lisa Suda 6/2016</b> | <b>85.5 kgs / 188.4 lbs</b><br><b>Natasha Beasley 6/2019</b> | <b>180.0 kgs / 396.8 lbs</b><br><b>Natasha Beasley 3/2020</b> | <b>370.5 kgs / 816.8 lbs</b><br><b>Natasha Beasley 6/2019</b> |
| 12-13       | 37.5 kgs / 82.6 lbs<br>Cheyenne Crocket 6/2017          | 24.0 kgs / 52.9 lbs<br>Cheyenne Crocket 6/2017               | 55.0 kgs / 121.2 lbs<br>Cheyenne Crocket 6/2017               | 116.5 kgs / 256.8 lbs<br>Cheyenne Crocket 6/2017              |
| 14-15       | 60.0 kgs / 132.2 lbs<br>Emily Hutcherson                | 42.5 kgs / 93.6 lbs<br>Victoria Webb 5/2015                  | 108.0 kgs / 238.0 lbs<br>Emily Hutcherson 2013                | 205.5 kgs / 453.0 lbs<br>Emily Hutcherson                     |
| 16-17       | 117.5 kgs / 259.0 lbs<br>Shannon Faircloth 6/2023       | 65.7 kgs / 144.8 lbs<br>Tausha Ozer 2/2000                   | 102.5 kgs / 225.9 lbs<br>Shannon Faircloth 6/2023             | 280.5 kgs / 618.3 lbs<br>Shannon Faircloth 6/2023             |
| 20-24       | 125.0 kgs / 275.5 lbs<br>Amanda Evans 2/2026            | 72.5 kgs / 159.8 lbs<br>Taylor Henderson 10/2015             | 150.0 kgs / 330.6 lbs<br>Taylor Henderson 10/2015             | 335.0 kgs / 738.5 lbs<br>Taylor Henderson 10/2015             |
| 25-29       | 140.0 kgs / 308.6 lbs<br>Lisa Suda 6/2016               | 77.5 kgs / 170.8 lbs<br>Lisa Suda 10/2016                    | 157.5 kgs / 347.2 lbs<br>Lisa Suda 6/2016                     | 365.0 kgs / 804.6 lbs<br>Lisa Suda 6/2016                     |
| 30-34       | 80.0 kgs / 176.3 lbs<br>Sara VanHorn 2/2016             | 55.0 kgs / 121.2 lbs<br>April Wilson 11/2017                 | 150.0 kgs / 330.6 lbs<br>Catherine Weaver                     | 247.5 kgs / 545.6 lbs<br>Sara VanHorn 2/2016                  |
| 35-39       | 117.5 kgs / 259.0 lbs<br>Jennifer Coffee 10/2017        | 85.5 kgs / 188.4 lbs<br>Natasha Beasley 6/2019               | 180.0 kgs / 396.8 lbs<br>Natasha Beasley 3/2020               | 370.5 kgs / 816.8 lbs<br>Natasha Beasley 6/2019               |

|                 |                                                 |                                                |                                                  |                                                  |
|-----------------|-------------------------------------------------|------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| 40-44           | 92.5 kgs / 203.9 lbs<br>Edith Simmons 2/2017    | 52.5 kgs / 115.7 lbs<br>Edith Simmons 2/2017   | 110.0 kgs / 242.5 lbs<br>Edith Simmons 2/2017    | 255.0 kgs / 562.1 lbs<br>Edith Simmons 2/2017    |
| 45-49           | 115.0 kgs / 253.5 lbs<br>Laura Clancy 6/2015    | 66.5 kgs / 146.6 lbs<br>Laura Clancy 2013      | 125.0 kgs / 275.5 lbs<br>Laura Clancy 6/2014     | 302.5 kgs / 666.8 lbs<br>Laura Clancy 6/2014     |
| 50-54           | 70.0 kgs / 154.3 lbs<br>Gina Buhrman 3/2019     | 42.5 kgs / 93.6 lbs<br>Gina Buhrman 3/2019     | 97.5 kgs / 214.9 lbs<br>Gina Buhrman 3/2019      | 210.0 kgs / 462.9 lbs<br>Gina Buhrman 3/2019     |
| 55-59           | 85.0 kgs / 187.3 lbs<br>Laura Clancy 5/2025     | 52.5 kgs / 115.7 lbs<br>Laura Clancy 5/2025    | 92.5 kgs / 203.9 lbs<br>Kim Radder               | 227.5 kgs / 501.5 lbs<br>Laura Clancy 5/2025     |
| 60-64           | 87.5 kgs / 192.9 lbs<br>Laura Clancy 6/2025     | 52.5 kgs / 115.7 lbs<br>Laura Clancy 6/2025    | 97.5 kgs / 214.9 lbs<br>Kim Radder 3/2018        | 232.5 kgs / 512.5 lbs<br>Laura Clancy 6/2025     |
| 65-69           | 65.0 kgs / 143.2 lbs<br>Linda Leightley 6/2014  | 42.5 kgs / 93.6 lbs<br>Linda Leightley         | 119.0 kgs / 262.3 lbs<br>Linda Leightley         | 215.0 kgs / 473.9 lbs<br>Linda Leightley 6/2014  |
| 70-74           | 76.0 kgs / 167.5 lbs<br>Linda Leightley 11/2019 | 45.5 kgs / 100.3 lbs<br>Linda Leightley 3/2019 | 125.0 kgs / 275.5 lbs<br>Linda Leightley 11/2019 | 243.5 kgs / 536.8 lbs<br>Linda Leightley 11/2019 |
| 75-79           | 70.0 kgs / 154.3 lbs<br>Linda Leightley 10/2021 | 45.0 kgs / 99.2 lbs<br>Linda Leightley 3/2020  | 125.0 kgs / 275.5 lbs<br>Linda Leightley 10/2021 | 240.0 kgs / 529.1 lbs<br>Linda Leightley 10/2021 |
| 80-84           | 52.5 kgs / 115.7 lbs<br>Linda Leightley 2/2025  | 35.5 kgs / 78.2 lbs<br>Linda Leightley 2/2025  | 95.5 kgs / 210.5 lbs<br>Linda Leightley 2/2025   | 183.5 kgs / 404.5 lbs<br>Linda Leightley 2/2025  |
| Police/Fire/Mil | 125.0 kgs / 275.5 lbs<br>Amanda Evans 2/2026    | 60.0 kgs / 132.2 lbs<br>Amanda Evans 2/2026    | 132.5 kgs / 292.1 lbs<br>Amanda Evans 2/2026     | 317.5 kgs / 699.9 lbs<br>Amanda Evans 2/2026     |

**Weight Class: 67.5 / 148 Female / Powerlifting**

| Division    | Squat                                                                      | Bench Press                                                | Deadlift                                                   | Total                                                       |
|-------------|----------------------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------|
| <b>Open</b> | <b>152.5 kgs / 336.2 lbs</b><br><b>Aubrey Mester-Webb</b><br><b>2/2015</b> | <b>82.5 kgs / 181.8 lbs</b><br><b>Latosha Floyd 6/2014</b> | <b>200.0 kgs / 440.9 lbs</b><br><b>Tricia Floyd 3/2018</b> | <b>407.5 kgs / 898.3 lbs</b><br><b>Latosha Floyd 6/2014</b> |
| 10-11       | 27.5 kgs / 60.6 lbs<br>Mary Ross 2/2018                                    | 27.5 kgs / 60.6 lbs<br>Mary Ross 2/2018                    | 65.0 kgs / 143.2 lbs<br>Mary Ross 2/2018                   | 120.0 kgs / 264.5 lbs<br>Mary Ross 2/2018                   |
| 14-15       | 67.5 kgs / 148.8 lbs<br>Colleen Blakeney 6/2021                            | 37.5 kgs / 82.6 lbs<br>Colleen Blakeney 6/2021             | 115.0 kgs / 253.5 lbs<br>Jordan West                       | 187.5 kgs / 413.3 lbs<br>Colleen Blakeney 6/2021            |
| 16-17       | 110.0 kgs / 242.5 lbs<br>Cassidy Bennett 3/2017                            | 60.0 kgs / 132.2 lbs<br>Cassidy Bennett 3/2017             | 150.0 kgs / 330.6 lbs<br>Darby Nelson                      | 285.0 kgs / 628.3 lbs<br>Cassidy Bennett 3/2017             |
| 18-19       | 95.0 kgs / 209.4 lbs<br>Christina Hall 3/2017                              | 52.5 kgs / 115.7 lbs<br>Kyrie Nicolai 4/2018               | 125.0 kgs / 275.5 lbs<br>Christina Hall 3/2017             | 265.0 kgs / 584.2 lbs<br>Christina Hall 3/2017              |
| 20-24       | 152.5 kgs / 336.2 lbs<br>Aubrey Mester-Webb<br>2/2015                      | 75.0 kgs / 165.3 lbs<br>Kourtney Colley 9/2015             | 172.5 kgs / 380.2 lbs<br>Aubrey Mester-Webb<br>2/2015      | 395.0 kgs / 870.8 lbs<br>Aubrey Mester-Webb<br>2/2015       |
| 25-29       | 142.5 kgs / 314.1 lbs<br>Audrey Carpenter 7/2019                           | 82.5 kgs / 181.8 lbs<br>Kelly Chance 10/2015               | 160.0 kgs / 352.7 lbs<br>Audrey Carpenter 7/2019           | 375.0 kgs / 826.7 lbs<br>Audrey Carpenter 7/2019            |
| 30-34       | 105.5 kgs / 232.5 lbs<br>Stephanie Gochenour<br>11/2021                    | 65.0 kgs / 143.2 lbs<br>Rachael Hardison 3/2019            | 137.5 kgs / 303.1 lbs<br>Rachael Hardison 3/2019           | 307.5 kgs / 677.9 lbs<br>Rachael Hardison 3/2019            |
| 35-39       | 122.5 kgs / 270.0 lbs<br>Natasha Beasley 6/2021                            | 82.5 kgs / 181.8 lbs<br>Lyn Pendley 3/2018                 | 200.0 kgs / 440.9 lbs<br>Tricia Floyd 3/2018               | 387.5 kgs / 854.2 lbs<br>Natasha Beasley 6/2021             |

|                 |                                                  |                                                 |                                                  |                                                  |
|-----------------|--------------------------------------------------|-------------------------------------------------|--------------------------------------------------|--------------------------------------------------|
| 40-44           | 115.0 kgs / 253.5 lbs<br>Natasha Beasley 11/2024 | 82.5 kgs / 181.8 lbs<br>Natasha Beasley 11/2024 | 172.5 kgs / 380.2 lbs<br>Natasha Beasley 11/2024 | 370.0 kgs / 815.7 lbs<br>Natasha Beasley 11/2024 |
| 45-49           | 130.0 kgs / 286.5 lbs<br>Laura Clancy 2012       | 62.5 kgs / 137.7 lbs<br>Laura Clancy            | 145.0 kgs / 319.6 lbs<br>Sherry Chaffin 9/2016   | 307.5 kgs / 677.9 lbs<br>Laura Clancy 2012       |
| 50-54           | 115.0 kgs / 253.5 lbs<br>Laura Clancy 3/2017     | 62.5 kgs / 137.7 lbs<br>Laura Clancy 10/2018    | 115.0 kgs / 253.5 lbs<br>Betty Lee 12/2018       | 285.0 kgs / 628.3 lbs<br>Laura Clancy 3/2017     |
| 55-59           | 92.5 kgs / 203.9 lbs<br>Laura Clancy 11/2024     | 52.5 kgs / 115.7 lbs<br>Laura Clancy 11/2024    | 92.5 kgs / 203.9 lbs<br>Laura Clancy 11/2024     | 237.5 kgs / 523.5 lbs<br>Laura Clancy 11/2024    |
| 60-64           | 62.5 kgs / 137.7 lbs<br>Geneva Koutas            | 52.5 kgs / 115.7 lbs<br>Geneva Koutas           | 112.5 kgs / 248.0 lbs<br>Geneva Koutas           | 230.0 kgs / 507.0 lbs<br>Geneva Koutas           |
| 65-69           | 70.0 kgs / 154.3 lbs<br>Nancy Breen 4/2026       | 57.5 kgs / 126.7 lbs<br>Nancy Breen 4/2026      | 105.0 kgs / 231.4 lbs<br>Nancy Breen 4/2026      | 232.5 kgs / 512.5 lbs<br>Nancy Breen 4/2026      |
| 70-74           |                                                  |                                                 | 57.5 kgs / 126.7 lbs<br>Gladys Lopez             |                                                  |
| Police/Fire/Mil | 145.0 kgs / 319.6 lbs<br>Angela Webb             | 82.5 kgs / 181.8 lbs<br>Latosha Floyd           | 182.5 kgs / 402.3 lbs<br>Latosha Floyd           | 407.5 kgs / 898.3 lbs<br>Latosha Floyd           |

**Weight Class: 75 / 165 Female / Powerlifting**

| Division    | Squat                                                    | Bench Press                                            | Deadlift                                               | Total                                                           |
|-------------|----------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------|
| <b>Open</b> | <b>157.5 kgs / 347.2 lbs<br/>Ashley Szczepaniec 2013</b> | <b>87.5 kgs / 192.9 lbs<br/>Natasha Beasley 3/2025</b> | <b>195.0 kgs / 429.8 lbs<br/>Tricia Floyd 3/2019</b>   | <b>415.0 kgs / 914.9 lbs<br/>Aubrey Mester-Webb<br/>10/2015</b> |
| 10-11       | 30.0 kgs / 66.1 lbs<br>Mary Ross 6/2018                  | 25.0 kgs / 55.1 lbs<br>Mary Ross 6/2018                | 85.0 kgs / 187.3 lbs<br>Mary Ross 6/2018               | 140.0 kgs / 308.6 lbs<br>Mary Ross 6/2018                       |
| 14-15       | 74.8 kgs / 164.9 lbs<br>T Geer                           | 45.4 kgs / 100.0 lbs<br>T Geer                         | 79.4 kgs / 175.0 lbs<br>T Geer                         | 199.6 kgs / 440.0 lbs<br>T Geer                                 |
| 16-17       | 100.0 kgs / 220.4 lbs<br>Raneem Hasan 3/2017             | 57.5 kgs / 126.7 lbs<br>Raneem Hasan 3/2017            | 115.0 kgs / 253.5 lbs<br>Raneem Hasan 3/2017           | 272.5 kgs / 600.7 lbs<br>Raneem Hasan 3/2017                    |
| 18-19       | 65.0 kgs / 143.2 lbs<br>Madison Allen 10/2024            | 40.0 kgs / 88.1 lbs<br>Madison Allen 10/2024           | 82.5 kgs / 181.8 lbs<br>Madison Allen 10/2024          | 187.5 kgs / 413.3 lbs<br>Madison Allen 10/2024                  |
| 20-24       | 155.0 kgs / 341.7 lbs<br>Aubrey Mester-Webb<br>10/2015   | 77.5 kgs / 170.8 lbs<br>Aubrey Mester-Webb<br>10/2015  | 182.5 kgs / 402.3 lbs<br>Aubrey Mester-Webb<br>10/2015 | 415.0 kgs / 914.9 lbs<br>Aubrey Mester-Webb<br>10/2015          |
| 25-29       | 145.0 kgs / 319.6 lbs<br>Aubrey Mester-Webb<br>10/2016   | 82.5 kgs / 181.8 lbs<br>Aubrey Mester-Webb<br>10/2016  | 187.5 kgs / 413.3 lbs<br>Aubrey Mester-Webb<br>10/2016 | 415.0 kgs / 914.9 lbs<br>Aubrey Mester-Webb<br>10/2016          |
| 30-34       | 120.0 kgs / 264.5 lbs<br>Angela Roark 3/2017             | 75.0 kgs / 165.3 lbs<br>Angela Roark 3/2017            | 170.0 kgs / 374.7 lbs<br>Angela Roark 3/2017           | 365.0 kgs / 804.6 lbs<br>Angela Roark 3/2017                    |
| 35-39       | 125.0 kgs / 275.5 lbs<br>Tricia Floyd 3/2019             | 75.0 kgs / 165.3 lbs<br>Mona Espinosa 10/2018          | 195.0 kgs / 429.8 lbs<br>Tricia Floyd 3/2019           | 377.5 kgs / 832.2 lbs<br>Tricia Floyd 3/2019                    |
| 40-44       | 115.0 kgs / 253.5 lbs<br>Natasha Beasley 3/2025          | 87.5 kgs / 192.9 lbs<br>Natasha Beasley 3/2025         | 170.0 kgs / 374.7 lbs<br>Natasha Beasley 3/2025        | 372.5 kgs / 821.2 lbs<br>Natasha Beasley 3/2025                 |
| 45-49       | 110.0 kgs / 242.5 lbs<br>Michelle Hall 7/2018            | 72.5 kgs / 159.8 lbs<br>Michelle Woods 6/2018          | 137.5 kgs / 303.1 lbs<br>Michelle Hall 7/2018          | 310.0 kgs / 683.4 lbs<br>Michelle Hall 7/2018                   |
| 50-54       | 75.0 kgs / 165.3 lbs<br>Jill Gossard 6/2014              | 50.0 kgs / 110.2 lbs<br>Susan Jacoby 3/2017            | 117.5 kgs / 259.0 lbs<br>Jill Gossard 9/2014           | 240.0 kgs / 529.1 lbs<br>Jill Gossard 9/2014                    |
| 55-59       | 82.5 kgs / 181.8 lbs<br>Claudia Helmick 10/2018          | 65.0 kgs / 143.2 lbs<br>Claudia Helmick 10/2018        | 128.5 kgs / 283.2 lbs<br>Claudia Helmick 10/2018       | 274.0 kgs / 604.0 lbs<br>Claudia Helmick 10/2018                |

|                 |                                                    |                                              |                                                    |                                              |
|-----------------|----------------------------------------------------|----------------------------------------------|----------------------------------------------------|----------------------------------------------|
| 60-64           | 100.0 kgs / 220.4 lbs<br>Despina Belle-Isle 3/2019 | 60.0 kgs / 132.2 lbs<br>Geneva Koutas 6/2013 | 130.0 kgs / 286.5 lbs<br>Despina Belle-Isle 3/2019 | 295.0 kgs / 650.3 lbs<br>Geneva Koutas       |
| 65-69           | 117.5 kgs / 259.0 lbs<br>Nancy Breen 6/2025        | 65.5 kgs / 144.4 lbs<br>Nancy Breen 10/2024  | 126.0 kgs / 277.7 lbs<br>Nancy Breen 6/2025        | 306.0 kgs / 674.6 lbs<br>Nancy Breen 6/2025  |
| 70-74           | 67.5 kgs / 148.8 lbs<br>Linda Odum 4/2019          | 35.0 kgs / 77.1 lbs<br>Linda Odum 7/2018     | 112.5 kgs / 248.0 lbs<br>Linda Odum 4/2019         | 212.5 kgs / 468.4 lbs<br>Linda Odum 4/2019   |
| Police/Fire/Mil | 137.5 kgs / 303.1 lbs<br>Nichola Diaz 8/2014       | 82.5 kgs / 181.8 lbs<br>Nichola Diaz 8/2014  | 187.5 kgs / 413.3 lbs<br>Latosha Floyd             | 380.0 kgs / 837.7 lbs<br>Nichola Diaz 8/2014 |

**Weight Class: 82.5 / 181 Female / Powerlifting**

| Division        | Squat                                                 | Bench Press                                           | Deadlift                                              | Total                                                  |
|-----------------|-------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------|
| <b>Open</b>     | <b>147.5 kgs / 325.1 lbs<br/>Allison White 5/2019</b> | <b>115.0 kgs / 253.5 lbs<br/>Allison White 5/2019</b> | <b>197.5 kgs / 435.4 lbs<br/>Allison White 5/2019</b> | <b>455.0 kgs / 1003.0 lbs<br/>Allison White 5/2019</b> |
| 16-17           | 120.0 kgs / 264.5 lbs<br>Hannah Morris 3/2023         | 70.0 kgs / 154.3 lbs<br>Hannah Morris 3/2023          | 145.0 kgs / 319.6 lbs<br>Hannah Morris 3/2023         | 335.0 kgs / 738.5 lbs<br>Hannah Morris 3/2023          |
| 20-24           | 115.0 kgs / 253.5 lbs<br>Sayda Cardenas 10/2023       | 80.0 kgs / 176.3 lbs<br>A Cotton                      | 162.5 kgs / 358.2 lbs<br>A Cotton                     | 317.0 kgs / 698.8 lbs<br>Nicole Wallace 7/2018         |
| 25-29           | 120.0 kgs / 264.5 lbs<br>Sara Crews 3/2018            | 65.0 kgs / 143.2 lbs<br>Sara Crews 3/2018             | 162.5 kgs / 358.2 lbs<br>Sara Crews 3/2018            | 347.5 kgs / 766.0 lbs<br>Sara Crews 3/2018             |
| 30-34           | 137.5 kgs / 303.1 lbs<br>Kristi Rowley 2/2017         | 77.5 kgs / 170.8 lbs<br>Cara Vargas                   | 152.5 kgs / 336.2 lbs<br>Kristi Rowley 6/2017         | 340.0 kgs / 749.5 lbs<br>Kristi Rowley 2/2017          |
| 35-39           | 147.5 kgs / 325.1 lbs<br>Allison White 5/2019         | 115.0 kgs / 253.5 lbs<br>Allison White 5/2019         | 197.5 kgs / 435.4 lbs<br>Allison White 5/2019         | 455.0 kgs / 1003.0 lbs<br>Allison White 5/2019         |
| 40-44           | 137.5 kgs / 303.1 lbs<br>Kristel Barber 7/2018        | 90.0 kgs / 198.4 lbs<br>Kristen Corson 4/2026         | 157.5 kgs / 347.2 lbs<br>Kristel Barber 7/2018        | 367.5 kgs / 810.1 lbs<br>Kristel Barber 7/2018         |
| 45-49           | 82.5 kgs / 181.8 lbs<br>Katina James 8/2019           | 55.0 kgs / 121.2 lbs<br>Kara Silva 6/2019             | 95.0 kgs / 209.4 lbs<br>Katina James 8/2019           | 230.0 kgs / 507.0 lbs<br>Katina James 8/2019           |
| 50-54           |                                                       | 65.0 kgs / 143.2 lbs<br>Mary Hodge                    | 117.5 kgs / 259.0 lbs<br>Mary Hodge                   | 182.5 kgs / 402.3 lbs<br>Mary Hodge                    |
| 55-59           | 85.0 kgs / 187.3 lbs<br>Linda Lee 8/2019              | 75.0 kgs / 165.3 lbs<br>Linda Lee 6/2019              | 150.0 kgs / 330.6 lbs<br>Linda Lee 8/2019             | 310.0 kgs / 683.4 lbs<br>Linda Lee 8/2019              |
| 60-64           | 90.0 kgs / 198.4 lbs<br>Nancy Breen 10/2023           | 55.0 kgs / 121.2 lbs<br>Nancy Breen 10/2023           | 115.0 kgs / 253.5 lbs<br>Nancy Breen 10/2023          | 255.0 kgs / 562.1 lbs<br>Nancy Breen 10/2023           |
| 65-69           | 115.0 kgs / 253.5 lbs<br>Nancy Breen 10/2025          | 65.0 kgs / 143.2 lbs<br>Nancy Breen 4/2025            | 128.0 kgs / 282.1 lbs<br>Nancy Breen 10/2025          | 308.0 kgs / 679.0 lbs<br>Nancy Breen 10/2025           |
| Police/Fire/Mil | 120.0 kgs / 264.5 lbs<br>Sara Crews 3/2018            | 78.0 kgs / 171.9 lbs<br>Mona Espinosa 3/2019          | 162.5 kgs / 358.2 lbs<br>Sara Crews 3/2018            | 347.5 kgs / 766.0 lbs<br>Sara Crews 3/2018             |

**Weight Class: 90 / 198 Female / Powerlifting**

| Division    | Squat                                                 | Bench Press                                          | Deadlift                                              | Total                                                  |
|-------------|-------------------------------------------------------|------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------|
| <b>Open</b> | <b>167.5 kgs / 369.2 lbs<br/>Aria DeSimini 7/2018</b> | <b>97.5 kgs / 214.9 lbs<br/>Aria DeSimini 7/2018</b> | <b>200.0 kgs / 440.9 lbs<br/>Aria DeSimini 7/2018</b> | <b>465.0 kgs / 1025.1 lbs<br/>Aria DeSimini 7/2018</b> |
| 14-15       | 127.5 kgs / 281.0 lbs<br>Emily Neff 5/2021            | 67.5 kgs / 148.8 lbs<br>Emily Neff 5/2021            | 125.0 kgs / 275.5 lbs<br>Emily Neff 5/2021            | 320.0 kgs / 705.4 lbs<br>Emily Neff 5/2021             |
| 16-17       | 65.0 kgs / 143.2 lbs<br>Sasha Lynn Payne<br>10/2023   | 30.0 kgs / 66.1 lbs<br>Sasha Lynn Payne 10/2023      | 82.5 kgs / 181.8 lbs<br>Sasha Lynn Payne 10/2023      | 177.5 kgs / 391.3 lbs<br>Sasha Lynn Payne 10/2023      |
| 20-24       | 167.5 kgs / 369.2 lbs<br>Aria DeSimini 7/2018         | 97.5 kgs / 214.9 lbs<br>Aria DeSimini 7/2018         | 200.0 kgs / 440.9 lbs<br>Aria DeSimini 7/2018         | 465.0 kgs / 1025.1 lbs<br>Aria DeSimini 7/2018         |

|                 |                                                       |                                                   |                                                    |                                                    |
|-----------------|-------------------------------------------------------|---------------------------------------------------|----------------------------------------------------|----------------------------------------------------|
| 25-29           | 147.5 kgs / 325.1 lbs<br>Kelly Christian 11/2019      | 70.0 kgs / 154.3 lbs<br>Kelly Christian 11/2019   | 152.5 kgs / 336.2 lbs<br>Kelly Christian 11/2019   | 370.0 kgs / 815.7 lbs<br>Kelly Christian 11/2019   |
| 30-34           | 142.5 kgs / 314.1 lbs<br>Marsha DiPeppe 7/2018        | 65.0 kgs / 143.2 lbs<br>Marsha DiPeppe 7/2018     | 165.0 kgs / 363.7 lbs<br>Marsha DiPeppe 7/2018     | 372.5 kgs / 821.2 lbs<br>Marsha DiPeppe 7/2018     |
| 35-39           | 117.5 kgs / 259.0 lbs<br>Dawn Williams 6/2015         | 85.0 kgs / 187.3 lbs<br>Dawn Williams 6/2015      | 162.5 kgs / 358.2 lbs<br>Tomi Dement 11/2024       | 350.0 kgs / 771.6 lbs<br>Tomi Dement 11/2024       |
| 40-44           | 96.0 kgs / 211.6 lbs<br>Patricia Frankson<br>11/2020  | 52.5 kgs / 115.7 lbs<br>Patricia Frankson 11/2020 | 135.0 kgs / 297.6 lbs<br>Patricia Frankson 11/2020 | 278.5 kgs / 613.9 lbs<br>Patricia Frankson 11/2020 |
| 45-49           | 120.0 kgs / 264.5 lbs<br>Charlotte Baker 4/2017       | 73.0 kgs / 160.9 lbs<br>Charlotte Baker 4/2018    | 167.5 kgs / 369.2 lbs<br>Charlotte Baker 4/2018    | 355.5 kgs / 783.7 lbs<br>Charlotte Baker 4/2018    |
| 50-54           | 95.0 kgs / 209.4 lbs<br>Mitra Friant 6/2019           | 67.5 kgs / 148.8 lbs<br>Mary Hodge                | 120.0 kgs / 264.5 lbs<br>Mitra Friant 6/2019       | 262.5 kgs / 578.7 lbs<br>Mitra Friant 6/2019       |
| 55-59           | 120.0 kgs / 264.5 lbs<br>Kathleen Carpenter<br>7/2018 | 70.0 kgs / 154.3 lbs<br>Kathleen Carpenter 7/2018 | 140.0 kgs / 308.6 lbs<br>Joennell Frantz 3/2019    | 315.0 kgs / 694.4 lbs<br>Kathleen Carpenter 7/2018 |
| 60-64           | 65.0 kgs / 143.2 lbs<br>Penny Muire 4/2017            | 40.0 kgs / 88.1 lbs<br>Penny Muire 4/2017         | 90.0 kgs / 198.4 lbs<br>Penny Muire 4/2017         | 195.0 kgs / 429.8 lbs<br>Penny Muire 4/2017        |
| 65-69           | 70.0 kgs / 154.3 lbs<br>Sonya Jones 8/2025            | 53.0 kgs / 116.8 lbs<br>Karen Hansen 6/2017       | 133.5 kgs / 294.3 lbs<br>Karen Hansen              | 246.0 kgs / 542.3 lbs<br>Karen Hansen 6/2017       |
| 70-74           | 82.5 kgs / 181.8 lbs<br>Karen Hansen 3/2019           | 57.5 kgs / 126.7 lbs<br>Karen Hansen 10/2018      | 126.0 kgs / 277.7 lbs<br>Karen Hansen 6/2018       | 257.5 kgs / 567.6 lbs<br>Karen Hansen 3/2019       |
| Police/Fire/Mil | 112.5 kgs / 248.0 lbs<br>Tomi Dement 2/2024           | 75.0 kgs / 165.3 lbs<br>Tomi Dement 11/2024       | 162.5 kgs / 358.2 lbs<br>Tomi Dement 11/2024       | 350.0 kgs / 771.6 lbs<br>Tomi Dement 11/2024       |
| Spec. Oly.      |                                                       | 27.5 kgs / 60.6 lbs<br>Vonda Martin               | 75.0 kgs / 165.3 lbs<br>Vonda Martin               | 102.5 kgs / 225.9 lbs<br>Vonda Martin              |

**Weight Class: 90+ / 198+ Female / Powerlifting**

| Division    | Squat                                                  | Bench Press                                             | Deadlift                                                | Total                                                    |
|-------------|--------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------|
| <b>Open</b> | <b>205.0 kgs / 451.9 lbs<br/>Emily Wingo 10/2017</b>   | <b>115.0 kgs / 253.5 lbs<br/>Ashley Tinsley 11/2025</b> | <b>230.0 kgs / 507.0 lbs<br/>Ashley Tinsley 11/2025</b> | <b>540.0 kgs / 1190.4 lbs<br/>Ashley Tinsley 11/2025</b> |
| 14-15       | 55.0 kgs / 121.2 lbs<br>Maia Carter 3/2019             | 27.5 kgs / 60.6 lbs<br>Maia Carter 3/2019               | 92.5 kgs / 203.9 lbs<br>Maia Carter 3/2019              | 175.0 kgs / 385.8 lbs<br>Maia Carter 3/2019              |
| 16-17       | 105.0 kgs / 231.4 lbs<br>Caroline Willar 5/2015        | 50.0 kgs / 110.2 lbs<br>Caroline Willar 5/2015          | 142.5 kgs / 314.1 lbs<br>Kaitlyn Dortch 11/2024         | 290.0 kgs / 639.3 lbs<br>Kaitlyn Dortch 11/2024          |
| 18-19       | 115.0 kgs / 253.5 lbs<br>Maya El-Hage 3/2017           | 57.5 kgs / 126.7 lbs<br>Maya El-Hage 3/2017             | 150.0 kgs / 330.6 lbs<br>Maya El-Hage 3/2017            | 322.5 kgs / 710.9 lbs<br>Maya El-Hage 3/2017             |
| 20-24       | 182.5 kgs / 402.3 lbs<br>Kopper Carter 10/2016         | 102.5 kgs / 225.9 lbs<br>Kopper Carter 6/2017           | 205.0 kgs / 451.9 lbs<br>Kopper Carter 6/2017           | 490.0 kgs / 1080.2 lbs<br>Kopper Carter 6/2017           |
| 25-29       | 172.5 kgs / 380.2 lbs<br>Emily Adams 6/2015            | 107.5 kgs / 236.9 lbs<br>Jontiasa Goode 6/2021          | 165.0 kgs / 363.7 lbs<br>Emily Adams 6/2015             | 415.0 kgs / 914.9 lbs<br>Emily Adams 6/2015              |
| 30-34       | 205.0 kgs / 451.9 lbs<br>Emily Wingo 10/2017           | 95.0 kgs / 209.4 lbs<br>Emily Wingo 6/2017              | 206.0 kgs / 454.1 lbs<br>Emily Wingo 6/2017             | 497.5 kgs / 1096.7 lbs<br>Emily Wingo 10/2017            |
| 35-39       | 162.5 kgs / 358.2 lbs<br>Peri Evanoff 12/2018          | 97.5 kgs / 214.9 lbs<br>Malesia Taylor 11/2023          | 200.0 kgs / 440.9 lbs<br>Malesia Taylor 11/2023         | 450.0 kgs / 992.0 lbs<br>Malesia Taylor 11/2023          |
| 40-44       | 195.0 kgs / 429.8 lbs<br>Ashley Tinsley 11/2025        | 115.0 kgs / 253.5 lbs<br>Ashley Tinsley 11/2025         | 230.0 kgs / 507.0 lbs<br>Ashley Tinsley 11/2025         | 540.0 kgs / 1190.4 lbs<br>Ashley Tinsley 11/2025         |
| 45-49       | 125.0 kgs / 275.5 lbs<br>Crystal Bridgforth<br>11/2023 | 77.0 kgs / 169.7 lbs<br>Crystal Bridgforth 2/2024       | 152.5 kgs / 336.2 lbs<br>Crystal Bridgforth 11/2023     | 353.5 kgs / 779.3 lbs<br>Crystal Bridgforth 11/2023      |

|                 |                                                 |                                                |                                                 |                                                 |
|-----------------|-------------------------------------------------|------------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| 50-54           | 110.0 kgs / 242.5 lbs<br>Charlotte Baker 4/2023 | 70.0 kgs / 154.3 lbs<br>Charlotte Baker 4/2023 | 157.5 kgs / 347.2 lbs<br>Charlotte Baker 4/2023 | 337.5 kgs / 744.0 lbs<br>Charlotte Baker 4/2023 |
| 55-59           | 152.5 kgs / 336.2 lbs<br>Charlotte Baker 4/2026 | 80.0 kgs / 176.3 lbs<br>Charlotte Baker 4/2026 | 175.0 kgs / 385.8 lbs<br>Charlotte Baker 4/2026 | 407.5 kgs / 898.3 lbs<br>Charlotte Baker 4/2026 |
| 65-69           | 60.0 kgs / 132.2 lbs<br>Karen Hansen            | 45.0 kgs / 99.2 lbs<br>Karen Hansen            | 136.0 kgs / 299.8 lbs<br>Karen Hansen           | 237.5 kgs / 523.5 lbs<br>Karen Hansen           |
| Police/Fire/Mil | 152.5 kgs / 336.2 lbs<br>Charlotte Baker 4/2026 | 80.0 kgs / 176.3 lbs<br>Charlotte Baker 4/2026 | 175.0 kgs / 385.8 lbs<br>Charlotte Baker 4/2026 | 407.5 kgs / 898.3 lbs<br>Charlotte Baker 4/2026 |
| Spec. Oly.      |                                                 | 20.0 kgs / 44.0 lbs<br>Girlvester Thompson     | 65.0 kgs / 143.2 lbs<br>Girlvester Thompson     | 85.0 kgs / 187.3 lbs<br>Girlvester Thompson     |

**Weight Class: 30 / 66 Male / Powerlifting**

| Division | Squat                               | Bench Press                            | Deadlift                                | Total                                 |
|----------|-------------------------------------|----------------------------------------|-----------------------------------------|---------------------------------------|
| Open     | 45.0 kgs / 99.2 lbs<br>Joshua Moore | 30.0 kgs / 66.1 lbs<br>Andrew Scibelli | 52.5 kgs / 115.7 lbs<br>Andrew Scibelli | 120.7 kgs / 266.0 lbs<br>Joshua Moore |
| 10-11    | 45.0 kgs / 99.2 lbs<br>Joshua Moore | 30.0 kgs / 66.1 lbs<br>Andrew Scibelli | 52.5 kgs / 115.7 lbs<br>Andrew Scibelli | 120.7 kgs / 266.0 lbs<br>Joshua Moore |

**Weight Class: 35 / 77 Male / Powerlifting**

| Division | Squat                               | Bench Press                         | Deadlift                             | Total                                 |
|----------|-------------------------------------|-------------------------------------|--------------------------------------|---------------------------------------|
| Open     | 37.5 kgs / 82.6 lbs<br>Joshua Moore | 27.5 kgs / 60.6 lbs<br>Joshua Moore | 50.0 kgs / 110.2 lbs<br>Joshua Moore | 115.0 kgs / 253.5 lbs<br>Joshua Moore |
| 10-11    | 37.5 kgs / 82.6 lbs<br>Joshua Moore | 27.5 kgs / 60.6 lbs<br>Joshua Moore | 50.0 kgs / 110.2 lbs<br>Joshua Moore | 115.0 kgs / 253.5 lbs<br>Joshua Moore |

**Weight Class: 40 / 88 Male / Powerlifting**

| Division | Squat                                  | Bench Press                                  | Deadlift                                      | Total                                   |
|----------|----------------------------------------|----------------------------------------------|-----------------------------------------------|-----------------------------------------|
| Open     | 47.6 kgs / 104.9 lbs<br>Kyle Rochefort | 27.5 kgs / 60.6 lbs<br>Kaiden Koehler 2/2018 | 72.5 kgs / 159.8 lbs<br>Kaiden Koehler 2/2018 | 142.9 kgs / 315.0 lbs<br>Kyle Rochefort |
| 10-11    | 47.6 kgs / 104.9 lbs<br>Kyle Rochefort | 27.5 kgs / 60.6 lbs<br>Kaiden Koehler 2/2018 | 72.5 kgs / 159.8 lbs<br>Kaiden Koehler 2/2018 | 142.9 kgs / 315.0 lbs<br>Kyle Rochefort |

**Weight Class: 44 / 97 Male / Powerlifting**

| Division | Squat                                        | Bench Press                                  | Deadlift                                      | Total                                          |
|----------|----------------------------------------------|----------------------------------------------|-----------------------------------------------|------------------------------------------------|
| Open     | 40.0 kgs / 88.1 lbs<br>Kaiden Koehler 6/2018 | 32.5 kgs / 71.6 lbs<br>Kaiden Koehler 6/2018 | 80.0 kgs / 176.3 lbs<br>Kaiden Koehler 6/2018 | 152.5 kgs / 336.2 lbs<br>Kaiden Koehler 6/2018 |
| 10-11    | 40.0 kgs / 88.1 lbs<br>Kaiden Koehler 6/2018 | 32.5 kgs / 71.6 lbs<br>Kaiden Koehler 6/2018 | 80.0 kgs / 176.3 lbs<br>Kaiden Koehler 6/2018 | 152.5 kgs / 336.2 lbs<br>Kaiden Koehler 6/2018 |

**Weight Class: 48 / 105 Male / Powerlifting**

| Division | Squat                                           | Bench Press                                    | Deadlift                                        | Total                                            |
|----------|-------------------------------------------------|------------------------------------------------|-------------------------------------------------|--------------------------------------------------|
| Open     | 50.0 kgs / 110.2 lbs<br>Brayden Dashiell 5/2021 | 32.5 kgs / 71.6 lbs<br>Brayden Dashiell 5/2021 | 60.0 kgs / 132.2 lbs<br>Brayden Dashiell 5/2021 | 142.5 kgs / 314.1 lbs<br>Brayden Dashiell 5/2021 |
| 8-9      | 50.0 kgs / 110.2 lbs<br>Brayden Dashiell 5/2021 | 32.5 kgs / 71.6 lbs<br>Brayden Dashiell 5/2021 | 60.0 kgs / 132.2 lbs<br>Brayden Dashiell 5/2021 | 142.5 kgs / 314.1 lbs<br>Brayden Dashiell 5/2021 |

**Weight Class: 52 / 114 Male / Powerlifting**

| Division | Squat | Bench Press | Deadlift | Total |
|----------|-------|-------------|----------|-------|
|----------|-------|-------------|----------|-------|

|             |                                                             |                                                            |                                                              |                                                              |
|-------------|-------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|
| <b>Open</b> | <b>75.0 kgs / 165.3 lbs</b><br><b>Damian Cabrera 3/2017</b> | <b>62.5 kgs / 137.7 lbs</b><br><b>Cherokee Widner 2012</b> | <b>117.5 kgs / 259.0 lbs</b><br><b>Damian Cabrera 3/2017</b> | <b>237.5 kgs / 523.5 lbs</b><br><b>Damian Cabrera 3/2017</b> |
| 12-13       | 62.5 kgs / 137.7 lbs<br>Cherokee Widner                     | 62.5 kgs / 137.7 lbs<br>Cherokee Widner 2012               | 102.5 kgs / 225.9 lbs<br>Elliot Anderson                     | 220.0 kgs / 485.0 lbs<br>Cherokee Widner                     |
| 16-17       | 75.0 kgs / 165.3 lbs<br>Damian Cabrera 3/2017               | 45.0 kgs / 99.2 lbs<br>Damian Cabrera 3/2017               | 117.5 kgs / 259.0 lbs<br>Damian Cabrera 3/2017               | 237.5 kgs / 523.5 lbs<br>Damian Cabrera 3/2017               |

**Weight Class: 56 / 123 Male / Powerlifting**

| <b>Division</b> | <b>Squat</b>                                        | <b>Bench Press</b>                                       | <b>Deadlift</b>                                     | <b>Total</b>                                             |
|-----------------|-----------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------|----------------------------------------------------------|
| <b>Open</b>     | <b>125.0 kgs / 275.5 lbs</b><br><b>Robert Clark</b> | <b>102.5 kgs / 225.9 lbs</b><br><b>Robert Clark 2009</b> | <b>165.0 kgs / 363.7 lbs</b><br><b>Robert Clark</b> | <b>385.0 kgs / 848.7 lbs</b><br><b>Robert Clark 2009</b> |
| 12-13           | 72.5 kgs / 159.8 lbs<br>Cherokee Widner             | 67.5 kgs / 148.8 lbs<br>Cherokee Widner 2012             | 105.0 kgs / 231.4 lbs<br>Cherokee Widner            | 245.0 kgs / 540.1 lbs<br>Cherokee Widner                 |
| 14-15           | 102.5 kgs / 225.9 lbs<br>Joshua Moore 12/2018       | 67.5 kgs / 148.8 lbs<br>Joshua Moore 12/2018             | 127.5 kgs / 281.0 lbs<br>Joshua Moore 12/2018       | 297.5 kgs / 655.8 lbs<br>Joshua Moore 12/2018            |
| 16-17           | 125.0 kgs / 275.5 lbs<br>Robert Clark               | 102.5 kgs / 225.9 lbs<br>Robert Clark 2009               | 165.0 kgs / 363.7 lbs<br>Robert Clark               | 385.0 kgs / 848.7 lbs<br>Robert Clark 2009               |
| 18-19           | 107.5 kgs / 236.9 lbs<br>Jake Shankman              | 75.0 kgs / 165.3 lbs<br>Jake Shankman                    | 105.0 kgs / 231.4 lbs<br>Jake Shankman              | 257.5 kgs / 567.6 lbs<br>Jake Shankman                   |

**Weight Class: 60 / 132 Male / Powerlifting**

| <b>Division</b> | <b>Squat</b>                                            | <b>Bench Press</b>                                            | <b>Deadlift</b>                                            | <b>Total</b>                                       |
|-----------------|---------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------|
| <b>Open</b>     | <b>157.5 kgs / 347.2 lbs</b><br><b>Joshua Sine 2009</b> | <b>115.0 kgs / 253.5 lbs</b><br><b>Cameron Lanham 11/2016</b> | <b>205.0 kgs / 451.9 lbs</b><br><b>Jim Marchio 10/2015</b> | <b>450.0 kgs / 992.0 lbs</b><br><b>Joshua Sine</b> |
| 12-13           | 90.0 kgs / 198.4 lbs<br>Cherokee Widner                 | 75.0 kgs / 165.3 lbs<br>Cherokee Widner 2012                  | 132.5 kgs / 292.1 lbs<br>Cherokee Widner                   | 297.5 kgs / 655.8 lbs<br>Cherokee Widner           |
| 14-15           | 112.5 kgs / 248.0 lbs<br>Nathan Henriques 3/2022        | 87.5 kgs / 192.9 lbs<br>Nathan Henriques 3/2022               | 150.0 kgs / 330.6 lbs<br>Cherokee Widner                   | 325.0 kgs / 716.4 lbs<br>Nathan Henriques 3/2022   |
| 16-17           | 131.5 kgs / 289.9 lbs<br>Robert Clark                   | 95.3 kgs / 210.0 lbs<br>Robert Clark                          | 138.3 kgs / 304.8 lbs<br>Robert Clark                      | 365.1 kgs / 804.8 lbs<br>Robert Clark              |
| 18-19           | 87.5 kgs / 192.9 lbs<br>Saeed Abokor 4/2018             | 52.5 kgs / 115.7 lbs<br>Saeed Abokor 4/2018                   | 95.0 kgs / 209.4 lbs<br>Saeed Abokor 4/2018                | 235.0 kgs / 518.0 lbs<br>Saeed Abokor 4/2018       |
| 20-24           | 157.5 kgs / 347.2 lbs<br>Joshua Sine 2009               | 115.0 kgs / 253.5 lbs<br>Cameron Lanham 11/2016               | 190.0 kgs / 418.8 lbs<br>Joshua Sine                       | 450.0 kgs / 992.0 lbs<br>Joshua Sine               |
| 30-34           | 107.5 kgs / 236.9 lbs<br>Jack Haeberle 2/2025           | 77.5 kgs / 170.8 lbs<br>Jack Haeberle 2/2025                  | 125.0 kgs / 275.5 lbs<br>Jack Haeberle 2/2025              | 310.0 kgs / 683.4 lbs<br>Jack Haeberle 2/2025      |
| 35-39           | 50.0 kgs / 110.2 lbs<br>Drew Meincke 6/2016             | 57.5 kgs / 126.7 lbs<br>Drew Meincke 6/2016                   | 122.5 kgs / 270.0 lbs<br>Drew Meincke 6/2016               | 230.0 kgs / 507.0 lbs<br>Drew Meincke 6/2016       |
| 50-54           | 124.7 kgs / 274.9 lbs<br>Jim Marchio                    | 93.0 kgs / 205.0 lbs<br>Jim Marchio                           | 199.6 kgs / 440.0 lbs<br>Jim Marchio                       | 417.3 kgs / 919.9 lbs<br>Jim Marchio               |
| 55-59           | 125.0 kgs / 275.5 lbs<br>Jim Marchio 2011               | 90.0 kgs / 198.4 lbs<br>Jim Marchio 2011                      | 205.0 kgs / 451.9 lbs<br>Jim Marchio 10/2015               | 418.0 kgs / 921.5 lbs<br>Jim Marchio 10/2015       |
| 60-64           | 117.5 kgs / 259.0 lbs<br>Jim Marchio 6/2016             | 90.0 kgs / 198.4 lbs<br>Jim Marchio 6/2016                    | 198.0 kgs / 436.5 lbs<br>Jim Marchio 4/2017                | 405.0 kgs / 892.8 lbs<br>Jim Marchio 6/2016        |
| 65-69           | 91.0 kgs / 200.6 lbs<br>Jim Marchio 4/2021              | 80.0 kgs / 176.3 lbs<br>Jim Marchio 4/2021                    | 191.0 kgs / 421.0 lbs<br>Jim Marchio 4/2021                | 362.0 kgs / 798.0 lbs<br>Jim Marchio 4/2021        |
| Spec. Oly.      | 50.0 kgs / 110.2 lbs<br>John Gross 4/2016               | 50.0 kgs / 110.2 lbs<br>Aaron Ealey 4/2016                    | 102.5 kgs / 225.9 lbs<br>Aaron Ealey 4/2016                | 202.5 kgs / 446.4 lbs<br>Aaron Ealey 4/2016        |

**Weight Class: 67.5 / 148 Male / Powerlifting**

| <b>Division</b> | <b>Squat</b> | <b>Bench Press</b> | <b>Deadlift</b> | <b>Total</b> |
|-----------------|--------------|--------------------|-----------------|--------------|
|-----------------|--------------|--------------------|-----------------|--------------|

|                 |                                                            |                                                            |                                                            |                                                             |
|-----------------|------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------|
| <b>Open</b>     | <b>212.5 kgs / 468.4 lbs</b><br><b>Lenard Jones 6/2019</b> | <b>157.5 kgs / 347.2 lbs</b><br><b>Lenard Jones 6/2019</b> | <b>242.5 kgs / 534.6 lbs</b><br><b>Lenard Jones 6/2019</b> | <b>612.5 kgs / 1350.3 lbs</b><br><b>Lenard Jones 6/2019</b> |
| 10-11           | 75.0 kgs / 165.3 lbs<br>Brayden Dashiell 6/2022            | 40.0 kgs / 88.1 lbs<br>Brayden Dashiell 6/2022             | 92.5 kgs / 203.9 lbs<br>Brayden Dashiell 10/2022           | 205.0 kgs / 451.9 lbs<br>Brayden Dashiell 10/2022           |
| 12-13           | 97.5 kgs / 214.9 lbs<br>Eric Neff 5/2014                   | 85.0 kgs / 187.3 lbs<br>Eric Neff 5/2014                   | 155.0 kgs / 341.7 lbs<br>Eric Neff 5/2014                  | 337.5 kgs / 744.0 lbs<br>Eric Neff 5/2014                   |
| 14-15           | 120.0 kgs / 264.5 lbs<br>David Debevic 10/2015             | 95.0 kgs / 209.4 lbs<br>Elliot Anderson 5/2015             | 152.5 kgs / 336.2 lbs<br>David Debevic 10/2015             | 365.0 kgs / 804.6 lbs<br>David Debevic 10/2015              |
| 16-17           | 165.0 kgs / 363.7 lbs<br>Max Peak                          | 110.0 kgs / 242.5 lbs<br>Oscar Joya 6/2016                 | 185.0 kgs / 407.8 lbs<br>Max Peak                          | 447.5 kgs / 986.5 lbs<br>Oscar Joya 6/2016                  |
| 18-19           | 165.0 kgs / 363.7 lbs<br>Max Peak 9/2015                   | 117.5 kgs / 259.0 lbs<br>Robert Clark 2010                 | 205.0 kgs / 451.9 lbs<br>Garrison Sakes 3/2019             | 470.0 kgs / 1036.1 lbs<br>Garrison Sakes 3/2019             |
| 20-24           | 212.5 kgs / 468.4 lbs<br>Lenard Jones 6/2019               | 157.5 kgs / 347.2 lbs<br>Lenard Jones 6/2019               | 242.5 kgs / 534.6 lbs<br>Lenard Jones 6/2019               | 612.5 kgs / 1350.3 lbs<br>Lenard Jones 6/2019               |
| 25-29           | 185.0 kgs / 407.8 lbs<br>Christopher Ferranti 6/2016       | 127.5 kgs / 281.0 lbs<br>Christopher Ferranti 6/2016       | 235.0 kgs / 518.0 lbs<br>Christopher Ferranti 6/2016       | 547.5 kgs / 1207.0 lbs<br>Christopher Ferranti 6/2016       |
| 30-34           | 182.5 kgs / 402.3 lbs<br>Brannigan Coleman 11/2023         | 147.5 kgs / 325.1 lbs<br>Brannigan Coleman 11/2023         | 225.0 kgs / 496.0 lbs<br>Brannigan Coleman 11/2023         | 555.0 kgs / 1223.5 lbs<br>Brannigan Coleman 11/2023         |
| 35-39           | 177.5 kgs / 391.3 lbs<br>JJ Barry                          | 127.5 kgs / 281.0 lbs<br>Michael Coyle 10/2018             | 185.0 kgs / 407.8 lbs<br>Corey Politino                    | 455.0 kgs / 1003.0 lbs<br>Corey Politino                    |
| 45-49           | 163.3 kgs / 360.0 lbs<br>David Wilson                      | 145.2 kgs / 320.1 lbs<br>David Wilson                      | 220.0 kgs / 485.0 lbs<br>Jeff Ennis 3/2017                 | 517.1 kgs / 1139.9 lbs<br>David Wilson                      |
| 50-54           | 35.0 kgs / 77.1 lbs<br>Jason Leavitt 4/2015                | 123.0 kgs / 271.1 lbs<br>Jason Leavitt 4/2015              | 127.5 kgs / 281.0 lbs<br>John Taninecz                     | 240.0 kgs / 529.1 lbs<br>John Taninecz                      |
| 55-59           | 137.5 kgs / 303.1 lbs<br>Matthew Chapman 11/2023           | 117.5 kgs / 259.0 lbs<br>Matthew Chapman 6/2024            | 150.0 kgs / 330.6 lbs<br>Matthew Chapman 6/2024            | 402.5 kgs / 887.3 lbs<br>Matthew Chapman 6/2024             |
| 65-69           | 137.5 kgs / 303.1 lbs<br>Larry Eggleston                   | 85.0 kgs / 187.3 lbs<br>Larry Eggleston 2011               | 165.6 kgs / 365.0 lbs<br>Larry Eggleston                   | 388.5 kgs / 856.4 lbs<br>Larry Eggleston                    |
| Police/Fire/Mil | 155.0 kgs / 341.7 lbs<br>Corey Politino                    | 117.5 kgs / 259.0 lbs<br>Corey Politino 2012               | 227.5 kgs / 501.5 lbs<br>Timothy Raube                     | 455.0 kgs / 1003.0 lbs<br>Corey Politino                    |
| Spec. Oly.      | 50.0 kgs / 110.2 lbs<br>Patrick Hardy 4/2016               | 30.0 kgs / 66.1 lbs<br>Patrick Hardy 4/2016                | 67.5 kgs / 148.8 lbs<br>Patrick Hardy 4/2016               | 147.5 kgs / 325.1 lbs<br>Patrick Hardy 4/2016               |

**Weight Class: 75 / 165 Male / Powerlifting**

| <b>Division</b> | <b>Squat</b>                                             | <b>Bench Press</b>                                         | <b>Deadlift</b>                                              | <b>Total</b>                                                  |
|-----------------|----------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------|
| <b>Open</b>     | <b>200.0 kgs / 440.9 lbs</b><br><b>Ben Nelson 9/2016</b> | <b>160.0 kgs / 352.7 lbs</b><br><b>Anthony Veal 4/2026</b> | <b>277.5 kgs / 611.7 lbs</b><br><b>Aaron Osborne 10/2017</b> | <b>617.5 kgs / 1361.3 lbs</b><br><b>Aaron Osborne 10/2017</b> |
| 10-11           | 92.5 kgs / 203.9 lbs<br>Brayden Dashiell 5/2023          | 52.5 kgs / 115.7 lbs<br>Brayden Dashiell 5/2023            | 110.0 kgs / 242.5 lbs<br>Brayden Dashiell 5/2023             | 255.0 kgs / 562.1 lbs<br>Brayden Dashiell 5/2023              |
| 12-13           | 80.0 kgs / 176.3 lbs<br>Ryan Melton                      | 85.0 kgs / 187.3 lbs<br>Ryan Melton 6/2012                 | 107.5 kgs / 236.9 lbs<br>Owen Whisenant                      | 270.0 kgs / 595.2 lbs<br>Ryan Melton                          |
| 14-15           | 130.0 kgs / 286.5 lbs<br>Thomas Austin 11/2022           | 90.0 kgs / 198.4 lbs<br>Jesse Redding 2/2015               | 177.5 kgs / 391.3 lbs<br>Eric Neff 5/2015                    | 372.5 kgs / 821.2 lbs<br>Eric Neff 5/2015                     |
| 16-17           | 187.5 kgs / 413.3 lbs<br>Richard Cho 6/2014              | 125.0 kgs / 275.5 lbs<br>Elliot Anderson 3/2018            | 232.5 kgs / 512.5 lbs<br>Denny Yi                            | 497.5 kgs / 1096.7 lbs<br>Richard Cho 6/2014                  |
| 18-19           | 177.5 kgs / 391.3 lbs<br>Tyler McFadden 3/2019           | 140.0 kgs / 308.6 lbs<br>Tyler McFadden 3/2019             | 250.0 kgs / 551.1 lbs<br>Tyler McFadden 3/2019               | 567.5 kgs / 1251.1 lbs<br>Tyler McFadden 3/2019               |

|                 |                                                        |                                                 |                                                     |                                                      |
|-----------------|--------------------------------------------------------|-------------------------------------------------|-----------------------------------------------------|------------------------------------------------------|
| 20-24           | 190.0 kgs / 418.8 lbs<br>Michael Vivlemore<br>2/2015   | 137.5 kgs / 303.1 lbs<br>Dennis Carcamo 3/2019  | 245.0 kgs / 540.1 lbs<br>Kenneth Stephens           | 547.5 kgs / 1207.0 lbs<br>Michael Vivlemore          |
| 25-29           | 197.5 kgs / 435.4 lbs<br>Aaron Osborne 10/2017         | 145.0 kgs / 319.6 lbs<br>Aaron Osborne 8/2017   | 277.5 kgs / 611.7 lbs<br>Aaron Osborne 10/2017      | 617.5 kgs / 1361.3 lbs<br>Aaron Osborne 10/2017      |
| 30-34           | 200.0 kgs / 440.9 lbs<br>Ben Nelson 9/2016             | 160.0 kgs / 352.7 lbs<br>Anthony Veal 4/2026    | 245.0 kgs / 540.1 lbs<br>Anthony Veal 4/2026        | 595.0 kgs / 1311.7 lbs<br>Anthony Veal 4/2026        |
| 35-39           | 152.5 kgs / 336.2 lbs<br>Michael Terrero 9/2017        | 120.0 kgs / 264.5 lbs<br>Jeff VanHorn 2/2016    | 212.5 kgs / 468.4 lbs<br>Jeff VanHorn 8/2016        | 477.5 kgs / 1052.6 lbs<br>Jeff VanHorn 8/2016        |
| 40-44           | 160.0 kgs / 352.7 lbs<br>S Roy                         | 157.5 kgs / 347.2 lbs<br>Duane Carter 2/2016    | 200.0 kgs / 440.9 lbs<br>Duane Carter 2/2016        | 500.0 kgs / 1102.3 lbs<br>Duane Carter 2/2016        |
| 45-49           |                                                        |                                                 | 157.5 kgs / 347.2 lbs<br>Steve Davis                |                                                      |
| 50-54           | 162.5 kgs / 358.2 lbs<br>Jeff Pugh 6/2026              | 125.0 kgs / 275.5 lbs<br>John Permelia 6/2014   | 210.0 kgs / 462.9 lbs<br>Jeff Shad                  | 467.5 kgs / 1030.6 lbs<br>Christopher Stewart 8/2022 |
| 55-59           | 167.5 kgs / 369.2 lbs<br>Christopher Stewart<br>5/2026 | 115.0 kgs / 253.5 lbs<br>Christian Kozub 8/2018 | 197.5 kgs / 435.4 lbs<br>Christopher Stewart 5/2026 | 457.5 kgs / 1008.6 lbs<br>Christopher Stewart 5/2026 |
| 60-64           | 152.5 kgs / 336.2 lbs<br>John Permelia 10/2025         | 105.0 kgs / 231.4 lbs<br>John Permelia 8/2025   | 182.5 kgs / 402.3 lbs<br>John Permelia 8/2025       | 437.5 kgs / 964.5 lbs<br>John Permelia 8/2025        |
| 65-69           | 112.5 kgs / 248.0 lbs<br>Randolph Guthrie<br>11/2025   | 75.0 kgs / 165.3 lbs<br>Randolph Guthrie 8/2025 | 165.0 kgs / 363.7 lbs<br>Randolph Guthrie 11/2025   | 352.5 kgs / 777.1 lbs<br>Randolph Guthrie 11/2025    |
| 70-74           | 137.5 kgs / 303.1 lbs<br>Al Annunziato 7/2018          | 110.0 kgs / 242.5 lbs<br>Al Annunziato 12/2018  | 215.0 kgs / 473.9 lbs<br>Al Annunziato 12/2018      | 455.0 kgs / 1003.0 lbs<br>Al Annunziato 12/2018      |
| Police/Fire/Mil | 172.5 kgs / 380.2 lbs<br>Greg Young 6/2017             | 142.5 kgs / 314.1 lbs<br>Greg Young 6/2017      | 212.5 kgs / 468.4 lbs<br>Jeff VanHorn 8/2016        | 505.0 kgs / 1113.3 lbs<br>Greg Young 6/2017          |
| Spec. Oly.      | 92.5 kgs / 203.9 lbs<br>Ed Woolfolk 4/2016             | 60.0 kgs / 132.2 lbs<br>Thomas Baker 4/2016     | 137.4 kgs / 302.9 lbs<br>Carl Riggelman             | 277.5 kgs / 611.7 lbs<br>TJ Woolfolk 2/2017          |

**Weight Class: 82.5 / 181 Male / Powerlifting**

| Division    | Squat                                                 | Bench Press                                         | Deadlift                                               | Total                                                   |
|-------------|-------------------------------------------------------|-----------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------|
| <b>Open</b> | <b>255.0 kgs / 562.1 lbs<br/>Darren Taylor 9/2016</b> | <b>192.5 kgs / 424.3 lbs<br/>T.J. Mosley 6/2017</b> | <b>297.5 kgs / 655.8 lbs<br/>Ilias Burnett 11/2024</b> | <b>725.0 kgs / 1598.3 lbs<br/>Ilias Burnett 11/2024</b> |
| 12-13       | 105.0 kgs / 231.4 lbs<br>Owen Whisenant 6/2014        | 82.5 kgs / 181.8 lbs<br>Owen Whisenant 6/2014       | 165.0 kgs / 363.7 lbs<br>Owen Whisenant 6/2014         | 342.5 kgs / 755.0 lbs<br>Owen Whisenant 6/2014          |
| 14-15       | 150.0 kgs / 330.6 lbs<br>Devin Hare 7/2019            | 95.0 kgs / 209.4 lbs<br>Devin Hare 7/2019           | 207.5 kgs / 457.4 lbs<br>Devin Hare 7/2019             | 452.5 kgs / 997.5 lbs<br>Devin Hare 7/2019              |
| 16-17       | 195.0 kgs / 429.8 lbs<br>Shaheer Bhatti 8/2017        | 135.0 kgs / 297.6 lbs<br>Shaheer Bhatti 8/2017      | 245.0 kgs / 540.1 lbs<br>Shaheer Bhatti 8/2017         | 575.0 kgs / 1267.6 lbs<br>Shaheer Bhatti 8/2017         |
| 18-19       | 200.5 kgs / 442.0 lbs<br>Caleb Simmons 4/2018         | 152.5 kgs / 336.2 lbs<br>Dane Sorensen 4/2016       | 245.0 kgs / 540.1 lbs<br>Dane Sorensen 4/2016          | 597.5 kgs / 1317.2 lbs<br>Dane Sorensen 4/2016          |
| 20-24       | 235.0 kgs / 518.0 lbs<br>Ilias Burnett 11/2024        | 192.5 kgs / 424.3 lbs<br>Ilias Burnett 11/2024      | 297.5 kgs / 655.8 lbs<br>Ilias Burnett 11/2024         | 725.0 kgs / 1598.3 lbs<br>Ilias Burnett 11/2024         |
| 25-29       | 240.0 kgs / 529.1 lbs<br>Larry Dyles                  | 172.5 kgs / 380.2 lbs<br>Larry Dyles                | 292.5 kgs / 644.8 lbs<br>Garrett Hence 2/2016          | 672.5 kgs / 1482.5 lbs<br>Ryan Kiecker 10/2016          |
| 30-34       | 200.0 kgs / 440.9 lbs<br>Garrett Hence 10/2015        | 192.5 kgs / 424.3 lbs<br>T.J. Mosley 6/2017         | 292.5 kgs / 644.8 lbs<br>Garrett Hence 10/2015         | 622.5 kgs / 1372.3 lbs<br>Garrett Hence 10/2015         |

|                 |                                                  |                                                |                                                  |                                                   |
|-----------------|--------------------------------------------------|------------------------------------------------|--------------------------------------------------|---------------------------------------------------|
| 35-39           | 255.0 kgs / 562.1 lbs<br>Darren Taylor 9/2016    | 150.0 kgs / 330.6 lbs<br>Jeffrey Kepler 4/2017 | 250.0 kgs / 551.1 lbs<br>Sean Guard 5/2017       | 642.5 kgs / 1416.4 lbs<br>Darren Taylor 9/2016    |
| 40-44           | 200.0 kgs / 440.9 lbs<br>B Perrow                | 189.0 kgs / 416.6 lbs<br>Matthew Reep 9/2016   | 252.5 kgs / 556.6 lbs<br>Matt Tetreault 3/2019   | 604.0 kgs / 1331.5 lbs<br>Matthew Reep 9/2016     |
| 45-49           | 177.5 kgs / 391.3 lbs<br>Brian McIntyre 10/2018  | 170.0 kgs / 374.7 lbs<br>Matthew Moore 2013    | 217.7 kgs / 479.9 lbs<br>Jervis Penn             | 515.0 kgs / 1135.3 lbs<br>Brian McIntyre 10/2018  |
| 50-54           | 192.5 kgs / 424.3 lbs<br>Scott LaTulipe 6/2015   | 147.5 kgs / 325.1 lbs<br>Matthew Moore 12/2018 | 230.0 kgs / 507.0 lbs<br>Scott LaTulipe 10/2015  | 550.0 kgs / 1212.5 lbs<br>Scott LaTulipe 6/2015   |
| 55-59           | 192.5 kgs / 424.3 lbs<br>Jeffrey Driskill 7/2019 | 132.5 kgs / 292.1 lbs<br>Larry Nash 11/2016    | 207.5 kgs / 457.4 lbs<br>Jeffrey Driskill 7/2019 | 502.5 kgs / 1107.8 lbs<br>Larry Nash 6/2018       |
| 60-64           | 180.0 kgs / 396.8 lbs<br>Jeffrey Driskill 4/2022 | 110.0 kgs / 242.5 lbs<br>John Permelia 8/2024  | 195.0 kgs / 429.8 lbs<br>Jeffrey Driskill 4/2022 | 462.5 kgs / 1019.6 lbs<br>Jeffrey Driskill 4/2022 |
| 65-69           | 183.0 kgs / 403.4 lbs<br>Miles Baker 2/2025      | 97.5 kgs / 214.9 lbs<br>Miles Baker 11/2020    | 212.5 kgs / 468.4 lbs<br>Miles Baker 6/2024      | 483.0 kgs / 1064.8 lbs<br>Miles Baker 2/2025      |
| 70-74           | 182.5 kgs / 402.3 lbs<br>Miles Baker 11/2025     | 85.0 kgs / 187.3 lbs<br>Miles Baker 2/2026     | 200.0 kgs / 440.9 lbs<br>Miles Baker 11/2025     | 462.5 kgs / 1019.6 lbs<br>Miles Baker 11/2025     |
| 75-79           | 55.0 kgs / 121.2 lbs<br>Yogi Sumner 11/2025      | 60.0 kgs / 132.2 lbs<br>Yogi Sumner 11/2025    | 100.0 kgs / 220.4 lbs<br>Yogi Sumner 10/2025     | 202.5 kgs / 446.4 lbs<br>Yogi Sumner 10/2025      |
| Police/Fire/Mil | 200.0 kgs / 440.9 lbs<br>B Perrow                | 189.0 kgs / 416.6 lbs<br>Matthew Reep 9/2016   | 240.0 kgs / 529.1 lbs<br>Matthew Reep            | 604.0 kgs / 1331.5 lbs<br>Matthew Reep 9/2016     |
| Spec. Oly.      | 127.5 kgs / 281.0 lbs<br>Chris Smallwood 4/2016  | 97.5 kgs / 214.9 lbs<br>Chris Smallwood 4/2016 | 195.0 kgs / 429.8 lbs<br>Chris Smallwood 4/2016  | 420.0 kgs / 925.9 lbs<br>Chris Smallwood 4/2016   |

**Weight Class: 90 / 198 Male / Powerlifting**

| Division    | Squat                                                        | Bench Press                                     | Deadlift                                                      | Total                                                         |
|-------------|--------------------------------------------------------------|-------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------|
| <b>Open</b> | <b>287.5 kgs / 633.8 lbs</b><br><b>William Waller 6/2021</b> | <b>190.5 kgs / 419.9 lbs</b><br><b>J Krause</b> | <b>305.0 kgs / 672.4 lbs</b><br><b>William Waller 11/2020</b> | <b>751.0 kgs / 1655.6 lbs</b><br><b>William Waller 6/2021</b> |
| 10-11       |                                                              |                                                 | 57.5 kgs / 126.7 lbs<br>Tyler May                             |                                                               |
| 12-13       | 137.5 kgs / 303.1 lbs<br>Brayden Dashiell 10/2025            | 90.0 kgs / 198.4 lbs<br>Owen Whisenant 11/2014  | 172.5 kgs / 380.2 lbs<br>Owen Whisenant 11/2014               | 391.0 kgs / 861.9 lbs<br>Brayden Dashiell 10/2025             |
| 14-15       | 150.0 kgs / 330.6 lbs<br>William Max Tanner 2/2024           | 105.0 kgs / 231.4 lbs<br>Jeffrey Allen          | 187.5 kgs / 413.3 lbs<br>William Max Tanner 2/2024            | 440.0 kgs / 970.0 lbs<br>Jeffrey Allen                        |
| 16-17       | 185.0 kgs / 407.8 lbs<br>Tameem Qasem 5/2015                 | 122.51 kgs / 270.0 lbs<br>D Brooks              | 227.5 kgs / 501.5 lbs<br>D Brooks                             | 517.5 kgs / 1140.8 lbs<br>D Brooks                            |
| 18-19       | 207.5 kgs / 457.4 lbs<br>Anderson Huger 4/2018               | 157.5 kgs / 347.2 lbs<br>Darien Finney 2/2016   | 260.0 kgs / 573.1 lbs<br>Darien Finney 2/2016                 | 617.5 kgs / 1361.3 lbs<br>Darien Finney 2/2016                |
| 20-24       | 215.0 kgs / 473.9 lbs<br>John Gregory 11/2014                | 160.0 kgs / 352.7 lbs<br>Dillon Koan 11/2015    | 260.0 kgs / 573.1 lbs<br>John Gregory 11/2014                 | 612.5 kgs / 1350.3 lbs<br>Liewelyn Howell 6/2014              |
| 25-29       | 217.5 kgs / 479.5 lbs<br>Robert Hooe 11/2021                 | 165.0 kgs / 363.7 lbs<br>Arkei Shareef 1/2018   | 292.5 kgs / 644.8 lbs<br>Tracy Moody                          | 630.0 kgs / 1388.8 lbs<br>Michael Blackwelder 10/2015         |
| 30-34       | 272.5 kgs / 600.7 lbs<br>John Huderson 11/2025               | 155.0 kgs / 341.7 lbs<br>John Huderson 11/2025  | 302.5 kgs / 666.8 lbs<br>John Huderson 11/2025                | 730.0 kgs / 1609.3 lbs<br>John Huderson 11/2025               |
| 35-39       | 245.0 kgs / 540.1 lbs<br>Larry Dyles 12/2018                 | 177.5 kgs / 391.3 lbs<br>Larry Dyles 12/2018    | 257.5 kgs / 567.6 lbs<br>Travis Barrett 11/2022               | 672.5 kgs / 1482.5 lbs<br>Larry Dyles 12/2018                 |

|                 |                                                   |                                                  |                                                    |                                                     |
|-----------------|---------------------------------------------------|--------------------------------------------------|----------------------------------------------------|-----------------------------------------------------|
| 40-44           | 245.0 kgs / 540.1 lbs<br>Jeffrey Kepler 4/2025    | 168.0 kgs / 370.3 lbs<br>Jeffrey Kepler 4/2025   | 280.0 kgs / 617.2 lbs<br>Jeffrey Kepler 4/2025     | 693.0 kgs / 1527.7 lbs<br>Jeffrey Kepler 4/2025     |
| 45-49           | 277.5 kgs / 611.7 lbs<br>William Waller 10/2018   | 177.5 kgs / 391.3 lbs<br>Matthew Moore 6/2014    | 282.5 kgs / 622.7 lbs<br>William Waller 6/2018     | 720.0 kgs / 1587.3 lbs<br>William Waller 10/2018    |
| 50-54           | 287.5 kgs / 633.8 lbs<br>William Waller 6/2021    | 161.0 kgs / 354.9 lbs<br>William Waller 6/2021   | 305.0 kgs / 672.4 lbs<br>William Waller 11/2020    | 751.0 kgs / 1655.6 lbs<br>William Waller 6/2021     |
| 55-59           | 228.0 kgs / 502.6 lbs<br>Jeffrey Driskill 11/2020 | 152.0 kgs / 335.0 lbs<br>Bill Lindsey            | 261.0 kgs / 575.4 lbs<br>Roy Apseloff              | 532.5 kgs / 1173.9 lbs<br>Jeffrey Driskill 11/2020  |
| 60-64           | 190.0 kgs / 418.8 lbs<br>Kent Cassell 4/2017      | 142.9 kgs / 315.0 lbs<br>Bill Lindsey            | 255.5 kgs / 563.2 lbs<br>Roy Apseloff 11/2020      | 547.5 kgs / 1207.0 lbs<br>Roy Apseloff 5/2018       |
| 65-69           | 160.0 kgs / 352.7 lbs<br>John Niedzwick 11/2014   | 110.0 kgs / 242.5 lbs<br>John Niedzwick 11/2014  | 187.5 kgs / 413.3 lbs<br>Edward Eisenberg 10/2015  | 452.5 kgs / 997.5 lbs<br>John Niedzwick 11/2014     |
| 70-74           | 140.0 kgs / 308.6 lbs<br>Ed Eisenberg 4/2018      | 102.5 kgs / 225.9 lbs<br>Edward Eisenberg 4/2017 | 175.0 kgs / 385.8 lbs<br>Edward Eisenberg 4/2017   | 415.0 kgs / 914.9 lbs<br>Edward Eisenberg 4/2017    |
| 75-79           | 60.0 kgs / 132.2 lbs<br>Fred Rice 6/2024          | 60.0 kgs / 132.2 lbs<br>Fred Rice 6/2024         | 182.5 kgs / 402.3 lbs<br>Fred Rice 6/2024          | 302.5 kgs / 666.8 lbs<br>Fred Rice 6/2024           |
| 80-84           | 115.0 kgs / 253.5 lbs<br>W. Fred Rice 11/2025     | 65.0 kgs / 143.2 lbs<br>W. Fred Rice 11/2025     | 182.5 kgs / 402.3 lbs<br>W. Fred Rice 11/2025      | 362.5 kgs / 799.1 lbs<br>W. Fred Rice 11/2025       |
| Police/Fire/Mil | 245.0 kgs / 540.1 lbs<br>Jeffrey Kepler 4/2025    | 168.0 kgs / 370.3 lbs<br>Jeffrey Kepler 4/2025   | 302.5 kgs / 666.8 lbs<br>Brandon Schabacker 5/2015 | 702.5 kgs / 1548.7 lbs<br>Brandon Schabacker 5/2015 |
| Spec. Oly.      | 142.5 kgs / 314.1 lbs<br>Daron Ealey 4/2016       | 105.0 kgs / 231.4 lbs<br>Daron Ealey 4/2016      | 210.0 kgs / 462.9 lbs<br>Daron Ealey 4/2016        | 457.5 kgs / 1008.6 lbs<br>Daron Ealey 4/2016        |

**Weight Class: 100 / 220 Male / Powerlifting**

| Division    | Squat                                                   | Bench Press                                             | Deadlift                                                 | Total                                                    |
|-------------|---------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------|
| <b>Open</b> | <b>275.0 kgs / 606.2 lbs<br/>Garrick Jeffers 6/2021</b> | <b>205.0 kgs / 451.9 lbs<br/>Sabre Schnitzer 4/2015</b> | <b>322.5 kgs / 710.9 lbs<br/>Abed Abu-Sakout 12/2018</b> | <b>757.5 kgs / 1669.9 lbs<br/>Derek Dickinson 9/2017</b> |
| 12-13       | 130.0 kgs / 286.5 lbs<br>Owen Whisenant 2/2015          | 95.0 kgs / 209.4 lbs<br>Owen Whisenant 2/2015           | 182.5 kgs / 402.3 lbs<br>Owen Whisenant 2/2015           | 407.5 kgs / 898.3 lbs<br>Owen Whisenant 2/2015           |
| 14-15       | 180.0 kgs / 396.8 lbs<br>Frank Castillo 6/2023          | 105.0 kgs / 231.4 lbs<br>Frank Castillo 6/2023          | 182.5 kgs / 402.3 lbs<br>Frank Castillo 6/2023           | 467.5 kgs / 1030.6 lbs<br>Frank Castillo 6/2023          |
| 16-17       | 212.5 kgs / 468.4 lbs<br>Colin McGrath                  | 135.0 kgs / 297.6 lbs<br>Colin McGrath                  | 272.5 kgs / 600.7 lbs<br>Kevin Allen                     | 582.5 kgs / 1284.1 lbs<br>Colin McGrath                  |
| 18-19       | 210.0 kgs / 462.9 lbs<br>Hans Werner 6/2014             | 165.0 kgs / 363.7 lbs<br>Hans Werner 6/2014             | 275.0 kgs / 606.2 lbs<br>Jonathan Rodman                 | 637.5 kgs / 1405.4 lbs<br>Hans Werner 6/2014             |
| 20-24       | 250.0 kgs / 551.1 lbs<br>Christian Trigo 2/2026         | 182.5 kgs / 402.3 lbs<br>EK Collin                      | 307.5 kgs / 677.9 lbs<br>Aaron Boyd                      | 667.5 kgs / 1471.5 lbs<br>EK Collin                      |
| 25-29       | 265.0 kgs / 584.2 lbs<br>Derek Dickinson 9/2017         | 195.0 kgs / 429.8 lbs<br>Derek Dickinson 9/2017         | 297.5 kgs / 655.8 lbs<br>Derek Dickinson 9/2017          | 757.5 kgs / 1669.9 lbs<br>Derek Dickinson 9/2017         |
| 30-34       | 275.0 kgs / 606.2 lbs<br>Garrick Jeffers 6/2021         | 170.0 kgs / 374.7 lbs<br>Abed Abu-Sakout 6/2016         | 322.5 kgs / 710.9 lbs<br>Abed Abu-Sakout 12/2018         | 755.0 kgs / 1664.4 lbs<br>Abed Abu-Sakout 12/2018        |
| 35-39       | 235.0 kgs / 518.0 lbs<br>Jason Lizarraga 11/2024        | 172.5 kgs / 380.2 lbs<br>Tim Henriques                  | 287.5 kgs / 633.8 lbs<br>Tim Henriques                   | 655.0 kgs / 1444.0 lbs<br>Jason Lizarraga 11/2024        |
| 40-44       | 222.5 kgs / 490.5 lbs<br>Michael Hilton 4/2019          | 155.0 kgs / 341.7 lbs<br>Michael Hilton 11/2019         | 280.0 kgs / 617.2 lbs<br>Michael Hilton 11/2019          | 650.0 kgs / 1432.9 lbs<br>Michael Hilton 11/2019         |
| 45-49       | 260.0 kgs / 573.1 lbs<br>Sabre Schnitzer 4/2015         | 205.0 kgs / 451.9 lbs<br>Sabre Schnitzer 4/2015         | 273.0 kgs / 601.8 lbs<br>Michael Dalton 4/2024           | 725.0 kgs / 1598.3 lbs<br>Sabre Schnitzer 4/2015         |

|                 |                                                 |                                               |                                                 |                                                 |
|-----------------|-------------------------------------------------|-----------------------------------------------|-------------------------------------------------|-------------------------------------------------|
| 50-54           | 237.5 kgs / 523.5 lbs<br>Michael Dalton 4/2026  | 150.0 kgs / 330.6 lbs<br>D Barbee             | 280.0 kgs / 617.2 lbs<br>Michael Dalton 11/2025 | 662.5 kgs / 1460.5 lbs<br>Michael Dalton 4/2026 |
| 55-59           | 195.0 kgs / 429.8 lbs<br>Terry Napisa 4/2021    | 137.5 kgs / 303.1 lbs<br>Terry Napisa 11/2022 | 212.5 kgs / 468.4 lbs<br>George Bannon 11/2024  | 535.0 kgs / 1179.4 lbs<br>Terry Napisa 4/2023   |
| 60-64           | 190.0 kgs / 418.8 lbs<br>Terry Napisa 4/2024    | 140.0 kgs / 308.6 lbs<br>Terry Napisa 4/2024  | 205.0 kgs / 451.9 lbs<br>Terry Napisa 4/2026    | 532.5 kgs / 1173.9 lbs<br>Terry Napisa 4/2024   |
| 65-69           | 188.5 kgs / 415.5 lbs<br>John Niedzwick 11/2015 | 132.5 kgs / 292.1 lbs<br>Robert Cook 11/2023  | 250.0 kgs / 551.1 lbs<br>Robert Cook 11/2023    | 552.5 kgs / 1218.0 lbs<br>Robert Cook 11/2023   |
| 70-74           | 122.5 kgs / 270.0 lbs<br>Ira Brooks 6/2016      | 92.5 kgs / 203.9 lbs<br>Ira Brooks 6/2016     | 160.0 kgs / 352.7 lbs<br>Ira Brooks 6/2016      | 375.0 kgs / 826.7 lbs<br>Ira Brooks 6/2016      |
| Police/Fire/Mil | 260.0 kgs / 573.1 lbs<br>Sabre Schnitzer        | 205.0 kgs / 451.9 lbs<br>Sabre Schnitzer      | 272.5 kgs / 600.7 lbs<br>Jason Lizarraga 1/2020 | 725.0 kgs / 1598.3 lbs<br>Sabre Schnitzer       |
| Spec. Oly.      | 102.5 kgs / 225.9 lbs<br>Matt Shomper 4/2016    | 67.5 kgs / 148.8 lbs<br>Matt Shomper 4/2016   | 137.5 kgs / 303.1 lbs<br>Matt Shomper 4/2016    | 307.5 kgs / 677.9 lbs<br>Matt Shomper 4/2016    |

**Weight Class: 110 / 242 Male / Powerlifting**

| Division        | Squat                                                | Bench Press                                             | Deadlift                                               | Total                                                    |
|-----------------|------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------|
| <b>Open</b>     | <b>295.5 kgs / 651.4 lbs<br/>Stiven Rivas 6/2024</b> | <b>200.0 kgs / 440.9 lbs<br/>Derek Dickinson 8/2019</b> | <b>320.5 kgs / 706.5 lbs<br/>Brian Hershler 2/2026</b> | <b>795.0 kgs / 1752.6 lbs<br/>Derek Dickinson 8/2019</b> |
| 14-15           | 165.0 kgs / 363.7 lbs<br>Daniel Hall 11/2020         | 130.0 kgs / 286.5 lbs<br>Daniel Hall 11/2020            | 190.0 kgs / 418.8 lbs<br>Daniel Hall 11/2020           | 485.0 kgs / 1069.2 lbs<br>Daniel Hall 11/2020            |
| 16-17           | 197.5 kgs / 435.4 lbs<br>Chris Kalligham 4/2018      | 135.0 kgs / 297.6 lbs<br>Daniel Hall 10/2021            | 220.0 kgs / 485.0 lbs<br>Chris Kalligham 4/2018        | 537.5 kgs / 1184.9 lbs<br>Chris Kalligham 4/2018         |
| 18-19           | 200.0 kgs / 440.9 lbs<br>Mariano Marchione 6/2017    | 137.5 kgs / 303.1 lbs<br>Mariano Marchione 6/2017       | 247.5 kgs / 545.6 lbs<br>Carl Bedwell                  | 555.0 kgs / 1223.5 lbs<br>Mariano Marchione 6/2017       |
| 20-24           | 277.5 kgs / 611.7 lbs<br>Stiven Rivas 6/2023         | 182.5 kgs / 402.3 lbs<br>Matt Cronin                    | 287.5 kgs / 633.8 lbs<br>Brian Hershler                | 702.5 kgs / 1548.7 lbs<br>Stiven Rivas 6/2023            |
| 25-29           | 295.5 kgs / 651.4 lbs<br>Stiven Rivas 6/2024         | 185.0 kgs / 407.8 lbs<br>Cory Palumbo 8/2017            | 285.0 kgs / 628.3 lbs<br>Brian Hershler 9/2015         | 748.0 kgs / 1649.0 lbs<br>Stiven Rivas 6/2024            |
| 30-34           | 285.0 kgs / 628.3 lbs<br>Derek Dickinson 8/2019      | 200.0 kgs / 440.9 lbs<br>Derek Dickinson 8/2019         | 320.0 kgs / 705.4 lbs<br>Samuel Taft 2/2026            | 795.0 kgs / 1752.6 lbs<br>Derek Dickinson 8/2019         |
| 35-39           | 250.0 kgs / 551.1 lbs<br>Brian Hershler 1/2025       | 197.3 kgs / 434.9 lbs<br>R Redfeam                      | 320.5 kgs / 706.5 lbs<br>Brian Hershler 2/2026         | 735.5 kgs / 1621.4 lbs<br>Brian Hershler 2/2026          |
| 40-44           | 227.5 kgs / 501.5 lbs<br>Jeff Davis 4/2015           | 182.5 kgs / 402.3 lbs<br>Jeff Davis 4/2015              | 285.0 kgs / 628.3 lbs<br>John Mays                     | 637.5 kgs / 1405.4 lbs<br>Jeff Davis 4/2015              |
| 45-49           | 190.0 kgs / 418.8 lbs<br>Tim Durrett 10/2021         | 155.0 kgs / 341.7 lbs<br>Tim Durrett 10/2021            | 251.7 kgs / 554.8 lbs<br>Mark Robb                     | 557.5 kgs / 1229.0 lbs<br>Tim Durrett 10/2021            |
| 50-54           | 227.5 kgs / 501.5 lbs<br>Michael Dalton 6/2025       | 155.0 kgs / 341.7 lbs<br>Tim Durrett 11/2023            | 280.0 kgs / 617.2 lbs<br>Michael Dalton 6/2025         | 655.0 kgs / 1444.0 lbs<br>Michael Dalton 6/2025          |
| 55-59           | 165.0 kgs / 363.7 lbs<br>Ray Siepinski 8/2018        | 142.5 kgs / 314.1 lbs<br>Tony Huffman 8/2019            | 215.0 kgs / 473.9 lbs<br>Kurtis Bosh 8/2020            | 500.0 kgs / 1102.3 lbs<br>Kurtis Bosh 8/2020             |
| 60-64           | 192.5 kgs / 424.3 lbs<br>Toby Jones 4/2026           | 142.5 kgs / 314.1 lbs<br>Toby Jones 4/2026              | 232.5 kgs / 512.5 lbs<br>Toby Jones 4/2026             | 567.5 kgs / 1251.1 lbs<br>Toby Jones 4/2026              |
| 65-69           | 170.1 kgs / 375.0 lbs<br>Ira Brooks                  | 125.0 kgs / 275.5 lbs<br>Ira Brooks 2010                | 192.5 kgs / 424.3 lbs<br>Jon Goldberg                  | 476.3 kgs / 1050.0 lbs<br>Ira Brooks                     |
| 70-74           | 137.5 kgs / 303.1 lbs<br>Ira Brooks 2/2016           | 137.5 kgs / 303.1 lbs<br>Charles LaPan 5/2014           | 165.0 kgs / 363.7 lbs<br>Ira Brooks 5/2015             | 402.5 kgs / 887.3 lbs<br>Charles LaPan 5/2014            |
| Police/Fire/Mil | 295.0 kgs / 650.3 lbs<br>Jason Wahl 6/2012           | 197.5 kgs / 435.4 lbs<br>David Dashiell 2013            | 295.0 kgs / 650.3 lbs<br>Jason Wahl 6/2012             | 750.0 kgs / 1653.4 lbs<br>Jason Wahl 6/2012              |

|             |                                              |                                             |                                              |                                              |
|-------------|----------------------------------------------|---------------------------------------------|----------------------------------------------|----------------------------------------------|
| Spec. Oly.  | 110.0 kgs / 242.5 lbs<br>Sean Kimball 4/2016 | 80.0 kgs / 176.3 lbs<br>Sean Kimball 4/2016 | 120.0 kgs / 264.5 lbs<br>Sean Kimball 4/2016 | 310.0 kgs / 683.4 lbs<br>Sean Kimball 4/2016 |
| Handicapped | 72.5 kgs / 159.8 lbs<br>Evan Sisto 4/2026    | 47.5 kgs / 104.7 lbs<br>Evan Sisto 4/2026   | 100.0 kgs / 220.4 lbs<br>Evan Sisto 4/2026   | 220.0 kgs / 485.0 lbs<br>Evan Sisto 4/2026   |

**Weight Class: 125 / 275 Male / Powerlifting**

| Division        | Squat                                           | Bench Press                                        | Deadlift                                        | Total                                            |
|-----------------|-------------------------------------------------|----------------------------------------------------|-------------------------------------------------|--------------------------------------------------|
| Open            | 307.5 kgs / 677.9 lbs<br>Derek Dickinson 6/2022 | 215.0 kgs / 473.9 lbs<br>Derek Dickinson 6/2022    | 315.0 kgs / 694.4 lbs<br>Fred Littlejohn 2/2015 | 827.5 kgs / 1824.3 lbs<br>Derek Dickinson 6/2022 |
| 14-15           | 187.5 kgs / 413.3 lbs<br>Maxx Philpott 6/2016   | 125.0 kgs / 275.5 lbs<br>Maxx Philpott 6/2016      | 182.5 kgs / 402.3 lbs<br>Maxx Philpott 6/2016   | 495.0 kgs / 1091.2 lbs<br>Maxx Philpott 6/2016   |
| 16-17           | 197.5 kgs / 435.4 lbs<br>Liam Emory 11/2024     | 97.5 kgs / 214.9 lbs<br>Liam Emory 11/2024         | 212.5 kgs / 468.4 lbs<br>Liam Emory 11/2024     | 507.5 kgs / 1118.8 lbs<br>Liam Emory 11/2024     |
| 18-19           | 192.8 kgs / 425.0 lbs<br>Daniel Trang           | 158.8 kgs / 350.0 lbs<br>Daniel Trang              | 230.0 kgs / 507.0 lbs<br>Skyler Harmon          | 560.2 kgs / 1235.0 lbs<br>Daniel Trang           |
| 20-24           | 275.0 kgs / 606.2 lbs<br>Matt Cronin 6/2015     | 197.5 kgs / 435.4 lbs<br>Matt Cronin 6/2015        | 297.5 kgs / 655.8 lbs<br>Matt Cronin 6/2015     | 770.0 kgs / 1697.5 lbs<br>Matt Cronin 6/2015     |
| 25-29           | 227.5 kgs / 501.5 lbs<br>Nathan Daniels 6/2019  | 182.5 kgs / 402.3 lbs<br>Chad Jackson              | 305.0 kgs / 672.4 lbs<br>Chad Jackson           | 612.5 kgs / 1350.3 lbs<br>Sharif Issa            |
| 30-34           | 307.5 kgs / 677.9 lbs<br>Derek Dickinson 6/2022 | 215.0 kgs / 473.9 lbs<br>Derek Dickinson 6/2022    | 305.0 kgs / 672.4 lbs<br>Derek Dickinson 6/2022 | 827.5 kgs / 1824.3 lbs<br>Derek Dickinson 6/2022 |
| 35-39           | 275.0 kgs / 606.2 lbs<br>P McMillian            | 197.5 kgs / 435.4 lbs<br>Robert Dillingham 10/2018 | 295.0 kgs / 650.3 lbs<br>P McMillian            | 755.0 kgs / 1664.4 lbs<br>P McMillian            |
| 40-44           | 275.5 kgs / 607.3 lbs<br>Fred Littlejohn 2/2015 | 192.5 kgs / 424.3 lbs<br>Robert Dillingham 7/2021  | 315.0 kgs / 694.4 lbs<br>Fred Littlejohn 2/2015 | 755.5 kgs / 1665.5 lbs<br>Fred Littlejohn 2/2015 |
| 45-49           | 201.0 kgs / 443.1 lbs<br>Chris Fry 11/2020      | 182.5 kgs / 402.3 lbs<br>Christopher Allen 11/2023 | 255.0 kgs / 562.1 lbs<br>Chris Allen 4/2021     | 620.0 kgs / 1366.8 lbs<br>Chris Allen 10/2021    |
| 50-54           | 205.0 kgs / 451.9 lbs<br>Chris Fry 4/2024       | 182.5 kgs / 402.3 lbs<br>Chris Fry 11/2021         | 250.0 kgs / 551.1 lbs<br>Chris Allen 4/2026     | 622.5 kgs / 1372.3 lbs<br>Chris Allen 4/2026     |
| 55-59           | 179.2 kgs / 395.0 lbs<br>Ed Stine               | 138.3 kgs / 304.8 lbs<br>Ed Stine                  | 210.0 kgs / 462.9 lbs<br>T Inman                | 508.0 kgs / 1119.9 lbs<br>Ed Stine               |
| 60-64           | 195.0 kgs / 429.8 lbs<br>Toby Jones 2/2025      | 150.0 kgs / 330.6 lbs<br>William Morris            | 225.0 kgs / 496.0 lbs<br>Toby Jones 4/2025      | 560.0 kgs / 1234.5 lbs<br>Toby Jones 4/2025      |
| 65-69           |                                                 |                                                    | 207.5 kgs / 457.4 lbs<br>Ed Stine               |                                                  |
| Police/Fire/Mil | 275.5 kgs / 607.3 lbs<br>Fred Littlejohn 2/2015 | 200.0 kgs / 440.9 lbs<br>David Dashiell 5/2015     | 315.0 kgs / 694.4 lbs<br>Fred Littlejohn 2/2015 | 762.5 kgs / 1681.0 lbs<br>David Dashiell 5/2015  |
| Spec. Oly.      | 117.5 kgs / 259.0 lbs<br>Brian Williams 4/2016  | 90.0 kgs / 198.4 lbs<br>Brian Williams 4/2016      | 160.0 kgs / 352.7 lbs<br>Brian Williams 4/2016  | 367.5 kgs / 810.1 lbs<br>Brian Williams 4/2016   |

**Weight Class: 140 / 308 Male / Powerlifting**

| Division | Squat                                          | Bench Press                                   | Deadlift                                       | Total                                           |
|----------|------------------------------------------------|-----------------------------------------------|------------------------------------------------|-------------------------------------------------|
| Open     | 290.0 kgs / 639.3 lbs<br>Jayme Campbell 5/2015 | 215.0 kgs / 473.9 lbs<br>Mikhail Ramos 6/2025 | 340.0 kgs / 749.5 lbs<br>Jayme Campbell 5/2015 | 830.0 kgs / 1829.8 lbs<br>Jayme Campbell 5/2015 |
| 14-15    | 160.5 kgs / 353.8 lbs<br>Daniel Hall 8/2020    | 125.0 kgs / 275.5 lbs<br>Daniel Hall 8/2020   | 200.0 kgs / 440.9 lbs<br>Daniel Hall 8/2020    | 485.5 kgs / 1070.3 lbs<br>Daniel Hall 8/2020    |

|                 |                                               |                                               |                                                 |                                                |
|-----------------|-----------------------------------------------|-----------------------------------------------|-------------------------------------------------|------------------------------------------------|
| 18-19           | 210.0 kgs / 462.9 lbs<br>Dakota Dalton 3/2018 | 132.5 kgs / 292.1 lbs<br>Dakota Dalton 3/2018 | 232.5 kgs / 512.5 lbs<br>Dakota Dalton 3/2018   | 575.0 kgs / 1267.6 lbs<br>Dakota Dalton 3/2018 |
| 20-24           | 277.0 kgs / 610.6 lbs<br>Brian Smith 10/2024  | 160.0 kgs / 352.7 lbs<br>Daniel Forjan 9/2016 | 275.0 kgs / 606.2 lbs<br>Christopher Dew 6/2014 | 682.0 kgs / 1503.5 lbs<br>Brian Smith 10/2024  |
| 25-29           | 260.0 kgs / 573.1 lbs<br>Kevin Marquez 5/2026 | 170.0 kgs / 374.7 lbs<br>Kevin Marquez 5/2026 | 280.0 kgs / 617.2 lbs<br>Kevin Marquez 5/2026   | 710.0 kgs / 1565.2 lbs<br>Kevin Marquez 5/2026 |
| 30-34           | 280.0 kgs / 617.2 lbs<br>Troy Winfrey 6/2016  | 215.0 kgs / 473.9 lbs<br>Mikhail Ramos 6/2025 | 282.5 kgs / 622.7 lbs<br>Mikhail Ramos 6/2025   | 750.0 kgs / 1653.4 lbs<br>Mikhail Ramos 6/2025 |
| 35-39           | 245.0 kgs / 540.1 lbs<br>Stevie Murden 4/2024 | 192.5 kgs / 424.3 lbs<br>Jason Harlow 2/2015  | 285.0 kgs / 628.3 lbs<br>Jason Harlow 5/2015    | 700.0 kgs / 1543.2 lbs<br>Jason Harlow 2/2015  |
| 40-44           | 232.5 kgs / 512.5 lbs<br>DJ Stinson 3/2019    | 175.0 kgs / 385.8 lbs<br>DJ Stinson 3/2019    | 290.0 kgs / 639.3 lbs<br>C Tarpinian            | 632.5 kgs / 1394.4 lbs<br>DJ Stinson 3/2019    |
| 45-49           | 240.0 kgs / 529.1 lbs<br>Adam Harman 5/2024   | 177.5 kgs / 391.3 lbs<br>Adam Harman 5/2024   | 282.5 kgs / 622.7 lbs<br>Robert Gains           | 617.5 kgs / 1361.3 lbs<br>DJ Stinson 4/2021    |
| 50-54           | 245.0 kgs / 540.1 lbs<br>Robert Gains 10/2016 | 200.0 kgs / 440.9 lbs<br>Robert Gains 10/2016 | 278.5 kgs / 613.9 lbs<br>Baron Dixon 2/2018     | 703.0 kgs / 1549.8 lbs<br>Robert Gains 6/2016  |
| 55-59           | 150.0 kgs / 330.6 lbs<br>Chris Fry 5/2026     | 180.0 kgs / 396.8 lbs<br>Chris Fry 4/2026     | 262.5 kgs / 578.7 lbs<br>Baron Dixon 11/2023    | 527.5 kgs / 1162.9 lbs<br>Chris Fry 4/2026     |
| 60-64           | 165.0 kgs / 363.7 lbs<br>Marty Elliot 4/2017  | 112.5 kgs / 248.0 lbs<br>John James 4/2024    | 215.0 kgs / 473.9 lbs<br>Marty Elliot 4/2017    | 457.5 kgs / 1008.6 lbs<br>John James 4/2024    |
| Police/Fire/Mil | 245.0 kgs / 540.1 lbs<br>Robert Gains 10/2016 | 200.0 kgs / 440.9 lbs<br>Robert Gains 10/2016 | 277.5 kgs / 611.7 lbs<br>Robert Gains 4/2015    | 703.0 kgs / 1549.8 lbs<br>Robert Gains 6/2016  |

**Unknown Class: SHW Male / Powerlifting**

| Division        | Squat                                          | Bench Press                                              | Deadlift                                             | Total                                           |
|-----------------|------------------------------------------------|----------------------------------------------------------|------------------------------------------------------|-------------------------------------------------|
| <b>Open</b>     | <b>362.9 kgs / 800.0 lbs</b><br><b>R Brent</b> | <b>231.3 kgs / 509.9 lbs</b><br><b>Nick Minneti 2005</b> | <b>367.5 kgs / 810.1 lbs</b><br><b>Nicholas Cook</b> | <b>952.6 kgs / 2100.1 lbs</b><br><b>R Brent</b> |
| 20-24           | 362.9 kgs / 800.0 lbs<br>R Brent               | 231.3 kgs / 509.9 lbs<br>R Brent                         | 367.5 kgs / 810.1 lbs<br>Nicholas Cook               | 952.6 kgs / 2100.1 lbs<br>R Brent               |
| 25-29           | 187.5 kgs / 413.3 lbs<br>Jacob Everhart        | 185.0 kgs / 407.8 lbs<br>Jacob Everhart                  | 257.5 kgs / 567.6 lbs<br>Jacob Everhart              | 627.5 kgs / 1383.3 lbs<br>Jacob Everhart        |
| 30-34           | 328.9 kgs / 725.0 lbs<br>Nick Minneti          | 226.8 kgs / 500.0 lbs<br>Nick Minneti                    | 362.9 kgs / 800.0 lbs<br>Nick Minneti                | 918.5 kgs / 2024.9 lbs<br>Nick Minneti          |
| 35-39           | 362.8 kgs / 799.8 lbs<br>Nick Minneti 2/2006   | 231.3 kgs / 509.9 lbs<br>Nick Minneti 2/2006             | 358.3 kgs / 789.9 lbs<br>Nick Minneti 2/2006         | 952.5 kgs / 2099.8 lbs<br>Nick Minneti 2/2006   |
| 40-44           | 215.0 kgs / 473.9 lbs<br>Dan Furlong 5/2026    | 187.5 kgs / 413.3 lbs<br>Dan Furlong 5/2026              | 295.0 kgs / 650.3 lbs<br>G Tarpinian                 | 642.5 kgs / 1416.4 lbs<br>Dan Furlong 5/2026    |
| 45-49           |                                                | 210.0 kgs / 462.9 lbs<br>Thomas Dillard 2010             | 325.0 kgs / 716.4 lbs<br>Thomas Dillard 2010         | 605.0 kgs / 1333.7 lbs<br>Thomas Dillard 2010   |
| 50-54           | 252.5 kgs / 556.6 lbs<br>Robert Gains 10/2017  | 200.5 kgs / 442.0 lbs<br>Robert Gains 10/2017            | 288.0 kgs / 634.9 lbs<br>Baron Dixon 4/2019          | 715.5 kgs / 1577.3 lbs<br>Robert Gains 10/2017  |
| 55-59           | 267.5 kgs / 589.7 lbs<br>Robert Gains 10/2019  | 197.5 kgs / 435.4 lbs<br>Robert Gains 3/2018             | 272.5 kgs / 600.7 lbs<br>Robert Gains 2/2018         | 737.5 kgs / 1625.8 lbs<br>Robert Gains 10/2019  |
| 60-64           | 230.0 kgs / 507.0 lbs<br>Robert Gains 6/2025   | 190.0 kgs / 418.8 lbs<br>Robert Gains 6/2024             | 272.5 kgs / 600.7 lbs<br>Robert Gains 11/2025        | 680.0 kgs / 1499.1 lbs<br>Robert Gains 11/2025  |
| Police/Fire/Mil | 230.0 kgs / 507.0 lbs<br>Robert Gains 6/2025   | 187.5 kgs / 413.3 lbs<br>Dan Furlong 5/2026              | 263.5 kgs / 580.9 lbs<br>Robert Gains 6/2025         | 678.5 kgs / 1495.8 lbs<br>Robert Gains 6/2025   |