



VIRGINIA STATE DEADLIFT RECORDS

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7/2/2026

Weight Class: 30 / 66 Female			
Division	Deadlift	Name	Date
Open	42.5 kgs / 93.6 lbs	Lesly Quinteros	2/2023
6-7	42.5 kgs / 93.6 lbs	Lesly Quinteros	2/2023

Weight Class: 35 / 77 Female			
Division	Deadlift	Name	Date
Open	55.0 kgs / 121.2 lbs	Kendall Johnston	
10-11	55.0 kgs / 121.2 lbs	Kendall Johnston	

Weight Class: 40 / 88 Female			
Division	Deadlift	Name	Date
Open	62.5 kgs / 137.7 lbs	Emma McIntyre	
8-9	52.5 kgs / 115.7 lbs	Lia Marquina-Rocha	8/2025
10-11	62.5 kgs / 137.7 lbs	Emma McIntyre	

Weight Class: 44 / 97 Female			
Division	Deadlift	Name	Date
Open	113.5 kgs / 250.2 lbs	Karen Poyner	8/2017
10-11	67.5 kgs / 148.8 lbs	Emma McIntyre	5/2014
12-13	65.0 kgs / 143.2 lbs	Sophin Sydnor	3/2022
14-15	72.5 kgs / 159.8 lbs	Linh Nguyen	12/1999
30-34	110.0 kgs / 242.5 lbs	Koube Ngaaje	7/2017
35-39	95.0 kgs / 209.4 lbs	Sumaya Shakir	5/2015
60-64	113.5 kgs / 250.2 lbs	Karen Poyner	8/2017
65-69	89.0 kgs / 196.2 lbs	Karen Poyner	10/2025
70-74	83.0 kgs / 182.9 lbs	Karen Poyner	5/2026

Weight Class: 48 / 105 Female			
Division	Deadlift	Name	Date
Open	135.0 kgs / 297.6 lbs	Keri Davis	6/2017
14-15	102.5 kgs / 225.9 lbs	J Smith	
18-19	72.5 kgs / 159.8 lbs	Kristen Robbins	12/2014
20-24	112.5 kgs / 248.0 lbs	Lauren Rodriguez	7/2016
25-29	135.0 kgs / 297.6 lbs	Keri Davis	6/2017
30-34	92.5 kgs / 203.9 lbs	Nicole Dirienzo	
35-39	122.5 kgs / 270.0 lbs	Jamie Brissey	4/2014
40-44	101.0 kgs / 222.6 lbs	Alison Bulluck	12/2021
45-49	130.0 kgs / 286.5 lbs	Kimberly Ryman	3/2012

50-54	122.5 kgs / 270.0 lbs	Kimberly Price	12/2012
55-59	122.5 kgs / 270.0 lbs	Karen Poyner	6/2011
60-64	113.5 kgs / 250.2 lbs	Kimberly Price	11/2024

Weight Class: 52 / 114 Female

Division	Deadlift	Name	Date
Open	152.5 kgs / 336.2 lbs	Natasha Beasley	10/2016
10-11	52.5 kgs / 115.7 lbs	Corinne King	3/2024
12-13	72.5 kgs / 159.8 lbs	Jennah ElBardicy	6/2024
14-15	87.5 kgs / 192.9 lbs	S Jose	
16-17	120.0 kgs / 264.5 lbs	Jennifer Molina	5/2026
20-24	140.0 kgs / 308.6 lbs	Izaba Paras	6/2017
25-29	143.0 kgs / 315.2 lbs	Parisa Souvannavong	8/2016
30-34	152.5 kgs / 336.2 lbs	Natasha Beasley	10/2016
35-39	150.0 kgs / 330.6 lbs	Natasha Beasley	10/2017
40-44	92.5 kgs / 203.9 lbs	Vanessa Talbott	4/2017
45-49	110.0 kgs / 242.5 lbs	P Willoughby	
55-59	115.0 kgs / 253.5 lbs	Kimberly Price	11/2020
60-64	117.5 kgs / 259.0 lbs	Jo Hendon	8/2021
65-69	57.5 kgs / 126.7 lbs	Marci VanHorn	11/2023
Police/Fire/Mil	140.0 kgs / 308.6 lbs	Misty Posey	2/2015

Weight Class: 56 / 123 Female

Division	Deadlift	Name	Date
Open	170.5 kgs / 375.8 lbs	Laura Siegle	10/2024
10-11	72.5 kgs / 159.8 lbs	Corinne King	6/2024
12-13	45.0 kgs / 99.2 lbs	Kinsley Heywood	9/2017
18-19	135.0 kgs / 297.6 lbs	Kendra Green	7/2018
20-24	170.0 kgs / 374.7 lbs	Jonalyn Barcarse	6/2021
25-29	150.0 kgs / 330.6 lbs	Laura Siegle	12/2018
30-34	170.5 kgs / 375.8 lbs	Laura Siegle	10/2024
35-39	165.0 kgs / 363.7 lbs	Natasha Beasley	6/2018
40-44	110.0 kgs / 242.5 lbs	Kimberly Medlin	11/2014
45-49	115.0 kgs / 253.5 lbs	Beth Permelia	9/2015
50-54	117.5 kgs / 259.0 lbs	Beth Permelia	6/2016
55-59	125.0 kgs / 275.5 lbs	Sherry Rowe	8/2021
60-64	126.5 kgs / 278.8 lbs	Susan Drach	4/2019
65-69	100.0 kgs / 220.4 lbs	Jo Hendon	9/2023
70-74	103.0 kgs / 227.0 lbs	Marcia Anderson	11/2022
75-79	107.5 kgs / 236.9 lbs	Marcia Anderson	6/2025
Police/Fire/Mil	142.5 kgs / 314.1 lbs	Misty Posey	10/2015

Weight Class: 60 / 132 Female

Division	Deadlift	Name	Date
Open	180.0 kgs / 396.8 lbs	Natasha Beasley	3/2020
12-13	55.0 kgs / 121.2 lbs	Cheyenne Crocket	6/2017
14-15	108.0 kgs / 238.0 lbs	Emily Hutcherson	2013
16-17	102.5 kgs / 225.9 lbs	Catherine Reynolds	3/2017
20-24	150.0 kgs / 330.6 lbs	Taylor Henderson	10/2015
25-29	157.5 kgs / 347.2 lbs	Lisa Suda	6/2016

30-34	151.0 kgs / 332.8 lbs	Tacara Baltimore	12/2023
35-39	180.0 kgs / 396.8 lbs	Natasha Beasley	3/2020
40-44	125.0 kgs / 275.5 lbs	Sarah Harris	11/2018
45-49	125.0 kgs / 275.5 lbs	Laura Clancy	6/2014
50-54	118.0 kgs / 260.1 lbs	Sherry Rowe	11/2020
55-59	128.0 kgs / 282.1 lbs	Sherry Rowe	3/2023
60-64	97.5 kgs / 214.9 lbs	Kim Radder	3/2018
65-69	119.0 kgs / 262.3 lbs	Linda Leightley	1/2015
70-74	125.0 kgs / 275.5 lbs	Linda Leightley	11/2019
75-79	125.0 kgs / 275.5 lbs	Linda Leightley	10/2021
80-84	95.5 kgs / 210.5 lbs	Linda Leightley	2/2025
Police/Fire/Mil	132.5 kgs / 292.1 lbs	Amanda Evans	2/2026

Weight Class: 67.5 / 148 Female

Division	Deadlift	Name	Date
Open	202.5 kgs / 446.4 lbs	Tricia Floyd	10/2021
10-11	65.0 kgs / 143.2 lbs	Mary Ross	2/2018
14-15	115.0 kgs / 253.5 lbs	Jordan West	
16-17	150.0 kgs / 330.6 lbs	Darby Nelson	
18-19	125.0 kgs / 275.5 lbs	Christina Hall	3/2017
20-24	172.5 kgs / 380.2 lbs	Aubrey Mester-Webb	2/2015
25-29	160.0 kgs / 352.7 lbs	Audrey Carpenter	7/2019
30-34	147.5 kgs / 325.1 lbs	Lindsay Lichtsinn	7/2016
35-39	200.0 kgs / 440.9 lbs	Tricia Floyd	3/2018
40-44	202.5 kgs / 446.4 lbs	Tricia Floyd	10/2021
45-49	160.0 kgs / 352.7 lbs	Sherry Caffin	7/2017
50-54	121.0 kgs / 266.7 lbs	Shawn Eure	11/2023
55-59	120.0 kgs / 264.5 lbs	Sherry Rowe	6/2025
60-64	112.5 kgs / 248.0 lbs	Geneva Koutas	
65-69	105.0 kgs / 231.4 lbs	Nancy Breen	4/2026
70-74	57.5 kgs / 126.7 lbs	Gladys Lopez	3/2016
75-79	67.5 kgs / 148.8 lbs	Marlene Henriques	3/2018
Police/Fire/Mil	182.5 kgs / 402.3 lbs	Latosha Floyd	

Weight Class: 75 / 165 Female

Division	Deadlift	Name	Date
Open	195.0 kgs / 429.8 lbs	Tricia Floyd	3/2019
10-11	85.0 kgs / 187.3 lbs	Mary Ross	6/2018
14-15	79.4 kgs / 175.0 lbs	T Geer	
16-17	117.5 kgs / 259.0 lbs	Hannah Morris	8/2022
18-19	152.5 kgs / 336.2 lbs	Kristina-Marie Coleman	6/2016
20-24	185.0 kgs / 407.8 lbs	Aubrey Mester-Webb	11/2015
25-29	187.5 kgs / 413.3 lbs	Aubrey Mester-Webb	10/2016
30-34	170.0 kgs / 374.7 lbs	Angela Roark	3/2017
35-39	195.0 kgs / 429.8 lbs	Tricia Floyd	3/2019
40-44	190.0 kgs / 418.8 lbs	Tricia Floyd	11/2022
45-49	137.5 kgs / 303.1 lbs	Michelle Hall	7/2018
50-54	117.5 kgs / 259.0 lbs	Jill Gossard	9/2014
55-59	137.5 kgs / 303.1 lbs	Claudia Helmick	3/2017
60-64	130.0 kgs / 286.5 lbs	Despina Belle-Isle	3/2019

65-69	126.0 kgs / 277.7 lbs	Nancy Breen	6/2025
70-74	112.5 kgs / 248.0 lbs	Linda Odum	4/2019
Police/Fire/Mil	187.5 kgs / 413.3 lbs	Latosha Floyd	

Weight Class: 82.5 / 181 Female

Division	Deadlift	Name	Date
Open	197.5 kgs / 435.4 lbs	Allison White	5/2019
14-15	115.0 kgs / 253.5 lbs	Jordan West	6/2015
16-17	145.0 kgs / 319.6 lbs	Hannah Morris	3/2023
18-19	167.5 kgs / 369.2 lbs	Kristina-Marie Coleman	10/2016
20-24	162.5 kgs / 358.2 lbs	Ashton Cotton	8/2016
25-29	162.5 kgs / 358.2 lbs	Sara Crews	3/2018
30-34	152.5 kgs / 336.2 lbs	Kristi Rowley	6/2017
35-39	197.5 kgs / 435.4 lbs	Allison White	5/2019
40-44	157.5 kgs / 347.2 lbs	Kristel Barber	7/2018
45-49	147.5 kgs / 325.1 lbs	Karen Kalinski	6/2021
50-54	137.5 kgs / 303.1 lbs	Mary Hodge	4/2019
55-59	150.0 kgs / 330.6 lbs	Linda Lee	8/2019
60-64	152.5 kgs / 336.2 lbs	Linda Lee	11/2019
65-69	137.5 kgs / 303.1 lbs	Linda Lee	5/2026
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Sara Crews	3/2018

Weight Class: 90 / 198 Female

Division	Deadlift	Name	Date
Open	200.0 kgs / 440.9 lbs	Aria DeSimini	7/2018
14-15	125.0 kgs / 275.5 lbs	Emily Neff	5/2021
16-17	82.5 kgs / 181.8 lbs	Sasha Lynn Payne	10/2023
18-19	112.5 kgs / 248.0 lbs	CaDeisha Debroux	4/2012
20-24	200.0 kgs / 440.9 lbs	Aria DeSimini	7/2018
25-29	152.5 kgs / 336.2 lbs	Kelly Christian	11/2019
30-34	165.0 kgs / 363.7 lbs	Marsha DiPeppe	7/2018
35-39	162.5 kgs / 358.2 lbs	Tomi Dement	11/2024
40-44	135.0 kgs / 297.6 lbs	Crystal Bridgforth	8/2020
45-49	167.5 kgs / 369.2 lbs	Charlotte Baker	4/2018
50-54	130.0 kgs / 286.5 lbs	Mary Hodge	11/2020
55-59	140.5 kgs / 309.7 lbs	Mary Hodge	8/2021
60-64	153.0 kgs / 337.3 lbs	Linda Lee	8/2021
65-69	133.5 kgs / 294.3 lbs	Karen Hansen	9/2016
70-74	126.0 kgs / 277.7 lbs	Karen Hansen	6/2018
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Tomi Dement	11/2024
Spec. Oly.	75.0 kgs / 165.3 lbs	Vonda Martin	11/2016

Weight Class: 90+ / 198+ Female

Division	Deadlift	Name	Date
Open	230.0 kgs / 507.0 lbs	Ashley Tinsley	11/2025
14-15	92.5 kgs / 203.9 lbs	Maia Carter	3/2019
16-17	142.5 kgs / 314.1 lbs	Kaitlyn Dortch	11/2024
18-19	150.0 kgs / 330.6 lbs	Maya El-Hage	3/2017
20-24	205.0 kgs / 451.9 lbs	Kopper Carter	6/2017
25-29	165.0 kgs / 363.7 lbs	Emily Adams	6/2015

30-34	206.0 kgs / 454.1 lbs	Emily Wingo	6/2017
35-39	200.0 kgs / 440.9 lbs	Malesia Taylor	11/2023
40-44	230.0 kgs / 507.0 lbs	Ashley Tinsley	11/2025
45-49	161.0 kgs / 354.9 lbs	Melany Pearl	1/2018
50-54	157.5 kgs / 347.2 lbs	Charlotte Baker	4/2023
55-59	175.0 kgs / 385.8 lbs	Charlotte Baker	4/2026
60-64	90.5 kgs / 199.5 lbs	Laura Lofton	1/2020
65-69	136.0 kgs / 299.8 lbs	Karen Hansen	3/2015
Police/Fire/Mil	175.0 kgs / 385.8 lbs	Charlotte Baker	4/2026
Spec. Oly.	70.0 kgs / 154.3 lbs	Vonda Martin	2/2017

Weight Class: 30 / 66 Male

Division	Deadlift	Name	Date
Open	62.5 kgs / 137.7 lbs	Henry Sydnor	3/2022
6-7	32.5 kgs / 71.6 lbs	Dominic Innocenti	7/2018
10-11	62.5 kgs / 137.7 lbs	Henry Sydnor	3/2022

Weight Class: 35 / 77 Male

Division	Deadlift	Name	Date
Open	62.5 kgs / 137.7 lbs	Owen Bulluck	2/2025
8-9	55.0 kgs / 121.2 lbs	Anthony Innocenti	7/2018
10-11	62.5 kgs / 137.7 lbs	Owen Bulluck	2/2025

Weight Class: 40 / 88 Male

Division	Deadlift	Name	Date
Open	77.5 kgs / 170.8 lbs	Kaiden Koehler	3/2018
10-11	77.5 kgs / 170.8 lbs	Kaiden Koehler	3/2018
12-13	50.0 kgs / 110.2 lbs	Nate Platz	7/2014

Weight Class: 44 / 97 Male

Division	Deadlift	Name	Date
Open	80.0 kgs / 176.3 lbs	Kaiden Koehler	6/2018
10-11	80.0 kgs / 176.3 lbs	Kaiden Koehler	6/2018

Weight Class: 48 / 105 Male

Division	Deadlift	Name	Date
Open	82.5 kgs / 181.8 lbs	Elliot Anderson	
8-9	60.0 kgs / 132.2 lbs	Brayden Dashiell	5/2021
12-13	82.5 kgs / 181.8 lbs	Elliot Anderson	

Weight Class: 52 / 114 Male

Division	Deadlift	Name	Date
Open	117.5 kgs / 259.0 lbs	Damian Cabrera	3/2017
8-9	50.0 kgs / 110.2 lbs	Simon Frankson	11/2020
12-13	102.5 kgs / 225.9 lbs	Elliot Anderson	
14-15	105.0 kgs / 231.4 lbs	Jared Miller	12/2021
16-17	117.5 kgs / 259.0 lbs	Damian Cabrera	3/2017

Weight Class: 56 / 123 Male

Division	Deadlift	Name	Date
Open	165.0 kgs / 363.7 lbs	Robert Clark	
12-13	137.5 kgs / 303.1 lbs	Elliot Anderson	6/2014
14-15	127.5 kgs / 281.0 lbs	Joshua Moore	12/2018
16-17	165.0 kgs / 363.7 lbs	Robert Clark	
18-19	105.0 kgs / 231.4 lbs	Jake Shankman	

Weight Class: 60 / 132 Male

Division	Deadlift	Name	Date
Open	205.0 kgs / 451.9 lbs	Jim Marchio	10/2015
12-13	132.5 kgs / 292.1 lbs	Cherokee Widner	
14-15	150.0 kgs / 330.6 lbs	Cherokee Widner	
16-17	162.5 kgs / 358.2 lbs	Brandon Friend	5/2017
18-19	167.5 kgs / 369.2 lbs	Jared Miller	12/2024
20-24	190.0 kgs / 418.8 lbs	Joshua Sine	
30-34	135.0 kgs / 297.6 lbs	Thomas Holton	4/2026
35-39	122.5 kgs / 270.0 lbs	Drew Meincke	2/2016
50-54	204.1 kgs / 449.9 lbs	Jim Marchio	1/2010
55-59	205.0 kgs / 451.9 lbs	Jim Marchio	10/2015
60-64	198.0 kgs / 436.5 lbs	Jim Marchio	4/2017
65-69	191.0 kgs / 421.0 lbs	Jim Marchio	4/2021
70-74	185.0 kgs / 407.8 lbs	Jim Marchio	4/2026
Spec. Oly.	102.5 kgs / 225.9 lbs	Aaron Ealey	4/2016

Weight Class: 67.5 / 148 Male

Division	Deadlift	Name	Date
Open	242.5 kgs / 534.6 lbs	Lenard Jones	6/2019
10-11	92.5 kgs / 203.9 lbs	Brayden Dashiell	10/2022
12-13	155.0 kgs / 341.7 lbs	Eric Neff	5/2014
14-15	152.5 kgs / 336.2 lbs	David Debevic	10/2015
16-17	215.0 kgs / 473.9 lbs	Michael Johnson	12/2017
18-19	205.0 kgs / 451.9 lbs	Garrison Sakes	3/2019
20-24	242.5 kgs / 534.6 lbs	Lenard Jones	6/2019
25-29	235.0 kgs / 518.0 lbs	Christopher Ferranti	6/2016
30-34	225.0 kgs / 496.0 lbs	Brannigan Coleman	11/2023
35-39	185.0 kgs / 407.8 lbs	Corey Politino	
45-49	235.0 kgs / 518.0 lbs	Jeff Ennis	8/2017
50-54	140.0 kgs / 308.6 lbs	John Taninecz	10/2015
55-59	150.0 kgs / 330.6 lbs	Matthew Chapman	6/2024
65-69	165.6 kgs / 365.0 lbs	Larry Eggleston	
70-74	177.5 kgs / 391.3 lbs	Pete Miller	10/2015
80-84	92.5 kgs / 203.9 lbs	Nikola Lucas	2/2024
Police/Fire/Mil	235.0 kgs / 518.0 lbs	Timothy Raube	11/2014
Spec. Oly.	67.5 kgs / 148.8 lbs	Patrick Hardy	4/2016
Handicapped	92.5 kgs / 203.9 lbs	Nikola Lucas	2/2024

Weight Class: 75 / 165 Male

Division	Deadlift	Name	Date
Open	277.5 kgs / 611.7 lbs	Aaron Osborne	5/2017
10-11	110.0 kgs / 242.5 lbs	Brayden Dashiell	5/2023

12-13	107.5 kgs / 236.9 lbs	Owen Whisenant	
14-15	180.0 kgs / 396.8 lbs	Ian Richardson	5/2024
16-17	232.5 kgs / 512.5 lbs	Denny Yi	1/2014
18-19	250.0 kgs / 551.1 lbs	Tyler McFadden	3/2019
20-24	260.0 kgs / 573.1 lbs	Rob Hanners	11/2009
25-29	277.5 kgs / 611.7 lbs	Aaron Osborne	5/2017
30-34	245.0 kgs / 540.1 lbs	Anthony Veal	4/2026
35-39	212.5 kgs / 468.4 lbs	Jeff VanHorn	8/2016
40-44	200.0 kgs / 440.9 lbs	Duane Carter	2/2016
45-49	157.5 kgs / 347.2 lbs	Steve Davis	6/2015
50-54	210.0 kgs / 462.9 lbs	Jeff Shad	10/2015
55-59	197.5 kgs / 435.4 lbs	Christopher Stewart	5/2026
60-64	182.5 kgs / 402.3 lbs	John Permelia	8/2025
65-69	165.0 kgs / 363.7 lbs	Randolph Guthrie	11/2025
70-74	215.0 kgs / 473.9 lbs	Al Annunziato	12/2018
75-79	115.0 kgs / 253.5 lbs	Pete Miller	12/2022
Police/Fire/Mil	212.5 kgs / 468.4 lbs	Jeff VanHorn	8/2016
Spec. Oly.	137.4 kgs / 302.9 lbs	Carl Riggelman	

Weight Class: 82.5 / 181 Male			
Division	Deadlift	Name	Date
Open	297.5 kgs / 655.8 lbs	Ilias Burnett	11/2024
12-13	165.0 kgs / 363.7 lbs	Owen Whisenant	6/2014
14-15	207.5 kgs / 457.4 lbs	Devin Hare	7/2019
16-17	258.0 kgs / 568.7 lbs	Shaheer Bhatti	7/2017
18-19	245.0 kgs / 540.1 lbs	Dane Sorensen	4/2016
20-24	297.5 kgs / 655.8 lbs	Ilias Burnett	11/2024
25-29	292.5 kgs / 644.8 lbs	Garrett Hence	2/2016
30-34	292.5 kgs / 644.8 lbs	Garrett Hence	10/2015
35-39	257.5 kgs / 567.6 lbs	Matt Tetreault	1/2017
40-44	252.5 kgs / 556.6 lbs	Matt Tetreault	3/2019
45-49	227.5 kgs / 501.5 lbs	Matt Tetreault	12/2023
50-54	230.0 kgs / 507.0 lbs	Scott LaTulipe	10/2015
55-59	207.5 kgs / 457.4 lbs	Jeffrey Driskill	7/2019
60-64	200.0 kgs / 440.9 lbs	Miles Baker	12/2019
65-69	212.5 kgs / 468.4 lbs	Miles Baker	6/2024
70-74	202.5 kgs / 446.4 lbs	Bud Koval	10/2018
75-79	163.0 kgs / 359.3 lbs	Pete Miller	7/2019
80-84	110.0 kgs / 242.5 lbs	Pete Miller	6/2023
Police/Fire/Mil	240.0 kgs / 529.1 lbs	Matthew Reep	
Spec. Oly.	195.0 kgs / 429.8 lbs	Chris Smallwood	4/2016

Weight Class: 90 / 198 Male			
Division	Deadlift	Name	Date
Open	305.0 kgs / 672.4 lbs	William Waller	11/2020
10-11	57.5 kgs / 126.7 lbs	Tyler May	9/2012
12-13	172.5 kgs / 380.2 lbs	Owen Whisenant	11/2014
14-15	187.5 kgs / 413.3 lbs	William Max Tanner	2/2024
16-17	230.0 kgs / 507.0 lbs	Ian Richardson	12/2025
18-19	260.0 kgs / 573.1 lbs	Darien Finney	2/2016

20-24	260.5 kgs / 574.2 lbs	Robert Warfel	8/2017
25-29	292.5 kgs / 644.8 lbs	Tracy Moody	3/2016
30-34	302.5 kgs / 666.8 lbs	John Huderson	11/2025
35-39	275.0 kgs / 606.2 lbs	Travis Barrett	6/2021
40-44	280.0 kgs / 617.2 lbs	Jeffrey Kepler	4/2025
45-49	282.5 kgs / 622.7 lbs	William Waller	6/2018
50-54	305.0 kgs / 672.4 lbs	William Waller	11/2020
55-59	263.5 kgs / 580.9 lbs	Roy Apseloff	8/2017
60-64	272.5 kgs / 600.7 lbs	Roy Apseloff	3/2018
65-69	235.0 kgs / 518.0 lbs	Roy Apseloff	11/2023
70-74	207.5 kgs / 457.4 lbs	Bud Koval	4/2018
75-79	202.5 kgs / 446.4 lbs	Stephen Koval	11/2022
80-84	182.5 kgs / 402.3 lbs	W. Fred Rice	11/2025
Police/Fire/Mil	302.5 kgs / 666.8 lbs	Brandon Schabacker	5/2015
Spec. Oly.	210.0 kgs / 462.9 lbs	Daron Ealey	4/2016

Weight Class: 100 / 220 Male			
Division	Deadlift	Name	Date
Open	322.5 kgs / 710.9 lbs	Abed Abu-Sakout	1/2016
12-13	182.5 kgs / 402.3 lbs	Owen Whisenant	2/2015
14-15	210.0 kgs / 462.9 lbs	Malachi Montgomery	8/2022
16-17	272.5 kgs / 600.7 lbs	Kevin Allen	1/2015
18-19	275.0 kgs / 606.2 lbs	Jonathan Rodman	7/2013
20-24	307.5 kgs / 677.9 lbs	Aaron Boyd	
25-29	297.5 kgs / 655.8 lbs	Derek Dickinson	9/2017
30-34	322.5 kgs / 710.9 lbs	Abed Abu-Sakout	1/2016
35-39	287.5 kgs / 633.8 lbs	Tim Henriques	
40-44	280.0 kgs / 617.2 lbs	Michael Hilton	11/2019
45-49	273.0 kgs / 601.8 lbs	Michael Dalton	4/2024
50-54	280.0 kgs / 617.2 lbs	Michael Dalton	11/2025
55-59	272.5 kgs / 600.7 lbs	Frank Sowa	4/2015
60-64	245.0 kgs / 540.1 lbs	Frank Sowa	5/2021
65-69	250.0 kgs / 551.1 lbs	Robert Cook	11/2023
70-74	160.0 kgs / 352.7 lbs	James Johnson	1/2016
75-79	170.0 kgs / 374.7 lbs	Rich Coppins	8/2022
80-84	105.0 kgs / 231.4 lbs	Frank Cihlar	12/2024
Police/Fire/Mil	277.5 kgs / 611.7 lbs	Marcus Tiines	12/2017
Spec. Oly.	137.5 kgs / 303.1 lbs	Matt Shomper	4/2016

Weight Class: 110 / 242 Male			
Division	Deadlift	Name	Date
Open	327.5 kgs / 722.0 lbs	Brian Hershler	12/2025
14-15	190.0 kgs / 418.8 lbs	Daniel Hall	11/2020
16-17	227.5 kgs / 501.5 lbs	Owen Whisenant	4/2018
18-19	247.5 kgs / 545.6 lbs	Carl Bedwell	
20-24	292.5 kgs / 644.8 lbs	Stiven Rivas	9/2023
25-29	305.0 kgs / 672.4 lbs	Stiven Rivas	12/2024
30-34	325.0 kgs / 716.4 lbs	Brian Hershler	9/2024
35-39	327.5 kgs / 722.0 lbs	Brian Hershler	12/2025
40-44	285.0 kgs / 628.3 lbs	John Mays	

45-49	251.7 kgs / 554.8 lbs	Mark Robb	
50-54	280.0 kgs / 617.2 lbs	Michael Dalton	6/2025
55-59	276.0 kgs / 608.4 lbs	Frank Sowa	6/2012
60-64	232.5 kgs / 512.5 lbs	Toby Jones	4/2026
65-69	235.0 kgs / 518.0 lbs	Joe Gregory	12/2016
70-74	222.5 kgs / 490.5 lbs	Joe Gregory	12/2018
75-79	97.5 kgs / 214.9 lbs	Bernie Rhodes	2/2026
80-84	102.5 kgs / 225.9 lbs	Frank Cihlar	5/2026
Police/Fire/Mil	295.0 kgs / 650.3 lbs	Jason Wahl	6/2012
Spec. Oly.	120.0 kgs / 264.5 lbs	Sean Kimball	4/2016
Handicapped	102.5 kgs / 225.9 lbs	Frank Cihlar	5/2026

Weight Class: 125 / 275 Male

Division	Deadlift	Name	Date
Open	315.0 kgs / 694.4 lbs	Fred Littlejohn	2/2015
14-15	205.0 kgs / 451.9 lbs	Daniel Hall	10/2020
16-17	212.5 kgs / 468.4 lbs	Liam Emory	11/2024
18-19	230.0 kgs / 507.0 lbs	Skyler Harmon	
20-24	297.5 kgs / 655.8 lbs	Matt Cronin	6/2015
25-29	305.0 kgs / 672.4 lbs	Chad Jackson	
30-34	305.0 kgs / 672.4 lbs	Derek Dickinson	6/2022
35-39	305.0 kgs / 672.4 lbs	Carnadi Ford	3/2018
40-44	315.0 kgs / 694.4 lbs	Fred Littlejohn	2/2015
45-49	260.0 kgs / 573.1 lbs	Chris Allen	2/2023
50-54	275.0 kgs / 606.2 lbs	Patrick McMillan Sr.	11/2024
55-59	285.0 kgs / 628.3 lbs	Brian Baisert	12/2016
60-64	249.0 kgs / 548.9 lbs	Stephen Kozlowski	4/2022
65-69	250.0 kgs / 551.1 lbs	Stephen Kozlowski	4/2023
Police/Fire/Mil	315.0 kgs / 694.4 lbs	Fred Littlejohn	2/2015
Spec. Oly.	160.0 kgs / 352.7 lbs	Brian Williams	4/2016

Weight Class: 140 / 308 Male

Division	Deadlift	Name	Date
Open	342.5 kgs / 755.0 lbs	Mark Hotochin	2/2018
14-15	200.0 kgs / 440.9 lbs	Daniel Hall	8/2020
16-17	250.0 kgs / 551.1 lbs	Tyler May	3/2018
18-19	232.5 kgs / 512.5 lbs	Dakota Dalton	3/2018
20-24	275.0 kgs / 606.2 lbs	Christopher Dew	6/2014
25-29	280.0 kgs / 617.2 lbs	Kevin Marquez	5/2026
30-34	282.5 kgs / 622.7 lbs	Mikhail Ramos	6/2025
35-39	342.5 kgs / 755.0 lbs	Mark Hotochin	2/2018
40-44	340.0 kgs / 749.5 lbs	Roscoe Ware	12/2013
45-49	282.5 kgs / 622.7 lbs	Robert Gains	
50-54	282.5 kgs / 622.7 lbs	Robert Gains	12/2012
55-59	272.5 kgs / 600.7 lbs	Baron Dixon	8/2022
60-64	215.0 kgs / 473.9 lbs	Marty Elliot	4/2017
65-69	240.0 kgs / 529.1 lbs	Stephen Kozlowski	4/2024
Police/Fire/Mil	277.5 kgs / 611.7 lbs	Robert Gains	4/2015

Unknown Class: SHW Male

Division	Deadlift	Name	Date
Open	367.5 kgs / 810.1 lbs	Nicholas Cook	3/2015
20-24	367.5 kgs / 810.1 lbs	Nicholas Cook	3/2015
25-29	257.5 kgs / 567.6 lbs	Jacob Everhart	
30-34	362.9 kgs / 800.0 lbs	Nick Minneti	
35-39	358.3 kgs / 789.9 lbs	Nick Minneti	2/2006
40-44	295.0 kgs / 650.3 lbs	G Tarpinian	
45-49	325.0 kgs / 716.4 lbs	Thomas Dillard	2010
50-54	288.0 kgs / 634.9 lbs	Baron Dixon	4/2019
55-59	272.5 kgs / 600.7 lbs	Robert Gains	2/2018
60-64	272.5 kgs / 600.7 lbs	Robert Gains	11/2025
65-69	165.0 kgs / 363.7 lbs	Bob Shirley	6/2021
Police/Fire/Mil	263.5 kgs / 580.9 lbs	Robert Gains	6/2025