



NEW YORK STATE BENCH RECORDS

Ed Kutin edkutin@gmail.com

7/2/2026

Weight Class: 30 / 66 Female			
Division	Bench Press	Name	Date
Open	17.5 kgs / 38.5 lbs	Sylvia Hunter	1/2025
6-7	17.5 kgs / 38.5 lbs	Sylvia Hunter	1/2025

Weight Class: 40 / 88 Female			
Division	Bench Press	Name	Date
Open	30.0 kgs / 66.1 lbs	Payton Ahart	5/2026
12-13	30.0 kgs / 66.1 lbs	Payton Ahart	5/2026

Weight Class: 44 / 97 Female			
Division	Bench Press	Name	Date
Open	51.0 kgs / 112.4 lbs	Jessica McBride	11/2007
8-9	15.0 kgs / 33.0 lbs	Shoshonna Warner	11/2011
14-15	32.5 kgs / 71.6 lbs	Alyse Cerone	6/2017
16-17	27.2 kgs / 59.9 lbs	A. Stechyshyn	4/2009
18-19	49.8 kgs / 109.7 lbs	Jessica McBride	11/2006
20-24	51.0 kgs / 112.4 lbs	Jessica McBride	11/2007
30-34	42.5 kgs / 93.6 lbs	Jill Neziri	6/2017
45-49	30.0 kgs / 66.1 lbs	Jeanette Savage	1/2025
50-54	27.5 kgs / 60.6 lbs	Jeanette Savage	1/2026
Spec. Oly.	30.0 kgs / 66.1 lbs	Jeanette Savage	1/2025

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	52.5 kgs / 115.7 lbs	Haley-Jo Kenny	12/2019
14-15	42.5 kgs / 93.6 lbs	Jasmine Nautel	9/2017
20-24	43.1 kgs / 95.0 lbs	Jill Neziri	2004
25-29	52.5 kgs / 115.7 lbs	Haley-Jo Kenny	12/2019
30-34	45.0 kgs / 99.2 lbs	Jill Neziri	6/2016
35-39	45.0 kgs / 99.2 lbs	Jill Neziri	12/2019
45-49	25.0 kgs / 55.1 lbs	Anna Marra	8/2012

Weight Class: 52 / 114 Female			
Division	Bench Press	Name	Date
Open	60.0 kgs / 132.2 lbs	Bianca Rivera	1/2023
10-11	20.4 kgs / 44.9 lbs	Chelsi Byrnes	5/2009
14-15	45.4 kgs / 100.0 lbs	K. Ott	2006
16-17	45.5 kgs / 100.3 lbs	Shannon Lang	4/2017

20-24	50.3 kgs / 110.8 lbs	Jill Neziri	6/2006
35-39	47.9 kgs / 105.6 lbs	Kristina Martemucci	2/2012
40-44	59.0 kgs / 130.0 lbs	Wendy Slicer	10/2008
45-49	60.0 kgs / 132.2 lbs	Bianca Rivera	1/2023

Weight Class: 56 / 123 Female

Division	Bench Press	Name	Date
Open	65.0 kgs / 143.2 lbs	Haley-Jo Kenny	6/2021
12-13	36.3 kgs / 80.0 lbs	K. Ott	2004
16-17	32.5 kgs / 71.6 lbs	Niley Camilo	6/2024
20-24	47.5 kgs / 104.7 lbs	Samantha Park	11/2016
25-29	65.0 kgs / 143.2 lbs	Haley-Jo Kenny	6/2021
30-34	60.0 kgs / 132.2 lbs	Caroline Lee	6/2021
35-39	62.5 kgs / 137.7 lbs	Caroline Lee	1/2023
40-44	57.5 kgs / 126.7 lbs	Bianca Rivera	6/2022
45-49	32.5 kgs / 71.6 lbs	Linda Strong-Denerley	12/2019
50-54	27.5 kgs / 60.6 lbs	Linda Denerley	6/2021
60-64	32.5 kgs / 71.6 lbs	Shirleen Barnes	5/2026

Weight Class: 60 / 132 Female

Division	Bench Press	Name	Date
Open	85.0 kgs / 187.3 lbs	Andrea White	6/2014
12-13	57.5 kgs / 126.7 lbs	Layla Zylinsky	6/2025
14-15	42.5 kgs / 93.6 lbs	Aspen Parker	10/2018
16-17	57.5 kgs / 126.7 lbs	Rebekah Rendino	10/2017
18-19	50.0 kgs / 110.2 lbs	Phyllis Rose	4/2017
20-24	67.5 kgs / 148.8 lbs	Gina Medici	6/2014
25-29	67.5 kgs / 148.8 lbs	Laura Monroe	8/2011
30-34	65.0 kgs / 143.2 lbs	Staci Stadler	1/2026
35-39	85.0 kgs / 187.3 lbs	Andrea White	6/2014
40-44	61.2 kgs / 134.9 lbs	Marcy Stein	12/2007
50-54	67.5 kgs / 148.8 lbs	Heather Flottmann	6/2024
55-59	42.5 kgs / 93.6 lbs	Kathleen Pacifici	6/2023

Weight Class: 67.5 / 148 Female

Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Andrea White	11/2014
12-13	60.0 kgs / 132.2 lbs	Layla Zylinsky	5/2026
14-15	67.5 kgs / 148.8 lbs	Ava Lucenti	6/2025
16-17	57.5 kgs / 126.7 lbs	Haley Hennessey	1/2026
18-19	52.5 kgs / 115.7 lbs	Mia Gaylord	6/2022
20-24	65.0 kgs / 143.2 lbs	Ania Bayait	1/2026
25-29	73.0 kgs / 160.9 lbs	Laura Monroe	6/2012
30-34	80.0 kgs / 176.3 lbs	Megan Jacoby	6/2022
35-39	97.5 kgs / 214.9 lbs	Andrea White	11/2014
40-44	61.0 kgs / 134.4 lbs	Suzanne Jeffers	6/2017
45-49	55.0 kgs / 121.2 lbs	Suzanne Jeffers	6/2022
50-54	75.0 kgs / 165.3 lbs	Heather Flottmann	4/2023
55-59	55.0 kgs / 121.2 lbs	Linda Eggleston	1/2024
60-64	45.0 kgs / 99.2 lbs	Lou Dipetta	1/2023

65-69	45.0 kgs / 99.2 lbs	Diane Hiller	6/2024
70-74	42.5 kgs / 93.6 lbs	Dorothy Bolton	5/2026

Weight Class: 75 / 165 Female

Division	Bench Press	Name	Date
Open	85.0 kgs / 187.3 lbs	Andrea Marsh	9/2015
12-13	47.5 kgs / 104.7 lbs	Lily Stoddard	6/2018
14-15	37.5 kgs / 82.6 lbs	Bess Slicer	10/2008
16-17	62.5 kgs / 137.7 lbs	Jennarose Reagan	5/2026
18-19	62.5 kgs / 137.7 lbs	Mia Gaylord	6/2023
20-24	85.0 kgs / 187.3 lbs	Andrea Marsh	9/2015
25-29	77.5 kgs / 170.8 lbs	Dawn Basciani	3/2015
30-34	52.5 kgs / 115.7 lbs	Courtney Hansell	1/2025
35-39	52.5 kgs / 115.7 lbs	Courtney Hansell	1/2026
40-44	85.0 kgs / 187.3 lbs	Heather McCarthy	5/2026
45-49	63.0 kgs / 138.8 lbs	Genevieve Washington	11/2016
50-54	45.0 kgs / 99.2 lbs	Christine Wheaton	1/2026
55-59	57.5 kgs / 126.7 lbs	Betsy Hauptman	1/2026
60-64	40.0 kgs / 88.1 lbs	Alison Wilber	5/2026
65-69	45.0 kgs / 99.2 lbs	Diane Hiller	6/2023

Weight Class: 82.5 / 181 Female

Division	Bench Press	Name	Date
Open	92.5 kgs / 203.9 lbs	Emily Raymond	6/2024
14-15	67.5 kgs / 148.8 lbs	Brooke Bonney	6/2012
16-17	77.5 kgs / 170.8 lbs	Brooke Bonney	2013
20-24	92.5 kgs / 203.9 lbs	Emily Raymond	6/2024
25-29	50.0 kgs / 110.2 lbs	Nikki Rodo	4/2014
30-34	67.5 kgs / 148.8 lbs	Colleen Woods	1/2024
35-39	77.5 kgs / 170.8 lbs	Kashona Singleton	6/2015
40-44	67.5 kgs / 148.8 lbs	Meredith Gunning	3/2020
45-49	70.0 kgs / 154.3 lbs	Tara LePage	12/2023
55-59	67.5 kgs / 148.8 lbs	Michele Latour	5/2026
60-64	55.0 kgs / 121.2 lbs	Terri Korba	5/2026

Weight Class: 90 / 198 Female

Division	Bench Press	Name	Date
Open	107.5 kgs / 236.9 lbs	Riki Napiorkowski	10/2018
14-15	40.0 kgs / 88.1 lbs	Stephanie Winchip	3/2011
25-29	97.5 kgs / 214.9 lbs	Riki Napiorkowski	10/2016
30-34	107.5 kgs / 236.9 lbs	Riki Napiorkowski	10/2018
35-39	90.0 kgs / 198.4 lbs	Rebecca Tucker	6/2018
40-44	62.5 kgs / 137.7 lbs	Monique Lee	1/2026
45-49	67.5 kgs / 148.8 lbs	Donna Hadley	11/2009
50-54	70.0 kgs / 154.3 lbs	Terri Korba	3/2018
55-59	60.0 kgs / 132.2 lbs	Terri Korba	1/2024

Weight Class: 90+ / 198+ Female

Division	Bench Press	Name	Date
Open	98.5 kgs / 217.1 lbs	Michelle Carlsen	11/2011

14-15	57.5 kgs / 126.7 lbs	Stephanie Winchip	6/2012
16-17	60.0 kgs / 132.2 lbs	Stephanie Winchip	2013
18-19	67.5 kgs / 148.8 lbs	Stephanie Winchip	8/2016
20-24	72.5 kgs / 159.8 lbs	Amber Lynn	5/2010
25-29	62.5 kgs / 137.7 lbs	Catherine Toniatti-Yanulavich	3/2013
30-34	95.0 kgs / 209.4 lbs	Rebecca Tucker	10/2016
35-39	90.0 kgs / 198.4 lbs	Rebecca Tucker	10/2018
40-44	92.5 kgs / 203.9 lbs	Rebecca Tucker	11/2024
45-49	98.5 kgs / 217.1 lbs	Michelle Carlsen	11/2011
50-54	97.5 kgs / 214.9 lbs	Michelle Carlsen	6/2012
55-59	62.5 kgs / 137.7 lbs	Terri Korba	6/2023

Weight Class: 30 / 66 Male

Division	Bench Press	Name	Date
Open	20.0 kgs / 44.0 lbs	Michael Neziri Jr	1/2022
8-9	16.8 kgs / 37.0 lbs	Michael Neziri Jr	6/2021
10-11	20.0 kgs / 44.0 lbs	Michael Neziri Jr	1/2022

Weight Class: 35 / 77 Male

Division	Bench Press	Name	Date
Open	27.5 kgs / 60.6 lbs	Michael Neziri Jr	6/2023
10-11	27.5 kgs / 60.6 lbs	Michael Neziri Jr	6/2023

Weight Class: 48 / 105 Male

Division	Bench Press	Name	Date
Open	49.9 kgs / 110.0 lbs	Jared Fleming	2003
10-11	49.9 kgs / 110.0 lbs	Jared Fleming	2003
12-13	38.6 kgs / 85.0 lbs	A.J. Ellis	2003
14-15	45.3 kgs / 99.8 lbs	Hunter Claypatch	9/2000

Weight Class: 52 / 114 Male

Division	Bench Press	Name	Date
Open	92.5 kgs / 203.9 lbs	Hunter Claypatch	11/2007
8-9	35.0 kgs / 77.1 lbs	Nicholas Paternoster	8/2008
12-13	56.9 kgs / 125.4 lbs	Nicholas Reyes	8/2004
14-15	57.9 kgs / 127.6 lbs	Hunter Claypatch	8/2002
16-17	77.7 kgs / 171.2 lbs	Hunter Claypatch	4/2004
18-19	86.6 kgs / 190.9 lbs	Hunter Claypatch	7/2005
20-24	92.5 kgs / 203.9 lbs	Hunter Claypatch	11/2007

Weight Class: 56 / 123 Male

Division	Bench Press	Name	Date
Open	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008
8-9	40.0 kgs / 88.1 lbs	Nicholas Paternoster	6/2009
10-11	40.5 kgs / 89.2 lbs	Jordan Byrnes	11/2011
12-13	47.5 kgs / 104.7 lbs	Joshua Klinski	12/2021
14-15	62.5 kgs / 137.7 lbs	Cody Kleitz	5/2010
16-17	79.4 kgs / 175.0 lbs	Hunter Claypatch	12/2003

18-19	88.4 kgs / 194.8 lbs	Hunter Claypatch	4/2006
20-24	97.5 kgs / 214.9 lbs	Hunter Claypatch	6/2008
25-29	150.0 kgs / 330.6 lbs	Adam Zehr	11/2008

Weight Class: 60 / 132 Male

Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
10-11	47.5 kgs / 104.7 lbs	Jordan Byrnes	6/2012
12-13	70.9 kgs / 156.3 lbs	A.J. Ellis	2005
14-15	45.0 kgs / 99.2 lbs	Conner Smith	4/2019
16-17	87.5 kgs / 192.9 lbs	Dillon Marshall	4/2025
20-24	105.0 kgs / 231.4 lbs	Rob Mayer	5/2010
25-29	160.0 kgs / 352.7 lbs	Adam Zehr	4/2009
35-39	100.0 kgs / 220.4 lbs	Jef Gorsky	10/2011
40-44	85.0 kgs / 187.3 lbs	Gregory Murray	10/2017
45-49	70.0 kgs / 154.3 lbs	Douglas Marx	6/2021
55-59	75.0 kgs / 165.3 lbs	Steve Stein	5/2008
Spec. Oly.	43.5 kgs / 95.9 lbs	Thomas Slicer	10/2008

Weight Class: 67.5 / 148 Male

Division	Bench Press	Name	Date
Open	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
12-13	57.5 kgs / 126.7 lbs	Noah Kintner	3/2020
14-15	75.5 kgs / 166.4 lbs	Rowdy Prior	9/2010
16-17	105.0 kgs / 231.4 lbs	Jack Foutch	6/2025
18-19	130.0 kgs / 286.5 lbs	Jacob Kane	1/2026
20-24	143.5 kgs / 316.3 lbs	Justin Tripodi	6/2008
25-29	141.0 kgs / 310.8 lbs	Jermaine Kapolka	11/2012
30-34	175.0 kgs / 385.8 lbs	Adam Zehr	6/2011
35-39	165.0 kgs / 363.7 lbs	Adam Zehr	3/2015
40-44	127.5 kgs / 281.0 lbs	Christopher Byrnes	5/2010
45-49	117.9 kgs / 259.9 lbs	Wayne Claypatch	7/2005
50-54	113.2 kgs / 249.5 lbs	Wayne Claypatch	7/2006
55-59	112.5 kgs / 248.0 lbs	Ned Baudo	9/2019
65-69	107.5 kgs / 236.9 lbs	Cody Bartlett	12/2006
70-74	102.0 kgs / 224.8 lbs	Cody Bartlett	5/2009

Weight Class: 75 / 165 Male

Division	Bench Press	Name	Date
Open	165.6 kgs / 365.0 lbs	John Audia	
12-13	102.0 kgs / 224.8 lbs	Kegan Levesque	5/2008
14-15	107.5 kgs / 236.9 lbs	Tim White	6/2024
16-17	140.0 kgs / 308.6 lbs	Yadi Richard	5/2026
18-19	160.0 kgs / 352.7 lbs	David Lyons	6/2012
20-24	150.0 kgs / 330.6 lbs	Eric Rhodes	7/2014
25-29	140.0 kgs / 308.6 lbs	Michael Casabona	10/2015
30-34	142.5 kgs / 314.1 lbs	Mitch Kane	1/2023
35-39	151.9 kgs / 334.8 lbs	John Audia	
40-44	145.0 kgs / 319.6 lbs	Chris Livolsi	6/2010
45-49	140.0 kgs / 308.6 lbs	Wesley Kipp	11/2011

50-54	147.5 kgs / 325.1 lbs	John Jaeger	11/2025
55-59	115.0 kgs / 253.5 lbs	Michael Frey	3/2015
60-64	113.4 kgs / 250.0 lbs	Doug Wilcox	8/2003
65-69	123.1 kgs / 271.3 lbs	Randy Titus	7/2005
70-74	107.5 kgs / 236.9 lbs	Cody Bartlett	11/2009
Spec. Oly.	83.5 kgs / 184.0 lbs	Anthony Iovine	3/2013

Weight Class: 82.5 / 181 Male			
Division	Bench Press	Name	Date
Open	170.0 kgs / 374.7 lbs	David Lyons	10/2015
12-13	97.5 kgs / 214.9 lbs	Christian Dietrich	6/2011
14-15	120.0 kgs / 264.5 lbs	Jonathan Kopcha	6/2024
16-17	160.0 kgs / 352.7 lbs	Liam Anderson	6/2025
18-19	145.1 kgs / 319.8 lbs	Taylor Lanham	8/2006
20-24	170.0 kgs / 374.7 lbs	David Lyons	10/2015
25-29	140.0 kgs / 308.6 lbs	Irving Reynolds	3/2014
30-34	155.0 kgs / 341.7 lbs	Adam Rosario	2011
35-39	152.5 kgs / 336.2 lbs	Nick Dovi	11/2016
40-44	145.0 kgs / 319.6 lbs	Anthony Pellicano	6/2024
45-49	140.0 kgs / 308.6 lbs	D. Naughton	
50-54	152.5 kgs / 336.2 lbs	John Jaeger	11/2024
55-59	167.8 kgs / 369.9 lbs	Jim Van Allen	5/2009
60-64	113.3 kgs / 249.7 lbs	Barry West	10/2009
65-69	122.4 kgs / 269.8 lbs	Randy Titus	
70-74	100.0 kgs / 220.4 lbs	Stephen Smith	6/2024
75-79	92.5 kgs / 203.9 lbs	Robert Cseh	11/2011
Police/Fire/Mil	155.0 kgs / 341.7 lbs	Adam Rosario	2011
Spec. Oly.	95.0 kgs / 209.4 lbs	Ryan Ruvola	1/2025

Weight Class: 90 / 198 Male			
Division	Bench Press	Name	Date
Open	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
10-11	35.0 kgs / 77.1 lbs	Josh Rafferty	3/2018
12-13	87.5 kgs / 192.9 lbs	Jake Lewellyn	1/2019
14-15	110.0 kgs / 242.5 lbs	Evan Truesdale	4/2025
16-17	182.5 kgs / 402.3 lbs	Kegan Levesque	3/2012
18-19	145.0 kgs / 319.6 lbs	Colton Hubbard	4/2025
20-24	161.0 kgs / 354.9 lbs	Marshall Fiese	7/2007
25-29	162.5 kgs / 358.2 lbs	Daniel Conant	6/2023
30-34	160.0 kgs / 352.7 lbs	Lucas Byron	3/2014
35-39	199.5 kgs / 439.8 lbs	Bruce Swanson	9/2002
40-44	190.5 kgs / 419.9 lbs	Bruce Swanson	11/2006
45-49	135.0 kgs / 297.6 lbs	Frank Slawson	4/2017
50-54	187.5 kgs / 413.3 lbs	Jim Van Allen	4/2008
55-59	190.0 kgs / 418.8 lbs	Jim Van Allen	12/2008
60-64	125.0 kgs / 275.5 lbs	Michael McDonald	4/2014
65-69	120.0 kgs / 264.5 lbs	Mike Scarpello	6/2011
70-74	112.5 kgs / 248.0 lbs	Edward Brown	3/2013
Police/Fire/Mil	152.5 kgs / 336.2 lbs	Irving Reynolds	3/2015
Spec. Oly.	92.5 kgs / 203.9 lbs	Anthony Iovine	1/2023

Weight Class: 100 / 220 Male			
Division	Bench Press	Name	Date
Open	205.0 kgs / 451.9 lbs	Durell Cull	11/2016
14-15	100.0 kgs / 220.4 lbs	Evan Burak	3/2018
16-17	192.5 kgs / 424.3 lbs	Kegan Levesque	6/2012
18-19	170.1 kgs / 375.0 lbs	David Balsdon	
20-24	167.5 kgs / 369.2 lbs	Troy Valberg	5/2010
25-29	182.5 kgs / 402.3 lbs	Daniel Conant	1/2025
30-34	167.5 kgs / 369.2 lbs	Joseph Kopito	3/2015
35-39	197.5 kgs / 435.4 lbs	Kris Dulmer	9/2012
40-44	186.4 kgs / 410.9 lbs	P. Darbouze	5/2010
45-49	149.7 kgs / 330.0 lbs	G. Peak	2011
50-54	160.0 kgs / 352.7 lbs	Tom Halbert	4/2019
55-59	142.5 kgs / 314.1 lbs	Andrew Aronstam	4/2014
60-64	162.5 kgs / 358.2 lbs	Scott Shales	12/2006
65-69	125.0 kgs / 275.5 lbs	Miller Seabrooks	3/2012
70-74	115.0 kgs / 253.5 lbs	Hugh McMunn	6/2025
Police/Fire/Mil	170.0 kgs / 374.7 lbs	Eric Clark	3/2015
Spec. Oly.	95.0 kgs / 209.4 lbs	Jared Lamb	1/2026
Handicapped	97.5 kgs / 214.9 lbs	Dylan Grann	5/2026

Weight Class: 110 / 242 Male			
Division	Bench Press	Name	Date
Open	207.5 kgs / 457.4 lbs	Kris Dulmer	3/2011
12-13	70.0 kgs / 154.3 lbs	Brayden Phillips	3/2020
14-15	60.0 kgs / 132.2 lbs	Randy Williams Jr	6/2023
16-17	160.0 kgs / 352.7 lbs	Joe Newcomb	3/2013
18-19	197.3 kgs / 434.9 lbs	Eddie DeBus	8/2006
20-24	185.0 kgs / 407.8 lbs	Brad Bowen	3/2015
25-29	172.5 kgs / 380.2 lbs	Nicholas Miller	6/2024
30-34	182.5 kgs / 402.3 lbs	Chris Moro	3/2020
35-39	207.5 kgs / 457.4 lbs	Kris Dulmer	3/2011
40-44	197.5 kgs / 435.4 lbs	Steve Baglio	5/2010
45-49	165.0 kgs / 363.7 lbs	Bill Smith	4/2014
50-54	167.5 kgs / 369.2 lbs	Sean Kelleher	6/2013
55-59	147.5 kgs / 325.1 lbs	Andrew Aronstam	5/2010
60-64	145.0 kgs / 319.6 lbs	Andrew Aronstam	4/2015
65-69	172.5 kgs / 380.2 lbs	Clifford Tallman	6/2010

Weight Class: 125 / 275 Male			
Division	Bench Press	Name	Date
Open	217.5 kgs / 479.5 lbs	Chris Moro	11/2022
16-17	155.0 kgs / 341.7 lbs	Camdyn Adams	6/2019
18-19	132.5 kgs / 292.1 lbs	Matthew Sohmer	11/2012
20-24	212.5 kgs / 468.4 lbs	Gregory Hartranft	11/2010
25-29	150.0 kgs / 330.6 lbs	Dylan Stumpf	6/2024
30-34	200.0 kgs / 440.9 lbs	Chris Moro	10/2020
35-39	217.5 kgs / 479.5 lbs	Chris Moro	11/2022
40-44	200.0 kgs / 440.9 lbs	Christopher DeSanto	8/2008

45-49	177.5 kgs / 391.3 lbs	Bill Smith	3/2016
50-54	172.5 kgs / 380.2 lbs	Peter Gisondi	2010
55-59	182.5 kgs / 402.3 lbs	Jason Bentley	12/2025
60-64	152.5 kgs / 336.2 lbs	Joe Grabowski	1/2023
65-69	102.5 kgs / 225.9 lbs	Vaughn Maldfeld	5/2010
70-74	90.0 kgs / 198.4 lbs	Vaughn Maldfeld	6/2011
Police/Fire/Mil	201.8 kgs / 444.8 lbs	Scott Van Brunt	8/2006
Spec. Oly.	95.0 kgs / 209.4 lbs	Patrick Miller	4/2019

Weight Class: 140 / 308 Male

Division	Bench Press	Name	Date
Open	225.0 kgs / 496.0 lbs	David Alvarez	6/2015
16-17	120.0 kgs / 264.5 lbs	Marc-Hendly Jean-Francois	5/2026
18-19	165.0 kgs / 363.7 lbs	Clayton D'Onofrio	3/2012
20-24	142.5 kgs / 314.1 lbs	Daven Brigham	3/2015
30-34	135.0 kgs / 297.6 lbs	Adam Brown	1/2020
35-39	213.1 kgs / 469.8 lbs	Charles Johnson	4/2008
40-44	225.0 kgs / 496.0 lbs	David Alvarez	6/2015
45-49	192.5 kgs / 424.3 lbs	David Spry	4/2014
50-54	185.0 kgs / 407.8 lbs	Glenn Macica	6/2012
55-59	182.5 kgs / 402.3 lbs	Jason Bentley	10/2024
60-64	110.0 kgs / 242.5 lbs	James Prendergast	7/2023
70-74	87.5 kgs / 192.9 lbs	Vaughn Maldfeld	8/2012
75-79	72.5 kgs / 159.8 lbs	Vaughn Maldfeld	6/2016
Police/Fire/Mil	87.5 kgs / 192.9 lbs	Vaughn Maldfeld	8/2012
Spec. Oly.	67.5 kgs / 148.8 lbs	Rory Finch	1/2019

Unknown Class: SHW Male

Division	Bench Press	Name	Date
Open	290.0 kgs / 639.3 lbs	Pedro Mejias	10/2018
12-13	77.5 kgs / 170.8 lbs	Josh Rafferty	6/2021
14-15	125.0 kgs / 275.5 lbs	Jauon Mejias	11/2014
16-17	185.0 kgs / 407.8 lbs	Jauon Mejias	10/2016
18-19	50.0 kgs / 110.2 lbs	Charles Smith	3/2013
20-24	227.5 kgs / 501.5 lbs	Wyatt Lozano	3/2013
25-29	185.0 kgs / 407.8 lbs	Kareem Green	12/2024
30-34	277.5 kgs / 611.7 lbs	Pedro Mejias	9/2011
35-39	290.0 kgs / 639.3 lbs	Pedro Mejias	10/2018
40-44	255.0 kgs / 562.1 lbs	Pedro Mejias	6/2021
45-49	200.0 kgs / 440.9 lbs	Charles Johnson	1/2019
50-54	155.0 kgs / 341.7 lbs	Fred Seeburger	6/2012
Spec. Oly.	50.0 kgs / 110.2 lbs	Charles Smith	3/2013