



Presents
2026
STRICT CURL
WORLD CHAMPIONSHIPS
Thursday (24th) September 2026



Tyson's Playground formerly Ironbuilt Gym

10975 Richardson Rd Suite F, Ashland, VA 23005

ENTER NOW ON ATTACHED FORM

ENTRIES CLOSE AUGUST 1 or until FULL

ENQUIRIES TO Paul Bossi – rawlifting@aol.com



2026 STRICT CURL WORLD CHAMPIONSHIPS

MEET INFORMATION

KEY DATES: Deadline Date: Saturday 1st August 2026

Strict Curl Championships (men & women)

Thursday 24th September – 12noon

MEET DIRECTOR: Paul Bossi 106 Eyrie Ln, Elizabeth City, NC - USA 27909

Email: rawlifting@aol.com **Tele #** +01 252-339-5025

VENUE: Tyson's Playground formerly Ironbuilt Gym
10975 Richardson Rd Suite F, Ashland, VA 23005

We secured this property for the event and arranged rooms starting at \$ USD/ night during your stay. This is a do not miss event that will be a full weekend of powerlifting, Tourism, great food and all the night life excitement of Richmond area of Virginia.

HOTEL LINK

You must go to this link to get the 100% RAW Powerlifting \$111 room rate discount.

https://www.ihg.com/redirect?path=rates&brandCode=EX&localeCode=en®ionCode=1&hotelCode=avava&checkInDate=20&checkInMonthYear=082026&checkOutDate=28&checkOutMonthYear=082026&_PMID=99801505&GPC=rpl&cn=no&adjustMonth=false&showApp=true&monthIndex=00

If you are coming earlier than September 20th or staying longer than September 28th you need to let me know so I can make sure you get the rate for the whole time.



COMPETITION ENTRY REQUIREMENTS

Strict Curl

- Current valid membership
- Return of entry form to Paul Bossi by 1st August 2026 with current membership
- Payment of competition entry fee
- Present membership card during weigh-in/equipment checks

International Invitational requests for Visas:

<https://rawpowerlifting.com/international-requests/>

Airport

Closest Airport: Richmond International, Airport Code (RIC) 20 minutes away.
Washington, DC (IAD) 106 miles away, 2 hours with traffic

- RIC 20 Minutes from Venue
- Car rental's available at this location

Scales:

Scales will be available from 12:00pm Wednesday September 23rd at the Venue:

Drug Testing

Drug testing will be performed by Redwood Toxicology Labs, as per the 100% RAW Powerlifting Federation Anti-Doping Policy.

Shirts & Apparel

100% RAW Powerlifting apparel will be on sale. There will be lots of merchandise to choose from. T-shirts, Sweatshirts, Hoodies, and much more. Credit cards, Cash App, Venmo and PayPal will be accepted.

Custom event shirts for this event will be sold at the event for \$30.

Spectators

There will be a \$25USD fee for spectators and coaches at the door. The fee will be good for the day. Only lifters get in free with their lifting pass, if a lifter loses the pass they must pay.

Awards Presentation

Awards will be presented each day at the end of each session.



POWERLIFTING FEDERATION, INC.

106 Eyrie Ln, Elizabeth City, NC 27909

rawlifting@aol.com

www.RawPowerlifting.com

252-339-5025

2026 STRICT CURL WORLD CHAMPIONSHIPS

24 September 2026

Tyson's Playground formerly Ironbuilt Gym

**10975 Richardson Rd Suite F,
Ashland, VA 23005**

On September 24th, 2026 the 100% RAW Powerlifting Federation will hold the World Championships in Ashland, Virginia-USA. This will be our largest and most competitive event of the year with teams invited from Ireland, Canada, Australia, New Zealand, Nauru, China, India, South Africa, Rep of Georgia, Israel, Greece, Italy, Cameroon, Brazil, Ukraine, Uganda, Kazakhstan are all working on team preparations.

We secured this property for the event and arranged rooms **starting at \$111 USD / night** during your stay. This is a do not miss event that will be a full weekend of Powerlifting, tourism, great food and all the night life excitement of Richmond, VA area. You must go to this link to get the 100% RAW Powerlifting discounted rate.

HOTEL LINK:

https://www.ihg.com/redirect?path=rates&brandCode=EX&localeCode=en®ionCode=1&hotelCode=ava&checkInDate=20&checkInMonthYear=082026&checkOutDate=28&checkOutMonthYear=082026&_PMID=99801505&GPC=rpl&cn=no&adjustMonth=false&showApp=true&monthIndex=00

International lifters, if you are coming earlier than September 20th or staying longer than September 28th you need to let me know so I can make sure you get the rate for the whole time.

We are limiting the competition to the **First 400 Lifters who register. Absolutely No Exceptions This Year!**



World Championship Belts

We are now accepting Sponsor applications for this meet, and we have vendor table space for sale. If you know anyone interested in a belt sponsorship or vendor space, please have them to contact us. We expect this EVENT to sell out like the last 10 years. Please send in your entry form EARLY to ensure your space at this year's competition.



STRICT CURL WORLD CHAMPIONSHIPS

24 September 2026

Tyson's Playground formerly Ironbuilt Gym

10975 Richardson Rd Suite F, Ashland, VA 23005

Meet Director: Paul Bossi 252-339-5025 / rawlifting@aol.com

NAME: _____ DATE OF BIRTH: ____/____/____ AGE: ____ SEX: M ☐ F ☐
 ADDRESS: _____ CITY: _____ STATE: _____ COUNTRY: _____ ZIP: _____
 DAY PHONE: _____ NIGHT PHONE: _____ EMAIL: _____
 BODY WEIGHT: _____ kg RAW CARD NUMBER: _____ EXPIRATION: _____

CIRCLE WEIGHT CLASS (kg):

MEN	56	60	67.5	75	82.5	90	100	110	125	140	SHW	
Women	44	47.5	52	56	60	67.5	75	82.5	90	90+		

DIVISIONS (CHECK AS MANY AS YOU WANT TO ENTER): Each Division has all weight classes.

Youth 11 & under ☐		14-15 ☐	16-17 ☐	18-19 ☐	JUNIOR: 20-24		SUB MASTERS: 35-39 ☐		
MASTERS:	40-44 ☐	45- 49 ☐	50-54 ☐	55-59 ☐	60-64 ☐	65-69	70-74 ☐	75-79 ☐	80+ ☐
OPEN: (25-34): ☐		Disable Veterans: ☐		Special Olympian: ☐			LAW / FIRE / MILITARY: ☐		

☐ Strict curl	Thursday	September 24th	\$150/USD	ALL ENTRIES ARE DUE BY August 1st, 2026 or until FULL Send Payment to: Paul Bossi 106 Eyrie Ln. Elizabeth City, NC 27909
☐ CROSSOVERS: # OF CROSSOVERS _____			X \$40	
TOTAL AMOUNT ENCLOSED:			\$	
<u>Weigh-In & Registration:</u> At Venue Weigh-ins: Wednesday September 23rd from 12pm-5pm. Thursday Sept 24th, 7:30am-11am Females who weigh-in during this time will not have to reweigh for Friday if you are competing in Full Power or Single-Lifts.			<u>Technical Meeting:</u> Sept 24 th 11:15am Lifting starts at 12pm	
<u>Drug Testing:</u> "This event will be drug tested in compliance with the World Anti-Doping /authority (WADA) Code".				

ATHLETES MUST COMPLETE AND SIGN THE RAW RELEASE, WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND THE PARENTAL CONSENT AGREEMENT ("AGREEMENT")

In consideration of being permitted to participate in a 100% RAW Powerlifting Federation, Inc. ("activity") I, my personal representatives, and assigned heirs and next to kin:

1. **ACKNOWLEDGES**, agree, and represent that I understand the nature of the activity and that I am qualified, in good health and in proper physical condition to participate in such activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. **FULLY UNDERSTAND** that: (a) **ATHLETIC ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks")**: (b) these Risks and dangers may be caused by my own actions or in actions of others participating in the activity, the condition in which the activity takes place, or **THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW**: there may be **OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES** either not known to me or not readily foreseeable at this time: and **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation or that of the minor in the activity.

3. **HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE** the **100% RAW Powerlifting Federation, Inc., Paul Bossi, Ironbuilt Gym** or related affiliated and subsidiary companies of each, as well as the officers, directors, agents, employees and assigns of each, coaches, officials, administrators, members, volunteers, participants, sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, and any other party indemnified and held harmless by 100% RAW POWERLIFTING FEDERATION, INC., (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS, NEGLIGENCE SECURITY, TRAVEL, AND RECREATIONAL OPERATIONS AND ACTIVITIES; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Release's, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expense, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

4. Drug Testing Statement, Agreement, & Release of Liability

I give my word as an athlete that I have not utilized any type of strength-inducing chemicals (anabolic steroids, growth hormone, Pro-Hormones etc.) for the past 3 years (September 24, 2023 - September 24, 2026)

In consideration of the acceptance of this entry, I agree to any test method deemed necessary by the meet director(s) and that the results of said testing method which the meet director and/or sponsors of this meet use to detect the presence of the strength inducing drugs may be released to any third party (ies) and I generally and specifically waive any right to privacy if any, related there to.

I hereby waive and release, intending to be legally bound for myself, my executors, administrators, and heirs, all rights and claims for damages I may have against 100% RAW Powerlifting Federation, Inc., Paul Bossi, Tyson's Playground and all parties associated with the **2026 100% RAW POWERLIFTING FEDERATION STRICT CURL WORLD CHAMPIONSHIPS** as a result of testing positive for the utilization of strength-inducing chemicals. Should I fail the drug test, I agree to forfeit my award that I may have won. I agree that if I fail the drug test my name will appear on a published list of suspended members. If the drug test to which I submit is positive, then I waive any claim, action, or cause for which legal relief is available.

My entry into the **2026 100% RAW POWERLIFTING FEDERATION STRICT CURL WORLD CHAMPIONSHIPS** constitutes my consent to the testing procedures; and, if any such results test positive, I understand that I shall be disqualified from the pertinent competition and suspended for lifetime by the federation.

I Have Read This Agreement, Fully Understand Its Terms, Understand That I Have Given Up Substantial Rights By Signing It And Have Signed It Freely And Without Any Inducement Or Assurance Of Any Nature And Intend It To Be A Complete And Unconditional Release Of All Liability To The Greatest Extent Allowed By Law And Agree That If Any Portion Of This Agreement Is Held To Be Invalid, The Balance, Not Withstanding, Shall Continue In Full Force And Effect.

Printed name of participant: _____ Phone: _____

Participant's signature (only if age 18 or over): _____ Date: _____

Minor's RELEASE

And I, The Minor's Parent And/or Legal Guardian, Understand the Nature of Athletic Activities and The Minor's Experience and Capabilities and Believe the Minor to Be Qualified, In Good Health, And in Proper Physical Condition to Participate in Such Activity. I Hereby Release, Discharge, Covenant Not to Sue, And Agree to Indemnify and Save And Hold Harmless Each of The Release's from All Liability, Claims, Demands, Losses, Or Damages on The Minor's Account Caused or Alleged to Be Caused In Whole Or In Part By The Negligence Of The "Releases" Or Otherwise, Including Negligent Rescue Operations And Further Agree That If, Despite This Release. I The Minor or Anyone on the Minor's Behalf Makes a Claim against Any of the Releases' Name Above, I Will Indemnify, Save, And Hold Harmless Each of The Releases from Any Litigation Expenses, Attorney Fees, Loss Liability, Damage, Or Cost Any May Incur as The Result of Any Such Claim. I fully authorize my child to be tested for Steroids during this competition to comply with the WADA drug free guidelines.

Printed name of parent or Guardian: _____ Phone: _____

Address: _____
Street City State Zip Code

Parent/guardian signature (only if participant is under the age of 18): _____ Date: _____

Sponsors:

**Legendary Powerlifter
& Hall of Famer
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