

Ironman World Championship and US Open Single Lift

York, PA 07/18/2026

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Richard Bloom	Male	43	MA	72.9	75/165.3	Masters (40-44)	142.5	160	167.5		182.5	200	205		372.5	1
Ulises Mathews	Male	55	PA	93.3	100/220.4	Masters (55-59)	-102	117.5	135		205	227.5	-250		362.5	1
Michael Balsbaugh	Male	49	PA	107.2	110/242.5	Masters (45-49)	120	-122.5	-127.5		167.5	127.5	185		305	1
Jeffery House	Male	68	GA	117.9	125/275.5	Open	85	95	102.5		110	120	125		227.5	1
Tim Rabbitt	Male	66	MD	121.6	125/275.5	Masters (65-69)	110	-115	115		157.5	165	172.5		287.5	1
Jeffery House	Male	68	GA	117.9	125/275.5	Masters (65-69)	85	95	102.5		110	120	125		227.5	2
Matt Slate	Male	45	NV	134.6	140/308.6	Open	192.5	200	205		260	272.5	280		485	1
Jarrodd Webb	Male	29	PA	135.5	140/308.6	Open	190	200	-205		240	260	-275		460	2
Matt Slate	Male	45	NV	134.6	140/308.6	Masters (45-49)	192.5	200	205		260	272.5	280		485	1

Ironman

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	SC 1	SC 2	SC 3	SC 4	Total	Placing
Kerry Self	Female	52	VA	55.1	56/123.4	Open	70	72.5	75		34	36	37		112	1
Kerry Self	Female	52	VA	55.1	56/123.4	Masters (50-54)	70	72.5	75		34	36	37		112	1
Heidi Lightner	Female	60	PA	64.9	67.5/148.8	Masters (60-64)	55	57.5	-60		25	28	30.5		88	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Open	62.5	65	-67.5		30	33	37		102	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Masters (60-64)	62.5	65	-67.5		30	33	37		102	1
John Brattelli	Male	15	VA	59.1	60/132.2	Teen (14-15)	80	90	-95		36.5	43	50		140	1
John Self JR	Male	17	VA	61.1	67.5/148.8	Open	102.5	110	-112.5		54.5	61	63.5		173.5	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Open	-85	87.5	92.5		32.5	38.5	45.5		138	2
John Self JR	Male	17	VA	61.1	67.5/148.8	Teen (16-17)	102.5	110	-112.5		54.5	61	63.5		173.5	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Teen (16-17)	-85	87.5	92.5		32.5	38.5	45.5		138	2
Gary Teeter	Male	61	PA	65.6	67.5/148.8	Masters (60-64)	95	101.5	105		52.5	55	-56		160	1
John Self SR	Male	55	VA	72.6	75/165.3	Open	145	155	158		57	61	66		224	1
Richard Bloom	Male	43	MA	72.9	75/165.3	Masters (40-44)	142.5	160	167.5		40	50	51		218.5	1
Jeff McQueen	Male	44	VA	73.1	75/165.3	Masters (40-44)	92.5	-95	95		52.5	55.5	-57.5		150.5	1
John Self SR	Male	55	VA	72.6	75/165.3	Masters (55-59)	145	155	158		57	61	66		224	1
Robin Riviere	Male	55	VA	70.51	75/165.3	Masters (55-59)	82.5	87.5	-92.5		50	52.5	-55		140	1
Michael F Shannon	Male	71	NM	83.7	90/198.4	Masters (70-74)	115	120	125		45.5	50	-52.5		175	1
Keathun Cunningham	Male	27	OH	83.5	90/198.4	Open	157.5	162.5	167.5		70	73	77.5		245	1
Nathan Betts	Male	34	PA	95.1	100/220.4	Open	182.5	192.5	-202.5		72.5	77.5	81		273.5	1
Rickie Dozier	Male	32	NC	107.3	110/242.5	Open	227.5	232.5	237.5		85	91.5	94		331.5	1

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Jeff Oliver	Male	64	PA	108.1	110/242.5	Masters (60-64)	150	155	-157.5	68	72	-73	227	1
Jeffery House	Male	68	GA	117.9	125/275.5	Open	85	95	102.5	41	43.5	46	148.5	1
Jeffery House	Male	68	GA	117.9	125/275.5	Masters (65-69)	85	95	102.5	41	43.5	46	148.5	1
Matt Slate	Male	45	NV	134.6	140/308.6	Open	192.5	200	205	68.5	77.5	84	289	1
Matt Slate	Male	45	NV	134.6	140/308.6	Masters (45-49)	192.5	200	205	68.5	77.5	84	289	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Heidi Lightner	Female	60	PA	64.9	67.5/148.8	Masters (60-64)	55	57.5	-60		57.5	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Open	62.5	65	-67.5		65	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Masters (60-64)	62.5	65	-67.5		65	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Open	-85	87.5	92.5		92.5	2
Gary Teeter	Male	61	PA	65.6	67.5/148.8	Masters (60-64)	95	101.5	105		105	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Teen (16-17)	-85	87.5	92.5		92.5	2
Richard Bloom	Male	43	MA	72.9	75/165.3	Masters (40-44)	142.5	160	167.5		167.5	1
Jeff McQueen	Male	44	VA	73.1	75/165.3	Masters (40-44)	92.5	-95	95		95	2
Frank Gentile	Male	41	PA	80.2	82.5/181.8	Masters (40-44)	145	-152.5	152.5		152.5	1
Randy Johnson	Male	50	PA	75.9	82.5/181.8	Masters (50-54)	-107.5	115	-127.5		115	1
Emil "Chip" Porfido	Male	69	PA	75.6	82.5/181.8	Masters (65-69)	-72.5	75	-80		75	1
Michael F Shannon	Male	71	NM	83.7	90/198.4	Masters (70-74)	115	120	125		125	1
Nathan Betts	Male	34	PA	95.1	100/220.4	Open	182.5	192.5	-202.5		192.5	1
Tom Reumont	Male	61	TX	97.2	100/220.4	Masters (60-64)	150	155	-160		155	1
John Castrovinci	Male	60	PA	96.1	100/220.4	Masters (60-64)	-137.5	142.5	147.5		147.5	2
Sherm Pensyl	Male	52	PA	107.8	110/242.5	Masters (50-54)	182.5	190	192.5		192.5	1
Jeff Oliver	Male	64	PA	108.1	110/242.5	Masters (60-64)	150	155	-157.5		155	1
Jeffery House	Male	68	GA	117.9	125/275.5	Open	85	95	102.5		102.5	1
John c Robinson	Male	63	PA	123.7	125/275.5	Masters (60-64)	185	192.5	-197.5		192.5	1
Jeffery House	Male	68	GA	117.9	125/275.5	Masters (65-69)	85	95	102.5		102.5	1

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Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Heidi Lightner	Female	60	PA	64.9	67.5/148.8	Masters (60-64)	75	82.5	-90		82.5	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Open	72.5	85	95		95	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Masters (60-64)	72.5	85	95		95	1
Owen Bulluck	Male	13	VA	40.1	48/105.8	Teen (12-13)	55	60	70		70	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Open	110	125	130		130	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Teen (16-17)	110	125	130		130	1
Randy Johnson	Male	50	PA	75.9	82.5/181.8	Masters (50-54)	195	-197.5	197.5		197.5	1
Jeffery House	Male	68	GA	117.9	125/275.5	Open	110	120	125		125	1
Jeffery House	Male	68	GA	117.9	125/275.5	Masters (65-69)	110	120	125		125	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Max Porfido	Female	32	MD	58.6	60/132.2	Open	23	25	-29		25	1
Linda Eggleston	Female	59	NY	72.6	75/165.3	Masters (55-59)	34	35.5	36.5		36.5	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Open	30	33	37		37	1
Dorothy A Sosnicki	Female	62	AZ	96.1	90+/198.5+ (F)	Masters (60-64)	30	33	37		37	1
Romairo "Romii" Samuel	Male	38	FL	65.9	67.5/148.8	Open	63.5	73	-76.5		73	1
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Open	32.5	38.5	45.5		45.5	3
Lucas Weatherwax	Male	17	TX	63.4	67.5/148.8	Teen (16-17)	32.5	38.5	45.5		45.5	2
Jeff McQueen	Male	44	VA	73.1	75/165.3	Masters (40-44)	52.5	55.5	-57.5		55.5	1
Scott Alexander	Male	64	NJ	88.9	90/198.4	Masters (60-64)	52.5	56.5	65.5		65.5	1
Michael F Shannon	Male	71	NM	83.7	90/198.4	Masters (70-74)	45.5	50	-52.5		50	1
Nathan Betts	Male	34	PA	95.1	100/220.4	Open	72.5	77.5	81		81	1
BRIAN WASHINGTON	Male	68	MD	99.1	100/220.4	Open	54.5	59	-61.5		59	2
BRIAN WASHINGTON	Male	68	MD	99.1	100/220.4	Masters (65-69)	54.5	59	-61.5		59	1
Matthew Stanton	Male	32	NY	101.8	110/242.5	Open	51.5	56	-57		56	2
Jeff Oliver	Male	64	PA	108.1	110/242.5	Masters (60-64)	68	72	-73		72	1
Jeffery House	Male	68	GA	117.9	125/275.5	Open	41	43.5	46		46	1
Jeffery House	Male	68	GA	117.9	125/275.5	Masters (65-69)	41	43.5	46		46	1
Matt Slate	Male	45	NV	134.6	140/308.6	Open	68.5	77.5	84		84	1
Matt Slate	Male	45	NV	134.6	140/308.6	Masters (45-49)	68.5	77.5	84		84	1
Bill Schnepf	Male	73	MD	132.8	140/308.6	Masters (70-74)	56.5	61.5	-66		61.5	1