



2026 Masters 50-59 Rankings

Updated 05/03/2026 Ed Kutin

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2026 Squat Rankings Female

Weight Class: 44 / 97				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35	77.1	Jeanette Savage	US-NY	2026 Owego Winter Classic	Owego	NY

Weight Class: 52 / 114				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90.5	199.5	Mariela Olivares	US-MD	2026 Virginia State Championship	Woodstock	VA

Weight Class: 56 / 123				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Lisa Grazul	US-PA	2026 Owego Winter Classic	Owego	NY

Weight Class: 67.5 / 148				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	Sue Kish	Canada	2026 Ice Breaker	Calgary	Alberta

Weight Class: 75 / 165				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Christine Wheaton	US-NY	2026 Owego Winter Classic	Owego	NY

Weight Class: 82.5 / 181				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	122.5	270	Michele Latour	US-NY	2026 Owego Winter Classic	Owego	NY
2	92.5	203.9	Kathy Perugini	US-CT	Connecticut Winter State Championships	Cheshire	CT

Weight Class: 90+ / 198+				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Charlotte Baker	US-VA	2026 Masters Nationals	York	PA
2	100	220.4	Michelle Lawson	US-PA	2026 Masters Nationals	York	PA

2026 Bench Press Rankings Female

Weight Class: 44 / 97				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	27.5	60.6	Jeanette Savage	US-NY	2026 Owego Winter Classic	Owego	NY

Weight Class: 52 / 114				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Mariela Olivares	US-MD	2026 Virginia State Championship	Woodstock	VA

Weight Class: 56 / 123				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	45	99.2	Lisa Grazul	US-PA	2026 Owego Winter Classic	Owego	NY

Weight Class: 67.5 / 148				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	77.5	170.8	Sue Kish	Canada	2026 Ice Breaker	Calgary	Alberta	

Weight Class: 75 / 165				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	57.5	126.7	Betsy Hauptman	US-NY	2026 Owego Winter Classic	Owego	NY	
2	45	99.2	Christine Wheaton	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 82.5 / 181				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	80	176.3	Kimberly Lindner	US-MA	2026 Masters Nationals	York	PA	
2	60	132.2	Kathy Perugini	US-CT	Conneticut Winter State Championships	Cheshire	CT	
3	57.5	126.7	Michele Latour	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 90+ / 198+				Bench Press	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	80	176.3	Charlotte Baker	US-VA	2026 Masters Nationals	York	PA	
2	60	132.2	Michelle Lawson	US-PA	2026 Masters Nationals	York	PA	

2026 Deadlift Rankings Female

Weight Class: 44 / 97				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	55	121.2	Jeanette Savage	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 52 / 114				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	100	220.4	Mariela Olivares	US-MD	2026 Virginia State Championship	Woodstock	VA	

Weight Class: 56 / 123				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	115	253.5	Lisa Grazul	US-PA	2026 Owego Winter Classic	Owego	NY	

Weight Class: 67.5 / 148				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	107.5	236.9	Sue Kish	Canada	2026 Ice Breaker	Calgary	Alberta	

Weight Class: 75 / 165				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	125	275.5	Christine Wheaton	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 82.5 / 181				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	152.5	336.2	Michele Latour	US-NY	2026 Owego Winter Classic	Owego	NY	
2	125	275.5	Kathy Perugini	US-CT	Conneticut Winter State Championships	Cheshire	CT	

Weight Class: 90+ / 198+				Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	175	385.8	Charlotte Baker	US-VA	2026 Masters Nationals	York	PA	
2	130	286.5	Michelle Lawson	US-PA	2026 Masters Nationals	York	PA	

2026 Total Rankings Female

Weight Class: 44 / 97				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	117.5	259	Jeanette Savage	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 52 / 114				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	238	524.6	Mariela Olivares	US-MD	2026 Virginia State Championship	Woodstock	VA	

Weight Class: 56 / 123				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	245	540.1	Lisa Grazul	US-PA	2026 Owego Winter Classic	Owego	NY	

Weight Class: 67.5 / 148				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	253	557.7	Sue Kish	Canada	2026 Ice Breaker	Calgary	Alberta	

Weight Class: 75 / 165				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	245	540.1	Christine Wheaton	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 82.5 / 181				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	332.5	733	Michele Latour	US-NY	2026 Owego Winter Classic	Owego	NY	
2	277.5	611.7	Kathy Perugini	US-CT	Connecticut Winter State Championships	Cheshire	CT	

Weight Class: 90+ / 198+				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	407.5	898.3	Charlotte Baker	US-VA	2026 Masters Nationals	York	PA	
2	290	639.3	Michelle Lawson	US-PA	2026 Masters Nationals	York	PA	

2026 Strict Curl Rankings Female

Weight Class: 56 / 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	33.5	73.8	Krystal Brown	US-NC	2026 Masters Nationals	York	PA	

Weight Class: 60 / 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	32	70.5	Krystal Brown	US-NC	2026 NC State Strict Curl Championships	Williamston	NC	

Weight Class: 67.5 / 148				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	29.5	65	Connie Dote	US-NY	2026 Owego Winter Classic	Owego	NY	

Weight Class: 82.5 / 181				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	47.5	104.7	Kimberly Lindner	US-MA	2026 Masters Nationals	York	PA	

Weight Class: 90+ / 198+				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	42	92.5	Sarah Helwig	US-CA	NoCal Ironman Classic	Santa Clara	CA	

2026 Squat Rankings Male

Weight Class: 67.5 / 148				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	147.5	325.1	Ben Zak	US-NC	2026 North Carolina State Championships	Williamston	NC	

Weight Class: 75 / 165				Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	150	330.6	Stephen Babish	US-NY	2026 Owego Winter Classic	Owego	NY
2	120	264.5	David Machmer	US-PA	2026 Masters Nationals	York	PA

Weight Class: 100 / 220 Squat Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	237.5	523.5	Michael Dalton	US-VA	2026 Masters Nationals	York	PA
2	147.5	325.1	Adrian Molina	US-NC	2026 North Carolina State Championships	Williamston	NC
3	127.5	281	Thomas Corson	US-VA	Golds Gym Classic	Richmond	VA
4	125	275.5	Mike Knopf	US-CT	2026 Owego Winter Classic	Owego	NY

Weight Class: 110 / 242 Squat Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Eric Hawes	US-PA	2026 Masters Nationals	York	PA

Weight Class: 125 / 275 Squat Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Chris Allen	US-VA	Golds Gym Classic	Richmond	VA
2	142.5	314.1	Jeff Willson	US-CT	2026 Owego Winter Classic	Owego	NY

Weight Class: 140 / 308 Squat Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165.5	364.8	Sean Savage	Canada	2026 Ice Breaker	Calgary	Alberta
2	147.5	325.1	Chris Fry	US-VA	2026 Masters Nationals	York	PA

Unknown Class: SHW Squat Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	167.5	369.2	Scott Frazee	US-NC	2026 North Carolina State Championships	Williamston	NC

2026 Bench Press Rankings Male

Weight Class: 67.5 / 148 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	112.5	248	Ben Zak	US-NC	2026 North Carolina State Championships	Williamston	NC
2	102.5	225.9	Tim Garriss	US-NC	2026 Battle of the Border	Jarvisburg	NC

Weight Class: 75 / 165 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	122.5	270	Stephen Babish	US-NY	2026 Owego Winter Classic	Owego	NY
2	115	253.5	Ben Zak	US-NC	2026 Battle of the Border	Jarvisburg	NC
3	112.5	248	Tim Garriss	US-NC	2026 North Carolina State Championships	Williamston	NC
4	87.5	192.9	David Machmer	US-PA	2026 Masters Nationals	York	PA

Weight Class: 82.5 / 181 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Randy Johnson	US-PA	2026 Masters Nationals	York	PA

Weight Class: 90 / 198 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Ted Biggs	US-NC	2026 North Carolina State Championships	Williamston	NC
2	110	242.5	Barry Capps	US-SC	2026 Battle of the Border	Jarvisburg	NC

Weight Class: 100 / 220 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Michael Dalton	US-VA	2026 Masters Nationals	York	PA
2	122.5	270	Mike Knopf	US-CT	2026 Owego Winter Classic	Owego	NY
	122.5	270	Adrian Molina	US-NC	2026 North Carolina State Championships	Williamston	NC
4	120	264.5	Thomas Corson	US-VA	Golds Gym Classic	Richmond	VA

Weight Class: 110 / 242				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	110	242.5	Eric Hawes	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 125 / 275				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	167.5	369.2	Chris Allen	US-VA	Golds Gym Classic	Richmond	VA	
2	137.5	303.1	Jeff Willson	US-CT	2026 Owego Winter Classic	Owego	NY	

Weight Class: 140 / 308				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	182.5	402.3	Sean Savage	Canada	2026 Ice Breaker	Calgary	Alberta	
2	180	396.8	Chris Fry	US-VA	2026 Masters Nationals	York	PA	

Unknown Class: SHW				Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	127.5	281	Scott Frazee	US-NC	2026 North Carolina State Championships	Williamston	NC	

2026 Deadlift Rankings Male

Weight Class: 67.5 / 148				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	202.5	446.4	Ben Zak	US-NC	2026 North Carolina State Championships	Williamston	NC	

Weight Class: 75 / 165				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	187.5	413.3	Stephen Babish	US-NY	2026 Owego Winter Classic	Owego	NY	
2	140	308.6	David Machmer	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 82.5 / 181				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	205	451.9	Randy Johnson	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 90 / 198				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	150	330.6	Ted Biggs	US-NC	2026 North Carolina State Championships	Williamston	NC	

Weight Class: 100 / 220				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	280	617.2	Michael Dalton	US-VA	2026 Masters Nationals	York	PA	
2	182.5	402.3	Mike Knopf	US-CT	2026 Owego Winter Classic	Owego	NY	
3	155	341.7	Adrian Molina	US-NC	2026 North Carolina State Championships	Williamston	NC	
4	150	330.6	Thomas Corson	US-VA	Golds Gym Classic	Richmond	VA	

Weight Class: 110 / 242				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	227.5	501.5	Eric Hawes	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 125 / 275				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	250	551.1	Chris Allen	US-VA	Golds Gym Classic	Richmond	VA	
2	165	363.7	Jeff Willson	US-CT	2026 Owego Winter Classic	Owego	NY	

Weight Class: 140 / 308				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	250	551.1	Sean Savage	Canada	2026 Ice Breaker	Calgary	Alberta	

2 200 440.9 Chris Fry US-VA 2026 Masters Nationals York PA

Unknown Class: SHW				Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	187.5	413.3	Scott Frazee	US-NC	2026 North Carolina State Championships	Williamston	NC	

2026 Total Rankings Male

Weight Class: 67.5 / 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	462.5	1019.6	Ben Zak	US-NC	2026 North Carolina State Championships	Williamston	NC	

Weight Class: 75 / 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	460	1014.1	Stephen Babish	US-NY	2026 Owego Winter Classic	Owego	NY	
2	347.5	766	David Machmer	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 100 / 220				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	662.5	1460.5	Michael Dalton	US-VA	2026 Masters Nationals	York	PA	
2	430	947.9	Mike Knopf	US-CT	2026 Owego Winter Classic	Owego	NY	
3	425	936.9	Adrian Molina	US-NC	2026 North Carolina State Championships	Williamston	NC	
4	397.5	876.3	Thomas Corson	US-VA	Golds Gym Classic	Richmond	VA	

Weight Class: 110 / 242				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	530	1168.4	Eric Hawes	US-PA	2026 Masters Nationals	York	PA	

Weight Class: 125 / 275				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	622.5	1372.3	Chris Allen	US-VA	Golds Gym Classic	Richmond	VA	
2	445	981	Jeff Willson	US-CT	2026 Owego Winter Classic	Owego	NY	

Weight Class: 140 / 308				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	588	1296.3	Sean Savage	Canada	2026 Ice Breaker	Calgary	Alberta	
2	527.5	1162.9	Chris Fry	US-VA	2026 Masters Nationals	York	PA	

Unknown Class: SHW				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	475	1047.1	Scott Frazee	US-NC	2026 North Carolina State Championships	Williamston	NC	

2026 Strict Curl Rankings Male

Weight Class: 67.5 / 148				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	58	127.8	Ben Zak	US-NC	2026 NC State Strict Curl Championships	Williamston	NC	
2	55	121.2	Tim Garriss	US-NC	2026 Battle of the Border	Jarvisburg	NC	

Weight Class: 75 / 165				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	56.5	124.5	Tim Garriss	US-NC	2026 NC State Strict Curl Championships	Williamston	NC	
2	54	119	Ben Zak	US-NC	2026 Battle of the Border	Jarvisburg	NC	

Weight Class: 90 / 198				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	57	125.6	Barry Capps	US-SC	2026 Battle of the Border	Jarvisburg	NC	

Weight Class: 100 / 220				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	98	216	John Cooper	US-NC	2026 Battle of the Border	Jarvisburg	NC	
2	76	167.5	Michael Dalton	US-VA	2026 Masters Nationals	York	PA	
3	54	119	Chris McConnell	US-PA	2026 Owego Winter Classic	Owego	NY	

Weight Class: 110 / 242				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	David Haney	US-NC	2026 NC State Strict Curl Championships	Williamston	NC	
2	59.5	131.1	Tim Durrett	US-VA	Golds Gym Classic	Richmond	VA	

Weight Class: 125 / 275				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	72.5	159.8	Wesley Wild	US-IN	2026 King of the Curl Championships	Bedford	OH	
2	65	143.2	Chris Allen	US-VA	Golds Gym Classic	Richmond	VA	
3	52	114.6	Curt Brown	US-OH	2026 King of the Curl Championships	Bedford	OH	

Weight Class: 140 / 308				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	Jason Bentley	US-NY	2026 King of the Curl Championships	Bedford	OH	
2	60	132.2	Sean Savage	Canada	2026 Ice Breaker	Calgary	Alberta	