WORLD WOMEN'S POWERLIFTING RECORDS

Updated by Ed Kutin
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3/8/2026

Weight Class: 44 / 97 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**105.0 kgs / 231.4 lbs Naomi Kutin (US-NJ) 11/2013**	**54.0 kgs / 119.0 lbs Karen Poyner (US-VA) 8/2018**	**113.5 kgs / 250.2 lbs Karen Poyner (US-VA) 8/2017**	**257.5 kgs / 567.6 lbs Naomi Kutin (US-NJ) 11/2013**
11 and under	102.5 kgs / 225.9 lbs Naomi Kutin (US-NJ) 6/2013	43.0 kgs / 94.7 lbs Naomi Kutin (US-NJ) 6/2013	105.0 kgs / 231.4 lbs Naomi Kutin (US-NJ) 6/2013	250.5 kgs / 552.2 lbs Naomi Kutin (US-NJ) 6/2013
12-13	105.0 kgs / 231.4 lbs Naomi Kutin (US-NJ) 11/2013	45.0 kgs / 99.2 lbs Naomi Kutin (US-NJ) 11/2013	113.0 kgs / 249.1 lbs Naomi Kutin (US-NJ) 11/2013	257.5 kgs / 567.6 lbs Naomi Kutin (US-NJ) 11/2013
14-15	72.5 kgs / 159.8 lbs Ashley Polacek (US-FL) 3/2024	37.5 kgs / 82.6 lbs McKenna Kozina (Canada) 1/2016	95.0 kgs / 209.4 lbs Ashley Polacek (US-FL) 3/2024	205.0 kgs / 451.9 lbs Ashley Polacek (US-FL) 3/2024
16-17	92.5 kgs / 203.9 lbs Danielle Tasher (US-PA) 10/2012	45.0 kgs / 99.2 lbs Ashley Christiansen (US-NC) 4/2017	112.5 kgs / 248.0 lbs Danielle Tasher (US-PA) 10/2012	247.5 kgs / 545.6 lbs Danielle Tasher (US-PA) 10/2012
18-19	37.5 kgs / 82.6 lbs Ashley Christiansen (US-NC) 11/2018	45.0 kgs / 99.2 lbs Ashley Christiansen (US-NC) 5/2019	83.5 kgs / 184.0 lbs Ashley Christiansen (US-NC) 11/2017	160.5 kgs / 353.8 lbs Ashley Christiansen (US-NC) 6/2017
20-24	82.5 kgs / 181.8 lbs Catherine Beninger (Canada) 5/2018	52.5 kgs / 115.7 lbs Ashley Christiansen (US-NC) 11/2020	105.0 kgs / 231.4 lbs Samantha Brickhouse (US-NC) 10/2015	220.0 kgs / 485.0 lbs Catherine Beninger (Canada) 8/2017
35-39	70.0 kgs / 154.3 lbs Sumaya Shakir (US-VA) 5/2015	45.0 kgs / 99.2 lbs Sumaya Shakir (US-VA) 5/2015	97.5 kgs / 214.9 lbs Dennise Larios (US-AZ) 6/2016	210.0 kgs / 462.9 lbs Sumaya Shakir (US-VA) 5/2015
40-44	60.0 kgs / 132.2 lbs Sue Lee (Canada) 11/2025	36.2 kgs / 79.8 lbs Maureen Cahill (US-NJ) 9/2001	97.5 kgs / 214.9 lbs Dennise Childers (US-AZ) 6/2017	175.0 kgs / 385.8 lbs Sue Lee (Canada) 11/2025
50-54	35.0 kgs / 77.1 lbs Jeanette Savage (US-NY) 1/2026	27.5 kgs / 60.6 lbs Jeanette Savage (US-NY) 1/2026	55.0 kgs / 121.2 lbs Jeanette Savage (US-NY) 1/2026	117.5 kgs / 259.0 lbs Jeanette Savage (US-NY) 1/2026
55-59	40.0 kgs / 88.1 lbs Rocky Luedeker (US-AZ) 6/2014	35.5 kgs / 78.2 lbs Rocky Luedeker (US-AZ) 6/2014	67.5 kgs / 148.8 lbs Rocky Luedeker (US-AZ) 8/2014	137.5 kgs / 303.1 lbs Rocky Luedeker (US-AZ) 8/2014
60-64	75.0 kgs / 165.3 lbs Karen Poyner (US-VA) 8/2017	54.0 kgs / 119.0 lbs Karen Poyner (US-VA) 8/2018	113.5 kgs / 250.2 lbs Karen Poyner (US-VA) 8/2017	237.5 kgs / 523.5 lbs Karen Poyner (US-VA) 8/2017

75-79	22.6 kgs / 49.8 lbs Susan Bohling (US-FL) 6/2022	16.7 kgs / 36.8 lbs Susan Bohling (US-FL) 6/2022	56.6 kgs / 124.7 lbs Susan Bohling (US-FL) 6/2022	95.9 kgs / 211.4 lbs Susan Bohling (US-FL) 6/2022
Spec. Oly.	35.0 kgs / 77.1 lbs Jeanette Savage (US-NY) 1/2026	27.5 kgs / 60.6 lbs Jeanette Savage (US-NY) 1/2026	55.0 kgs / 121.2 lbs Jeanette Savage (US-NY) 1/2026	117.5 kgs / 259.0 lbs Jeanette Savage (US-NY) 1/2026

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**157.5 kgs / 347.2 lbs Cassidy Conaghan (Canada) 11/2024**	**75.0 kgs / 165.3 lbs Cassidy Conaghan (Canada) 11/2024**	**167.5 kgs / 369.2 lbs Cassidy Conaghan (Canada) 11/2024**	**395.0 kgs / 870.8 lbs Cassidy Conaghan (Canada) 11/2024**
11 and under	102.5 kgs / 225.9 lbs Naomi Kutin (US-NJ) 2012	45.0 kgs / 99.2 lbs Beth-el Algarin (US-MN) 7/2011	95.0 kgs / 209.4 lbs Naomi Kutin (US-NJ) 2012	225.5 kgs / 497.1 lbs Naomi Kutin (US-NJ) 2012
12-13	107.5 kgs / 236.9 lbs Naomi Kutin (US-NJ) 11/2014	47.5 kgs / 104.7 lbs Naomi Kutin (US-NJ) 6/2014	120.0 kgs / 264.5 lbs Naomi Kutin (US-NJ) 11/2014	275.0 kgs / 606.2 lbs Naomi Kutin (US-NJ) 11/2014
14-15	90.72 kgs / 200.0 lbs Natalie Norcross (US-FL) 12/2023	42.5 kgs / 93.6 lbs Jessica Smith (US-NC) 10/2015	111.1 kgs / 244.9 lbs Krystle McKenzie (US-DC) 12/1999	239.95 kgs / 528.9 lbs Natalie Norcross (US-FL) 12/2023
16-17	105.0 kgs / 231.4 lbs McKenna Kozina (Canada) 10/2017	64.0 kgs / 141.0 lbs McKenna Kozina (Canada) 10/2017	115.0 kgs / 253.5 lbs Danielle Tasher (US-PA) 3/2012	274.0 kgs / 604.0 lbs McKenna Kozina (Canada) 10/2017
18-19	104.0 kgs / 229.2 lbs McKenna Kozina (Canada) 10/2019	60.5 kgs / 133.3 lbs McKenna Kozina (Canada) 6/2019	112.5 kgs / 248.0 lbs McKenna Kozina (Canada) 5/2018	272.5 kgs / 600.7 lbs McKenna Kozina (Canada) 5/2018
20-24	140.0 kgs / 308.6 lbs Cassidy Conaghan (Canada) 2/2024	70.0 kgs / 154.3 lbs Cassidy Conaghan (Canada) 2/2024	155.0 kgs / 341.7 lbs Cassidy Conaghan (Canada) 2/2024	354.5 kgs / 781.5 lbs Cassidy Conaghan (Canada) 2/2024
35-39	82.5 kgs / 181.8 lbs Jill Neziri (US-NY) 6/2022	57.5 kgs / 126.7 lbs Viktoriya Kruglyak (Ukraine) 4/2014	122.5 kgs / 270.0 lbs Jamie Brissey (US-VA) 4/2014	237.5 kgs / 523.5 lbs Jamie Brissey (US-VA) 4/2014
40-44	70.0 kgs / 154.3 lbs Tracey Mancuso (Canada) 7/2014	62.5 kgs / 137.7 lbs Jill Keilty (Canada) 11/2014	100.0 kgs / 220.4 lbs Jill Keilty (Canada) 11/2014	225.0 kgs / 496.0 lbs Jill Keilty (Canada) 11/2014
45-49	74.0 kgs / 163.1 lbs Jill Keilty (Canada) 5/2023	59.0 kgs / 130.0 lbs Jill Keilty (Canada) 11/2023	122.5 kgs / 270.0 lbs Kimberly Ryman (US-VA) 2009	244.0 kgs / 537.9 lbs Jill Keilty (Canada) 11/2023
50-54	86.1 kgs / 189.8 lbs Karen Poyner (US-VA)	58.9 kgs / 129.8 lbs Karen Poyner (US-VA)	120.2 kgs / 264.9 lbs Karen Poyner (US-VA)	265.3 kgs / 584.8 lbs Karen Poyner (US-VA)
55-59	90.0 kgs / 198.4 lbs Karen Poyner (US-VA) 6/2011	58.0 kgs / 127.8 lbs Karen Poyner (US-VA) 2013	122.5 kgs / 270.0 lbs Karen Poyner (US-VA) 6/2011	270.0 kgs / 595.2 lbs Karen Poyner (US-VA) 6/2011
60-64	80.5 kgs / 177.4 lbs Karen Poyner (US-VA) 4/2016	53.5 kgs / 117.9 lbs Karen Poyner (US-VA) 4/2016	113.5 kgs / 250.2 lbs Kimberly Price (US-VA) 11/2024	245.0 kgs / 540.1 lbs Karen Poyner (US-VA) 4/2016
65-69	45.0 kgs / 99.2 lbs Jenny Telles (US-NM) 11/2014	27.5 kgs / 60.6 lbs Jenny Telles (US-NM) 11/2014	67.5 kgs / 148.8 lbs Jenny Telles (US-NM) 11/2014	140.0 kgs / 308.6 lbs Jenny Telles (US-NM) 11/2014

Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**120.0 kgs / 264.5 lbs Marie Joaquin (Canada) 5/2018**	**76.0 kgs / 167.5 lbs Natasha Beasley (US-VA) 10/2017**	**152.5 kgs / 336.2 lbs Natasha Beasley (US-VA) 10/2016**	**318.5 kgs / 702.1 lbs Natasha Beasley (US-VA) 10/2017**
11 and under	72.5 kgs / 159.8 lbs Madison Berry (US-NC) 1/2021	38.0 kgs / 83.7 lbs Mackenzie Taylor (US-NC) 9/2019	90.0 kgs / 198.4 lbs Mackenzie Taylor (US-NC) 9/2019	187.5 kgs / 413.3 lbs Sarah Hunt (US-PA) 2011
12-13	112.5 kgs / 248.0 lbs Naomi Kutin (US-NJ) 6/2015	60.0 kgs / 132.2 lbs Miranda Chambers (US-PA) 3/2014	130.0 kgs / 286.5 lbs Miranda Chambers (US-PA) 3/2014	290.0 kgs / 639.3 lbs Miranda Chambers (US-PA) 3/2014
14-15	92.5 kgs / 203.9 lbs Samantha Salemno (US-PA) 6/2015	50.0 kgs / 110.2 lbs Gwendolyn Sheridan (Canada) 2/2012	107.5 kgs / 236.9 lbs Natalie Norcross (US-FL) 11/2023	230.0 kgs / 507.0 lbs Natalie Norcross (US-FL) 3/2024
16-17	95.5 kgs / 210.5 lbs Kaylum Mills (US-NC) 5/2023	55.0 kgs / 121.2 lbs Kaylum Mills (US-NC) 5/2023	123.0 kgs / 271.1 lbs Kaylum Mills (US-NC) 5/2023	273.5 kgs / 602.9 lbs Kaylum Mills (US-NC) 5/2023
18-19	92.5 kgs / 203.9 lbs Courtney Krauss (Canada) 8/2023	55.0 kgs / 121.2 lbs Courtney Krauss (Canada) 8/2023	107.5 kgs / 236.9 lbs Courtney Krauss (Canada) 8/2023	255.0 kgs / 562.1 lbs Courtney Krauss (Canada) 8/2023
20-24	120.0 kgs / 264.5 lbs Marie Joaquin (Canada) 5/2018	65.0 kgs / 143.2 lbs Rylea Yanke (Canada) 5/2018	140.0 kgs / 308.6 lbs Izaba Paras (US-VA) 6/2017	306.0 kgs / 674.6 lbs Marie Joaquin (Canada) 5/2018
35-39	113.0 kgs / 249.1 lbs Amanda Johner (Canada) 10/2019	76.0 kgs / 167.5 lbs Natasha Beasley (US-VA) 10/2017	150.0 kgs / 330.6 lbs Natasha Beasley (US-VA) 10/2017	318.5 kgs / 702.1 lbs Natasha Beasley (US-VA) 10/2017
40-44	90.7 kgs / 199.9 lbs Donna McBurney (US-MA) 2007	68.0 kgs / 149.9 lbs Donna McBurney (US-MA) 2007	149.8 kgs / 330.2 lbs Donna McBurney (US-MA) 2007	310.7 kgs / 684.9 lbs Donna McBurney (US-MA) 2007
45-49	90.0 kgs / 198.4 lbs Mariela Olivares (US-MD) 6/2025	60.5 kgs / 133.3 lbs Jill Keilty-Dilling (Canada) 2/2024	120.0 kgs / 264.5 lbs Jennifer Waldron (US-KY) 2/2018	262.5 kgs / 578.7 lbs Nikki Chapman (Canada) 9/2012
50-54	90.5 kgs / 199.5 lbs Mariela Olivares (US-MD) 1/2026	65.5 kgs / 144.4 lbs Lisa Scheffelmaier (Canada) 11/2014	112.5 kgs / 248.0 lbs Lisa Scheffelmaier (Canada) 11/2014	245.5 kgs / 541.2 lbs Marcella Cameron (Canada) 6/2019
55-59	85.0 kgs / 187.3 lbs Susan White (Canada) 11/2017	50.5 kgs / 111.3 lbs Janet Huntley (US-PA) 10/2021	115.0 kgs / 253.5 lbs Kimberly Price (US-VA) 11/2020	230.0 kgs / 507.0 lbs Ginger Enderson (US-NC) 11/2014
60-64	100.0 kgs / 220.4 lbs Christina Lahey (Canada) 5/2023	62.5 kgs / 137.7 lbs Christina Lahey (Canada) 5/2023	115.0 kgs / 253.5 lbs Christina Lahey (Canada) 5/2023	277.5 kgs / 611.7 lbs Christina Lahey (Canada) 5/2023
70-74	61.0 kgs / 134.4 lbs Mary Ann Little (US-PA) 10/2015	35.0 kgs / 77.1 lbs Mary Ann Little (US-PA) 11/2014	78.0 kgs / 171.9 lbs Mary Ann Little (US-PA) 10/2016	169.5 kgs / 373.6 lbs Mary Ann Little (US-PA) 10/2015

Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**157.0 kgs / 346.1 lbs Elizabeth Craven (Australia) 10/2018**	**120.0 kgs / 264.5 lbs Febrose Tsiode (Nauru) 10/2018**	**192.5 kgs / 424.3 lbs Melissa Barber (US-MD) 5/2016**	**427.0 kgs / 941.3 lbs Elizabeth Craven (Australia) 10/2018**
11 and under	82.5 kgs / 181.8 lbs Beth-el Algarin (US-MN) 6/2012	57.5 kgs / 126.7 lbs Beth-el Algarin (US-MN) 6/2012	100.0 kgs / 220.4 lbs Beth-el Algarin (US-MN) 6/2012	240.0 kgs / 529.1 lbs Beth-el Algarin (US-MN) 6/2012

12-13	80.0 kgs / 176.3 lbs Mackenzie Taylor (US-NC) 8/2020	48.5 kgs / 106.9 lbs Mackenzie Taylor (US-NC) 8/2020	114.0 kgs / 251.3 lbs Mackenzie Taylor (US-NC) 8/2020	230.0 kgs / 507.0 lbs Mackenzie Taylor (US-NC) 8/2020
14-15	132.5 kgs / 292.1 lbs Naomi Kutin (US-NJ) 6/2016	70.0 kgs / 154.3 lbs Miranda Chambers (US-PA) 11/2014	147.5 kgs / 325.1 lbs Naomi Kutin (US-NJ) 6/2016	332.5 kgs / 733.0 lbs Naomi Kutin (US-NJ) 6/2016
16-17	120.0 kgs / 264.5 lbs Miranda Chambers (US-PA) 6/2016	85.0 kgs / 187.3 lbs Miranda Chambers (US-PA) 10/2016	155.0 kgs / 341.7 lbs Miranda Chambers (US-PA) 10/2016	355.0 kgs / 782.6 lbs Miranda Chambers (US-PA) 10/2016
18-19	135.0 kgs / 297.6 lbs Febrose Tsiode (Nauru) 10/2018	120.0 kgs / 264.5 lbs Febrose Tsiode (Nauru) 10/2018	140.0 kgs / 308.6 lbs Febrose Tsiode (Nauru) 10/2018	395.0 kgs / 870.8 lbs Febrose Tsiode (Nauru) 10/2018
20-24	140.0 kgs / 308.6 lbs Breann Thiessen (Canada) 1/2015	87.5 kgs / 192.9 lbs Jonalyn Barcarse (US-VA) 6/2021	170.0 kgs / 374.7 lbs Jonalyn Barcarse (US-VA) 6/2021	387.5 kgs / 854.2 lbs Jonalyn Barcarse (US-VA) 6/2021
35-39	120.0 kgs / 264.5 lbs Misty Posey (US-VA) 10/2015	80.5 kgs / 177.4 lbs Natasha Beasley (US-VA) 6/2018	165.0 kgs / 363.7 lbs Natasha Beasley (US-VA) 6/2018	345.5 kgs / 761.6 lbs Natasha Beasley (US-VA) 6/2018
40-44	157.0 kgs / 346.1 lbs Elizabeth Craven (Australia) 10/2018	85.0 kgs / 187.3 lbs Elizabeth Craven (Australia) 10/2018	185.0 kgs / 407.8 lbs Elizabeth Craven (Australia) 10/2018	427.0 kgs / 941.3 lbs Elizabeth Craven (Australia) 10/2018
45-49	120.0 kgs / 264.5 lbs Catarina Aldi (US-PA) 4/2025	80.0 kgs / 176.3 lbs Kelly Moore (US-WI) 2009	157.5 kgs / 347.2 lbs Kelly Moore (US-WI) 2009	327.5 kgs / 722.0 lbs Kelly Moore (US-WI) 2009
50-54	100.0 kgs / 220.4 lbs Maxine Ferris (US-NC) 2/2018	72.5 kgs / 159.8 lbs Diane Brill (US-NV) 10/2012	130.0 kgs / 286.5 lbs Maxine Ferris (US-NC) 2/2018	291.0 kgs / 641.5 lbs Maxine Ferris (US-NC) 2/2018
55-59	87.5 kgs / 192.9 lbs Lori McMahon (US-PA) 12/2022	74.8 kgs / 164.9 lbs Lisa Hoyt (US-WA) 6/2022	120.0 kgs / 264.5 lbs Susan Drach (US-VA) 4/2014	274.3 kgs / 604.7 lbs Lisa Hoyt (US-WA) 6/2022
60-64	87.5 kgs / 192.9 lbs Janet Warne (Canada) 10/2016	60.5 kgs / 133.3 lbs Susan Drach (US-VA) 4/2019	126.5 kgs / 278.8 lbs Susan Drach (US-VA) 4/2019	257.0 kgs / 566.5 lbs Susan Drach (US-VA) 4/2019
65-69	70.0 kgs / 154.3 lbs Lori Christ (US-NM) 3/2025	42.5 kgs / 93.6 lbs Trish Kirkland (US-FL) 6/2019	110.0 kgs / 242.5 lbs Lori Christ (US-NM) 3/2025	220.0 kgs / 485.0 lbs Lori Christ (US-NM) 3/2025
70-74	77.5 kgs / 170.8 lbs Marcia Anderson (US-VA) 11/2022	41.0 kgs / 90.3 lbs Marcia Anderson (US-VA) 7/2021	103.0 kgs / 227.0 lbs Marcia Anderson (US-VA) 11/2022	220.5 kgs / 486.1 lbs Marcia Anderson (US-VA) 11/2022
75-79	85.0 kgs / 187.3 lbs Marcia Anderson (US-VA) 6/2025	47.5 kgs / 104.7 lbs Marcia Anderson (US-VA) 6/2025	107.5 kgs / 236.9 lbs Marcia Anderson (US-VA) 6/2025	240.0 kgs / 529.1 lbs Marcia Anderson (US-VA) 6/2025
80+	48.0 kgs / 105.8 lbs Mariann Strain (US-PA) 11/2025	33.5 kgs / 73.8 lbs Mariann Strain (US-PA) 11/2025	75.0 kgs / 165.3 lbs Mariann Strain (US-PA) 11/2025	151.5 kgs / 333.9 lbs Mariann Strain (US-PA) 10/2025
Police/Fire/Mil	120.0 kgs / 264.5 lbs Misty Posey (US-VA) 10/2015	57.5 kgs / 126.7 lbs Rebecca Breeden (US-VA) 6/2013	142.5 kgs / 314.1 lbs Misty Posey (US-VA) 10/2015	315.0 kgs / 694.4 lbs Misty Posey (US-VA) 10/2015

Weight Class: 60 / 132 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total

Open	147.5 kgs / 325.1 lbs Sherine Thoummarath (Canada) 10/2017	92.5 kgs / 203.9 lbs Svetlana Dergaputskaya (Ukraine) 4/2014	180.0 kgs / 396.8 lbs Natasha Beasley (US-VA) 3/2020	397.5 kgs / 876.3 lbs Daniella Means (Hong Kong) 10/2018
11 and under	95.0 kgs / 209.4 lbs Madison Berry (US-NC) 11/2021	48.5 kgs / 106.9 lbs Madison Berry (US-NC) 10/2021	106.0 kgs / 233.6 lbs Madison Berry (US-NC) 11/2021	245.5 kgs / 541.2 lbs Madison Berry (US-NC) 11/2021
12-13	90.0 kgs / 198.4 lbs Layla Zylinsky (US-NY) 6/2025	65.0 kgs / 143.2 lbs Beth-el Algarin (US-MN) 10/2012	127.5 kgs / 281.0 lbs Mackenzie Taylor (US-NC) 1/2021	265.0 kgs / 584.2 lbs Layla Zylinsky (US-NY) 6/2025
14-15	122.5 kgs / 270.0 lbs Nena Pfeffer (US-PA) 4/2025	70.0 kgs / 154.3 lbs Nena Pfeffer (US-PA) 3/2025	145.0 kgs / 319.6 lbs Madison Hendricks (US-PA) 3/2014	310.0 kgs / 683.4 lbs Nena Pfeffer (US-PA) 4/2025
16-17	117.5 kgs / 259.0 lbs Shannon Faircloth (US-VA) 6/2023	65.7 kgs / 144.8 lbs Tausha Oxer (US-VA) 2/2000	153.5 kgs / 338.4 lbs Sammantha Perrine (US-PA) 10/2012	306.0 kgs / 674.6 lbs Sammantha Perrine (US-PA) 10/2012
18-19	120.0 kgs / 264.5 lbs Azlin Ferguson (Canada) 12/2022	67.5 kgs / 148.8 lbs Lorelei Golden (US-PA) 1/2026	150.0 kgs / 330.6 lbs Lorelei Golden (US-PA) 1/2026	327.5 kgs / 722.0 lbs Lorelei Golden (US-PA) 1/2026
20-24	147.5 kgs / 325.1 lbs Sherine Thoummarath (Canada) 10/2017	85.0 kgs / 187.3 lbs Antonina Burbytko (Ukraine) 4/2014	177.5 kgs / 391.3 lbs Haley Kothig (Canada) 9/2024	380.0 kgs / 837.7 lbs Antonina Burbytko (Ukraine) 4/2014
35-39	130.0 kgs / 286.5 lbs Jenn Lee (Canada) 10/2019	92.5 kgs / 203.9 lbs Svetlana Dergaputskaya (Ukraine) 4/2014	180.0 kgs / 396.8 lbs Natasha Beasley (US-VA) 3/2020	385.0 kgs / 848.7 lbs Andrea White (US-NY) 6/2014
40-44	135.0 kgs / 297.6 lbs Jennifer Minella (US-NC) 11/2020	77.5 kgs / 170.8 lbs Jennifer Minella (US-NC) 11/2020	176.0 kgs / 388.0 lbs Sandi Burke (Ireland) 2/2019	356.0 kgs / 784.8 lbs Sandi Burke (Ireland) 2/2019
45-49	120.5 kgs / 265.6 lbs Catarina Aldi (US-PA) 5/2025	75.0 kgs / 165.3 lbs Tonya Motyka (Canada) 2/2019	157.5 kgs / 347.2 lbs Tonya Motyka (Canada) 2/2019	352.5 kgs / 777.1 lbs Tonya Motyka (Canada) 2/2019
50-54	124.7 kgs / 274.9 lbs Ellen Stein (US-NY) 12/2007	77.5 kgs / 170.8 lbs Patti McKee (US-AZ) 5/2015	151.9 kgs / 334.8 lbs Ellen Stein (US-NY) 12/2007	340.1 kgs / 749.7 lbs Ellen Stein (US-NY) 12/2007
55-59	92.5 kgs / 203.9 lbs Annemarie Kemmerer (US-PA) 6/2013	62.5 kgs / 137.7 lbs Wanda Bradbury (Canada) 4/2023	135.0 kgs / 297.6 lbs Annemarie Kemmerer (US-PA) 6/2013	287.5 kgs / 633.8 lbs Annemarie Kemmerer (US-PA) 6/2013
60-64	87.5 kgs / 192.9 lbs Laura Clancy (US-VA) 6/2025	60.0 kgs / 132.2 lbs Annemarie Kemmerer (US-PA) 3/2014	117.0 kgs / 257.9 lbs Annemarie Kemmerer (US-PA) 3/2014	265.0 kgs / 584.2 lbs Annemarie Kemmerer (US-PA) 3/2014
65-69	102.5 kgs / 225.9 lbs Debra Valentin (US-PA) 8/2025	45.5 kgs / 100.3 lbs Debra Valentin (US-PA) 11/2025	125.0 kgs / 275.5 lbs Debra Valentin (US-PA) 11/2025	273.0 kgs / 601.8 lbs Debra Valentin (US-PA) 11/2025
70-74	76.0 kgs / 167.5 lbs Linda Leightley (US-VA) 11/2019	45.5 kgs / 100.3 lbs Linda Leightley (US-VA) 3/2019	125.0 kgs / 275.5 lbs Linda Leightley (US-VA) 11/2019	243.5 kgs / 536.8 lbs Linda Leightley (US-VA) 11/2019
75-79	70.0 kgs / 154.3 lbs Linda Leightley (US-VA) 10/2021	45.0 kgs / 99.2 lbs Linda Leightley (US-VA) 3/2020	125.0 kgs / 275.5 lbs Linda Leightley (US-VA) 10/2021	240.0 kgs / 529.1 lbs Linda Leightley (US-VA) 10/2021
80+	52.5 kgs / 115.7 lbs Linda Leightley (US-VA) 2/2025	35.5 kgs / 78.2 lbs Linda Leightley (US-VA) 2/2025	95.5 kgs / 210.5 lbs Linda Leightley (US-VA) 2/2025	183.5 kgs / 404.5 lbs Linda Leightley (US-VA) 2/2025

Police/Fire/Mil	125.0 kgs / 275.5 lbs Amanda Evans (US-VA) 2/2026	60.0 kgs / 132.2 lbs Amanda Evans (US-VA) 2/2026	132.5 kgs / 292.1 lbs Amanda Evans (US-VA) 2/2026	317.5 kgs / 699.9 lbs Amanda Evans (US-VA) 2/2026

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**155.5 kgs / 342.8 lbs Naomi Kutin (US-NJ) 1/2022**	**97.5 kgs / 214.9 lbs Andrea White (US-NY) 11/2014**	**200.0 kgs / 440.9 lbs Tricia Floyd (US-VA) 3/2018**	**413.5 kgs / 911.6 lbs Lisa Lethbridge (Canada) 2/2019**
11 and under	115.0 kgs / 253.5 lbs Madison Berry (US-NC) 5/2023	67.5 kgs / 148.8 lbs Madison Berry (US-NC) 5/2023	130.0 kgs / 286.5 lbs Madison Berry (US-NC) 5/2023	312.5 kgs / 688.9 lbs Madison Berry (US-NC) 5/2023
12-13	110.0 kgs / 242.5 lbs Mackenzie Taylor (US-NC) 5/2021	63.5 kgs / 139.9 lbs Mackenzie Taylor (US-NC) 5/2021	138.0 kgs / 304.2 lbs Mackenzie Taylor (US-NC) 5/2021	305.5 kgs / 673.5 lbs Mackenzie Taylor (US-NC) 5/2021
14-15	120.0 kgs / 264.5 lbs Lindsey Brill (US-NV) 10/2012	70.0 kgs / 154.3 lbs Lindsey Brill (US-NV) 10/2012	150.0 kgs / 330.6 lbs Lindsey Brill (US-NV) 10/2012	332.5 kgs / 733.0 lbs Lindsey Brill (US-NV) 10/2012
16-17	145.0 kgs / 319.6 lbs Naomi Kutin (US-NJ) 6/2019	75.0 kgs / 165.3 lbs Jamie Augustine (US-PA) 10/2021	175.0 kgs / 385.8 lbs Courtney Young (US-NE) 3/2017	360.0 kgs / 793.6 lbs Naomi Kutin (US-NJ) 10/2018
18-19	147.5 kgs / 325.1 lbs Naomi Kutin (US-NJ) 6/2021	72.5 kgs / 159.8 lbs Sarah Dolson (US-DC) 9/2001	172.5 kgs / 380.2 lbs Naomi Kutin (US-NJ) 6/2021	377.5 kgs / 832.2 lbs Naomi Kutin (US-NJ) 6/2021
20-24	155.5 kgs / 342.8 lbs Naomi Kutin (US-NJ) 1/2022	87.5 kgs / 192.9 lbs Abby Hall (Canada) 6/2019	183.0 kgs / 403.4 lbs Naomi Kutin (US-NJ) 11/2022	398.0 kgs / 877.4 lbs Naomi Kutin (US-NJ) 1/2022
35-39	132.5 kgs / 292.1 lbs Andrea White (US-NY) 11/2014	97.5 kgs / 214.9 lbs Andrea White (US-NY) 11/2014	200.0 kgs / 440.9 lbs Tricia Floyd (US-VA) 3/2018	412.5 kgs / 909.3 lbs Andrea White (US-NY) 11/2014
40-44	137.5 kgs / 303.1 lbs Alexis Kajencki (US-MD) 11/2025	92.5 kgs / 203.9 lbs Alexis Kajencki (US-MD) 11/2025	175.0 kgs / 385.8 lbs Assumpta Feeney (Ireland) 10/2016	387.5 kgs / 854.2 lbs Assumpta Feeney (Ireland) 10/2016
45-49	130.0 kgs / 286.5 lbs Laura Clancy (US-VA) 2012	77.5 kgs / 170.8 lbs Tonya Motyka (Canada) 4/2017	152.5 kgs / 336.2 lbs Tonya Motyka (Canada) 10/2017	350.0 kgs / 771.6 lbs Tonya Motyka (Canada) 4/2017
50-54	132.5 kgs / 292.1 lbs Suzanne LaForge (US-MA) 11/2014	77.5 kgs / 170.8 lbs Sue Kish (Canada) 2/2026	167.5 kgs / 369.2 lbs Suzanne LaForge (US-MA) 11/2014	372.5 kgs / 821.2 lbs Suzanne LaForge (US-MA) 11/2014
55-59	110.0 kgs / 242.5 lbs Suzanne LaForge (US-FL) 10/2019	62.5 kgs / 137.7 lbs Suzanne LaForge (US-FL) 10/2019	145.0 kgs / 319.6 lbs Suzanne LaForge (US-FL) 10/2019	317.5 kgs / 699.9 lbs Suzanne LaForge (US-FL) 10/2019
60-64	117.9 kgs / 259.9 lbs Suzanne LaForge (US-FL) 6/2022	75.0 kgs / 165.3 lbs Deb Ellard (Canada) 9/2021	151.9 kgs / 334.8 lbs Suzanne LaForge (US-FL) 6/2022	335.5 kgs / 739.6 lbs Suzanne LaForge (US-FL) 6/2022
65-69	40.8 kgs / 89.9 lbs Dottie Mikoloski (US-MD)		95.2 kgs / 209.8 lbs Dottie Mikoloski (US-MD)	176.9 kgs / 389.9 lbs Dottie Mikoloski (US-MD)
70-74	47.5 kgs / 104.7 lbs Tonnie Alliance (US-OH) 10/2016	45.5 kgs / 100.3 lbs Tonnie Alliance (US-OH) 10/2016	122.5 kgs / 270.0 lbs Tonnie Alliance (US-OH) 10/2016	212.5 kgs / 468.4 lbs Tonnie Alliance (US-OH) 10/2016

75-79	57.5 kgs / 126.7 lbs Janet Reynolds (US-FL) 7/2021	47.5 kgs / 104.7 lbs Janet Reynolds (US-FL) 7/2021	90.0 kgs / 198.4 lbs Janet Reynolds (US-FL) 7/2021	195.0 kgs / 429.8 lbs Janet Reynolds (US-FL) 7/2021
80+	56.6 kgs / 124.7 lbs Janet Reynolds (US-FL) 6/2022	41.7 kgs / 91.9 lbs Janet Reynolds (US-FL) 6/2022	87.5 kgs / 192.9 lbs Bonnie Thurston (US-FL) 7/2021	162.5 kgs / 358.2 lbs Bonnie Thurston (US-FL) 7/2021
Police/Fire/Mil	120.0 kgs / 264.5 lbs Callie Kessler (US-VA) 10/2015	67.5 kgs / 148.8 lbs Deeanna Burnah (US-MD) 6/2016	135.0 kgs / 297.6 lbs Kayla Irwin (US-PA) 10/2016	310.0 kgs / 683.4 lbs Kayla Irwin (US-PA) 10/2016

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**177.5 kgs / 391.3 lbs Miki Cestnik (US-MT) 2/2016**	**102.5 kgs / 225.9 lbs Angela Lewis (Canada) 7/2019**	**200.0 kgs / 440.9 lbs Miki Cestnik (US-MT) 2/2016**	**465.0 kgs / 1025.1 lbs Miki Cestnik (US-MT) 2/2016**
11 and under	130.0 kgs / 286.5 lbs Madison Berry (US-NC) 11/2023	73.0 kgs / 160.9 lbs Madison Berry (US-NC) 11/2023	140.0 kgs / 308.6 lbs Madison Berry (US-NC) 11/2023	343.0 kgs / 756.1 lbs Madison Berry (US-NC) 11/2023
12-13	123.0 kgs / 271.1 lbs Mackenzie Taylor (US-NC) 11/2021	67.5 kgs / 148.8 lbs Mackenzie Taylor (US-NC) 10/2021	141.0 kgs / 310.8 lbs Mackenzie Taylor (US-NC) 10/2021	326.0 kgs / 718.6 lbs Mackenzie Taylor (US-NC) 10/2021
14-15	160.0 kgs / 352.7 lbs Mackenzie Taylor (US-NC) 5/2023	90.0 kgs / 198.4 lbs Mackenzie Taylor (US-NC) 5/2023	173.0 kgs / 381.3 lbs Mackenzie Taylor (US-NC) 5/2023	423.0 kgs / 932.5 lbs Mackenzie Taylor (US-NC) 5/2023
16-17	117.9 kgs / 259.9 lbs Kelly Miller (USA)	65.0 kgs / 143.2 lbs Nicole Hardy (US-PA) 3/2012	155.0 kgs / 341.7 lbs Namroz Gill (Canada) 12/2022	327.5 kgs / 722.0 lbs Namroz Gill (Canada) 12/2022
18-19	147.5 kgs / 325.1 lbs Jamie Augustine (US-PA) 11/2022	80.0 kgs / 176.3 lbs Jamie Augustine (US-PA) 11/2022	160.0 kgs / 352.7 lbs Jamie Augustine (US-PA) 11/2022	387.5 kgs / 854.2 lbs Jamie Augustine (US-PA) 11/2022
20-24	155.0 kgs / 341.7 lbs Aubrey Mester-Webb (US-VA) 10/2015	85.0 kgs / 187.3 lbs Angela Lewis (Canada) 5/2018	182.5 kgs / 402.3 lbs Aubrey Mester-Webb (US-VA) 10/2015	415.0 kgs / 914.9 lbs Aubrey Mester-Webb (US-VA) 10/2015
35-39	167.5 kgs / 369.2 lbs Kelli Fagan (Australia) 10/2018	85.0 kgs / 187.3 lbs Kelli Fagan (Australia) 10/2018	190.0 kgs / 418.8 lbs Kelli Fagan (Australia) 10/2018	442.5 kgs / 975.5 lbs Kelli Fagan (Australia) 10/2018
40-44	162.5 kgs / 358.2 lbs Erlinda Gomez (US-TX) 5/2015	100.0 kgs / 220.4 lbs Alexis Kajencki (US-MD) 11/2023	180.0 kgs / 396.8 lbs Melanie Wonitoy (Canada) 5/2017	430.0 kgs / 947.9 lbs Alexis Kajencki (US-MD) 11/2023
45-49	150.0 kgs / 330.6 lbs Leanne Knox (Australia) 10/2018	85.0 kgs / 187.3 lbs Eileen Gorry (Ireland) 10/2019	165.0 kgs / 363.7 lbs Leanne Knox (Australia) 10/2018	380.0 kgs / 837.7 lbs Leanne Knox (Australia) 10/2018
50-54	115.0 kgs / 253.5 lbs Megan Martin (US-NE) 6/2017	93.5 kgs / 206.1 lbs Joan Gardner (US-VT) 12/2006	157.5 kgs / 347.2 lbs Megan Martin (US-NE) 6/2017	330.0 kgs / 727.5 lbs Megan Martin (US-NE) 6/2017
55-59	110.0 kgs / 242.5 lbs Lynne Courtnage-Coolen (Canada) 5/2018	65.0 kgs / 143.2 lbs Claudia Helmick (US-VA) 10/2018	145.0 kgs / 319.6 lbs Christine Cedzo (US-PA) 4/2025	274.0 kgs / 604.0 lbs Claudia Helmick (US-VA) 10/2018

60-64	115.0 kgs / 253.5 lbs Lynne Courtnage-Coolen (Canada) 6/2019	60.0 kgs / 132.2 lbs Geneva Koutas (US-VA) 6/2013	140.0 kgs / 308.6 lbs Lynne Courtnage-Coolen (Canada) 2/2019	293.0 kgs / 645.9 lbs Lynne Courtnage-Coolen (Canada) 2/2019
65-69	117.5 kgs / 259.0 lbs Nancy Breen (US-VA) 6/2025	65.5 kgs / 144.4 lbs Nancy Breen (US-VA) 10/2024	126.0 kgs / 277.7 lbs Nancy Breen (US-VA) 6/2025	306.0 kgs / 674.6 lbs Nancy Breen (US-VA) 6/2025
70-74	67.5 kgs / 148.8 lbs Linda Odum (US-VA) 4/2019	35.0 kgs / 77.1 lbs Linda Odum (US-VA) 7/2018	112.5 kgs / 248.0 lbs Linda Odum (US-VA) 4/2019	212.5 kgs / 468.4 lbs Linda Odum (US-VA) 4/2019
Police/Fire/Mil	127.5 kgs / 281.0 lbs Tara Valli (US-VA) 9/2014	75.0 kgs / 165.3 lbs Mona Espinosa (US-VA) 10/2018	152.0 kgs / 335.0 lbs Fallon Williams (US-VA) 10/2015	337.5 kgs / 744.0 lbs Tara Valli (US-VA) 9/2014

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**185.5 kgs / 408.9 lbs Lisa Gervais (Canada) 6/2019**	**115.0 kgs / 253.5 lbs Allison White (US-VA) 5/2019**	**205.0 kgs / 451.9 lbs Carlita Farmer (US-NC) 10/2016**	**482.5 kgs / 1063.7 lbs Danielle Philibert (Canada) 5/2018**
11 and under	136.5 kgs / 300.9 lbs Madison Berry (US-NC) 3/2024	75.0 kgs / 165.3 lbs Madison Berry (US-NC) 3/2024	140.0 kgs / 308.6 lbs Madison Berry (US-NC) 3/2024	351.5 kgs / 774.9 lbs Madison Berry (US-NC) 3/2024
12-13	147.5 kgs / 325.1 lbs Madison Berry (US-NC) 11/2025	90.0 kgs / 198.4 lbs Madison Berry (US-NC) 10/2025	156.0 kgs / 343.9 lbs Madison Berry (US-NC) 11/2025	388.5 kgs / 856.4 lbs Madison Berry (US-NC) 11/2025
14-15	167.5 kgs / 369.2 lbs Mackenzie Taylor (US-NC) 11/2023	93.4 kgs / 205.9 lbs Mackenzie Taylor (US-NC) 6/2023	180.0 kgs / 396.8 lbs Mackenzie Taylor (US-NC) 11/2023	440.0 kgs / 970.0 lbs Mackenzie Taylor (US-NC) 11/2023
16-17	163.0 kgs / 359.3 lbs Mackenzie Taylor (US-NC) 3/2024	95.0 kgs / 209.4 lbs Mackenzie Taylor (US-NC) 11/2024	170.0 kgs / 374.7 lbs Mackenzie Taylor (US-NC) 2/2024	420.0 kgs / 925.9 lbs Mackenzie Taylor (US-NC) 2/2024
18-19	125.0 kgs / 275.5 lbs Alana Amantine (US-PA) 8/2019	70.0 kgs / 154.3 lbs Alana Amantine (US-PA) 8/2019	160.0 kgs / 352.7 lbs Alana Amantine (US-PA) 8/2019	355.0 kgs / 782.6 lbs Alana Amantine (US-PA) 8/2019
20-24	182.5 kgs / 402.3 lbs Danielle Philibert (Canada) 12/2017	95.0 kgs / 209.4 lbs Carlita Farmer (US-NC) 10/2016	205.0 kgs / 451.9 lbs Carlita Farmer (US-NC) 10/2016	472.5 kgs / 1041.6 lbs Danielle Philibert (Canada) 12/2017
35-39	147.5 kgs / 325.1 lbs Allison White (US-VA) 5/2019	115.0 kgs / 253.5 lbs Allison White (US-VA) 5/2019	197.5 kgs / 435.4 lbs Allison White (US-VA) 5/2019	455.0 kgs / 1003.0 lbs Allison White (US-VA) 5/2019
40-44	150.0 kgs / 330.6 lbs Kathleen MacDonald (Canada) 6/2019	97.5 kgs / 214.9 lbs Kari Saban (US-FL)	181.4 kgs / 399.9 lbs Kari Saban (US-FL)	419.5 kgs / 924.8 lbs Kari Saban (US-FL)
45-49	147.0 kgs / 324.0 lbs Sara Burwash (Canada) 10/2019	91.0 kgs / 200.6 lbs Sara Burwash (Canada) 10/2019	160.0 kgs / 352.7 lbs Sara Burwash (Canada) 10/2019	398.0 kgs / 877.4 lbs Sara Burwash (Canada) 10/2019
50-54	120.0 kgs / 264.5 lbs Laura Reagle (US-AZ) 6/2014	80.0 kgs / 176.3 lbs Mary Ann Wieckowski (US-PA) 11/2014	147.5 kgs / 325.1 lbs Lisa Klaus (US-IL) 8/2025	322.5 kgs / 710.9 lbs Lisa Klaus (US-IL) 8/2025
55-59	122.5 kgs / 270.0 lbs Michele Latour (US-NY) 1/2026	75.0 kgs / 165.3 lbs Linda Lee (US-VA) 6/2019	152.5 kgs / 336.2 lbs Michele Latour (US-NY) 1/2026	332.5 kgs / 733.0 lbs Michele Latour (US-NY) 1/2026

60-64	95.0 kgs / 209.4 lbs Gloria Knight-McNeil (US-NC) 10/2023	82.5 kgs / 181.8 lbs Gloria Knight-McNeil (US-NC) 10/2023	136.0 kgs / 299.8 lbs Brid O'Sullivan (Ireland) 5/2018	285.0 kgs / 628.3 lbs Gloria Knight-McNeil (US-NC) 10/2023
65-69	115.0 kgs / 253.5 lbs Nancy Breen (US-VA) 10/2025	65.0 kgs / 143.2 lbs Nancy Breen (US-VA) 4/2025	128.0 kgs / 282.1 lbs Nancy Breen (US-VA) 10/2025	308.0 kgs / 679.0 lbs Nancy Breen (US-VA) 10/2025
70-74	130.5 kgs / 287.7 lbs Linda Arvey (US-PA) 4/2023	75.0 kgs / 165.3 lbs Linda Arvey (US-PA) 4/2024	158.0 kgs / 348.3 lbs Linda Arvey (US-PA) 4/2024	363.5 kgs / 801.3 lbs Linda Arvey (US-PA) 4/2024
75-79	117.5 kgs / 259.0 lbs Linda Arvey (US-PA) 11/2025	70.0 kgs / 154.3 lbs Linda Arvey (US-PA) 11/2025	165.0 kgs / 363.7 lbs Linda Arvey (US-PA) 11/2025	347.5 kgs / 766.0 lbs Linda Arvey (US-PA) 11/2025
Police/Fire/Mil	136.0 kgs / 299.8 lbs Patty Pretorius (South Africa) 10/2017	80.0 kgs / 176.3 lbs Franky Moore (US-NC) 5/2015	162.5 kgs / 358.2 lbs Franky Moore (US-NC) 5/2015	368.5 kgs / 812.3 lbs Patty Pretorius (South Africa) 10/2017
Spec. Oly.	70.0 kgs / 154.3 lbs Joni Talavera (US-PA) 6/2015	50.0 kgs / 110.2 lbs Joni Talavera (US-PA) 6/2015	100.0 kgs / 220.4 lbs Joni Talavera (US-PA) 6/2015	220.0 kgs / 485.0 lbs Joni Talavera (US-PA) 6/2015
Handicapped	107.5 kgs / 236.9 lbs Alexis Rowley (US-PA) 4/2023	67.5 kgs / 148.8 lbs Alexis Rowley (US-PA) 4/2023	125.0 kgs / 275.5 lbs Alexis Rowley (US-PA) 4/2023	300.0 kgs / 661.3 lbs Alexis Rowley (US-PA) 4/2023

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**205.0 kgs / 451.9 lbs Mackenzie Taylor (US-NC) 11/2025**	**113.5 kgs / 250.2 lbs Mackenzie Taylor (US-NC) 8/2025**	**205.0 kgs / 451.9 lbs Mackenzie Taylor (US-NC) 11/2025**	**515.0 kgs / 1135.3 lbs Mackenzie Taylor (US-NC) 11/2025**
11 and under	85.0 kgs / 187.3 lbs Olivia Stedman (US-NC) 2/2023	52.5 kgs / 115.7 lbs Olivia Stedman (US-NC) 2/2023	101.0 kgs / 222.6 lbs Olivia Stedman (US-NC) 2/2023	225.5 kgs / 497.1 lbs Olivia Stedman (US-NC) 2/2023
12-13	165.0 kgs / 363.7 lbs Madison Berry (US-NC) 8/2025	91.0 kgs / 200.6 lbs Madison Berry (US-NC) 8/2025	165.0 kgs / 363.7 lbs Madison Berry (US-NC) 8/2025	421.0 kgs / 928.1 lbs Madison Berry (US-NC) 8/2025
14-15	167.8 kgs / 369.9 lbs Shannon Summers (US-SC) 2/2000	113.3 kgs / 249.7 lbs Shannon Summers (US-SC) 2/2000	163.2 kgs / 359.7 lbs Shannon Summers (US-SC) 2/2000	444.5 kgs / 979.9 lbs Shannon Summers (US-SC) 2/2000
16-17	205.0 kgs / 451.9 lbs Mackenzie Taylor (US-NC) 11/2025	113.5 kgs / 250.2 lbs Mackenzie Taylor (US-NC) 8/2025	205.0 kgs / 451.9 lbs Mackenzie Taylor (US-NC) 11/2025	515.0 kgs / 1135.3 lbs Mackenzie Taylor (US-NC) 11/2025
18-19	175.0 kgs / 385.8 lbs Lizzy Welch (US-KS) 11/2024	102.5 kgs / 225.9 lbs Mackenzie Taylor (US-NC) 2/2026	170.0 kgs / 374.7 lbs Mackenzie Taylor (US-NC) 2/2026	417.5 kgs / 920.4 lbs Mackenzie Taylor (US-NC) 2/2026
20-24	175.5 kgs / 386.9 lbs Paulina Deng (Canada) 7/2019	97.5 kgs / 214.9 lbs Aria DeSimini (US-VA) 7/2018	200.0 kgs / 440.9 lbs Aria DeSimini (US-VA) 7/2018	465.0 kgs / 1025.1 lbs Aria DeSimini (US-VA) 7/2018
35-39	145.0 kgs / 319.6 lbs Rebecca Tucker (US-NY) 6/2018	102.5 kgs / 225.9 lbs Martina Burton (US-MD) 3/2020	197.5 kgs / 435.4 lbs Martina Burton (US-MD) 3/2020	420.0 kgs / 925.9 lbs Martina Burton (US-MD) 3/2020
40-44	172.3 kgs / 379.8 lbs LaRiena Ferguson (US-FL) 6/2022	102.5 kgs / 225.9 lbs Sara Burwash (Canada) 5/2018	183.7 kgs / 404.9 lbs Kari Saban (US-FL) 8/2006	435.4 kgs / 959.8 lbs Kari Saban (US-FL) 8/2006

45-49	140.0 kgs / 308.6 lbs Anna McCardle (New Zealand) 11/2025	95.0 kgs / 209.4 lbs Anna McCardle (New Zealand) 11/2025	180.0 kgs / 396.8 lbs Anna McCardle (New Zealand) 11/2025	405.0 kgs / 892.8 lbs Anna McCardle (New Zealand) 11/2025
50-54	107.5 kgs / 236.9 lbs Lisa Klaus (US-IL) 6/2024	80.0 kgs / 176.3 lbs Lisa Klaus (US-IL) 6/2024	152.5 kgs / 336.2 lbs Lisa Klaus (US-IL) 6/2024	337.5 kgs / 744.0 lbs Lisa Klaus (US-IL) 6/2024
55-59	120.0 kgs / 264.5 lbs Kathleen Carpenter (US-VA) 7/2018	70.0 kgs / 154.3 lbs Kathleen Carpenter (US-VA) 7/2018	125.0 kgs / 275.5 lbs Kathleen Carpenter (US-VA) 7/2018	315.0 kgs / 694.4 lbs Kathleen Carpenter (US-VA) 7/2018
60-64	100.0 kgs / 220.4 lbs Gloria Knight-McNeil (US-NC) 11/2023	83.0 kgs / 182.9 lbs Gloria Knight-McNeil (US-NC) 11/2023	145.5 kgs / 320.7 lbs Hyacinth Joseph (US-NC) 4/2018	303.0 kgs / 667.9 lbs Gloria Knight-McNeil (US-NC) 11/2023
65-69	70.0 kgs / 154.3 lbs Sonya Jones (US-VA) 8/2025	53.0 kgs / 116.8 lbs Karen Hansen (US-VA) 6/2017	132.5 kgs / 292.1 lbs Karen Hansen (US-VA) 9/2015	246.0 kgs / 542.3 lbs Karen Hansen (US-VA) 6/2017
70-74	73.0 kgs / 160.9 lbs Karen Hansen (US-VA) 6/2018	57.5 kgs / 126.7 lbs Karen Hansen (US-VA) 10/2018	126.0 kgs / 277.7 lbs Karen Hansen (US-VA) 6/2018	251.5 kgs / 554.4 lbs Karen Hansen (US-VA) 6/2018
Police/Fire/Mil	112.5 kgs / 248.0 lbs Tomi Dement (US-VA) 2/2024	82.5 kgs / 181.8 lbs Hyacinth Joseph (US-NC) 11/2017	162.5 kgs / 358.2 lbs Tomi Dement (US-VA) 11/2024	350.0 kgs / 771.6 lbs Tomi Dement (US-VA) 11/2024
Spec. Oly.	85.0 kgs / 187.3 lbs Joni Talavera (US-PA) 6/2016	52.5 kgs / 115.7 lbs Joni Talavera (US-PA) 6/2016	102.5 kgs / 225.9 lbs Joni Talavera (US-PA) 6/2016	240.0 kgs / 529.1 lbs Joni Talavera (US-PA) 6/2016
Handicapped	97.5 kgs / 214.9 lbs Alexis Rowley (US-PA) 12/2023	70.0 kgs / 154.3 lbs Alexis Rowley (US-PA) 12/2023	127.5 kgs / 281.0 lbs Alexis Rowley (US-PA) 12/2023	295.0 kgs / 650.3 lbs Alexis Rowley (US-PA) 12/2023

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	**222.5 kgs / 490.5 lbs Yurika Kepae (Nauru) 10/2018**	**125.5 kgs / 276.6 lbs Lisa Quevedo (US-CA) 10/2013**	**230.0 kgs / 507.0 lbs Ashley Tinsley (US-VA) 11/2025**	**540.0 kgs / 1190.4 lbs Ashley Tinsley (US-VA) 11/2025**
11 and under	87.5 kgs / 192.9 lbs Olivia Stedman (US-NC) 5/2023	57.5 kgs / 126.7 lbs Olivia Stedman (US-NC) 5/2023	107.5 kgs / 236.9 lbs Olivia Stedman (US-NC) 5/2023	252.5 kgs / 556.6 lbs Olivia Stedman (US-NC) 5/2023
12-13	155.0 kgs / 341.7 lbs Madison Berry (US-NC) 2/2025	90.0 kgs / 198.4 lbs Madison Berry (US-NC) 2/2025	147.5 kgs / 325.1 lbs Madison Berry (US-NC) 2/2025	385.0 kgs / 848.7 lbs Madison Berry (US-NC) 2/2025
14-15	160.0 kgs / 352.7 lbs Samantha Davis (US-OH) 4/2021	104.3 kgs / 229.9 lbs Shannon Summers (US-SC)	172.5 kgs / 380.2 lbs Samantha Davis (US-OH) 4/2021	432.5 kgs / 953.4 lbs Samantha Davis (US-OH) 4/2021
16-17	181.4 kgs / 399.9 lbs Shannon Summers (US-SC)	124.7 kgs / 274.9 lbs Shannon Summers (US-SC)	167.5 kgs / 369.2 lbs Autumn Powell (US-PA) 4/2021	471.7 kgs / 1039.9 lbs Shannon Summers (US-SC)
18-19	142.5 kgs / 314.1 lbs Lindsay Field (US-NY) 10/2018	85.0 kgs / 187.3 lbs Savannah Glanville (US-NC) 11/2025	177.5 kgs / 391.3 lbs Lindsay Field (US-NY) 10/2017	372.5 kgs / 821.2 lbs Lindsay Field (US-NY) 10/2018
20-24	222.5 kgs / 490.5 lbs Yurika Kepae (Nauru) 10/2018	125.5 kgs / 276.6 lbs Lisa Quevedo (US-CA) 10/2013	205.0 kgs / 451.9 lbs Kopper Carter (US-VA) 6/2017	502.5 kgs / 1107.8 lbs Yurika Kepae (Nauru) 10/2018

35-39	170.0 kgs / 374.7 lbs Brandi Sneed (US-IN) 10/2016	105.0 kgs / 231.4 lbs Brandi Sneed (US-IN) 10/2016	227.5 kgs / 501.5 lbs Rachel Clarke (US-PA) 11/2025	465.0 kgs / 1025.1 lbs Rachel Clarke (US-PA) 11/2025
40-44	195.0 kgs / 429.8 lbs Ashley Tinsley (US-VA) 11/2025	115.0 kgs / 253.5 lbs Ashley Tinsley (US-VA) 11/2025	230.0 kgs / 507.0 lbs Ashley Tinsley (US-VA) 11/2025	540.0 kgs / 1190.4 lbs Ashley Tinsley (US-VA) 11/2025
45-49	155.0 kgs / 341.7 lbs Susan Knight (Canada) 8/2016	87.5 kgs / 192.9 lbs Laurie Thackeray (US-NH) 2012	175.0 kgs / 385.8 lbs Erica Rojek (US-MD) 6/2025	407.5 kgs / 898.3 lbs Erica Rojek (US-MD) 6/2025
50-54	158.8 kgs / 350.0 lbs Anna Stamets (US-FL) 3/2023	120.24 kgs / 265.0 lbs Anna Stamets (US-FL) 3/2023	226.86 kgs / 500.1 lbs Anna Stamets (US-FL) 3/2023	505.90000000000003 kgs / 1115.3 lbs Anna Stamets (US-FL) 3/2023
55-59	150.0 kgs / 330.6 lbs Charlotte Baker (US-VA) 11/2025	77.5 kgs / 170.8 lbs Charlotte Baker (US-VA) 11/2025	173.0 kgs / 381.3 lbs Charlotte Baker (US-VA) 11/2025	400.5 kgs / 882.9 lbs Charlotte Baker (US-VA) 11/2025
60-64	112.5 kgs / 248.0 lbs Wanda Sommerfeld (Canada) 9/2024	65.0 kgs / 143.2 lbs Karen Repino (US-PA) 11/2023	140.0 kgs / 308.6 lbs Wanda Sommerfeld (Canada) 5/2022	307.5 kgs / 677.9 lbs Wanda Sommerfeld (Canada) 9/2024
65-69	115.0 kgs / 253.5 lbs Wanda Sommerfeld (Canada) 11/2025	60.0 kgs / 132.2 lbs Wanda Sommerfeld (Canada) 9/2025	136.0 kgs / 299.8 lbs Beatrice Temple (US-FL) 6/2022	305.0 kgs / 672.4 lbs Wanda Sommerfeld (Canada) 11/2025
Police/Fire/Mil	150.0 kgs / 330.6 lbs Charlotte Baker (US-VA) 11/2025	77.5 kgs / 170.8 lbs Charlotte Baker (US-VA) 11/2025	173.0 kgs / 381.3 lbs Charlotte Baker (US-VA) 11/2025	400.5 kgs / 882.9 lbs Charlotte Baker (US-VA) 11/2025
Spec. Oly.	72.5 kgs / 159.8 lbs Rachel Ryan (Canada) 3/2017	50.0 kgs / 110.2 lbs Rachel Ryan (Canada) 3/2017	120.0 kgs / 264.5 lbs Rachel Ryan (Canada) 3/2017	242.5 kgs / 534.6 lbs Rachel Ryan (Canada) 3/2017
Handicapped	95.0 kgs / 209.4 lbs Joni Talavera (US-PA) 12/2024	55.0 kgs / 121.2 lbs Joni Talavera (US-PA) 12/2024	112.5 kgs / 248.0 lbs Joni Talavera (US-PA) 12/2024	262.5 kgs / 578.7 lbs Joni Talavera (US-PA) 12/2024