



## WORLD WOMEN'S DEADLIFT RECORDS

Updated by Ed Kutin  
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Weight Class: 44 / 97 Female			
Division	Deadlift	Name	Resides
<b>Open</b>	<b>113.5 kgs / 250.2 lbs</b>	<b>Karen Poyner</b>	<b>US-VA</b>
11 and under	105.0 kgs / 231.4 lbs	Naomi Kutin	US-NJ
12-13	113.0 kgs / 249.1 lbs	Naomi Kutin	US-NJ
14-15	95.0 kgs / 209.4 lbs	Ashley Polacek	US-FL
16-17	112.5 kgs / 248.0 lbs	Danielle Tasher	US-PA
18-19	85.0 kgs / 187.3 lbs	Ashley Christiansen	US-NC
20-24	105.0 kgs / 231.4 lbs	Samantha Brickhouse	US-NC
35-39	97.5 kgs / 214.9 lbs	Dennise Larios	US-AZ
40-44	97.5 kgs / 214.9 lbs	Dennise Childers	US-AZ
50-54	<b>55.0 kgs / 121.2 lbs</b>	<b>Jeanette Savage</b>	<b>US-NY</b>
55-59	67.5 kgs / 148.8 lbs	Rocky Luedeker	US-AZ
60-64	113.5 kgs / 250.2 lbs	Karen Poyner	US-VA
65-69	89.0 kgs / 196.2 lbs	Karen Poyner	US-VA
75-79	56.6 kgs / 124.7 lbs	Susan Bohling	US-FL
Spec. Oly.	<b>55.0 kgs / 121.2 lbs</b>	<b>Jeanette Savage</b>	<b>US-NY</b>

Weight Class: 48 / 105 Female			
Division	Deadlift	Name	Resides
<b>Open</b>	<b>167.5 kgs / 369.2 lbs</b>	<b>Cassidy Conaghan</b>	<b>Canada</b>
11 and under	97.5 kgs / 214.9 lbs	K. Stegall	US-NC
12-13	120.0 kgs / 264.5 lbs	Naomi Kutin	US-NJ
14-15	111.1 kgs / 244.9 lbs	Krystle McKenzie	US-DC
16-17	115.0 kgs / 253.5 lbs	Danielle Tasher	US-PA
18-19	112.5 kgs / 248.0 lbs	McKenna Kozina	Canada
20-24	155.0 kgs / 341.7 lbs	Cassidy Conaghan	Canada
35-39	122.5 kgs / 270.0 lbs	Jamie Brissey	US-VA
40-44	101.0 kgs / 222.6 lbs	Alison Bulluck	US-VA
45-49	130.0 kgs / 286.5 lbs	Kimberly Ryman	US-VA
50-54	120.2 kgs / 264.9 lbs	Karen Poyner	US-VA
55-59	122.5 kgs / 270.0 lbs	Karen Poyner	US-VA
60-64	113.5 kgs / 250.2 lbs	Kimberly Price	US-VA
65-69	67.5 kgs / 148.8 lbs	Jenny Telles	US-NM

Weight Class: 52 / 114 Female			
Division	Deadlift	Name	Resides

2/8/2026

Date
<b>8/2017</b>
6/2013
11/2013
3/2024
10/2012
3/2018
10/2015
6/2016
6/2017
1/2026
8/2014
8/2017
10/2025
6/2022
1/2026

Date
<b>11/2024</b>
12/2000
11/2014
12/1999
3/2012
5/2018
2/2024
4/2014
12/2021
3/2012
6/2011
11/2024
11/2014

Date
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<b>Open</b>	<b>155.0 kgs / 341.7 lbs</b>	<b>Donna McBurney</b>	<b>US-MA</b>
11 and under	100.0 kgs / 220.4 lbs	Sofia Corridean	US-NC
12-13	130.0 kgs / 286.5 lbs	Miranda Chambers	US-PA
14-15	107.5 kgs / 236.9 lbs	Natalie Norcross	US-FL
16-17	123.0 kgs / 271.1 lbs	Kaylum Mills	US-NC
18-19	107.5 kgs / 236.9 lbs	Courtney Krauss	Canada
20-24	140.5 kgs / 309.7 lbs	Nicolle Lynskey	Ireland
35-39	150.0 kgs / 330.6 lbs	Natasha Beasley	US-VA
40-44	155.0 kgs / 341.7 lbs	Donna McBurney	US-MA
45-49	122.5 kgs / 270.0 lbs	Jennifer Waldron	US-KY
50-54	112.5 kgs / 248.0 lbs	Lisa Scheffelmaier	Canada
55-59	115.0 kgs / 253.5 lbs	Kimberly Price	US-VA
60-64	117.5 kgs / 259.0 lbs	Jo Hendon	US-VA
65-69	57.5 kgs / 126.7 lbs	Marci VanHorn	US-VA
70-74	78.0 kgs / 171.9 lbs	Mary Ann Little	US-PA
75-79	52.5 kgs / 115.7 lbs	Doreen Kimura	Canada
Police/Fire/Mil	120.0 kgs / 264.5 lbs	Rebecca Breeden	US-VA

**Weight Class: 56 / 123 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>192.5 kgs / 424.3 lbs</b>	<b>Melissa Barber</b>	<b>US-MD</b>
11 and under	100.0 kgs / 220.4 lbs	Beth-el Algarin	US-MN
12-13	114.0 kgs / 251.3 lbs	Mackenzie Taylor	US-NC
14-15	147.5 kgs / 325.1 lbs	Naomi Kutin	US-NJ
16-17	155.0 kgs / 341.7 lbs	Miranda Chambers	US-PA
18-19	140.0 kgs / 308.6 lbs	Febrose Tsiode	Nauru
20-24	170.0 kgs / 374.7 lbs	Jonalyn Barcarse	US-VA
35-39	165.0 kgs / 363.7 lbs	Natasha Beasley	US-VA
40-44	185.0 kgs / 407.8 lbs	Elizabeth Craven	Australia
45-49	157.5 kgs / 347.2 lbs	Kelly Moore	US-WI
50-54	130.0 kgs / 286.5 lbs	Rhonda Jones	US-NM
55-59	125.0 kgs / 275.5 lbs	Sherry Rowe	US-VA
60-64	126.5 kgs / 278.8 lbs	Susan Drach	US-VA
65-69	110.0 kgs / 242.5 lbs	Lori Christ	US-NM
70-74	103.0 kgs / 227.0 lbs	Marcia Anderson	US-VA
75-79	107.5 kgs / 236.9 lbs	Marcia Anderson	US-VA
80+	93.5 kgs / 206.1 lbs	Karola Meyer	US-MD
Police/Fire/Mil	142.5 kgs / 314.1 lbs	Misty Posey	US-VA
Spec. Oly.	72.5 kgs / 159.8 lbs	Cassidy Bauer	US-MA

**Weight Class: 60 / 132 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>180.0 kgs / 396.8 lbs</b>	<b>Natasha Beasley</b>	<b>US-VA</b>
11 and under	106.0 kgs / 233.6 lbs	Madison Berry	US-NC
12-13	127.5 kgs / 281.0 lbs	Mackenzie Taylor	US-NC
14-15	145.0 kgs / 319.6 lbs	Madison Hendricks	US-PA
16-17	153.5 kgs / 338.4 lbs	Sammantha Perrine	US-PA
18-19	150.0 kgs / 330.6 lbs	Lorelei Golden	US-PA
20-24	177.5 kgs / 391.3 lbs	Haley Kothig	Canada
35-39	180.0 kgs / 396.8 lbs	Natasha Beasley	US-VA

<b>10/2007</b>
4/2023
3/2014
11/2023
5/2023
8/2023
2/2018
10/2017
10/2007
12/2017
11/2014
11/2020
8/2021
11/2023
10/2016
1/2014
9/2015

Date
<b>5/2016</b>
6/2012
8/2020
6/2016
10/2016
10/2018
6/2021
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2009
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8/2021
4/2019
3/2025
11/2022
6/2025
9/2021
10/2015
6/2012

Date
<b>3/2020</b>
11/2021
1/2021
3/2014
10/2012
1/2026
9/2024
3/2020

40-44	177.5 kgs / 391.3 lbs	Sandi Burke	Ireland
45-49	157.5 kgs / 347.2 lbs	Tonya Motyka	Canada
50-54	151.9 kgs / 334.8 lbs	Ellen Stein	US-NY
55-59	135.0 kgs / 297.6 lbs	Annemarie Kemmerer	US-PA
60-64	117.0 kgs / 257.9 lbs	Annemarie Kemmerer	US-PA
65-69	125.0 kgs / 275.5 lbs	Debra Valentin	US-PA
70-74	125.0 kgs / 275.5 lbs	Linda Leightley	US-VA
75-79	125.0 kgs / 275.5 lbs	Linda Leightley	US-VA
80+	95.5 kgs / 210.5 lbs	Linda Leightley	US-VA
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Katie Johnson	US-MD

**Weight Class: 67.5 / 148 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>202.5 kgs / 446.4 lbs</b>	<b>Tricia Floyd</b>	<b>US-VA</b>
11 and under	130.0 kgs / 286.5 lbs	Madison Berry	US-NC
12-13	140.0 kgs / 308.6 lbs	Mackenzie Taylor	US-NC
14-15	150.5 kgs / 331.7 lbs	Gianna Ancona	US-CT
16-17	175.0 kgs / 385.8 lbs	Courtney Young	US-NE
18-19	172.5 kgs / 380.2 lbs	Naomi Kutin	US-NJ
20-24	183.0 kgs / 403.4 lbs	Naomi Kutin	US-NJ
35-39	200.0 kgs / 440.9 lbs	Tricia Floyd	US-VA
40-44	202.5 kgs / 446.4 lbs	Tricia Floyd	US-VA
45-49	160.0 kgs / 352.7 lbs	Sherry Caffin	US-VA
50-54	167.5 kgs / 369.2 lbs	Suzanne LaForge	US-MA
55-59	185.0 kgs / 407.8 lbs	Suzanne LaForge	US-FL
60-64	151.9 kgs / 334.8 lbs	Suzanne LaForge	US-FL
65-69	112.5 kgs / 248.0 lbs	Theresa Drzewiecki	US-NY
70-74	125.0 kgs / 275.5 lbs	Tonnie Alliance	US-OH
75-79	90.0 kgs / 198.4 lbs	Janet Reynolds	US-FL
80+	87.5 kgs / 192.9 lbs	Bonnie Thurston	US-FL
Police/Fire/Mil	151.0 kgs / 332.8 lbs	Jamie Potter	US-VA

**Weight Class: 75 / 165 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>200.0 kgs / 440.9 lbs</b>	<b>Miki Cestnik</b>	<b>US-MT</b>
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	US-NC
12-13	141.0 kgs / 310.8 lbs	Mackenzie Taylor	US-NC
14-15	173.0 kgs / 381.3 lbs	Mackenzie Taylor	US-NC
16-17	155.0 kgs / 341.7 lbs	Namroz Gill	Canada
18-19	160.0 kgs / 352.7 lbs	Jamie Augustine	US-PA
20-24	182.5 kgs / 402.3 lbs	Aubrey Mester-Webb	US-VA
35-39	190.0 kgs / 418.8 lbs	Kelli Fagan	Australia
40-44	190.0 kgs / 418.8 lbs	Tricia Floyd	US-VA
45-49	165.0 kgs / 363.7 lbs	Leanne Knox	Australia
50-54	160.5 kgs / 353.8 lbs	Cynthia Line	US-PA
55-59	145.0 kgs / 319.6 lbs	Christine Cedzo	US-PA
60-64	140.0 kgs / 308.6 lbs	Lynne Courtnage-Coolen	Canada
65-69	142.5 kgs / 314.1 lbs	Karen Harding	US-MA
70-74	150.0 kgs / 330.6 lbs	Linda Arvey	US-PA
80+	50.0 kgs / 110.2 lbs	Nada Brewer	US-AZ

4/2019
2/2019
12/2007
6/2013
3/2014
11/2025
11/2019
10/2021
2/2025
5/2015

Date
<b>10/2021</b>
5/2023
10/2021
1/2024
3/2017
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11/2022
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7/2021
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Date
<b>2/2016</b>
11/2023
10/2021
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12/2022
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4/2025
2/2019
3/2012
11/2023
6/2014

Police/Fire/Mil	152.5 kgs / 336.2 lbs	Hayley Bloom	US-IA
Spec. Oly.	135.0 kgs / 297.6 lbs	Vivienne Shockley	US-MT

**Weight Class: 82.5 / 181 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Carlita Farmer</b>	<b>US-NC</b>
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	US-NC
12-13	156.0 kgs / 343.9 lbs	Madison Berry	US-NC
14-15	180.0 kgs / 396.8 lbs	Mackenzie Taylor	US-NC
16-17	200.0 kgs / 440.9 lbs	Anna McCloskey	US-PA
18-19	175.0 kgs / 385.8 lbs	Tara Maier	US-AZ
20-24	205.0 kgs / 451.9 lbs	Carlita Farmer	US-NC
35-39	197.5 kgs / 435.4 lbs	Allison White	US-VA
40-44	181.4 kgs / 399.9 lbs	Kari Saban	US-FL
45-49	160.0 kgs / 352.7 lbs	Sara Burwash	Canada
50-54	147.5 kgs / 325.1 lbs	Lisa Klaus	US-IL
55-59	152.5 kgs / 336.2 lbs	Michele Latour	US-NY
60-64	152.5 kgs / 336.2 lbs	Linda Lee	US-VA
65-69	128.0 kgs / 282.1 lbs	Nancy Breen	US-VA
70-74	158.0 kgs / 348.3 lbs	Linda Arvey	US-PA
75-79	165.0 kgs / 363.7 lbs	Linda Arvey	US-PA
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Franky Moore	US-NC
Spec. Oly.	111.2 kgs / 245.1 lbs	Joni Talavera	US-PA
Handicapped	125.0 kgs / 275.5 lbs	Alexis Rowley	US-PA

**Weight Class: 90 / 198 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Mackenzie Taylor</b>	<b>US-NC</b>
11 and under	101.0 kgs / 222.6 lbs	Olivia Stedman	US-NC
12-13	165.0 kgs / 363.7 lbs	Madison Berry	US-NC
14-15	163.2 kgs / 359.7 lbs	Shannon Summers	US-SC
16-17	205.0 kgs / 451.9 lbs	Mackenzie Taylor	US-NC
18-19	170.0 kgs / 374.7 lbs	Mackenzie Taylor	US-NC
20-24	200.0 kgs / 440.9 lbs	Aria DeSimini	US-VA
35-39	197.5 kgs / 435.4 lbs	Martina Burton	US-MD
40-44	183.7 kgs / 404.9 lbs	Kari Saban	US-FL
45-49	180.0 kgs / 396.8 lbs	Anna McCardle	New Zealand
50-54	155.0 kgs / 341.7 lbs	Amy Traver	US-CT
55-59	140.5 kgs / 309.7 lbs	Mary Hodge	US-VA
60-64	153.0 kgs / 337.3 lbs	Linda Lee	US-VA
65-69	133.5 kgs / 294.3 lbs	Karen Hansen	US-VA
70-74	155.0 kgs / 341.7 lbs	Linda Arvey	US-PA
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Tomi Dement	US-VA
Spec. Oly.	102.5 kgs / 225.9 lbs	Joni Talavera	US-PA
Handicapped	127.5 kgs / 281.0 lbs	Alexis Rowley	US-PA

**Weight Class: 90+ / 198+ Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>230.0 kgs / 507.0 lbs</b>	<b>Ashley Tinsley</b>	<b>US-VA</b>
11 and under	107.5 kgs / 236.9 lbs	Olivia Stedman	US-NC

6/2017
6/2014

Date
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5/2015
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Date
11/2025
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8/2025
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7/2018
3/2020
8/2006
11/2025
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Date
11/2025
5/2023

12-13	147.5 kgs / 325.1 lbs	Madison Berry	US-NC
14-15	172.5 kgs / 380.2 lbs	Samantha Davis	US-OH
16-17	172.5 kgs / 380.2 lbs	Lindsay Field	US-NY
18-19	177.5 kgs / 391.3 lbs	Lindsay Field	US-NY
20-24	205.0 kgs / 451.9 lbs	Kopper Carter	US-VA
35-39	227.5 kgs / 501.5 lbs	Rachel Clarke	US-PA
40-44	230.0 kgs / 507.0 lbs	Ashley Tinsley	US-VA
45-49	175.0 kgs / 385.8 lbs	Erica Rojek	US-MD
50-54	226.86 kgs / 500.1 lbs	Anna Stamets	US-FL
55-59	173.0 kgs / 381.3 lbs	Charlotte Baker	US-VA
60-64	140.0 kgs / 308.6 lbs	Wanda Sommerfeld	Canada
65-69	142.5 kgs / 314.1 lbs	Beatrice Temple	US-FL
70-74	90.0 kgs / 198.4 lbs	Sandra Foli	US-IL
80+	67.5 kgs / 148.8 lbs	Corrinne Cassidy	US-NH
Police/Fire/Mil	173.0 kgs / 381.3 lbs	Charlotte Baker	US-VA
Spec. Oly.	150.0 kgs / 330.6 lbs	Brandy Bush	US-NY
Handicapped	112.5 kgs / 248.0 lbs	Joni Talavera	US-PA

2/2025
4/2021
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