



## USA WOMEN'S DEADLIFT RECORDS

Updated by Ed Kutin

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Weight Class: 44 / 97 Female			
Division	Deadlift	Name	Resides
<b>Open</b>	<b>113.5 kgs / 250.2 lbs</b>	<b>Karen Poyner</b>	<b>VA</b>
11 and under	105.0 kgs / 231.4 lbs	Naomi Kutin	NJ
12-13	113.0 kgs / 249.1 lbs	Naomi Kutin	NJ
14-15	95.0 kgs / 209.4 lbs	Ashley Polacek	FL
16-17	112.5 kgs / 248.0 lbs	Danielle Tasher	PA
18-19	85.0 kgs / 187.3 lbs	Ashley Christiansen	NC
20-24	105.0 kgs / 231.4 lbs	Samantha Brickhouse	NC
35-39	97.5 kgs / 214.9 lbs	Dennise Larios	AZ
40-44	111.1 kgs / 244.9 lbs	Paula Lorenzi	PA
45-49	62.5 kgs / 137.7 lbs	Jeanette Savage	NY
50-54	<b>55.0 kgs / 121.2 lbs</b>	<b>Jeanette Savage</b>	<b>NY</b>
55-59	67.5 kgs / 148.8 lbs	Rocky Luedeker	AZ
60-64	113.5 kgs / 250.2 lbs	Karen Poyner	VA
65-69	89.0 kgs / 196.2 lbs	Karen Poyner	VA
75-79	56.6 kgs / 124.7 lbs	Susan Bohling	FL
Spec. Oly.	62.5 kgs / 137.7 lbs	Jeanette Savage	NY

Weight Class: 48 / 105 Female			
Division	Deadlift	Name	Resides
<b>Open</b>	<b>138.5 kgs / 305.3 lbs</b>	<b>Abigail Scudder</b>	<b>CT</b>
11 and under	97.5 kgs / 214.9 lbs	K. Stegall	NC
12-13	120.0 kgs / 264.5 lbs	Naomi Kutin	NJ
14-15	111.1 kgs / 244.9 lbs	Krystle McKenzie	DC
16-17	115.0 kgs / 253.5 lbs	Danielle Tasher	PA
18-19	110.0 kgs / 242.5 lbs	Amanda Hunsucker	AZ
20-24	127.5 kgs / 281.0 lbs	Amanda Hunsucker	AZ
35-39	122.5 kgs / 270.0 lbs	Jamie Brissey	VA
40-44	101.0 kgs / 222.6 lbs	Alison Bulluck	VA
45-49	138.5 kgs / 305.3 lbs	Abigail Scudder	CT
50-54	122.5 kgs / 270.0 lbs	Kimberly Price	VA
55-59	122.5 kgs / 270.0 lbs	Karen Poyner	VA
60-64	113.5 kgs / 250.2 lbs	Kimberly Price	VA
65-69	67.5 kgs / 148.8 lbs	Jenny Telles	NM
Police/Fire/Mil	90.0 kgs / 198.4 lbs	Elizabeth Zeuschel	NC

2/8/2026

Date
<b>8/2017</b>
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Date
<b>2002</b>
12/2000
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11/2024
11/2014
8/2014

<b>Weight Class: 52 / 114 Female</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Resides</b>
<b>Open</b>	<b>155.0 kgs / 341.7 lbs</b>	<b>Donna McBurney</b>	<b>MA</b>
11 and under	100.0 kgs / 220.4 lbs	Sofia Corridean	NC
12-13	130.0 kgs / 286.5 lbs	Miranda Chambers	PA
14-15	110.0 kgs / 242.5 lbs	Kendra Gutierrez	NV
16-17	123.0 kgs / 271.1 lbs	Kaylum Mills	NC
18-19	140.0 kgs / 308.6 lbs	Kestrel Coon	VT
20-24	140.0 kgs / 308.6 lbs	Izaba Paras	VA
35-39	150.0 kgs / 330.6 lbs	Natasha Beasley	VA
40-44	155.0 kgs / 341.7 lbs	Donna McBurney	MA
45-49	127.5 kgs / 281.0 lbs	Benita Steffan	PA
50-54	110.0 kgs / 242.5 lbs	Benita Steffan	PA
55-59	115.0 kgs / 253.5 lbs	Kimberly Price	VA
60-64	117.5 kgs / 259.0 lbs	Jo Hendon	VA
65-69	81.0 kgs / 178.5 lbs	Mary Ann Little	PA
70-74	78.0 kgs / 171.9 lbs	Mary Ann Little	PA
75-79	80.0 kgs / 176.3 lbs	Karola Meyer	MD
Police/Fire/Mil	140.0 kgs / 308.6 lbs	Misty Posey	VA

<b>Weight Class: 56 / 123 Female</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Resides</b>
<b>Open</b>	<b>192.5 kgs / 424.3 lbs</b>	<b>Melissa Barber</b>	<b>MD</b>
11 and under	100.0 kgs / 220.4 lbs	Beth-el Algarin	MN
12-13	114.0 kgs / 251.3 lbs	Mackenzie Taylor	NC
14-15	147.5 kgs / 325.1 lbs	Naomi Kutin	NJ
16-17	155.0 kgs / 341.7 lbs	Miranda Chambers	PA
18-19	135.0 kgs / 297.6 lbs	Kendra Green	VA
20-24	170.0 kgs / 374.7 lbs	Jonalyn Barcarse	VA
35-39	170.0 kgs / 374.7 lbs	Lori Snyder	PA
40-44	158.0 kgs / 348.3 lbs	Suzanne Davis	AZ
45-49	157.5 kgs / 347.2 lbs	Kelly Moore	WI
50-54	130.0 kgs / 286.5 lbs	Rhonda Jones	NM
55-59	125.0 kgs / 275.5 lbs	Sherry Rowe	VA
60-64	127.5 kgs / 281.0 lbs	Carol Winkelblech	PA
65-69	110.0 kgs / 242.5 lbs	Lori Christ	NM
70-74	103.0 kgs / 227.0 lbs	Marcia Anderson	VA
75-79	107.5 kgs / 236.9 lbs	Marcia Anderson	VA
80+	93.5 kgs / 206.1 lbs	Karola Meyer	MD
Police/Fire/Mil	142.5 kgs / 314.1 lbs	Misty Posey	VA
Spec. Oly.	77.5 kgs / 170.8 lbs	Cassidy Bauer	MA

<b>Weight Class: 60 / 132 Female</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Resides</b>
<b>Open</b>	<b>180.0 kgs / 396.8 lbs</b>	<b>Natasha Beasley</b>	<b>VA</b>
11 and under	106.0 kgs / 233.6 lbs	Madison Berry	NC
12-13	127.5 kgs / 281.0 lbs	Mackenzie Taylor	NC
14-15	145.0 kgs / 319.6 lbs	Madison Hendricks	PA
16-17	153.5 kgs / 338.4 lbs	Sammantha Perrine	PA

Date
<b>10/2007</b>
4/2023
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Date
<b>3/2020</b>
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18-19	150.0 kgs / 330.6 lbs	Lorelei Golden	PA
20-24	168.0 kgs / 370.3 lbs	Rachel King	PA
35-39	180.0 kgs / 396.8 lbs	Natasha Beasley	VA
40-44	155.0 kgs / 341.7 lbs	Nicole Turturro	NJ
45-49	155.0 kgs / 341.7 lbs	Anissa Colbert-Butler	MD
50-54	151.9 kgs / 334.8 lbs	Ellen Stein	NY
55-59	135.0 kgs / 297.6 lbs	Annemarie Kemmerer	PA
60-64	117.0 kgs / 257.9 lbs	Annemarie Kemmerer	PA
65-69	125.0 kgs / 275.5 lbs	Debra Valentin	PA
70-74	125.0 kgs / 275.5 lbs	Linda Leightley	VA
75-79	125.0 kgs / 275.5 lbs	Linda Leightley	VA
80+	95.5 kgs / 210.5 lbs	Linda Leightley	VA
Police/Fire/Mil	137.5 kgs / 303.1 lbs	Anissa Colbert-Butler	MD

**Weight Class: 67.5 / 148 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>202.5 kgs / 446.4 lbs</b>	<b>Tricia Floyd</b>	<b>VA</b>
11 and under	130.0 kgs / 286.5 lbs	Madison Berry	NC
12-13	140.0 kgs / 308.6 lbs	Mackenzie Taylor	NC
14-15	150.5 kgs / 331.7 lbs	Gianna Ancona	CT
16-17	175.0 kgs / 385.8 lbs	Courtney Young	NE
18-19	172.5 kgs / 380.2 lbs	Naomi Kutin	NJ
20-24	183.0 kgs / 403.4 lbs	Naomi Kutin	NJ
35-39	200.0 kgs / 440.9 lbs	Tricia Floyd	VA
40-44	202.5 kgs / 446.4 lbs	Tricia Floyd	VA
45-49	160.0 kgs / 352.7 lbs	Sherry Caffin	VA
50-54	167.5 kgs / 369.2 lbs	Suzanne LaForge	MA
55-59	185.0 kgs / 407.8 lbs	Suzanne LaForge	FL
60-64	151.9 kgs / 334.8 lbs	Suzanne LaForge	FL
65-69	112.5 kgs / 248.0 lbs	Theresa Drzewiecki	NY
70-74	125.0 kgs / 275.5 lbs	Tonnie Alliance	OH
75-79	90.0 kgs / 198.4 lbs	Janet Reynolds	FL
80+	87.5 kgs / 192.9 lbs	Bonnie Thurston	FL
Police/Fire/Mil	151.0 kgs / 332.8 lbs	Jamie Potter	VA

**Weight Class: 75 / 165 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>200.0 kgs / 440.9 lbs</b>	<b>Miki Cestnik</b>	<b>MT</b>
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	NC
12-13	141.0 kgs / 310.8 lbs	Mackenzie Taylor	NC
14-15	173.0 kgs / 381.3 lbs	Mackenzie Taylor	NC
16-17	147.5 kgs / 325.1 lbs	Destany Lausen	MD
18-19	160.0 kgs / 352.7 lbs	Jamie Augustine	PA
20-24	185.0 kgs / 407.8 lbs	Aubrey Mester-Webb	VA
35-39	195.0 kgs / 429.8 lbs	Tricia Floyd	VA
40-44	190.0 kgs / 418.8 lbs	Tricia Floyd	VA
45-49	157.5 kgs / 347.2 lbs	Janelle Ollivierre	DC
50-54	160.5 kgs / 353.8 lbs	Cynthia Line	PA
55-59	145.0 kgs / 319.6 lbs	Christine Cedzo	PA
60-64	130.0 kgs / 286.5 lbs	Despina Belle-Isle	VA

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65-69	142.5 kgs / 314.1 lbs	Karen Harding	MA
70-74	150.0 kgs / 330.6 lbs	Linda Arvey	PA
80+	50.0 kgs / 110.2 lbs	Nada Brewer	AZ
Police/Fire/Mil	160.0 kgs / 352.7 lbs	Nichola Diaz	VA
Spec. Oly.	135.0 kgs / 297.6 lbs	Vivienne Shockley	MT

**Weight Class: 82.5 / 181 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Carlita Farmer</b>	<b>NC</b>
11 and under	140.0 kgs / 308.6 lbs	Madison Berry	NC
12-13	156.0 kgs / 343.9 lbs	Madison Berry	NC
14-15	180.0 kgs / 396.8 lbs	Mackenzie Taylor	NC
16-17	200.0 kgs / 440.9 lbs	Anna McCloskey	PA
18-19	175.0 kgs / 385.8 lbs	Tara Maier	AZ
20-24	205.0 kgs / 451.9 lbs	Carlita Farmer	NC
35-39	197.5 kgs / 435.4 lbs	Allison White	VA
40-44	181.4 kgs / 399.9 lbs	Kari Saban	FL
45-49	152.5 kgs / 336.2 lbs	Kristina Reed	NC
50-54	147.5 kgs / 325.1 lbs	Amy Traver	CT
55-59	152.5 kgs / 336.2 lbs	Michele Latour	NY
60-64	152.5 kgs / 336.2 lbs	Linda Lee	VA
65-69	128.0 kgs / 282.1 lbs	Nancy Breen	VA
70-74	158.0 kgs / 348.3 lbs	Linda Arvey	PA
75-79	165.0 kgs / 363.7 lbs	Linda Arvey	PA
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Franky Moore	NC
Spec. Oly.	111.2 kgs / 245.1 lbs	Joni Talavera	PA
Handicapped	125.0 kgs / 275.5 lbs	Alexis Rowley	PA

**Weight Class: 90 / 198 Female**

Division	Deadlift	Name	Resides
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Mackenzie Taylor</b>	<b>NC</b>
11 and under	101.0 kgs / 222.6 lbs	Olivia Stedman	NC
12-13	165.0 kgs / 363.7 lbs	Madison Berry	NC
14-15	163.2 kgs / 359.7 lbs	Shannon Summers	SC
16-17	205.0 kgs / 451.9 lbs	Mackenzie Taylor	NC
18-19	170.0 kgs / 374.7 lbs	Mackenzie Taylor	NC
20-24	200.0 kgs / 440.9 lbs	Aria DeSimini	VA
35-39	197.5 kgs / 435.4 lbs	Martina Burton	MD
40-44	183.7 kgs / 404.9 lbs	Kari Saban	FL
45-49	167.5 kgs / 369.2 lbs	Charlotte Baker	VA
50-54	155.0 kgs / 341.7 lbs	Amy Traver	CT
55-59	140.5 kgs / 309.7 lbs	Mary Hodge	VA
60-64	153.0 kgs / 337.3 lbs	Linda Lee	VA
65-69	133.5 kgs / 294.3 lbs	Karen Hansen	VA
70-74	155.0 kgs / 341.7 lbs	Linda Arvey	PA
Police/Fire/Mil	162.5 kgs / 358.2 lbs	Tomi Dement	VA
Spec. Oly.	102.5 kgs / 225.9 lbs	Joni Talavera	PA
Handicapped	127.5 kgs / 281.0 lbs	Alexis Rowley	PA

**Weight Class: 90+ / 198+ Female**

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Division	Deadlift	Name	Resides
<b>Open</b>	<b>230.0 kgs / 507.0 lbs</b>	<b>Ashley Tinsley</b>	<b>VA</b>
11 and under	107.5 kgs / 236.9 lbs	Olivia Stedman	NC
12-13	147.5 kgs / 325.1 lbs	Madison Berry	NC
14-15	172.5 kgs / 380.2 lbs	Samantha Davis	OH
16-17	175.0 kgs / 385.8 lbs	Lindsay Field	NY
18-19	177.5 kgs / 391.3 lbs	Lindsay Field	NY
20-24	205.0 kgs / 451.9 lbs	Kopper Carter	VA
35-39	227.5 kgs / 501.5 lbs	Rachel Clarke	PA
40-44	230.0 kgs / 507.0 lbs	Ashley Tinsley	VA
45-49	175.0 kgs / 385.8 lbs	Erica Rojek	MD
50-54	226.86 kgs / 500.1 lbs	Anna Stamets	FL
55-59	173.0 kgs / 381.3 lbs	Charlotte Baker	VA
60-64	155.0 kgs / 341.7 lbs	Shirley Cole	PA
65-69	142.5 kgs / 314.1 lbs	Beatrice Temple	FL
70-74	90.0 kgs / 198.4 lbs	Sandra Foli	IL
80+	67.5 kgs / 148.8 lbs	Corrinne Cassidy	NH
Police/Fire/Mil	173.0 kgs / 381.3 lbs	Charlotte Baker	VA
Spec. Oly.	150.0 kgs / 330.6 lbs	Brandy Bush	NY
Handicapped	112.5 kgs / 248.0 lbs	Joni Talavera	PA

Date
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