

**2026 North Carolina State Chmpionships  
Williamston, NC 02/07/2026**

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Sophie Jernigan	Female	9	NC	32.5	44/97.0 (F)	Youth 11 and Under	20	27.5	32.5		10	12.5	17.5		32.5	40	47.5		97.5	1
Allison Freeman	Female	37	NC	55.7	56/123.4	Open	87.5	95	105		50	55	57.5		102.5	115	127.5		290	1
Allison Freeman	Female	37	NC	55.7	56/123.4	Sub-Masters (35-39)	87.5	95	105		50	55	57.5		102.5	115	127.5		290	1
Amanda Evans	Female	20	VA	59.8	60/132.2	Open	120.5	125	-127.5		-57.5	57.5	60	-62.5	120	127.5	132.5	-138	317.5	1
Amanda Evans	Female	20	VA	59.8	60/132.2	Junior (20-24)	120.5	125	-127.5		-57.5	57.5	60	-62.5	120	127.5	132.5	-138	317.5	1
Amanda Evans	Female	20	VA	59.8	60/132.2	Law/Fire/Military	120.5	125	-127.5		-57.5	57.5	60	-62.5	120	127.5	132.5	-138	317.5	1
Jennifer Zak	Female	49	NC	62.4	67.5/148.8	Open	82.5	90	100		55	57.5	60		95	102.5	107.5		267.5	1
Jennifer Zak	Female	49	NC	62.4	67.5/148.8	Masters (45-49)	82.5	90	100		55	57.5	60		95	102.5	107.5		267.5	1
Madison Berry	Female	13	NC	80.5	82.5/181.8	Open	122.5	137.5	145		80	85	87.5		137.5	147.5	152.5		385	1
Madison Berry	Female	13	NC	80.5	82.5/181.8	Teen (12-13)	122.5	137.5	145		80	85	87.5		137.5	147.5	152.5		385	1
Stephanie Forman	Female	43	NC	81.3	82.5/181.8	Masters (40-44)	70	-75	75		40	-45	-45		75	80	85		200	1
McKenzie Taylor	Female	18	NC	86.5	90/198.4	Open	102.5	130	145		92.5	97.5	102.5		170	-185			417.5	1
McKenzie Taylor	Female	18	NC	86.5	90/198.4	Teen (18-19)	102.5	130	145		92.5	97.5	102.5		170	-185			417.5	1
Akaia Hancock	Female	18	NC	86	90/198.4	Teen (18-19)	60	80	92.5	-113	45	50	52.5		102.5	120	125		270	2
Jashara Ross	Female	23	NC	100.1	90+/198.5+ (F)	Junior (20-24)	-102.5	102.5	117.5		52.5	57.5	62.5		135	147.5	157.5	-171	337.5	1
Weston Lee	Male	15	NC	46.9	48/105.8	Teen (14-15)	42.5	47.5	-52.5		45	52.5	-60		50	75	85		185	1
Dalton Lee	Male	15	NC	50	52/114.6	Teen (14-15)	-42.5	-42.5	42.5		45	52.5	60	-66.5	50	75	85		187.5	1
Gavin Pearson	Male	18	NC	56	56/123.4	Teen (18-19)													0	
Ben Zak	Male	50	NC	67.1	67.5/148.8	Open	137.5	147.5	-155.5		100	107.5	112.5		180	195	202.5		462.5	1
Ben Zak	Male	50	NC	67.1	67.5/148.8	Masters (50-54)	137.5	147.5	-155.5		100	107.5	112.5		180	195	202.5		462.5	1
Sebastian Tovar	Male	16	NC	62.5	67.5/148.8	Teen (16-17)	67.5	-95	95		60	70	-80		102.5	112.5	130		295	1
Jeramiah Skinner	Male	12	NC	67.1	67.5/148.8	Teen (12-13)	87.5	97.5	102.5		52.5	55	60		90	100	110		272.5	1
Robert Wilson	Male	16	NC	72.6	75/165.3	Teen (16-17)	-82.5	82.5	-92.5		32.5	40	45		95	102.5	-120		230	1
Cedric Jernigan	Male	37	NC	80.1	82.5/181.8	Open	175	185	192.5		130	137.5	142.5		185	197.5	210		545	1
Ethan Binckley	Male	20	NC	76.1	82.5/181.8	Junior (20-24)	-215	-215	215		142.5	147.5	-155		227.5	237.5	-250		600	1
Jared Stiltner	Male	32	VA	88.4	90/198.4	Open	-170	170	180		122.5	-127.5	-130		182.5	195	205		507.5	1
Dalton Fazio	Male	16	NC	88.7	90/198.4	Teen (16-17)	175	185	192.5		95	107.5	115		177.5	192.5	205		512.5	1
Blaze Medlocks	Male	16	NC	88	90/198.4	Teen (16-17)	180	185	-190		95	-97.5	97.5		190	197.5	210		492.5	2
Cameron Joyner	Male	37	NC	86.5	90/198.4	Sub-Masters (35-39)	130	142.5	-180		130	150	-162.5		130	167.5	-183		460	1
Yogi Frank	Male	76	VA	83.9	90/198.4	Masters (75-79)	42.5	47.5	52.5		45	50	52.5		62.5	75	85		190	1
Jared Stiltner	Male	32	VA	88.4	90/198.4	Law/Fire/Military	-170	170	180		122.5	-127.5	-130		182.5	195	205		507.5	1
Brett Pendry	Male	35	VA	98.3	100/220.4	Open	-157.5	-157.5	157.5		82.5	87.5	-95		160	-197.5	197.5		442.5	1
Terry Napisa	Male	62	VA	98.6	100/220.4	Masters (60-64)	152.5	162.5	172.5		115	120	122.5		172.5	187.5	192.5		487.5	1
Adrian Molina	Male	51	NC	99.5	100/220.4	Masters (50-54)	132.5	142.5	147.5		117.5	122.5	-127.5		135	142.5	155		425	1
Patrick Bozeman	Male	19	AL	100	100/220.4	Teen (18-19)													0	
Brett Pendry	Male	35	VA	98.3	100/220.4	Law/Fire/Military	-157.5	-157.5	157.5		82.5	87.5	-95		160	-197.5	197.5		442.5	1
Austin Brown	Male	31	NC	104.4	110/242.5	Open	185	-192.5			140				192.5				517.5	1
Jonathan Nicholson	Male	52	NC	125	125/275.5	Masters (50-54)													0	
Jonathan Nicholson	Male	52	NC	125	125/275.5	Law/Fire/Military													0	
Scott Frazee	Male	51	NC	144.5	140+/SHW	Masters (50-54)	-140	140	160	167.5	107.5	117.5	127.5	-137.5	155	175	187.5		475	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Madison Freeman	Female	8	NC	22.8	44/97.0 (F)	Youth 11 and Under	7	7.5	8.5		30	-32.5			37.5	1
Ted Biggs	Male	55	NC	87	90/198.4	Law/Fire/Military	105	115	125		122.5	137.5	150		275	1
Bernie Rhodes	Male	77	VA	109.9	110/242.5	Masters (75-79)	-92.5	92.5	-100		97.5	-115			190	1
Joshua Sutton	Male	17	NC	153.3	140+/SHW	Teen (16-17)	97.5	-105	-115		185	205	-220		302.5	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Aidyn Forman	Male	17	NC	67.2	67.5/148.8	Teen (16-17)	85	-90	92.5		92.5	1
Tim Garriss	Male	57	NC	71.5	75/165.3	Masters (55-59)	102.5	112.5	-115		112.5	1
Gene Berry	Male	67	NC	98.4	100/220.4	Open	100	112.5	117.5		117.5	1
Joseph Rascoe	Male	64	NC	99.5	100/220.4	Masters (60-64)	145	-147.5	-147.5		145	1
Gene Berry	Male	67	NC	98.4	100/220.4	Masters (65-69)	100	112.5	117.5		117.5	1
Gerald Morris	Male	46	NC	104.5	110/242.5	Masters (45-49)	-185	-185	-185		0	
Hal Pittman	Male	65	NC	104.9	110/242.5	Masters (65-69)					0	
Hal Pittman	Male	65	NC	104.9	110/242.5	Law/Fire/Military					0	
Stephen Kozlowski	Male	68	VA	116.5	125/275.5	Open	140	142.5	147.5		147.5	1
Stephen Kozlowski	Male	68	VA	116.5	125/275.5	Masters (65-69)	140	142.5	147.5		147.5	1
Erik Lawson	Male	30	NC	137.5	140/308.6	Open	120	-130			120	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Landon Pittman	Male	14	NC	115	125/275.5	Teen (14-15)	137.5	157.5	185		185	1