



New Zealand Powerlifting Records

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12/6/2025

Weight Class: 90 / 198 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	140.0 kgs / 308.6 lbs Anna McCardle (New Zealand) 11/2025	95.0 kgs / 209.4 lbs Anna McCardle (New Zealand) 11/2025	180.0 kgs / 396.8 lbs Anna McCardle (New Zealand) 11/2025	405.0 kgs / 892.8 lbs Anna McCardle (New Zealand) 11/2025
45-49	140.0 kgs / 308.6 lbs Anna McCardle (New Zealand) 11/2025	95.0 kgs / 209.4 lbs Anna McCardle (New Zealand) 11/2025	180.0 kgs / 396.8 lbs Anna McCardle (New Zealand) 11/2025	405.0 kgs / 892.8 lbs Anna McCardle (New Zealand) 11/2025