



## KANSAS STATE BENCH RECORDS

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12/6/2025

Weight Class: 56 / 123 Female			
Division	Bench Press	Name	Date
Open	25.0 kgs / 55.1 lbs	Atelen Cherico	11/2025
12-13	25.0 kgs / 55.1 lbs	Atelen Cherico	11/2025

Weight Class: 67.5 / 148 Female			
Division	Bench Press	Name	Date
Open	65.0 kgs / 143.2 lbs	Anna Elliott	11/2024
18-19	65.0 kgs / 143.2 lbs	Anna Elliott	11/2024

Weight Class: 75 / 165 Female			
Division	Bench Press	Name	Date
Open	72.5 kgs / 159.8 lbs	Raya Eilert	11/2024
18-19	72.5 kgs / 159.8 lbs	Raya Eilert	11/2024
50-54	52.5 kgs / 115.7 lbs	Karla Cherico	11/2025

Weight Class: 90 / 198 Female			
Division	Bench Press	Name	Date
Open	75.0 kgs / 165.3 lbs	Lizzy Welch	11/2024
18-19	75.0 kgs / 165.3 lbs	Lizzy Welch	11/2024
20-24	70.0 kgs / 154.3 lbs	Sydnee Jackson	11/2024

Weight Class: 60 / 132 Male			
Division	Bench Press	Name	Date
Open	105.0 kgs / 231.4 lbs	Brycen Bauer	11/2025
18-19	105.0 kgs / 231.4 lbs	Brycen Bauer	11/2025

Weight Class: 67.5 / 148 Male			
Division	Bench Press	Name	Date
Open	105.0 kgs / 231.4 lbs	Heath Rousselle	11/2024
18-19	105.0 kgs / 231.4 lbs	Heath Rousselle	11/2024

Weight Class: 75 / 165 Male			
Division	Bench Press	Name	Date
Open	130.0 kgs / 286.5 lbs	Dwayne Simmons	11/2025
18-19	130.0 kgs / 286.5 lbs	Dwayne Simmons	11/2025

<b>Weight Class: 82.5 / 181 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	135.0 kgs / 297.6 lbs	Ethan Cranor	11/2024
18-19	135.0 kgs / 297.6 lbs	Ethan Cranor	11/2024

<b>Weight Class: 90 / 198 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	137.5 kgs / 303.1 lbs	Andre Washington	11/2025
18-19	137.5 kgs / 303.1 lbs	Andre Washington	11/2025

<b>Weight Class: 100 / 220 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	155.0 kgs / 341.7 lbs	Mikah Scott	11/2024
18-19	155.0 kgs / 341.7 lbs	Kyton Tomlinson	11/2025
20-24	155.0 kgs / 341.7 lbs	Mikah Scott	11/2024

<b>Weight Class: 110 / 242 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	190.0 kgs / 418.8 lbs	Taylor Lambert	11/2019
20-24	190.0 kgs / 418.8 lbs	Taylor Lambert	11/2019

<b>Weight Class: 125 / 275 Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	165.0 kgs / 363.7 lbs	Nic Flores	11/2024
18-19	150.0 kgs / 330.6 lbs	David Snider	11/2025
20-24	165.0 kgs / 363.7 lbs	Nic Flores	11/2024

<b>Unknown Class: SHW Male</b>			
<b>Division</b>	<b>Bench Press</b>	<b>Name</b>	<b>Date</b>
Open	192.5 kgs / 424.3 lbs	Caden Dougan	11/2024
20-24	192.5 kgs / 424.3 lbs	Caden Dougan	11/2024