



GEORGIA STATE BENCH RECORDS

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12/6/2025

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	47.5 kgs / 104.7 lbs	Sohee Walsh	5/2015

Weight Class: 56 / 123 Female			
Division	Bench Press	Name	Date
Open	47.6 kgs / 104.9 lbs	Ariel Bulmash	3/2009
12-13	47.6 kgs / 104.9 lbs	Ariel Bulmash	3/2009

Weight Class: 82.5 / 181 Female			
Division	Bench Press	Name	Date
Open	77.1 kgs / 169.9 lbs	Aisha Dacosta	8/2007
25-29	70.3 kgs / 154.9 lbs	Alexandra Tavalez	6/2023

Weight Class: 35 / 77 Male			
Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	Zach Seymour	8/2012
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	8/2012

Weight Class: 44 / 97 Male			
Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	Zach Seymour	
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	

Weight Class: 48 / 105 Male			
Division	Bench Press	Name	Date
Open	57.5 kgs / 126.7 lbs	Zach Seymour	2012
10-11	57.5 kgs / 126.7 lbs	Zach Seymour	2012
12-13	55.0 kgs / 121.2 lbs	Alex Seymour	8/2012

Weight Class: 67.5 / 148 Male			
Division	Bench Press	Name	Date
Open	165.6 kgs / 365.0 lbs	James Love	6/2005
14-15	115.7 kgs / 255.0 lbs	Jackson Govatos	7/2007

Weight Class: 75 / 165 Male			
Division	Bench Press	Name	Date

Open	190.0 kgs / 418.8 lbs	James Love	11/2007
12-13	90.7 kgs / 199.9 lbs	Jimmy May III	5/2007
18-19	136.1 kgs / 300.0 lbs	Darryl Harding	11/2006
40-44	175.0 kgs / 385.8 lbs	James Love	2/2017

Weight Class: 82.5 / 181 Male

Division	Bench Press	Name	Date
Open	117.5 kgs / 259.0 lbs	David Gibson	6/2024
12-13	86.2 kgs / 190.0 lbs	Jimmy May III	5/2007
45-49	117.5 kgs / 259.0 lbs	David Gibson	6/2024
60-64	111.1 kgs / 244.9 lbs	Jimmy May	5/2007

Weight Class: 90 / 198 Male

Division	Bench Press	Name	Date
Open	205.0 kgs / 451.9 lbs	Robert Barradas	2007
20-24	127.0 kgs / 279.9 lbs	Manny Maldonado	6/2023
35-39	204.6 kgs / 451.0 lbs	Robert Barradas	11/2007

Weight Class: 100 / 220 Male

Division	Bench Press	Name	Date
Open	174.6 kgs / 384.9 lbs	Mark Castro	8/2006
18-19	65.0 kgs / 143.2 lbs	Mack Izard	1/2019
70-74	122.5 kgs / 270.0 lbs	Billy Coleman	11/2014

Weight Class: 110 / 242 Male

Division	Bench Press	Name	Date
Open	217.7 kgs / 479.9 lbs	Chip Edalgo	11/2002

Weight Class: 125 / 275 Male

Division	Bench Press	Name	Date
Open	145.1 kgs / 319.8 lbs	Cameron Brewer	6/2023
20-24	145.1 kgs / 319.8 lbs	Cameron Brewer	6/2023
55-59	132.5 kgs / 292.1 lbs	Jeffrey House	6/2014
60-64	125.0 kgs / 275.5 lbs	Jeffrey House	12/2019
65-69	110.0 kgs / 242.5 lbs	Jeff House	12/2025

Weight Class: 140 / 308 Male

Division	Bench Press	Name	Date
Open	238.1 kgs / 524.9 lbs	Maurice Washington	2005
60-64	122.5 kgs / 270.0 lbs	Jeffrey House	12/2021
65-69	125.0 kgs / 275.5 lbs	Jeff House	7/2023