



## 2025 Masters 40-49 Rankings

Updated 12/22/2025 Ed Kutin

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2025 Squat Rankings								Female	
Weight Class: 44 / 97				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	60	132.2	Sue Lee	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
2	40	88.1	Jeanette Savage	US-NY	Owego Winter Classic	Owego	NY		
Weight Class: 52 / 114				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	90	198.4	Mariela Olivares	US-MD	2025 American Challenge - MD	Kensington	MD		
Weight Class: 56 / 123				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	120	264.5	Catarina Aldi	US-PA	2025 Masters Nationals	York	PA		
Weight Class: 60 / 132				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	122.5	270	Angela Goldstein	US-MD	2025 American Challenge - MD	Kensington	MD		
2	120.5	265.6	Catarina Aldi	US-PA	2025 American Challenge - PA	Myerstown	PA		
3	93	205	Jennifer Zak	US-NC	2025 Southern Open	Jarvisburg	NC		
Weight Class: 67.5 / 148				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	137.5	303.1	Alexis Kajencki	US-MD	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
2	112.5	248	Nicole Golden	US-PA	2025 American Challenge - NY	Owego	NY		
	112.5	248	Madina Nurgaliyeva	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
4	102.5	225.9	Jeannette Leonard	US-MD	2025 Masters Nationals	York	PA		
5	92.5	203.9	Galaxia Planchez	US-FL	Arnold Stronglifting Powerlifting	Columbus	OH		
6	87.5	192.9	Jenelle Aspinwall	US-MI	Arnold Stronglifting Powerlifting	Columbus	OH		
7	82.5	181.8	Christina Milie	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
8	55	121.2	Alicia Loveday	Canada	2025 Tower of Power	Calgary	Alberta		
9	52.5	115.7	Lynne Michaud	Canada	Iron Challenge Competition	Medicine Hat	Alberta		
Weight Class: 75 / 165				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	115	253.5	Natasha Beasley	US-VA	Arnold Stronglifting Powerlifting	Columbus	OH		
2	93	205	Evelyn Puisseau	US-FL	2025 Tony Conyers Extravaganza	Tampa	FL		
Weight Class: 82.5 / 181				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	105	231.4	Kristen Corson	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
2	97.5	214.9	Jennifer Twohig-Williams	US-PA	2025 Great Lakes Championships	Erie	PA		
3	77.5	170.8	Rebecca Meeder	US-NY	2025 Great Lakes Championships	Erie	PA		
Weight Class: 90 / 198				Squat		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location			
1	140	308.6	Anna McCardle	New Zealand	2025 Powerlifting Worlds Women and Light Men	Ashland	VA		
2	110	242.5	Becky Mclean	Canada	Ice Breaker II	Calgary	Alberta		

3	90	198.4	Karen Andela	US-NY	2025 American Challenge - NY	Owego	NY
	90	198.4	Stephanie Forman	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
5	75	165.3	Jennelle Thomson	Canada	Ice Breaker II	Calgary	Alberta
	75	165.3	Angela Gutierrez	US-PA	2025 Eerie Power	Erie	PA

Weight Class: 90+ / 198+ Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	195	429.8	Ashley Tinsley	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	165	363.7	Michelle Pushinsky	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	155	341.7	Erica Rojek	US-MD	2025 American Challenge - MD	Kensington	MD
4	117.5	259	Erin Gorney	US-PA	2025 Great Lakes Championships	Erie	PA
5	95	209.4	Bethany Kalie	US-PA	2025 Eerie Power	Erie	PA
6	80	176.3	Stephanie Forman	US-NC	2025 American Challenge - NC	Elizabeth City	NC
7	65	143.2	Marquesses Glazner	US-CA	Ironbuilt Classic	Ashland	VA

## 2025 Bench Press Rankings Female

Weight Class: 44 / 97 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	32.5	71.6	Sue Lee	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	30	66.1	Jeanette Savage	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 52 / 114 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	57.5	126.7	Krystal Riley	US-OH	2025 American Challenge - OH	Bedford	OH
2	50	110.2	Mariela Olivares	US-MD	2025 American Challenge - MD	Kensington	MD

Weight Class: 56 / 123 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Catarina Aldi	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 60 / 132 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Catarina Aldi	US-PA	2025 American Challenge - PA	Myerstown	PA
2	58	127.8	Jennifer Zak	US-NC	2025 NC State Championships	Jarvisburg	NC
3	52.5	115.7	Angela Goldstein	US-MD	2025 American Challenge - MD	Kensington	MD

Weight Class: 67.5 / 148 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	92.5	203.9	Alexis Kajencki	US-MD	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	67.5	148.8	Nicole Golden	US-PA	2025 American Challenge - NY	Owego	NY
3	57.5	126.7	Galaxia Planchez	US-FL	Arnold Stronglifting Powerlifting	Columbus	OH
	57.5	126.7	Jenelle Aspinwall	US-MI	Arnold Stronglifting Powerlifting	Columbus	OH
5	52.5	115.7	Jeannette Leonard	US-MD	2025 Masters Nationals	York	PA
	52.5	115.7	Madina Nurgaliyeva	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
	52.5	115.7	Christina Milie	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
8	45	99.2	Lynne Michaud	Canada	Iron Challenge Competition	Medicine Hat	Alberta
9	30	66.1	Alicia Loveday	Canada	2025 Tower of Power	Calgary	Alberta

Weight Class: 75 / 165 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87.5	192.9	Natasha Beasley	US-VA	Arnold Stronglifting Powerlifting	Columbus	OH
2	52.16	114.9	Evelyn Puisseau	US-FL	2025 Tony Conyers Extravaganza	Tampa	FL
3	40	88.1	Sumayya .	UAE	2025 Dubai Championships		Dubai
4	30	66.1	Mina Taboh	UAE	2025 Dubai Championships		Dubai

Weight Class: 82.5 / 181 Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	92.5	203.9	Mona Espinosa	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	85.5	188.4	Kristen Corson	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	52.5	115.7	Rebecca Meeder	US-NY	2025 Great Lakes Championships	Erie	PA

	52.5	115.7	Jennifer Twohig-Williams	US-PA	2025 Great Lakes Championships	Erie	PA
5	30	66.1	Hannah Mokoko	UAE	2025 Dubai Championships		Dubai

Weight Class: 90 / 198		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	95	209.4	Mona Espinosa	US-NC	2025 Ironman World and US Single Lift Championship	York	PA
	95	209.4	Anna McCardle	New Zealand	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	68	149.9	Becky Mclean	Canada	Ice Breaker II	Calgary	Alberta
4	65	143.2	Angela Gutierrez	US-PA	2025 Eerie Power	Erie	PA
5	48.5	106.9	Stephanie Forman	US-NC	2025 Southern Open	Jarvisburg	NC
6	47.5	104.7	Karen Andela	US-NY	2025 American Challenge - NY	Owego	NY
7	45	99.2	Jennelle Thomson	Canada	Ice Breaker II	Calgary	Alberta

Weight Class: 90+ / 198+		Bench Press		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Ashley Tinsley	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	103	227	Michelle Pushinsky	US-PA	2025 Masters Nationals	York	PA
3	92.5	203.9	Mona Espinosa	US-NC	2025 American Challenge - VA Ironbuilt	Ashland	VA
4	80	176.3	Erin Gorney	US-PA	2025 Great Lakes Championships	Erie	PA
5	77.5	170.8	Erica Rojek	US-MD	2025 American Challenge - MD	Kensington	MD
6	65	143.2	Bethany Kalie	US-PA	2025 Eerie Power	Erie	PA
7	62.5	137.7	Sydney Katz	US-MD	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
8	57.5	126.7	Monique Lee	US-NY	Owego Winter Classic	Owego	NY
9	55	121.2	Marquesses Glazner	US-CA	Ironbuilt Classic	Ashland	VA
	55	121.2	Linda Sutton	US-NC	2025 Southern Open	Jarvisburg	NC
11	50	110.2	Stephanie Forman	US-NC	2025 American Challenge - NC	Elizabeth City	NC

## 2025 Deadlift Rankings Female

Weight Class: 44 / 97		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	Sue Lee	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	57.5	126.7	Jeanette Savage	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 52 / 114		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Mariela Olivares	US-MD	2025 American Challenge - MD	Kensington	MD
2	90	198.4	Krystal Riley	US-OH	2025 American Challenge - OH	Bedford	OH

Weight Class: 56 / 123		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Catarina Aldi	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 60 / 132		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Angela Goldstein	US-MD	2025 American Challenge - MD	Kensington	MD
2	130	286.5	Catarina Aldi	US-PA	2025 American Challenge - PA	Myerstown	PA
3	107.5	236.9	Jennifer Zak	US-NC	2025 Southern Open	Jarvisburg	NC

Weight Class: 67.5 / 148		Deadlift		Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Alexis Kajencki	US-MD	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	132.5	292.1	Nicole Golden	US-PA	2025 American Challenge - NY	Owego	NY
3	127.5	281	Jenelle Aspinwall	US-MI	Arnold Stronglifting Powerlifting	Columbus	OH
	127.5	281	Madina Nurgaliyeva	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
5	125	275.5	Jeannette Leonard	US-MD	2025 Masters Nationals	York	PA
6	112.5	248	Galaxia Planchez	US-FL	Arnold Stronglifting Powerlifting	Columbus	OH
	112.5	248	Christina Milie	US-PA	2025 Masters Nationals	York	PA
8	100	220.4	Lynne Michaud	Canada	Iron Challenge Competition	Medicine Hat	Alberta
9	60	132.2	Alicia Loveday	Canada	2025 Tower of Power	Calgary	Alberta

Weight Class: 75 / 165				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	170	374.7	Natasha Beasley	US-VA	Arnold Stronglifting Powerlifting	Columbus	OH
2	100	220.4	Sumayya .	UAE	2025 Dubai Championships		Dubai
3	93	205	Evelyn Puisseau	US-FL	2025 Tony Conyers Extravaganza	Tampa	FL

Weight Class: 82.5 / 181				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Jennifer Twohig-Williams	US-PA	2025 Great Lakes Championships	Erie	PA
2	132.5	292.1	Kristen Corson	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
3	127.5	281	Rebekah Babcock	US-CA	California Open	Santa Clara	CA
4	122.5	270	Rebecca Meeder	US-NY	2025 Great Lakes Championships	Erie	PA
5	95	209.4	Maeghan Cotterill	Canada	2025 Stampede Roundup	Calgary	Alberta

Weight Class: 90 / 198				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	180	396.8	Anna McCardle	New Zealand	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	165	363.7	Becky Mclean	Canada	Ice Breaker II	Calgary	Alberta
3	130	286.5	Karen Andela	US-NY	2025 American Challenge - NY	Owego	NY
4	105	231.4	Jennelle Thomson	Canada	Ice Breaker II	Calgary	Alberta
5	102.5	225.9	Angela Gutierrez	US-PA	2025 Eerie Power	Erie	PA
6	100	220.4	Stephanie Forman	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 90+ / 198+				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	230	507	Ashley Tinsley	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	175	385.8	Erica Rojek	US-MD	2025 American Challenge - MD	Kensington	MD
3	162.5	358.2	Michelle Pushinsky	US-PA	2025 Eerie Power	Erie	PA
4	142.5	314.1	Erin Gorney	US-PA	2025 Great Lakes Championships	Erie	PA
	142.5	314.1	Bethany Kalie	US-PA	2025 Eerie Power	Erie	PA
6	140	308.6	Monique Lee	US-NY	Owego Winter Classic	Owego	NY
7	135	297.6	Amanda Dellinger	US-VA	2025 Masters Nationals	York	PA
8	130	286.5	Sydney Katz	US-MD	2025 American Challenge - MD	Kensington	MD
9	100	220.4	Marquesses Glazner	US-CA	Ironbuilt Classic	Ashland	VA
	100	220.4	Stephanie Forman	US-NC	2025 American Challenge - NC	Elizabeth City	NC
11	95	209.4	Linda Sutton	US-NC	2025 Eastern NC Open	Williamson	NC

## 2025 Total Rankings Female

Weight Class: 44 / 97				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Sue Lee	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	127.5	281	Jeanette Savage	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 52 / 114				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	238	524.6	Mariela Olivares	US-MD	2025 American Challenge - MD	Kensington	MD

Weight Class: 56 / 123				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	320	705.4	Catarina Aldi	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 60 / 132				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	313	690	Catarina Aldi	US-PA	2025 American Challenge - PA	Myerstown	PA
2	307.5	677.9	Angela Goldstein	US-MD	2025 American Challenge - MD	Kensington	MD
3	258	568.7	Jennifer Zak	US-NC	2025 Southern Open	Jarvisburg	NC

Weight Class: 67.5 / 148				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	382.5	843.2	Alexis Kajencki	US-MD	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

2	312.5	688.9	Nicole Golden	US-PA	2025 American Challenge - NY	Owego	NY
3	292.5	644.8	Madina Nurgaliyeva	Canada	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
4	280	617.2	Jeannette Leonard	US-MD	2025 Masters Nationals	York	PA
5	272.5	600.7	Jenelle Aspinwall	US-MI	Arnold Stronglifting Powerlifting	Columbus	OH
6	262.5	578.7	Galaxia Planchez	US-FL	Arnold Stronglifting Powerlifting	Columbus	OH
7	245	540.1	Christina Milie	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
8	197.5	435.4	Lynne Michaud	Canada	Iron Challenge Competition	Medicine Hat	Alberta
9	145	319.6	Alicia Loveday	Canada	2025 Tower of Power	Calgary	Alberta

Weight Class: 75 / 165				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	372.5	821.2	Natasha Beasley	US-VA	Arnold Stronglifting Powerlifting	Columbus	OH
2	238.16	525	Evelyn Puisseau	US-FL	2025 Tony Conyers Extravaganza	Tampa	FL

Weight Class: 82.5 / 181				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	320.5	706.5	Kristen Corson	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	287.5	633.8	Jennifer Twohig-Williams	US-PA	2025 Great Lakes Championships	Erie	PA
3	252.5	556.6	Rebecca Meeder	US-NY	2025 Great Lakes Championships	Erie	PA

Weight Class: 90 / 198				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	405	892.8	Anna McCardle	New Zealand	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	343	756.1	Becky Mclean	Canada	Ice Breaker II	Calgary	Alberta
3	267.5	589.7	Karen Andela	US-NY	2025 American Challenge - NY	Owego	NY
4	242.5	534.6	Angela Gutierrez	US-PA	2025 Eerie Power	Erie	PA
5	237.5	523.5	Stephanie Forman	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
6	225	496	Jennelle Thomson	Canada	Ice Breaker II	Calgary	Alberta

Weight Class: 90+ / 198+				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	540	1190.4	Ashley Tinsley	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	425	936.9	Michelle Pushinsky	US-PA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	407.5	898.3	Erica Rojek	US-MD	2025 American Challenge - MD	Kensington	MD
4	340	749.5	Erin Gorney	US-PA	2025 Great Lakes Championships	Erie	PA
5	302.5	666.8	Bethany Kalie	US-PA	2025 Eerie Power	Erie	PA
6	230	507	Stephanie Forman	US-NC	2025 American Challenge - NC	Elizabeth City	NC
7	220	485	Marquesses Glazner	US-CA	Ironbuilt Classic	Ashland	VA

## 2025 Strict Curl Rankings Female

Weight Class: 52 / 114				Strict Curl		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	29	63.9	Mariela Olivares	US-MD	2025 Strict Curl Worlds	Ashland	VA

Weight Class: 60 / 132				Strict Curl		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	37.5	82.6	Angela Goldstein	US-MD	2025 Strict Curl Worlds	Ashland	VA
2	32.5	71.6	Jennifer Zak	US-NC	2025 NC State Championships	Jarvisburg	NC
3	23	50.7	Galaxia Planchez	US-FL	Miami International Fitness Pro-Am	Miami	FL

Weight Class: 67.5 / 148				Strict Curl		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52.5	115.7	Alexis Kajencki	US-MD	2025 Strict Curl Worlds	Ashland	VA
2	43.5	95.9	Katy Gaglione	US-DE	2025 Strict Curl Worlds	Ashland	VA
3	34.5	76	Nicole Costantino	US-PA	2025 Ironman World and US Single Lift Championship	York	PA
4	34	74.9	Nicole Golden	US-PA	2025 American Challenge - NY	Owego	NY
5	27.5	60.6	Alicia Loveday	Canada	2025 Tower of Power	Calgary	Alberta

Weight Class: 75 / 165				Strict Curl		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	44.5	98.1	Michele Fettner	US-MD	2025 Strict Curl Worlds	Ashland	VA
2	44	97	Lisa Walker	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
3	37.5	82.6	Gwendolynne Krebs	US-CA	Curlhirstmas III	Santa Clara	CA
4	25	55.1	Mina Taboh	UAE	2025 Dubai Championships		Dubai
5	20	44	Sumayya .	UAE	2025 Dubai Championships		Dubai

Weight Class: 82.5 / 181			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	43.5	95.9	Rebekah Babcock	US-CA	Curlhirstmas III	Santa Clara	CA
2	43	94.7	Mona Espinosa	US-NC	2025 Strict Curl Worlds	Ashland	VA
3	30	66.1	Hannah Mokoko	UAE	2025 Dubai Championships		Dubai

Weight Class: 90 / 198			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50	110.2	Anna McCardle	New Zealand	2025 Strict Curl Worlds	Ashland	VA
2	45.5	100.3	Mona Espinosa	US-NC	2025 Ironman World and US Single Lift Championship	York	PA

Weight Class: 90+ / 198+			Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.1	103.8	Mona Espinosa	US-NC	2025 American Challenge - VA Ironbuilt	Ashland	VA
2	47	103.6	Sydney Katz	US-MD	2025 American Challenge - MD	Kensington	MD
3	35.5	78.2	Linda Sutton	US-NC	2025 Eastern NC Open	Williamson	NC
4	33	72.7	Stephanie Malcolm	US-CA	California Open Strict Curl Pro Qualifier	Santa Clara	CA
5	25	55.1	Marquesses Glazner	US-CA	Ironbuilt Classic	Ashland	VA
6	18	39.6	Stephanie Forman	US-NC	2025 American Challenge - NC	Elizabeth City	NC

## 2025 Squat Rankings Male

Weight Class: 67.5 / 148			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Richard Bloom	US-MA	2025 Masters Nationals	York	PA

Weight Class: 75 / 165			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Richard Bloom	US-MA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	175	385.8	Matyas Kovach	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
3	162.5	358.2	John Wong	US-CA	2025 American Challenge - OH	Bedford	OH
4	135	297.6	Stephen Babish	US-NY	2025 American Challenge - NY	Owego	NY

Weight Class: 82.5 / 181			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	John Wong	US-CA	2025 Ohio State Championship	Bedford Heights	OH

Weight Class: 90 / 198			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	245	540.1	Jeffrey Kepler	US-VA	2025 Masters Nationals	York	PA
2	205	451.9	Baskal Korkis	US-FL	2025 Powerlifting Worlds Heavy Men	Ashland	VA
3	182.5	402.3	Walter Heint	US-PA	2025 Great Lakes Championships	Erie	PA
	182.5	402.3	Aaron Chrietzberg	US-MD	2025 American Challenge - MD	Kensington	MD
5	167.5	369.2	Andrew Schmidt	US-PA	2025 Great Lakes Championships	Erie	PA
6	162.5	358.2	John Wong	US-CA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
7	145	319.6	Andrew Weins	Canada	Ice Breaker II	Calgary	Alberta
8	142.5	314.1	Michael McNerney	US-CA	California Open	Santa Clara	CA
9	140	308.6	Eric Braswell	US-NC	2025 NC State Championships	Jarvisburg	NC
10	75	165.3	Derik Stetson	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 100 / 220			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Keith Hadlock	US-PA	2025 Eerie Power	Erie	PA
2	185	407.8	Walter Heint	US-PA	2025 Eerie Power	Erie	PA

3	182.5	402.3	Wesam Mahmoud	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA
4	142.5	314.1	Brandon Smith	US-NC	2025 Eastern NC Open	Williamson	NC
5	132.5	292.1	Steve Toriski	US-PA	2025 Erie Power	Erie	PA
6	117.5	259	Jerry Wayman	US-NY	Owego Winter Classic	Owego	NY
7	110	242.5	Joshua Brett	US-IN	2025 American Challenge - IL	Casey	IL
8	102.5	225.9	Michael Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 110 / 242			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	275	606.2	Michael Eaton	US-MD	2025 Powerlifting Worlds Heavy Men	Ashland	VA
2	210	462.9	Ed Brown	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
3	175	385.8	Nicholas Cadle	US-PA	2025 American Challenge - OH	Bedford	OH
4	125	275.5	Ryan Watson	US-MD	2025 Masters Nationals	York	PA

Weight Class: 125 / 275			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	228	502.6	Daniel Corridean	US-NC	2025 American Challenge - NC	Elizabeth City	NC
2	225	496	Bryan Moody	US-PA	2025 Great Lakes Championships	Erie	PA
3	45	99.2	Vinod Kumar	UAE	2025 Dubai Championships		Dubai

Weight Class: 140 / 308			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	280	617.2	Matt Slate	US-NV	2025 Southern Open	Jarvisburg	NC
2	272.5	600.7	Russell Peel	Canada	2025 Powerlifting Worlds Heavy Men	Ashland	VA

Unknown Class: SHW			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	245	540.1	Daniel Corridean	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA

## 2025 Bench Press Rankings Male

Weight Class: 60 / 132			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	147.5	325.1	Kejajuan Collington	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 67.5 / 148			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Richard Bloom	US-MA	2025 Masters Nationals	York	PA

Weight Class: 75 / 165			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Richard Bloom	US-MA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	145	319.6	Matyas Kovach	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
3	122.5	270	John Wong	US-CA	Shenandoah Open	Woodstock	VA
4	115	253.5	Peter Li	US-OH	2025 American Challenge - OH	Bedford	OH
5	112.5	248	Stephen Babish	US-NY	2025 American Challenge - NY	Owego	NY
6	90	198.4	Anil Kumar	UAE	2025 Dubai Championships		Dubai

Weight Class: 82.5 / 181			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Carl Martinez	US-WA	California Open	Santa Clara	CA
2	140	308.6	Nasir Nantambu	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	125	275.5	John Wong	US-CA	2025 Southern Open	Jarvisburg	NC
4	115	253.5	Jason Delp	US-MD	Shenandoah Open	Woodstock	VA
5	92.5	203.9	Jeff McQueen	US-VA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA

Weight Class: 90 / 198			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	168	370.3	Jeffrey Kepler	US-VA	2025 Masters Nationals	York	PA
2	165	363.7	Jeff McDaniel	US-PA	2025 Powerlifting Worlds Heavy Men	Ashland	VA
3	150	330.6	Baskal Korkis	US-FL	2025 Powerlifting Worlds Heavy Men	Ashland	VA

4	147.5	325.1	Kenneth Pitt	US-NC	2025 Eastern NC Open	Williamson	NC
5	135	297.6	Walter Heinl	US-PA	2025 Great Lakes Championships	Erie	PA
6	127.5	281	Aaron Chrietzberg	US-MD	2025 American Challenge - MD	Kensington	MD
7	122.5	270	Andrew Weins	Canada	Ice Breaker II	Calgary	Alberta
	122.5	270	John Wong	US-CA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
9	120	264.5	Michael McNeerney	US-CA	California Open	Santa Clara	CA
10	112.5	248	Andrew Schmidt	US-PA	2025 Great Lakes Championships	Erie	PA
11	100	220.4	Eric Braswell	US-NC	2025 NC State Championships	Jarvisburg	NC
12	62.5	137.7	Derik Stetson	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 100 / 220 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Brandon Smith	US-NC	2025 Eastern NC Open	Williamson	NC
2	127.5	281	Michael Felts	US-MD	Shenandoah Open	Woodstock	VA
	127.5	281	Walter Heinl	US-PA	2025 Erie Power	Erie	PA
4	125	275.5	Michael Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
5	115	253.5	Wesam Mahmoud	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA
6	107.5	236.9	Keith Hadlock	US-PA	2025 Great Lakes Championships	Erie	PA
7	102.5	225.9	Joshua Brett	US-IN	2025 American Challenge - IL	Casey	IL
8	100	220.4	Steve Toriski	US-PA	2025 Erie Power	Erie	PA
9	72.5	159.8	Jerry Wayman	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 110 / 242 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	192.5	424.3	Gerald Morris	US-NC	2025 American Challenge - NC	Elizabeth City	NC
2	182.5	402.3	Michael Eaton	US-MD	2025 Powerlifting Worlds Heavy Men	Ashland	VA
3	155	341.7	Vikas Verma	India	2025 Powerlifting Worlds Heavy Men	Ashland	VA
4	152.5	336.2	Frank Nerone	US-OH	2025 American Challenge - OH	Bedford	OH
5	147.5	325.1	Ed Brown	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
6	132.5	292.1	Nicholas Cadle	US-PA	2025 American Challenge - OH	Bedford	OH
7	85	187.3	Ryan Watson	US-MD	2025 Masters Nationals	York	PA

Weight Class: 125 / 275 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	207.5	457.4	Davone Scott	US-VA	2025 Christmas Classic	Woodstock	VA
2	170	374.7	Bryan Moody	US-PA	2025 Great Lakes Championships	Erie	PA
3	167.5	369.2	Jeremy Wright	US-NC	2025 Southern Open	Jarvisburg	NC
4	157.5	347.2	Jatinder Singh	India	2025 Powerlifting Worlds Heavy Men	Ashland	VA
5	155	341.7	Daniel Corridean	US-NC	2025 American Challenge - NC	Elizabeth City	NC
6	137.5	303.1	Joe Wilkes Jr.	US-NC	2025 Eastern NC Open	Williamson	NC
7	117.5	259	Arthur Parker	US-OH	2025 Ohio State Championship	Bedford Heights	OH
8	100	220.4	Vinod Kumar	UAE	2025 Dubai Championships		Dubai
9	95	209.4	Ryan Watson	US-MD	2025 Christmas Classic	Woodstock	VA

Weight Class: 140 / 308 Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Matt Slate	US-NV	2025 Battle of the Border	Currituck	NC
2	195	429.8	Russell Peel	Canada	2025 Powerlifting Worlds Heavy Men	Ashland	VA

Unknown Class: SHW Bench Press Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Daniel Corridean	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA

## 2025 Deadlift Rankings Male

Weight Class: 67.5 / 148 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Richard Bloom	US-MA	2025 Masters Nationals	York	PA

Weight Class: 75 / 165 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	205	451.9	John Wong	US-CA	Shenandoah Open	Woodstock	VA
2	200	440.9	Richard Bloom	US-MA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
3	185	407.8	Stephen Babish	US-NY	2025 American Challenge - NY	Owego	NY
4	182.5	402.3	Matyas Kovach	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 82.5 / 181 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	227.5	501.5	Nasir Nantambu	US-NC	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	200	440.9	John Wong	US-CA	2025 Southern Open	Jarvisburg	NC

Weight Class: 90 / 198 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	280	617.2	Jeffrey Kepler	US-VA	2025 Masters Nationals	York	PA
2	250	551.1	Walter Heini	US-PA	2025 Great Lakes Championships	Erie	PA
3	215	473.9	Baskal Korkis	US-FL	2025 Powerlifting Worlds Heavy Men	Ashland	VA
4	210	462.9	Andrew Schmidt	US-PA	2025 Great Lakes Championships	Erie	PA
5	207.5	457.4	John Wong	US-CA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
6	190	418.8	Aaron Chrietzberg	US-MD	2025 American Challenge - MD	Kensington	MD
7	172.5	380.2	Michael McNerney	US-CA	California Open	Santa Clara	CA
8	170	374.7	Andrew Weins	Canada	Ice Breaker II	Calgary	Alberta
9	142.5	314.1	Eric Braswell	US-NC	2025 NC State Championships	Jarvisburg	NC
10	95	209.4	Derik Stetson	US-NY	Owego Winter Classic	Owego	NY
11	80	176.3	Shamsudeen Klambil	UAE	2025 Dubai Championships		Dubai

Weight Class: 100 / 220 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	252.5	556.6	Walter Heini	US-PA	2025 Erie Power	Erie	PA
2	217.5	479.5	Keith Hadlock	US-PA	2025 Erie Power	Erie	PA
3	212.5	468.4	Brandon Smith	US-NC	2025 Eastern NC Open	Williamson	NC
4	200	440.9	Wesam Mahmoud	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA
5	195	429.8	Kunal Singh	Canada	Liftmas 2025	Calgary	Alberta
6	187.5	413.3	Michael Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
7	177.5	391.3	Jerry Wayman	US-NY	Owego Winter Classic	Owego	NY
8	167.5	369.2	Steve Toriski	US-PA	2025 Erie Power	Erie	PA
9	157.5	347.2	Joshua Brett	US-IN	2025 American Challenge - IL	Casey	IL

Weight Class: 110 / 242 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	340	749.5	Michael Eaton	US-MD	2025 Powerlifting Worlds Heavy Men	Ashland	VA
2	257.5	567.6	Ed Brown	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
3	215	473.9	Nicholas Cadle	US-PA	2025 American Challenge - OH	Bedford	OH
4	187.5	413.3	Kanwardeep Singh	India	2025 American Challenge - NC	Elizabeth City	NC
5	152.5	336.2	Ryan Watson	US-MD	2025 Masters Nationals	York	PA
6	150	330.6	Rengaiya Nanda Kumar	UAE	2025 Dubai Championships		Dubai

Weight Class: 125 / 275 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	260	573.1	Bryan Moody	US-PA	2025 Great Lakes Championships	Erie	PA
2	250	551.1	Daniel Corridean	US-NC	2025 American Challenge - NC	Elizabeth City	NC
3	217.5	479.5	Joe Wilkes Jr.	US-NC	2025 Eastern NC Open	Williamson	NC
4	180	396.8	Arthur Parker	US-OH	2025 Ohio State Championship	Bedford Heights	OH
5	165	363.7	Ryan Watson	US-MD	2025 Christmas Classic	Woodstock	VA
6	150	330.6	Vinod Kumar	UAE	2025 Dubai Championships		Dubai

Weight Class: 140 / 308 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	280	617.2	Matt Slate	US-NV	2025 Powerlifting Worlds Heavy Men	Ashland	VA
2	272.5	600.7	Russell Peel	Canada	2025 Powerlifting Worlds Heavy Men	Ashland	VA

Unknown Class: SHW Deadlift Male							
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	272.5	600.7	Daniel Corridean	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA

## 2025 Total Rankings Male

### Weight Class: 67.5 / 148 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	490	1080.2	Richard Bloom	US-MA	2025 Masters Nationals	York	PA

### Weight Class: 75 / 165 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	545	1201.5	Richard Bloom	US-MA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
2	502.5	1107.8	Matyas Kovach	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
3	482.5	1063.7	John Wong	US-CA	Shenandoah Open	Woodstock	VA
4	432.5	953.4	Stephen Babish	US-NY	2025 American Challenge - NY	Owego	NY

### Weight Class: 82.5 / 181 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	485	1069.2	John Wong	US-CA	2025 Ohio State Championship	Bedford Heights	OH

### Weight Class: 90 / 198 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	693	1527.7	Jeffrey Kepler	US-VA	2025 Masters Nationals	York	PA
2	570	1256.6	Baskal Korkis	US-FL	2025 Powerlifting Worlds Heavy Men	Ashland	VA
3	567.5	1251.1	Walter Heint	US-PA	2025 Great Lakes Championships	Erie	PA
4	500	1102.3	Aaron Chrietzberg	US-MD	2025 American Challenge - MD	Kensington	MD
5	492.5	1085.7	John Wong	US-CA	2025 Powerlifting Worlds Women and Light Men	Ashland	VA
6	490	1080.2	Andrew Schmidt	US-PA	2025 Great Lakes Championships	Erie	PA
7	437.5	964.5	Andrew Weins	Canada	Ice Breaker II	Calgary	Alberta
8	435	959	Michael McNerney	US-CA	California Open	Santa Clara	CA
9	382.5	843.2	Eric Braswell	US-NC	2025 NC State Championships	Jarvisburg	NC
10	232.5	512.5	Derik Stetson	US-NY	Owego Winter Classic	Owego	NY

### Weight Class: 100 / 220 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	565	1245.5	Walter Heint	US-PA	2025 Eerie Power	Erie	PA
2	530	1168.4	Brandon Smith	US-NC	2025 Eastern NC Open	Williamson	NC
3	522.5	1151.9	Keith Hadlock	US-PA	2025 Eerie Power	Erie	PA
4	492.5	1085.7	Wesam Mahmoud	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA
5	415	914.9	Michael Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
6	400	881.8	Steve Toriski	US-PA	2025 Eerie Power	Erie	PA
7	367.5	810.1	Jerry Wayman	US-NY	Owego Winter Classic	Owego	NY
8	357.5	788.1	Joshua Brett	US-IN	2025 American Challenge - IL	Casey	IL

### Weight Class: 110 / 242 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	797.5	1758.1	Michael Eaton	US-MD	2025 Powerlifting Worlds Heavy Men	Ashland	VA
2	615	1355.8	Ed Brown	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA
3	522.5	1151.9	Nicholas Cadle	US-PA	2025 American Challenge - OH	Bedford	OH
4	362.5	799.1	Ryan Watson	US-MD	2025 Masters Nationals	York	PA

### Weight Class: 125 / 275 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	655	1444	Bryan Moody	US-PA	2025 Great Lakes Championships	Erie	PA
2	633	1395.5	Daniel Corridean	US-NC	2025 American Challenge - NC	Elizabeth City	NC
3	295	650.3	Vinod Kumar	UAE	2025 Dubai Championships		Dubai

### Weight Class: 140 / 308 Total Male

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	762.5	1681	Matt Slate	US-NV	2025 Powerlifting Worlds Heavy Men	Ashland	VA
2	740	1631.4	Russell Peel	Canada	2025 Powerlifting Worlds Heavy Men	Ashland	VA

Unknown Class: SHW				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	677.5	1493.6	Daniel Corridean	US-NC	2025 Powerlifting Worlds Heavy Men	Ashland	VA	

## 2025 Strict Curl Rankings Male

Weight Class: 60 / 132				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	42	92.5	Henry Qi	US-CA	Curlhirstmas III	Santa Clara	CA	

Weight Class: 75 / 165				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	64	141	John Wong	US-CA	Shenandoah Open	Woodstock	VA	
2	55	121.2	Anil Kumar	UAE	2025 Dubai Championships		Dubai	
3	45	99.2	Russ Pickford	Canada	2025 Stampede Roundup	Calgary	Alberta	

Weight Class: 82.5 / 181				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	83.5	184	Bryan Ruskin	US-VA	2025 OBX Open	Jarvisburg	NC	
2	72	158.7	Alex Kornev	US-NY	2025 American Challenge - NY	Owego	NY	
3	65	143.2	Carl Martinez	US-WA	California Open Strict Curl Pro Qualifier	Santa Clara	CA	
	65	143.2	John Wong	US-CA	2025 Ohio State Championship	Bedford Heights	OH	
5	59	130	Jason Delp	US-MD	Shenandoah Open	Woodstock	VA	
6	55	121.2	Jeff McQueen	US-VA	2025 Ironman World and US Single Lift Championship	York	PA	
7	42.5	93.6	Brent Migliarina	Canada	Ice Breaker II	Calgary	Alberta	
8	41	90.3	Mohamed Mazzy	US-NY	2025 Christmas Classic	Woodstock	VA	

Weight Class: 90 / 198				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	87.5	192.9	Bruce Knox	US-MD	2025 Strict Curl Worlds	Ashland	VA	
2	62	136.6	John Wong	US-CA	Curlhirstmas III	Santa Clara	CA	
3	59	130	Aaron Chrietzberg	US-MD	2025 Strict Curl Worlds	Ashland	VA	
4	50	110.2	Ben Doyle	Canada	2025 Stampede Roundup	Calgary	Alberta	
5	30	66.1	Shamsudeen Klambil	UAE	2025 Dubai Championships		Dubai	

Weight Class: 100 / 220				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	88.5	195.1	Steve Babcock	US-CA	Curlhirstmas III	Santa Clara	CA	
2	73	160.9	Jeff Oilar	US-IN	Miami International Fitness Pro-Am	Miami	FL	
3	69.5	153.2	Daniel Arango	US-GA	2025 American Challenge - MD	Kensington	MD	
4	68	149.9	Tanyaradzwa Mupfumbu	US-MD	2025 American Challenge - MD	Kensington	MD	
5	67.5	148.8	Stanley Hunter	US-NY	2025 American Challenge - NY	Owego	NY	
6	57	125.6	Michael Brown	US-KY	Miami International Fitness Pro-Am	Miami	FL	
	57	125.6	Wesam Mahmoud	US-NC	2025 Strict Curl Worlds	Ashland	VA	
8	37.5	82.6	Michael Felts	US-MD	Shenandoah Open	Woodstock	VA	

Weight Class: 110 / 242				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	66	145.5	Stanley Hunter	US-NY	Owego Winter Classic	Owego	NY	
2	64.5	142.1	Japheth Johnson	US-OH	2025 American Challenge - OH	Bedford	OH	
3	50	110.2	Rengaiya Nanda Kumar	UAE	2025 Dubai Championships		Dubai	
4	47	103.6	Ryan Watson	US-MD	2025 Masters Nationals	York	PA	

Weight Class: 125 / 275				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	70	154.3	Robert Dillingham	US-VA	2025 American Challenge - VA Ironbuilt	Ashland	VA	
2	69	152.1	Daniel Corridean	US-NC	2025 American Challenge - NC	Elizabeth City	NC	

Weight Class: 140 / 308				Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	85	187.3	Russell Peel	Canada	2025 Tower of Power	Calgary	Alberta
2	75.5	166.4	Matt Slate	US-NV	2025 Southern Open	Jarvisburg	NC

Unknown Class: SHW			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	97.5	214.9	Joseph Sabol	US-PA	Curlhirstmas III	Santa Clara	CA