

2025 Christmas Classic

Woodstock, VA 12/06/2025

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Kaitlyn Kubacki	Female	19	VA	61.2	67.5/148.8	Teen (18-19)	42.5	47.5	-52.5		82.5	100	115		162.5	1
Sonya Jones	Female	66	VA	84.2	90/198.4	Masters (65-69)	45	-50	-55		115	127.5	-135		172.5	1
Sonya Jones	Female	66	VA	84.2	90/198.4	Law/Fire/Military	45	-50	-55		115	127.5	-135		172.5	1
Jim Marchio	Male	70	VA	58.7	60/132.2	Masters (70-74)	67.5	72.5	75		160	177.5	182.5		257.5	1
Seth Whetzel	Male	18	WV	66.8	67.5/148.8	Teen (18-19)	70	75	80		130	135	-140		215	1
Ian Richardson	Male	17	VA	86.6	90/198.4	Teen (16-17)	122.5	-130	-130		195	212.5	230		352.5	1
Triston Litten	Male	17	VA	87.7	90/198.4	Teen (16-17)	92.5	97.5	102.5		175	185	190		292.5	2
Jason Delp	Male	15	MD	85.2	90/198.4	Teen (14-15)	110	-117.5	120		155	170	-177.5		290	1
Victory Owoputi	Male	25	MD	107.4	110/242.5	Open	107.5	-112.5	112.5		227.5	240	255		367.5	1
Toby Jones	Male	63	VA	107.4	110/242.5	Masters (60-64)	130	-140	-140		210	220	230		360	1
Toby Jones	Male	63	VA	107.4	110/242.5	Law/Fire/Military	130	-140	-140		210	220	230		360	1
Stiven Rivas	Male	27	VA	117.7	125/275.5	Open	170	182.5	190		275	295	-310		485	1
Atal Naim	Male	32	VA	123.8	125/275.5	Open	130	137.5	142.5		220	235	245		387.5	2
Jeff House	Male	67	GA	121.5	125/275.5	Open	90	100	110		-110	120	-137.5		230	3
Ryan Watson	Male	44	MD	115.9	125/275.5	Masters (40-44)	87.5	-92.5	95		150	160	165		260	1
Jeff House	Male	67	GA	121.5	125/275.5	Masters (65-69)	90	100	110		-110	120	-137.5		230	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Heidi Lightner	Female	59	PA	67.3	67.5/148.8	Masters (55-59)	-55	55	-57		55	1
Vadim Kazeyko	Male	37	NY	95.5	100/220.4	Sub-Masters (35-39)	150	160	-165		160	1
Stiven Rivas	Male	27	VA	117.7	125/275.5	Open	170	182.5	190		190	1
Jeff House	Male	67	GA	121.5	125/275.5	Open	90	100	110		110	2
Davone Scott	Male	49	VA	114.6	125/275.5	Masters (45-49)	197.5	207.5	-215		207.5	1
Jeff House	Male	67	GA	121.5	125/275.5	Masters (65-69)	90	100	110		110	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Paige Waites	Female	32	VA	69.7	75/165.3	Open	102.5	110	120		120	1
William Ryan	Male	10	NC	39.1	48/105.8	Youth 11 and Under	50	55	62.5		62.5	1

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Gabriel Ryan	Male	5	NC	22.1	48/105.8	Youth 11 and Under	27.5	33	-34	32.5	2
Frank Cihlar	Male	82	VA	98.5	100/220.4	Open	85	92.5	95	95	1
Brian Hershler	Male	36		106.7	110/242.5	Open	327.5	-330	-330	327.5	1
Kenneth James	Male	64	VA	109.2	110/242.5	Masters (60-64)	210	227.5	230	230	1
Stiven Rivas	Male	27	VA	117.7	125/275.5	Open	275	295	-310	295	1
Jeff House	Male	67	GA	121.5	125/275.5	Open	-110	120	-137.5	120	2
Ryan Watson	Male	44	MD	115.9	125/275.5	Masters (40-44)	150	160	165	165	1
Jeff House	Male	67	GA	121.5	125/275.5	Masters (65-69)	-110	120	-137.5	120	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Ardith Bravenec	Female	31	TX	59.3	60/132.2	Open	32	37	42		42	1
Heidi Lightner	Female	59	PA	67.3	67.5/148.8	Masters (55-59)	17	20.5	25		25	1
Mohamed Mazzy	Male	46	NY	75.6	82.5/181.8	Masters (45-49)	38	41	-45.5		41	1
Jason Delp	Male	15	MD	85.2	90/198.4	Teen (14-15)	-58	58	61		61	1
Ian Richardson	Male	17	VA	86.6	90/198.4	Teen (16-17)	54.5	61	-63.5		61	1
Vadim Kazeyko	Male	37	NY	95.5	100/220.4	Open	86.5	-93	-93		86.5	1
Vadim Kazeyko	Male	37	NY	95.5	100/220.4	Sub-Masters (35-39)	86.5	-93	-93		86.5	1
Jeff House	Male	67	GA	121.5	125/275.5	Open	42.5	45	47.5		47.5	1
Jeff House	Male	67	GA	121.5	125/275.5	Masters (65-69)	42.5	45	47.5		47.5	1

Ironman

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Bench1	Bench2	Bench3	Bench4	Total	Placing
Paige Waites	Female	32	VA	69.7	75/165.3	Open	24	29.5	32		62.5	65	72.5		104.5	1
Rachel Bravenec	Female	29	VA	81.9	82.5/181.8	Open	29	32	37		61.5	66	70		107	1
Katina James	Female	52	VA	88.2	90/198.4	Masters (50-54)	31	33.5	34.5		47.5	50	52.5		87	1
Vadim Kazeyko	Male	37	NY	95.5	100/220.4	Open	86.5	-93	-93		150	160	-165		246.5	1
Jeff House	Male	67	GA	121.5	125/275.5	Open	42.5	45	47.5		90	100	110		157.5	1
Jeff House	Male	67	GA	121.5	125/275.5	Masters (65-69)	42.5	45	47.5		90	100	110		157.5	1