



UAE Deadlift Records

Ed Kutin edkutin@gmail.com

10/9/2025

Weight Class: 60 / 132 Female

Division	Deadlift	Name	Resides	Date
Open	95.0 kgs / 209.4 lbs	Vanaja Nair	UAE	7/2023
50-54	95.0 kgs / 209.4 lbs	Vanaja Nair	UAE	7/2023

Weight Class: 67.5 / 148 Female

Division	Deadlift	Name	Resides	Date
Open	100.0 kgs / 220.4 lbs	Vanaja Nair	UAE	11/2022
35-39	85.0 kgs / 187.3 lbs	Anjitha .	UAE	9/2025
50-54	100.0 kgs / 220.4 lbs	Vanaja Nair	UAE	11/2022
55-59	80.0 kgs / 176.3 lbs	Subaida Majeed	UAE	7/2024

Weight Class: 75 / 165 Female

Division	Deadlift	Name	Resides	Date
Open	100.0 kgs / 220.4 lbs	Sumayya .	UAE	9/2025
35-39	80.0 kgs / 176.3 lbs	Sumayya N	UAE	7/2024
40-44	100.0 kgs / 220.4 lbs	Sumayya .	UAE	9/2025

Weight Class: 90 / 198 Female

Division	Deadlift	Name	Resides	Date
Open	130.0 kgs / 286.5 lbs	Shimna Shouckat	UAE	7/2024

Weight Class: 90+ / 198+ Female

Division	Deadlift	Name	Resides	Date
Open	115.0 kgs / 253.5 lbs	Abhirami .	UAE	9/2025

Weight Class: 60 / 132 Male

Division	Deadlift	Name	Resides	Date
Open	65.0 kgs / 143.2 lbs	Nikhlia Ashok	UAE	7/2023

Weight Class: 67.5 / 148 Male

Division	Deadlift	Name	Resides	Date
Open	140.0 kgs / 308.6 lbs	Jidhun Raphel	UAE	7/2024
20-24	90.0 kgs / 198.4 lbs	Farhan Khan Ali	UAE	7/2023
50-54	90.0 kgs / 198.4 lbs	Priyesh Meethale Valappil	UAE	7/2024

Weight Class: 75 / 165 Male

Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Anand Vinod P	UAE	7/2024
35-39	160.0 kgs / 352.7 lbs	Krishnadas Choorapra	UAE	7/2023
40-44	80.0 kgs / 176.3 lbs	Binu Jajabreu	UAE	7/2023
45-49	120.0 kgs / 264.5 lbs	Anil Kumar	UAE	7/2024
50-54	145.0 kgs / 319.6 lbs	Santhosh Sadanandan	UAE	7/2023
55-59	115.0 kgs / 253.5 lbs	Ramathullah Syed Abu Thahir	UAE	7/2024
Handicapped	200.0 kgs / 440.9 lbs	Anand Vinod P	UAE	7/2024

Weight Class: 82.5 / 181 Male

Division	Deadlift	Name	Resides	Date
Open	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023
18-19	130.0 kgs / 286.5 lbs	Muhammed Adhil	UAE	7/2024
35-39	140.0 kgs / 308.6 lbs	Muhammad Manshad	UAE	7/2023
45-49	135.0 kgs / 297.6 lbs	Pradeesh M.V	UAE	7/2023
50-54	140.0 kgs / 308.6 lbs	Michael Joseph	UAE	11/2022
60-64	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023
Police/Fire/Mil	185.0 kgs / 407.8 lbs	Manikuttan Purushothaman	UAE	11/2023

Weight Class: 90 / 198 Male

Division	Deadlift	Name	Resides	Date
Open	165.0 kgs / 363.7 lbs	Manikuttan T.P.	UAE	6/2022
20-24	165.0 kgs / 363.7 lbs	Aliston Pinto	UAE	7/2023
35-39	150.0 kgs / 330.6 lbs	Asif Ali	UAE	7/2023
40-44	100.0 kgs / 220.4 lbs	Jaj Abreu	UAE	7/2024
45-49	80.0 kgs / 176.3 lbs	Shamsudeen Klambil	UAE	9/2025
50-54	140.0 kgs / 308.6 lbs	Michael Joseph	UAE	7/2023
60-64	165.0 kgs / 363.7 lbs	Manikuttan T.P.	UAE	6/2022
Police/Fire/Mil	130.0 kgs / 286.5 lbs	Michael Joseph	UAE	11/2023

Weight Class: 100 / 220 Male

Division	Deadlift	Name	Resides	Date
Open	260.0 kgs / 573.1 lbs	Ashwand T.M.	UAE	7/2023
16-17	190.0 kgs / 418.8 lbs	Sayooj Sarath	UAE	7/2024
18-19	150.0 kgs / 330.6 lbs	Mohammad Ahsanul Haque Hamid	UAE	7/2024
40-44	120.0 kgs / 264.5 lbs	Ramadan Sebil Ahmad Matoot	UAE	7/2024
45-49	145.0 kgs / 319.6 lbs	Kumar .	UAE	7/2023
Police/Fire/Mil	120.0 kgs / 264.5 lbs	Ramadan Sebil Ahmad Matoot	UAE	7/2024

Weight Class: 110 / 242 Male

Division	Deadlift	Name	Resides	Date
Open	185.0 kgs / 407.8 lbs	Mohammad Ahsanul Haque Hamid	UAE	9/2025

20-24	185.0 kgs / 407.8 lbs	Mohammad Ahsanul Haque Hamid	UAE	9/2025
40-44	170.0 kgs / 374.7 lbs	Shafeeq Chenadan	UAE	7/2024
45-49	150.0 kgs / 330.6 lbs	Rengaiya Nanda Kumar	UAE	7/2024
50-54	170.0 kgs / 374.7 lbs	Denny .	UAE	7/2023

Weight Class: 125 / 275 Male

Division	Deadlift	Name	Resides	Date
Open	155.0 kgs / 341.7 lbs	Vinod Kumar	UAE	7/2024
45-49	155.0 kgs / 341.7 lbs	Vinod Kumar	UAE	7/2024

Weight Class: 140 / 308 Male

Division	Deadlift	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Vinod Kumar	UAE	7/2023
45-49	175.0 kgs / 385.8 lbs	Vinod Kumar	UAE	7/2023