



ILLINOIS STATE DEADLIFT RECORDS

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8/23/2025

| Weight Class: 52 / 114 Female | | | |
|-------------------------------|----------------------|---------------|--------|
| Division | Deadlift | Name | Date |
| Open | 70.0 kgs / 154.3 lbs | Susan Liechti | 6/2012 |
| 60-64 | 70.0 kgs / 154.3 lbs | Susan Liechti | 6/2012 |

| Weight Class: 56 / 123 Female | | | |
|-------------------------------|-----------------------|----------------|--------|
| Division | Deadlift | Name | Date |
| Open | 137.5 kgs / 303.1 lbs | Melissa Klein | 2013 |
| 20-24 | 95.0 kgs / 209.4 lbs | Jenna Yealick | 6/2025 |
| 35-39 | 105.0 kgs / 231.4 lbs | Melissa Schudt | 6/2014 |
| 40-44 | 137.4 kgs / 302.9 lbs | Melissa Klein | |

| Weight Class: 60 / 132 Female | | | |
|-------------------------------|-----------------------|---------------|--------|
| Division | Deadlift | Name | Date |
| Open | 138.3 kgs / 304.8 lbs | Sarah Borrás | |
| 16-17 | 138.3 kgs / 304.8 lbs | Sarah Borrás | |
| 30-34 | 83.9 kgs / 184.9 lbs | Jody Pitcher | |
| 40-44 | 134.9 kgs / 297.4 lbs | Melissa Klein | |
| 45-49 | 120.0 kgs / 264.5 lbs | Tera Thornton | 6/2014 |

| Weight Class: 67.5 / 148 Female | | | |
|---------------------------------|-----------------------|---------------------|------|
| Division | Deadlift | Name | Date |
| Open | 147.4 kgs / 324.9 lbs | Madison Kissner | |
| 16-17 | 147.4 kgs / 324.9 lbs | Madison Kissner | |
| 50-54 | 99.8 kgs / 220.0 lbs | Nancy Hofmann | |
| 55-59 | 127.0 kgs / 279.9 lbs | Cynthia Hochstetler | |

| Weight Class: 75 / 165 Female | | | |
|-------------------------------|-----------------------|---------------------|--------|
| Division | Deadlift | Name | Date |
| Open | 136.0 kgs / 299.8 lbs | Cynthia Hochstetler | 9/2011 |
| 20-24 | 130.0 kgs / 286.5 lbs | Jennifer Stutz | |
| 30-34 | 117.5 kgs / 259.0 lbs | Sarah Collins | |
| 35-39 | 110.0 kgs / 242.5 lbs | Karin Mcdowell | |
| 55-59 | 136.0 kgs / 299.8 lbs | Cynthia Hochstetler | 9/2011 |

| Weight Class: 82.5 / 181 Female | | | |
|---------------------------------|-----------------------|-----------------|------|
| Division | Deadlift | Name | Date |
| Open | 150.0 kgs / 330.6 lbs | Amanda Throne | |
| 18-19 | 117.5 kgs / 259.0 lbs | Laura Verplaese | |

| | | | |
|-------|-----------------------|---------------|--------|
| 25-29 | 150.0 kgs / 330.6 lbs | Amanda Throne | |
| 45-49 | 127.5 kgs / 281.0 lbs | Karla Johnson | 6/2014 |
| 50-54 | 147.5 kgs / 325.1 lbs | Lisa Klaus | 8/2025 |
| 65-69 | 85.0 kgs / 187.3 lbs | Wendy Hardway | 6/2025 |

Weight Class: 90 / 198 Female

| Division | Deadlift | Name | Date |
|----------|-----------------------|--------------|--------|
| Open | 165.0 kgs / 363.7 lbs | Katrina Diaz | 6/2014 |
| 20-24 | 165.0 kgs / 363.7 lbs | Katrina Diaz | 6/2014 |
| 50-54 | 152.5 kgs / 336.2 lbs | Lisa Klaus | 6/2024 |

Weight Class: 90+ / 198+ Female

| Division | Deadlift | Name | Date |
|-----------------|-----------------------|-----------------|--------|
| Open | 142.5 kgs / 314.1 lbs | Sharon UTI | 1/2021 |
| 25-29 | 142.5 kgs / 314.1 lbs | Sharon UTI | 1/2021 |
| 50-54 | 140.0 kgs / 308.6 lbs | Lynette Ritchie | 9/2015 |
| 70-74 | 90.0 kgs / 198.4 lbs | Sandra Foli | 6/2014 |
| Police/Fire/Mil | 142.5 kgs / 314.1 lbs | Sharon UTI | 1/2021 |

Weight Class: 60 / 132 Male

| Division | Deadlift | Name | Date |
|----------|-----------------------|----------------|------|
| Open | 190.0 kgs / 418.8 lbs | David Hamilton | |
| 18-19 | 190.0 kgs / 418.8 lbs | David Hamilton | |

Weight Class: 67.5 / 148 Male

| Division | Deadlift | Name | Date |
|----------|-----------------------|-----------------|--------|
| Open | 225.0 kgs / 496.0 lbs | Mike Robinson | 2009 |
| 16-17 | 182.5 kgs / 402.3 lbs | Chance Paluga | |
| 18-19 | 152.5 kgs / 336.2 lbs | Andrew Hogeveen | 6/2015 |
| 45-49 | 225.0 kgs / 496.0 lbs | Mike Robinson | 2009 |
| 50-54 | 206.4 kgs / 455.0 lbs | Mike Robinson | |

Weight Class: 75 / 165 Male

| Division | Deadlift | Name | Date |
|----------|-----------------------|----------------|--------|
| Open | 225.0 kgs / 496.0 lbs | Clay Caputo | 6/2012 |
| 14-15 | 102.1 kgs / 225.0 lbs | Conor May | |
| 18-19 | 225.0 kgs / 496.0 lbs | Clay Caputo | 6/2012 |
| 20-24 | 212.5 kgs / 468.4 lbs | William Lotter | |
| 40-44 | 165.6 kgs / 365.0 lbs | Rich Schreiber | |
| 50-54 | 195.0 kgs / 429.8 lbs | Rich Schreiber | |

Weight Class: 82.5 / 181 Male

| Division | Deadlift | Name | Date |
|----------|-----------------------|-----------------|--------|
| Open | 276.7 kgs / 610.0 lbs | Eric Ridings | |
| 14-15 | 165.0 kgs / 363.7 lbs | Kyle Meadows | 6/2018 |
| 16-17 | 183.7 kgs / 404.9 lbs | Ryan Wilkerson | |
| 18-19 | 240.0 kgs / 529.1 lbs | Joseph Zangerle | 6/2014 |
| 20-24 | 276.7 kgs / 610.0 lbs | Eric Ridings | |
| 25-29 | 220.0 kgs / 485.0 lbs | Michael Parrish | |

| | | | |
|-----------------|-----------------------|------------------|--------|
| 35-39 | 165.0 kgs / 363.7 lbs | Shaun Vester | 6/2024 |
| 40-44 | 205.0 kgs / 451.9 lbs | William Lamberti | |
| 50-54 | 187.5 kgs / 413.3 lbs | Rich Schreiber | 6/2014 |
| 55-59 | 181.4 kgs / 399.9 lbs | Jerry King | |
| 60-64 | 250.0 kgs / 551.1 lbs | Gregory Kleyn | 6/2014 |
| Police/Fire/Mil | 202.5 kgs / 446.4 lbs | Nathan Adams | |

Weight Class: 90 / 198 Male

| Division | Deadlift | Name | Date |
|-----------------|------------------------------|---------------------|---------------|
| Open | 285.0 kgs / 628.3 lbs | Michael Lear | 6/2014 |
| 14-15 | 197.5 kgs / 435.4 lbs | Roberto Amador | |
| 16-17 | 165.0 kgs / 363.7 lbs | Terry Cox Jr | 2/2017 |
| 18-19 | 230.0 kgs / 507.0 lbs | Jacob Sytsma | 6/2015 |
| 20-24 | 254.0 kgs / 559.9 lbs | Donovan Muldrow | |
| 25-29 | 283.5 kgs / 625.0 lbs | Shaun Trimarco | |
| 30-34 | 281.2 kgs / 619.9 lbs | Starker Hedger | |
| 35-39 | 235.0 kgs / 518.0 lbs | Rob Vogelbacher | |
| 50-54 | 167.8 kgs / 369.9 lbs | Mark Fadke | |
| 55-59 | 190.0 kgs / 418.8 lbs | Don Kinnman | 6/2014 |
| Police/Fire/Mil | 285.0 kgs / 628.3 lbs | Michael Lear | 6/2014 |

Weight Class: 100 / 220 Male

| Division | Deadlift | Name | Date |
|-------------|------------------------------|-----------------------|--------|
| Open | 300.0 kgs / 661.3 lbs | Shaun Trimarco | |
| 14-15 | 202.5 kgs / 446.4 lbs | Roberto Amador | |
| 16-17 | 235.9 kgs / 520.0 lbs | Cody Congdon | |
| 18-19 | 238.1 kgs / 524.9 lbs | Max Kleiboeker | |
| 20-24 | 265.0 kgs / 584.2 lbs | Ryan Anderson | 6/2014 |
| 25-29 | 275.0 kgs / 606.2 lbs | Kevin Varriale | 6/2015 |
| 30-34 | 287.5 kgs / 633.8 lbs | Shaun Trimarco | |
| 35-39 | 235.0 kgs / 518.0 lbs | Humberto Sanchez | 6/2014 |
| 40-44 | 275.0 kgs / 606.2 lbs | Giovanni Giuliano | |
| 50-54 | 227.5 kgs / 501.5 lbs | Vito Paiazzolo | |

Weight Class: 110 / 242 Male

| Division | Deadlift | Name | Date |
|-------------|------------------------------|--------------------------|---------------|
| Open | 297.5 kgs / 655.8 lbs | Giovanni Giuliano | 6/2014 |
| 20-24 | 260.0 kgs / 573.1 lbs | Yousef Ayad | 6/2014 |
| 25-29 | 274.9 kgs / 606.0 lbs | Andy Stitnick | |
| 30-34 | 262.5 kgs / 578.7 lbs | Jeremy Beckner | 6/2018 |
| 35-39 | 255.0 kgs / 562.1 lbs | Kevin Varriale | 4/2024 |
| 40-44 | 297.5 kgs / 655.8 lbs | Giovanni Giuliano | 6/2014 |
| 65-69 | 230.0 kgs / 507.0 lbs | Lynn Strobel | 6/2017 |

Weight Class: 125 / 275 Male

| Division | Deadlift | Name | Date |
|-------------|------------------------------|-----------------------|------|
| Open | 307.5 kgs / 677.9 lbs | Mitchell Davis | |
| 18-19 | 226.8 kgs / 500.0 lbs | Mike Cooper | |
| 25-29 | 307.5 kgs / 677.9 lbs | Mitchell Davis | |
| 35-39 | 186.0 kgs / 410.0 lbs | William Melrose | |

| | | | |
|-----------------|-----------------------|-----------------|--|
| 40-44 | 272.5 kgs / 600.7 lbs | Brian Budzinski | |
| 55-59 | 255.0 kgs / 562.1 lbs | Terry Davis | |
| Police/Fire/Mil | 306.2 kgs / 675.0 lbs | Brian Barnes | |

Weight Class: 140 / 308 Male

| Division | Deadlift | Name | Date |
|-----------------|------------------------------|---------------------|-------------|
| Open | 306.1 kgs / 674.8 lbs | Brian Barnes | 2011 |
| 25-29 | 295.0 kgs / 650.3 lbs | Brian Barnes | |
| 50-54 | 205.0 kgs / 451.9 lbs | Terry Cox | 2/2017 |
| 55-59 | 205.0 kgs / 451.9 lbs | Terry Cox | 10/2021 |
| Police/Fire/Mil | 306.1 kgs / 674.8 lbs | Brian Barnes | 2011 |

Unknown Class: SHW Male

| Division | Deadlift | Name | Date |
|-------------|------------------------------|------------------|---------------|
| Open | 210.0 kgs / 462.9 lbs | Terry Cox | 6/2017 |
| 50-54 | 210.0 kgs / 462.9 lbs | Terry Cox | 6/2017 |