



## WASHINGTON STATE DEADLIFT RECORDS

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7/6/2025

Weight Class: 56 / 123 Female			
Division	Deadlift	Name	Date
Open	117.9 kgs / 259.9 lbs	Lisa Hoyt	6/2022
55-59	117.9 kgs / 259.9 lbs	Lisa Hoyt	6/2022
70-74	82.5 kgs / 181.8 lbs	Barbara Phillips	6/2025

Weight Class: 67.5 / 148 Female			
Division	Deadlift	Name	Date
Open	142.8 kgs / 314.8 lbs	Melissa Painter	6/2022
30-34	142.8 kgs / 314.8 lbs	Melissa Painter	6/2022

Weight Class: 82.5 / 181 Female			
Division	Deadlift	Name	Date
Open	102.0 kgs / 224.8 lbs	Karen McLaughlin	6/2022
45-49	102.0 kgs / 224.8 lbs	Karen McLaughlin	6/2022

Weight Class: 60 / 132 Male			
Division	Deadlift	Name	Date
Open	160.5 kgs / 353.8 lbs	Gary Peterson	11/2017
40-44	160.5 kgs / 353.8 lbs	Gary Peterson	11/2017

Weight Class: 67.5 / 148 Male			
Division	Deadlift	Name	Date
Open	140.0 kgs / 308.6 lbs	James Steffen	10/2013
50-54	140.0 kgs / 308.6 lbs	James Steffen	10/2013

Weight Class: 75 / 165 Male			
Division	Deadlift	Name	Date
Open	170.0 kgs / 374.7 lbs	James Steffen	10/2011
50-54	170.0 kgs / 374.7 lbs	James Steffen	10/2011
60-64	145.0 kgs / 319.6 lbs	Rob Lawson	8/2024

Weight Class: 90 / 198 Male			
Division	Deadlift	Name	Date
Open	182.5 kgs / 402.3 lbs	Carl Martinez	2/2025
35-39	182.5 kgs / 402.3 lbs	Carl Martinez	2/2025

<b>Weight Class: 100 / 220 Male</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Date</b>
Open	182.5 kgs / 402.3 lbs	Sean Katterle	10/2009
35-39	182.5 kgs / 402.3 lbs	Sean Katterle	10/2009

<b>Weight Class: 125 / 275 Male</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Date</b>
Open	230.0 kgs / 507.0 lbs	Josh Wireman	10/2012
18-19	230.0 kgs / 507.0 lbs	Josh Wireman	10/2012

<b>Weight Class: 140 / 308 Male</b>			
<b>Division</b>	<b>Deadlift</b>	<b>Name</b>	<b>Date</b>
Open	263.0 kgs / 579.8 lbs	Dwayne Nill	6/2022
20-24	215.0 kgs / 473.9 lbs	Kameryn Dean	4/2012
45-49	263.0 kgs / 579.8 lbs	Dwayne Nill	6/2022