



## INDIANA STATE BENCH RECORDS

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7/6/2025

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	42.5 kgs / 93.6 lbs	Natalie Brown	6/2012

Weight Class: 60 / 132 Female			
Division	Bench Press	Name	Date
Open	45.3 kgs / 99.8 lbs	Sarah Boraas	
16-17	45.3 kgs / 99.8 lbs	Sarah Boraas	

Weight Class: 90 / 198 Female			
Division	Bench Press	Name	Date
Open	100.0 kgs / 220.4 lbs	Brandi Sneed	6/2016
30-34	95.0 kgs / 209.4 lbs	Brandi Sneed	10/2015

Weight Class: 90+ / 198+ Female			
Division	Bench Press	Name	Date
Open	112.5 kgs / 248.0 lbs	Brandi Sneed	6/2017
35-39	112.5 kgs / 248.0 lbs	Brandi Sneed	6/2017

Weight Class: 48 / 105 Male			
Division	Bench Press	Name	Date
Open	40.8 kgs / 89.9 lbs	Jacob Wallace	7/2005
14-15	40.8 kgs / 89.9 lbs	Jacob Wallace	7/2005

Weight Class: 52 / 114 Male			
Division	Bench Press	Name	Date
Open	83.9 kgs / 184.9 lbs	Ian Smith	8/2006
16-17	83.9 kgs / 184.9 lbs	Ian Smith	8/2006

Weight Class: 56 / 123 Male			
Division	Bench Press	Name	Date
Open	61.2 kgs / 134.9 lbs	Dano Hall	7/2005
35-39	61.2 kgs / 134.9 lbs	Dano Hall	7/2005

Weight Class: 60 / 132 Male			
Division	Bench Press	Name	Date
Open	85.0 kgs / 187.3 lbs	Blake Harris	11/2007

14-15	85.0 kgs / 187.3 lbs	Blake Harris	11/2007
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**Weight Class: 67.5 / 148 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>108.0 kgs / 238.0 lbs</b>	<b>Blake Harris</b>	<b>3/2008</b>
14-15	108.0 kgs / 238.0 lbs	Blake Harris	3/2008
20-24	97.5 kgs / 214.9 lbs	Denis Hirsch	7/2005

**Weight Class: 75 / 165 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>150.0 kgs / 330.6 lbs</b>	<b>Henry Millard</b>	<b>12/2017</b>
14-15	88.4 kgs / 194.8 lbs	Caleb Wallace	7/2005
30-34	150.0 kgs / 330.6 lbs	Henry Millard	12/2017
40-44	129.2 kgs / 284.8 lbs	Rich Scheiber	
50-54	124.7 kgs / 274.9 lbs	Rich Scheiber	

**Weight Class: 82.5 / 181 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>157.5 kgs / 347.2 lbs</b>	<b>Jeremy Shepherd</b>	<b>2/2017</b>
18-19	125.0 kgs / 275.5 lbs	Jordan Johnson	4/2017
45-49	157.5 kgs / 347.2 lbs	Jeremy Shepherd	2/2017
50-54	134.9 kgs / 297.4 lbs	Rich Scheiber	
55-59	104.3 kgs / 229.9 lbs	J. King	

**Weight Class: 90 / 198 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>147.5 kgs / 325.1 lbs</b>	<b>Mike Tonkovich</b>	<b>11/2013</b>
14-15	120.0 kgs / 264.5 lbs	Brandon Striegel	6/2015
20-24	131.5 kgs / 289.9 lbs	Joshua Childers	7/2005
40-44	113.3 kgs / 249.7 lbs	Richard Pace	7/2005

**Weight Class: 100 / 220 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>207.5 kgs / 457.4 lbs</b>	<b>Keith Herron</b>	<b>11/2008</b>
14-15	79.3 kgs / 174.8 lbs	Nate Steele	
20-24	157.4 kgs / 347.0 lbs	S. Chikando	
35-39	207.5 kgs / 457.4 lbs	Keith Herron	11/2008
45-49	102.5 kgs / 225.9 lbs	Joshua Brett	6/2025
65-69	150.0 kgs / 330.6 lbs	Kevin Hutchinsin	8/2023

**Weight Class: 110 / 242 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>195.0 kgs / 429.8 lbs</b>	<b>Shawn Shepherd</b>	<b>4/2018</b>
35-39	130.0 kgs / 286.5 lbs	Michael O'Brien	2/2017
40-44	195.0 kgs / 429.8 lbs	Shawn Shepherd	4/2018
45-49	181.4 kgs / 399.9 lbs	Mark Engle	3/2008
50-54	180.0 kgs / 396.8 lbs	Mark Engle	6/2012
65-69	155.0 kgs / 341.7 lbs	Kevin Hutchinson	6/2022

**Weight Class: 125 / 275 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Mark Engle</b>	<b>6/2012</b>
40-44	197.5 kgs / 435.4 lbs	Shawn Shepherd	10/2020
55-59	200.0 kgs / 440.9 lbs	Kevin Hutchinson	6/2010
60-64	177.5 kgs / 391.3 lbs	Kevin Hutchinson	6/2015

**Weight Class: 140 / 308 Male**

Division	Bench Press	Name	Date
<b>Open</b>	<b>205.0 kgs / 451.9 lbs</b>	<b>Roy Johnson</b>	<b>6/2025</b>
20-24	204.1 kgs / 449.9 lbs	Mark Engle	3/2008
25-29	175.0 kgs / 385.8 lbs	Giorgio Karallas	6/2022
35-39	150.0 kgs / 330.6 lbs	Tobias Elmer	6/2017
45-49	60.0 kgs / 132.2 lbs	Derrick Hill	6/2017
60-64	202.5 kgs / 446.4 lbs	Roy Johnson	10/2024
65-69	205.0 kgs / 451.9 lbs	Roy Johnson	6/2025