

**2025 American Challenge - VA Ironbuilt  
Ashland, VA 06/28/2025**

**Powerlifting**

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Laura Clancy	Female	60	VA	59.2	60/132.2	Masters (60-64)	72.5	80	87.5		47.5	52.5	-55		82.5	92.5	-100		232.5	1
Nancy Breen	Female	66	VA	74.35	75/165.3	Masters (65-69)	105	115	117.5		57.5	-62.5	62.5		110	120	126		305	1
Kristen Corson	Female	41	VA	76.45	82.5/181.8	Masters (40-44)	85	90	97.5		80	82.5	85		110	120	132.5		315	1
Stephanie Forman	Female	42	NC	89.4	90/198.4	Masters (40-44)	77.5	80	82.5	85	47.5	-50	-50		92.5	95	-97.5		225	1
Gary Teeter	Male	62	PA	66.2	67.5/148.8	Masters (60-64)	115	130	137.5		102.5	105	107.5		160	175	-183		420	1
Aidyn Forman	Male	16	NC	66.9	67.5/148.8	Teen (16-17)	105	112.5	117.5		90	-92.5	92.5		147.5	-150	-150		357.5	1
Alexander Panholzer	Male	16	VA	64.45	67.5/148.8	Teen (16-17)	95	105	112.5		-80	85	-92.5		127.5	145	-160		342.5	2
Dale Tench	Male	23	VA	74.5	75/165.3	Junior (20-24)	125	142.5	160		120	130	-138		150	170	185		475	1
Easten Binckley	Male	15	NC	80	82.5/181.8	Teen (14-15)	182.5	193	200	210	92.5	102.5	-105		210	227.5	-238		530	1
Da'Merion Lewis	Male	16	NC	82	82.5/181.8	Teen (16-17)	132.5	142.5	150		90	95	-97.5		160	170	175		420	1
Christian Trigo	Male	21	VA	100	100/220.4	Junior (20-24)	205	222.5	-237.5		130	140	-145		215	237.5	-240		600	1
Charles Panholzer	Male	50	VA	95.6	100/220.4	Masters (50-54)	100	110	120		97.5	-110	-110		120	137.5	150		367.5	1
William Farrell	Male	80	OK	98.5	100/220.4	Masters (80+)	91	100	-105		68	77.5	80		136.5	142.5	147.5		327.5	1
Brian Hershler	Male	36	VA	108	110/242.5	Open	235	247.5	-257.5		147.5	155	160		290	-321	-321		697.5	1
Michael R Dalton	Male	50	VA	102.2	110/242.5	Open	207.5	217.5	227.5		137.5	147.5	-152.5		257.5	270	280		655	2
Tim Durrett	Male	51	VA	109.5	110/242.5	Open	167.5	182.5	192.5		140	-150	-150		192.5	212.5	227.5		560	3
Michael R Dalton	Male	50	VA	102.2	110/242.5	Masters (50-54)	207.5	217.5	227.5		137.5	147.5	-152.5		257.5	270	280		655	1
Ed Brown	Male	41	VA	102	110/242.5	Masters (40-44)	185	197.5	210		140	147.5	-150		227.5	245	257.5		615	1
Tim Durrett	Male	51	VA	109.5	110/242.5	Masters (50-54)	167.5	182.5	192.5		140	-150	-150		192.5	212.5	227.5		560	2
Mikhail Ramos	Male	34	VA	126.35	140/308.6	Open	227.5	242.5	252.5		192.5	207.5	215		250	272.5	282.5		750	1
Robert Gains	Male	62	VA	154.25	140+/SHW	Masters (60-64)	200	215	230		145	165	185		185	240	263.5		677.5	1
Robert Gains	Male	62	VA	154.25	140+/SHW	Law/Fire/Military	200	215	230		145	165	185		185	240	263.5		677.5	1

**Push-pull**

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Joe Cotton	Male	60	VA	97.95	100/220.4	Open	137.5	142.5	-145						0	
Joe Cotton	Male	60	VA	97.95	100/220.4	Masters (60-64)	137.5	142.5	-145						0	
Tim Durrett	Male	51	VA	109.5	110/242.5	Open	140	-150	-150		192.5	212.5	227.5		367.5	1
Tim Durrett	Male	51	VA	109.5	110/242.5	Masters (50-54)	140	-150	-150		192.5	212.5	227.5		367.5	1

**Bench**

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Ruth Rend	Female	63	PA	87.5	90/198.4	Masters (60-64)	-42.5	42.5	-45		42.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Open	82.5	87.5	92.5	-98	92.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Masters (40-44)	82.5	87.5	92.5	-98	92.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Law/Fire/Military	82.5	87.5	92.5	-98	92.5	1
Anthony Veal	Male	30	VA	66.7	67.5/148.8	Open	125	135	145		145	1

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Raymond Jones	Male	58	VA	88.1	90/198.4	Masters (55-59)	130	135	137.5	137.5	1
Joe Cotton	Male	60	VA	97.95	100/220.4	Open	137.5	142.5	-145	142.5	1
Joe Cotton	Male	60	VA	97.95	100/220.4	Masters (60-64)	137.5	142.5	-145	142.5	1
Tim Durrett	Male	51	VA	109.5	110/242.5	Masters (50-54)	140	-150	-150	140	1

**Deadlift**

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Yamilet Rocha	Female	30	VA	55.7	56/123.4	Open	80	87.5	95		95	1
Sherry Rowe	Female	59	VA	60.2	67.5/148.8	Masters (55-59)	105	118	120		120	1
Tim Durrett	Male	51	VA	109.5	110/242.5	Masters (50-54)	192.5	212.5	227.5		227.5	1
Baron Dixon	Male	59	VA	137.5	140/308.6	Open					0	
Baron Dixon	Male	59	VA	137.5	140/308.6	Masters (55-59)					0	

**Strict Curl**

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Lisa Walker	Female	43	VA	73.1	75/165.3	Law/Fire/Military	41	42.5	44	-45.5	44	1
Ruth Rend	Female	63	PA	87.5	90/198.4	Masters (60-64)	25	25.5	27.5		27.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Open	39	43.5	45.5	47	45.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Masters (40-44)	39	43.5	45.5	47	45.5	1
Mona Espinosa	Female	43	NC	90.2	90+/198.5+ (F)	Law/Fire/Military	39	43.5	45.5	47	45.5	1
Gary Teeter	Male	62	PA	66.2	67.5/148.8	Masters (60-64)	55	57	58	58.5	58	1
Aidyn Forman	Male	16	NC	66.9	67.5/148.8	Teen (16-17)	47.5	50	-52.5		50	1
Easten Binckley	Male	15	NC	80	82.5/181.8	Teen (14-15)	65	-66			65	1
Da'Merion Lewis	Male	16	NC	82	82.5/181.8	Teen (16-17)	50	56	57.5		57.5	1
Raymond Jones	Male	58	VA	88.1	90/198.4	Open	86	89	92	-92.5	92	1
Raymond Jones	Male	58	VA	88.1	90/198.4	Masters (55-59)	86	89	92	-92.5	92	1
Desmond Rend	Male	53	PA	88	90/198.4	Masters (50-54)	60	63	65.5		65.5	1
Joe Cotton	Male	60	VA	97.95	100/220.4	Open	68.5	73	75	-76	75	1
Joe Cotton	Male	60	VA	97.95	100/220.4	Masters (60-64)	68.5	73	75	-76	75	1
William Farrell	Male	80	OK	98.5	100/220.4	Masters (80+)	38	42.5	45.5	-46	45.5	1
Michael R Dalton	Male	50	VA	102.2	110/242.5	Open	72.5	73.5	77.5		77.5	1
Michael R Dalton	Male	50	VA	102.2	110/242.5	Masters (50-54)	72.5	73.5	77.5		77.5	1
Tim Durrett	Male	51	VA	109.5	110/242.5	Masters (50-54)	52.5	57	-59		57	2
Robert H. Dillingham	Male	44	VA	121	125/275.5	Open	-64	70	-77		70	1
Robert H. Dillingham	Male	44	VA	121	125/275.5	Masters (40-44)	-64	70	-77		70	1
Baron Dixon	Male	59	VA	137.5	140/308.6	Open	79.5	-82	-82		79.5	1
Baron Dixon	Male	59	VA	137.5	140/308.6	Masters (55-59)	79.5	-82	-82		79.5	1