



USA WOMEN'S POWERLIFTING RECORDS

Updated by Ed Kutin

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4/15/2025

Weight Class: 44 / 97 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	105.0 kgs / 231.4 lbs Naomi Kutin (NJ) 11/2013	54.4 kgs / 119.9 lbs Ruth Snyder (PA) 1999	113.5 kgs / 250.2 lbs Karen Poyner (VA) 8/2017	257.5 kgs / 567.6 lbs Naomi Kutin (NJ) 11/2013
11 and under	102.5 kgs / 225.9 lbs Naomi Kutin (NJ) 6/2013	43.0 kgs / 94.7 lbs Naomi Kutin (NJ) 6/2013	105.0 kgs / 231.4 lbs Naomi Kutin (NJ) 6/2013	250.5 kgs / 552.2 lbs Naomi Kutin (NJ) 6/2013
12-13	105.0 kgs / 231.4 lbs Naomi Kutin (NJ) 11/2013	45.0 kgs / 99.2 lbs Naomi Kutin (NJ) 11/2013	113.0 kgs / 249.1 lbs Naomi Kutin (NJ) 11/2013	257.5 kgs / 567.6 lbs Naomi Kutin (NJ) 11/2013
14-15	72.5 kgs / 159.8 lbs Ashley Polacek (FL) 3/2024	37.5 kgs / 82.6 lbs Ashley Polacek (FL) 3/2024	95.0 kgs / 209.4 lbs Ashley Polacek (FL) 3/2024	205.0 kgs / 451.9 lbs Ashley Polacek (FL) 3/2024
16-17	92.5 kgs / 203.9 lbs Danielle Tasher (PA) 10/2012	46.0 kgs / 101.4 lbs Ashley Christiansen (NC) 8/2016	112.5 kgs / 248.0 lbs Danielle Tasher (PA) 10/2012	247.5 kgs / 545.6 lbs Danielle Tasher (PA) 10/2012
18-19	42.5 kgs / 93.6 lbs Kennedy Nautel (NY) 6/2024	45.0 kgs / 99.2 lbs Ashley Christiansen (NC) 5/2019	83.5 kgs / 184.0 lbs Ashley Christiansen (NC) 11/2017	160.5 kgs / 353.8 lbs Ashley Christiansen (NC) 6/2017
20-24	72.5 kgs / 159.8 lbs Kibian Vazquez (MD)	52.5 kgs / 115.7 lbs Ashley Christiansen (NC) 11/2020	105.0 kgs / 231.4 lbs Samantha Brickhouse (NC) 11/2014	207.5 kgs / 457.4 lbs Samantha Brickhouse (NC) 10/2015
35-39	70.0 kgs / 154.3 lbs Sumaya Shakir (VA) 5/2015	54.4 kgs / 119.9 lbs Ruth Snyder (PA) 1999	97.5 kgs / 214.9 lbs Dennise Larios (AZ) 6/2016	210.0 kgs / 462.9 lbs Sumaya Shakir (VA) 5/2015
40-44	56.6 kgs / 124.7 lbs Paula Lorenzi (PA) 2003	40.8 kgs / 89.9 lbs Paula Lorenzi (PA) 2003	111.1 kgs / 244.9 lbs Paula Lorenzi (PA) 2003	208.6 kgs / 459.8 lbs Paula Lorenzi (PA) 2003
45-49	30.0 kgs / 66.1 lbs Jeanette Savage (NY) 1/2023	25.0 kgs / 55.1 lbs Jeanette Savage (NY) 1/2023	62.5 kgs / 137.7 lbs Jeanette Savage (NY) 1/2023	117.5 kgs / 259.0 lbs Jeanette Savage (NY) 1/2023
55-59	40.0 kgs / 88.1 lbs Rocky Luedeker (AZ) 6/2014	35.5 kgs / 78.2 lbs Rocky Luedeker (AZ) 6/2014	67.5 kgs / 148.8 lbs Rocky Luedeker (AZ) 8/2014	137.5 kgs / 303.1 lbs Rocky Luedeker (AZ) 8/2014

60-64	75.0 kgs / 165.3 lbs Karen Poyner (VA) 8/2017	54.0 kgs / 119.0 lbs Karen Poyner (VA) 8/2018	113.5 kgs / 250.2 lbs Karen Poyner (VA) 8/2017	237.5 kgs / 523.5 lbs Karen Poyner (VA) 8/2017
75-79	22.6 kgs / 49.8 lbs Susan Bohling (FL) 6/2022	16.7 kgs / 36.8 lbs Susan Bohling (FL) 6/2022	56.6 kgs / 124.7 lbs Susan Bohling (FL) 6/2022	95.9 kgs / 211.4 lbs Susan Bohling (FL) 6/2022
Spec. Oly.	30.0 kgs / 66.1 lbs Jeanette Savage (NY) 1/2023	25.0 kgs / 55.1 lbs Jeanette Savage (NY) 1/2023	62.5 kgs / 137.7 lbs Jeanette Savage (NY) 1/2023	117.5 kgs / 259.0 lbs Jeanette Savage (NY) 1/2023

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	107.5 kgs / 236.9 lbs Naomi Kutin (NJ) 11/2014	61.0 kgs / 134.4 lbs Vanessa Ferla (PA) 10/2016	138.5 kgs / 305.3 lbs Abigail Scudder (CT) 2002	285.0 kgs / 628.3 lbs Keri Davis (VA) 6/2017
11 and under	102.5 kgs / 225.9 lbs Naomi Kutin (NJ) 2012	45.0 kgs / 99.2 lbs Beth-el Algarin (MN) 7/2011	95.0 kgs / 209.4 lbs Naomi Kutin (NJ) 2012	225.5 kgs / 497.1 lbs Naomi Kutin (NJ) 2012
12-13	107.5 kgs / 236.9 lbs Naomi Kutin (NJ) 11/2014	47.5 kgs / 104.7 lbs Naomi Kutin (NJ) 6/2014	120.0 kgs / 264.5 lbs Naomi Kutin (NJ) 11/2014	275.0 kgs / 606.2 lbs Naomi Kutin (NJ) 11/2014
14-15	90.72 kgs / 200.0 lbs Natalie Norcross (FL) 12/2023	42.5 kgs / 93.6 lbs Jessica Smith (NC) 10/2015	111.1 kgs / 244.9 lbs Krystle McKenzie (DC) 12/1999	239.95 kgs / 528.9 lbs Natalie Norcross (FL) 12/2023
16-17	90.0 kgs / 198.4 lbs Danielle Tasher (PA) 3/2012	48.0 kgs / 105.8 lbs Ashley Christiansen (NC) 11/2016	115.0 kgs / 253.5 lbs Danielle Tasher (PA) 3/2012	247.5 kgs / 545.6 lbs Danielle Tasher (PA) 3/2012
18-19	57.5 kgs / 126.7 lbs Jessica Lovitt (NC) 2011	47.5 kgs / 104.7 lbs Laurel Trail (AZ) 2012	105.0 kgs / 231.4 lbs Laurel Trail (AZ) 2012	202.5 kgs / 446.4 lbs Laurel Trail (AZ) 3/2012
20-24	85.0 kgs / 187.3 lbs Amanda Hunsucker (AZ) 4/2016	60.0 kgs / 132.2 lbs Amanda Hunsucker (AZ) 4/2016	127.5 kgs / 281.0 lbs Amanda Hunsucker (AZ) 4/2016	272.5 kgs / 600.7 lbs Amanda Hunsucker (AZ) 4/2016
35-39	82.5 kgs / 181.8 lbs Jill Nezirli (NY) 6/2022	47.5 kgs / 104.7 lbs Jamie Brissey (VA) 4/2014	122.5 kgs / 270.0 lbs Jamie Brissey (VA) 4/2014	237.5 kgs / 523.5 lbs Jamie Brissey (VA) 4/2014
40-44	60.0 kgs / 132.2 lbs Vanessa Talbott (VA) 4/2016	47.5 kgs / 104.7 lbs Vanessa Talbott (VA) 4/2016	97.5 kgs / 214.9 lbs Vanessa Talbott (VA) 4/2016	205.0 kgs / 451.9 lbs Vanessa Talbott (VA) 4/2016
45-49	83.9 kgs / 184.9 lbs Abigail Scudder (CT) 2002	56.6 kgs / 124.7 lbs Karen Poyner (VA) 6/2005	138.5 kgs / 305.3 lbs Abigail Scudder (CT) 2002	267.6 kgs / 589.9 lbs Abigail Scudder (CT) 2002
50-54	86.1 kgs / 189.8 lbs Karen Poyner (VA)	58.9 kgs / 129.8 lbs Karen Poyner (VA)	120.2 kgs / 264.9 lbs Karen Poyner (VA)	265.3 kgs / 584.8 lbs Karen Poyner (VA)
55-59	90.0 kgs / 198.4 lbs Karen Poyner (VA) 6/2011	58.0 kgs / 127.8 lbs Karen Poyner (VA) 2013	122.5 kgs / 270.0 lbs Karen Poyner (VA) 6/2011	270.0 kgs / 595.2 lbs Karen Poyner (VA) 6/2011
60-64	80.5 kgs / 177.4 lbs Karen Poyner (VA) 4/2016	53.5 kgs / 117.9 lbs Karen Poyner (VA) 4/2016	113.5 kgs / 250.2 lbs Kimberly Price (VA) 11/2024	245.0 kgs / 540.1 lbs Karen Poyner (VA) 4/2016
65-69	45.0 kgs / 99.2 lbs Jenny Telles (NM) 11/2014	27.5 kgs / 60.6 lbs Jenny Telles (NM) 11/2014	67.5 kgs / 148.8 lbs Jenny Telles (NM) 11/2014	140.0 kgs / 308.6 lbs Jenny Telles (NM) 11/2014

Police/Fire/Mil	82.5 kgs / 181.8 lbs Elizabeth Zeuschel (NC) 8/2014	42.5 kgs / 93.6 lbs Elizabeth Zeuschel (NC) 8/2014	90.0 kgs / 198.4 lbs Elizabeth Zeuschel (NC) 8/2014	212.5 kgs / 468.4 lbs Elizabeth Zeuschel (NC) 8/2014
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Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	112.5 kgs / 248.0 lbs Naomi Kutin (NJ) 6/2015	76.0 kgs / 167.5 lbs Natasha Beasley (VA) 10/2017	152.5 kgs / 336.2 lbs Donna McBurney (MA) 2008	318.5 kgs / 702.1 lbs Natasha Beasley (VA) 10/2017
11 and under	72.5 kgs / 159.8 lbs Madison Berry (NC) 1/2021	38.0 kgs / 83.7 lbs Mackenzie Taylor (NC) 9/2019	90.0 kgs / 198.4 lbs Mackenzie Taylor (NC) 9/2019	187.5 kgs / 413.3 lbs Sarah Hunt (PA) 2011
12-13	112.5 kgs / 248.0 lbs Naomi Kutin (NJ) 6/2015	60.0 kgs / 132.2 lbs Miranda Chambers (PA) 3/2014	130.0 kgs / 286.5 lbs Miranda Chambers (PA) 3/2014	290.0 kgs / 639.3 lbs Miranda Chambers (PA) 3/2014
14-15	92.5 kgs / 203.9 lbs Samantha Salemno (PA) 6/2015	48.5 kgs / 106.9 lbs Adrienne Zimmerman (PA) 2007	107.5 kgs / 236.9 lbs Natalie Norcross (FL) 11/2023	235.0 kgs / 518.0 lbs Adrienne Zimmerman (PA) 2007
16-17	95.5 kgs / 210.5 lbs Kaylum Mills (NC) 5/2023	55.0 kgs / 121.2 lbs Kaylum Mills (NC) 5/2023	123.0 kgs / 271.1 lbs Kaylum Mills (NC) 5/2023	273.5 kgs / 602.9 lbs Kaylum Mills (NC) 5/2023
18-19	107.5 kgs / 236.9 lbs Kestrel Coon (VT) 12/2010	57.5 kgs / 126.7 lbs Kayla Johnson (NC) 2/2015	140.0 kgs / 308.6 lbs Kestrel Coon (VT) 12/2010	300.5 kgs / 662.4 lbs Kestrel Coon (VT) 12/2010
20-24	107.5 kgs / 236.9 lbs Izaba Paras (VA) 6/2017	60.0 kgs / 132.2 lbs Elizabeth Cameron (AZ) 2012	140.0 kgs / 308.6 lbs Izaba Paras (VA) 6/2017	293.0 kgs / 645.9 lbs Izaba Paras (VA) 6/2017
35-39	102.5 kgs / 225.9 lbs Misty Posey (VA) 2/2015	76.0 kgs / 167.5 lbs Natasha Beasley (VA) 10/2017	150.0 kgs / 330.6 lbs Natasha Beasley (VA) 10/2017	318.5 kgs / 702.1 lbs Natasha Beasley (VA) 10/2017
40-44	92.5 kgs / 203.9 lbs Donna McBurney (MA) 2008	72.5 kgs / 159.8 lbs Donna McBurney (MA) 2008	152.5 kgs / 336.2 lbs Donna McBurney (MA) 2008	317.5 kgs / 699.9 lbs Donna McBurney (MA) 2008
45-49	92.5 kgs / 203.9 lbs Benita Steffan (PA) 4/2013	52.5 kgs / 115.7 lbs Kim Roberts (FL) 6/2018	127.5 kgs / 281.0 lbs Benita Steffan (PA) 4/2013	271.0 kgs / 597.4 lbs Benita Steffan (PA) 4/2013
50-54	90.0 kgs / 198.4 lbs Benita Steffan (PA) 11/2013	47.5 kgs / 104.7 lbs Janet Huntley (PA) 10/2015	110.0 kgs / 242.5 lbs Benita Steffan (PA) 11/2013	240.0 kgs / 529.1 lbs Benita Steffan (PA) 11/2013
55-59	87.5 kgs / 192.9 lbs Ginger Enderson (NC) 8/2014	50.5 kgs / 111.3 lbs Janet Huntley (PA) 10/2021	115.0 kgs / 253.5 lbs Kimberly Price (VA) 11/2020	240.0 kgs / 529.1 lbs Ginger Enderson (NC) 8/2014
60-64	70.0 kgs / 154.3 lbs Janet Huntley (PA) 4/2023	48.5 kgs / 106.9 lbs Janet Huntley (PA) 4/2023	102.5 kgs / 225.9 lbs Janet Huntley (PA) 4/2023	221.0 kgs / 487.2 lbs Janet Huntley (PA) 4/2023
65-69	58.0 kgs / 127.8 lbs Mary Ann Little (PA) 4/2014	36.0 kgs / 79.3 lbs Mary Ann Little (PA) 2013	81.0 kgs / 178.5 lbs Mary Ann Little (PA) 2013	174.0 kgs / 383.6 lbs Mary Ann Little (PA) 4/2014
70-74	61.0 kgs / 134.4 lbs Mary Ann Little (PA) 10/2015	35.0 kgs / 77.1 lbs Mary Ann Little (PA) 11/2014	78.0 kgs / 171.9 lbs Mary Ann Little (PA) 3/2016	169.5 kgs / 373.6 lbs Mary Ann Little (PA) 10/2015

Police/Fire/Mil	102.5 kgs / 225.9 lbs Misty Posey (VA) 2/2015	55.0 kgs / 121.2 lbs Misty Posey (VA) 2/2015	140.0 kgs / 308.6 lbs Misty Posey (VA) 2/2015	297.5 kgs / 655.8 lbs Misty Posey (VA) 2/2015
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Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	132.5 kgs / 292.1 lbs Naomi Kutin (NJ) 6/2016	87.5 kgs / 192.9 lbs Jonalyn Barcarse (VA) 6/2021	192.5 kgs / 424.3 lbs Melissa Barber (MD) 5/2016	387.5 kgs / 854.2 lbs Jonalyn Barcarse (VA) 6/2021
11 and under	82.5 kgs / 181.8 lbs Beth-el Algarin (MN) 6/2012	57.5 kgs / 126.7 lbs Beth-el Algarin (MN) 6/2012	100.0 kgs / 220.4 lbs Beth-el Algarin (MN) 6/2012	240.0 kgs / 529.1 lbs Beth-el Algarin (MN) 6/2012
12-13	80.0 kgs / 176.3 lbs Mackenzie Taylor (NC) 8/2020	48.5 kgs / 106.9 lbs Mackenzie Taylor (NC) 8/2020	114.0 kgs / 251.3 lbs Mackenzie Taylor (NC) 8/2020	230.0 kgs / 507.0 lbs Mackenzie Taylor (NC) 8/2020
14-15	132.5 kgs / 292.1 lbs Naomi Kutin (NJ) 6/2016	70.0 kgs / 154.3 lbs Miranda Chambers (PA) 11/2014	147.5 kgs / 325.1 lbs Naomi Kutin (NJ) 6/2016	332.5 kgs / 733.0 lbs Naomi Kutin (NJ) 6/2016
16-17	120.0 kgs / 264.5 lbs Miranda Chambers (PA) 6/2016	85.0 kgs / 187.3 lbs Miranda Chambers (PA) 10/2016	155.0 kgs / 341.7 lbs Miranda Chambers (PA) 10/2016	355.0 kgs / 782.6 lbs Miranda Chambers (PA) 10/2016
18-19	104.3 kgs / 229.9 lbs Leslie Kutner (FL) 2008	70.3 kgs / 154.9 lbs Leslie Kutner (FL) 2008	135.0 kgs / 297.6 lbs Kendra Green (VA) 7/2018	290.3 kgs / 639.9 lbs Leslie Kutner (FL) 2008
20-24	130.0 kgs / 286.5 lbs Cara Tortoriello (PA) 7/2017	87.5 kgs / 192.9 lbs Jonalyn Barcarse (VA) 6/2021	170.0 kgs / 374.7 lbs Jonalyn Barcarse (VA) 6/2021	387.5 kgs / 854.2 lbs Jonalyn Barcarse (VA) 6/2021
35-39	120.2 kgs / 264.9 lbs Lori Snyder (PA) 2005	80.5 kgs / 177.4 lbs Natasha Beasley (VA) 6/2018	170.0 kgs / 374.7 lbs Lori Snyder (PA) 2005	345.5 kgs / 761.6 lbs Natasha Beasley (VA) 6/2018
40-44	115.0 kgs / 253.5 lbs Melissa Klein (IL) 2013	67.5 kgs / 148.8 lbs Melissa Klein (IL) 2013	158.0 kgs / 348.3 lbs Suzanne Davis (AZ) 3/2014	325.5 kgs / 717.5 lbs Suzanne Davis (AZ) 3/2014
45-49	120.0 kgs / 264.5 lbs Catarina Aldi (PA) 4/2025	80.0 kgs / 176.3 lbs Kelly Moore (WI) 2009	157.5 kgs / 347.2 lbs Kelly Moore (WI) 2009	327.5 kgs / 722.0 lbs Kelly Moore (WI) 2009
50-54	100.0 kgs / 220.4 lbs Maxine Ferris (NC) 2/2018	72.5 kgs / 159.8 lbs Diane Brill (NV) 10/2012	130.0 kgs / 286.5 lbs Maxine Ferris (NC) 2/2018	291.0 kgs / 641.5 lbs Maxine Ferris (NC) 2/2018
55-59	87.5 kgs / 192.9 lbs Lori McMahan (PA) 12/2022	74.8 kgs / 164.9 lbs Lisa Hoyt (WA) 6/2022	120.0 kgs / 264.5 lbs Susan Drach (VA) 4/2014	274.3 kgs / 604.7 lbs Lisa Hoyt (WA) 6/2022
60-64	92.5 kgs / 203.9 lbs Patty Failla (NE) 12/2016	60.5 kgs / 133.3 lbs Susan Drach (VA) 4/2019	126.5 kgs / 278.8 lbs Susan Drach (VA) 4/2019	267.5 kgs / 589.7 lbs Patty Failla (NE) 12/2016
65-69	70.0 kgs / 154.3 lbs Lori Christ (NM) 3/2025	42.5 kgs / 93.6 lbs Trish Kirkland (FL) 6/2019	110.0 kgs / 242.5 lbs Lori Christ (NM) 3/2025	220.0 kgs / 485.0 lbs Lori Christ (NM) 3/2025
70-74	77.5 kgs / 170.8 lbs Marcia Anderson (VA) 11/2022	41.0 kgs / 90.3 lbs Marcia Anderson (VA) 7/2021	103.0 kgs / 227.0 lbs Marcia Anderson (VA) 11/2022	220.5 kgs / 486.1 lbs Marcia Anderson (VA) 11/2022

75-79	27.2 kgs / 59.9 lbs Dorothy Johnson (PA) 2008	18.1 kgs / 39.9 lbs Dorothy Johnson (PA) 3/2008	72.5 kgs / 159.8 lbs Dorothy Johnson (PA) 3/2008	113.3 kgs / 249.7 lbs Dorothy Johnson (PA) 2008
Police/Fire/Mil	120.0 kgs / 264.5 lbs Misty Posey (VA) 10/2015	60.0 kgs / 132.2 lbs Yvonne Young (VA) 8/2012	142.5 kgs / 314.1 lbs Misty Posey (VA) 10/2015	315.0 kgs / 694.4 lbs Misty Posey (VA) 10/2015

Weight Class: 60 / 132 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	140.0 kgs / 308.6 lbs Lisa Suda (VA) 6/2016	85.5 kgs / 188.4 lbs Natasha Beasley (VA) 6/2019	180.0 kgs / 396.8 lbs Natasha Beasley (VA) 3/2020	385.0 kgs / 848.7 lbs Andrea White (NY) 6/2014
11 and under	95.0 kgs / 209.4 lbs Madison Berry (NC) 11/2021	48.5 kgs / 106.9 lbs Madison Berry (NC) 10/2021	106.0 kgs / 233.6 lbs Madison Berry (NC) 11/2021	245.5 kgs / 541.2 lbs Madison Berry (NC) 11/2021
12-13	90.0 kgs / 198.4 lbs Leann Piekut (PA) 3/2016	65.0 kgs / 143.2 lbs Beth-el Algarin (MN) 10/2012	127.5 kgs / 281.0 lbs Mackenzie Taylor (NC) 1/2021	260.5 kgs / 574.2 lbs Mackenzie Taylor (NC) 1/2021
14-15	120.0 kgs / 264.5 lbs Nena Pfeffer (PA) 3/2025	70.0 kgs / 154.3 lbs Nena Pfeffer (PA) 3/2025	145.0 kgs / 319.6 lbs Madison Hendricks (PA) 3/2014	305.0 kgs / 672.4 lbs Nena Pfeffer (PA) 3/2025
16-17	117.5 kgs / 259.0 lbs Shannon Faircloth (VA) 6/2023	65.7 kgs / 144.8 lbs Tausha Oxer (VA) 2/2000	153.5 kgs / 338.4 lbs Sammantha Perrine (PA) 10/2012	306.0 kgs / 674.6 lbs Sammantha Perrine (PA) 10/2012
18-19	111.5 kgs / 245.8 lbs Krystal Stanczyk (PA) 11/2014	62.5 kgs / 137.7 lbs Krystal Stanczyk (PA) 4/2014	143.0 kgs / 315.2 lbs Danielle Carr (NE) 12/2016	312.5 kgs / 688.9 lbs Krystal Stanczyk (PA) 11/2014
20-24	132.5 kgs / 292.1 lbs Lauren Conrad (PA) 4/2019	77.5 kgs / 170.8 lbs Rebekah Rendino (NJ) 1/2023	155.5 kgs / 342.8 lbs Lauren Conrad (PA) 4/2019	353.0 kgs / 778.2 lbs Lauren Conrad (PA) 4/2019
35-39	125.0 kgs / 275.5 lbs Andrea White (NY) 6/2014	85.5 kgs / 188.4 lbs Natasha Beasley (VA) 6/2019	180.0 kgs / 396.8 lbs Natasha Beasley (VA) 3/2020	385.0 kgs / 848.7 lbs Andrea White (NY) 6/2014
40-44	135.0 kgs / 297.6 lbs Jennifer Minella (NC) 11/2020	77.5 kgs / 170.8 lbs Jennifer Minella (NC) 11/2020	142.5 kgs / 314.1 lbs Jennifer Higgins (AZ) 6/2012	352.5 kgs / 777.1 lbs Jennifer Minella (NC) 11/2020
45-49	115.0 kgs / 253.5 lbs Laura Clancy (VA) 6/2015	66.5 kgs / 146.6 lbs Laura Clancy (VA) 2013	130.0 kgs / 286.5 lbs Rhonda Jones (NM) 3/2014	302.5 kgs / 666.8 lbs Laura Clancy (VA) 6/2014
50-54	124.7 kgs / 274.9 lbs Ellen Stein (NY) 12/2007	77.5 kgs / 170.8 lbs Patti McKee (AZ) 5/2015	151.9 kgs / 334.8 lbs Ellen Stein (NY) 12/2007	340.1 kgs / 749.7 lbs Ellen Stein (NY) 12/2007
55-59	92.5 kgs / 203.9 lbs Annemarie Kemmerer (PA) 6/2013	60.0 kgs / 132.2 lbs Annemarie Kemmerer (PA) 6/2013	135.0 kgs / 297.6 lbs Annemarie Kemmerer (PA) 6/2013	287.5 kgs / 633.8 lbs Annemarie Kemmerer (PA) 6/2013
60-64	87.0 kgs / 191.8 lbs Annemarie Kemmerer (PA) 3/2014	60.0 kgs / 132.2 lbs Annemarie Kemmerer (PA) 3/2014	117.0 kgs / 257.9 lbs Annemarie Kemmerer (PA) 3/2014	265.0 kgs / 584.2 lbs Annemarie Kemmerer (PA) 3/2014
65-69	65.0 kgs / 143.2 lbs Linda Leightley (VA) 6/2014	37.5 kgs / 82.6 lbs Linda Leightley (VA) 6/2014	112.5 kgs / 248.0 lbs Linda Leightley (VA) 6/2014	215.0 kgs / 473.9 lbs Linda Leightley (VA) 6/2014

70-74	76.0 kgs / 167.5 lbs Linda Leightley (VA) 11/2019	45.5 kgs / 100.3 lbs Linda Leightley (VA) 3/2019	125.0 kgs / 275.5 lbs Linda Leightley (VA) 11/2019	243.5 kgs / 536.8 lbs Linda Leightley (VA) 11/2019
75-79	70.0 kgs / 154.3 lbs Linda Leightley (VA) 10/2021	45.0 kgs / 99.2 lbs Linda Leightley (VA) 3/2020	125.0 kgs / 275.5 lbs Linda Leightley (VA) 10/2021	240.0 kgs / 529.1 lbs Linda Leightley (VA) 10/2021
80+	52.5 kgs / 115.7 lbs Linda Leightley (VA) 2/2025	35.5 kgs / 78.2 lbs Linda Leightley (VA) 2/2025	95.5 kgs / 210.5 lbs Linda Leightley (VA) 2/2025	183.5 kgs / 404.5 lbs Linda Leightley (VA) 2/2025
Police/Fire/Mil	102.5 kgs / 225.9 lbs Kristi Juneau (NH) 6/2017	54.4 kgs / 119.9 lbs Gina Shubeta (OH)	122.5 kgs / 270.0 lbs Kristi Juneau (NH) 6/2017	270.0 kgs / 595.2 lbs Kristi Juneau (NH) 6/2017

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	155.5 kgs / 342.8 lbs Naomi Kutin (NJ) 1/2022	97.5 kgs / 214.9 lbs Andrea White (NY) 11/2014	200.0 kgs / 440.9 lbs Tricia Floyd (VA) 3/2018	412.5 kgs / 909.3 lbs Andrea White (NY) 11/2014
11 and under	115.0 kgs / 253.5 lbs Madison Berry (NC) 5/2023	67.5 kgs / 148.8 lbs Madison Berry (NC) 5/2023	130.0 kgs / 286.5 lbs Madison Berry (NC) 5/2023	312.5 kgs / 688.9 lbs Madison Berry (NC) 5/2023
12-13	110.0 kgs / 242.5 lbs Mackenzie Taylor (NC) 5/2021	63.5 kgs / 139.9 lbs Mackenzie Taylor (NC) 5/2021	138.0 kgs / 304.2 lbs Mackenzie Taylor (NC) 5/2021	305.5 kgs / 673.5 lbs Mackenzie Taylor (NC) 5/2021
14-15	129.8 kgs / 286.1 lbs Ashley Buck (PA) 2004	70.3 kgs / 154.9 lbs Angie Miller (PA) 2003	150.0 kgs / 330.6 lbs Lindsey Brill (NV) 10/2012	337.9 kgs / 744.9 lbs Ashley Buck (PA) 2004
16-17	145.0 kgs / 319.6 lbs Naomi Kutin (NJ) 6/2019	79.4 kgs / 175.0 lbs Angie Miller (PA) 2004	175.0 kgs / 385.8 lbs Courtney Young (NE) 3/2017	360.0 kgs / 793.6 lbs Naomi Kutin (NJ) 10/2018
18-19	147.5 kgs / 325.1 lbs Naomi Kutin (NJ) 6/2021	72.5 kgs / 159.8 lbs Sarah Dolson (DC) 9/2001	172.5 kgs / 380.2 lbs Naomi Kutin (NJ) 6/2021	377.5 kgs / 832.2 lbs Naomi Kutin (NJ) 6/2021
20-24	155.5 kgs / 342.8 lbs Naomi Kutin (NJ) 1/2022	85.0 kgs / 187.3 lbs Tara Steadman (AZ) 10/2010	183.0 kgs / 403.4 lbs Naomi Kutin (NJ) 11/2022	398.0 kgs / 877.4 lbs Naomi Kutin (NJ) 1/2022
35-39	137.5 kgs / 303.1 lbs Rosa Rodriguez (MD) 8/2019	97.5 kgs / 214.9 lbs Andrea White (NY) 11/2014	200.0 kgs / 440.9 lbs Tricia Floyd (VA) 3/2018	412.5 kgs / 909.3 lbs Andrea White (NY) 11/2014
40-44	130.0 kgs / 286.5 lbs Victoria Tasher (PA) 10/2013	82.5 kgs / 181.8 lbs Natasha Beasley (VA) 11/2024	172.5 kgs / 380.2 lbs Natasha Beasley (VA) 11/2024	370.0 kgs / 815.7 lbs Natasha Beasley (VA) 11/2024
45-49	130.0 kgs / 286.5 lbs Laura Clancy (VA) 2012	73.5 kgs / 162.0 lbs Mary Ann Wieckowski (PA) 6/2012	148.0 kgs / 326.2 lbs Lori Bailey (NC) 8/2018	327.5 kgs / 722.0 lbs Lori Bailey (NC) 6/2018
50-54	132.5 kgs / 292.1 lbs Suzanne LaForge (MA) 11/2014	72.5 kgs / 159.8 lbs Suzanne LaForge (MA) 11/2014	167.5 kgs / 369.2 lbs Suzanne LaForge (MA) 11/2014	372.5 kgs / 821.2 lbs Suzanne LaForge (MA) 11/2014
55-59	110.0 kgs / 242.5 lbs Suzanne LaForge (FL) 10/2019	65.7 kgs / 144.8 lbs Cynthia Hochstetler (IL) 2010	145.0 kgs / 319.6 lbs Suzanne LaForge (FL) 10/2019	317.5 kgs / 699.9 lbs Suzanne LaForge (FL) 10/2019

60-64	117.9 kgs / 259.9 lbs Suzanne LaForge (FL) 6/2022	65.7 kgs / 144.8 lbs Suzanne LaForge (FL) 6/2022	151.9 kgs / 334.8 lbs Suzanne LaForge (FL) 6/2022	335.5 kgs / 739.6 lbs Suzanne LaForge (FL) 6/2022
65-69	40.8 kgs / 89.9 lbs Dottie Mikoloski (MD) 9/2001	40.8 kgs / 89.9 lbs Dottie Mikoloski (MD) 9/2001	95.2 kgs / 209.8 lbs Dottie Mikoloski (MD) 9/2001	176.9 kgs / 389.9 lbs Dottie Mikoloski (MD) 9/2001
70-74	47.5 kgs / 104.7 lbs Tonnie Alliance (OH) 10/2016	45.5 kgs / 100.3 lbs Tonnie Alliance (OH) 10/2016	122.5 kgs / 270.0 lbs Tonnie Alliance (OH) 4/2016	212.5 kgs / 468.4 lbs Tonnie Alliance (OH) 10/2016
75-79	57.5 kgs / 126.7 lbs Janet Reynolds (FL) 7/2021	47.5 kgs / 104.7 lbs Janet Reynolds (FL) 7/2021	90.0 kgs / 198.4 lbs Janet Reynolds (FL) 7/2021	195.0 kgs / 429.8 lbs Janet Reynolds (FL) 7/2021
80+	56.6 kgs / 124.7 lbs Janet Reynolds (FL) 6/2022	41.7 kgs / 91.9 lbs Janet Reynolds (FL) 6/2022	87.5 kgs / 192.9 lbs Bonnie Thurston (FL) 7/2021	162.5 kgs / 358.2 lbs Bonnie Thurston (FL) 7/2021
Police/Fire/Mil	120.0 kgs / 264.5 lbs Callie Kessler (VA) 10/2015	67.5 kgs / 148.8 lbs Deeanna Burnah (MD) 6/2016	135.0 kgs / 297.6 lbs Kayla Irwin (PA) 10/2016	310.0 kgs / 683.4 lbs Kayla Irwin (PA) 10/2016

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	177.5 kgs / 391.3 lbs Miki Cestnik (MT) 2/2016	102.5 kgs / 225.9 lbs Tierra Tucker (MD) 3/2020	200.0 kgs / 440.9 lbs Miki Cestnik (MT) 2/2016	465.0 kgs / 1025.1 lbs Miki Cestnik (MT) 2/2016
11 and under	130.0 kgs / 286.5 lbs Madison Berry (NC) 11/2023	73.0 kgs / 160.9 lbs Madison Berry (NC) 11/2023	140.0 kgs / 308.6 lbs Madison Berry (NC) 11/2023	343.0 kgs / 756.1 lbs Madison Berry (NC) 11/2023
12-13	123.0 kgs / 271.1 lbs Mackenzie Taylor (NC) 11/2021	67.5 kgs / 148.8 lbs Mackenzie Taylor (NC) 10/2021	141.0 kgs / 310.8 lbs Mackenzie Taylor (NC) 10/2021	326.0 kgs / 718.6 lbs Mackenzie Taylor (NC) 10/2021
14-15	160.0 kgs / 352.7 lbs Mackenzie Taylor (NC) 5/2023	90.0 kgs / 198.4 lbs Mackenzie Taylor (NC) 5/2023	173.0 kgs / 381.3 lbs Mackenzie Taylor (NC) 5/2023	423.0 kgs / 932.5 lbs Mackenzie Taylor (NC) 5/2023
16-17	117.9 kgs / 259.9 lbs Ashley Buck (PA) 2005	74.8 kgs / 164.9 lbs Ashley Buck (PA) 2005	146.5 kgs / 322.9 lbs Hanna Holden (NC) 6/2016	317.5 kgs / 699.9 lbs Kelly Miller (USA)
18-19	147.5 kgs / 325.1 lbs Jamie Augustine (PA) 11/2022	80.0 kgs / 176.3 lbs Jamie Augustine (PA) 11/2022	160.0 kgs / 352.7 lbs Jamie Augustine (PA) 11/2022	387.5 kgs / 854.2 lbs Jamie Augustine (PA) 11/2022
20-24	155.0 kgs / 341.7 lbs Aubrey Mester-Webb (VA) 10/2015	85.0 kgs / 187.3 lbs Andrea Marsh (NY) 9/2015	182.5 kgs / 402.3 lbs Aubrey Mester-Webb (VA) 10/2015	415.0 kgs / 914.9 lbs Aubrey Mester-Webb (VA) 10/2015
35-39	137.5 kgs / 303.1 lbs Erlinda Gomez (TX) 6/2014	82.5 kgs / 181.8 lbs Erlinda Gomez (TX) 6/2014	195.0 kgs / 429.8 lbs Tricia Floyd (VA) 3/2019	377.5 kgs / 832.2 lbs Tricia Floyd (VA) 3/2019
40-44	162.5 kgs / 358.2 lbs Erlinda Gomez (TX) 5/2015	100.0 kgs / 220.4 lbs Alexis Kajencki (MD) 11/2023	175.0 kgs / 385.8 lbs Alexis Kajencki (MD) 11/2023	430.0 kgs / 947.9 lbs Alexis Kajencki (MD) 11/2023
45-49	112.5 kgs / 248.0 lbs Sharon Schwartz (PA) 2013	76.0 kgs / 167.5 lbs Mary Ann Wieckowski (PA) 6/2013	155.0 kgs / 341.7 lbs Ruth Douglas (PA)	325.0 kgs / 716.4 lbs Ruth Douglas (PA)

50-54	115.0 kgs / 253.5 lbs Megan Martin (NE) 6/2017	97.5 kgs / 214.9 lbs Joan Gardner (VT) 12/2006	157.5 kgs / 347.2 lbs Megan Martin (NE) 6/2017	330.0 kgs / 727.5 lbs Megan Martin (NE) 6/2017
55-59	99.7 kgs / 219.7 lbs Cynthia Hochstetler (IL) 9/2011	72.5 kgs / 159.8 lbs Cynthia Hochstetler (IL) 9/2011	136.0 kgs / 299.8 lbs Cynthia Hochstetler (IL) 9/2011	308.4 kgs / 679.8 lbs Cynthia Hochstetler (IL) 9/2011
60-64	100.0 kgs / 220.4 lbs Despina Belle-Isle (VA) 3/2019	60.0 kgs / 132.2 lbs Geneva Koutas (VA) 6/2013	130.0 kgs / 286.5 lbs Despina Belle-Isle (VA) 3/2019	282.5 kgs / 622.7 lbs Despina Belle-Isle (VA) 3/2019
65-69	110.0 kgs / 242.5 lbs Nancy Breen (VA) 5/2024	65.5 kgs / 144.4 lbs Nancy Breen (VA) 10/2024	125.0 kgs / 275.5 lbs Nancy Breen (VA) 10/2024	300.5 kgs / 662.4 lbs Nancy Breen (VA) 10/2024
70-74	67.5 kgs / 148.8 lbs Linda Odum (VA) 4/2019	35.0 kgs / 77.1 lbs Linda Odum (VA) 7/2018	112.5 kgs / 248.0 lbs Linda Odum (VA) 4/2019	212.5 kgs / 468.4 lbs Linda Odum (VA) 4/2019
Police/Fire/Mil	137.5 kgs / 303.1 lbs Nichola Diaz (VA) 8/2014	82.5 kgs / 181.8 lbs Nichola Diaz (VA) 8/2014	160.0 kgs / 352.7 lbs Nichola Diaz (VA) 8/2014	380.0 kgs / 837.7 lbs Nichola Diaz (VA) 8/2014

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	167.5 kgs / 369.2 lbs Mackenzie Taylor (NC) 11/2023	115.0 kgs / 253.5 lbs Allison White (VA) 5/2019	205.0 kgs / 451.9 lbs Carlita Farmer (NC) 10/2016	462.5 kgs / 1019.6 lbs Carlita Farmer (NC) 10/2016
11 and under	136.5 kgs / 300.9 lbs Madison Berry (NC) 3/2024	75.0 kgs / 165.3 lbs Madison Berry (NC) 3/2024	140.0 kgs / 308.6 lbs Madison Berry (NC) 3/2024	351.5 kgs / 774.9 lbs Madison Berry (NC) 3/2024
12-13	137.5 kgs / 303.1 lbs Madison Berry (NC) 8/2024	82.0 kgs / 180.7 lbs Madison Berry (NC) 8/2024	147.5 kgs / 325.1 lbs Madison Berry (NC) 8/2024	360.0 kgs / 793.6 lbs Madison Berry (NC) 8/2024
14-15	167.5 kgs / 369.2 lbs Mackenzie Taylor (NC) 11/2023	93.4 kgs / 205.9 lbs Mackenzie Taylor (NC) 6/2023	180.0 kgs / 396.8 lbs Mackenzie Taylor (NC) 11/2023	440.0 kgs / 970.0 lbs Mackenzie Taylor (NC) 11/2023
16-17	163.0 kgs / 359.3 lbs Mackenzie Taylor (NC) 3/2024	95.0 kgs / 209.4 lbs Mackenzie Taylor (NC) 11/2024	170.0 kgs / 374.7 lbs Mackenzie Taylor (NC) 2/2024	420.0 kgs / 925.9 lbs Mackenzie Taylor (NC) 2/2024
18-19	125.0 kgs / 275.5 lbs Alana Amantine (PA) 8/2019	70.0 kgs / 154.3 lbs Alana Amantine (PA) 8/2019	160.0 kgs / 352.7 lbs Alana Amantine (PA) 8/2019	355.0 kgs / 782.6 lbs Alana Amantine (PA) 8/2019
20-24	165.5 kgs / 364.8 lbs Carlita Farmer (NC) 10/2016	95.0 kgs / 209.4 lbs Carlita Farmer (NC) 10/2016	205.0 kgs / 451.9 lbs Carlita Farmer (NC) 10/2016	462.5 kgs / 1019.6 lbs Carlita Farmer (NC) 10/2016
35-39	147.5 kgs / 325.1 lbs Allison White (VA) 5/2019	115.0 kgs / 253.5 lbs Allison White (VA) 5/2019	197.5 kgs / 435.4 lbs Allison White (VA) 5/2019	455.0 kgs / 1003.0 lbs Allison White (VA) 5/2019
40-44	140.6 kgs / 309.9 lbs Kari Saban (FL)	97.5 kgs / 214.9 lbs Kari Saban (FL)	181.4 kgs / 399.9 lbs Kari Saban (FL)	419.5 kgs / 924.8 lbs Kari Saban (FL)
45-49	125.0 kgs / 275.5 lbs Karen Zamostny (MD) 9/2017	77.1 kgs / 169.9 lbs Michelle Omokaiye (NC) 2005	150.0 kgs / 330.6 lbs Chris Redmond (PA) 4/2019	335.0 kgs / 738.5 lbs Karen Zamostny (MD) 9/2017

50-54	120.0 kgs / 264.5 lbs Laura Reagle (AZ) 6/2014	80.0 kgs / 176.3 lbs Mary Ann Wieckowski (PA) 11/2014	142.5 kgs / 314.1 lbs Laura Reagle (AZ) 6/2014	320.0 kgs / 705.4 lbs Mary Ann Wieckowski (PA) 6/2014
55-59	93.0 kgs / 205.0 lbs Kim Doutt (PA) 10/2016	75.0 kgs / 165.3 lbs Linda Lee (VA) 6/2019	150.0 kgs / 330.6 lbs Linda Lee (VA) 8/2019	310.0 kgs / 683.4 lbs Linda Lee (VA) 8/2019
60-64	95.0 kgs / 209.4 lbs Gloria Knight-McNeil (NC) 10/2023	82.5 kgs / 181.8 lbs Gloria Knight-McNeil (NC) 10/2023	115.0 kgs / 253.5 lbs Nancy Breen (VA) 10/2023	285.0 kgs / 628.3 lbs Gloria Knight-McNeil (NC) 10/2023
65-69	107.5 kgs / 236.9 lbs Nancy Breen (VA) 4/2025	65.0 kgs / 143.2 lbs Nancy Breen (VA) 4/2025	127.5 kgs / 281.0 lbs Sonya Jones (VA) 4/2025	292.5 kgs / 644.8 lbs Nancy Breen (VA) 4/2025
70-74	130.5 kgs / 287.7 lbs Linda Arvey (PA) 4/2023	75.0 kgs / 165.3 lbs Linda Arvey (PA) 4/2024	158.0 kgs / 348.3 lbs Linda Arvey (PA) 4/2024	363.5 kgs / 801.3 lbs Linda Arvey (PA) 4/2024
Police/Fire/Mil	135.0 kgs / 297.6 lbs Jade Massey (NE) 6/2017	80.0 kgs / 176.3 lbs Franky Moore (NC) 5/2015	162.5 kgs / 358.2 lbs Franky Moore (NC) 5/2015	352.5 kgs / 777.1 lbs Franky Moore (NC) 5/2015
Spec. Oly.	70.0 kgs / 154.3 lbs Joni Talavera (PA) 6/2015	50.0 kgs / 110.2 lbs Joni Talavera (PA) 6/2015	100.0 kgs / 220.4 lbs Joni Talavera (PA) 6/2015	220.0 kgs / 485.0 lbs Joni Talavera (PA) 6/2015
Handicapped	107.5 kgs / 236.9 lbs Alexis Rowley (PA) 4/2023	67.5 kgs / 148.8 lbs Alexis Rowley (PA) 4/2023	125.0 kgs / 275.5 lbs Alexis Rowley (PA) 4/2023	300.0 kgs / 661.3 lbs Alexis Rowley (PA) 4/2023

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	185.0 kgs / 407.8 lbs Ogechi Akalegbere (MD) 8/2017	113.3 kgs / 249.7 lbs Shannon Summers (SC) 2/2000	200.0 kgs / 440.9 lbs Aria DeSimini (VA) 7/2018	487.5 kgs / 1074.7 lbs Ogechi Akalegbere (MD) 8/2017
11 and under	85.0 kgs / 187.3 lbs Olivia Stedman (NC) 2/2023	52.5 kgs / 115.7 lbs Olivia Stedman (NC) 2/2023	101.0 kgs / 222.6 lbs Olivia Stedman (NC) 2/2023	225.5 kgs / 497.1 lbs Olivia Stedman (NC) 2/2023
12-13	142.5 kgs / 314.1 lbs Madison Berry (NC) 10/2024	87.5 kgs / 192.9 lbs Madison Berry (NC) 11/2024	145.0 kgs / 319.6 lbs Madison Berry (NC) 11/2024	375.0 kgs / 826.7 lbs Madison Berry (NC) 11/2024
14-15	167.8 kgs / 369.9 lbs Shannon Summers (SC) 2/2000	113.3 kgs / 249.7 lbs Shannon Summers (SC) 2/2000	163.2 kgs / 359.7 lbs Shannon Summers (SC) 2/2000	444.5 kgs / 979.9 lbs Shannon Summers (SC) 2/2000
16-17	172.5 kgs / 380.2 lbs Mackenzie Taylor (NC) 3/2025	105.0 kgs / 231.4 lbs Mackenzie Taylor (NC) 3/2025	190.0 kgs / 418.8 lbs Mackenzie Taylor (NC) 3/2025	455.0 kgs / 1003.0 lbs Mackenzie Taylor (NC) 3/2025
18-19	175.0 kgs / 385.8 lbs Lizzy Welch (KS) 11/2024	75.0 kgs / 165.3 lbs Lizzy Welch (KS) 11/2024	150.0 kgs / 330.6 lbs Ashley Lindsey (NC) 8/2022	392.5 kgs / 865.3 lbs Lizzy Welch (KS) 11/2024
20-24	167.5 kgs / 369.2 lbs Aria DeSimini (VA) 7/2018	97.5 kgs / 214.9 lbs Aria DeSimini (VA) 7/2018	200.0 kgs / 440.9 lbs Aria DeSimini (VA) 7/2018	465.0 kgs / 1025.1 lbs Aria DeSimini (VA) 7/2018
35-39	145.0 kgs / 319.6 lbs Rebecca Tucker (NY) 6/2018	102.5 kgs / 225.9 lbs Martina Burton (MD) 3/2020	197.5 kgs / 435.4 lbs Martina Burton (MD) 3/2020	420.0 kgs / 925.9 lbs Martina Burton (MD) 3/2020

40-44	172.3 kgs / 379.8 lbs LaRiena Ferguson (FL) 6/2022	99.7 kgs / 219.7 lbs Kari Saban (FL) 8/2006	183.7 kgs / 404.9 lbs Kari Saban (FL) 8/2006	435.4 kgs / 959.8 lbs Kari Saban (FL) 8/2006
45-49	122.5 kgs / 270.0 lbs Cindy Stritzinger (PA) 4/2021	73.0 kgs / 160.9 lbs Charlotte Baker (VA) 4/2018	167.5 kgs / 369.2 lbs Charlotte Baker (VA) 4/2018	355.5 kgs / 783.7 lbs Charlotte Baker (VA) 4/2018
50-54	107.5 kgs / 236.9 lbs Lisa Klaus (IL) 6/2024	80.0 kgs / 176.3 lbs Lisa Klaus (IL) 6/2024	152.5 kgs / 336.2 lbs Lisa Klaus (IL) 6/2024	337.5 kgs / 744.0 lbs Lisa Klaus (IL) 6/2024
55-59	120.0 kgs / 264.5 lbs Kathleen Carpenter (VA) 7/2018	70.0 kgs / 154.3 lbs Kathleen Carpenter (VA) 7/2018	140.0 kgs / 308.6 lbs Joenell Frantz (VA) 3/2019	315.0 kgs / 694.4 lbs Kathleen Carpenter (VA) 7/2018
60-64	100.0 kgs / 220.4 lbs Gloria Knight-McNeil (NC) 11/2023	83.0 kgs / 182.9 lbs Gloria Knight-McNeil (NC) 11/2023	145.5 kgs / 320.7 lbs Hyacinth Joseph (NC) 4/2018	303.0 kgs / 667.9 lbs Gloria Knight-McNeil (NC) 11/2023
65-69	68.0 kgs / 149.9 lbs Karen Hansen (VA) 6/2017	53.0 kgs / 116.8 lbs Karen Hansen (VA) 6/2017	132.5 kgs / 292.1 lbs Karen Hansen (VA) 9/2015	246.0 kgs / 542.3 lbs Karen Hansen (VA) 6/2017
70-74	82.5 kgs / 181.8 lbs Karen Hansen (VA) 3/2019	57.5 kgs / 126.7 lbs Karen Hansen (VA) 10/2018	126.0 kgs / 277.7 lbs Karen Hansen (VA) 6/2018	257.5 kgs / 567.6 lbs Karen Hansen (VA) 3/2019
Police/Fire/Mil	112.5 kgs / 248.0 lbs Tomi Dement (VA) 2/2024	82.5 kgs / 181.8 lbs Hyacinth Joseph (NC) 11/2017	162.5 kgs / 358.2 lbs Tomi Dement (VA) 11/2024	350.0 kgs / 771.6 lbs Tomi Dement (VA) 11/2024
Spec. Oly.	85.0 kgs / 187.3 lbs Joni Talavera (PA) 6/2016	52.5 kgs / 115.7 lbs Joni Talavera (PA) 6/2016	102.5 kgs / 225.9 lbs Joni Talavera (PA) 6/2016	240.0 kgs / 529.1 lbs Joni Talavera (PA) 6/2016
Handicapped	97.5 kgs / 214.9 lbs Alexis Rowley (PA) 12/2023	70.0 kgs / 154.3 lbs Alexis Rowley (PA) 12/2023	127.5 kgs / 281.0 lbs Alexis Rowley (PA) 12/2023	295.0 kgs / 650.3 lbs Alexis Rowley (PA) 12/2023

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	205.0 kgs / 451.9 lbs Emily Wingo (VA) 10/2017	125.5 kgs / 276.6 lbs Lisa Quevedo (CA) 10/2013	226.86 kgs / 500.1 lbs Anna Stamets (FL) 3/2023	505.90000000000003 kgs / 1115.3 lbs Anna Stamets (FL) 3/2023
11 and under	87.5 kgs / 192.9 lbs Olivia Stedman (NC) 5/2023	57.5 kgs / 126.7 lbs Olivia Stedman (NC) 5/2023	107.5 kgs / 236.9 lbs Olivia Stedman (NC) 5/2023	252.5 kgs / 556.6 lbs Olivia Stedman (NC) 5/2023
12-13	155.0 kgs / 341.7 lbs Madison Berry (NC) 2/2025	90.0 kgs / 198.4 lbs Madison Berry (NC) 2/2025	147.5 kgs / 325.1 lbs Madison Berry (NC) 2/2025	385.0 kgs / 848.7 lbs Madison Berry (NC) 2/2025
14-15	160.0 kgs / 352.7 lbs Samantha Davis (OH) 4/2021	104.3 kgs / 229.9 lbs Shannon Summers (SC) 12/1998	172.5 kgs / 380.2 lbs Samantha Davis (OH) 4/2021	432.5 kgs / 953.4 lbs Samantha Davis (OH) 4/2021
16-17	181.4 kgs / 399.9 lbs Shannon Summers (SC) 12/1999	124.7 kgs / 274.9 lbs Shannon Summers (SC) 12/1999	175.0 kgs / 385.8 lbs Lindsay Field (NY) 4/2017	471.7 kgs / 1039.9 lbs Shannon Summers (SC) 12/1999
18-19	142.5 kgs / 314.1 lbs Lindsay Field (NY) 10/2018	75.0 kgs / 165.3 lbs Brittany Luzier (PA) 4/2017	177.5 kgs / 391.3 lbs Lindsay Field (NY) 10/2017	372.5 kgs / 821.2 lbs Lindsay Field (NY) 10/2018

20-24	182.5 kgs / 402.3 lbs Kopper Carter (VA) 10/2016	125.5 kgs / 276.6 lbs Lisa Quevedo (CA) 10/2013	205.0 kgs / 451.9 lbs Kopper Carter (VA) 6/2017	490.0 kgs / 1080.2 lbs Kopper Carter (VA) 6/2017
35-39	170.0 kgs / 374.7 lbs Brandi Sneed (IN) 10/2016	105.0 kgs / 231.4 lbs Brandi Sneed (IN) 10/2016	212.5 kgs / 468.4 lbs Rachel Clarke (PA) 11/2024	450.0 kgs / 992.0 lbs Malesia Taylor (VA) 11/2023
40-44	190.56 kgs / 420.1 lbs LaRiena Ferguson (FL) 3/2023	103.0 kgs / 227.0 lbs Michelle Pushinsky (PA) 4/2025	186.03 kgs / 410.1 lbs LaRiena Ferguson (FL) 3/2023	471.87 kgs / 1040.2 lbs LaRiena Ferguson (FL) 3/2023
45-49	147.5 kgs / 325.1 lbs Suzanne Ady (MT) 8/2016	87.5 kgs / 192.9 lbs Shri Drake (AZ) 2010	155.0 kgs / 341.7 lbs Kim Elletson (NC) 4/2019	372.5 kgs / 821.2 lbs Suzanne Ady (MT) 8/2016
50-54	158.8 kgs / 350.0 lbs Anna Stamets (FL) 3/2023	120.24 kgs / 265.0 lbs Anna Stamets (FL) 3/2023	226.86 kgs / 500.1 lbs Anna Stamets (FL) 3/2023	505.90000000000003 kgs / 1115.3 lbs Anna Stamets (FL) 3/2023
55-59	140.0 kgs / 308.6 lbs Charlotte Baker (VA) 4/2025	73.5 kgs / 162.0 lbs Charlotte Baker (VA) 4/2024	172.5 kgs / 380.2 lbs Charlotte Baker (VA) 4/2025	382.5 kgs / 843.2 lbs Charlotte Baker (VA) 4/2025
60-64	110.0 kgs / 242.5 lbs Karen Repino (PA) 11/2023	65.0 kgs / 143.2 lbs Karen Repino (PA) 11/2023	127.5 kgs / 281.0 lbs Karen Repino (PA) 11/2023	302.5 kgs / 666.8 lbs Karen Repino (PA) 11/2023
65-69	106.5 kgs / 234.7 lbs Beatrice Temple (FL) 6/2022	54.4 kgs / 119.9 lbs Beatrice Temple (FL) 6/2022	136.0 kgs / 299.8 lbs Beatrice Temple (FL) 6/2022	296.9 kgs / 654.5 lbs Beatrice Temple (FL) 6/2022
Police/Fire/Mil	140.0 kgs / 308.6 lbs Charlotte Baker (VA) 4/2025	87.5 kgs / 192.9 lbs Shri Drake (AZ) 2010	172.5 kgs / 380.2 lbs Charlotte Baker (VA) 4/2025	382.5 kgs / 843.2 lbs Charlotte Baker (VA) 4/2025
Spec. Oly.	72.5 kgs / 159.8 lbs Joni Talavera (PA) 12/2023	47.5 kgs / 104.7 lbs Joni Talavera (PA) 12/2023	105.0 kgs / 231.4 lbs Joni Talavera (PA) 12/2023	225.0 kgs / 496.0 lbs Joni Talavera (PA) 12/2023
Handicapped	95.0 kgs / 209.4 lbs Joni Talavera (PA) 12/2024	55.0 kgs / 121.2 lbs Joni Talavera (PA) 12/2024	112.5 kgs / 248.0 lbs Joni Talavera (PA) 12/2024	262.5 kgs / 578.7 lbs Joni Talavera (PA) 12/2024