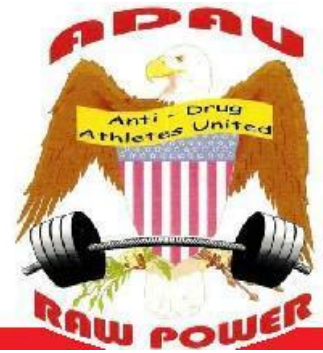




POWERLIFTING FEDERATION

PENNSYLVANIA STATE STRICT CURL RECORDS

UPDATED: April 15, 2025 by Jay Siegel engrave2@verizon.net

WOMEN				
55 lb Class	Weight	Name	Resides	Date Set
8-9	18.7	Brittani Teeter	Wilkes-Barre, PA	1-2019
66 lb Class	Weight	Name	Resides	Date Set
8-9	29.8	Ashlyn Hitcho	Bethlehem, PA	5-2016
77 lb Class	Weight	Name	Resides	Date Set
8-9	29.8	Tiffani Teeter	Wilkes-Barre, PA	9-2016
97 lb Class	Weight	Name	Resides	Date Set
OPEN	36.3	Tiffani Teeter	Wilkes-Barre, PA	12-2018
10-11	36.3	Tiffani Teeter	Wilkes-Barre, PA	12-2018
105 lb Class	Weight	Name	Resides	Date Set
OPEN	52.9	Heather Wayland	Philipsburg, PA	12-2019
14-15	50.7	Heather Wayland	Philipsburg, PA	3-2019
16-17	52.9	Heather Wayland	Philipsburg, PA	12-2019
114 lb Class	Weight	Name	Resides	Date Set
OPEN	60.6	Isabella Costantino	McKees Rocks, PA	7-2023
14-15	60.6	Isabella Costantino	McKees Rocks, PA	7-2023
18-19	44.1	Alicia Houston	PA	10-2017
45-49	51.8	Jill Sheakley	Erie, PA	8-2022
50-54	55.1	Benita Steffan	Erie, PA	11-2013

123 lb Class	Weight	Name	Resides	Date Set
OPEN	66.1	Isabella Costantino	PA	12-2023
14-15	66.1	Isabella Costantino	PA	12-2023
18-19	35.2	Julianna Wickham	Danville, PA	5-2014
45-49	46.3	Pamela Scarano	Mountaintop, PA	5-2016
50-54	54.0	Sharon Mell	PA	4-2021
132 lb Class	Weight	Name	Resides	Date Set
OPEN	68.3	Laura Schepis	Moon Twp., PA	12-2014
14-15	55.1	Sylvia Elmquist	PA	8-2020
35-39	51.8	Christine Long	Blairsville, PA	6-2013
40-44	66.1	Nicole Costantino	McKees Rocks, PA	12-2021
45-49	50.7	Valerie Dixon	Clearfield, PA	12-2021
60-64	68.3	Laura Schepis	Moon Twp., PA	12-2014
148 lb Class	Weight	Name	Resides	Date Set
OPEN	80.4	Nicole Costantino	McKees Rocks, PA	7-2023
12-13	40.8	Rylie Dubbs	Julian, PA	5-2016
14-15	66.1	Kaitlyn Duncan	Linesville, PA	6-2010
16-17	73.8	Jamie Augustine	Boswell, PA	12-2021
35-39	62.8	Kim Kaschalk	Clearfield, PA	11-2015
40-44	80.4	Nicole Costantino	McKees Rocks, PA	7-2023
45-49	33.0	Dawn Luster	Pittsburgh, PA	4-2014
60-64	62.8	Doris Santos	Ambler, PA	10-2013

165 lb Class	Weight	Name	Resides	Date Set
OPEN	84.8	Mary Ann Wieckowski	Perkasie, PA	6-2013
16-17	62.8	Kaitlyn Duncan	Linesville, PA	4-2011
18-19	84.8	Jamie Augustine	Boswell, PA	11-2022
20-24	33.0	Jaimi Flowers	PA	4-2014
45-49	84.8	Mary Ann Wieckowski	Perkasie, PA	6-2013
50-54	45.2	Andrea Lehman	Coudersport, PA	6-2022
55-59	80.4	Kim Douth	Union City, PA	6-2018
60-64	79.3	Kim Douth	Union City, PA	12-2020
70-74	80.4	Linda Arvey	PA	11-2023

181 lb Class	Weight	Name	Resides	Date Set
OPEN	87.0	Sara Mayes	PA	1-2019
16-17	71.6	Anna McCloskey	Glen Mills, PA	11-2009
20-24	77.2	Bre Schneider	Pennsylvania	10-2016
35-39	74.9	Jennifer Sabol	Pennsylvania	6-2023
50-54	73.8	Mary Ann Wieckowski	Perkasie, PA	6-2014
55-59	82.6	Kim Pollock	Union City, PA	12-2019
60-64	79.3	Kim Pollock	Union City, PA	6-2021
70-74	83.7	Linda Arvey	PA	4-2024
198 lb Class	Weight	Name	Resides	Date Set
OPEN	102.5	Leah Swartz	PA	3-2025
20-24	88.2	Cassidy Comly	Bellefonte, PA	3-2016
Heavyweight	Weight	Name	Resides	Date Set
OPEN	110.2	Cassidy Comly	Bellefonte, PA	5-2018
35-39	79.3	Rochelle Dubbs	Julian, PA	5-2016
40-44	84.8	Rochelle Dubbs	Julian, PA	12-2017
50-54	81.5	Liberty Buccello	PA	6-2023
60-64	65.0	Karen Repino	PA	4-2023

MEN				
66 lb Class	Weight	Name	Resides	Date Set
6-7	26.0	Ivan Shick	Union City, PA	12-2020
8-9	29.9	Ivan Shick	Union City, PA	12-2021
10-11	22.0	Cody Colondrillo	PA	6-2017
77 lb Class	Weight	Name	Resides	Date Set
8-9	42.9	Brezlin Bruner	DuBois, PA	12-2023
10-11	40.8	Jack Thomas	Sandy Lake, PA	12-2017
88 lb Class	Weight	Name	Resides	Date Set
8-9	35.2	Diesel Koser	Shippensburg, PA	12-2014
10-11	29.8	Nathaniel Thorp	Clearfield, PA	12-2018
12-13	50.7	Jack Thomas	Sandy Lake, PA	4-2018
97 lb Class	Weight	Name	Resides	Date Set
10-11	35.2	Nathaniel Thorp	Clearfield, PA	12-2019
12-13	46.3	Jack Thomas	Sandy Lake, PA	4-2018
105 lb Class	Weight	Name	Resides	Date Set
OPEN	62.8	Nick Hartmann	Erie, PA	11-2013
8-9	40.8	Robbie Wickham	Danville, PA	4-2013
10-11	49.6	Diesel Koser	Shippensburg, PA	12-2016
12-13	57.3	Erik Thomas	Sandy Lake, PA	6-2015
16-17	62.8	Nick Hartmann	Erie, PA	11-2013
114 lb Class	Weight	Name	Resides	Date Set
OPEN	79.3	Nick Hartmann	Erie, PA	6-2014
12-13	60.6	Erik Thomas	Sandy Lake, PA	10-2015
16-17	79.3	Nick Hartmann	Erie, PA	6-2014
20-24	66.1	Mark Walker	Johnstown, PA	10-2013
123 lb Class	Weight	Name	Resides	Date Set
OPEN	125.6	Gary Teeter	Wilkes-Barre, PA	9-2024
10-11	46.3	Robby Wickham	Danville, PA	5-2014
12-13	52.9	Diesel Koser	Shippensburg, PA	12-2017
18-19	84.8	Jacob Noll	Bellefonte, PA	5-2014
50-54	119.0	Gary Teeter	Wilkes-Barre, PA	11-2018

55-59	125.6	Gary Teeter	Wilkes-Barre, PA	9-2024
60-64	123.4	Gary Teeter	Wilkes-Barre, PA	11-2024
132 lb Class	Weight	Name	Resides	Date Set
OPEN	133.3	Gary Teeter	Wilkes-Barre, PA	8-2024
10-11	49.6	Robby Wickham	Danville, PA	10-2014
12-13	90.4	Erik Thomas	Sandy Lake, PA	9-2016
14-15	70.5	Luke Dixon	Clearfield, PA	6-2021
18-19	95.9	Levi Veneziano	Bellefonte, PA	5-2014
45-49	101.4	Gary Teeter	Wilkes-Barre, PA	7-2013
50-54	126.8	Gary Teeter	Wilkes-Barre, PA	5-2018
55-59	133.3	Gary Teeter	Wilkes-Barre, PA	8-2024
60-64	127.8	Gary Teeter	Wilkes-Barre, PA	1-2025
148 lb Class	Weight	Name	Resides	Date Set
OPEN	149.9	Corey McLaughlin	Moshannon, PA	3-2019
10-11	55.1	Raymond Kaminski	Plains, PA	6-2016
12-13	93.7	Erik Thomas	Sandy Lake, PA	10-2016
14-15	121.2	Erik Thomas	Sandy Lake, PA	12-2017
16-17	99.2	Luca Fierro	PA	11-2019
18-19	84.8	Elliott Lauder	Frenchville, PA	4-2012
20-24	149.9	Corey McLaughlin	Moshannon, PA	3-2019
40-44	117.9	Jason Thomas	Sandy Lake, PA	4-2015
45-49	101.4	Gary Teeter	Wilkes-Barre, PA	11-2013
50-54	127.8	Gary Teeter	Wilkes-Barre, PA	1-2019
55-59	130.1	Gary Teeter	Wilkes-Barre, PA	1-2024
60-64	125.6	Gary Teeter	Wilkes-Barre, PA	1-2025
65-69	108.0	Victor Shaffer	Sandy Lake, PA	12-2018
70-74	105.8	Victor Shaffer	Sandy Lake, PA	12-2019

165 lb Class	Weight	Name	Resides	Date Set
OPEN	155.4	Corey McLaughlin	Moshannon, PA	8-2020
10-11	51.8	Raymond Kaminski	Plains, PA	5-2016
12-13	73.8	Davis Lee	Fairless Hills, PA	6-2014
14-15	128.9	Erik Thomas	Sandy Lake, PA	4-2018
16-17	136.6	Jason Luster	Pittsburgh, PA	8-2010
18-19	115.7	Luca Fierro	PA	3-2021
20-24	155.4	Corey McLaughlin	Moshannon, PA	8-2020
35-39	154.3	Eduardo Teixeira	Trevoze, PA	6-2024

40-44	121.2	Jason Thomas	Sandy Lake, PA	10-2015
45-49	130.1	Jason Thomas	Sandy Lake, PA	6-2018
50-54	126.7	Gary Teeter	Wilkes-Barre, PA	4-2018
55-59	130.1	Gary Teeter	Wilkes-Barre, PA	1-2024
60-64	123.4	Gary Teeter	Wilkes-Barre, PA	4-2025
65-69	110.2	Dennis Whysong	Bedford, PA	12-2018

181 lb Class	Weight	Name	Resides	Date Set
OPEN	160.9	Eduardo Teixeira	Trevose, PA	6-2023
14-15	136.7	Erik Thomas	Sandy Lake, PA	6-2018
16-17	124.5	Luke McCullough	Snow Shoe, PA	4-2018
18-19	108.0	Nicholas Thorp	Clearfield, PA	12-2023
20-24	119.0	Jason Luster	Pittsburgh, PA	4-2014
35-39	160.9	Eduardo Teixeira	Trevose, PA	6-2023
40-44	132.2	Chris Colondrillo	Carlisle, PA	4-2015
45-49	122.3	Greg Dixon	Clearfield, PA	12-2022
50-54	127.8	Gary Teeter	Wilkes-Barre, PA	4-2018
55-59	124.5	Gary Teeter	Wilkes-Barre, PA	3-2021
60-64	106.9	Chuck Cole	Mechanicsburg, PA	5-2016
65-69	123.4	Larry Eastman	Spartansburg, PA	8-2020
70-74	134.4	Larry Eastman	Spartansburg, PA	12-2023
75-79	103.6	Edwin Rose	PA	4-2025

198 lb Class	Weight	Name	Resides	Date Set
OPEN	163.1	Nathan Betts	PA	7-2024
16-17	145.5	Robbie Karstendiek	E. Stroudsburg, PA	4-2012
18-19	145.5	Conor Myers	Morrisdale, PA	5-2016
35-39	145.5	Pat Clarke	Philadelphia, PA	7-2017
40-44	158.7	Timothy Cole	Saylorsburg, PA	6-2013
45-49	123.4	Chris Colondrillo	Carlisle, PA	6-2023
50-54	143.3	Keith Harbaugh	Meadville, PA	6-2010
55-59	142.1	Keith Harbaugh	Meadville, PA	11-2010
60-64	121.2	Rob O'Connell	PA	3-2025
70-74	133.3	Larry Eastman	Spartansburg, PA	12-2023
75-79	123.4	Terry Margolis	State College, PA	4-2019
80-84	104.5	Terry Margolis	State College, PA	4-2022

220 lb Class	Weight	Name	Resides	Date Set
OPEN	177.4	Danny Clarke	Philadelphia, PA	7-2024

16-17	134.4	Sam Harvey	PA	3-2023
18-19	117.9	Nick Sutton	Erie, PA	6-2016
20-24	162.5	Aaron Shorb	Greencastle, PA	8-2008
35-39	177.4	Danny Clarke	Philadelphia, PA	7-2024
40-44	152.1	Justin Vanscoy	Plains, PA	12-2019
45-49	145.5	John Emling	Erie, PA	7-2013
50-54	135.5	Kevin Hutchison	PA	12-2023
55-59	137.7	Keith Harbaugh	Meadville, PA	4-2011
60-64	114.6	Ralph Laiuvara	Ashley, PA	4-2018
65-69	101.4	Paul Dick	Hollidaysburg, PA	4-2015
70-74	106.9	Terry Margolis	Boalsburg, PA	4-2012
75-79	112.4	Terry Margolis	Boalsburg, PA	5-2017

--	--	--	--	--

242 lb Class	Weight	Name	Resides	Date Set
OPEN	187.4	John Franks	Milford, PA	10-2010
14-15	115.7	Mario Fontanazza, III	Oil City, PA	5-2017
16-17	106.9	Corey Thompson	Bellefonte, PA	5-2016
35-39	187.4	John Franks	Milford, PA	10-2011
40-44	101.4	Brian Louder, Sr.	Hooversville, PA	7-2012
45-49	100.3	Wayne Jones	Pennsylvania	10-2018
55-59	126.7	Brant Givler	Columbia, PA	12-2019
60-64	167.5	Jeff Oliver	PA	4-2024
70-74	106.9	Bob Feeney	Churchville, PA	11-2023

--	--	--	--	--

275 lb Class	Weight	Name	Resides	Date Set
OPEN	162.0	William Ogden	Crafton, PA	10-2012
14-15	80.4	Gino Mangone	New Kensington, PA	6-2022
16-17	128.9	Rusty Miller	Boswell, PA	7-2012
35-39	121.2	Jason Konzel	Erie, PA	4-2018
45-49	80.4	Dave Wayland	Philipsburg, PA	3-2019
50-54	162.0	William Ogden	Crafton, PA	10-2012
55-59	153.2	William Ogden	Crafton, PA	12-2020
60-64	121.2	Bob Feeney	Churchville, PA	10-2015
65-69	121.2	Bob Feeney	Churchville, PA	4-2019
70-74	106.9	Bob Feeney	Churchville, PA	4-2023

--	--	--	--	--

308 lb Class	Weight	Name	Resides	Date Set
OPEN	145.5	Stephen Mills	PA	6-2023
14-15	106.9	Michael Salvanish	Julian, PA	5-2014
18-19	134.4	Jacob Gaitings	Sayre, PA	6-2019
35-39	139.9	Mike Norris	Clearfield, PA	11-2013
60-64	102.5	Ray Wile	Union City, PA	12-2019
SHW Class	Weight	Name	Resides	Date Set
OPEN	218.2	Joseph Sabol	PA	11-2023
20-24	203.9	Antonio Collins	Trafford, PA	3-2023
40-44	218.2	Joseph Sabol	PA	11-2023
45-49	143.2	Ted Brooks	Hanover, PA	8-2008
50-54	140	Ted Brooks	Hanover, PA	8-2009
60-64	99.2	Ray Wile	Union City, PA	5-2017
65-69	102.5	Ray Wile	Union City, PA	6-2021