



MASSACHUSETTS STATE DEADLIFT RECORDS

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4/15/2025

Weight Class: 48 / 105 Female			
Division	Deadlift	Name	Date
Open	50.0 kgs / 110.2 lbs	Amanda Henson	9/2011
14-15	50.0 kgs / 110.2 lbs	Amanda Henson	9/2011

Weight Class: 52 / 114 Female			
Division	Deadlift	Name	Date
Open	155.0 kgs / 341.7 lbs	Donna McBurney	10/2007
40-44	155.0 kgs / 341.7 lbs	Donna McBurney	10/2007

Weight Class: 56 / 123 Female			
Division	Deadlift	Name	Date
Open	132.5 kgs / 292.1 lbs	Karen Cole	11/2011
20-24	110.0 kgs / 242.5 lbs	Laura Belcastro	10/2009
25-29	120.0 kgs / 264.5 lbs	Kaitlin Haddad	6/2017
30-34	120.0 kgs / 264.5 lbs	Ashlee Jasak	6/2016
40-44	132.5 kgs / 292.1 lbs	Karen Cole	11/2011
45-49	100.0 kgs / 220.4 lbs	Carla McComb	9/2008
50-54	95.0 kgs / 209.4 lbs	Carla McComb	9/2011
55-59	77.5 kgs / 170.8 lbs	Virginia Eng-Havelick	3/2009
Police/Fire/Mil	120.0 kgs / 264.5 lbs	R. Miles	
Spec. Oly.	77.5 kgs / 170.8 lbs	Cassidy Bauer	9/2012

Weight Class: 60 / 132 Female			
Division	Deadlift	Name	Date
Open	145.0 kgs / 319.6 lbs	Sarah Davis	11/2014
20-24	137.5 kgs / 303.1 lbs	Payton Grande	6/2018
30-34	145.0 kgs / 319.6 lbs	Lindsay Ferzoco	7/2016
35-39	95.0 kgs / 209.4 lbs	Sarah McClelland	8/2015
65-69	75.0 kgs / 165.3 lbs	Dianne MacMillan	3/2009

Weight Class: 67.5 / 148 Female			
Division	Deadlift	Name	Date
Open	183.0 kgs / 403.4 lbs	Suzanne LaForge	9/2014
18-19	142.5 kgs / 314.1 lbs	Aliyah Dean	11/2017
20-24	142.5 kgs / 314.1 lbs	Elise MacKenzie	10/2009
25-29	115.0 kgs / 253.5 lbs	Ashley Falandys	6/2016
30-34	140.0 kgs / 308.6 lbs	Jennifer Matos	6/2016
35-39	97.5 kgs / 214.9 lbs	Sarah McClelland	

40-44	122.5 kgs / 270.0 lbs	Mary Tower	3/2009
45-49	136.5 kgs / 300.9 lbs	Deb Kesper	9/2012
50-54	170.0 kgs / 374.7 lbs	Suzanne Spero	9/2012

Weight Class: 75 / 165 Female

Division	Deadlift	Name	Date
Open	177.5 kgs / 391.3 lbs	Kimberley Clark	3/2014
20-24	177.5 kgs / 391.3 lbs	Kimberley Clark	3/2014
25-29	135.0 kgs / 297.6 lbs	Michelle Sparrow	7/2016
30-34	117.5 kgs / 259.0 lbs	Ann Gartman	6/2018
35-39	141.0 kgs / 310.8 lbs	Kristen Walther	4/2013
40-44	117.5 kgs / 259.0 lbs	Lisa Leary	3/2014
45-49	140.0 kgs / 308.6 lbs	Deb Kesper	6/2012
50-54	160.0 kgs / 352.7 lbs	Suzanne Spero	6/2012
65-69	142.5 kgs / 314.1 lbs	Karen Harding	3/2012
Police/Fire/Mil	105.0 kgs / 231.4 lbs	Brittney White-Gonzalez	

Weight Class: 82.5 / 181 Female

Division	Deadlift	Name	Date
Open	170.0 kgs / 374.7 lbs	Agatha Cretzu	7/2017
14-15	85.0 kgs / 187.3 lbs	Shea Lawrie	7/2016
20-24	110.0 kgs / 242.5 lbs	Melissa Hagen	3/2014
25-29	147.5 kgs / 325.1 lbs	Allie Duclos	6/2017
30-34	170.0 kgs / 374.7 lbs	Agatha Cretzu	7/2017
45-49	137.5 kgs / 303.1 lbs	Deb Kesper	3/2012

Weight Class: 90 / 198 Female

Division	Deadlift	Name	Date
Open	170.0 kgs / 374.7 lbs	Maryann Reid	6/2012
16-17	137.5 kgs / 303.1 lbs	Jordan Kolodziejczak	6/2012
35-39	170.0 kgs / 374.7 lbs	Maryann Reid	6/2012
45-49	105.0 kgs / 231.4 lbs	Michelle Kolodziejczak	9/2012

Weight Class: 90+ / 198+ Female

Division	Deadlift	Name	Date
Open	182.5 kgs / 402.3 lbs	Maryann Reid	6/2012
16-17	120.0 kgs / 264.5 lbs	Jordan Kolodziejczak	9/2012
20-24	160.3 kgs / 353.3 lbs	Gabriela Tortolano	3/2013
35-39	182.5 kgs / 402.3 lbs	Maryann Reid	6/2012
40-44	182.5 kgs / 402.3 lbs	Sarah Heminger	6/2018
45-49	153.0 kgs / 337.3 lbs	Catherine Marquardt	3/2009

Weight Class: 56 / 123 Male

Division	Deadlift	Name	Date
Open	146.0 kgs / 321.8 lbs	Benjamin Henson	
14-15	146.0 kgs / 321.8 lbs	Benjamin Henson	
18-19	125.0 kgs / 275.5 lbs	Josh Willis	6/2016

Weight Class: 60 / 132 Male

Division	Deadlift	Name	Date
Open	182.5 kgs / 402.3 lbs	Bill Sexton	6/2013
25-29	160.0 kgs / 352.7 lbs	Anibal Pedroza	6/2017

Weight Class: 67.5 / 148 Male

Division	Deadlift	Name	Date
Open	197.5 kgs / 435.4 lbs	Joshua Duquette	9/2012
14-15	147.5 kgs / 325.1 lbs	Louis Shenker	6/2014
18-19	190.0 kgs / 418.8 lbs	Ambrose DeMarco	6/2016
40-44	175.0 kgs / 385.8 lbs	Richard Bloom	4/2025
70-74	170.0 kgs / 374.7 lbs	William Falla	
Police/Fire/Mil	175.0 kgs / 385.8 lbs	Richard Bloom	4/2025

Weight Class: 75 / 165 Male

Division	Deadlift	Name	Date
Open	235.0 kgs / 518.0 lbs	Michael Napolitano	10/2009
16-17	202.5 kgs / 446.4 lbs	Samuel Gladstone	6/2009
20-24	235.0 kgs / 518.0 lbs	Michael Napolitano	10/2009
25-29	227.5 kgs / 501.5 lbs	Nick Stodolski	6/2017
45-49	172.5 kgs / 380.2 lbs	Jim Whitney	10/2009
50-54	150.0 kgs / 330.6 lbs	Daniel Henson	11/2014
65-69	107.5 kgs / 236.9 lbs	Arthur Gingrande	11/2014
70-74	150.3 kgs / 331.3 lbs	Eugene Richards	
Spec. Oly.	112.5 kgs / 248.0 lbs	Paul Giunta	9/2012

Weight Class: 82.5 / 181 Male

Division	Deadlift	Name	Date
Open	262.5 kgs / 578.7 lbs	Frank March	3/2014
10-11	97.5 kgs / 214.9 lbs	Joshua Rebovich	10/2007
14-15	145.0 kgs / 319.6 lbs	T. Harrington	
16-17	120.0 kgs / 264.5 lbs	Brian Shea	6/2016
18-19	237.5 kgs / 523.5 lbs	Taran Richter	6/2017
20-24	250.0 kgs / 551.1 lbs	Brendan O'Reilly	10/2007
25-29	187.5 kgs / 413.3 lbs	Ryan Healy	7/2016
30-34	187.5 kgs / 413.3 lbs	Todd Crawley	6/2023
40-44	177.5 kgs / 391.3 lbs	Steve Orseno	3/2020
45-49	182.5 kgs / 402.3 lbs	Daniel Henson	
55-59	225.0 kgs / 496.0 lbs	Larry Emerson	9/2007
60-64	227.5 kgs / 501.5 lbs	Larry Emerson	10/2009
65-69	225.0 kgs / 496.0 lbs	Larry Emerson	6/2013
70-74	215.0 kgs / 473.9 lbs	Larry Emerson	6/2018
Police/Fire/Mil	180.0 kgs / 396.8 lbs	R. Gonzalez	

Weight Class: 90 / 198 Male

Division	Deadlift	Name	Date
Open	265.0 kgs / 584.2 lbs	Phil Najemy	7/2016
14-15	167.5 kgs / 369.2 lbs	Kevan Fagan	10/2007
16-17	205.0 kgs / 451.9 lbs	James Grieves	6/2013
20-24	237.5 kgs / 523.5 lbs	Michelle Tello	11/2017
25-29	245.0 kgs / 540.1 lbs	Evan Berneche	6/2017

30-34	170.0 kgs / 374.7 lbs	Isa Abbaszade	3/2025
35-39	265.0 kgs / 584.2 lbs	Phil Najemy	7/2016
40-44	240.0 kgs / 529.1 lbs	Chuck Peters	7/2007
45-49	162.5 kgs / 358.2 lbs	Daniel Henson	
50-54	207.5 kgs / 457.4 lbs	Jeffrey Madden	5/2010
60-64	210.0 kgs / 462.9 lbs	David Mansfield	
70-74	115.0 kgs / 253.5 lbs	Arthur Gingrande	10/2017

Weight Class: 100 / 220 Male

Division	Deadlift	Name	Date
Open	310.0 kgs / 683.4 lbs	Ryan Paradise	6/2012
16-17	273.0 kgs / 601.8 lbs	Cameron LaForge	6/2012
18-19	197.5 kgs / 435.4 lbs	Matthew Nogueira	9/2007
20-24	227.5 kgs / 501.5 lbs	Jackie Zheng	7/2016
30-34	242.5 kgs / 534.6 lbs	Mike Rossi	6/2016
40-44	292.5 kgs / 644.8 lbs	Al Bianchi	6/2012
45-49	275.5 kgs / 607.3 lbs	Al Bianchi	9/2012
50-54	227.5 kgs / 501.5 lbs	Jeffrey Madden	5/2010
55-59	230.0 kgs / 507.0 lbs	Ken Mattson	6/2012
60-64	195.0 kgs / 429.8 lbs	Richard Comito	
65-69	210.0 kgs / 462.9 lbs	Fred Peterson	9/2007
75-79	107.5 kgs / 236.9 lbs	Charles Brackett	3/2009
Police/Fire/Mil	272.5 kgs / 600.7 lbs	Peter Napolitano	11/2010

Weight Class: 110 / 242 Male

Division	Deadlift	Name	Date
Open	295.0 kgs / 650.3 lbs	Joe Yurkunas	2/2012
18-19	205.0 kgs / 451.9 lbs	John Bossi	11/2015
20-24	230.0 kgs / 507.0 lbs	Andrew Gordon	6/2011
40-44	182.5 kgs / 402.3 lbs	Anthony Burnham	
45-49	192.5 kgs / 424.3 lbs	Anthony Burnham	11/2010
50-54	282.5 kgs / 622.7 lbs	David Lamoreaux	5/2010
55-59	277.5 kgs / 611.7 lbs	Jeff Lett	6/2016
Police/Fire/Mil	280.0 kgs / 617.2 lbs	Peter Napolitano	9/2011

Weight Class: 125 / 275 Male

Division	Deadlift	Name	Date
Open	285.0 kgs / 628.3 lbs	Jeff Lett	10/2017
25-29	215.0 kgs / 473.9 lbs	Brian Snell	6/2018
35-39	265.0 kgs / 584.2 lbs	Adam Tuller	9/2014
40-44	260.0 kgs / 573.1 lbs	Dan Driscoll	
45-49	177.5 kgs / 391.3 lbs	Jim Clifford	9/2014
50-54	193.0 kgs / 425.4 lbs	Donald Kelly	3/2009
55-59	285.0 kgs / 628.3 lbs	Jeff Lett	10/2017
60-64	195.0 kgs / 429.8 lbs	Ray Cross	
70-74	265.0 kgs / 584.2 lbs	Fred Peterson	8/2008

Weight Class: 140 / 308 Male

Division	Deadlift	Name	Date
Open	325.0 kgs / 716.4 lbs	Nick Chaprales	3/2014

35-39	65.0 kgs / 143.2 lbs	A. Heller	
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Unknown Class: SHW Male

Division	Deadlift	Name	Date
Open	245.0 kgs / 540.1 lbs	Zac Gorra	11/2023
35-39	245.0 kgs / 540.1 lbs	Zac Gorra	11/2023
45-49	200.0 kgs / 440.9 lbs	Jason Campbell	4/2021
Police/Fire/Mil	245.0 kgs / 540.1 lbs	Zac Gorra	11/2023