



## HAWAII STATE BENCH RECORDS

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4/15/2025

| Weight Class: 75 / 165 Female |                      |               |      |
|-------------------------------|----------------------|---------------|------|
| Division                      | Bench Press          | Name          | Date |
| Open                          | 80.0 kgs / 176.3 lbs | Latosha Floyd | 2014 |

| Weight Class: 60 / 132 Male |                       |               |         |
|-----------------------------|-----------------------|---------------|---------|
| Division                    | Bench Press           | Name          | Date    |
| Open                        | 120.0 kgs / 264.5 lbs | Galen Takushi | 10/2013 |
| 45-49                       | 120.0 kgs / 264.5 lbs | Galen Takushi | 10/2013 |

| Weight Class: 67.5 / 148 Male |                       |               |        |
|-------------------------------|-----------------------|---------------|--------|
| Division                      | Bench Press           | Name          | Date   |
| Open                          | 110.0 kgs / 242.5 lbs | Kameron Perez | 2014   |
| 18-19                         | 100.0 kgs / 220.4 lbs | Caleb Callo   | 3/2014 |
| 20-24                         | 110.0 kgs / 242.5 lbs | Kameron Perez | 2014   |

| Weight Class: 75 / 165 Male |                       |                   |         |
|-----------------------------|-----------------------|-------------------|---------|
| Division                    | Bench Press           | Name              | Date    |
| Open                        | 147.5 kgs / 325.1 lbs | George Nabeshima  | 11/2009 |
| 18-19                       | 112.5 kgs / 248.0 lbs | Richard Matsumoto | 2000    |
| 40-44                       | 147.5 kgs / 325.1 lbs | George Nabeshima  | 11/2009 |

| Weight Class: 82.5 / 181 Male |                       |               |        |
|-------------------------------|-----------------------|---------------|--------|
| Division                      | Bench Press           | Name          | Date   |
| Open                          | 110.0 kgs / 242.5 lbs | Jason Roberts | 4/2025 |
| 55-59                         | 110.0 kgs / 242.5 lbs | Jason Roberts | 4/2025 |

| Weight Class: 100 / 220 Male |                       |               |        |
|------------------------------|-----------------------|---------------|--------|
| Division                     | Bench Press           | Name          | Date   |
| Open                         | 110.0 kgs / 242.5 lbs | Larry Akiyama | 2000   |
| 18-19                        | 85.0 kgs / 187.3 lbs  | Antonio Cruz  | 3/2015 |
| 50-54                        | 110.0 kgs / 242.5 lbs | Larry Akiyama | 2000   |

| Weight Class: 110 / 242 Male |                       |               |         |
|------------------------------|-----------------------|---------------|---------|
| Division                     | Bench Press           | Name          | Date    |
| Open                         | 220.0 kgs / 485.0 lbs | James Kelly   | 10/2014 |
| 18-19                        | 132.5 kgs / 292.1 lbs | Sean Lamorena | 3/2015  |
| 40-44                        | 220.0 kgs / 485.0 lbs | James Kelly   | 10/2014 |

| Weight Class: 125 / 275    Male |                       |            |        |
|---------------------------------|-----------------------|------------|--------|
| Division                        | Bench Press           | Name       | Date   |
| Open                            | 215.0 kgs / 473.9 lbs | Greg Payne | 4/2000 |