



CONNECTICUT STATE POWERLIFTING RECORDS

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4/15/2025

Weight Class: 44 / 97 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	70.7 kgs / 155.8 lbs Abigail Scudder 3/2013	42.9 kgs / 94.5 lbs Abigail Scudder 3/2013	105.1 kgs / 231.7 lbs Abigail Scudder 3/2013	231.8 kgs / 511.0 lbs Abigail Scudder
60-64	70.7 kgs / 155.8 lbs Abigail Scudder 3/2013	42.9 kgs / 94.5 lbs Abigail Scudder 3/2013	105.1 kgs / 231.7 lbs Abigail Scudder 3/2013	231.8 kgs / 511.0 lbs Abigail Scudder

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	83.9 kgs / 184.9 lbs Abigail Scudder 2002		138.5 kgs / 305.3 lbs Abigail Scudder 2002	267.6 kgs / 589.9 lbs Abigail Scudder 2002
45-49	83.9 kgs / 184.9 lbs Abigail Scudder 2002		138.5 kgs / 305.3 lbs Abigail Scudder 2002	267.6 kgs / 589.9 lbs Abigail Scudder 2002

Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	80.7 kgs / 177.9 lbs Kim Battipaglia	55.3 kgs / 121.9 lbs Kim Battipaglia	127.8 kgs / 281.7 lbs Kim Battipaglia	263.9 kgs / 581.7 lbs Kim Battipaglia
40-44	80.7 kgs / 177.9 lbs Kim Battipaglia	55.3 kgs / 121.9 lbs Kim Battipaglia	127.8 kgs / 281.7 lbs Kim Battipaglia	263.9 kgs / 581.7 lbs Kim Battipaglia

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	92.5 kgs / 203.9 lbs Lesley DeAngelo 6/2018	45.0 kgs / 99.2 lbs Lesley DeAngelo 6/2018	110.0 kgs / 242.5 lbs Lesley DeAngelo 6/2018	247.5 kgs / 545.6 lbs Lesley DeAngelo 6/2018
20-24	75.0 kgs / 165.3 lbs Kelsey Dudgeon 6/2016	40.0 kgs / 88.1 lbs Kelsey Dudgeon 6/2016	90.0 kgs / 198.4 lbs Kelsey Dudgeon 6/2016	205.0 kgs / 451.9 lbs Kelsey Dudgeon 6/2016
45-49	92.5 kgs / 203.9 lbs Lesley DeAngelo 6/2018	45.0 kgs / 99.2 lbs Lesley DeAngelo 6/2018	110.0 kgs / 242.5 lbs Lesley DeAngelo 6/2018	247.5 kgs / 545.6 lbs Lesley DeAngelo 6/2018

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	115.0 kgs / 253.5 lbs Maura Gaudiosi	82.5 kgs / 181.8 lbs Maura Gaudiosi	140.0 kgs / 308.6 lbs Jessica Fagnoli 6/2019	310.0 kgs / 683.4 lbs Maura Gaudiosi
12-13	105.0 kgs / 231.4 lbs Jessica Fagnoli 6/2019	59.0 kgs / 130.0 lbs Jessica Fagnoli 6/2019	140.0 kgs / 308.6 lbs Jessica Fagnoli 6/2019	301.5 kgs / 664.6 lbs Jessica Fagnoli 6/2019

25-29	102.5 kgs / 225.9 lbs Amanda-Rae Sullivan 6/2016	50.0 kgs / 110.2 lbs Amanda-Rae Sullivan 6/2016	122.5 kgs / 270.0 lbs Amanda-Rae Sullivan 6/2016	275.0 kgs / 606.2 lbs Amanda-Rae Sullivan 6/2016
35-39	72.5 kgs / 159.8 lbs Nikki Dorval 6/2019	50.0 kgs / 110.2 lbs Nikki Dorval 6/2019	135.0 kgs / 297.6 lbs Nikki Dorval 6/2019	257.5 kgs / 567.6 lbs Nikki Dorval 6/2019
40-44	115.0 kgs / 253.5 lbs Maura Gaudiosi	82.5 kgs / 181.8 lbs Maura Gaudiosi	112.5 kgs / 248.0 lbs Maura Gaudiosi	310.0 kgs / 683.4 lbs Maura Gaudiosi

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	85.0 kgs / 187.3 lbs Chloe Rabago 6/2021	50.0 kgs / 110.2 lbs Chloe Rabago 6/2021	107.5 kgs / 236.9 lbs Chloe Rabago 6/2021	237.5 kgs / 523.5 lbs Chloe Rabago 6/2021
16-17	85.0 kgs / 187.3 lbs Chloe Rabago 6/2021	50.0 kgs / 110.2 lbs Chloe Rabago 6/2021	107.5 kgs / 236.9 lbs Chloe Rabago 6/2021	237.5 kgs / 523.5 lbs Chloe Rabago 6/2021

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	90.0 kgs / 198.4 lbs Amy Traver 6/2021	60.0 kgs / 132.2 lbs Amy Traver 6/2021	150.0 kgs / 330.6 lbs Amy Traver 6/2018	295.0 kgs / 650.3 lbs Amy Traver 6/2021
50-54	90.0 kgs / 198.4 lbs Amy Traver 6/2021	60.0 kgs / 132.2 lbs Amy Traver 6/2021	150.0 kgs / 330.6 lbs Amy Traver 6/2018	295.0 kgs / 650.3 lbs Amy Traver 6/2021

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	172.5 kgs / 380.2 lbs Kierstyn Bourdeau 6/2021	105.0 kgs / 231.4 lbs Kierstyn Bourdeau 2/2023	175.0 kgs / 385.8 lbs Kierstyn Bourdeau 1/2023	427.5 kgs / 942.4 lbs Kierstyn Bourdeau 6/2021
25-29	172.5 kgs / 380.2 lbs Kierstyn Bourdeau 6/2021	105.0 kgs / 231.4 lbs Kierstyn Bourdeau 2/2023	175.0 kgs / 385.8 lbs Kierstyn Bourdeau 1/2023	427.5 kgs / 942.4 lbs Kierstyn Bourdeau 6/2021
35-39	87.5 kgs / 192.9 lbs Monika Steczkowski 6/2021	57.5 kgs / 126.7 lbs Monika Steczkowski 6/2021	120.0 kgs / 264.5 lbs Monika Steczkowski 6/2021	255.0 kgs / 562.1 lbs Monika Steczkowski 6/2021

Weight Class: 52 / 114 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	25.0 kgs / 55.1 lbs Brewer Drust 5/2023	43.0 kgs / 94.7 lbs Brewer Drust 5/2023	25.0 kgs / 55.1 lbs Brewer Drust 5/2023	93.0 kgs / 205.0 lbs Brewer Drust 5/2023
10-11	25.0 kgs / 55.1 lbs Brewer Drust 5/2023	43.0 kgs / 94.7 lbs Brewer Drust 5/2023	25.0 kgs / 55.1 lbs Brewer Drust 5/2023	93.0 kgs / 205.0 lbs Brewer Drust 5/2023

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	158.2 kgs / 348.7 lbs Clinton Monroe	120.8 kgs / 266.3 lbs Clinton Monroe	205.3 kgs / 452.6 lbs Clinton Monroe	484.3 kgs / 1067.6 lbs Clinton Monroe
12-13	122.5 kgs / 270.0 lbs Christian Russo 6/2017	82.5 kgs / 181.8 lbs Christian Russo 6/2017	157.5 kgs / 347.2 lbs Christian Russo 6/2017	360.0 kgs / 793.6 lbs Christian Russo 6/2017
14-15	112.5 kgs / 248.0 lbs Jon Oris 6/2017	72.5 kgs / 159.8 lbs Jon Oris 6/2017	155.0 kgs / 341.7 lbs Jon Oris 6/2017	340.0 kgs / 749.5 lbs Jon Oris 6/2017

20-24	158.2 kgs / 348.7 lbs Clinton Monroe	120.8 kgs / 266.3 lbs Clinton Monroe	205.3 kgs / 452.6 lbs Clinton Monroe	484.3 kgs / 1067.6 lbs Clinton Monroe
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Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	192.7 kgs / 424.8 lbs David Petro-Roy 2004	129.2 kgs / 284.8 lbs Donald Anneser 2003	217.5 kgs / 479.5 lbs David Petro-Roy	518.0 kgs / 1141.9 lbs David Petro-Roy
12-13	131.0 kgs / 288.8 lbs Evan Russo 1/2020	77.5 kgs / 170.8 lbs Connor Atwater 6/2019	127.5 kgs / 281.0 lbs Evan Russo 1/2020	330.0 kgs / 727.5 lbs Evan Russo 1/2020
14-15	155.0 kgs / 341.7 lbs Christian Russo 3/2018	129.2 kgs / 284.8 lbs Donald Anneser 2003	197.5 kgs / 435.4 lbs Christian Russo 3/2018	455.0 kgs / 1003.0 lbs Christian Russo 3/2018
16-17	25.0 kgs / 55.1 lbs Sammy LaMadeleine 5/2023	97.5 kgs / 214.9 lbs Sammy LaMadeleine 5/2023	25.0 kgs / 55.1 lbs Sammy LaMadeleine 5/2023	147.5 kgs / 325.1 lbs Sammy LaMadeleine 5/2023
55-59	192.7 kgs / 424.8 lbs David Petro-Roy 2004	111.0 kgs / 244.7 lbs David Petro-Roy	217.5 kgs / 479.5 lbs David Petro-Roy	518.0 kgs / 1141.9 lbs David Petro-Roy
Police/Fire/Mil	185.0 kgs / 407.8 lbs John Daniello 4/2011	120.0 kgs / 264.5 lbs John Daniello 4/2011	210.0 kgs / 462.9 lbs John Daniello 4/2011	515.0 kgs / 1135.3 lbs John Daniello 4/2011

Weight Class: 82.5 / 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	200.0 kgs / 440.9 lbs David Post 12/2024	145.0 kgs / 319.6 lbs Thomas VanLangen 6/2016	215.0 kgs / 473.9 lbs Thomas VanLangen 6/2016	532.5 kgs / 1173.9 lbs Thomas VanLangen 6/2016
18-19	200.0 kgs / 440.9 lbs David Post 12/2024	107.5 kgs / 236.9 lbs David Post 12/2024	215.0 kgs / 473.9 lbs David Post 12/2024	522.5 kgs / 1151.9 lbs David Post 12/2024
25-29	172.5 kgs / 380.2 lbs Thomas VanLangen 6/2016	145.0 kgs / 319.6 lbs Thomas VanLangen 6/2016	215.0 kgs / 473.9 lbs Thomas VanLangen 6/2016	532.5 kgs / 1173.9 lbs Thomas VanLangen 6/2016
30-34	170.0 kgs / 374.7 lbs Scott Provost 6/2016	125.0 kgs / 275.5 lbs Scott Provost 6/2016	205.0 kgs / 451.9 lbs Scott Provost 6/2016	500.0 kgs / 1102.3 lbs Scott Provost 6/2016
35-39	182.5 kgs / 402.3 lbs Scott Provost 6/2017	120.0 kgs / 264.5 lbs Scott Provost 6/2017	200.0 kgs / 440.9 lbs Scott Provost 6/2017	502.5 kgs / 1107.8 lbs Scott Provost 6/2017
70-74	112.5 kgs / 248.0 lbs Robert Jackson 11/2023	100.0 kgs / 220.4 lbs Robert Jackson 11/2023	145.0 kgs / 319.6 lbs Robert Jackson 11/2023	357.5 kgs / 788.1 lbs Robert Jackson 11/2023

Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	195.7 kgs / 431.4 lbs Christopher Saita	150.0 kgs / 330.6 lbs Anthony Esteves 1/2023	282.8 kgs / 623.4 lbs Christopher Saita	621.8 kgs / 1370.8 lbs Christopher Saita
20-24	195.7 kgs / 431.4 lbs Christopher Saita	143.2 kgs / 315.6 lbs Christopher Saita	282.8 kgs / 623.4 lbs Christopher Saita	621.8 kgs / 1370.8 lbs Christopher Saita
30-34	182.5 kgs / 402.3 lbs Anthony Esteves 6/2021	150.0 kgs / 330.6 lbs Anthony Esteves 1/2023	250.0 kgs / 551.1 lbs Anthony Esteves 2/2023	575.0 kgs / 1267.6 lbs Anthony Esteves 1/2023
65-69	147.5 kgs / 325.1 lbs Bruce Maus 6/2024	110.0 kgs / 242.5 lbs Robert Jackson 6/2022	192.5 kgs / 424.3 lbs Bruce Maus 4/2023	437.5 kgs / 964.5 lbs Bruce Maus 6/2024
70-74	145.0 kgs / 319.6 lbs Robert Jackson 4/2024	115.0 kgs / 253.5 lbs Robert Jackson 4/2025	160.0 kgs / 352.7 lbs Robert Jackson 4/2025	409.5 kgs / 902.7 lbs Robert Jackson 11/2024

Police/Fire/Mil	182.5 kgs / 402.3 lbs Anthony Esteves 1/2023	150.0 kgs / 330.6 lbs Anthony Esteves 1/2023	250.0 kgs / 551.1 lbs Anthony Esteves 2/2023	575.0 kgs / 1267.6 lbs Anthony Esteves 1/2023
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Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	260.0 kgs / 573.1 lbs Lenny Creatura 2012	182.5 kgs / 402.3 lbs Brian Richard	292.5 kgs / 644.8 lbs Lenny Creatura 8/2020	702.5 kgs / 1548.7 lbs Lenny Creatura 2012
20-24	125.0 kgs / 275.5 lbs Jerry Maus 1/2023	110.0 kgs / 242.5 lbs Jerry Maus 1/2023	182.5 kgs / 402.3 lbs Jerry Maus 1/2023	417.5 kgs / 920.4 lbs Jerry Maus 1/2023
25-29	170.0 kgs / 374.7 lbs Jerry Maus 6/2024	122.5 kgs / 270.0 lbs Jerry Maus 6/2024	215.0 kgs / 473.9 lbs Jerry Maus 6/2024	507.5 kgs / 1118.8 lbs Jerry Maus 6/2024
30-34	135.0 kgs / 297.6 lbs Jason Flood 6/2018	115.0 kgs / 253.5 lbs Jason Flood 6/2018	175.0 kgs / 385.8 lbs Jason Flood 6/2018	425.0 kgs / 936.9 lbs Jason Flood 6/2018
35-39	165.0 kgs / 363.7 lbs Jason Flood 1/2023	122.5 kgs / 270.0 lbs Jason Flood 1/2023	200.0 kgs / 440.9 lbs Jason Flood 1/2023	487.5 kgs / 1074.7 lbs Jason Flood 1/2023
45-49	260.0 kgs / 573.1 lbs Lenny Creatura	167.5 kgs / 369.2 lbs Lenny Creatura	257.5 kgs / 567.6 lbs Lenny Creatura	685.0 kgs / 1510.1 lbs Lenny Creatura
50-54	260.0 kgs / 573.1 lbs Lenny Creatura 2012	167.5 kgs / 369.2 lbs Lenny Creatura	275.0 kgs / 606.2 lbs Lenny Creatura 2012	702.5 kgs / 1548.7 lbs Lenny Creatura 2012
55-59	235.0 kgs / 518.0 lbs Lenny Creatura 11/2014	167.8 kgs / 369.9 lbs Roland Cote 2003	200.0 kgs / 440.9 lbs Lenny Creatura 11/2014	595.0 kgs / 1311.7 lbs Lenny Creatura 11/2014
60-64	252.5 kgs / 556.6 lbs Lenny Creatura 8/2020	160.0 kgs / 352.7 lbs Lenny Creatura 3/2018	292.5 kgs / 644.8 lbs Lenny Creatura 8/2020	690.0 kgs / 1521.1 lbs Lenny Creatura 8/2020
Police/Fire/Mil	192.5 kgs / 424.3 lbs Brian Richard	182.5 kgs / 402.3 lbs Brian Richard	260.0 kgs / 573.1 lbs Brian Richard	635.0 kgs / 1399.9 lbs Brian Richard

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	317.5 kgs / 699.9 lbs Chaz Ruffin 6/2017	187.5 kgs / 413.3 lbs Chaz Ruffin 6/2017	320.0 kgs / 705.4 lbs Chaz Ruffin 6/2017	825.0 kgs / 1818.7 lbs Chaz Ruffin 6/2017
18-19	317.5 kgs / 699.9 lbs Chaz Ruffin 6/2017	187.5 kgs / 413.3 lbs Chaz Ruffin 6/2017	320.0 kgs / 705.4 lbs Chaz Ruffin 6/2017	825.0 kgs / 1818.7 lbs Chaz Ruffin 6/2017
35-39	175.0 kgs / 385.8 lbs Jason Flood 6/2023	130.0 kgs / 286.5 lbs Jason Flood 6/2023	227.5 kgs / 501.5 lbs Jason Flood 6/2021	520.0 kgs / 1146.3 lbs Jason Flood 6/2023

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	147.5 kgs / 325.1 lbs Duncan Aronsen 6/2024	110.0 kgs / 242.5 lbs Duncan Aronsen 6/2024	197.5 kgs / 435.4 lbs Duncan Aronsen 6/2024	455.0 kgs / 1003.0 lbs Duncan Aronsen 6/2024
20-24	147.5 kgs / 325.1 lbs Duncan Aronsen 6/2024	110.0 kgs / 242.5 lbs Duncan Aronsen 6/2024	197.5 kgs / 435.4 lbs Duncan Aronsen 6/2024	455.0 kgs / 1003.0 lbs Duncan Aronsen 6/2024