



2025 Teen-Youth Rankings

Updated 04/29/2025 Ed Kutin

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2025 Squat Rankings Female

Weight Class: 44 / 97 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	30	66.1	Sylvia Hunter	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 48 / 105 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Logan White	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 52 / 114 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Bella Butler	US-PA	2025 Great Lakes Championships	Erie	PA

Weight Class: 56 / 123 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Victoria Wood	US-NC	2025 NC State Championships	Jarvisburg	NC
2	52.5	115.7	Alexis Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 60 / 132 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	122.5	270	Nena Pfeffer	US-PA	2025 Great Lakes Championships	Erie	PA
2	102.5	225.9	Alexandria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
3	92.5	203.9	Alex Wood	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 75 / 165 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Jennarose Reagan	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	77.5	170.8	Leah Josey	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	62.5	137.7	Scarlet Deaton	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 82.5 / 181 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	Sarah Adams	US-PA	2025 Great Lakes Championships	Erie	PA
2	52.5	115.7	Symphanie Sharrock	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 90 / 198 Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	172.5	380.2	Mackenzie Taylor	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 90+ / 198+ Squat Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Madison Berry	US-NC	2025 NC State Championships	Jarvisburg	NC
2	30	66.1	Barbara Rosario	US-NY	2025 NJ State Championships	Fair Lawn	NJ

2025 Bench Press Rankings Female

Weight Class: 44 / 97 Bench Press Female

Rank	Lift	lbs	Lifter	Country	Meet	Location	
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1	17.5	38.5	Sylvia Hunter	US-NY	Owego Winter Classic	Owego	NY
Weight Class: 48 / 105 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	42.5	93.6	Logan White	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 52 / 114 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	35	77.1	Bella Butler	US-PA	2025 Great Lakes Championships	Erie	PA
Weight Class: 56 / 123 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	37.5	82.6	Victoria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
2	22.5	49.6	Alexis Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
Weight Class: 60 / 132 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Nena Pfeffer	US-PA	Arnold Stronglifting Powerlifting	Columbus	OH
2	60	132.2	Sarah Rudo	US-MD	2025 Battle of the Border	Currituck	NC
3	52.5	115.7	Alex Wood	US-NC	2025 NC State Championships	Jarvisburg	NC
4	50	110.2	Alexandria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
Weight Class: 67.5 / 148 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	80	176.3	Giuliana Hess	US-NJ	2025 NJ State Championships	Fair Lawn	NJ
2	49.8	109.7	Stephanie Leonard	US-NH	NH Record Breakers	Laconia	NH
Weight Class: 75 / 165 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Jennarose Reagan	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	45	99.2	Leah Josey	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	35	77.1	Scarlet Deaton	US-NY	2025 NJ State Championships	Fair Lawn	NJ
Weight Class: 82.5 / 181 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Zoe Livesay	US-NC	2025 NC State Championships	Jarvisburg	NC
2	55	121.2	Sarah Adams	US-PA	2025 Great Lakes Championships	Erie	PA
3	40	88.1	Symphanie Sharrock	US-NY	2025 NJ State Championships	Fair Lawn	NJ
4	35	77.1	Isabelle Taylor	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
Weight Class: 90 / 198 Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105	231.4	Mackenzie Taylor	US-NC	2025 Battle of the Border	Currituck	NC
2	88	194	Madison Berry	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 90+ / 198+ Bench Press Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Madison Berry	US-NC	2025 NC State Championships	Jarvisburg	NC
2	42.5	93.6	Barbara Rosario	US-NY	2025 NJ State Championships	Fair Lawn	NJ

2025 Deadlift Rankings Female							
Weight Class: 44 / 97 Deadlift Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	40	88.1	Sylvia Hunter	US-NY	Owego Winter Classic	Owego	NY
Weight Class: 48 / 105 Deadlift Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	107.5	236.9	Logan White	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 52 / 114 Deadlift Female							
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	80	176.3	Bella Butler	US-PA	2025 Great Lakes Championships	Erie	PA
Weight Class: 56 / 123			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	77.5	170.8	Victoria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
	77.5	170.8	Alexis Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
Weight Class: 60 / 132			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	130	286.5	Alexandria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
2	125	275.5	Nena Pfeffer	US-PA	2025 Great Lakes Championships	Erie	PA
3	115	253.5	Alex Wood	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 75 / 165			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Jennarose Reagan	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	97.5	214.9	Scarlet Deaton	US-NY	2025 NJ State Championships	Fair Lawn	NJ
3	82.5	181.8	Leah Josey	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
Weight Class: 82.5 / 181			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120	264.5	Zoe Livesay	US-NC	2025 NC State Championships	Jarvisburg	NC
2	112.5	248	Sarah Adams	US-PA	2025 Great Lakes Championships	Erie	PA
3	90	198.4	Isabelle Taylor	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
4	87.5	192.9	Symphanie Sharrock	US-NY	2025 NJ State Championships	Fair Lawn	NJ
Weight Class: 90 / 198			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	190	418.8	Mackenzie Taylor	US-NC	2025 Battle of the Border	Currituck	NC
2	147.5	325.1	Madison Berry	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 90+ / 198+			Deadlift	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	147.5	325.1	Madison Berry	US-NC	2025 NC State Championships	Jarvisburg	NC
2	87.5	192.9	Barbara Rosario	US-NY	2025 NJ State Championships	Fair Lawn	NJ
2025 Total Rankings				Female			
Weight Class: 44 / 97			Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87.5	192.9	Sylvia Hunter	US-NY	Owego Winter Classic	Owego	NY
Weight Class: 48 / 105			Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	Logan White	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 52 / 114			Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	177.5	391.3	Bella Butler	US-PA	2025 Great Lakes Championships	Erie	PA
Weight Class: 56 / 123			Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	175	385.8	Victoria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
2	152.5	336.2	Alexis Brown	US-KY	Arnold Stronglifting Powerlifting	Columbus	OH
Weight Class: 60 / 132			Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	310	683.4	Nena Pfeffer	US-PA	2025 Great Lakes Championships	Erie	PA
2	282.5	622.7	Alexandria Wood	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
3	260	573.1	Alex Wood	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 75 / 165			Total	Female			

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	262.5	578.7	Jennarose Reagan	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	205	451.9	Leah Josey	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	195	429.8	Scarlet Deaton	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 82.5 / 181		Total	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Sarah Adams	US-PA	2025 Great Lakes Championships	Erie	PA
2	180	396.8	Symphanie Sharrock	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 90 / 198		Total	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	455	1003	Mackenzie Taylor	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 90+ / 198+		Total	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	385	848.7	Madison Berry	US-NC	2025 NC State Championships	Jarvisburg	NC
2	160	352.7	Barbara Rosario	US-NY	2025 NJ State Championships	Fair Lawn	NJ

2025 Strict Curl Rankings		Female					
Weight Class: 44 / 97		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	11	24.2	Sylvia Hunter	US-NY	Owego Winter Classic	Owego	NY

Weight Class: 48 / 105		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	29	63.9	Logan White	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 56 / 123		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	17	37.4	Victoria Wood	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 60 / 132		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	30.5	67.2	Sarah Rudo	US-MD	2025 Battle of the Border	Currituck	NC
2	30	66.1	Alex Wood	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 82.5 / 181		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	27	59.5	Zoe Livesay	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 90 / 198		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50.5	111.3	Mackenzie Taylor	US-NC	2025 Battle of the Border	Currituck	NC
2	41	90.3	Madison Berry	US-NC	2025 Battle of the Border	Currituck	NC

Weight Class: 90+ / 198+		Strict Curl	Female				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	44.5	98.1	Madison Berry	US-NC	2025 NC State Championships	Jarvisburg	NC

2025 Squat Rankings		Male					
Weight Class: 48 / 105		Squat	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	72.5	159.8	Kasey Stryffler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 56 / 123		Squat	Male				
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Carter Kincaid	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 60 / 132				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	97.5	214.9	Jeramiah Skinner	US-NC	2025 NC State Championships	Jarvisburg	NC	

Weight Class: 67.5 / 148				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	137.5	303.1	Elvin Quintero Mejia	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
2	127.5	281	Dillon Marshall	US-NY	Owego Winter Classic	Owego	NY	
	127.5	281	Seth Whetzel	US-WV	Ironbuilt Classic	Ashland	VA	
4	125	275.5	Cody Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
5	105	231.4	Zach Cox	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
6	102.5	225.9	Aidyn Forman	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
7	97.5	214.9	Draven Martinez	US-NY	2025 NJ State Championships	Fair Lawn	NJ	

Weight Class: 75 / 165				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	170	374.7	Andrew Schwartz	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
2	162.5	358.2	Adam Liewellyn	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	145	319.6	Drake Stryffeler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH	
	145	319.6	Zacrye Hoinsky	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
5	142.5	314.1	Da'Merion Lewis	US-NC	2025 NC State Championships	Jarvisburg	NC	
	142.5	314.1	Josh Bordeau	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
7	120	264.5	Armano Trenkwalder	Canada	Ice Breaker II	Calgary	Alberta	
	120	264.5	Jacob Lutterbaugh	US-PA	2025 Great Lakes Championships	Erie	PA	
9	115	253.5	Jayden Larnerd	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
10	102.5	225.9	Xavier Esolen	US-NY	Owego Winter Classic	Owego	NY	
11	90	198.4	Keith Rhodes	US-NY	2025 NJ State Championships	Fair Lawn	NJ	

Weight Class: 82.5 / 181				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	192.5	424.3	Ethan Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
2	187.5	413.3	Easten Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
3	182.5	402.3	Brandon Burns	US-NY	Owego Winter Classic	Owego	NY	
4	162.5	358.2	Logan Aman	US-NY	Owego Winter Classic	Owego	NY	
5	157.5	347.2	Declan O'Hara	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
6	155	341.7	Benjamin Cucci	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
7	152.5	336.2	Jean Lojano	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
8	150	330.6	Ben Wasser	US-NJ	2025 NJ State Championships	Fair Lawn	NJ	
9	142.5	314.1	Teague Blanchard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
10	137.5	303.1	Zachary Decastillia	US-NC	2025 NC State Championships	Jarvisburg	NC	
11	120	264.5	Danen Dodd	Canada	Ice Breaker II	Calgary	Alberta	
	120	264.5	Gavin Marshall	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH	
13	107.5	236.9	Matthew Lewis	US-NY	2025 NJ State Championships	Fair Lawn	NJ	

Weight Class: 90 / 198				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	205	451.9	Colton Hubbard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
2	187.5	413.3	Brandon Burns	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	185	407.8	Landon Rollo	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
4	180	396.8	Troy Galbreath	US-PA	2025 Great Lakes Championships	Erie	PA	
5	175	385.8	Landon Garcia Smith	US-NC	2025 NC State Championships	Jarvisburg	NC	
6	167.5	369.2	Evan Truesdale	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
7	165	363.7	Julian Miller	US-DC	Virginia State Open	Woodstock	VA	
8	157.5	347.2	Dalton Fazio	US-NC	2025 NC State Championships	Jarvisburg	NC	
9	137.5	303.1	Mark Winchell	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	

Weight Class: 100 / 220				Squat		Male		
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	207.5	457.4	Braedon Lobdell	US-PA	2025 Great Lakes Championships	Erie	PA	
2	200	440.9	Lucas Lattner	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	150	330.6	Christian Bustamante	US-NC	2025 NC State Championships	Jarvisburg	NC	

4	132.5	292.1	Emmitt Carlson	Canada	Ice Breaker II	Calgary	Alberta
Weight Class: 110 / 242			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	107.5	236.9	Eric Michaca	US-NY	2025 NJ State Championships	Fair Lawn	NJ
Weight Class: 125 / 275			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Baron Capps	US-NC	2025 NC State Championships	Jarvisburg	NC
Unknown Class: SHW			Squat	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	160	352.7	Shane Purvis	US-NC	2025 NC State Championships	Jarvisburg	NC
2025 Bench Press Rankings Male							
Weight Class: 48 / 105			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62.5	137.7	Kasey Stryffler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
Weight Class: 56 / 123			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Carter Kincaid	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 60 / 132			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87.5	192.9	Dillon Marshall	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	55.5	122.3	Jeramiah Skinner	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 67.5 / 148			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	97.5	214.9	Cody Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	92.5	203.9	Dillon Marshall	US-NY	Owego Winter Classic	Owego	NY
	92.5	203.9	Aidyn Forman	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
4	80	176.3	Zach Cox	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
5	75	165.3	Seth Whetzel	US-WV	Ironbuilt Classic	Ashland	VA
6	72.5	159.8	Elvin Quintero Mejia	US-NY	2025 NJ State Championships	Fair Lawn	NJ
7	70.3	154.9	Brecken O'Reilly	US-NH	NH Record Breakers	Laconia	NH
8	65.7	144.8	Noah Andino	US-NH	NH Record Breakers	Laconia	NH
9	63.5	139.9	Elijah Choice	US-NH	NH Record Breakers	Laconia	NH
10	61.2	134.9	Bryce Carroll	US-NH	NH Record Breakers	Laconia	NH
11	47.5	104.7	Draven Martinez	US-NY	2025 NJ State Championships	Fair Lawn	NJ
Weight Class: 75 / 165			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Armano Trenkwalder	Canada	Ice Breaker II	Calgary	Alberta
2	127.5	281	Andrew Schwartz	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
3	115	253.5	Timothy White	US-NY	Owego Winter Classic	Owego	NY
4	107.5	236.9	Jacob Lutterbaugh	US-PA	2025 Great Lakes Championships	Erie	PA
5	102.5	225.9	Drake Stryffeler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
	102.5	225.9	Josh Bordeau	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	102.5	225.9	Jayden Larnerd	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	102.5	225.9	Adam Liewellyn	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
9	97.5	214.9	Kardin Nguyen	US-NH	NH Record Breakers	Laconia	NH
10	92.5	203.9	Xavier Esolen	US-NY	Owego Winter Classic	Owego	NY
	92.5	203.9	Da'Merion Lewis	US-NC	2025 NC State Championships	Jarvisburg	NC
12	90	198.4	Zacrye Hoinsky	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
13	86.1	189.8	Carter Nile	US-NH	NH Record Breakers	Laconia	NH
14	60	132.2	Keith Rhodes	US-NY	2025 NJ State Championships	Fair Lawn	NJ
15	40	88.1	Dominic Sarafis	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 82.5 / 181			Bench Press	Male			

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Liam Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	140	308.6	Ethan Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
3	132.5	292.1	Teague Blanchard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
4	122.5	270	Logan Aman	US-NY	Owego Winter Classic	Owego	NY
5	115	253.5	Ben Wasser	US-NJ	2025 NJ State Championships	Fair Lawn	NJ
6	110	242.5	Gavin Marshall	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
7	107.5	236.9	Brandon Burns	US-NY	Owego Winter Classic	Owego	NY
8	102.5	225.9	Jean Lojano	US-NY	2025 NJ State Championships	Fair Lawn	NJ
9	92.5	203.9	Declan O'Hara	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
10	90	198.4	Easten Binckley	US-NC	2025 Battle of the Border	Currituck	NC
11	85	187.3	Zachary Decastillia	US-NC	2025 NC State Championships	Jarvisburg	NC
12	82.5	181.8	Joshua Cantone	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
13	80	176.3	Matthew Lewis	US-NY	2025 NJ State Championships	Fair Lawn	NJ
	80	176.3	Stephen Palmatier	US-NY	Owego Winter Classic	Owego	NY
	80	176.3	Danen Dodd	Canada	Ice Breaker II	Calgary	Alberta
16	75	165.3	Benjamin Cucci	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY

Weight Class: 90 / 198		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Colton Hubbard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	124.7	274.9	Brock MacPherson	US-NH	NH Record Breakers	Laconia	NH
3	120	264.5	Landon Rollo	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
4	117.5	259	Julian Miller	US-DC	Virginia State Open	Woodstock	VA
5	115	253.5	Gavin Brown	US-NY	Owego Winter Classic	Owego	NY
6	110	242.5	Evan Truesdale	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	110	242.5	Brandon Burns	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
8	107.5	236.9	Tyler Gammon	US-VA	Ironbuilt Classic	Ashland	VA
	107.5	236.9	Mark Winchell	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	107.5	236.9	Troy Galbreath	US-PA	2025 Great Lakes Championships	Erie	PA
11	100	220.4	Landon Garcia Smith	US-NC	2025 NC State Championships	Jarvisburg	NC
12	97.5	214.9	Dalton Fazio	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 100 / 220		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	155	341.7	Lucas Lattner	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	152.5	336.2	Braedon Lobdell	US-PA	2025 Great Lakes Championships	Erie	PA
3	102.5	225.9	Christian Bustamante	US-NC	2025 NC State Championships	Jarvisburg	NC
4	70	154.3	Emmitt Carlson	Canada	Ice Breaker II	Calgary	Alberta
	70	154.3	Dylan Sarafis	US-NC	2025 Battle of the Border	Currituck	NC

Weight Class: 110 / 242		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	135	297.6	Andrew Sobonski	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	132.5	292.1	Colton Greene	US-NC	2025 Battle of the Border	Currituck	NC
3	92.5	203.9	Logan Knauss	US-NC	2025 Battle of the Border	Currituck	NC
4	47.5	104.7	Eric Michaca	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 125 / 275		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Barron Capps	US-NC	2025 Battle of the Border	Currituck	NC
2	147.5	325.1	Baron Capps	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 140 / 308		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	111.1	244.9	Riley Wilson	US-NH	NH Record Breakers	Laconia	NH

Unknown Class: SHW		Bench Press		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Shane Purvis	US-NC	2025 NC State Championships	Jarvisburg	NC

2025 Deadlift Rankings					Male			
Weight Class: 48 / 105			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	75	165.3	Kasey Stryffler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH	
2	62.5	137.7	Owen Bulluck	US-VA	Ironbuilt Classic	Ashland	VA	
Weight Class: 56 / 123			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	165	363.7	Carter Kincaid	US-NC	2025 NC State Championships	Jarvisburg	NC	
Weight Class: 60 / 132			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	200	440.9	Nicholas Richette	US-NY	Owego Winter Classic	Owego	NY	
2	175	385.8	Dillon Marshall	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	110	242.5	Jeramiah Skinner	US-NC	2025 Battle of the Border	Currituck	NC	
Weight Class: 67.5 / 148			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	160	352.7	Cody Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
2	155	341.7	Zach Cox	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	152.5	336.2	Aidyn Forman	US-NC	2025 Battle of the Border	Currituck	NC	
4	147.5	325.1	Elvin Quintero Mejia	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
5	145	319.6	Dillon Marshall	US-NY	Owego Winter Classic	Owego	NY	
6	120	264.5	Draven Martinez	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
	120	264.5	Seth Whetzel	US-WV	Ironbuilt Classic	Ashland	VA	
8	97.5	214.9	Robert Wilson	US-NC	2025 Battle of the Border	Currituck	NC	
Weight Class: 75 / 165			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	192.5	424.3	Andrew Schwartz	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
2	190	418.8	Adam Liewellyn	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
3	182.5	402.3	Da'Merion Lewis	US-NC	2025 NC State Championships	Jarvisburg	NC	
4	160	352.7	Josh Bordeau	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
	160	352.7	Zacrye Hoinsky	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
6	150	330.6	Drake Stryffeler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH	
7	147.5	325.1	Jacob Lutterbaugh	US-PA	2025 Great Lakes Championships	Erie	PA	
8	137.5	303.1	Keith Rhodes	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
	137.5	303.1	Armano Trenkwalder	Canada	Ice Breaker II	Calgary	Alberta	
10	130	286.5	Xavier Esolen	US-NY	Owego Winter Classic	Owego	NY	
11	122.5	270	Jayden Larnerd	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
12	107.5	236.9	Dominic Sarafis	US-NC	2025 Battle of the Border	Currituck	NC	
Weight Class: 82.5 / 181			Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	230	507	Ethan Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH	
2	207.5	457.4	Easten Binckley	US-NC	2025 Battle of the Border	Currituck	NC	
3	202.5	446.4	Jean Lojano	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
4	200	440.9	Logan Aman	US-NY	Owego Winter Classic	Owego	NY	
5	195	429.8	Joshua Cantone	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
6	187.5	413.3	Brandon Burns	US-NY	Owego Winter Classic	Owego	NY	
7	185	407.8	Teague Blanchard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
	185	407.8	Liam Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
9	177.5	391.3	Danen Dodd	Canada	Ice Breaker II	Calgary	Alberta	
	177.5	391.3	Benjamin Cucci	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
11	175	385.8	Ben Wasser	US-NJ	2025 NJ State Championships	Fair Lawn	NJ	
	175	385.8	Zachary Decastillia	US-NC	2025 NC State Championships	Jarvisburg	NC	
13	167.5	369.2	Gavin Marshall	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH	
14	165	363.7	Matthew Lewis	US-NY	2025 NJ State Championships	Fair Lawn	NJ	
15	160	352.7	Declan O'Hara	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY	
Weight Class: 90 / 198			Deadlift		Male			

Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	247.5	545.6	Colton Hubbard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	220	485	Landon Rollo	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	215	473.9	Evan Truesdale	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
	215	473.9	Troy Galbreath	US-PA	2025 Great Lakes Championships	Erie	PA
5	207.5	457.4	Mark Winchell	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
6	200	440.9	Landon Garcia Smith	US-NC	2025 NC State Championships	Jarvisburg	NC
7	192.5	424.3	Brandon Burns	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
8	182.5	402.3	Julian Miller	US-DC	Virginia State Open	Woodstock	VA
9	175	385.8	Dalton Fazio	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 100 / 220		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	262.5	578.7	Lucas Lattner	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	210	462.9	Braedon Lobdell	US-PA	2025 Great Lakes Championships	Erie	PA
3	167.5	369.2	Christian Bustamante	US-NC	2025 NC State Championships	Jarvisburg	NC
4	152.5	336.2	Emmitt Carlson	Canada	Ice Breaker II	Calgary	Alberta
5	140	308.6	Dylan Sarafis	US-NC	2025 Battle of the Border	Currituck	NC

Weight Class: 110 / 242		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	267.5	589.7	Colton Greene	US-NC	2025 NC State Championships	Jarvisburg	NC
2	212.5	468.4	Andrew Sobonski	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	150	330.6	Logan Knauss	US-NC	2025 Battle of the Border	Currituck	NC
4	142.5	314.1	Eric Michaca	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 125 / 275		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	232.5	512.5	Baron Capps	US-NC	2025 NC State Championships	Jarvisburg	NC
2	200	440.9	Trey Parker	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY

Unknown Class: SHW		Deadlift		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Shane Purvis	US-NC	2025 NC State Championships	Jarvisburg	NC

2025 Total Rankings Male

Weight Class: 48 / 105		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	205	451.9	Kasey Stryffler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH

Weight Class: 56 / 123		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	410	903.8	Carter Kincaid	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 60 / 132		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	257.5	567.6	Jeramiah Skinner	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 67.5 / 148		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	382.5	843.2	Cody Anderson	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	365	804.6	Dillon Marshall	US-NY	Owego Winter Classic	Owego	NY
3	357.5	788.1	Elvin Quintero Mejia	US-NY	2025 NJ State Championships	Fair Lawn	NJ
4	340	749.5	Zach Cox	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
5	337.5	744	Aidyn Forman	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
6	322.5	710.9	Seth Whetzel	US-WV	Ironbuilt Classic	Ashland	VA
7	265	584.2	Draven Martinez	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 75 / 165		Total		Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	490	1080.2	Andrew Schwartz	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH

2	455	1003	Adam Liewellyn	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	417.5	920.4	Da'Merion Lewis	US-NC	2025 NC State Championships	Jarvisburg	NC
4	405	892.8	Josh Bordeau	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
5	397.5	876.3	Drake Stryffeler	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
6	395	870.8	Zacrye Hoinsky	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
7	390	859.7	Armano Trenkwald	Canada	Ice Breaker II	Calgary	Alberta
8	375	826.7	Jacob Lutterbaugh	US-PA	2025 Great Lakes Championships	Erie	PA
9	340	749.5	Jayden Larnerd	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
10	325	716.4	Xavier Esolen	US-NY	Owego Winter Classic	Owego	NY
11	287.5	633.8	Keith Rhodes	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 82.5 / 181				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	562.5	1240	Ethan Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
2	485	1069.2	Logan Aman	US-NY	Owego Winter Classic	Owego	NY
3	477.5	1052.6	Brandon Burns	US-NY	Owego Winter Classic	Owego	NY
4	470	1036.1	Easten Binckley	US-NC	Arnold Stronglifting Powerlifting	Columbus	OH
5	460	1014.1	Teague Blanchard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
6	457.5	1008.6	Jean Lojano	US-NY	2025 NJ State Championships	Fair Lawn	NJ
7	440	970	Ben Wasser	US-NJ	2025 NJ State Championships	Fair Lawn	NJ
8	410	903.8	Declan O'Hara	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
9	407.5	898.3	Benjamin Cucci	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
10	397.5	876.3	Zachary Decastillia	US-NC	2025 NC State Championships	Jarvisburg	NC
	397.5	876.3	Gavin Marshall	US-OH	Arnold Stronglifting Powerlifting	Columbus	OH
12	377.5	832.2	Danen Dodd	Canada	Ice Breaker II	Calgary	Alberta
13	352.5	777.1	Matthew Lewis	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 90 / 198				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	597.5	1317.2	Colton Hubbard	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	525	1157.4	Landon Rollo	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
3	502.5	1107.8	Troy Galbreath	US-PA	2025 Great Lakes Championships	Erie	PA
4	492.5	1085.7	Evan Truesdale	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
5	490	1080.2	Brandon Burns	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
6	475	1047.1	Landon Garcia Smith	US-NC	2025 NC State Championships	Jarvisburg	NC
7	465	1025.1	Julian Miller	US-DC	Virginia State Open	Woodstock	VA
8	452.5	997.5	Mark Winchell	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
9	430	947.9	Dalton Fazio	US-NC	2025 NC State Championships	Jarvisburg	NC

Weight Class: 100 / 220				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	617.5	1361.3	Lucas Lattner	US-NY	2025 New York State High School Powerlifting State Championships	Endicott	NY
2	570	1256.6	Braedon Lobdell	US-PA	2025 Great Lakes Championships	Erie	PA
3	420	925.9	Christian Bustamante	US-NC	2025 NC State Championships	Jarvisburg	NC
4	355	782.6	Emmitt Carlson	Canada	Ice Breaker II	Calgary	Alberta

Weight Class: 110 / 242				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	297.5	655.8	Eric Michaca	US-NY	2025 NJ State Championships	Fair Lawn	NJ

Weight Class: 125 / 275				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	585	1289.6	Baron Capps	US-NC	2025 NC State Championships	Jarvisburg	NC

Unknown Class: SHW				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	512.5	1129.8	Shane Purvis	US-NC	2025 NC State Championships	Jarvisburg	NC

2025 Strict Curl Rankings				Male			
Weight Class: 48 / 105				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	18.5	40.7	Owen Bulluck	US-VA	Ironbuilt Classic	Ashland	VA
Weight Class: 60 / 132			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	26	57.3	Jeramiah Skinner	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 67.5 / 148			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	52	114.6	Aidyn Forman	US-NC	2025 Battle of the Border	Currituck	NC
2	50	110.2	Aidyn Foreman	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 75 / 165			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	55.5	122.3	Da'Merion Lewis	US-NC	2025 Battle of the Border	Currituck	NC
2	22.5	49.6	Dominic Sarafis	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 82.5 / 181			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	82.5	181.8	Ethan Binckley	US-NC	2025 Battle of the Border	Currituck	NC
2	58	127.8	Easten Binckley	US-NC	2025 Battle of the Border	Currituck	NC
3	54.5	120.1	Brandon Burns	US-NY	Owego Winter Classic	Owego	NY
Weight Class: 100 / 220			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	41	90.3	Dylan Sarafis	US-NC	2025 Battle of the Border	Currituck	NC
Weight Class: 110 / 242			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70.5	155.4	Colton Greene	US-NC	2025 NC State Championships	Jarvisburg	NC
Weight Class: 125 / 275			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	73.5	162	Barron Capps	US-NC	2025 Battle of the Border	Currituck	NC
2	73	160.9	Baron Capps	US-NC	2025 NC State Championships	Jarvisburg	NC
Unknown Class: SHW			Strict Curl	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	68	149.9	Shane Purvis	US-NC	2025 NC State Championships	Jarvisburg	NC