



MICHIGAN STATE STRICT CURL RECORDS

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3/22/2025

| Weight Class: 75 / 165 Female | | | |
|-------------------------------|---------------------|-------------------|---------|
| Division | Strict Curl | Name | Date |
| Open | 31.5 kgs / 69.4 lbs | Jenelle Aspinwall | 11/2024 |
| 40-44 | 31.5 kgs / 69.4 lbs | Jenelle Aspinwall | 11/2024 |

| Weight Class: 67.5 / 148 Male | | | |
|-------------------------------|----------------------|--------------|---------|
| Division | Strict Curl | Name | Date |
| Open | 59.0 kgs / 130.0 lbs | Adam Sowards | 12/2022 |
| 40-44 | 59.0 kgs / 130.0 lbs | Adam Sowards | 12/2022 |

| Weight Class: 82.5 / 181 Male | | | |
|-------------------------------|----------------------|------------|---------|
| Division | Strict Curl | Name | Date |
| Open | 63.5 kgs / 139.9 lbs | Rick Staab | 10/2008 |
| 60-64 | 63.5 kgs / 139.9 lbs | Rick Staab | 10/2008 |
| 65-69 | 56.0 kgs / 123.4 lbs | Rick Staab | 4/2012 |

| Weight Class: 100 / 220 Male | | | |
|------------------------------|----------------------|-------------|--------|
| Division | Strict Curl | Name | Date |
| Open | 59.5 kgs / 131.1 lbs | John Stchur | 4/2011 |
| 60-64 | 59.5 kgs / 131.1 lbs | John Stchur | 4/2011 |

| Weight Class: 110 / 242 Male | | | |
|------------------------------|----------------------|-----------------|--------|
| Division | Strict Curl | Name | Date |
| Open | 67.5 kgs / 148.8 lbs | Phillip Roehner | 4/2018 |
| 45-49 | 62.5 kgs / 137.7 lbs | Phillip Roehner | 6/2016 |
| 50-54 | 67.5 kgs / 148.8 lbs | Phillip Roehner | 4/2018 |

| Weight Class: 125 / 275 Male | | | |
|------------------------------|----------------------|-----------------|---------|
| Division | Strict Curl | Name | Date |
| Open | 75.0 kgs / 165.3 lbs | Raphael Johnson | 3/2025 |
| 40-44 | 65.0 kgs / 143.2 lbs | Jerry Mathews | 4/2014 |
| 45-49 | 70.0 kgs / 154.3 lbs | Jerry Matthews | 10/2016 |
| 50-54 | 75.0 kgs / 165.3 lbs | Raphael Johnson | 3/2025 |