



## DELAWARE STATE POWERLIFTING RECORDS

Ed Kutin [edkutin@gmail.com](mailto:edkutin@gmail.com)

7/9/2023

Weight Class: 67.5 / 148 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	47.5 kgs / 104.7 lbs Mary Beth Flagg 5/2016	37.5 kgs / 82.6 lbs Mary Beth Flagg 5/2016	92.5 kgs / 203.9 lbs Mary Beth Flagg 5/2016	177.5 kgs / 391.3 lbs Mary Beth Flagg 5/2016
55-59	47.5 kgs / 104.7 lbs Mary Beth Flagg 5/2016	37.5 kgs / 82.6 lbs Mary Beth Flagg 5/2016	92.5 kgs / 203.9 lbs Mary Beth Flagg 5/2016	177.5 kgs / 391.3 lbs Mary Beth Flagg 5/2016

Weight Class: 75 / 165 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	142.5 kgs / 314.1 lbs Cory Davenport 6/2018	105.0 kgs / 231.4 lbs Cory Davenport 6/2018	172.5 kgs / 380.2 lbs Cory Davenport 6/2018	420.0 kgs / 925.9 lbs Cory Davenport 6/2018
18-19	142.5 kgs / 314.1 lbs Cory Davenport 6/2018	105.0 kgs / 231.4 lbs Cory Davenport 6/2018	172.5 kgs / 380.2 lbs Cory Davenport 6/2018	420.0 kgs / 925.9 lbs Cory Davenport 6/2018

Weight Class: 82.5 / 181 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	160.0 kgs / 352.7 lbs Robert Keefer 8/2017	132.5 kgs / 292.1 lbs Lance Underwood 4/2015	220.0 kgs / 485.0 lbs Mike Rapposelli 6/2018	497.5 kgs / 1096.7 lbs Mike Rapposelli 6/2018
25-29	152.5 kgs / 336.2 lbs Mike Rapposelli 6/2018	125.0 kgs / 275.5 lbs Mike Rapposelli 6/2018	220.0 kgs / 485.0 lbs Mike Rapposelli 6/2018	497.5 kgs / 1096.7 lbs Mike Rapposelli 6/2018
35-39	137.5 kgs / 303.1 lbs Lance Underwood 4/2015	132.5 kgs / 292.1 lbs Lance Underwood 4/2015	172.5 kgs / 380.2 lbs Lance Underwood 4/2015	442.5 kgs / 975.5 lbs Lance Underwood 4/2015
65-69	155.0 kgs / 341.7 lbs Robert Keefer 6/2015	122.5 kgs / 270.0 lbs Robert Keefer 10/2015	195.5 kgs / 430.9 lbs Robert Keefer 10/2015	465.5 kgs / 1026.2 lbs Robert Keefer 10/2015
70-74	160.0 kgs / 352.7 lbs Robert Keefer 8/2017	117.5 kgs / 259.0 lbs Robert Keefer 8/2017	193.0 kgs / 425.4 lbs Robert Keefer 8/2017	460.0 kgs / 1014.1 lbs Robert Keefer 8/2017

Weight Class: 90 / 198 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	190.0 kgs / 418.8 lbs Cosme Gonzalez 6/2018	105.0 kgs / 231.4 lbs Cosme Gonzalez 6/2018	195.0 kgs / 429.8 lbs Cosme Gonzalez 6/2018	490.0 kgs / 1080.2 lbs Cosme Gonzalez 6/2018
20-24	190.0 kgs / 418.8 lbs Cosme Gonzalez 6/2018	105.0 kgs / 231.4 lbs Cosme Gonzalez 6/2018	195.0 kgs / 429.8 lbs Cosme Gonzalez 6/2018	490.0 kgs / 1080.2 lbs Cosme Gonzalez 6/2018

<b>Weight Class: 100 / 220 Male / Powerlifting</b>				
<b>Division</b>	<b>Squat</b>	<b>Bench Press</b>	<b>Deadlift</b>	<b>Total</b>
<b>Open</b>	195.0 kgs / 429.8 lbs Lacy Jackson 6/2018	120.0 kgs / 264.5 lbs Lacy Jackson 6/2018	257.5 kgs / 567.6 lbs Lacy Jackson 6/2018	572.5 kgs / 1262.1 lbs Lacy Jackson 6/2018
20-24	195.0 kgs / 429.8 lbs Lacy Jackson 6/2018	120.0 kgs / 264.5 lbs Lacy Jackson 6/2018	257.5 kgs / 567.6 lbs Lacy Jackson 6/2018	572.5 kgs / 1262.1 lbs Lacy Jackson 6/2018