

**2025 Eastern USA Opeen
Woodstock, VA 03/08/2025**

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Sherry Rowe	Female	58	VA	133	67.5/148.8	Masters (55-59)	45				117.5				162.5	1
Leah Swartz	Female	28	PA	184	90/198.4	Open	97.5				182.5				280	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Dr. Raphael Johnson	Male	50	MI	266.8	125/275.5	Masters (50-54)	175				175	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Marvin Moore	Male	35	VA	190.2	90/198.4	Sub-Masters (35-39)	217.5				217.5	1
Frank Cihlar	Male	82	VA	218	100/220.4	Masters (80+)	102.5				102.5	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Leah Swartz	Female	28	PA	184	90/198.4	Open	46.5				46.5	1
Dr. Raphael Johnson	Male	50	MI	266.8	125/275.5	Open	75				75	1
Dr. Raphael Johnson	Male	50	MI	266.8	125/275.5	Masters (50-54)	75				75	1

Ironman

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	SC 1	SC 2	SC 3	SC 4	Total	Placing
Linda Lee	Female	65	VA	149.8	75/165.3	Masters (65-69)	66.5				37				103.5	1
Leah Swartz	Female	28	PA	184	90/198.4	Open	97.5				46.5				144	1
Stephen Gregori	Male	62	MD	146.2	67.5/148.8	Masters (60-64)	100				45.5				145.5	1
Bernie Rhodes	Male	76	VA	242	110/242.5	Masters (75-79)	110				50				160	1
Dr. Raphael Johnson	Male	50	MI	266.8	125/275.5	Masters (50-54)	175				75				250	1