



VIRGINIA STATE POWERLIFTING RECORDS

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12/7/2024

Weight Class: 35 / 77 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	27.5 kgs / 60.6 lbs Kendall Johnston	20.0 kgs / 44.0 lbs Kendall Johnston	55.0 kgs / 121.2 lbs Kendall Johnston	120.7 kgs / 266.0 lbs Kendall Johnston
10-11	27.5 kgs / 60.6 lbs Kendall Johnston	20.0 kgs / 44.0 lbs Kendall Johnston	55.0 kgs / 121.2 lbs Kendall Johnston	120.7 kgs / 266.0 lbs Kendall Johnston

Weight Class: 40 / 88 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	30.0 kgs / 66.1 lbs Jordon Johnston	22.5 kgs / 49.6 lbs Jordon Johnston	62.5 kgs / 137.7 lbs Emma McIntyre	107.5 kgs / 236.9 lbs Jordon Johnston
10-11	30.0 kgs / 66.1 lbs Jordon Johnston	22.5 kgs / 49.6 lbs Jordon Johnston	62.5 kgs / 137.7 lbs Emma McIntyre	107.5 kgs / 236.9 lbs Jordon Johnston

Weight Class: 44 / 97 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	95.0 kgs / 209.4 lbs Ericka Molieri 6/2014	54.0 kgs / 119.0 lbs Karen Poyner 8/2018	113.5 kgs / 250.2 lbs Karen Poyner 8/2017	247.5 kgs / 545.6 lbs Ericka Molieri 6/2014
14-15	54.4 kgs / 119.9 lbs Linh Nguyen 12/1999		72.5 kgs / 159.8 lbs Linh Nguyen 12/1999	149.6 kgs / 329.8 lbs Linh Nguyen 12/1999
35-39	70.0 kgs / 154.3 lbs Sumaya Shakir 5/2015	45.0 kgs / 99.2 lbs Sumaya Shakir 5/2015	95.0 kgs / 209.4 lbs Sumaya Shakir 5/2015	210.0 kgs / 462.9 lbs Sumaya Shakir 5/2015
60-64	75.0 kgs / 165.3 lbs Karen Poyner 8/2017	54.0 kgs / 119.0 lbs Karen Poyner 8/2018	113.5 kgs / 250.2 lbs Karen Poyner 8/2017	237.5 kgs / 523.5 lbs Karen Poyner 8/2017

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	100.0 kgs / 220.4 lbs Jeanne Liu 3/2018	59.0 kgs / 130.0 lbs Karen Poyner	135.0 kgs / 297.6 lbs Keri Davis 6/2017	285.0 kgs / 628.3 lbs Keri Davis 6/2017
14-15	77.5 kgs / 170.8 lbs J Smith	42.5 kgs / 93.6 lbs J Smith	102.5 kgs / 225.9 lbs J Smith	222.5 kgs / 490.5 lbs J Smith
18-19			72.5 kgs / 159.8 lbs Kristen Robbins	
20-24	67.5 kgs / 148.8 lbs Lauren Rodriguez 6/2015	57.5 kgs / 126.7 lbs Lauren Rodriguez	112.5 kgs / 248.0 lbs Lauren Rodriguez	210.0 kgs / 462.9 lbs Lauren Rodriguez
25-29	100.0 kgs / 220.4 lbs Jeanne Liu 3/2018	57.5 kgs / 126.7 lbs Lauren Freeman 2/2016	135.0 kgs / 297.6 lbs Keri Davis 6/2017	285.0 kgs / 628.3 lbs Keri Davis 6/2017
30-34	65.0 kgs / 143.2 lbs Nicole Dirienzo	37.5 kgs / 82.6 lbs Nicole Dirienzo	92.5 kgs / 203.9 lbs Nicole Dirienzo	190.0 kgs / 418.8 lbs Nicole Dirienzo

35-39	72.5 kgs / 159.8 lbs Jamie Brissey 4/2014	47.5 kgs / 104.7 lbs Jamie Brissey 4/2014	122.5 kgs / 270.0 lbs Jamie Brissey 4/2014	252.5 kgs / 556.6 lbs Jamie Brissey
40-44	60.0 kgs / 132.2 lbs Vanessa Talbott 4/2016	47.5 kgs / 104.7 lbs Vanessa Talbott 4/2016	97.5 kgs / 214.9 lbs Vanessa Talbott 4/2016	205.0 kgs / 451.9 lbs Vanessa Talbott 4/2016
45-49	82.5 kgs / 181.8 lbs Kimberly Ryman	56.7 kgs / 125.0 lbs Karen Poyner	130.0 kgs / 286.5 lbs Kimberly Ryman	242.5 kgs / 534.6 lbs Kimberly Ryman 2009
50-54	86.2 kgs / 190.0 lbs Karen Poyner	59.0 kgs / 130.0 lbs Karen Poyner	122.5 kgs / 270.0 lbs Karen Poyner	265.4 kgs / 585.1 lbs Karen Poyner
55-59	90.0 kgs / 198.4 lbs Karen Poyner 6/2011	58.0 kgs / 127.8 lbs Karen Poyner 2013	122.5 kgs / 270.0 lbs Karen Poyner 6/2011	270.0 kgs / 595.2 lbs Karen Poyner 6/2011
60-64	80.5 kgs / 177.4 lbs Karen Poyner 4/2016	53.5 kgs / 117.9 lbs Karen Poyner 4/2016	113.5 kgs / 250.2 lbs Kimberly Price 11/2024	245.0 kgs / 540.1 lbs Karen Poyner 4/2016

Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	107.5 kgs / 236.9 lbs Izaba Paras 6/2017	76.0 kgs / 167.5 lbs Natasha Beasley 10/2017	152.5 kgs / 336.2 lbs Natasha Beasley 10/2016	318.5 kgs / 702.1 lbs Natasha Beasley 10/2017
12-13	50.0 kgs / 110.2 lbs Jennah ElBardicy 6/2024	38.75 kgs / 85.4 lbs Jennah ElBardicy 6/2024	72.5 kgs / 159.8 lbs Jennah ElBardicy 6/2024	161.25 kgs / 355.4 lbs Jennah ElBardicy 6/2024
14-15	62.5 kgs / 137.7 lbs S Jose	37.5 kgs / 82.6 lbs S Jose	87.5 kgs / 192.9 lbs S Jose	190.0 kgs / 418.8 lbs S Jose
20-24	107.5 kgs / 236.9 lbs Izaba Paras 6/2017	47.5 kgs / 104.7 lbs Izaba Paras 6/2017	140.0 kgs / 308.6 lbs Izaba Paras 6/2017	293.0 kgs / 645.9 lbs Izaba Paras 6/2017
25-29	102.5 kgs / 225.9 lbs Allison Cross 10/2016	62.5 kgs / 137.7 lbs Allison Cross 10/2016	142.5 kgs / 314.1 lbs Keri Davis 6/2019	300.0 kgs / 661.3 lbs Allison Cross 10/2016
30-34	100.0 kgs / 220.4 lbs Katherine Lizarraga 11/2024	75.5 kgs / 166.4 lbs Natasha Beasley 6/2017	152.5 kgs / 336.2 lbs Natasha Beasley 10/2016	315.0 kgs / 694.4 lbs Natasha Beasley 10/2016
35-39	102.5 kgs / 225.9 lbs Misty Posey 2/2015	76.0 kgs / 167.5 lbs Natasha Beasley 10/2017	150.0 kgs / 330.6 lbs Natasha Beasley 10/2017	318.5 kgs / 702.1 lbs Natasha Beasley 10/2017
40-44	62.5 kgs / 137.7 lbs Vanessa Talbott 4/2017	42.5 kgs / 93.6 lbs Vanessa Talbott 4/2017	92.5 kgs / 203.9 lbs Vanessa Talbott 4/2017	197.5 kgs / 435.4 lbs Vanessa Talbott 4/2017
45-49	71.0 kgs / 156.5 lbs P Willoughby	50.0 kgs / 110.2 lbs P Willoughby	110.0 kgs / 242.5 lbs P Willoughby	231.0 kgs / 509.2 lbs P Willoughby
55-59	75.0 kgs / 165.3 lbs Libby Dollison 3/2018	50.0 kgs / 110.2 lbs Libby Dollison 3/2018	115.0 kgs / 253.5 lbs Kimberly Price 11/2020	222.5 kgs / 490.5 lbs Kimberly Price 11/2020
Police/Fire/Mil	102.5 kgs / 225.9 lbs Misty Posey 2/2015	55.0 kgs / 121.2 lbs Misty Posey 2/2015	140.0 kgs / 308.6 lbs Misty Posey 2/2015	297.5 kgs / 655.8 lbs Misty Posey 2/2015

Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	130.0 kgs / 286.5 lbs Jonalyn Barcarse 6/2021	87.5 kgs / 192.9 lbs Jonalyn Barcarse 6/2021	170.5 kgs / 375.8 lbs Laura Siegle 10/2024	387.5 kgs / 854.2 lbs Jonalyn Barcarse 6/2021
12-13	25.0 kgs / 55.1 lbs Kinsley Heywood 9/2017	20.0 kgs / 44.0 lbs Kinsley Heywood 9/2017	45.0 kgs / 99.2 lbs Kinsley Heywood 9/2017	90.0 kgs / 198.4 lbs Kinsley Heywood 9/2017
18-19	67.5 kgs / 148.8 lbs Kendra Green 7/2018	47.5 kgs / 104.7 lbs Kendra Green 7/2018	135.0 kgs / 297.6 lbs Kendra Green 7/2018	250.0 kgs / 551.1 lbs Kendra Green 7/2018

20-24	130.0 kgs / 286.5 lbs Jonalyn Barcarse 6/2021	87.5 kgs / 192.9 lbs Jonalyn Barcarse 6/2021	170.0 kgs / 374.7 lbs Jonalyn Barcarse 6/2021	387.5 kgs / 854.2 lbs Jonalyn Barcarse 6/2021
25-29	117.5 kgs / 259.0 lbs Toni Herrmann 6/2016	67.5 kgs / 148.8 lbs Maigan Mendoza 11/2017	150.0 kgs / 330.6 lbs Laura Siegle 12/2018	315.0 kgs / 694.4 lbs Toni Herrmann 6/2017
30-34	115.0 kgs / 253.5 lbs Laura Siegle 6/2021	65.0 kgs / 143.2 lbs Laura Siegle 6/2021	170.5 kgs / 375.8 lbs Laura Siegle 10/2024	350.5 kgs / 772.7 lbs Laura Siegle 10/2024
35-39	120.0 kgs / 264.5 lbs Misty Posey 10/2015	80.5 kgs / 177.4 lbs Natasha Beasley 6/2018	165.0 kgs / 363.7 lbs Natasha Beasley 6/2018	345.5 kgs / 761.6 lbs Natasha Beasley 6/2018
45-49	70.0 kgs / 154.3 lbs Alison Bulluck 10/2024	45.0 kgs / 99.2 lbs Beth Permelia	115.0 kgs / 253.5 lbs Beth Permelia	215.0 kgs / 473.9 lbs Alison Bulluck 10/2024
50-54	52.5 kgs / 115.7 lbs Beth Permelia 6/2016	42.5 kgs / 93.6 lbs Beth Permelia 6/2016	117.5 kgs / 259.0 lbs Beth Permelia 6/2016	212.5 kgs / 468.4 lbs Beth Permelia 6/2016
55-59	86.2 kgs / 190.0 lbs Patricia Azlin	57.5 kgs / 126.7 lbs Susan Drach 4/2014	120.0 kgs / 264.5 lbs Susan Drach 4/2014	240.4 kgs / 529.9 lbs Patricia Azlin 2009
60-64	72.5 kgs / 159.8 lbs Susan Drach 4/2018	60.5 kgs / 133.3 lbs Susan Drach 4/2019	126.5 kgs / 278.8 lbs Susan Drach 4/2019	257.0 kgs / 566.5 lbs Susan Drach 4/2019
65-69	67.0 kgs / 147.7 lbs Marcia Anderson 7/2019	30.0 kgs / 66.1 lbs Marcia Anderson 7/2019	85.0 kgs / 187.3 lbs Marcia Anderson 7/2019	182.0 kgs / 401.2 lbs Marcia Anderson 7/2019
70-74	77.5 kgs / 170.8 lbs Marcia Anderson 11/2022	41.0 kgs / 90.3 lbs Marcia Anderson 7/2021	103.0 kgs / 227.0 lbs Marcia Anderson 11/2022	220.5 kgs / 486.1 lbs Marcia Anderson 11/2022
Police/Fire/Mil	120.0 kgs / 264.5 lbs Misty Posey 10/2015	60.0 kgs / 132.2 lbs Yvonne Young 8/2012	142.5 kgs / 314.1 lbs Misty Posey 10/2015	315.0 kgs / 694.4 lbs Misty Posey 10/2015

Weight Class: 60 / 132 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	140.0 kgs / 308.6 lbs Lisa Suda 6/2016	85.5 kgs / 188.4 lbs Natasha Beasley 6/2019	180.0 kgs / 396.8 lbs Natasha Beasley 3/2020	370.5 kgs / 816.8 lbs Natasha Beasley 6/2019
12-13	37.5 kgs / 82.6 lbs Cheyenne Crocket 6/2017	24.0 kgs / 52.9 lbs Cheyenne Crocket 6/2017	55.0 kgs / 121.2 lbs Cheyenne Crocket 6/2017	116.5 kgs / 256.8 lbs Cheyenne Crocket 6/2017
14-15	60.0 kgs / 132.2 lbs Emily Hutcherson	42.5 kgs / 93.6 lbs Victoria Webb 5/2015	108.0 kgs / 238.0 lbs Emily Hutcherson 2013	205.5 kgs / 453.0 lbs Emily Hutcherson
16-17	117.5 kgs / 259.0 lbs Shannon Faircloth 6/2023	65.7 kgs / 144.8 lbs Tausha Oxe 2/2000	102.5 kgs / 225.9 lbs Shannon Faircloth 6/2023	280.5 kgs / 618.3 lbs Shannon Faircloth 6/2023
20-24	112.5 kgs / 248.0 lbs Taylor Henderson 6/2015	72.5 kgs / 159.8 lbs Taylor Henderson 10/2015	150.0 kgs / 330.6 lbs Taylor Henderson 10/2015	335.0 kgs / 738.5 lbs Taylor Henderson 10/2015
25-29	140.0 kgs / 308.6 lbs Lisa Suda 6/2016	77.5 kgs / 170.8 lbs Lisa Suda 10/2016	157.5 kgs / 347.2 lbs Lisa Suda 6/2016	365.0 kgs / 804.6 lbs Lisa Suda 6/2016
30-34	80.0 kgs / 176.3 lbs Sara VanHorn 2/2016	55.0 kgs / 121.2 lbs April Wilson 11/2017	150.0 kgs / 330.6 lbs Catherine Weaver	247.5 kgs / 545.6 lbs Sara VanHorn 2/2016
35-39	117.5 kgs / 259.0 lbs Jennifer Coffee 10/2017	85.5 kgs / 188.4 lbs Natasha Beasley 6/2019	180.0 kgs / 396.8 lbs Natasha Beasley 3/2020	370.5 kgs / 816.8 lbs Natasha Beasley 6/2019
40-44	92.5 kgs / 203.9 lbs Edith Simmons 2/2017	52.5 kgs / 115.7 lbs Edith Simmons 2/2017	110.0 kgs / 242.5 lbs Edith Simmons 2/2017	255.0 kgs / 562.1 lbs Edith Simmons 2/2017

45-49	115.0 kgs / 253.5 lbs Laura Clancy 6/2015	66.5 kgs / 146.6 lbs Laura Clancy 2013	125.0 kgs / 275.5 lbs Laura Clancy 6/2014	302.5 kgs / 666.8 lbs Laura Clancy 6/2014
50-54	70.0 kgs / 154.3 lbs Gina Buhrman 3/2019	42.5 kgs / 93.6 lbs Gina Buhrman 3/2019	97.5 kgs / 214.9 lbs Gina Buhrman 3/2019	210.0 kgs / 462.9 lbs Gina Buhrman 3/2019
55-59	55.0 kgs / 121.2 lbs Kim Radder 8/2017	40.0 kgs / 88.1 lbs Kim Radder 8/2017	92.5 kgs / 203.9 lbs Kim Radder	185.0 kgs / 407.8 lbs Kim Radder 8/2017
60-64	57.5 kgs / 126.7 lbs Kim Radder 3/2019	40.0 kgs / 88.1 lbs Kim Radder 3/2018	97.5 kgs / 214.9 lbs Kim Radder 3/2018	195.0 kgs / 429.8 lbs Kim Radder 3/2019
65-69	65.0 kgs / 143.2 lbs Linda Leightley 6/2014	42.5 kgs / 93.6 lbs Linda Leightley	119.0 kgs / 262.3 lbs Linda Leightley	215.0 kgs / 473.9 lbs Linda Leightley 6/2014
70-74	76.0 kgs / 167.5 lbs Linda Leightley 11/2019	45.5 kgs / 100.3 lbs Linda Leightley 3/2019	125.0 kgs / 275.5 lbs Linda Leightley 11/2019	243.5 kgs / 536.8 lbs Linda Leightley 11/2019
75-79	70.0 kgs / 154.3 lbs Linda Leightley 10/2021	45.0 kgs / 99.2 lbs Linda Leightley 3/2020	125.0 kgs / 275.5 lbs Linda Leightley 10/2021	240.0 kgs / 529.1 lbs Linda Leightley 10/2021

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	152.5 kgs / 336.2 lbs Aubrey Mester-Webb 2/2015	82.5 kgs / 181.8 lbs Latosha Floyd 6/2014	200.0 kgs / 440.9 lbs Tricia Floyd 3/2018	407.5 kgs / 898.3 lbs Latosha Floyd 6/2014
10-11	27.5 kgs / 60.6 lbs Mary Ross 2/2018	27.5 kgs / 60.6 lbs Mary Ross 2/2018	65.0 kgs / 143.2 lbs Mary Ross 2/2018	120.0 kgs / 264.5 lbs Mary Ross 2/2018
14-15	67.5 kgs / 148.8 lbs Colleen Blakeney 6/2021	37.5 kgs / 82.6 lbs Colleen Blakeney 6/2021	115.0 kgs / 253.5 lbs Jordan West	187.5 kgs / 413.3 lbs Colleen Blakeney 6/2021
16-17	110.0 kgs / 242.5 lbs Cassidy Bennett 3/2017	60.0 kgs / 132.2 lbs Cassidy Bennett 3/2017	150.0 kgs / 330.6 lbs Darby Nelson	285.0 kgs / 628.3 lbs Cassidy Bennett 3/2017
18-19	95.0 kgs / 209.4 lbs Christina Hall 3/2017	52.5 kgs / 115.7 lbs Kyrie Nicolai 4/2018	125.0 kgs / 275.5 lbs Christina Hall 3/2017	265.0 kgs / 584.2 lbs Christina Hall 3/2017
20-24	152.5 kgs / 336.2 lbs Aubrey Mester-Webb 2/2015	75.0 kgs / 165.3 lbs Kourtney Colley 9/2015	172.5 kgs / 380.2 lbs Aubrey Mester-Webb 2/2015	395.0 kgs / 870.8 lbs Aubrey Mester-Webb 2/2015
25-29	142.5 kgs / 314.1 lbs Audrey Carpenter 7/2019	82.5 kgs / 181.8 lbs Kelly Chance 10/2015	160.0 kgs / 352.7 lbs Audrey Carpenter 7/2019	375.0 kgs / 826.7 lbs Audrey Carpenter 7/2019
30-34	105.5 kgs / 232.5 lbs Stephanie Gochenour 11/2021	65.0 kgs / 143.2 lbs Rachael Hardison 3/2019	137.5 kgs / 303.1 lbs Rachael Hardison 3/2019	307.5 kgs / 677.9 lbs Rachael Hardison 3/2019
35-39	122.5 kgs / 270.0 lbs Natasha Beasley 6/2021	82.5 kgs / 181.8 lbs Lyn Pendley 3/2018	200.0 kgs / 440.9 lbs Tricia Floyd 3/2018	387.5 kgs / 854.2 lbs Natasha Beasley 6/2021
40-44	115.0 kgs / 253.5 lbs Natasha Beasley 11/2024	82.5 kgs / 181.8 lbs Natasha Beasley 11/2024	172.5 kgs / 380.2 lbs Natasha Beasley 11/2024	370.0 kgs / 815.7 lbs Natasha Beasley 11/2024
45-49	130.0 kgs / 286.5 lbs Laura Clancy 2012	62.5 kgs / 137.7 lbs Laura Clancy	145.0 kgs / 319.6 lbs Sherry Chaffin 9/2016	307.5 kgs / 677.9 lbs Laura Clancy 2012
50-54	115.0 kgs / 253.5 lbs Laura Clancy 3/2017	62.5 kgs / 137.7 lbs Laura Clancy 10/2018	115.0 kgs / 253.5 lbs Betty Lee 12/2018	285.0 kgs / 628.3 lbs Laura Clancy 3/2017

55-59	92.5 kgs / 203.9 lbs Laura Clancy 11/2024	52.5 kgs / 115.7 lbs Laura Clancy 11/2024	92.5 kgs / 203.9 lbs Laura Clancy 11/2024	237.5 kgs / 523.5 lbs Laura Clancy 11/2024
60-64	62.5 kgs / 137.7 lbs Geneva Koutas	52.5 kgs / 115.7 lbs Geneva Koutas	112.5 kgs / 248.0 lbs Geneva Koutas	230.0 kgs / 507.0 lbs Geneva Koutas
70-74			57.5 kgs / 126.7 lbs Gladys Lopez	
Police/Fire/Mil	145.0 kgs / 319.6 lbs Angela Webb	82.5 kgs / 181.8 lbs Latosha Floyd	182.5 kgs / 402.3 lbs Latosha Floyd	407.5 kgs / 898.3 lbs Latosha Floyd

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	157.5 kgs / 347.2 lbs Ashley Szczepaniec 2013	85.1 kgs / 187.6 lbs Ashley Szczepaniec	195.0 kgs / 429.8 lbs Tricia Floyd 3/2019	415.0 kgs / 914.9 lbs Aubrey Mester-Webb 10/2015
10-11	30.0 kgs / 66.1 lbs Mary Ross 6/2018	25.0 kgs / 55.1 lbs Mary Ross 6/2018	85.0 kgs / 187.3 lbs Mary Ross 6/2018	140.0 kgs / 308.6 lbs Mary Ross 6/2018
14-15	74.8 kgs / 164.9 lbs T Geer	45.4 kgs / 100.0 lbs T Geer	79.4 kgs / 175.0 lbs T Geer	199.6 kgs / 440.0 lbs T Geer
16-17	100.0 kgs / 220.4 lbs Raneem Hasan 3/2017	57.5 kgs / 126.7 lbs Raneem Hasan 3/2017	115.0 kgs / 253.5 lbs Raneem Hasan 3/2017	272.5 kgs / 600.7 lbs Raneem Hasan 3/2017
18-19	65.0 kgs / 143.2 lbs Madison Allen 10/2024	40.0 kgs / 88.1 lbs Madison Allen 10/2024	82.5 kgs / 181.8 lbs Madison Allen 10/2024	187.5 kgs / 413.3 lbs Madison Allen 10/2024
20-24	155.0 kgs / 341.7 lbs Aubrey Mester-Webb 10/2015	77.5 kgs / 170.8 lbs Aubrey Mester-Webb 10/2015	182.5 kgs / 402.3 lbs Aubrey Mester-Webb 10/2015	415.0 kgs / 914.9 lbs Aubrey Mester-Webb 10/2015
25-29	145.0 kgs / 319.6 lbs Aubrey Mester-Webb 10/2016	82.5 kgs / 181.8 lbs Aubrey Mester-Webb 10/2016	187.5 kgs / 413.3 lbs Aubrey Mester-Webb 10/2016	415.0 kgs / 914.9 lbs Aubrey Mester-Webb 10/2016
30-34	120.0 kgs / 264.5 lbs Angela Roark 3/2017	75.0 kgs / 165.3 lbs Angela Roark 3/2017	170.0 kgs / 374.7 lbs Angela Roark 3/2017	365.0 kgs / 804.6 lbs Angela Roark 3/2017
35-39	125.0 kgs / 275.5 lbs Tricia Floyd 3/2019	75.0 kgs / 165.3 lbs Mona Espinosa 10/2018	195.0 kgs / 429.8 lbs Tricia Floyd 3/2019	377.5 kgs / 832.2 lbs Tricia Floyd 3/2019
40-44	112.5 kgs / 248.0 lbs Myra Luck 9/2017	65.0 kgs / 143.2 lbs Alexandra Arkoian 3/2019	140.0 kgs / 308.6 lbs Myra Luck 9/2017	310.0 kgs / 683.4 lbs Myra Luck 9/2017
45-49	110.0 kgs / 242.5 lbs Michelle Hall 7/2018	72.5 kgs / 159.8 lbs Michelle Woods 6/2018	137.5 kgs / 303.1 lbs Michelle Hall 7/2018	310.0 kgs / 683.4 lbs Michelle Hall 7/2018
50-54	75.0 kgs / 165.3 lbs Jill Gossard 6/2014	50.0 kgs / 110.2 lbs Susan Jacoby 3/2017	117.5 kgs / 259.0 lbs Jill Gossard 9/2014	240.0 kgs / 529.1 lbs Jill Gossard 9/2014
55-59	82.5 kgs / 181.8 lbs Claudia Helmick 10/2018	65.0 kgs / 143.2 lbs Claudia Helmick 10/2018	128.5 kgs / 283.2 lbs Claudia Helmick 10/2018	274.0 kgs / 604.0 lbs Claudia Helmick 10/2018
60-64	100.0 kgs / 220.4 lbs Despina Belle-Isle 3/2019	60.0 kgs / 132.2 lbs Geneva Koutas 6/2013	130.0 kgs / 286.5 lbs Despina Belle-Isle 3/2019	295.0 kgs / 650.3 lbs Geneva Koutas
65-69	110.0 kgs / 242.5 lbs Nancy Breen 5/2024	65.5 kgs / 144.4 lbs Nancy Breen 10/2024	125.0 kgs / 275.5 lbs Nancy Breen 10/2024	300.5 kgs / 662.4 lbs Nancy Breen 10/2024
70-74	67.5 kgs / 148.8 lbs Linda Odum 4/2019	35.0 kgs / 77.1 lbs Linda Odum 7/2018	112.5 kgs / 248.0 lbs Linda Odum 4/2019	212.5 kgs / 468.4 lbs Linda Odum 4/2019
Police/Fire/Mil	137.5 kgs / 303.1 lbs Nichola Diaz 8/2014	82.5 kgs / 181.8 lbs Nichola Diaz 8/2014	187.5 kgs / 413.3 lbs Latosha Floyd	380.0 kgs / 837.7 lbs Nichola Diaz 8/2014

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	147.5 kgs / 325.1 lbs Allison White 5/2019	115.0 kgs / 253.5 lbs Allison White 5/2019	197.5 kgs / 435.4 lbs Allison White 5/2019	455.0 kgs / 1003.0 lbs Allison White 5/2019
16-17	120.0 kgs / 264.5 lbs Hannah Morris 3/2023	70.0 kgs / 154.3 lbs Hannah Morris 3/2023	145.0 kgs / 319.6 lbs Hannah Morris 3/2023	335.0 kgs / 738.5 lbs Hannah Morris 3/2023
20-24	115.0 kgs / 253.5 lbs Sayda Cardenas 10/2023	80.0 kgs / 176.3 lbs A Cotton	162.5 kgs / 358.2 lbs A Cotton	317.0 kgs / 698.8 lbs Nicole Wallace 7/2018
25-29	120.0 kgs / 264.5 lbs Sara Crews 3/2018	65.0 kgs / 143.2 lbs Sara Crews 3/2018	162.5 kgs / 358.2 lbs Sara Crews 3/2018	347.5 kgs / 766.0 lbs Sara Crews 3/2018
30-34	137.5 kgs / 303.1 lbs Kristi Rowley 2/2017	77.5 kgs / 170.8 lbs Cara Vargas	152.5 kgs / 336.2 lbs Kristi Rowley 6/2017	340.0 kgs / 749.5 lbs Kristi Rowley 2/2017
35-39	147.5 kgs / 325.1 lbs Allison White 5/2019	115.0 kgs / 253.5 lbs Allison White 5/2019	197.5 kgs / 435.4 lbs Allison White 5/2019	455.0 kgs / 1003.0 lbs Allison White 5/2019
40-44	137.5 kgs / 303.1 lbs Kristel Barber 7/2018	72.5 kgs / 159.8 lbs Kristel Barber 7/2018	157.5 kgs / 347.2 lbs Kristel Barber 7/2018	367.5 kgs / 810.1 lbs Kristel Barber 7/2018
45-49	82.5 kgs / 181.8 lbs Katina James 8/2019	55.0 kgs / 121.2 lbs Kara Silva 6/2019	95.0 kgs / 209.4 lbs Katina James 8/2019	230.0 kgs / 507.0 lbs Katina James 8/2019
50-54		65.0 kgs / 143.2 lbs Mary Hodge	117.5 kgs / 259.0 lbs Mary Hodge	182.5 kgs / 402.3 lbs Mary Hodge
55-59	85.0 kgs / 187.3 lbs Linda Lee 8/2019	75.0 kgs / 165.3 lbs Linda Lee 6/2019	150.0 kgs / 330.6 lbs Linda Lee 8/2019	310.0 kgs / 683.4 lbs Linda Lee 8/2019
60-64	90.0 kgs / 198.4 lbs Nancy Breen 10/2023	55.0 kgs / 121.2 lbs Nancy Breen 10/2023	115.0 kgs / 253.5 lbs Nancy Breen 10/2023	255.0 kgs / 562.1 lbs Nancy Breen 10/2023
65-69	60.0 kgs / 132.2 lbs Sonya Jones 8/2024	47.5 kgs / 104.7 lbs Sonya Jones 8/2024	117.5 kgs / 259.0 lbs Sonya Jones 8/2024	225.0 kgs / 496.0 lbs Sonya Jones 8/2024
Police/Fire/Mil	120.0 kgs / 264.5 lbs Sara Crews 3/2018	78.0 kgs / 171.9 lbs Mona Espinosa 3/2019	162.5 kgs / 358.2 lbs Sara Crews 3/2018	347.5 kgs / 766.0 lbs Sara Crews 3/2018

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	167.5 kgs / 369.2 lbs Aria DeSimini 7/2018	97.5 kgs / 214.9 lbs Aria DeSimini 7/2018	200.0 kgs / 440.9 lbs Aria DeSimini 7/2018	465.0 kgs / 1025.1 lbs Aria DeSimini 7/2018
14-15	127.5 kgs / 281.0 lbs Emily Neff 5/2021	67.5 kgs / 148.8 lbs Emily Neff 5/2021	125.0 kgs / 275.5 lbs Emily Neff 5/2021	320.0 kgs / 705.4 lbs Emily Neff 5/2021
16-17	65.0 kgs / 143.2 lbs Sasha Lynn Payne 10/2023	30.0 kgs / 66.1 lbs Sasha Lynn Payne 10/2023	82.5 kgs / 181.8 lbs Sasha Lynn Payne 10/2023	177.5 kgs / 391.3 lbs Sasha Lynn Payne 10/2023
20-24	167.5 kgs / 369.2 lbs Aria DeSimini 7/2018	97.5 kgs / 214.9 lbs Aria DeSimini 7/2018	200.0 kgs / 440.9 lbs Aria DeSimini 7/2018	465.0 kgs / 1025.1 lbs Aria DeSimini 7/2018
25-29	147.5 kgs / 325.1 lbs Kelly Christian 11/2019	70.0 kgs / 154.3 lbs Kelly Christian 11/2019	152.5 kgs / 336.2 lbs Kelly Christian 11/2019	370.0 kgs / 815.7 lbs Kelly Christian 11/2019
30-34	142.5 kgs / 314.1 lbs Marsha DiPeppe 7/2018	65.0 kgs / 143.2 lbs Marsha DiPeppe 7/2018	165.0 kgs / 363.7 lbs Marsha DiPeppe 7/2018	372.5 kgs / 821.2 lbs Marsha DiPeppe 7/2018
35-39	117.5 kgs / 259.0 lbs Dawn Williams 6/2015	85.0 kgs / 187.3 lbs Dawn Williams 6/2015	162.5 kgs / 358.2 lbs Tomi Dement 11/2024	350.0 kgs / 771.6 lbs Tomi Dement 11/2024
40-44	96.0 kgs / 211.6 lbs Patricia Frankson 11/2020	52.5 kgs / 115.7 lbs Patricia Frankson 11/2020	135.0 kgs / 297.6 lbs Patricia Frankson 11/2020	278.5 kgs / 613.9 lbs Patricia Frankson 11/2020

45-49	120.0 kgs / 264.5 lbs Charlotte Baker 4/2017	73.0 kgs / 160.9 lbs Charlotte Baker 4/2018	167.5 kgs / 369.2 lbs Charlotte Baker 4/2018	355.5 kgs / 783.7 lbs Charlotte Baker 4/2018
50-54	95.0 kgs / 209.4 lbs Mitra Friant 6/2019	67.5 kgs / 148.8 lbs Mary Hodge	120.0 kgs / 264.5 lbs Mitra Friant 6/2019	262.5 kgs / 578.7 lbs Mitra Friant 6/2019
55-59	120.0 kgs / 264.5 lbs Kathleen Carpenter 7/2018	70.0 kgs / 154.3 lbs Kathleen Carpenter 7/2018	140.0 kgs / 308.6 lbs Joenell Frantz 3/2019	315.0 kgs / 694.4 lbs Kathleen Carpenter 7/2018
60-64	65.0 kgs / 143.2 lbs Penny Muire 4/2017	40.0 kgs / 88.1 lbs Penny Muire 4/2017	90.0 kgs / 198.4 lbs Penny Muire 4/2017	195.0 kgs / 429.8 lbs Penny Muire 4/2017
65-69	68.0 kgs / 149.9 lbs Karen Hansen 6/2017	53.0 kgs / 116.8 lbs Karen Hansen 6/2017	133.5 kgs / 294.3 lbs Karen Hanson	246.0 kgs / 542.3 lbs Karen Hansen 6/2017
70-74	82.5 kgs / 181.8 lbs Karen Hansen 3/2019	57.5 kgs / 126.7 lbs Karen Hansen 10/2018	126.0 kgs / 277.7 lbs Karen Hansen 6/2018	257.5 kgs / 567.6 lbs Karen Hansen 3/2019
Police/Fire/Mil	112.5 kgs / 248.0 lbs Tomi Dement 2/2024	75.0 kgs / 165.3 lbs Tomi Dement 11/2024	162.5 kgs / 358.2 lbs Tomi Dement 11/2024	350.0 kgs / 771.6 lbs Tomi Dement 11/2024
Spec. Oly.		27.5 kgs / 60.6 lbs Vonda Martin	75.0 kgs / 165.3 lbs Vonda Martin	102.5 kgs / 225.9 lbs Vonda Martin

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	205.0 kgs / 451.9 lbs Emily Wingo 10/2017	107.5 kgs / 236.9 lbs Jontiasha Goode 6/2021	206.0 kgs / 454.1 lbs Emily Wingo 6/2017	497.5 kgs / 1096.7 lbs Emily Wingo 10/2017
14-15	55.0 kgs / 121.2 lbs Maia Carter 3/2019	27.5 kgs / 60.6 lbs Maia Carter 3/2019	92.5 kgs / 203.9 lbs Maia Carter 3/2019	175.0 kgs / 385.8 lbs Maia Carter 3/2019
16-17	105.0 kgs / 231.4 lbs Caroline Willar 5/2015	50.0 kgs / 110.2 lbs Caroline Willar 5/2015	142.5 kgs / 314.1 lbs Kaitlyn Dortch 11/2024	290.0 kgs / 639.3 lbs Kaitlyn Dortch 11/2024
18-19	115.0 kgs / 253.5 lbs Maya El-Hage 3/2017	57.5 kgs / 126.7 lbs Maya El-Hage 3/2017	150.0 kgs / 330.6 lbs Maya El-Hage 3/2017	322.5 kgs / 710.9 lbs Maya El-Hage 3/2017
20-24	182.5 kgs / 402.3 lbs Kopper Carter 10/2016	102.5 kgs / 225.9 lbs Kopper Carter 6/2017	205.0 kgs / 451.9 lbs Kopper Carter 6/2017	490.0 kgs / 1080.2 lbs Kopper Carter 6/2017
25-29	172.5 kgs / 380.2 lbs Emily Adams 6/2015	107.5 kgs / 236.9 lbs Jontiasha Goode 6/2021	165.0 kgs / 363.7 lbs Emily Adams 6/2015	415.0 kgs / 914.9 lbs Emily Adams 6/2015
30-34	205.0 kgs / 451.9 lbs Emily Wingo 10/2017	95.0 kgs / 209.4 lbs Emily Wingo 6/2017	206.0 kgs / 454.1 lbs Emily Wingo 6/2017	497.5 kgs / 1096.7 lbs Emily Wingo 10/2017
35-39	162.5 kgs / 358.2 lbs Peri Evanoff 12/2018	97.5 kgs / 214.9 lbs Malesia Taylor 11/2023	200.0 kgs / 440.9 lbs Malesia Taylor 11/2023	450.0 kgs / 992.0 lbs Malesia Taylor 11/2023
40-44	140.0 kgs / 308.6 lbs Kirsten Ross 6/2018	80.0 kgs / 176.3 lbs Kirsten Ross 3/2019	160.0 kgs / 352.7 lbs Kirsten Ross 8/2020	367.5 kgs / 810.1 lbs Kirsten Ross 6/2018
45-49	125.0 kgs / 275.5 lbs Crystal Bridgforth 11/2023	77.0 kgs / 169.7 lbs Crystal Bridgforth 2/2024	152.5 kgs / 336.2 lbs Crystal Bridgforth 11/2023	353.5 kgs / 779.3 lbs Crystal Bridgforth 11/2023
50-54	110.0 kgs / 242.5 lbs Charlotte Baker 4/2023	70.0 kgs / 154.3 lbs Charlotte Baker 4/2023	157.5 kgs / 347.2 lbs Charlotte Baker 4/2023	337.5 kgs / 744.0 lbs Charlotte Baker 4/2023
55-59	137.5 kgs / 303.1 lbs Charlotte Baker 11/2024	73.5 kgs / 162.0 lbs Charlotte Baker 4/2024	170.0 kgs / 374.7 lbs Charlotte Baker 11/2024	377.5 kgs / 832.2 lbs Charlotte Baker 11/2024
65-69	60.0 kgs / 132.2 lbs Karen Hansen	45.0 kgs / 99.2 lbs Karen Hansen	136.0 kgs / 299.8 lbs Karen Hansen	237.5 kgs / 523.5 lbs Karen Hansen
Police/Fire/Mil	137.5 kgs / 303.1 lbs Charlotte Baker 11/2024	73.5 kgs / 162.0 lbs Charlotte Baker 4/2024	170.0 kgs / 374.7 lbs Charlotte Baker 11/2024	377.5 kgs / 832.2 lbs Charlotte Baker 11/2024

Spec. Oly.		20.0 kgs / 44.0 lbs Girlvester Thompson	65.0 kgs / 143.2 lbs Girlvester Thompson	85.0 kgs / 187.3 lbs Girlvester Thompson
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Weight Class: 30 / 66 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	45.0 kgs / 99.2 lbs Joshua Moore	30.0 kgs / 66.1 lbs Andrew Scibelli	52.5 kgs / 115.7 lbs Andrew Scibelli	120.7 kgs / 266.0 lbs Joshua Moore
10-11	45.0 kgs / 99.2 lbs Joshua Moore	30.0 kgs / 66.1 lbs Andrew Scibelli	52.5 kgs / 115.7 lbs Andrew Scibelli	120.7 kgs / 266.0 lbs Joshua Moore

Weight Class: 35 / 77 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	37.5 kgs / 82.6 lbs Joshua Moore	27.5 kgs / 60.6 lbs Joshua Moore	50.0 kgs / 110.2 lbs Joshua Moore	115.0 kgs / 253.5 lbs Joshua Moore
10-11	37.5 kgs / 82.6 lbs Joshua Moore	27.5 kgs / 60.6 lbs Joshua Moore	50.0 kgs / 110.2 lbs Joshua Moore	115.0 kgs / 253.5 lbs Joshua Moore

Weight Class: 40 / 88 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	47.6 kgs / 104.9 lbs Kyle Rochefort	27.5 kgs / 60.6 lbs Kaiden Koehler 2/2018	72.5 kgs / 159.8 lbs Kaiden Koehler 2/2018	142.9 kgs / 315.0 lbs Kyle Rochefort
10-11	47.6 kgs / 104.9 lbs Kyle Rochefort	27.5 kgs / 60.6 lbs Kaiden Koehler 2/2018	72.5 kgs / 159.8 lbs Kaiden Koehler 2/2018	142.9 kgs / 315.0 lbs Kyle Rochefort

Weight Class: 44 / 97 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	40.0 kgs / 88.1 lbs Kaiden Koehler 6/2018	32.5 kgs / 71.6 lbs Kaiden Koehler 6/2018	80.0 kgs / 176.3 lbs Kaiden Koehler 6/2018	152.5 kgs / 336.2 lbs Kaiden Koehler 6/2018
10-11	40.0 kgs / 88.1 lbs Kaiden Koehler 6/2018	32.5 kgs / 71.6 lbs Kaiden Koehler 6/2018	80.0 kgs / 176.3 lbs Kaiden Koehler 6/2018	152.5 kgs / 336.2 lbs Kaiden Koehler 6/2018

Weight Class: 48 / 105 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	50.0 kgs / 110.2 lbs Brayden Dashiell 5/2021	32.5 kgs / 71.6 lbs Brayden Dashiell 5/2021	60.0 kgs / 132.2 lbs Brayden Dashiell 5/2021	142.5 kgs / 314.1 lbs Brayden Dashiell 5/2021
8-9	50.0 kgs / 110.2 lbs Brayden Dashiell 5/2021	32.5 kgs / 71.6 lbs Brayden Dashiell 5/2021	60.0 kgs / 132.2 lbs Brayden Dashiell 5/2021	142.5 kgs / 314.1 lbs Brayden Dashiell 5/2021

Weight Class: 52 / 114 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	75.0 kgs / 165.3 lbs Damian Cabrera 3/2017	62.5 kgs / 137.7 lbs Cherokee Widner 2012	117.5 kgs / 259.0 lbs Damian Cabrera 3/2017	237.5 kgs / 523.5 lbs Damian Cabrera 3/2017
12-13	62.5 kgs / 137.7 lbs Cherokee Widner	62.5 kgs / 137.7 lbs Cherokee Widner 2012	102.5 kgs / 225.9 lbs Elliot Anderson	220.0 kgs / 485.0 lbs Cherokee Widner
16-17	75.0 kgs / 165.3 lbs Damian Cabrera 3/2017	45.0 kgs / 99.2 lbs Damian Cabrera 3/2017	117.5 kgs / 259.0 lbs Damian Cabrera 3/2017	237.5 kgs / 523.5 lbs Damian Cabrera 3/2017

Weight Class: 56 / 123 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	125.0 kgs / 275.5 lbs Robert Clark	102.5 kgs / 225.9 lbs Robert Clark 2009	165.0 kgs / 363.7 lbs Robert Clark	385.0 kgs / 848.7 lbs Robert Clark 2009
12-13	72.5 kgs / 159.8 lbs Cherokee Widner	67.5 kgs / 148.8 lbs Cherokee Widner 2012	105.0 kgs / 231.4 lbs Cherokee Widner	245.0 kgs / 540.1 lbs Cherokee Widner
14-15	102.5 kgs / 225.9 lbs Joshua Moore 12/2018	67.5 kgs / 148.8 lbs Joshua Moore 12/2018	127.5 kgs / 281.0 lbs Joshua Moore 12/2018	297.5 kgs / 655.8 lbs Joshua Moore 12/2018
16-17	125.0 kgs / 275.5 lbs Robert Clark	102.5 kgs / 225.9 lbs Robert Clark 2009	165.0 kgs / 363.7 lbs Robert Clark	385.0 kgs / 848.7 lbs Robert Clark 2009
18-19	107.5 kgs / 236.9 lbs Jake Shankman	75.0 kgs / 165.3 lbs Jake Shankman	105.0 kgs / 231.4 lbs Jake Shankman	257.5 kgs / 567.6 lbs Jake Shankman

Weight Class: 60 / 132 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	157.5 kgs / 347.2 lbs Joshua Sine 2009	115.0 kgs / 253.5 lbs Cameron Lanham 11/2016	205.0 kgs / 451.9 lbs Jim Marchio 10/2015	450.0 kgs / 992.0 lbs Joshua Sine
12-13	90.0 kgs / 198.4 lbs Cherokee Widner	75.0 kgs / 165.3 lbs Cherokee Widner 2012	132.5 kgs / 292.1 lbs Cherokee Widner	297.5 kgs / 655.8 lbs Cherokee Widner
14-15	112.5 kgs / 248.0 lbs Nathan Henriques 3/2022	87.5 kgs / 192.9 lbs Nathan Henriques 3/2022	150.0 kgs / 330.6 lbs Cherokee Widner	325.0 kgs / 716.4 lbs Nathan Henriques 3/2022
16-17	131.5 kgs / 289.9 lbs Robert Clark	95.3 kgs / 210.0 lbs Robert Clark	138.3 kgs / 304.8 lbs Robert Clark	365.1 kgs / 804.8 lbs Robert Clark
18-19	87.5 kgs / 192.9 lbs Saeed Abokor 4/2018	52.5 kgs / 115.7 lbs Saeed Abokor 4/2018	95.0 kgs / 209.4 lbs Saeed Abokor 4/2018	235.0 kgs / 518.0 lbs Saeed Abokor 4/2018
20-24	157.5 kgs / 347.2 lbs Joshua Sine 2009	115.0 kgs / 253.5 lbs Cameron Lanham 11/2016	190.0 kgs / 418.8 lbs Joshua Sine	450.0 kgs / 992.0 lbs Joshua Sine
35-39	50.0 kgs / 110.2 lbs Drew Meincke 6/2016	57.5 kgs / 126.7 lbs Drew Meincke 6/2016	122.5 kgs / 270.0 lbs Drew Meincke 6/2016	230.0 kgs / 507.0 lbs Drew Meincke 6/2016
50-54	124.7 kgs / 274.9 lbs Jim Marchio	93.0 kgs / 205.0 lbs Jim Marchio	199.6 kgs / 440.0 lbs Jim Marchio	417.3 kgs / 919.9 lbs Jim Marchio
55-59	125.0 kgs / 275.5 lbs Jim Marchio 2011	90.0 kgs / 198.4 lbs Jim Marchio 2011	205.0 kgs / 451.9 lbs Jim Marchio 10/2015	418.0 kgs / 921.5 lbs Jim Marchio 10/2015
60-64	117.5 kgs / 259.0 lbs Jim Marchio 6/2016	90.0 kgs / 198.4 lbs Jim Marchio 6/2016	198.0 kgs / 436.5 lbs Jim Marchio 4/2017	405.0 kgs / 892.8 lbs Jim Marchio 6/2016
65-69	91.0 kgs / 200.6 lbs Jim Marchio 4/2021	80.0 kgs / 176.3 lbs Jim Marchio 4/2021	191.0 kgs / 421.0 lbs Jim Marchio 4/2021	362.0 kgs / 798.0 lbs Jim Marchio 4/2021
Spec. Oly.	50.0 kgs / 110.2 lbs John Gross 4/2016	50.0 kgs / 110.2 lbs Aaron Ealey 4/2016	102.5 kgs / 225.9 lbs Aaron Ealey 4/2016	202.5 kgs / 446.4 lbs Aaron Ealey 4/2016

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	212.5 kgs / 468.4 lbs Lenard Jones 6/2019	157.5 kgs / 347.2 lbs Lenard Jones 6/2019	242.5 kgs / 534.6 lbs Lenard Jones 6/2019	612.5 kgs / 1350.3 lbs Lenard Jones 6/2019
10-11	75.0 kgs / 165.3 lbs Brayden Dashiell 6/2022	40.0 kgs / 88.1 lbs Brayden Dashiell 6/2022	92.5 kgs / 203.9 lbs Brayden Dashiell 10/2022	205.0 kgs / 451.9 lbs Brayden Dashiell 10/2022
12-13	97.5 kgs / 214.9 lbs Eric Neff 5/2014	85.0 kgs / 187.3 lbs Eric Neff 5/2014	155.0 kgs / 341.7 lbs Eric Neff 5/2014	337.5 kgs / 744.0 lbs Eric Neff 5/2014

14-15	120.0 kgs / 264.5 lbs David Debevic 10/2015	95.0 kgs / 209.4 lbs Elliot Anderson 5/2015	152.5 kgs / 336.2 lbs David Debevic 10/2015	365.0 kgs / 804.6 lbs David Debevic 10/2015
16-17	165.0 kgs / 363.7 lbs Max Peak	110.0 kgs / 242.5 lbs Oscar Joya 6/2016	185.0 kgs / 407.8 lbs Max Peak	447.5 kgs / 986.5 lbs Oscar Joya 6/2016
18-19	165.0 kgs / 363.7 lbs Max Peak 9/2015	117.5 kgs / 259.0 lbs Robert Clark 2010	205.0 kgs / 451.9 lbs Garrison Sakes 3/2019	470.0 kgs / 1036.1 lbs Garrison Sakes 3/2019
20-24	212.5 kgs / 468.4 lbs Lenard Jones 6/2019	157.5 kgs / 347.2 lbs Lenard Jones 6/2019	242.5 kgs / 534.6 lbs Lenard Jones 6/2019	612.5 kgs / 1350.3 lbs Lenard Jones 6/2019
25-29	185.0 kgs / 407.8 lbs Christopher Ferranti 6/2016	127.5 kgs / 281.0 lbs Christopher Ferranti 6/2016	235.0 kgs / 518.0 lbs Christopher Ferranti 6/2016	547.5 kgs / 1207.0 lbs Christopher Ferranti 6/2016
30-34	182.5 kgs / 402.3 lbs Brannigan Coleman 11/2023	147.5 kgs / 325.1 lbs Brannigan Coleman 11/2023	225.0 kgs / 496.0 lbs Brannigan Coleman 11/2023	555.0 kgs / 1223.5 lbs Brannigan Coleman 11/2023
35-39	177.5 kgs / 391.3 lbs JJ Barry	127.5 kgs / 281.0 lbs Michael Coyle 10/2018	185.0 kgs / 407.8 lbs Corey Politino	455.0 kgs / 1003.0 lbs Corey Politino
45-49	163.3 kgs / 360.0 lbs David Wilson	145.2 kgs / 320.1 lbs David Wilson	220.0 kgs / 485.0 lbs Jeff Ennis 3/2017	517.1 kgs / 1139.9 lbs David Wilson
50-54	35.0 kgs / 77.1 lbs Jason Leavitt 4/2015	123.0 kgs / 271.1 lbs Jason Leavitt 4/2015	127.5 kgs / 281.0 lbs John Taninecz	240.0 kgs / 529.1 lbs John Taninecz
55-59	137.5 kgs / 303.1 lbs Matthew Chapman 11/2023	117.5 kgs / 259.0 lbs Matthew Chapman 6/2024	150.0 kgs / 330.6 lbs Matthew Chapman 6/2024	402.5 kgs / 887.3 lbs Matthew Chapman 6/2024
65-69	137.5 kgs / 303.1 lbs Larry Eggleston	85.0 kgs / 187.3 lbs Larry Eggleston 2011	165.6 kgs / 365.0 lbs Larry Eggleston	388.5 kgs / 856.4 lbs Larry Eggleston
Police/Fire/Mil	155.0 kgs / 341.7 lbs Corey Politino	117.5 kgs / 259.0 lbs Corey Politino 2012	227.5 kgs / 501.5 lbs Timothy Raube	455.0 kgs / 1003.0 lbs Corey Politino
Spec. Oly.	50.0 kgs / 110.2 lbs Patrick Hardy 4/2016	30.0 kgs / 66.1 lbs Patrick Hardy 4/2016	67.5 kgs / 148.8 lbs Patrick Hardy 4/2016	147.5 kgs / 325.1 lbs Patrick Hardy 4/2016

Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	200.0 kgs / 440.9 lbs Ben Nelson 9/2016	157.5 kgs / 347.2 lbs Duane Carter 2/2016	277.5 kgs / 611.7 lbs Aaron Osborne 10/2017	617.5 kgs / 1361.3 lbs Aaron Osborne 10/2017
10-11	92.5 kgs / 203.9 lbs Brayden Dashiell 5/2023	52.5 kgs / 115.7 lbs Brayden Dashiell 5/2023	110.0 kgs / 242.5 lbs Brayden Dashiell 5/2023	255.0 kgs / 562.1 lbs Brayden Dashiell 5/2023
12-13	80.0 kgs / 176.3 lbs Ryan Melton	85.0 kgs / 187.3 lbs Ryan Melton 6/2012	107.5 kgs / 236.9 lbs Owen Whisenant	270.0 kgs / 595.2 lbs Ryan Melton
14-15	130.0 kgs / 286.5 lbs Thomas Austin 11/2022	90.0 kgs / 198.4 lbs Jesse Redding 2/2015	177.5 kgs / 391.3 lbs Eric Neff 5/2015	372.5 kgs / 821.2 lbs Eric Neff 5/2015
16-17	187.5 kgs / 413.3 lbs Richard Cho 6/2014	125.0 kgs / 275.5 lbs Elliot Anderson 3/2018	232.5 kgs / 512.5 lbs Denny Yi	497.5 kgs / 1096.7 lbs Richard Cho 6/2014
18-19	177.5 kgs / 391.3 lbs Tyler McFadden 3/2019	140.0 kgs / 308.6 lbs Tyler McFadden 3/2019	250.0 kgs / 551.1 lbs Tyler McFadden 3/2019	567.5 kgs / 1251.1 lbs Tyler McFadden 3/2019
20-24	190.0 kgs / 418.8 lbs Michael Vivlemore 2/2015	137.5 kgs / 303.1 lbs Dennis Carcamo 3/2019	245.0 kgs / 540.1 lbs Kenneth Stephens	547.5 kgs / 1207.0 lbs Michael Vivlemore
25-29	197.5 kgs / 435.4 lbs Aaron Osborne 10/2017	145.0 kgs / 319.6 lbs Aaron Osborne 8/2017	277.5 kgs / 611.7 lbs Aaron Osborne 10/2017	617.5 kgs / 1361.3 lbs Aaron Osborne 10/2017

30-34	200.0 kgs / 440.9 lbs Ben Nelson 9/2016	142.5 kgs / 314.1 lbs Greg Young 6/2017	235.0 kgs / 518.0 lbs Jacob Dunneback	540.0 kgs / 1190.4 lbs Ben Nelson 9/2016
35-39	152.5 kgs / 336.2 lbs Michael Terrero 9/2017	120.0 kgs / 264.5 lbs Jeff VanHorn 2/2016	212.5 kgs / 468.4 lbs Jeff VanHorn 8/2016	477.5 kgs / 1052.6 lbs Jeff VanHorn 8/2016
40-44	160.0 kgs / 352.7 lbs S Roy	157.5 kgs / 347.2 lbs Duane Carter 2/2016	200.0 kgs / 440.9 lbs Duane Carter 2/2016	500.0 kgs / 1102.3 lbs Duane Carter 2/2016
45-49			157.5 kgs / 347.2 lbs Steve Davis	
50-54	160.0 kgs / 352.7 lbs Christopher Stewart 8/2022	125.0 kgs / 275.5 lbs John Permelia 6/2014	210.0 kgs / 462.9 lbs Jeff Shad	467.5 kgs / 1030.6 lbs Christopher Stewart 8/2022
55-59	142.5 kgs / 314.1 lbs John Permelia 8/2022	115.0 kgs / 253.5 lbs Christian Kozub 8/2018	167.5 kgs / 369.2 lbs John Permelia 8/2022	412.5 kgs / 909.3 lbs John Permelia 8/2022
60-64	147.5 kgs / 325.1 lbs John Permelia 10/2023	102.5 kgs / 225.9 lbs John Permelia 10/2023	165.0 kgs / 363.7 lbs John Permelia 10/2023	415.0 kgs / 914.9 lbs John Permelia 10/2023
65-69		67.5 kgs / 148.8 lbs Conrad Mann	155.0 kgs / 341.7 lbs Conrad Mann	222.5 kgs / 490.5 lbs Conrad Mann
70-74	137.5 kgs / 303.1 lbs Al Annunziato 7/2018	110.0 kgs / 242.5 lbs Al Annunziato 12/2018	215.0 kgs / 473.9 lbs Al Annunziato 12/2018	455.0 kgs / 1003.0 lbs Al Annunziato 12/2018
Police/Fire/Mil	172.5 kgs / 380.2 lbs Greg Young 6/2017	142.5 kgs / 314.1 lbs Greg Young 6/2017	212.5 kgs / 468.4 lbs Jeff VanHorn 8/2016	505.0 kgs / 1113.3 lbs Greg Young 6/2017
Spec. Oly.	92.5 kgs / 203.9 lbs Ed Woolfolk 4/2016	60.0 kgs / 132.2 lbs Thomas Baker 4/2016	137.4 kgs / 302.9 lbs Carl Riggelman	277.5 kgs / 611.7 lbs TJ Woolfolk 2/2017

Weight Class: 82.5 / 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	255.0 kgs / 562.1 lbs Darren Taylor 9/2016	192.5 kgs / 424.3 lbs T.J. Mosley 6/2017	297.5 kgs / 655.8 lbs Ilias Burnett 11/2024	725.0 kgs / 1598.3 lbs Ilias Burnett 11/2024
12-13	105.0 kgs / 231.4 lbs Owen Whisenant 6/2014	82.5 kgs / 181.8 lbs Owen Whisenant 6/2014	165.0 kgs / 363.7 lbs Owen Whisenant 6/2014	342.5 kgs / 755.0 lbs Owen Whisenant 6/2014
14-15	150.0 kgs / 330.6 lbs Devin Hare 7/2019	95.0 kgs / 209.4 lbs Devin Hare 7/2019	207.5 kgs / 457.4 lbs Devin Hare 7/2019	452.5 kgs / 997.5 lbs Devin Hare 7/2019
16-17	195.0 kgs / 429.8 lbs Shaheer Bhatti 8/2017	135.0 kgs / 297.6 lbs Shaheer Bhatti 8/2017	245.0 kgs / 540.1 lbs Shaheer Bhatti 8/2017	575.0 kgs / 1267.6 lbs Shaheer Bhatti 8/2017
18-19	200.5 kgs / 442.0 lbs Caleb Simmons 4/2018	152.5 kgs / 336.2 lbs Dane Sorensen 4/2016	245.0 kgs / 540.1 lbs Dane Sorensen 4/2016	597.5 kgs / 1317.2 lbs Dane Sorensen 4/2016
20-24	235.0 kgs / 518.0 lbs Ilias Burnett 11/2024	192.5 kgs / 424.3 lbs Ilias Burnett 11/2024	297.5 kgs / 655.8 lbs Ilias Burnett 11/2024	725.0 kgs / 1598.3 lbs Ilias Burnett 11/2024
25-29	240.0 kgs / 529.1 lbs Larry Dyles	172.5 kgs / 380.2 lbs Larry Dyles	292.5 kgs / 644.8 lbs Garrett Hence 2/2016	672.5 kgs / 1482.5 lbs Ryan Kiecker 10/2016
30-34	200.0 kgs / 440.9 lbs Garrett Hence 10/2015	192.5 kgs / 424.3 lbs T.J. Mosley 6/2017	292.5 kgs / 644.8 lbs Garrett Hence 10/2015	622.5 kgs / 1372.3 lbs Garrett Hence 10/2015
35-39	255.0 kgs / 562.1 lbs Darren Taylor 9/2016	150.0 kgs / 330.6 lbs Jeffrey Kepler 4/2017	250.0 kgs / 551.1 lbs Sean Guard 5/2017	642.5 kgs / 1416.4 lbs Darren Taylor 9/2016
40-44	200.0 kgs / 440.9 lbs B Perrow	189.0 kgs / 416.6 lbs Matthew Reep 9/2016	252.5 kgs / 556.6 lbs Matt Tetreault 3/2019	604.0 kgs / 1331.5 lbs Matthew Reep 9/2016
45-49	177.5 kgs / 391.3 lbs Brian McIntyre 10/2018	170.0 kgs / 374.7 lbs Matthew Moore 2013	217.7 kgs / 479.9 lbs Jervis Penn	515.0 kgs / 1135.3 lbs Brian McIntyre 10/2018
50-54	192.5 kgs / 424.3 lbs Scott LaTulipe 6/2015	147.5 kgs / 325.1 lbs Matthew Moore 12/2018	230.0 kgs / 507.0 lbs Scott LaTulipe 10/2015	550.0 kgs / 1212.5 lbs Scott LaTulipe 6/2015

55-59	192.5 kgs / 424.3 lbs Jeffrey Driskill 7/2019	132.5 kgs / 292.1 lbs Larry Nash 11/2016	207.5 kgs / 457.4 lbs Jeffrey Driskill 7/2019	502.5 kgs / 1107.8 lbs Larry Nash 6/2018
60-64	180.0 kgs / 396.8 lbs Jeffrey Driskill 4/2022	110.0 kgs / 242.5 lbs John Permelia 8/2024	195.0 kgs / 429.8 lbs Jeffrey Driskill 4/2022	462.5 kgs / 1019.6 lbs Jeffrey Driskill 4/2022
65-69	182.5 kgs / 402.3 lbs Miles Baker 10/2024	97.5 kgs / 214.9 lbs Miles Baker 11/2020	212.5 kgs / 468.4 lbs Miles Baker 6/2024	477.5 kgs / 1052.6 lbs Miles Baker 10/2024
70-74	75.0 kgs / 165.3 lbs Pete Miller 11/2014	77.5 kgs / 170.8 lbs Pete Miller 11/2014	172.5 kgs / 380.2 lbs Pete Miller 11/2014	325.0 kgs / 716.4 lbs Pete Miller 11/2014
Police/Fire/Mil	200.0 kgs / 440.9 lbs B Perrow	189.0 kgs / 416.6 lbs Matthew Reep 9/2016	240.0 kgs / 529.1 lbs Matthew Reep	604.0 kgs / 1331.5 lbs Matthew Reep 9/2016
Spec. Oly.	127.5 kgs / 281.0 lbs Chris Smallwood 4/2016	97.5 kgs / 214.9 lbs Chris Smallwood 4/2016	195.0 kgs / 429.8 lbs Chris Smallwood 4/2016	420.0 kgs / 925.9 lbs Chris Smallwood 4/2016

Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	287.5 kgs / 633.8 lbs William Waller 6/2021	190.5 kgs / 419.9 lbs J Krause	305.0 kgs / 672.4 lbs William Waller 11/2020	751.0 kgs / 1655.6 lbs William Waller 6/2021
10-11			57.5 kgs / 126.7 lbs Tyler May	
12-13	137.0 kgs / 302.0 lbs Patrick McMillian 8/2021	90.0 kgs / 198.4 lbs Owen Whisenant 11/2014	172.5 kgs / 380.2 lbs Owen Whisenant 11/2014	387.5 kgs / 854.2 lbs Owen Whisenant 11/2014
14-15	150.0 kgs / 330.6 lbs William Max Tanner 2/2024	105.0 kgs / 231.4 lbs Jeffrey Allen	187.5 kgs / 413.3 lbs William Max Tanner 2/2024	440.0 kgs / 970.0 lbs Jeffrey Allen
16-17	185.0 kgs / 407.8 lbs Tameem Qasem 5/2015	122.51 kgs / 270.0 lbs D Brooks	227.5 kgs / 501.5 lbs D Brooks	517.5 kgs / 1140.8 lbs D Brooks
18-19	207.5 kgs / 457.4 lbs Anderson Huger 4/2018	157.5 kgs / 347.2 lbs Darren Finney 2/2016	260.0 kgs / 573.1 lbs Darren Finney 2/2016	617.5 kgs / 1361.3 lbs Darren Finney 2/2016
20-24	215.0 kgs / 473.9 lbs John Gregory 11/2014	160.0 kgs / 352.7 lbs Dillon Koan 11/2015	260.0 kgs / 573.1 lbs John Gregory 11/2014	612.5 kgs / 1350.3 lbs Liewelyn Howell 6/2014
25-29	217.5 kgs / 479.5 lbs Robert Hooe 11/2021	165.0 kgs / 363.7 lbs Arkei Shareef 1/2018	292.5 kgs / 644.8 lbs Tracy Moody	630.0 kgs / 1388.8 lbs Michael Blackwelder 10/2015
30-34	215.0 kgs / 473.9 lbs Matthew Barila 6/2015	150.0 kgs / 330.6 lbs Kyle Taggart 3/2018	255.0 kgs / 562.1 lbs Matthew Barila 6/2015	600.0 kgs / 1322.7 lbs Matthew Barila 6/2015
35-39	245.0 kgs / 540.1 lbs Larry Dyles 12/2018	177.5 kgs / 391.3 lbs Larry Dyles 12/2018	257.5 kgs / 567.6 lbs Travis Barrett 11/2022	672.5 kgs / 1482.5 lbs Larry Dyles 12/2018
40-44	238.0 kgs / 524.6 lbs Jeffrey Kepler 6/2024	167.5 kgs / 369.2 lbs Jeffrey Kepler 11/2024	272.5 kgs / 600.7 lbs Jeffrey Kepler 11/2024	675.0 kgs / 1488.1 lbs Jeffrey Kepler 11/2024
45-49	277.5 kgs / 611.7 lbs William Waller 10/2018	177.5 kgs / 391.3 lbs Matthew Moore 6/2014	282.5 kgs / 622.7 lbs William Waller 6/2018	720.0 kgs / 1587.3 lbs William Waller 10/2018
50-54	287.5 kgs / 633.8 lbs William Waller 6/2021	161.0 kgs / 354.9 lbs William Waller 6/2021	305.0 kgs / 672.4 lbs William Waller 11/2020	751.0 kgs / 1655.6 lbs William Waller 6/2021
55-59	228.0 kgs / 502.6 lbs Jeffrey Driskill 11/2020	152.0 kgs / 335.0 lbs Bill Lindsey	261.0 kgs / 575.4 lbs Roy Apseloff	532.5 kgs / 1173.9 lbs Jeffrey Driskill 11/2020

60-64	190.0 kgs / 418.8 lbs Kent Cassell 4/2017	142.9 kgs / 315.0 lbs Bill Lindsey	255.5 kgs / 563.2 lbs Roy Apseloff 11/2020	547.5 kgs / 1207.0 lbs Roy Apseloff 5/2018
65-69	160.0 kgs / 352.7 lbs John Niedzwick 11/2014	110.0 kgs / 242.5 lbs John Niedzwick 11/2014	187.5 kgs / 413.3 lbs Edward Eisenberg 10/2015	452.5 kgs / 997.5 lbs John Niedzwick 11/2014
70-74	140.0 kgs / 308.6 lbs Ed Eisenberg 4/2018	102.5 kgs / 225.9 lbs Edward Eisenberg 4/2017	175.0 kgs / 385.8 lbs Edward Eisenberg 4/2017	415.0 kgs / 914.9 lbs Edward Eisenberg 4/2017
75-79	60.0 kgs / 132.2 lbs Fred Rice 6/2024	60.0 kgs / 132.2 lbs Fred Rice 6/2024	182.5 kgs / 402.3 lbs Fred Rice 6/2024	302.5 kgs / 666.8 lbs Fred Rice 6/2024
Police/Fire/Mil	242.5 kgs / 534.6 lbs Brandon Schabacker 5/2015	167.5 kgs / 369.2 lbs Jeffrey Kepler 11/2024	302.5 kgs / 666.8 lbs Brandon Schabacker 5/2015	702.5 kgs / 1548.7 lbs Brandon Schabacker 5/2015
Spec. Oly.	142.5 kgs / 314.1 lbs Daron Ealey 4/2016	105.0 kgs / 231.4 lbs Daron Ealey 4/2016	210.0 kgs / 462.9 lbs Daron Ealey 4/2016	457.5 kgs / 1008.6 lbs Daron Ealey 4/2016

Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	275.0 kgs / 606.2 lbs Garrick Jeffers 6/2021	205.0 kgs / 451.9 lbs Sabre Schnitzer 4/2015	322.5 kgs / 710.9 lbs Abed Abu-Sakout 12/2018	757.5 kgs / 1669.9 lbs Derek Dickinson 9/2017
12-13	130.0 kgs / 286.5 lbs Owen Whisenant 2/2015	95.0 kgs / 209.4 lbs Owen Whisenant 2/2015	182.5 kgs / 402.3 lbs Owen Whisenant 2/2015	407.5 kgs / 898.3 lbs Owen Whisenant 2/2015
14-15	180.0 kgs / 396.8 lbs Frank Castillo 6/2023	105.0 kgs / 231.4 lbs Frank Castillo 6/2023	182.5 kgs / 402.3 lbs Frank Castillo 6/2023	467.5 kgs / 1030.6 lbs Frank Castillo 6/2023
16-17	212.5 kgs / 468.4 lbs Colin McGrath	135.0 kgs / 297.6 lbs Colin McGrath	272.5 kgs / 600.7 lbs Kevin Allen	582.5 kgs / 1284.1 lbs Colin McGrath
18-19	210.0 kgs / 462.9 lbs Hans Werner 6/2014	165.0 kgs / 363.7 lbs Hans Werner 6/2014	275.0 kgs / 606.2 lbs Jonathan Rodman	637.5 kgs / 1405.4 lbs Hans Werner 6/2014
20-24	235.0 kgs / 518.0 lbs EK Collin	182.5 kgs / 402.3 lbs EK Collin	307.5 kgs / 677.9 lbs Aaron Boyd	667.5 kgs / 1471.5 lbs EK Collin
25-29	265.0 kgs / 584.2 lbs Derek Dickinson 9/2017	195.0 kgs / 429.8 lbs Derek Dickinson 9/2017	297.5 kgs / 655.8 lbs Derek Dickinson 9/2017	757.5 kgs / 1669.9 lbs Derek Dickinson 9/2017
30-34	275.0 kgs / 606.2 lbs Garrick Jeffers 6/2021	170.0 kgs / 374.7 lbs Abed Abu-Sakout 6/2016	322.5 kgs / 710.9 lbs Abed Abu-Sakout 12/2018	755.0 kgs / 1664.4 lbs Abed Abu-Sakout 12/2018
35-39	235.0 kgs / 518.0 lbs Jason Lizarraga 11/2024	172.5 kgs / 380.2 lbs Tim Henriques	287.5 kgs / 633.8 lbs Tim Henriques	655.0 kgs / 1444.0 lbs Jason Lizarraga 11/2024
40-44	222.5 kgs / 490.5 lbs Michael Hilton 4/2019	155.0 kgs / 341.7 lbs Michael Hilton 11/2019	280.0 kgs / 617.2 lbs Michael Hilton 11/2019	650.0 kgs / 1432.9 lbs Michael Hilton 11/2019
45-49	260.0 kgs / 573.1 lbs Sabre Schnitzer 4/2015	205.0 kgs / 451.9 lbs Sabre Schnitzer 4/2015	273.0 kgs / 601.8 lbs Michael Dalton 4/2024	725.0 kgs / 1598.3 lbs Sabre Schnitzer 4/2015
50-54	182.5 kgs / 402.3 lbs D Barbee	150.0 kgs / 330.6 lbs D Barbee	213.0 kgs / 469.5 lbs David Zavadil 8/2017	544.8 kgs / 1201.0 lbs D Barbee
55-59	195.0 kgs / 429.8 lbs Terry Napisa 4/2021	137.5 kgs / 303.1 lbs Terry Napisa 11/2022	212.5 kgs / 468.4 lbs George Bannon 11/2024	535.0 kgs / 1179.4 lbs Terry Napisa 4/2023
60-64	190.0 kgs / 418.8 lbs Terry Napisa 4/2024	140.0 kgs / 308.6 lbs Terry Napisa 4/2024	202.5 kgs / 446.4 lbs Terry Napisa 4/2024	532.5 kgs / 1173.9 lbs Terry Napisa 4/2024
65-69	188.5 kgs / 415.5 lbs John Niedzwick 11/2015	132.5 kgs / 292.1 lbs Robert Cook 11/2023	250.0 kgs / 551.1 lbs Robert Cook 11/2023	552.5 kgs / 1218.0 lbs Robert Cook 11/2023

70-74	122.5 kgs / 270.0 lbs Ira Brooks 6/2016	92.5 kgs / 203.9 lbs Ira Brooks 6/2016	160.0 kgs / 352.7 lbs Ira Brooks 6/2016	375.0 kgs / 826.7 lbs Ira Brooks 6/2016
Police/Fire/Mil	260.0 kgs / 573.1 lbs Sabre Schnitzer	205.0 kgs / 451.9 lbs Sabre Schnitzer	272.5 kgs / 600.7 lbs Jason Lizarraga 1/2020	725.0 kgs / 1598.3 lbs Sabre Schnitzer
Spec. Oly.	102.5 kgs / 225.9 lbs Matt Shomper 4/2016	67.5 kgs / 148.8 lbs Matt Shomper 4/2016	137.5 kgs / 303.1 lbs Matt Shomper 4/2016	307.5 kgs / 677.9 lbs Matt Shomper 4/2016

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	295.5 kgs / 651.4 lbs Stiven Rivas 6/2024	200.0 kgs / 440.9 lbs Derek Dickinson 8/2019	320.0 kgs / 705.4 lbs Ronald Walling 5/2015	795.0 kgs / 1752.6 lbs Derek Dickinson 8/2019
14-15	165.0 kgs / 363.7 lbs Daniel Hall 11/2020	130.0 kgs / 286.5 lbs Daniel Hall 11/2020	190.0 kgs / 418.8 lbs Daniel Hall 11/2020	485.0 kgs / 1069.2 lbs Daniel Hall 11/2020
16-17	197.5 kgs / 435.4 lbs Chris Kalligham 4/2018	135.0 kgs / 297.6 lbs Daniel Hall 10/2021	220.0 kgs / 485.0 lbs Chris Kalligham 4/2018	537.5 kgs / 1184.9 lbs Chris Kalligham 4/2018
18-19	200.0 kgs / 440.9 lbs Mariano Marchione 6/2017	137.5 kgs / 303.1 lbs Mariano Marchione 6/2017	247.5 kgs / 545.6 lbs Carl Bedwell	555.0 kgs / 1223.5 lbs Mariano Marchione 6/2017
20-24	277.5 kgs / 611.7 lbs Stiven Rivas 6/2023	182.5 kgs / 402.3 lbs Matt Cronin	287.5 kgs / 633.8 lbs Brian Hershler	702.5 kgs / 1548.7 lbs Stiven Rivas 6/2023
25-29	295.5 kgs / 651.4 lbs Stiven Rivas 6/2024	185.0 kgs / 407.8 lbs Cory Palumbo 8/2017	285.0 kgs / 628.3 lbs Brian Hershler 9/2015	748.0 kgs / 1649.0 lbs Stiven Rivas 6/2024
30-34	285.0 kgs / 628.3 lbs Derek Dickinson 8/2019	200.0 kgs / 440.9 lbs Derek Dickinson 8/2019	310.0 kgs / 683.4 lbs Derek Dickinson 8/2019	795.0 kgs / 1752.6 lbs Derek Dickinson 8/2019
35-39	247.5 kgs / 545.6 lbs Brian Hershler 5/2024	197.3 kgs / 434.9 lbs R Redfeam	272.5 kgs / 600.7 lbs Brian Hershler 5/2024	685.0 kgs / 1510.1 lbs Brian Hershler 5/2024
40-44	227.5 kgs / 501.5 lbs Jeff Davis 4/2015	182.5 kgs / 402.3 lbs Jeff Davis 4/2015	285.0 kgs / 628.3 lbs John Mays	637.5 kgs / 1405.4 lbs Jeff Davis 4/2015
45-49	190.0 kgs / 418.8 lbs Tim Durrett 10/2021	155.0 kgs / 341.7 lbs Tim Durrett 10/2021	251.7 kgs / 554.8 lbs Mark Robb	557.5 kgs / 1229.0 lbs Tim Durrett 10/2021
50-54	205.0 kgs / 451.9 lbs James Edwards 4/2022	155.0 kgs / 341.7 lbs Tim Durrett 11/2023	212.5 kgs / 468.4 lbs Tim Durrett 11/2024	522.5 kgs / 1151.9 lbs Tim Durrett 11/2024
55-59	165.0 kgs / 363.7 lbs Ray Siepinski 8/2018	142.5 kgs / 314.1 lbs Tony Huffman 8/2019	215.0 kgs / 473.9 lbs Kurtis Bosh 8/2020	500.0 kgs / 1102.3 lbs Kurtis Bosh 8/2020
60-64	102.5 kgs / 225.9 lbs Roger Hall 4/2017	77.5 kgs / 170.8 lbs Roger Hall 4/2017	165.0 kgs / 363.7 lbs Roger Hall 4/2017	345.0 kgs / 760.5 lbs Roger Hall 4/2017
65-69	170.1 kgs / 375.0 lbs Ira Brooks	125.0 kgs / 275.5 lbs Ira Brooks 2010	192.5 kgs / 424.3 lbs Jon Goldberg	476.3 kgs / 1050.0 lbs Ira Brooks
70-74	137.5 kgs / 303.1 lbs Ira Brooks 2/2016	137.5 kgs / 303.1 lbs Charles LaPan 5/2014	165.0 kgs / 363.7 lbs Ira Brooks 5/2015	402.5 kgs / 887.3 lbs Charles LaPan 5/2014
Police/Fire/Mil	295.0 kgs / 650.3 lbs Jason Wahl 6/2012	197.5 kgs / 435.4 lbs David Dashiell 2013	295.0 kgs / 650.3 lbs Jason Wahl 6/2012	750.0 kgs / 1653.4 lbs Jason Wahl 6/2012
Spec. Oly.	110.0 kgs / 242.5 lbs Sean Kimball 4/2016	80.0 kgs / 176.3 lbs Sean Kimball 4/2016	120.0 kgs / 264.5 lbs Sean Kimball 4/2016	310.0 kgs / 683.4 lbs Sean Kimball 4/2016

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	307.5 kgs / 677.9 lbs Derek Dickinson 6/2022	215.0 kgs / 473.9 lbs Derek Dickinson 6/2022	315.0 kgs / 694.4 lbs Fred Littlejohn 2/2015	827.5 kgs / 1824.3 lbs Derek Dickinson 6/2022

14-15	187.5 kgs / 413.3 lbs Maxx Philpott 6/2016	125.0 kgs / 275.5 lbs Maxx Philpott 6/2016	182.5 kgs / 402.3 lbs Maxx Philpott 6/2016	495.0 kgs / 1091.2 lbs Maxx Philpott 6/2016
16-17	197.5 kgs / 435.4 lbs Liam Emory 11/2024	97.5 kgs / 214.9 lbs Liam Emory 11/2024	212.5 kgs / 468.4 lbs Liam Emory 11/2024	507.5 kgs / 1118.8 lbs Liam Emory 11/2024
18-19	192.8 kgs / 425.0 lbs Daniel Trang	158.8 kgs / 350.0 lbs Daniel Trang	230.0 kgs / 507.0 lbs Skyler Harmon	560.2 kgs / 1235.0 lbs Daniel Trang
20-24	275.0 kgs / 606.2 lbs Matt Cronin 6/2015	197.5 kgs / 435.4 lbs Matt Cronin 6/2015	297.5 kgs / 655.8 lbs Matt Cronin 6/2015	770.0 kgs / 1697.5 lbs Matt Cronin 6/2015
25-29	227.5 kgs / 501.5 lbs Nathan Daniels 6/2019	182.5 kgs / 402.3 lbs Chad Jackson	305.0 kgs / 672.4 lbs Chad Jackson	612.5 kgs / 1350.3 lbs Sharif Issa
30-34	307.5 kgs / 677.9 lbs Derek Dickinson 6/2022	215.0 kgs / 473.9 lbs Derek Dickinson 6/2022	305.0 kgs / 672.4 lbs Derek Dickinson 6/2022	827.5 kgs / 1824.3 lbs Derek Dickinson 6/2022
35-39	275.0 kgs / 606.2 lbs P McMillian	197.5 kgs / 435.4 lbs Robert Dillingham 10/2018	295.0 kgs / 650.3 lbs P McMillian	755.0 kgs / 1664.4 lbs P McMillian
40-44	275.5 kgs / 607.3 lbs Fred Littlejohn 2/2015	192.5 kgs / 424.3 lbs Robert Dillingham 7/2021	315.0 kgs / 694.4 lbs Fred Littlejohn 2/2015	755.5 kgs / 1665.5 lbs Fred Littlejohn 2/2015
45-49	201.0 kgs / 443.1 lbs Chris Fry 11/2020	182.5 kgs / 402.3 lbs Christopher Allen 11/2023	255.0 kgs / 562.1 lbs Chris Allen 4/2021	620.0 kgs / 1366.8 lbs Chris Allen 10/2021
50-54	205.0 kgs / 451.9 lbs Chris Fry 4/2024	182.5 kgs / 402.3 lbs Chris Fry 11/2021	247.5 kgs / 545.6 lbs Christopher Allen 10/2024	615.0 kgs / 1355.8 lbs Chris Fry 11/2024
55-59	179.2 kgs / 395.0 lbs Ed Stine	138.3 kgs / 304.8 lbs Ed Stine	210.0 kgs / 462.9 lbs T Inman	508.0 kgs / 1119.9 lbs Ed Stine
60-64	192.8 kgs / 425.0 lbs William Morris	150.0 kgs / 330.6 lbs William Morris	220.0 kgs / 485.0 lbs Toby Jones 6/2024	548.9 kgs / 1210.1 lbs William Morris
65-69			207.5 kgs / 457.4 lbs Ed Stine	
Police/Fire/Mil	275.5 kgs / 607.3 lbs Fred Littlejohn 2/2015	200.0 kgs / 440.9 lbs David Dashiell 5/2015	315.0 kgs / 694.4 lbs Fred Littlejohn 2/2015	762.5 kgs / 1681.0 lbs David Dashiell 5/2015
Spec. Oly.	117.5 kgs / 259.0 lbs Brian Williams 4/2016	90.0 kgs / 198.4 lbs Brian Williams 4/2016	160.0 kgs / 352.7 lbs Brian Williams 4/2016	367.5 kgs / 810.1 lbs Brian Williams 4/2016

Weight Class: 140 / 308 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	290.0 kgs / 639.3 lbs Jayme Campbell 5/2015	200.0 kgs / 440.9 lbs Jayme Campbell 5/2015	340.0 kgs / 749.5 lbs Jayme Campbell 5/2015	830.0 kgs / 1829.8 lbs Jayme Campbell 5/2015
14-15	160.5 kgs / 353.8 lbs Daniel Hall 8/2020	125.0 kgs / 275.5 lbs Daniel Hall 8/2020	200.0 kgs / 440.9 lbs Daniel Hall 8/2020	485.5 kgs / 1070.3 lbs Daniel Hall 8/2020
18-19	210.0 kgs / 462.9 lbs Dakota Dalton 3/2018	132.5 kgs / 292.1 lbs Dakota Dalton 3/2018	232.5 kgs / 512.5 lbs Dakota Dalton 3/2018	575.0 kgs / 1267.6 lbs Dakota Dalton 3/2018
20-24	277.0 kgs / 610.6 lbs Brian Smith 10/2024	160.0 kgs / 352.7 lbs Daniel Forjan 9/2016	275.0 kgs / 606.2 lbs Christopher Dew 6/2014	682.0 kgs / 1503.5 lbs Brian Smith 10/2024
25-29	237.5 kgs / 523.5 lbs Joshua Strickland 2/2018	167.5 kgs / 369.2 lbs Joshua Strickland 2/2018	260.0 kgs / 573.1 lbs Joshua Strickland 8/2017	652.5 kgs / 1438.5 lbs Joshua Strickland 2/2018
30-34	280.0 kgs / 617.2 lbs Troy Winfrey 6/2016	190.0 kgs / 418.8 lbs Troy Winfrey 6/2016	272.5 kgs / 600.7 lbs William Cherry 11/2015	730.0 kgs / 1609.3 lbs Troy Winfrey 6/2016

35-39	245.0 kgs / 540.1 lbs Stevie Murden 4/2024	192.5 kgs / 424.3 lbs Jason Harlow 2/2015	285.0 kgs / 628.3 lbs Jason Harlow 5/2015	700.0 kgs / 1543.2 lbs Jason Harlow 2/2015
40-44	232.5 kgs / 512.5 lbs DJ Stinson 3/2019	175.0 kgs / 385.8 lbs DJ Stinson 3/2019	290.0 kgs / 639.3 lbs C Tarpinian	632.5 kgs / 1394.4 lbs DJ Stinson 3/2019
45-49	240.0 kgs / 529.1 lbs Adam Harman 5/2024	177.5 kgs / 391.3 lbs Adam Harman 5/2024	282.5 kgs / 622.7 lbs Robert Gains	617.5 kgs / 1361.3 lbs DJ Stinson 4/2021
50-54	245.0 kgs / 540.1 lbs Robert Gains 10/2016	200.0 kgs / 440.9 lbs Robert Gains 10/2016	278.5 kgs / 613.9 lbs Baron Dixon 2/2018	703.0 kgs / 1549.8 lbs Robert Gains 6/2016
55-59	60.0 kgs / 132.2 lbs Baron Dixon 11/2023	142.5 kgs / 314.1 lbs Baron Dixon 11/2023	262.5 kgs / 578.7 lbs Baron Dixon 11/2023	465.0 kgs / 1025.1 lbs Baron Dixon 11/2023
60-64	165.0 kgs / 363.7 lbs Marty Elliot 4/2017	112.5 kgs / 248.0 lbs John James 4/2024	215.0 kgs / 473.9 lbs Marty Elliot 4/2017	457.5 kgs / 1008.6 lbs John James 4/2024
Police/Fire/Mil	245.0 kgs / 540.1 lbs Robert Gains 10/2016	200.0 kgs / 440.9 lbs Robert Gains 10/2016	277.5 kgs / 611.7 lbs Robert Gains 4/2015	703.0 kgs / 1549.8 lbs Robert Gains 6/2016

Unknown Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	362.9 kgs / 800.0 lbs R Brent	231.3 kgs / 509.9 lbs Nick Minneti 2005	367.5 kgs / 810.1 lbs Nicholas Cook	952.6 kgs / 2100.1 lbs R Brent
20-24	362.9 kgs / 800.0 lbs R Brent	231.3 kgs / 509.9 lbs R Brent	367.5 kgs / 810.1 lbs Nicholas Cook	952.6 kgs / 2100.1 lbs R Brent
25-29	187.5 kgs / 413.3 lbs Jacob Everhart	185.0 kgs / 407.8 lbs Jacob Everhart	257.5 kgs / 567.6 lbs Jacob Everhart	627.5 kgs / 1383.3 lbs Jacob Everhart
30-34	328.9 kgs / 725.0 lbs Nick Minneti	226.8 kgs / 500.0 lbs Nick Minneti	362.9 kgs / 800.0 lbs Nick Minneti	918.5 kgs / 2024.9 lbs Nick Minneti
35-39	362.8 kgs / 799.8 lbs Nick Minneti 2/2006	231.3 kgs / 509.9 lbs Nick Minneti 2/2006	358.3 kgs / 789.9 lbs Nick Minneti 2/2006	952.5 kgs / 2099.8 lbs Nick Minneti 2/2006
40-44	210.0 kgs / 462.9 lbs DJ Stinson 4/2017	168.0 kgs / 370.3 lbs DJ Stinson 4/2017	295.0 kgs / 650.3 lbs G Tarpinian	605.5 kgs / 1334.8 lbs DJ Stinson 4/2017
45-49		210.0 kgs / 462.9 lbs Thomas Dillard 2010	325.0 kgs / 716.4 lbs Thomas Dillard 2010	605.0 kgs / 1333.7 lbs Thomas Dillard 2010
50-54	252.5 kgs / 556.6 lbs Robert Gains 10/2017	200.5 kgs / 442.0 lbs Robert Gains 10/2017	288.0 kgs / 634.9 lbs Baron Dixon 4/2019	715.5 kgs / 1577.3 lbs Robert Gains 10/2017
55-59	267.5 kgs / 589.7 lbs Robert Gains 10/2019	197.5 kgs / 435.4 lbs Robert Gains 3/2018	272.5 kgs / 600.7 lbs Robert Gains 2/2018	737.5 kgs / 1625.8 lbs Robert Gains 10/2019
60-64	227.5 kgs / 501.5 lbs Robert H Gains Jr 11/2024	190.0 kgs / 418.8 lbs Robert Gains 6/2024	260.0 kgs / 573.1 lbs Robert H Gains Jr 11/2024	662.5 kgs / 1460.5 lbs Robert H Gains Jr 11/2024
Police/Fire/Mil	227.5 kgs / 501.5 lbs Robert H Gains Jr 11/2024	175.0 kgs / 385.8 lbs Robert H Gains Jr 11/2024	260.0 kgs / 573.1 lbs Robert H Gains Jr 11/2024	662.5 kgs / 1460.5 lbs Robert H Gains Jr 11/2024