



NEW YORK STATE POWERLIFTING RECORDS

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12/7/2024

Weight Class: 44 / 97 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	65.0 kgs / 143.2 lbs Jill Neziri 6/2017	42.5 kgs / 93.6 lbs Jill Neziri 6/2017	97.5 kgs / 214.9 lbs Jill Neziri 6/2017	205.0 kgs / 451.9 lbs Jill Neziri 6/2017
14-15	57.5 kgs / 126.7 lbs Alyse Cerone 6/2017	32.5 kgs / 71.6 lbs Alyse Cerone 6/2017	75.0 kgs / 165.3 lbs Alyse Cerone 6/2017	165.0 kgs / 363.7 lbs Alyse Cerone 6/2017
16-17	54.4 kgs / 119.9 lbs A. Stechyshyn 2009	27.2 kgs / 59.9 lbs A. Stechyshyn 2009	81.6 kgs / 179.8 lbs A. Stechyshyn 2009	163.3 kgs / 360.0 lbs A. Stechyshyn 2009
18-19	42.5 kgs / 93.6 lbs Kennedy Nautel 6/2024	30.0 kgs / 66.1 lbs Kennedy Nautel 6/2024	77.5 kgs / 170.8 lbs Kennedy Nautel 6/2024	150.0 kgs / 330.6 lbs Kennedy Nautel 6/2024
30-34	65.0 kgs / 143.2 lbs Jill Neziri 6/2017	42.5 kgs / 93.6 lbs Jill Neziri 6/2017	97.5 kgs / 214.9 lbs Jill Neziri 6/2017	205.0 kgs / 451.9 lbs Jill Neziri 6/2017
45-49	30.0 kgs / 66.1 lbs Jeanette Savage 1/2023	25.0 kgs / 55.1 lbs Jeanette Savage 1/2023	62.5 kgs / 137.7 lbs Jeanette Savage 1/2023	117.5 kgs / 259.0 lbs Jeanette Savage 1/2023
Spec. Oly.	30.0 kgs / 66.1 lbs Jeanette Savage 1/2023	25.0 kgs / 55.1 lbs Jeanette Savage 1/2023	62.5 kgs / 137.7 lbs Jeanette Savage 1/2023	117.5 kgs / 259.0 lbs Jeanette Savage 1/2023

Weight Class: 48 / 105 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	82.5 kgs / 181.8 lbs Jill Neziri 6/2022	52.5 kgs / 115.7 lbs Haley-Jo Kenny 12/2019	115.0 kgs / 253.5 lbs Jill Neziri 11/2022	232.5 kgs / 512.5 lbs Jill Neziri 6/2022
14-15	75.0 kgs / 165.3 lbs Jasmine Nautel 9/2017	42.5 kgs / 93.6 lbs Jasmine Nautel 9/2017	85.0 kgs / 187.3 lbs Jasmine Nautel 9/2017	202.5 kgs / 446.4 lbs Jasmine Nautel 9/2017
20-24	80.0 kgs / 176.3 lbs Haley-Jo Kenny 6/2017	43.1 kgs / 95.0 lbs Jill Neziri 2004	102.5 kgs / 225.9 lbs Haley-Jo Kenny 6/2017	225.0 kgs / 496.0 lbs Haley-Jo Kenny 6/2017
25-29	80.0 kgs / 176.3 lbs Haley-Jo Kenny 12/2019	52.5 kgs / 115.7 lbs Haley-Jo Kenny 12/2019	92.5 kgs / 203.9 lbs Haley-Jo Kenny 12/2019	225.0 kgs / 496.0 lbs Haley-Jo Kenny 12/2019
30-34	67.5 kgs / 148.8 lbs Jill Neziri 6/2016	45.0 kgs / 99.2 lbs Jill Neziri 6/2016	90.0 kgs / 198.4 lbs Jill Neziri 6/2016	202.5 kgs / 446.4 lbs Jill Neziri 6/2016
35-39	82.5 kgs / 181.8 lbs Jill Neziri 6/2022	45.0 kgs / 99.2 lbs Jill Neziri 12/2019	115.0 kgs / 253.5 lbs Jill Neziri 11/2022	232.5 kgs / 512.5 lbs Jill Neziri 6/2022
45-49	40.0 kgs / 88.1 lbs Anna Marra 2012	25.0 kgs / 55.1 lbs Anna Marra 2012	65.0 kgs / 143.2 lbs Anna Marra 2012	130.0 kgs / 286.5 lbs Anna Marra 2012

Weight Class: 52 / 114 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
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Open	95.0 kgs / 209.4 lbs Shannon Lang 4/2017	59.0 kgs / 130.0 lbs Wendy Slicer 2008	112.5 kgs / 248.0 lbs Jill Neziri 2006	257.2 kgs / 567.0 lbs Jill Neziri 2006
14-15	59.0 kgs / 130.0 lbs K. Ott 2006	45.4 kgs / 100.0 lbs K. Ott 2006	102.1 kgs / 225.0 lbs K. Ott 2006	206.4 kgs / 455.0 lbs K. Ott 2006
16-17	95.0 kgs / 209.4 lbs Shannon Lang 4/2017	45.5 kgs / 100.3 lbs Shannon Lang 4/2017	92.5 kgs / 203.9 lbs Shannon Lang 4/2017	225.0 kgs / 496.0 lbs Shannon Lang 4/2017
20-24	88.8 kgs / 195.7 lbs Jill Neziri 2006	50.3 kgs / 110.8 lbs Jill Neziri 2006	109.0 kgs / 240.3 lbs Jill Neziri 2006	244.9 kgs / 539.9 lbs Jill Neziri 2006
40-44	64.0 kgs / 141.0 lbs Wendy Slicer 2008	59.0 kgs / 130.0 lbs Wendy Slicer 2008	104.3 kgs / 229.9 lbs Wendy Slicer 2008	227.3 kgs / 501.1 lbs Wendy Slicer 2008
45-49	36.0 kgs / 79.3 lbs Linda Strong-Denerley 6/2017	32.5 kgs / 71.6 lbs Linda Strong-Denerley 6/2017	85.0 kgs / 187.3 lbs Linda Strong-Denerley 6/2017	153.5 kgs / 338.4 lbs Linda Strong-Denerley 6/2017

Weight Class: 56 / 123 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	115.0 kgs / 253.5 lbs Haley-Jo Kenny 6/2021	65.0 kgs / 143.2 lbs Haley-Jo Kenny 6/2021	133.0 kgs / 293.2 lbs Dorean Sherwood 2012	285.0 kgs / 628.3 lbs Dorean Sherwood 2012
12-13	54.4 kgs / 119.9 lbs K. Ott 2004	36.3 kgs / 80.0 lbs K. Ott 2004	90.7 kgs / 199.9 lbs K. Ott 2004	176.9 kgs / 389.9 lbs K. Ott 2004
16-17	62.5 kgs / 137.7 lbs Niley Camilo 6/2024	32.5 kgs / 71.6 lbs Niley Camilo 6/2024	87.5 kgs / 192.9 lbs Niley Camilo 6/2024	182.5 kgs / 402.3 lbs Niley Camilo 6/2024
20-24	95.0 kgs / 209.4 lbs Sarah Barber 6/2014	40.0 kgs / 88.1 lbs Sarah Barber 3/2014	130.0 kgs / 286.5 lbs Sarah Barber 6/2014	257.5 kgs / 567.6 lbs Sarah Barber 6/2014
25-29	115.0 kgs / 253.5 lbs Haley-Jo Kenny 6/2021	65.0 kgs / 143.2 lbs Haley-Jo Kenny 6/2021	102.5 kgs / 225.9 lbs Haley-Jo Kenny 6/2021	282.5 kgs / 622.7 lbs Haley-Jo Kenny 6/2021
30-34	85.0 kgs / 187.3 lbs Caroline Lee 6/2021	60.0 kgs / 132.2 lbs Caroline Lee 6/2021	97.5 kgs / 214.9 lbs Caroline Lee 6/2021	242.5 kgs / 534.6 lbs Caroline Lee 6/2021
35-39	85.0 kgs / 187.3 lbs Caroline Lee 6/2023	62.5 kgs / 137.7 lbs Caroline Lee 1/2023	100.0 kgs / 220.4 lbs Caroline Lee 6/2023	247.5 kgs / 545.6 lbs Caroline Lee 6/2023
40-44	100.0 kgs / 220.4 lbs Dorean Sherwood 2012	52.5 kgs / 115.7 lbs Dorean Sherwood 2012	133.0 kgs / 293.2 lbs Dorean Sherwood 2012	285.0 kgs / 628.3 lbs Dorean Sherwood 2012
45-49	37.5 kgs / 82.6 lbs Linda Strong-Denerley 12/2019	32.5 kgs / 71.6 lbs Linda Strong-Denerley 12/2019	77.5 kgs / 170.8 lbs Linda Strong-Denerley 12/2019	147.5 kgs / 325.1 lbs Linda Strong-Denerley 12/2019
50-54	42.5 kgs / 93.6 lbs Linda Denerley 6/2021	27.5 kgs / 60.6 lbs Linda Denerley 6/2021	87.5 kgs / 192.9 lbs Linda Denerley 6/2021	157.5 kgs / 347.2 lbs Linda Denerley 6/2021

Weight Class: 60 / 132 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	125.0 kgs / 275.5 lbs Andrea White 6/2014	85.0 kgs / 187.3 lbs Andrea White 6/2014	175.0 kgs / 385.8 lbs Andrea White 6/2014	385.0 kgs / 848.7 lbs Andrea White 6/2014
12-13	75.0 kgs / 165.3 lbs Ava Lucenti 6/2023	55.0 kgs / 121.2 lbs Ava Lucenti 6/2023	100.0 kgs / 220.4 lbs Ava Lucenti 6/2023	230.0 kgs / 507.0 lbs Ava Lucenti 6/2023
14-15	70.0 kgs / 154.3 lbs Mikayla Lyle 2013	42.5 kgs / 93.6 lbs Aspen Parker 10/2018	92.5 kgs / 203.9 lbs Mikayla Lyle 2013	200.0 kgs / 440.9 lbs Mikayla Lyle 2013
16-17	77.5 kgs / 170.8 lbs Kathryn Laird 6/2022	57.5 kgs / 126.7 lbs Rebekah Rendino 10/2017	112.5 kgs / 248.0 lbs Rebekah Rendino 6/2017	240.0 kgs / 529.1 lbs Rebekah Rendino 10/2017
18-19	87.5 kgs / 192.9 lbs Phyllis Rose 4/2017	50.0 kgs / 110.2 lbs Phyllis Rose 4/2017	107.5 kgs / 236.9 lbs Phyllis Rose 4/2017	242.5 kgs / 534.6 lbs Phyllis Rose 4/2017

20-24	90.0 kgs / 198.4 lbs Molly Jensen 6/2023	60.0 kgs / 132.2 lbs Molly Jensen 6/2023	124.7 kgs / 274.9 lbs Laura Muldoon 2005	263.1 kgs / 580.0 lbs Laura Muldoon 2005
25-29	90.0 kgs / 198.4 lbs Laura Monroe 2011	67.5 kgs / 148.8 lbs Laura Monroe 2011	135.0 kgs / 297.6 lbs Laura Monroe 2011	288.0 kgs / 634.9 lbs Laura Monroe 2011
35-39	125.0 kgs / 275.5 lbs Andrea White 6/2014	85.0 kgs / 187.3 lbs Andrea White 6/2014	175.0 kgs / 385.8 lbs Andrea White 6/2014	385.0 kgs / 848.7 lbs Andrea White 6/2014
40-44	93.0 kgs / 205.0 lbs Marcy Stein 2007	61.2 kgs / 134.9 lbs Marcy Stein 12/2007	115.7 kgs / 255.0 lbs Marcy Stein 2007	269.9 kgs / 595.0 lbs Marcy Stein 2007
50-54	124.7 kgs / 274.9 lbs Ellen Stein 12/2007	67.5 kgs / 148.8 lbs Heather Flottmann 6/2024	152.0 kgs / 335.0 lbs Ellen Stein 2007	340.2 kgs / 750.0 lbs Ellen Stein 2007
55-59	60.0 kgs / 132.2 lbs Kathleen Pacifici 6/2023	42.5 kgs / 93.6 lbs Kathleen Pacifici 6/2023	92.5 kgs / 203.9 lbs Kathleen Pacifici 6/2023	195.0 kgs / 429.8 lbs Kathleen Pacifici 6/2023

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	132.5 kgs / 292.1 lbs Andrea White 11/2014	97.5 kgs / 214.9 lbs Andrea White 11/2014	182.5 kgs / 402.3 lbs Andrea White 11/2014	412.5 kgs / 909.3 lbs Andrea White 11/2014
12-13	77.5 kgs / 170.8 lbs Julia Lewellyn 1/2019	32.5 kgs / 71.6 lbs Julia Lewellyn 1/2019	92.5 kgs / 203.9 lbs Julia Lewellyn 1/2019	202.5 kgs / 446.4 lbs Julia Lewellyn 1/2019
14-15	85.0 kgs / 187.3 lbs Ava Lucenti 6/2024	62.5 kgs / 137.7 lbs Ava Lucenti 6/2024	112.5 kgs / 248.0 lbs Ava Lucenti 6/2024	260.0 kgs / 573.1 lbs Ava Lucenti 6/2024
16-17	85.0 kgs / 187.3 lbs Mia Gaylord 6/2021	47.5 kgs / 104.7 lbs Mia Gaylord 6/2021	105.0 kgs / 231.4 lbs Mia Gaylord 6/2021	237.5 kgs / 523.5 lbs Mia Gaylord 6/2021
18-19	97.5 kgs / 214.9 lbs Mia Gaylord 6/2022	52.5 kgs / 115.7 lbs Mia Gaylord 6/2022	137.5 kgs / 303.1 lbs Hannah Haskell 6/2018	275.0 kgs / 606.2 lbs Mia Gaylord 6/2022
20-24	117.5 kgs / 259.0 lbs Tierney Wallace 2012	62.5 kgs / 137.7 lbs Tierney Wallace 2012	152.5 kgs / 336.2 lbs Tierney Wallace 2012	332.5 kgs / 733.0 lbs Tierney Wallace 2012
25-29	107.5 kgs / 236.9 lbs Laura Monroe 2012	72.5 kgs / 159.8 lbs Laura Monroe 2012	138.0 kgs / 304.2 lbs Laura Monroe 2012	311.5 kgs / 686.7 lbs Laura Monroe 2012
30-34	112.5 kgs / 248.0 lbs Megan Jacoby 6/2022	80.0 kgs / 176.3 lbs Megan Jacoby 6/2022	147.5 kgs / 325.1 lbs Megan Jacoby 6/2022	340.0 kgs / 749.5 lbs Megan Jacoby 6/2022
35-39	132.5 kgs / 292.1 lbs Andrea White 11/2014	97.5 kgs / 214.9 lbs Andrea White 11/2014	182.5 kgs / 402.3 lbs Andrea White 11/2014	412.5 kgs / 909.3 lbs Andrea White 11/2014
45-49	75.0 kgs / 165.3 lbs Suzanne Jeffers 4/2023	55.0 kgs / 121.2 lbs Suzanne Jeffers 6/2022	102.5 kgs / 225.9 lbs Suzanne Jeffers 4/2023	230.0 kgs / 507.0 lbs Suzanne Jeffers 4/2023
50-54	60.0 kgs / 132.2 lbs Linda Eggleston 1/2020	50.0 kgs / 110.2 lbs Linda Eggleston 1/2020	115.0 kgs / 253.5 lbs Linda Eggleston 1/2020	225.0 kgs / 496.0 lbs Linda Eggleston 1/2020
55-59	65.0 kgs / 143.2 lbs Linda Eggleston 6/2024	52.5 kgs / 115.7 lbs Linda Eggleston 6/2024	105.0 kgs / 231.4 lbs Linda Eggleston 6/2024	222.5 kgs / 490.5 lbs Linda Eggleston 6/2024
60-64	95.0 kgs / 209.4 lbs Lou Dipetta 1/2023	45.0 kgs / 99.2 lbs Lou Dipetta 1/2023	115.0 kgs / 253.5 lbs Lou Dipetta 1/2023	255.0 kgs / 562.1 lbs Lou Dipetta 1/2023

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	135.0 kgs / 297.6 lbs Leanna Matthews 3/2015	85.0 kgs / 187.3 lbs Andrea Marsh 9/2015	172.5 kgs / 380.2 lbs Andrea Marsh 3/2016	372.5 kgs / 821.2 lbs Andrea Marsh 3/2016
12-13	92.5 kgs / 203.9 lbs Lily Stoddard 1/2019	47.5 kgs / 104.7 lbs Lily Stoddard 6/2018	115.0 kgs / 253.5 lbs Lily Stoddard 1/2019	250.0 kgs / 551.1 lbs Lily Stoddard 1/2019

14-15	59.0 kgs / 130.0 lbs Bess Slicer 2008	37.5 kgs / 82.6 lbs Bess Slicer 2008	108.9 kgs / 240.0 lbs Bess Slicer 2008	205.5 kgs / 453.0 lbs Bess Slicer 2008
16-17	97.5 kgs / 214.9 lbs Isabella Smith 1/2023	42.5 kgs / 93.6 lbs Isabella Smith 6/2022	122.5 kgs / 270.0 lbs Isabella Smith 6/2023	257.5 kgs / 567.6 lbs Isabella Smith 1/2023
18-19	90.0 kgs / 198.4 lbs Mia Gaylord 6/2023	62.5 kgs / 137.7 lbs Mia Gaylord 6/2023	127.5 kgs / 281.0 lbs Mia Gaylord 6/2023	280.0 kgs / 617.2 lbs Mia Gaylord 6/2023
20-24	115.0 kgs / 253.5 lbs Andrea Marsh 3/2016	85.0 kgs / 187.3 lbs Andrea Marsh 9/2015	172.5 kgs / 380.2 lbs Andrea Marsh 3/2016	372.5 kgs / 821.2 lbs Andrea Marsh 3/2016
25-29	135.0 kgs / 297.6 lbs Leanna Matthews 3/2015	77.5 kgs / 170.8 lbs Dawn Basciani 3/2015	150.0 kgs / 330.6 lbs Leanna Matthews 3/2015	347.5 kgs / 766.0 lbs Leanna Matthews 3/2015
30-34	77.5 kgs / 170.8 lbs Sarah Nowak 4/2014	45.0 kgs / 99.2 lbs Sarah Nowak 4/2014	95.0 kgs / 209.4 lbs Sarah Nowak 4/2014	217.5 kgs / 479.5 lbs Sarah Nowak 4/2014
35-39	75.0 kgs / 165.3 lbs Alicia Butch 2012	45.0 kgs / 99.2 lbs Alicia Butch 2012	110.0 kgs / 242.5 lbs Alicia Butch 2012	230.0 kgs / 507.0 lbs Alicia Butch 2012
40-44	67.5 kgs / 148.8 lbs Rebecca Meeder 11/2024	45.0 kgs / 99.2 lbs Rebecca Meeder 11/2024	110.0 kgs / 242.5 lbs Rebecca Meeder 11/2024	222.5 kgs / 490.5 lbs Rebecca Meeder 11/2024
45-49	75.0 kgs / 165.3 lbs Joan Geary 4/2014	52.5 kgs / 115.7 lbs Joan Geary 4/2014	100.0 kgs / 220.4 lbs Joan Geary 4/2014	227.5 kgs / 501.5 lbs Joan Geary 4/2014

Weight Class: 82.5 / 181 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	127.5 kgs / 281.0 lbs Colleen Woods 6/2024	77.5 kgs / 170.8 lbs Brooke Bonney 2013	150.0 kgs / 330.6 lbs Brooke Bonney 2013	350.0 kgs / 771.6 lbs Brooke Bonney 2013
14-15	110.0 kgs / 242.5 lbs Brooke Bonney 2012	67.5 kgs / 148.8 lbs Brooke Bonney 6/2012	137.5 kgs / 303.1 lbs Brooke Bonney 6/2012	312.5 kgs / 688.9 lbs Brooke Bonney 2012
16-17	122.5 kgs / 270.0 lbs Brooke Bonney 2013	77.5 kgs / 170.8 lbs Brooke Bonney 2013	150.0 kgs / 330.6 lbs Brooke Bonney 2013	350.0 kgs / 771.6 lbs Brooke Bonney 2013
20-24	113.4 kgs / 250.0 lbs M. Routhier 2004	43.1 kgs / 95.0 lbs M. Routhier 2004	117.9 kgs / 259.9 lbs M. Routhier 2004	274.4 kgs / 604.9 lbs M. Routhier 2004
25-29	77.5 kgs / 170.8 lbs Nikki Rodo 4/2014	50.0 kgs / 110.2 lbs Nikki Rodo 4/2014	105.0 kgs / 231.4 lbs Bridget Brafı 1/2024	227.5 kgs / 501.5 lbs Nikki Rodo 4/2014
30-34	127.5 kgs / 281.0 lbs Colleen Woods 6/2024	67.5 kgs / 148.8 lbs Colleen Woods 6/2024	140.0 kgs / 308.6 lbs Colleen Woods 6/2024	335.0 kgs / 738.5 lbs Colleen Woods 6/2024
35-39	115.7 kgs / 255.0 lbs E. Brown 2002	54.4 kgs / 119.9 lbs E. Brown 2002	147.6 kgs / 325.3 lbs E. Brown 2002	306.2 kgs / 675.0 lbs E. Brown 2002
40-44	85.0 kgs / 187.3 lbs Meredith Gunning 6/2019	62.5 kgs / 137.7 lbs Meredith Gunning 6/2019	115.0 kgs / 253.5 lbs Meredith Gunning 6/2019	262.5 kgs / 578.7 lbs Meredith Gunning 6/2019
45-49	90.0 kgs / 198.4 lbs Tara LePage 12/2023	70.0 kgs / 154.3 lbs Tara LePage 12/2023	125.0 kgs / 275.5 lbs Liberty Buccello 4/2019	282.5 kgs / 622.7 lbs Tara LePage 12/2023

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	160.0 kgs / 352.7 lbs Riki Napiorkowski 10/2018	107.5 kgs / 236.9 lbs Riki Napiorkowski 10/2018	195.0 kgs / 429.8 lbs Riki Napiorkowski 10/2018	462.5 kgs / 1019.6 lbs Riki Napiorkowski 10/2018
14-15	92.5 kgs / 203.9 lbs Stephanie Winchip 2011	40.0 kgs / 88.1 lbs Stephanie Winchip 2011	120.0 kgs / 264.5 lbs Stephanie Winchip 2011	252.5 kgs / 556.6 lbs Stephanie Winchip 2011

25-29	137.5 kgs / 303.1 lbs Riki Napiorkowski 10/2016	97.5 kgs / 214.9 lbs Riki Napiorkowski 10/2016	188.0 kgs / 414.4 lbs Riki Napiorkowski 10/2016	420.0 kgs / 925.9 lbs Riki Napiorkowski 10/2016
30-34	160.0 kgs / 352.7 lbs Riki Napiorkowski 10/2018	107.5 kgs / 236.9 lbs Riki Napiorkowski 10/2018	195.0 kgs / 429.8 lbs Riki Napiorkowski 10/2018	462.5 kgs / 1019.6 lbs Riki Napiorkowski 10/2018
35-39	145.0 kgs / 319.6 lbs Rebecca Tucker 6/2018	90.0 kgs / 198.4 lbs Rebecca Tucker 6/2018	170.0 kgs / 374.7 lbs Rebecca Tucker 6/2018	405.0 kgs / 892.8 lbs Rebecca Tucker 6/2018

Weight Class: 90+ / 198+ Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	170.0 kgs / 374.7 lbs Rebecca Brown 1/2020	95.0 kgs / 209.4 lbs Rebecca Tucker 10/2016	185.0 kgs / 407.8 lbs Rebecca Tucker 10/2016	430.0 kgs / 947.9 lbs Rebecca Tucker 10/2016
14-15	100.0 kgs / 220.4 lbs Kianna Jennings 2013	57.5 kgs / 126.7 lbs Stephanie Winchip 2012	130.0 kgs / 286.5 lbs Stephanie Winchip 2012	285.0 kgs / 628.3 lbs Stephanie Winchip 2012
16-17	145.0 kgs / 319.6 lbs Lindsay Field 4/2017	60.0 kgs / 132.2 lbs Stephanie Winchip 2013	175.0 kgs / 385.8 lbs Lindsay Field 4/2017	370.0 kgs / 815.7 lbs Lindsay Field 4/2017
18-19	142.5 kgs / 314.1 lbs Lindsay Field 10/2018	62.5 kgs / 137.7 lbs Lindsay Field 10/2018	177.5 kgs / 391.3 lbs Lindsay Field 10/2017	372.5 kgs / 821.2 lbs Lindsay Field 10/2018
25-29	140.0 kgs / 308.6 lbs Catherine Toniatti- Yanulavich 3/2013	62.5 kgs / 137.7 lbs Catherine Toniatti- Yanulavich 3/2013	170.0 kgs / 374.7 lbs Catherine Toniatti- Yanulavich 3/2013	372.5 kgs / 821.2 lbs Catherine Toniatti- Yanulavich 3/2013
30-34	170.0 kgs / 374.7 lbs Rebecca Brown 1/2020	95.0 kgs / 209.4 lbs Rebecca Tucker 10/2016	185.0 kgs / 407.8 lbs Rebecca Tucker 10/2016	430.0 kgs / 947.9 lbs Rebecca Tucker 10/2016
35-39	147.5 kgs / 325.1 lbs Rebecca Tucker 10/2018	90.0 kgs / 198.4 lbs Rebecca Tucker 10/2018	177.5 kgs / 391.3 lbs Rebecca Tucker 10/2018	415.0 kgs / 914.9 lbs Rebecca Tucker 10/2018
40-44	160.0 kgs / 352.7 lbs Rebecca Tucker 11/2024	92.5 kgs / 203.9 lbs Rebecca Tucker 11/2024	175.0 kgs / 385.8 lbs Rebecca Tucker 11/2024	427.5 kgs / 942.4 lbs Rebecca Tucker 11/2024
45-49	110.0 kgs / 242.5 lbs Liberty Buccello 6/2017	60.0 kgs / 132.2 lbs Liberty Buccello 4/2021	132.5 kgs / 292.1 lbs Liberty Buccello 4/2021	297.5 kgs / 655.8 lbs Liberty Buccello 6/2017

Weight Class: 30 / 66 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	35.0 kgs / 77.1 lbs Michael Neziri Jr 1/2022	20.0 kgs / 44.0 lbs Michael Neziri Jr 1/2022	52.5 kgs / 115.7 lbs Michael Neziri Jr 1/2022	107.5 kgs / 236.9 lbs Michael Neziri Jr 1/2022
8-9	25.0 kgs / 55.1 lbs Michael Neziri Jr 6/2021	16.8 kgs / 37.0 lbs Michael Neziri Jr 6/2021	50.0 kgs / 110.2 lbs Michael Neziri Jr 6/2021	91.8 kgs / 202.3 lbs Michael Neziri Jr 6/2021
10-11	35.0 kgs / 77.1 lbs Michael Neziri Jr 1/2022	20.0 kgs / 44.0 lbs Michael Neziri Jr 1/2022	52.5 kgs / 115.7 lbs Michael Neziri Jr 1/2022	107.5 kgs / 236.9 lbs Michael Neziri Jr 1/2022

Weight Class: 35 / 77 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	40.0 kgs / 88.1 lbs Michael Neziri 11/2022	27.5 kgs / 60.6 lbs Michael Neziri Jr 6/2023	70.0 kgs / 154.3 lbs Michael Neziri Jr 6/2023	137.5 kgs / 303.1 lbs Michael Neziri Jr 6/2023

10-11	40.0 kgs / 88.1 lbs Michael Neziri 11/2022	27.5 kgs / 60.6 lbs Michael Neziri Jr 6/2023	70.0 kgs / 154.3 lbs Michael Neziri Jr 6/2023	137.5 kgs / 303.1 lbs Michael Neziri Jr 6/2023
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Weight Class: 48 / 105 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	90.8 kgs / 200.1 lbs Jared Fleming 2003	49.9 kgs / 110.0 lbs Jared Fleming 2003	114.9 kgs / 253.3 lbs Jared Fleming 2003	240.4 kgs / 529.9 lbs Jared Fleming 2003
10-11	90.8 kgs / 200.1 lbs Jared Fleming 2003	49.9 kgs / 110.0 lbs Jared Fleming 2003	114.9 kgs / 253.3 lbs Jared Fleming 2003	240.4 kgs / 529.9 lbs Jared Fleming 2003
12-13	65.8 kgs / 145.0 lbs A.J. Ellis 2003	38.6 kgs / 85.0 lbs A.J. Ellis 2003	79.4 kgs / 175.0 lbs A.J. Ellis 2003	183.7 kgs / 404.9 lbs A.J. Ellis 2003

Weight Class: 56 / 123 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	122.5 kgs / 270.0 lbs Daryl Johnson 3/2015	77.5 kgs / 170.8 lbs Daryl Johnson 3/2015	187.5 kgs / 413.3 lbs Daryl Johnson 3/2015	387.5 kgs / 854.2 lbs Daryl Johnson 3/2015
8-9	30.0 kgs / 66.1 lbs Nicholas Paternoster	40.0 kgs / 88.1 lbs Nicholas Paternoster 6/2009	60.0 kgs / 132.2 lbs Nicholas Paternoster	125.0 kgs / 275.5 lbs Nicholas Paternoster
16-17	50.0 kgs / 110.2 lbs Colby Bendick 9/2017	30.0 kgs / 66.1 lbs Colby Bendick 9/2017	75.0 kgs / 165.3 lbs Colby Bendick 9/2017	154.5 kgs / 340.6 lbs Colby Bendick 9/2017
18-19	99.8 kgs / 220.0 lbs R. Sahanoor 2005	52.2 kgs / 115.0 lbs R. Sahanoor 2005	142.9 kgs / 315.0 lbs R. Sahanoor 2005	294.8 kgs / 649.9 lbs R. Sahanoor 2005
20-24	122.5 kgs / 270.0 lbs Daryl Johnson 3/2015	77.5 kgs / 170.8 lbs Daryl Johnson 3/2015	187.5 kgs / 413.3 lbs Daryl Johnson 3/2015	387.5 kgs / 854.2 lbs Daryl Johnson 3/2015

Weight Class: 60 / 132 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	145.0 kgs / 319.6 lbs Christopher Smith 2012	100.0 kgs / 220.4 lbs Jef Gorsky 10/2011	202.0 kgs / 445.3 lbs Jef Gorsky 10/2011	434.5 kgs / 957.8 lbs Jef Gorsky 2011
10-11	45.0 kgs / 99.2 lbs Michael Spezzano 2013	30.0 kgs / 66.1 lbs Michael Spezzano 2013	62.5 kgs / 137.7 lbs Michael Spezzano 2013	137.5 kgs / 303.1 lbs Michael Spezzano 2013
12-13	127.0 kgs / 279.9 lbs A.J. Ellis 2005	70.9 kgs / 156.3 lbs A.J. Ellis 2005	148.0 kgs / 326.2 lbs A.J. Ellis 2005	344.7 kgs / 759.9 lbs A.J. Ellis 2005
14-15	63.0 kgs / 138.8 lbs Thomas Slicer 2008	43.1 kgs / 95.0 lbs Thomas Slicer 2008	82.5 kgs / 181.8 lbs Thomas Slicer 2008	189.1 kgs / 416.8 lbs Thomas Slicer 2008
16-17	92.5 kgs / 203.9 lbs Cody Kleitz 2011	67.5 kgs / 148.8 lbs Cody Kleitz 2011	145.0 kgs / 319.6 lbs Cody Kleitz 2011	285.0 kgs / 628.3 lbs Cody Kleitz 2011
20-24	145.0 kgs / 319.6 lbs Ricardo Sanchez 6/2022	95.3 kgs / 210.0 lbs Rob Mayer 2007	188.2 kgs / 414.9 lbs Rob Mayer 2007	406.0 kgs / 895.0 lbs Rob Mayer 2007
25-29	93.0 kgs / 205.0 lbs Brian Brookshire 5/2011	55.0 kgs / 121.2 lbs Brian Brookshire 5/2011	107.5 kgs / 236.9 lbs Brian Brookshire 5/2011	255.2 kgs / 562.6 lbs Brian Brookshire 5/2011
35-39	132.5 kgs / 292.1 lbs Jef Gorsky 2011	100.0 kgs / 220.4 lbs Jef Gorsky 10/2011	202.0 kgs / 445.3 lbs Jef Gorsky 10/2011	434.5 kgs / 957.8 lbs Jef Gorsky 2011
40-44	110.0 kgs / 242.5 lbs Gregory Murray 6/2017	85.0 kgs / 187.3 lbs Gregory Murray 10/2017	183.0 kgs / 403.4 lbs Mario Forte 12/2006	362.5 kgs / 799.1 lbs Gregory Murray 10/2017
45-49	87.5 kgs / 192.9 lbs Douglas Marx 6/2021	70.0 kgs / 154.3 lbs Douglas Marx 6/2021	135.0 kgs / 297.6 lbs Douglas Marx 6/2021	292.5 kgs / 644.8 lbs Douglas Marx 6/2021

55-59	110.0 kgs / 242.5 lbs Steve Stein 2008	75.0 kgs / 165.3 lbs Steve Stein 2008	150.0 kgs / 330.6 lbs Steve Stein 2008	335.0 kgs / 738.5 lbs Steve Stein 2008
Spec. Oly.	63.5 kgs / 139.9 lbs Thomas Slicer	43.5 kgs / 95.9 lbs Thomas Slicer	82.5 kgs / 181.8 lbs Thomas Slicer 2008	189.1 kgs / 416.8 lbs Thomas Slicer 2008

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	190.0 kgs / 418.8 lbs Matthew Tillotson 4/2017	140.0 kgs / 308.6 lbs Justin Tripodi 2008	230.0 kgs / 507.0 lbs Matthew Tillotson 4/2017	532.5 kgs / 1173.9 lbs Matthew Tillotson 4/2017
12-13	92.5 kgs / 203.9 lbs Gabe Blenis 6/2018	52.5 kgs / 115.7 lbs Gabe Blenis 6/2018	112.5 kgs / 248.0 lbs Gabe Blenis 6/2018	257.5 kgs / 567.6 lbs Gabe Blenis 6/2018
14-15	127.5 kgs / 281.0 lbs Trevor Weeden 10/2021	75.0 kgs / 165.3 lbs Trevor Weeden 10/2021	130.0 kgs / 286.5 lbs Trevor Weeden 10/2021	332.5 kgs / 733.0 lbs Trevor Weeden 10/2021
16-17	135.0 kgs / 297.6 lbs Joshua Persaud 6/2022	102.5 kgs / 225.9 lbs Glen Maldonado 2011	195.0 kgs / 429.8 lbs Glen Maldonado 2011	415.0 kgs / 914.9 lbs Joshua Persaud 6/2022
18-19	117.5 kgs / 259.0 lbs Jacob Wadsworth 4/2019	82.5 kgs / 181.8 lbs Jacob Wadsworth 4/2019	162.5 kgs / 358.2 lbs Jacob Wadsworth 4/2019	362.5 kgs / 799.1 lbs Jacob Wadsworth 4/2019
20-24	190.0 kgs / 418.8 lbs Matthew Tillotson 4/2017	140.0 kgs / 308.6 lbs Justin Tripodi 2008	230.0 kgs / 507.0 lbs Matthew Tillotson 4/2017	532.5 kgs / 1173.9 lbs Matthew Tillotson 4/2017
25-29	132.5 kgs / 292.1 lbs Jon Demarais 3/2015	107.5 kgs / 236.9 lbs Jon Demarais 3/2015	170.0 kgs / 374.7 lbs Jon Demarais 3/2015	410.0 kgs / 903.8 lbs Jon Demarais 3/2015
30-34	135.0 kgs / 297.6 lbs Jon Demarais 9/2017	110.0 kgs / 242.5 lbs Jon Demarais 9/2017	177.5 kgs / 391.3 lbs Jon Demarais 9/2017	420.0 kgs / 925.9 lbs Jon Demarais 9/2017
35-39	120.0 kgs / 264.5 lbs Jef Gorsky 2012	115.0 kgs / 253.5 lbs Jef Gorsky 2012	205.0 kgs / 451.9 lbs Jef Gorsky 2012	440.0 kgs / 970.0 lbs Jef Gorsky 2012
40-44	115.0 kgs / 253.5 lbs Eric Haley 1/2024	90.0 kgs / 198.4 lbs Eric Haley 4/2023	185.0 kgs / 407.8 lbs Eric Haley 6/2023	387.5 kgs / 854.2 lbs Eric Haley 6/2023

Weight Class: 75 / 165 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	220.0 kgs / 485.0 lbs Parker Bolton 4/2022	165.6 kgs / 365.0 lbs John Audia	249.5 kgs / 550.0 lbs John Audia	605.6 kgs / 1335.1 lbs John Audia
12-13	90.0 kgs / 198.4 lbs Carlisle Hanyon 6/2023	57.5 kgs / 126.7 lbs Joseph Moulton 2011	110.0 kgs / 242.5 lbs Joseph Moulton 2011	240.0 kgs / 529.1 lbs Carlisle Hanyon 6/2023
14-15	147.5 kgs / 325.1 lbs Trevor Weeden 6/2022	87.5 kgs / 192.9 lbs Christopher Butch 11/2014	190.0 kgs / 418.8 lbs Kavon Atkinson 3/2018	400.0 kgs / 881.8 lbs Kavon Atkinson 3/2018
16-17	200.5 kgs / 442.0 lbs Eric Conant 6/2018	112.5 kgs / 248.0 lbs Eric Conant 6/2018	237.5 kgs / 523.5 lbs Eric Conant 6/2018	550.5 kgs / 1213.6 lbs Eric Conant 6/2018
18-19	175.0 kgs / 385.8 lbs Jesse Linder 3/2014	160.0 kgs / 352.7 lbs David Lyons 6/2012	217.0 kgs / 478.3 lbs Jesse Linder 3/2014	517.5 kgs / 1140.8 lbs Jesse Linder 3/2014
20-24	220.0 kgs / 485.0 lbs Parker Bolton 4/2022	130.0 kgs / 286.5 lbs Brandon Simoncelli 3/2015	222.5 kgs / 490.5 lbs Brandon Simoncelli 3/2015	557.5 kgs / 1229.0 lbs Brett Freeman 2012
25-29	190.0 kgs / 418.8 lbs Michael Casabona 10/2015	140.0 kgs / 308.6 lbs Michael Casabona 10/2015	215.0 kgs / 473.9 lbs Michael Casabona 10/2015	545.0 kgs / 1201.5 lbs Michael Casabona 10/2015

30-34	175.0 kgs / 385.8 lbs James Kallies 5/2012	112.5 kgs / 248.0 lbs Jon Demarais 6/2016	235.0 kgs / 518.0 lbs Benjamin Rayland 6/2014	507.5 kgs / 1118.8 lbs Benjamin Rayland 6/2014
35-39	204.1 kgs / 449.9 lbs Brian Stoner	151.9 kgs / 334.8 lbs John Audia	231.3 kgs / 509.9 lbs Brian Stoner	605.5 kgs / 1334.8 lbs John Audia
40-44	212.5 kgs / 468.4 lbs Brian Stoner 2013	133.8 kgs / 294.9 lbs Brian Stoner 2011	245.0 kgs / 540.1 lbs Brian Stoner 4/2016	589.7 kgs / 1300.0 lbs Brian Stoner 2011
45-49	207.5 kgs / 457.4 lbs Brian Stoner 3/2017	140.0 kgs / 308.6 lbs Wesley Kipp 2012	242.5 kgs / 534.6 lbs Brian Stoner 8/2016	570.0 kgs / 1256.6 lbs Brian Stoner 8/2016
50-54	210.0 kgs / 462.9 lbs Brian Stoner 4/2022	120.0 kgs / 264.5 lbs Brian Stoner 4/2022	240.0 kgs / 529.1 lbs Brian Stoner 6/2021	565.0 kgs / 1245.5 lbs Brian Stoner 4/2022
55-59	145.0 kgs / 319.6 lbs Michael Frey 10/2015	115.0 kgs / 253.5 lbs Michael Frey 3/2015	182.5 kgs / 402.3 lbs Michael Frey 10/2015	442.5 kgs / 975.5 lbs Michael Frey 10/2015
60-64	115.0 kgs / 253.5 lbs Jonathan Jensen 6/2023	80.0 kgs / 176.3 lbs Thomas Cenelli 2012	165.0 kgs / 363.7 lbs Jonathan Jensen 6/2023	360.0 kgs / 793.6 lbs Jonathan Jensen 6/2023
65-69	42.5 kgs / 93.6 lbs Thomas Cenelli 9/2016	70.0 kgs / 154.3 lbs Thomas Cenelli 10/2015	72.5 kgs / 159.8 lbs Thomas Cenelli 9/2016	177.5 kgs / 391.3 lbs Thomas Cenelli 9/2016
70-74	90.0 kgs / 198.4 lbs David Laszewski 6/2021	77.5 kgs / 170.8 lbs David Laszewski 6/2021	147.5 kgs / 325.1 lbs David Laszewski 6/2021	315.0 kgs / 694.4 lbs David Laszewski 6/2021
Spec. Oly.	100.0 kgs / 220.4 lbs Troy Lobdell 1/2023	62.5 kgs / 137.7 lbs Troy Lobdell 1/2023	112.5 kgs / 248.0 lbs Troy Lobdell 1/2023	275.0 kgs / 606.2 lbs Troy Lobdell 1/2023

Weight Class: 82.5 / 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	231.3 kgs / 509.9 lbs Dean Bellantoni	170.0 kgs / 374.7 lbs David Lyons 10/2015	290.3 kgs / 639.9 lbs Dean Bellantoni	675.9 kgs / 1490.0 lbs Dean Bellantoni
12-13	107.5 kgs / 236.9 lbs Carlisle Hanyon 6/2024	62.5 kgs / 137.7 lbs Carlisle Hanyon 6/2024	142.5 kgs / 314.1 lbs Carlisle Hanyon 6/2024	312.5 kgs / 688.9 lbs Carlisle Hanyon 6/2024
14-15	182.5 kgs / 402.3 lbs Jonathan Kopcha 6/2024	120.0 kgs / 264.5 lbs Jonathan Kopcha 6/2024	200.0 kgs / 440.9 lbs Jonathan Kopcha 6/2024	502.5 kgs / 1107.8 lbs Jonathan Kopcha 6/2024
16-17	187.5 kgs / 413.3 lbs Gavin Wickeremasuriya 11/2022	120.0 kgs / 264.5 lbs Ryan Montesi 6/2015	237.5 kgs / 523.5 lbs Gavin Wickeremasuriya 1/2023	527.5 kgs / 1162.9 lbs Gavin Wickeremasuriya 1/2023
18-19	202.5 kgs / 446.4 lbs Josh Powell 2013	137.5 kgs / 303.1 lbs Z. Machin	225.0 kgs / 496.0 lbs Devon Lowman 9/2014	545.0 kgs / 1201.5 lbs Josh Powell 2013
20-24	227.5 kgs / 501.5 lbs David Lyons 10/2016	170.0 kgs / 374.7 lbs David Lyons 10/2015	237.5 kgs / 523.5 lbs David Lyons 6/2016	635.0 kgs / 1399.9 lbs David Lyons 10/2016
25-29	175.0 kgs / 385.8 lbs Irving Reynolds 3/2014	140.0 kgs / 308.6 lbs Irving Reynolds 3/2014	220.0 kgs / 485.0 lbs Dylan Jay 3/2015	522.5 kgs / 1151.9 lbs Irving Reynolds 3/2014
30-34	202.5 kgs / 446.4 lbs Adam Rosario 2011	155.0 kgs / 341.7 lbs Adam Rosario 2011	245.0 kgs / 540.1 lbs Adam Rosario 2011	602.5 kgs / 1328.2 lbs Adam Rosario 2011
35-39	187.5 kgs / 413.3 lbs Chris Holter 11/2021	125.0 kgs / 275.5 lbs Chris Holter 11/2021	192.5 kgs / 424.3 lbs Yi Huang 6/2023	502.5 kgs / 1107.8 lbs Chris Holter 11/2021
40-44	165.6 kgs / 365.0 lbs S. Stechyshyn 2009	108.9 kgs / 240.0 lbs S. Stechyshyn 2009	195.0 kgs / 429.8 lbs S. Stechyshyn 2009	469.5 kgs / 1035.0 lbs S. Stechyshyn 2009
45-49	125.0 kgs / 275.5 lbs Sid Meeder 10/2024	140.0 kgs / 308.6 lbs D. Naughton	230.0 kgs / 507.0 lbs Thomas Piazza	509.8 kgs / 1123.9 lbs Thomas Piazza

50-54	197.5 kgs / 435.4 lbs Keith Nautel 9/2017	150.0 kgs / 330.6 lbs Keith Nautel 9/2017	260.0 kgs / 573.1 lbs Keith Nautel 6/2017	595.0 kgs / 1311.7 lbs Keith Nautel 6/2017
55-59	190.0 kgs / 418.8 lbs Keith Nautel 6/2024	150.0 kgs / 330.6 lbs Keith Nautel 6/2024	280.5 kgs / 618.3 lbs Keith Nautel 6/2024	620.5 kgs / 1367.9 lbs Keith Nautel 6/2024
60-64	145.2 kgs / 320.1 lbs Don Swingle 2006	99.8 kgs / 220.0 lbs Don Swingle 2006	222.3 kgs / 490.0 lbs Don Swingle 2006	467.2 kgs / 1029.9 lbs Don Swingle 2006
65-69	127.5 kgs / 281.0 lbs Don Swingle 2012	85.0 kgs / 187.3 lbs Don Swingle 10/2015	212.5 kgs / 468.4 lbs Don Swingle 2012	415.0 kgs / 914.9 lbs Don Swingle 2012
70-74	154.2 kgs / 339.9 lbs Dave Ginenthal 1999	97.5 kgs / 214.9 lbs Dave Ginenthal	188.2 kgs / 414.9 lbs Dave Ginenthal 1999	439.9 kgs / 969.8 lbs Dave Ginenthal 1999
75-79	80.0 kgs / 176.3 lbs Don Swingle 12/2022	65.0 kgs / 143.2 lbs Don Swingle 12/2022	150.0 kgs / 330.6 lbs Don Swingle 12/2022	295.0 kgs / 650.3 lbs Don Swingle 12/2022
Police/Fire/Mil	202.5 kgs / 446.4 lbs Adam Rosario 2011	155.0 kgs / 341.7 lbs Adam Rosario 2011	245.0 kgs / 540.1 lbs Adam Rosario 2011	602.5 kgs / 1328.2 lbs Adam Rosario 2011
Spec. Oly.	132.5 kgs / 292.1 lbs Ryan Ruvola 1/2023	92.5 kgs / 203.9 lbs Ryan Ruvola 1/2023	165.0 kgs / 363.7 lbs Ryan Ruvola 1/2023	390.0 kgs / 859.7 lbs Ryan Ruvola 1/2023

Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	230.0 kgs / 507.0 lbs Dean Bellantoni 2010	190.0 kgs / 418.8 lbs Jim Van Allen 12/2008	295.0 kgs / 650.3 lbs Dean Bellantoni 2010	680.0 kgs / 1499.1 lbs Dean Bellantoni 2010
12-13	127.5 kgs / 281.0 lbs Jake Lewellyn 1/2019	87.5 kgs / 192.9 lbs Jake Lewellyn 1/2019	175.0 kgs / 385.8 lbs Jake Lewellyn 1/2019	390.0 kgs / 859.7 lbs Jake Lewellyn 1/2019
16-17	216.0 kgs / 476.1 lbs Kegan Levesque 2012	182.5 kgs / 402.3 lbs Kegan Levesque 3/2012	235.0 kgs / 518.0 lbs Kegan Levesque 3/2012	622.5 kgs / 1372.3 lbs Kegan Levesque 3/2012
18-19	192.5 kgs / 424.3 lbs Josh Powell 2012	132.5 kgs / 292.1 lbs Anthony Sannella 2012	263.4 kgs / 580.6 lbs D. Samuels 2005	512.5 kgs / 1129.8 lbs Josh Powell 2012
20-24	222.5 kgs / 490.5 lbs Daniel Batista 10/2015	149.7 kgs / 330.0 lbs R. Cidzik 2002	247.5 kgs / 545.6 lbs Daniel Batista 10/2015	597.5 kgs / 1317.2 lbs Daniel Batista 10/2015
25-29	217.5 kgs / 479.5 lbs Irving Reynolds 3/2015	152.5 kgs / 336.2 lbs Drew Nelson 3/2015	240.0 kgs / 529.1 lbs Lucas Byron 2012	600.0 kgs / 1322.7 lbs Irving Reynolds 3/2015
30-34	182.5 kgs / 402.3 lbs Lucas Byron 3/2014	160.0 kgs / 352.7 lbs Lucas Byron 3/2014	272.0 kgs / 599.6 lbs Lucas Byron 3/2014	615.0 kgs / 1355.8 lbs Lucas Byron 3/2014
35-39	230.0 kgs / 507.0 lbs Mario Valero 10/2015	180.0 kgs / 396.8 lbs Mario Valero 10/2015	284.9 kgs / 628.0 lbs Dean Bellantoni	665.0 kgs / 1466.0 lbs Mario Valero 10/2015
40-44	230.0 kgs / 507.0 lbs Dean Bellantoni 2010	155.0 kgs / 341.7 lbs Dean Bellantoni 2010	295.0 kgs / 650.3 lbs Dean Bellantoni 2010	680.0 kgs / 1499.1 lbs Dean Bellantoni 2010
45-49	182.5 kgs / 402.3 lbs Frank Slawson 4/2017	135.0 kgs / 297.6 lbs Frank Slawson 4/2017	237.5 kgs / 523.5 lbs Frank Slawson 4/2017	547.5 kgs / 1207.0 lbs Frank Slawson 4/2017
50-54	220.0 kgs / 485.0 lbs Jim Van Allen	187.5 kgs / 413.3 lbs Jim Van Allen	238.1 kgs / 524.9 lbs Jim Van Allen	645.0 kgs / 1421.9 lbs Jim Van Allen
55-59	222.5 kgs / 490.5 lbs Keith Nautel 6/2023	190.0 kgs / 418.8 lbs Jim Van Allen 12/2008	280.0 kgs / 617.2 lbs Keith Nautel 6/2023	657.5 kgs / 1449.5 lbs Keith Nautel 6/2023
60-64	129.3 kgs / 285.0 lbs Don Swingle 2008	90.7 kgs / 199.9 lbs Don Swingle 2008	217.7 kgs / 479.9 lbs Don Swingle 2008	437.7 kgs / 964.9 lbs Don Swingle 2008
65-69	127.5 kgs / 281.0 lbs Don Swingle 2012	80.0 kgs / 176.3 lbs Don Swingle 2012	202.5 kgs / 446.4 lbs Don Swingle 2012	410.0 kgs / 903.8 lbs Don Swingle 2012
70-74	147.4 kgs / 324.9 lbs Dave Ginenthal 5/2004	99.7 kgs / 219.7 lbs Dave Ginenthal 5/2004	195.0 kgs / 429.8 lbs Dave Ginenthal 5/2004	442.2 kgs / 974.8 lbs Dave Ginenthal 5/2004
Police/Fire/Mil	217.5 kgs / 479.5 lbs Irving Reynolds 3/2015	152.5 kgs / 336.2 lbs Irving Reynolds 3/2015	240.0 kgs / 529.1 lbs Lucas Byron 2012	600.0 kgs / 1322.7 lbs Irving Reynolds 3/2015

Spec. Oly.	112.5 kgs / 248.0 lbs Anthony Iovine 1/2023	92.5 kgs / 203.9 lbs Anthony Iovine 1/2023	155.0 kgs / 341.7 lbs Anthony Iovine 1/2023	360.0 kgs / 793.6 lbs Anthony Iovine 1/2023
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Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	272.1 kgs / 599.8 lbs Chris Machin 6/2000	195.0 kgs / 429.8 lbs Kris Dulmer 3/2015	303.9 kgs / 669.9 lbs Chris Machin 6/2000	739.3 kgs / 1629.8 lbs Chris Machin 6/2000
14-15	165.0 kgs / 363.7 lbs Brennan Pearson 1/2022	100.0 kgs / 220.4 lbs Brennan Pearson 1/2022	182.5 kgs / 402.3 lbs Brennan Pearson 1/2022	447.5 kgs / 986.5 lbs Brennan Pearson 1/2022
16-17	230.0 kgs / 507.0 lbs Kegan Levesque 6/2012	192.5 kgs / 424.3 lbs Kegan Levesque 6/2012	245.0 kgs / 540.1 lbs Andy Mucica 3/2015	662.5 kgs / 1460.5 lbs Kegan Levesque 6/2012
18-19	215.0 kgs / 473.9 lbs Adam Carter 2011	170.1 kgs / 375.0 lbs David Balsdon	261.0 kgs / 575.4 lbs Adam Carter 2011	626.0 kgs / 1380.0 lbs David Balsdon
20-24	220.0 kgs / 485.0 lbs Doug Whitney 6/2024	159.7 kgs / 352.0 lbs J. Card	265.0 kgs / 584.2 lbs Doug Whitney 6/2024	627.0 kgs / 1382.2 lbs Doug Whitney 6/2024
25-29	217.5 kgs / 479.5 lbs Eric Clark 3/2015	170.0 kgs / 374.7 lbs Eric Clark 3/2015	280.0 kgs / 617.2 lbs Eric Clark 3/2015	667.5 kgs / 1471.5 lbs Eric Clark 3/2015
30-34	220.0 kgs / 485.0 lbs Joseph Kopito 3/2015	167.5 kgs / 369.2 lbs Joseph Kopito 3/2015	272.5 kgs / 600.7 lbs Joseph Kopito 3/2015	660.0 kgs / 1455.0 lbs Joseph Kopito 3/2015
35-39	272.1 kgs / 599.8 lbs Chris Machin 6/2000	195.0 kgs / 429.8 lbs Kris Dulmer 3/2015	303.9 kgs / 669.9 lbs Chris Machin 6/2000	739.3 kgs / 1629.8 lbs Chris Machin 6/2000
40-44	235.0 kgs / 518.0 lbs James Storch 2010	156.5 kgs / 345.0 lbs Ed Kutin 2003	272.2 kgs / 600.0 lbs Greg Hopkins 2009	649.6 kgs / 1432.1 lbs James Storch 2010
45-49	176.9 kgs / 389.9 lbs G. Peak 2011	149.7 kgs / 330.0 lbs G. Peak 2011	204.1 kgs / 449.9 lbs G. Peak 2011	530.7 kgs / 1169.9 lbs G. Peak 2011
50-54	202.5 kgs / 446.4 lbs Frank Slawson 1/2019	152.5 kgs / 336.2 lbs Tom Halbert 6/2017	250.0 kgs / 551.1 lbs Frank Slawson 1/2019	605.0 kgs / 1333.7 lbs Frank Slawson 1/2019
55-59	185.0 kgs / 407.8 lbs James Storch 6/2024	117.5 kgs / 259.0 lbs Carl Freitag 12/2018	230.0 kgs / 507.0 lbs James Storch 1/2023	522.5 kgs / 1151.9 lbs James Storch 1/2023
70-74	102.5 kgs / 225.9 lbs Paul Corter 6/2024	100.0 kgs / 220.4 lbs Paul Corter 6/2024	152.5 kgs / 336.2 lbs Paul Corter 6/2024	355.0 kgs / 782.6 lbs Paul Corter 6/2024
Police/Fire/Mil	217.5 kgs / 479.5 lbs Eric Clark 3/2015	170.0 kgs / 374.7 lbs Eric Clark 3/2015	280.0 kgs / 617.2 lbs Eric Clark 3/2015	667.5 kgs / 1471.5 lbs Eric Clark 3/2015
Spec. Oly.	140.0 kgs / 308.6 lbs Jared Lamb 1/2023	85.0 kgs / 187.3 lbs Jared Lamb 1/2023	182.5 kgs / 402.3 lbs Jared Lamb 1/2023	407.5 kgs / 898.3 lbs Jared Lamb 1/2023

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	317.8 kgs / 700.6 lbs Ken Howard 2001	207.5 kgs / 457.4 lbs Kris Dulmer 2011	335.6 kgs / 739.8 lbs Ken Howard 2001	796.1 kgs / 1755.0 lbs Jeff Diegan
14-15	102.5 kgs / 225.9 lbs Randy Williams Jr 6/2023	60.0 kgs / 132.2 lbs Randy Williams Jr 6/2023	112.5 kgs / 248.0 lbs Randy Williams Jr 6/2023	275.0 kgs / 606.2 lbs Randy Williams Jr 6/2023
16-17	200.0 kgs / 440.9 lbs Nick Roman 2012	125.0 kgs / 275.5 lbs Nick Roman 2012	250.0 kgs / 551.1 lbs Nick Roman 2012	575.0 kgs / 1267.6 lbs Nick Roman 2012
18-19	231.3 kgs / 509.9 lbs Eddie DeBus	197.3 kgs / 434.9 lbs Eddie DeBus	299.4 kgs / 660.0 lbs Eddie DeBus	728.0 kgs / 1604.9 lbs Eddie DeBus
20-24	225.0 kgs / 496.0 lbs Brad Bowen 3/2015	185.0 kgs / 407.8 lbs Brad Bowen 3/2015	302.5 kgs / 666.8 lbs Brad Bowen 3/2015	712.5 kgs / 1570.7 lbs Brad Bowen 3/2015

25-29	232.5 kgs / 512.5 lbs Nicholas Miller 6/2024	172.5 kgs / 380.2 lbs Nicholas Miller 6/2024	292.5 kgs / 644.8 lbs Nicholas Miller 6/2024	697.5 kgs / 1537.7 lbs Nicholas Miller 6/2024
30-34	195.0 kgs / 429.8 lbs Jon Barnes 4/2023	125.0 kgs / 275.5 lbs Jon Barnes 4/2023	230.0 kgs / 507.0 lbs Jon Barnes 4/2023	550.0 kgs / 1212.5 lbs Jon Barnes 4/2023
35-39	317.8 kgs / 700.6 lbs Ken Howard 2001	207.5 kgs / 457.4 lbs Kris Dulmer 2011	285.8 kgs / 630.0 lbs Jeff Deigan 2006	748.4 kgs / 1649.9 lbs Jeff Deigan 2006
40-44	220.0 kgs / 485.0 lbs Jeff Diegan 2010	177.5 kgs / 391.3 lbs Jeff Diegan 2010	275.0 kgs / 606.2 lbs Jeff Diegan 2010	672.5 kgs / 1482.5 lbs Jeff Diegan 2010
45-49	182.5 kgs / 402.3 lbs Michael Spezzano 2013	160.0 kgs / 352.7 lbs Michael Spezzano 2013	185.0 kgs / 407.8 lbs Michael Spezzano 2013	527.5 kgs / 1162.9 lbs Michael Spezzano 2013
50-54	227.5 kgs / 501.5 lbs James Storch 6/2017	142.5 kgs / 314.1 lbs James Storch 6/2017	255.0 kgs / 562.1 lbs James Storch 6/2017	625.0 kgs / 1377.8 lbs James Storch 6/2017
55-59	210.0 kgs / 462.9 lbs James Storch 6/2022	130.0 kgs / 286.5 lbs James Storch 6/2022	237.5 kgs / 523.5 lbs James Storch 6/2022	577.5 kgs / 1273.1 lbs James Storch 6/2022
60-64	160.0 kgs / 352.7 lbs Benjamin Ott 6/2024	124.7 kgs / 274.9 lbs R. Hurley 2003	205.0 kgs / 451.9 lbs Benjamin Ott 6/2024	477.5 kgs / 1052.6 lbs Benjamin Ott 6/2024

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	340.0 kgs / 749.5 lbs Matthew Sohmer 11/2012	217.5 kgs / 479.5 lbs Chris Moro 11/2022	328.9 kgs / 725.0 lbs Peter Gisondi	822.5 kgs / 1813.2 lbs Chris Moro 11/2022
16-17	245.0 kgs / 540.1 lbs Camdyn Adams 6/2019	155.0 kgs / 341.7 lbs Camdyn Adams 6/2019	207.5 kgs / 457.4 lbs Camdyn Adams 6/2019	607.5 kgs / 1339.2 lbs Camdyn Adams 6/2019
18-19	340.0 kgs / 749.5 lbs Matthew Sohmer 11/2012	132.5 kgs / 292.1 lbs Matthew Sohmer 11/2012	320.0 kgs / 705.4 lbs Matthew Sohmer 11/2012	792.5 kgs / 1747.1 lbs Matthew Sohmer 11/2012
20-24	181.4 kgs / 399.9 lbs J. D'Onofrio 2004	145.0 kgs / 319.6 lbs Ryan Thomas 3/2014	172.0 kgs / 379.1 lbs Ryan Thomas 3/2014	477.5 kgs / 1052.6 lbs Ryan Thomas 3/2014
25-29	175.0 kgs / 385.8 lbs Patrick Callahan 3/2015	107.5 kgs / 236.9 lbs Patrick Callahan 3/2015	240.0 kgs / 529.1 lbs Patrick Callahan 3/2015	522.5 kgs / 1151.9 lbs Patrick Callahan 3/2015
30-34	202.5 kgs / 446.4 lbs Cleef Metellus 6/2019	197.5 kgs / 435.4 lbs Cleef Metellus 6/2019	272.5 kgs / 600.7 lbs Cleef Metellus 6/2019	672.5 kgs / 1482.5 lbs Cleef Metellus 6/2019
35-39	295.0 kgs / 650.3 lbs Chris Moro 11/2022	217.5 kgs / 479.5 lbs Chris Moro 11/2022	322.0 kgs / 709.8 lbs Peter Gisondi 1999	822.5 kgs / 1813.2 lbs Chris Moro 11/2022
40-44	276.7 kgs / 610.0 lbs Peter Gisondi	176.9 kgs / 389.9 lbs Peter Gisondi	328.9 kgs / 725.0 lbs Peter Gisondi	771.1 kgs / 1699.9 lbs Peter Gisondi 5/2004
45-49	237.2 kgs / 522.9 lbs Peter Gisondi 2007	172.4 kgs / 380.0 lbs Peter Gisondi 2007	279.9 kgs / 617.0 lbs Peter Gisondi	677.2 kgs / 1492.9 lbs Peter Gisondi
50-54	217.5 kgs / 479.5 lbs Peter Gisondi 2010	172.5 kgs / 380.2 lbs Peter Gisondi 2010	295.0 kgs / 650.3 lbs Peter Gisondi 2010	685.0 kgs / 1510.1 lbs Peter Gisondi 2010
55-59	177.5 kgs / 391.3 lbs Benjamin Oft 9/2017	147.5 kgs / 325.1 lbs Benjamin Oft 9/2017	230.0 kgs / 507.0 lbs Benjamin Oft 9/2017	555.0 kgs / 1223.5 lbs Benjamin Oft 9/2017
60-64	180.0 kgs / 396.8 lbs David Blanco 6/2024	117.5 kgs / 259.0 lbs David Blanco 6/2024	205.0 kgs / 451.9 lbs David Blanco 6/2024	502.5 kgs / 1107.8 lbs David Blanco 6/2024
70-74	105.0 kgs / 231.4 lbs Vaughn Maldfeld 2012	87.5 kgs / 192.9 lbs Vaughn Maldfeld 2012	150.0 kgs / 330.6 lbs Vaughn Maldfeld 2012	342.5 kgs / 755.0 lbs Vaughn Maldfeld 2012
Police/Fire/Mil	105.0 kgs / 231.4 lbs Vaughn Maldfeld 2012	87.5 kgs / 192.9 lbs Vaughn Maldfeld 2012	150.0 kgs / 330.6 lbs Vaughn Maldfeld 2012	342.5 kgs / 755.0 lbs Vaughn Maldfeld 2012

Weight Class: 140 / 308 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	230.0 kgs / 507.0 lbs Fred Seeburger 2011	185.0 kgs / 407.8 lbs Fred Seeburger 2011	240.0 kgs / 529.1 lbs Daven Brigham 3/2015	610.0 kgs / 1344.8 lbs Michael Abbruzzese 2011
16-17	140.0 kgs / 308.6 lbs Blake Schweikowsky 6/2017	90.0 kgs / 198.4 lbs Blake Schweikowsky 6/2017	172.5 kgs / 380.2 lbs Blake Schweikolski 4/2017	397.5 kgs / 876.3 lbs Blake Schweikowsky 6/2017
18-19	220.0 kgs / 485.0 lbs Clayton D'Onofrio 2012	165.0 kgs / 363.7 lbs Clayton D'Onofrio 2012	207.5 kgs / 457.4 lbs Clayton D'Onofrio 2012	577.5 kgs / 1273.1 lbs Clayton D'Onofrio 2012
20-24		142.5 kgs / 314.1 lbs Daven Brigham 3/2015	240.0 kgs / 529.1 lbs Daven Brigham 3/2015	577.5 kgs / 1273.1 lbs Daven Brigham 3/2015
30-34	182.5 kgs / 402.3 lbs Adam Brown 1/2020	135.0 kgs / 297.6 lbs Adam Brown 1/2020	180.0 kgs / 396.8 lbs Adam Brown 1/2020	497.5 kgs / 1096.7 lbs Adam Brown 1/2020
45-49	230.0 kgs / 507.0 lbs Fred Seeburger 2011	185.0 kgs / 407.8 lbs Fred Seeburger 2011	230.0 kgs / 507.0 lbs Ray Reynolds 6/2023	607.5 kgs / 1339.2 lbs Fred Seeburger 2011
50-54	220.0 kgs / 485.0 lbs Fred Seeburger 2012	160.0 kgs / 352.7 lbs Fred Seeburger 2012	235.0 kgs / 518.0 lbs Fred Seeburger 2012	592.5 kgs / 1306.2 lbs Fred Seeburger 2012
55-59	150.0 kgs / 330.6 lbs James Prendergast 8/2017	115.0 kgs / 253.5 lbs James Prendergast 8/2017	192.5 kgs / 424.3 lbs James Prendergast 8/2017	457.5 kgs / 1008.6 lbs James Prendergast 8/2017
70-74	112.5 kgs / 248.0 lbs Vaughn Maldfeld 2012	87.5 kgs / 192.9 lbs Vaughn Maldfeld 2012	137.5 kgs / 303.1 lbs Vaughn Maldfeld 2012	337.5 kgs / 744.0 lbs Vaughn Maldfeld 2012
75-79	82.5 kgs / 181.8 lbs Vaughn Maldfeld 6/2016	72.5 kgs / 159.8 lbs Vaughn Maldfeld 6/2016	127.5 kgs / 281.0 lbs Vaughn Maldfeld 6/2016	282.5 kgs / 622.7 lbs Vaughn Maldfeld 6/2016
Police/Fire/Mil	112.5 kgs / 248.0 lbs Vaughn Maldfeld 2012	87.5 kgs / 192.9 lbs Vaughn Maldfeld 2012	137.5 kgs / 303.1 lbs Vaughn Maldfeld 2012	337.5 kgs / 744.0 lbs Vaughn Maldfeld 2012

Unknown Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	317.5 kgs / 699.9 lbs Rodney Nelson 1/2022	255.5 kgs / 563.2 lbs Rodney Nelson 1/2022	237.5 kgs / 523.5 lbs Eric Willow 6/2016	782.5 kgs / 1725.0 lbs Rodney Nelson 1/2022
35-39	317.5 kgs / 699.9 lbs Rodney Nelson 1/2022	255.5 kgs / 563.2 lbs Rodney Nelson 1/2022	230.0 kgs / 507.0 lbs Rodney Nelson 1/2022	782.5 kgs / 1725.0 lbs Rodney Nelson 1/2022
45-49	227.5 kgs / 501.5 lbs Eric Willow 4/2014	162.5 kgs / 358.2 lbs Eric Willow 6/2016	237.5 kgs / 523.5 lbs Eric Willow 6/2016	615.0 kgs / 1355.8 lbs Eric Willow 6/2016
50-54	205.0 kgs / 451.9 lbs Fred Seeburger 2012	155.0 kgs / 341.7 lbs Fred Seeburger 2012	232.5 kgs / 512.5 lbs Fred Seeburger 2012	567.0 kgs / 1250.0 lbs Fred Seeburger 2012