



KANSAS STATE POWERLIFTING RECORDS

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12/5/2024

Weight Class: 67.5 / 148 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	87.5 kgs / 192.9 lbs Anna Elliott 11/2024	65.0 kgs / 143.2 lbs Anna Elliott 11/2024	125.0 kgs / 275.5 lbs Anna Elliott 11/2024	277.5 kgs / 611.7 lbs Anna Elliott 11/2024
18-19	87.5 kgs / 192.9 lbs Anna Elliott 11/2024	65.0 kgs / 143.2 lbs Anna Elliott 11/2024	125.0 kgs / 275.5 lbs Anna Elliott 11/2024	277.5 kgs / 611.7 lbs Anna Elliott 11/2024

Weight Class: 75 / 165 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	110.0 kgs / 242.5 lbs Janie Wilikinson 11/2012	72.5 kgs / 159.8 lbs Raya Eilert 11/2024	145.0 kgs / 319.6 lbs Janie Wilikinson 11/2012	305.0 kgs / 672.4 lbs Janie Wilikinson 11/2012
18-19	92.5 kgs / 203.9 lbs Raya Eilert 11/2024	72.5 kgs / 159.8 lbs Raya Eilert 11/2024	132.5 kgs / 292.1 lbs Raya Eilert 11/2024	297.5 kgs / 655.8 lbs Raya Eilert 11/2024

Weight Class: 90 / 198 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	175.0 kgs / 385.8 lbs Lizzy Welch 11/2024	75.0 kgs / 165.3 lbs Lizzy Welch 11/2024	147.5 kgs / 325.1 lbs Sydnee Jackson 11/2024	392.5 kgs / 865.3 lbs Lizzy Welch 11/2024
18-19	175.0 kgs / 385.8 lbs Lizzy Welch 11/2024	75.0 kgs / 165.3 lbs Lizzy Welch 11/2024	142.5 kgs / 314.1 lbs Lizzy Welch 11/2024	392.5 kgs / 865.3 lbs Lizzy Welch 11/2024
20-24	140.0 kgs / 308.6 lbs Sydnee Jackson 11/2024	70.0 kgs / 154.3 lbs Sydnee Jackson 11/2024	147.5 kgs / 325.1 lbs Sydnee Jackson 11/2024	357.5 kgs / 788.1 lbs Sydnee Jackson 11/2024

Weight Class: 67.5 / 148 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	147.5 kgs / 325.1 lbs Heath Rousselle 11/2024	105.0 kgs / 231.4 lbs Heath Rousselle 11/2024	147.5 kgs / 325.1 lbs Heath Rousselle 11/2024	400.0 kgs / 881.8 lbs Heath Rousselle 11/2024
18-19	147.5 kgs / 325.1 lbs Heath Rousselle 11/2024	105.0 kgs / 231.4 lbs Heath Rousselle 11/2024	147.5 kgs / 325.1 lbs Heath Rousselle 11/2024	400.0 kgs / 881.8 lbs Heath Rousselle 11/2024

Weight Class: 82.5 / 181 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	227.5 kgs / 501.5 lbs Ethan Cranor 11/2024	135.0 kgs / 297.6 lbs Ethan Cranor 11/2024	212.5 kgs / 468.4 lbs Ethan Cranor 11/2024	575.0 kgs / 1267.6 lbs Ethan Cranor 11/2024

18-19	227.5 kgs / 501.5 lbs Ethan Cranor 11/2024	135.0 kgs / 297.6 lbs Ethan Cranor 11/2024	212.5 kgs / 468.4 lbs Ethan Cranor 11/2024	575.0 kgs / 1267.6 lbs Ethan Cranor 11/2024
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Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	247.5 kgs / 545.6 lbs Mikah Scott 11/2024	155.0 kgs / 341.7 lbs Mikah Scott 11/2024	300.0 kgs / 661.3 lbs Mikah Scott 11/2024	702.5 kgs / 1548.7 lbs Mikah Scott 11/2024
18-19	187.5 kgs / 413.3 lbs Brendon Morris 11/2024	142.5 kgs / 314.1 lbs Brendon Morris 11/2024	255.0 kgs / 562.1 lbs Brendon Morris 11/2024	585.0 kgs / 1289.6 lbs Brendon Morris 11/2024
20-24	247.5 kgs / 545.6 lbs Mikah Scott 11/2024	155.0 kgs / 341.7 lbs Mikah Scott 11/2024	300.0 kgs / 661.3 lbs Mikah Scott 11/2024	702.5 kgs / 1548.7 lbs Mikah Scott 11/2024

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	260.0 kgs / 573.1 lbs Taylor Lambert 11/2019	190.0 kgs / 418.8 lbs Taylor Lambert 11/2019	247.5 kgs / 545.6 lbs Taylor Lambert 11/2019	697.5 kgs / 1537.7 lbs Taylor Lambert 11/2019
20-24	260.0 kgs / 573.1 lbs Taylor Lambert 11/2019	190.0 kgs / 418.8 lbs Taylor Lambert 11/2019	247.5 kgs / 545.6 lbs Taylor Lambert 11/2019	697.5 kgs / 1537.7 lbs Taylor Lambert 11/2019

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	315.0 kgs / 694.4 lbs Nic Flores 11/2024	165.0 kgs / 363.7 lbs Nic Flores 11/2024	225.0 kgs / 496.0 lbs Nic Flores 11/2024	705.0 kgs / 1554.2 lbs Nic Flores 11/2024
20-24	315.0 kgs / 694.4 lbs Nic Flores 11/2024	165.0 kgs / 363.7 lbs Nic Flores 11/2024	225.0 kgs / 496.0 lbs Nic Flores 11/2024	705.0 kgs / 1554.2 lbs Nic Flores 11/2024

Unknown Class: SHW Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	295.0 kgs / 650.3 lbs Caden Dougan 11/2024	192.5 kgs / 424.3 lbs Caden Dougan 11/2024	290.0 kgs / 639.3 lbs Caden Dougan 11/2024	777.5 kgs / 1714.0 lbs Caden Dougan 11/2024
20-24	295.0 kgs / 650.3 lbs Caden Dougan 11/2024	192.5 kgs / 424.3 lbs Caden Dougan 11/2024	290.0 kgs / 639.3 lbs Caden Dougan 11/2024	777.5 kgs / 1714.0 lbs Caden Dougan 11/2024