



All Time Men's Rankings

Updated 12/21/2024 Ed Kutin

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All Time Squat Rankings				Male	
Weight Class: 48 / 105			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	172.5	380.2	Jasen Hinkel	US-NE	2010
2	110	242.5	Casey Walker	US-PA	2016
3	107.5	236.9	Chase Fettes	US-PA	2013
4	95	209.4	Kamryn Vasquez	US-NE	2011
5	94.8	208.9	Tucker Lee	US-NC	
6	90.8	200.1	Jared Fleming	US-NY	2003
7	90	198.4	Ari Kutin	US-NJ	2014
8	87.5	192.9	C. Lester	US-NC	
9	87	191.8	Daniel Reinhold	US-PA	2014
10	85	187.3	Buck Ammons	US-NC	2016
11	83.9	184.9	B. Leebrick	US-NC	
	83.9	184.9	E. Smith	US-PA	2004
13	82.5	181.8	Hunter Forte	US-VT	
14	80	176.3	Zach Seymour	US-GA	
15	77.5	170.8	Bailey Underwood	US-AZ	2013
16	77	169.7	Andrew Nace	US-PA	2014
17	75	165.3	Adam Taylor	US-MD	2021
18	74.86	165	Brock Vergara	US-FL	2023
19	74.8	164.9	Alex Seymour	US-GA	
20	72.5	159.8	D Perhacs	US-PA	2002
	72.5	159.8	Jeremiah Skinner	US-NC	2023

Weight Class: 52 / 114			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	147.4	324.9	Caleb Tourres	US-LA	2007
2	136.1	300	Michael Shine	US-NC	
3	135	297.6	Carter Kincaid	US-NC	2024
4	125	275.5	Dmitriy Sergienko	Ukraine	2014
5	124.7	274.9	Eric Midkiff	US-NC	
6	122.4	269.8	Glenn Murphy	US-MD	
7	106.5	234.7	Christopher Bloom	US-PA	2003
8	105	231.4	Tucker Lee	US-NC	
	105	231.4	Jake Rice	US-PA	2012
	105	231.4	Buck Ammons	US-NC	2018
11	103.1	227.2	Mike Burkeen	US-AZ	2009
12	102.5	225.9	Jarvis Milton	US-IA	2011
13	102	224.8	Dylan Edney	US-NC	
14	100	220.4	Evan Pittman	US-FL	2012
15	96.5	212.7	H. Alverez	US-NJ	1999
16	95	209.4	Nick Hartmann	US-PA	2014
17	92.5	203.9	Ari Kutin	US-NJ	2015

18	90	198.4	Mark Walker	US-PA	2013
	90	198.4	Jake Hartmann	US-PA	2015
20	85	187.3	Jason Farrow	US-FL	2011

Weight Class: 56 / 123			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	229	504.8	Michael Kuhns	US-PA	2004
2	182.5	402.3	Brannigan Coleman	US-NC	2017
	182.5	402.3	Zachariah Anguiano	US-FL	2024
4	160	352.7	Filippo Mascellaro	Italy	2021
5	156.9	345.9	Steve Snyder	US-PA	1999
6	156.4	344.7	Caleb Williams	US-PA	2000
7	151.9	334.8	C Williams	US-PA	2000
8	150	330.6	Idan Alkoby	Israel	2013
9	145	319.6	Carter Kincaid	US-NC	2024
10	142.5	314.1	Jose Para	US-NC	2020
11	140	308.6	Nigel Whitford	Canada	2016
	140	308.6	Carl King	US-PA	2019
13	137.5	303.1	William Tenerelli	US-NJ	2014
	137.5	303.1	Hung Le	US-AZ	2015
15	135	297.6	Casey Walker	US-PA	2016
16	132.5	292.1	Sean Brokenshire	South Africa	2012
	132.5	292.1	Paul Cataldi	US-PA	2013
18	128	282.1	Spencer McCann	Canada	2013
19	125	275.5	Robert Clark	US-VA	
	125	275.5	Chase Fettes	US-PA	2014
	125	275.5	Ryan Kanashiro	Canada	2022

Weight Class: 60 / 132			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	250.5	552.2	Michael Kuhns	US-PA	2022
2	192.5	424.3	Jason Yuen	Canada	2019
3	182.5	402.3	Vincent Alvarado	US-NE	2011
4	175	385.8	Daniel Remulla	Canada	2012
5	170	374.7	George James	US-MD	2019
6	167.5	369.2	Jose Para	US-NC	2022
	167.5	369.2	An Nguyen	US-NJ	2022
8	165	363.7	Luke Cohen	Canada	2017
9	160	352.7	Dan Carpenter	US-FL	2008
	160	352.7	Alex Saretsky	Canada	2016
	160	352.7	Jose Parra	US-NC	2021
12	157.5	347.2	Joshua Sine	US-VA	
13	155	341.7	August Gershwin	US-PA	2014
14	154.2	339.9	Mike Allgeier	US-PA	2000
15	147.5	325.1	Steve Snyder	US-PA	1999
	147.5	325.1	Amro Eldesouki	US-AZ	2015
	147.5	325.1	Tyler Trudel	Canada	2019
18	147.4	324.9	D. Priddy	US-NC	
19	145.2	320.1	Eric Midkiff	US-NC	
20	145	319.6	Christopher Smith	US-NY	2012
	145	319.6	Ricardo Sanchez	US-NY	2022

Weight Class: 67.5 / 148			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	249.8	550.7	Michael Kuhns	US-PA	2006
2	222.5	490.5	Ross Rickards	Australia	2018
3	212.5	468.4	Lenard Jones	US-VA	2019
4	210	462.9	Benjamin Butty	Canada	2012

5	205.5	453	Alex Saretsky	Canada	2018
6	205	451.9	Alex LaRoche	US-NH	2017
7	204.1	449.9	Ramone Cruz	US-PA	2002
8	201	443.1	Stephane Heroux	Canada	2019
9	200	440.9	Shane Elliot	US-MD	2022
10	195	429.8	Christopher Ferranti	US-NC	2015
11	190.5	419.9	Monte Lofing	US-NE	2018
12	190	418.8	Matthew Tillotson	US-NY	2017
13	188.2	414.9	Paul Griffith	US-PA	1999
14	187.5	413.3	Brenden Eberle	Canada	2015
	187.5	413.3	Max Hall	Canada	2019
	187.5	413.3	Michael Ohse	US-NC	2019
17	186.3	410.7	M. Romanello	US-FL	2008
	186.3	410.7	Rolando Manso	US-FL	2008
19	186	410	M. Gogluicci	US-NJ	2001
20	185	407.8	Daniel Cohen	Israel	2014
	185	407.8	Stan Lysholm	US-IA	2016
	185	407.8	Dillon Childs	Canada	2018
	185	407.8	Nathaniel Thomas	US-NC	2023

Weight Class: 75 / 165			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	258.5	569.8	Tony Conyers	US-FL	2022
2	252.5	556.6	Ku Moo	Canada	2024
3	237.5	523.5	Chase Weigel	Canada	2023
4	235	518	Matt Catalino	US-PA	2000
5	231.33	509.9	Jose Urbina	US-FL	2023
6	230	507	Nicholas DiMinni	US-NJ	2016
7	229	504.8	G. Clay	US-PA	2001
8	226.7	499.7	Joseph Braca	US-PA	2000
9	220	485	Jaime Velasquez	US-MD	2018
	220	485	Parker Bolton	US-NY	2022
11	218.5	481.7	Ramone Cruz	US-PA	2012
12	217.5	479.5	James Aikey	US-VT	
13	216	476.1	Tony Felix	Canada	2016
14	215.5	475	C. Kerley	US-NC	
	215.5	475	Cole Melanson	Canada	2016
16	215	473.9	Brett Freeman	US-NY	2012
	215	473.9	Austin Andreyo	US-PA	2019
18	212.5	468.4	Jeremy Muse	US-NC	
	212.5	468.4	Brian Stoner	US-NY	2013
	212.5	468.4	Jacob Vohs	US-PA	2014

Weight Class: 82.5 / 181			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	273	601.8	Jaime Velasquez	US-MD	2022
2	272.6	600.9	Matt Clickett	US-PA	2002
3	272.5	600.7	Taggart Duburiya	Nauru	2018
4	270	595.2	Deamo Baguga	Nauru	2018
5	255	562.1	Daryl Taylor	US-VA	
	255	562.1	Darren Taylor	US-VA	2016
7	250	551.1	Gino Maranon	Canada	2021
8	247.5	545.6	Kevin Woods	US-NC	
	247.5	545.6	Chase Weigel	Canada	2024
10	245	540.1	Bjorn Torgerson	Canada	2014
	245	540.1	Brett Hansen	Canada	2017
12	242.6	534.8	Matt Catalino	US-PA	2002
13	242.5	534.6	Chad Penson	US-NM	2016

14	240	529.1	Larry Dyles	US-VA	
	240	529.1	Gleb Epelbaum	US-PA	2012
16	237.5	523.5	Ryan Kiecker	US-VA	2016
	237.5	523.5	Vitalie Ursu	Canada	2018
18	235	518	Irving Harris	Nauru	2018
	235	518	Cosmin Olteanu	Canada	2019
	235	518	Ilias Burnett	US-VA	2024

Weight Class: 90 / 198			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	287.5	633.8	William Waller	US-VA	2021
	287.5	633.8	James Bryant	US-FL	2024
3	276.6	609.7	Mike Mastrean	US-PA	2002
4	274.4	604.9	R. Jordan	US-PA	2001
5	274	604	Bjorn Torgerson	Canada	2015
6	273	601.8	Victor Biryukov	Russia	2012
7	272.5	600.7	Ben Royer	US-PA	2014
8	272.2	600	Joey King	US-OR	2006
9	260.8	574.9	J. McCode	US-PA	2001
10	256.3	565	D. Adams	US-NC	
11	256	564.3	Victor Akpawan	Canada	2019
12	255	562.1	Frank Butty	Canada	2012
	255	562.1	Benjamin Swope	US-AZ	2017
14	252.5	556.6	Kevin Woods	US-NC	2022
15	250	551.1	Brad Olson	Canada	2015
	250	551.1	Jesse Ronland	Nauru	2018
17	248.5	547.8	Dale Christopher	US-AZ	2009
18	245	540.1	Larry Dyles	US-VA	2018
19	244.9	539.9	J.B. Boyd	US-PA	2004
	244.9	539.9	Brandon Martin	US-FL	2023

Weight Class: 100 / 220			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	302.5	666.8	WeiBin He	China	2018
	302.5	666.8	AZI Idehenre	US-NC	2022
3	295	650.3	Greg Nuckols	US-NC	
4	290	639.3	Taylor Shadgett	Canada	2012
5	285	628.3	Chad Smith	US-OK	2009
6	280	617.2	Ryan Nolan	US-NJ	2022
	280	617.2	Bruce Knox	US-MD	2023
8	275	606.2	Kevin Varriale	US-IL	2015
	275	606.2	Garrick Jeffers	US-VA	2021
	275	606.2	TC Haubold	US-NC	2022
11	274.4	604.9	Marcus Schmidt	US-OH	
12	272.1	599.8	Chris Machin	US-NY	2000
13	272	599.6	Zackary Reimer	Canada	2019
14	270	595.2	Cody Light	US-PA	2017
15	268.5	591.9	Everett Brill	US-NM	2017
16	267.6	589.9	Jeff Diegan	US-NY	
17	265	584.2	Derek Dickinson	US-VA	2017
	265	584.2	Eric Dumas	Australia	2018
	265	584.2	Dario Lanzone	Italy	2021
20	262.5	578.7	Abed Abu-Sakout	US-VA	2018

Weight Class: 110 / 242			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	317.8	700.6	Ken Howard	US-NY	2001
2	317.5	699.9	Chaz Ruffin	US-CT	2017

3	305	672.4	Michael Eaton	US-MD	
4	297.5	655.8	Jeff Lastuka	Canada	2022
5	295.5	651.4	James Jacobs	US-FL	2007
	295.5	651.4	Stiven Rivas	US-VA	2024
7	295	650.3	Jason Wahl	US-VA	
	295	650.3	Joash Teabuge	Nauru	2018
	295	650.3	Azi Idehenre	US-NC	2023
10	290.3	639.9	Jeff Diegan	US-NY	
11	285	628.3	Woody Leonard	US-NC	2017
	285	628.3	Derek Dickinson	US-VA	2019
	285	628.3	Anthony Miranda	US-OH	2023
14	284.8	627.8	Nick Hammer	US-FL	2007
15	282.5	622.7	Ronald Walling	US-VA	2015
16	280.8	619	Steve Protomastro	US-NJ	2001
17	279	615	Jeff Deigan	US-NY	2006
18	276.6	609.7	Thomas Ruzsala	US-MD	
	276.6	609.7	A McFerren	US-PA	2001
20	275	606.2	Matt Cronin	US-VA	2014
	275	606.2	Nick Cataldi	US-PA	2016
	275	606.2	Michael Oliver	US-MD	2024

Weight Class: 125 / 275			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	385.5	849.8	Greg Lowe	US-PA	2001
2	340	749.5	Matthew Sohmer	US-NY	2012
3	322.5	710.9	Anthony Krznar	Australia	2018
4	317.6	700.1	Trey Manning	US-NC	
5	315	694.4	Nic Flores	US-KS	2024
6	307.5	677.9	Derek Dickinson	US-VA	2022
7	299.3	659.8	Thomas Ruzsala	US-MD	
8	297.5	655.8	Michael Eaton	US-MD	
9	295	650.3	Nate Butler	US-MO	2010
	295	650.3	Chris Moro	US-NY	2022
	295	650.3	Cory Constantin	Canada	2023
12	292.5	644.8	Adam Price	Canada	2019
	292.5	644.8	Anthony Miranda	US-OH	2024
14	287.5	633.8	Tyler Cook	US-OH	2019
15	286.4	631.3	Nick Hammer	US-FL	2007
16	285.8	630	Steve Protomastro	US-NJ	2000
17	285.7	629.8	Bart Shuman	US-PA	2003
18	285	628.3	Eliahu Henkin	Israel	2014
	285	628.3	Tim Harbison	US-OH	2016
	285	628.3	Kyle Schuster	US-PA	2016
	285	628.3	Nicholas Viikinsalo	US-MN	2024

Weight Class: 140 / 308			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	375	826.7	Scott Weech	US-FL	2006
2	330	727.5	Alec Williamson	US-AZ	2018
3	320	705.4	Troy Dugan	US-PA	2017
4	317.5	699.9	David Villeneuve	US-VT	
5	305	672.4	Nick Chaprales	US-MA	
	305	672.4	Nick Morneau	Canada	2019
7	300	661.3	Nate Butler	US-MO	2011
8	295	650.3	Doug Mignot	US-PA	2012
	295	650.3	Matthew Rice	US-NC	2018
10	294.8	649.9	Daniel Corridean	US-MD	
11	292.6	645	Justin Steyer	US-MD	

12	290	639.3	Jayne Campbell	US-VA	
13	285.8	630	Greg Stott	US-NC	
14	285	628.3	Brian Barnes	US-IL	
	285	628.3	Athan Parker	US-OH	2023
16	282.5	622.7	J. C. Miller	US-FL	2011
	282.5	622.7	John Jones Jr	US-MD	2016
	282.5	622.7	Jeremy Burroughs	US-PA	2018
	282.5	622.7	Allen Gibson	US-FL	2019
20	280	617.2	Troy Winfrey	US-VA	
	280	617.2	Matt Slate	US-NV	2023
	280	617.2	Josh Mcnally	Canada	2024

Unknown Class: SHW			Squat	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	425	936.9	Jezza Uepa	Nauru	2018
2	362.9	800	R Brent	US-VA	
3	362.8	799.8	Nick Minneti	US-VA	2005
4	341	751.7	Beau Moore	US-FL	2006
5	317.5	699.9	Rodney Nelson	US-NY	2022
6	312.9	689.8	Raymond Hodges	US-FL	2022
7	304	670.1	Daniel Corridean	US-MD	2006
8	297.2	655.2	R. Blackwell	US-NC	
9	295.5	651.4	Cody Yager	US-FL	2007
	295.5	651.4	Brian Ball	US-MD	2016
11	295	650.3	Brandon Hall	US-AZ	2013
	295	650.3	Caden Dougan	US-KS	2024
	295	650.3	Travis Bridges	US-VA	2024
14	292.5	644.8	Doug Mignot	US-PA	2011
15	288	634.9	B Banhart	US-PA	1998
16	285	628.3	Chris Harris	US-VA	2015
	285	628.3	Noah Graves	US-OH	2018
18	283.4	624.7	Shane Yates	US-SC	
19	282.5	622.7	Dawson Adler	US-FL	2019
	282.5	622.7	Moe Aokuso	Canada	2024

All Time Bench Press Rankings			Male		
Weight Class: 48 / 105			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	112.5	248	Jasen Hinkel	US-NE	2010
2	106	233.6	Aleksandr Ermachenko	Ukraine	2014
3	97.5	214.9	Kartik .	India	2021
4	92.5	203.9	James Miller	US-VA	2013
5	85	187.3	Daniel Levandusky	US-PA	2001
6	77.5	170.8	Rob Marcellino	US-NJ	2010
7	67.5	148.8	Ismael Jackson	US-MD	2022
8	65.7	144.8	Bradley Pataky	US-PA	2002
9	65	143.2	Andy Faviers	South Africa	2013
10	63.5	139.9	Justin Martin	US-NC	2006
11	62.5	137.7	DeAndre Proctor	US-NC	2013
	62.5	137.7	Dev Kaushik	India	2019
	62.5	137.7	Johnny Brattelli	US-VA	2024
14	60	132.2	Buck Ammons	US-NC	
	60	132.2	Michael Kahan	US-AZ	2012
	60	132.2	John Hess	US-PA	2013
17	58.5	128.9	Sean Miller	US-NC	2017
18	57.5	126.7	Zach Seymour	US-GA	
	57.5	126.7	Chase Fettes	US-PA	2013

20 57 125.6 Daniel Reinhold US-PA 2014

Weight Class: 52 / 114			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	106.5	234.7	Boyd Honeycutt	US-NC	1999
2	103	227	Alexander Ermachenko	Ukraine	2013
3	100	220.4	Dmitriy Sergienko	Ukraine	2014
4	99.8	220	Daniel Levandusky	US-PA	2002
5	93	205	Caleb Tourres	US-LA	2007
6	92.5	203.9	Hunter Claypatch	US-NY	2007
	92.5	203.9	James Miller	US-VA	2013
8	92	202.8	Gary Peterson	US-WA	2014
9	91.2	201	Glenn Murphy	US-MD	2000
10	90.7	199.9	Tony Ostrum	US-VA	2003
11	85	187.3	Rob Marcellino	US-NJ	2010
12	83.9	184.9	Ian Smith	US-IN	2006
13	82.7	182.3	Mike Burkeen	US-AZ	2009
14	82.5	181.8	Carter Kincaid	US-NC	2024
15	81.6	179.8	Michael Shine	US-NC	
16	80	176.3	Arshavir Asdoryan	Armenia	2010
	80	176.3	Lazar Mircic	Serbia	2010
	80	176.3	Kshetral Gherwal	India	2019
	80	176.3	Sukhjit Singh	India	2019
20	79.5	175.2	Trevor Branam	US-FL	2007

Weight Class: 56 / 123			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	150	330.6	Adam Zehr	US-NY	2008
2	136.5	300.9	Brannigan Coleman	US-NC	2016
3	127	279.9	Michael Kuhns	US-PA	2004
4	122.5	270	Justin Longstreet	US-OH	2012
5	115	253.5	Daniel Champagne	US-NC	2012
	115	253.5	Ravinder Pal Singh	India	2021
7	112.5	248	Gary Teeter	US-PA	2018
8	110	242.5	Saman Karami	Iran	2009
	110	242.5	Vin Voeun	US-AZ	2012
10	109.5	241.4	Phirum Peang	US-RI	2007
11	107.5	236.9	Kody Cox	US-PA	2013
	107.5	236.9	Carl King	US-PA	2019
	107.5	236.9	Zachariah Anguiano	US-FL	2024
14	106.5	234.7	Eric Nelligar	USA	2004
15	105	231.4	Ravinderpal Singh	India	2019
16	104.3	229.9	J. Chavez	US-NC	1999
17	103.5	228.1	Hung Le	US-AZ	2015
18	103	227	Idan Alkoby	Israel	2013
19	102.5	225.9	Robert Clark	US-VA	2009
	102.5	225.9	Mike Burkeen	US-AZ	2010
	102.5	225.9	James Miller	US-VA	2014
	102.5	225.9	Nigel Whitford	Canada	2016

Weight Class: 60 / 132			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	160	352.7	Adam Zehr	US-NY	2009
2	149.8	330.2	Michael Kuhns	US-PA	2010
3	138.6	305.5	Brian Goelz	US-FL	2006
4	136	299.8	Melvin Perry	US-NC	2006
5	135	297.6	Jason Yuen	Canada	2019
6	131	288.8	Vincent Alvarado	US-NE	2011

7	130	286.5	Peter Tischenko	Ukraine	2010
	130	286.5	Devin Gloeckl	US-PA	2018
9	128	282.1	Vance Edwards	US-NH	2010
10	127.5	281	Brian Calcafuoco	Canada	2011
	127.5	281	Devin Gloeckl	US-PA	2017
12	125.5	276.6	Alex Saretsky	Canada	2016
13	125	275.5	Sinath Sam	US-DE	2011
	125	275.5	Daniel Remulla	Canada	2012
	125	275.5	Steve Ferestad	US-MT	2015
16	121	266.7	Paul Gillott	US-AZ	2019
17	120	264.5	Dean Holland	US-PA	2001
	120	264.5	Galen Takushi	US-HI	2013
	120	264.5	Gary Whetzel	US-WV	2014
	120	264.5	Anthony Yee	US-MD	2014

Weight Class: 67.5 / 148			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	175	385.8	Adam Zehr	US-NY	2011
2	167.5	369.2	Jeremy Seff	US-NC	2017
3	165.6	365	James Love	US-GA	2005
4	163.5	360.4	Michael Kuhns	US-PA	2006
5	162.5	358.2	Lenard Jones	US-NC	2019
6	160	352.7	Viet Tran	US-NE	2014
7	158.8	350	N Sampras	US-GA	
8	157.5	347.2	Theopolis Ussery	US-NC	2016
9	156.4	344.7	Mike Booth	USA	2000
10	155	341.7	Peter Tischenko	Ukraine	2012
11	152.5	336.2	Alex Saretsky	Canada	2018
	152.5	336.2	Andrew Fiocco	US-CT	2019
13	151.9	334.8	Joe Mukite	USA	2003
14	150	330.6	Tim McCoy	US-FL	2010
	150	330.6	Cedric Kouokam	Cameroon	2012
16	149.6	329.8	Andrew Waits	USA	2002
17	147.5	325.1	Patrick Mason	US-MA	2017
	147.5	325.1	Kejajuan Collington	US-NC	2023
	147.5	325.1	Brannigan Coleman	US-VA	2023
20	146.5	322.9	Scott Wilson	US-VA	2012

Weight Class: 75 / 165			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	190	418.8	James Love	US-GA	2007
2	185	407.8	Kwansah Ackah	US-MD	2007
3	183.7	404.9	Orne Bey	USA	2000
4	181.4	399.9	Omar Bermudez	US-FL	
5	180	396.8	Kevin Wais	Canada	2017
6	175	385.8	Vladimir Tsaturyan	Ukraine	2014
	175	385.8	Tony Conyers	US-FL	2018
8	174.9	385.5	David Blattenberger	US-PA	2010
9	174.6	384.9	Brian Hough	US-NC	2003
10	172.5	380.2	John Self	US-VA	2007
	172.5	380.2	Donnell Moore	US-NC	2015
12	170	374.7	Gerado Perez	US-FL	2006
	170	374.7	Jermaine Moore	US-MD	2015
	170	374.7	Gurvur Kumar	India	2021
15	167.8	369.9	Ken Hedrich	US-IL	2010
16	167.5	369.2	Larry Dyles	US-VA	2007
17	165.6	365	John Audia	US-NY	
	165.6	365	Michael Binkley	US-NJ	2009

19	165.5	364.8	Jacob Vohs	US-PA	2014
20	165	363.7	Matt Baker	US-MD	
	165	363.7	Jason Luster	US-PA	2010
	165	363.7	Arthur Chan	Canada	2012
	165	363.7	Daniel Gonzalez	Canada	2015

Weight Class: 82.5 / 181			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	219.9	484.7	Will Lynch	US-NC	2006
2	208	458.5	Stephen Judah	US-FL	2007
3	200	440.9	Matteo Masi	Italy	2019
4	195.4	430.7	Rodney Rupe	US-FL	2006
5	195.3	430.5	David Blattenberger	US-PA	2008
6	195	429.8	Jacob Williams	US-PA	2019
	195	429.8	Ilias Burnett	US-VA	2024
8	192.7	424.8	D. Martin	USA	2000
	192.7	424.8	James Adams	US-NC	2007
10	192.5	424.3	T.J. Mosley	US-VA	2015
11	191	421	Kevin Wais	Canada	2016
12	190	418.8	Kyland Folkers	US-NE	2011
13	189	416.6	Matthew Reep	US-VA	
14	188.2	414.9	George Dale	USA	2006
15	187.5	413.3	Ahmed Shafik	US-AZ	2015
	187.5	413.3	Lloyd Summers	US-OH	2015
	187.5	413.3	Chad Penson	US-NM	2016
18	185.9	409.8	Anthony Bannerman	US-NC	2007
19	185	407.8	Taggart Duburiya	Nauru	2018
	185	407.8	Llalando Austin	US-FL	2019
	185	407.8	Jaime Velasquez	US-MD	2022

Weight Class: 90 / 198			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	240	529.1	Dennis Cieri	US-NJ	2010
2	225	496	Michael Dudley	US-NC	2017
3	217.7	479.9	Dan Pearson	US-NC	2003
4	217.5	479.5	Vasiliy Gaydar	Ukraine	2014
5	210.9	464.9	Will Lynch	US-NC	2003
6	207.5	457.4	Varinder Singh	India	2019
7	206.3	454.8	Paul Bossi	US-NC	2002
8	205	451.9	Robert Barradas	US-GA	2007
	205	451.9	Anthony Simpson	US-NC	2011
	205	451.9	Chris Walter	US-NE	2015
	205	451.9	Ricky Dozier	US-NC	2018
12	200.5	442	Rico Terrel	US-VA	2024
13	200.3	441.5	Brad Leonard	US-PA	2004
14	200	440.9	Sergei Didovik	Ukraine	2011
	200	440.9	Brandon Perdue	US-VA	2013
16	199.5	439.8	Bruce Swanson	US-NY	2002
17	197.5	435.4	Aaron Johnson	US-VA	2009
	197.5	435.4	Andrea Piccione	Italy	2021
19	197.3	434.9	Nick Mercorelli	US-VA	2011
20	195	429.8	Jeffrey McDaniel	US-PA	2014
	195	429.8	Kevin Wais	Canada	2017
	195	429.8	Rico Terrell	US-VA	2024

Weight Class: 100 / 220			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	238	524.6	Michael Dudley	US-NC	2018

2	235.9	520	Dennis Cieri	US-NJ	2007
3	233.6	514.9	Paul Bossi	US-NC	2005
4	222.3	490	Kenny Burkett	US-VA	2002
5	222.2	489.8	Marcus Shahid	USA	
6	219.9	484.7	Joe McAuliffe	US-NJ	2007
7	217.5	479.5	Chris Walter	US-NE	2018
	217.5	479.5	Ricky Dozier	US-NC	2020
9	215	473.9	Chad Smith	US-OK	2009
	215	473.9	Sabre Schnitzer	US-VA	2012
	215	473.9	Stephen Ashcraft	US-OH	2013
	215	473.9	Vadim Miroshnichenko	Ukraine	2014
	215	473.9	Viet Vo	US-NJ	2015
14	213.1	469.8	Brian Lapole	US-MD	2008
15	212.5	468.4	Roy O'Dwyer	US-MD	2007
16	210	462.9	Andrey Nerubenko	Russia	2011
	210	462.9	Jeremy Swain	US-PA	2024
18	208.6	459.8	Nick Vlastic	US-PA	2002
19	207.5	457.4	Keith Herron	US-IN	2008
	207.5	457.4	Sherm Pensyl	US-PA	2012
	207.5	457.4	Sean Flanagan	US-CA	2014

Weight Class: 110 / 242			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	272.2	600	Rock Lewis	US-SC	2006
2	240.4	529.9	Paul Bossi	US-NC	2006
	240.4	529.9	Shawn Reid	US-NC	2001
4	240	529.1	Michael Dudley	US-VA	2022
5	237.5	523.5	Jerome Odie	US-VA	2017
6	232.5	512.5	Ricky Dozier	US-NC	2023
7	228	502.6	Scott Beitzell	US-VA	2017
8	225	496	Lysander Roberson	US-NC	2011
9	222.8	491.1	Brad Leonard	US-PA	2009
10	222.5	490.5	John Giffen	Canada	2012
11	220.3	485.6	Nick Vlastic	US-PA	2003
12	220	485	Nikolai Kornienko	Ukraine	2011
	220	485	Scott Walter	US-NE	2012
	220	485	Talieh Mario	Cameroon	2013
	220	485	James Kelly	US-HI	2014
16	217.7	479.9	Chip Edalgo	US-GA	2002
	217.7	479.9	Nick Ball	USA	2007
	217.7	479.9	Joseph Houston	US-NC	2007
19	217.5	479.5	Chris Walter	US-NE	2018
20	215.5	475	Christopher Holloway	US-VA	2016

Weight Class: 125 / 275			Bench Press	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	265.4	585.1	Michael Belk	US-NC	
2	250	551.1	James Hourihan	US-MA	2011
3	247.5	545.6	Aleksey Pridya-Kipyatok	Ukraine	2014
4	247.2	544.9	Bennie Jones	US-NC	2007
5	242.6	534.8	Carl Elliott	US-NC	2000
6	240	529.1	Jermaine Jones	US-NC	2011
7	237.5	523.5	John Giffen	Canada	2015
8	235.9	520	Scott Kuzma	US-VA	2006
9	233.6	514.9	Dennis Cain	US-NV	2004
10	231.3	509.9	Bert Faircloth	USA	2002
11	230	507	Paul Bossi	US-NC	2010
	230	507	JJ Jones	US-NC	2011

13	229.5	505.9	Michael Allocco	US-FL	2006
14	229	504.8	Bart Shuman	US-PA	2003
15	227.5	501.5	Steve Thompson	US-OH	2014
	227.5	501.5	Dennis Arnold	US-TN	2016
17	227.2	500.8	Nick Seinera	US-PA	2010
18	220	485	Jason Mattison	US-NE	2007
	220	485	Greg Curatola	US-ME	2009
	220	485	Daryl Charron	US-MO	2010

Weight Class: 140 / 308			Bench Press	Male	
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Rank	Lift	lbs	Lifter	Country	Year
1	266	586.4	Dmitry Golovin	Ukraine	2013
2	265	584.2	Michael Belk	US-NC	2007
3	256.2	564.8	Carl Elliott	US-NC	2005
4	252.5	556.6	Jerry Gunter	US-NC	2010
5	250	551.1	Matt Eveland	US-NE	2014
6	249.2	549.3	Paul Brown	US-PA	2000
7	242.5	534.6	Daryl Charron	US-MO	2008
8	238.1	524.9	Maurice Washington	US-GA	2005
9	237.5	523.5	Nick Summers	US-AZ	2016
10	235.8	519.8	Ben Cangelosi	USA	2002
11	235	518	Scott Weech	US-FL	2006
	235	518	Victor Kochmar	Ukraine	2011
13	232.5	512.5	Timmy Rush	US-NC	2013
14	231.3	509.9	Scott Kuzma	US-VA	2006
15	230	507	John Robinson	US-PA	2012
16	227.5	501.5	Kent Burgess	US-WV	2012
	227.5	501.5	Mark Hotochin	US-VA	2018
	227.5	501.5	Alec Williamson	US-AZ	2018
19	227.2	500.8	Nick Seinera	US-PA	2010
20	226.8	500	Roscoe Ware	US-VA	2005
	226.8	500	Zack Butkis	US-IL	2011

Unknown Class: SHW			Bench Press	Male	
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Rank	Lift	lbs	Lifter	Country	Year
1	290	639.3	Pedro Mejias	US-NY	2018
2	276.7	610	John Dolan	US-IL	
3	255.5	563.2	Rodney Nelson	US-NY	2022
4	255	562.1	Jezza Uepa	Nauru	2018
5	254.5	561	Beau Moore	US-FL	2006
6	252.5	556.6	Jerry Gunter	US-NC	2010
7	250	551.1	Marvin Bishop	US-OH	2011
8	247.5	545.6	Wade Likens	US-OH	2011
9	244.9	539.9	Raymond Hodges	US-FL	2022
10	242.5	534.6	Nicholas Cook	US-VA	2015
11	237.5	523.5	Tom Murray	US-PA	2012
12	237.2	522.9	Steve Buccilli	US-PA	2008
13	235	518	Aaron Morman	US-OH	2016
14	231.3	509.9	R Brent	US-VA	
	231.3	509.9	Nick Minneti	US-VA	2005
16	227.5	501.5	Wyatt Lozano	US-NY	2013
	227.5	501.5	Daniel Anderson	US-PA	2014
18	226.7	499.7	J. Deleone	USA	2003
19	225	496	Gregor Jankovic	Slovakia	2010
20	220	485	Thomas Dillard	US-VA	2007
	220	485	Radojica Marinkovic	Serbia	2010
	220	485	Bill Gillespie	US-VA	2017
	220	485	Ryheen Anderson	US-NY	2022

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Shawn Sackett

US-PA

2022

All Time Deadlift Rankings				Male	
Weight Class: 48 / 105			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	142.5	314.1	Chase Fettes	US-PA	2013
2	137.5	303.1	Casey Walker	US-PA	2016
3	127.5	281	Buck Ammons	US-NC	
4	125	275.5	Zach Seymour	US-GA	2012
5	124.7	274.9	B. Leebrick	US-NC	
6	122.5	270	Nick Hartmann	US-PA	2013
7	122.4	269.8	Bradley Pataky	US-PA	2002
8	120.2	264.9	Justin Martin	US-NC	2006
9	120	264.5	Andy Favers	South Africa	2013
	120	264.5	Daniel Reinhold	US-PA	2014
11	115.6	254.8	Anthony McCloskey	US-OH	
12	115	253.5	Jared Fleming	US-NY	2003
	115	253.5	Bruno de Santana	Brazil	2010
	115	253.5	Kamryn Vasquez	US-NE	2012
	115	253.5	Navneet Singh	India	2019
16	110	242.5	Michael Kahan	US-AZ	2012
	110	242.5	Andrew Nace	US-PA	2014
18	108.89	240	Brock Vergara	US-FL	2023
19	107.5	236.9	Ari Kutin	US-NJ	2014
20	105	231.4	Santosh Singh	India	2019
	105	231.4	Raj Kalashiya	India	2019
	105	231.4	Adam Taylor	US-MD	2021

Weight Class: 52 / 114			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	170	374.7	Sumit Thakyal	India	2023
2	162.5	358.2	Carter Kincaid	US-NC	2024
3	161.1	355.1	Michael Shine	US-NC	
4	157.5	347.2	Nick Hartmann	US-PA	2014
5	155	341.7	Austin Hatkoff	US-NC	2016
6	152.5	336.2	Jake Rice	US-PA	2012
	152.5	336.2	Mike Burkeen	US-AZ	2009
	152.5	336.2	Derek Welker	US-AZ	2010
	152.5	336.2	Arshad Khan	India	2019
10	150	330.6	Naveen .	India	2019
11	145.1	319.8	Glenn Murphy	US-MD	
12	145	319.6	Andy Faivers	South Africa	2013
	145	319.6	Dmitriy Sergienko	Ukraine	2014
	145	319.6	Buck Ammons	US-NC	2017
15	142.8	314.8	Dylan Edney	US-NC	
16	140.6	309.9	Kevin Houlroyd	US-NC	
	140.6	309.9	Mike Wilaby	US-NC	
18	140	308.6	Ashish Kaushal	India	2019
	140	308.6	Dev Kaushik	India	2021
20	137.5	303.1	Mayaur Vishwakarma	India	2019

Weight Class: 56 / 123			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	265	584.2	Zachariah Anguiano	US-FL	2024
2	222.5	490.5	Brannigan Coleman	US-NC	2017
3	202.5	446.4	William Tenerelli	US-NJ	2014
4	200	440.9	Idan Alkoby	Israel	2013

5	192.7	424.8	Steve Snyder	US-PA	1999
6	192.5	424.3	DeMarcus Khorsand	US-NC	
7	190	418.8	Sean Brokenshire	South Africa	2012
8	187.5	413.3	Daryl Johnson	US-NY	2015
9	185	407.8	Andy Phan	US-AZ	2013
	185	407.8	Hung Le	US-AZ	2014
	185	407.8	Nigel Whitford	Canada	2016
12	180	396.8	Eric Green	US-IA	2014
13	177.5	391.3	Sergey Chernov	Ukraine	2010
14	175.5	386.9	Gary Teeter	US-PA	2024
15	175	385.8	Nathan Jones	US-NC	2009
	175	385.8	Paul Cataldi	US-PA	2013
	175	385.8	Darren Fernandez	US-AZ	2016
18	172.3	379.8	Caleb Williams	US-PA	2000
19	167.8	369.9	J. Weyman	US-NJ	2000
20	166	365.9	Mike Burkeen	US-AZ	2011

Weight Class: 60 / 132			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	222.5	490.5	George James	US-MD	2024
2	217.5	479.5	William Tenerelli	US-NJ	2015
3	215	473.9	Dan Carpenter	US-FL	2008
4	213	469.5	Alex Saretsky	Canada	2016
5	212.5	468.4	Andy Phan	US-AZ	2015
6	210	462.9	Giuseppe Di Spena	Italy	2019
7	207.5	457.4	Peter Tischenko	Ukraine	2010
	207.5	457.4	Daniel Remulla	Canada	2012
9	205	451.9	Jim Marchio	US-VA	2015
10	204.1	449.9	Mike Allgeier	US-PA	2000
11	202	445.3	Jef Gorsky	US-NY	2011
12	200	440.9	Anthony Lee	US-MD	
	200	440.9	Anthony Yee	US-MD	
	200	440.9	Depree Seavers	US-NE	2018
15	197.5	435.4	Gary Whetzel	US-WV	2014
16	195	429.8	Vincent Alvarado	US-NE	2011
17	192.7	424.8	W Gonzalez	US-PA	1999
18	192.5	424.3	Rob Mayer	US-NY	2010
	192.5	424.3	Michael Kuhns	US-PA	2022
	192.5	424.3	Nick Silvio	US-NC	2023

Weight Class: 67.5 / 148			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	257.5	567.6	Brenden Eberle	Canada	2015
2	252	555.5	Lenard Jones	US-NC	2019
3	250	551.1	Benjamin Butty	Canada	2012
	250	551.1	Alex LaRochelle	US-NH	2017
5	249.4	549.8	Michael Ticknor	US-SC	2006
6	245	540.1	Christopher Ferranti	US-NC	2015
	245	540.1	Ross Rickards	Australia	2018
	245	540.1	Bryan Ellenberger	US-PA	2021
9	244.9	539.9	Joe Lineman	US-MD	
10	242.5	534.6	Norman Lowder	US-PA	2000
	242.5	534.6	Michael Ohse	US-NC	2019
12	240	529.1	Remi Fredericks	South Africa	2013
	240	529.1	Luis Quinones	US-NY	2021
14	237.5	523.5	Jed Lee	US-OH	2012
	237.5	523.5	Alex Saretsky	Canada	2016
	237.5	523.5	Jeremy Seff	US-NC	2017

17	235	518	Timothy Raube	US-VA	2014
	235	518	Jeff Ennis	US-VA	2017
19	233.7	515.2	J. Meekins	US-NC	
20	232.5	512.5	George James	US-MD	2013
	232.5	512.5	Darren Maloney	Ireland	2017
	232.5	512.5	Max Hall	Canada	2019

Weight Class: 75 / 165			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	285.7	629.8	Joseph Braca	US-PA	2000
2	285	628.3	Michael Hart	US-PA	2014
3	282.5	622.7	Tony Conyers	US-FL	2019
4	280.5	618.3	Remi Fredericks	South Africa	2018
5	277.5	611.7	Aaron Osborne	US-VA	2017
6	275	606.2	Michael Ticknor	US-SC	2009
7	274	604	Brenden Eberle	Canada	2016
8	272.1	599.8	Omar Bermudez	US-FL	
9	270	595.2	Jaime Velasquez	US-MD	2017
10	265	584.2	Kevin Pataky	US-PA	2019
11	263.4	580.6	Nicholas Theodorou	US-PA	2005
12	262.5	578.7	James Aikey	US-VT	
	262.5	578.7	Troy Becker	US-NE	2016
	262.5	578.7	Martin Hsieh	US-MD	2018
	262.5	578.7	Oliver Evangelista	US-NE	2019
	262.5	578.7	Jeremy Wong	Canada	2022
17	260	573.1	Rob Hanners	US-VA	2009
	260	573.1	Tony Felix	Canada	2016
	260	573.1	Noah Cline	US-PA	2018
20	258.5	569.8	Joe Lineman	US-MD	2000

Weight Class: 82.5 / 181			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	320	705.4	Deamo Baguga	Nauru	2018
2	307.5	677.9	Trevor Hogans	US-PA	2013
3	297.5	655.8	Ilias Burnett	US-VA	2024
4	295	650.3	Garrett Hence	US-VA	
	295	650.3	Joseph Braca	US-PA	2013
	295	650.3	Jaime Velasquez	US-MD	2022
7	294.8	649.9	Spencer Gill	US-CA	2009
8	290.3	639.9	Dean Bellantoni	US-NY	
9	290	639.3	Zachary Krise	US-PA	2024
10	285.5	629.4	Justin Jackson	US-NE	2019
11	285.1	628.5	Brandon Petitt	US-NC	
	285.1	628.5	Kevin Woods	US-NC	
13	285	628.3	David Hansen	USA	2010
	285	628.3	Lloyd Summers	US-OH	2015
	285	628.3	Taggart Duburiya	Nauru	2018
16	283.4	624.7	Gleb Epelbaum	US-PA	2010
17	282.5	622.7	Andrew Schendel	US-NM	2013
	282.5	622.7	Jason Marshall	US-TX	2015
19	280.5	618.3	Victor Akpawan	Canada	2016
	280.5	618.3	Keith Nautel	US-NY	2024

Weight Class: 90 / 198			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	341	751.7	Robert Herring	US-NC	2008
2	340	749.5	AZI Idehenre	US-NC	2022
3	306.6	675.9	Darren Dorn	USA	2011

4	305	672.4	William Waller	US-VA	2020
5	304.8	671.9	Krzysztof Ksepka	US-NJ	2001
6	303	667.9	Victor Akpawan	Canada	2019
7	302.5	666.8	Brandon Schabacker	US-VA	2015
8	300	661.3	Nathanael Glines	US-NH	2010
	300	661.3	Ben Royer	US-PA	2014
	300	661.3	TC Haubold	US-NC	2023
11	299.3	659.8	R. Jordan	US-PA	2001
	299.3	659.8	Mike Mastrean	US-PA	2001
13	295	650.3	Dean Bellantoni	US-NY	2010
	295	650.3	James Bryant	US-FL	2024
15	294.8	649.9	J.B. Boyd	US-PA	2000
	294.8	649.9	Andy Brown	USA	2002
17	292.5	644.8	Tracy Moody	US-VA	
	292.5	644.8	Frank Butty	Canada	2012
	292.5	644.8	Matt Hartman	US-PA	2017
20	290.3	639.9	J. McCode	US-PA	2001

Weight Class: 100 / 220			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	365	804.6	AZI Idehenre	US-NC	2022
2	342.5	755	Roman Denisyuk	US-PA	2024
3	325	716.4	TC Haubold	US-NC	2022
4	322.5	710.9	Abed Abu-Sakout	US-VA	
5	320	705.4	Ross Vanderbosch	US-OH	2016
	320	705.4	Trent Ross	Australia	2018
7	311	685.6	Aaron Boyd	US-AZ	2014
8	310	683.4	Ryan Paradise	US-MA	2012
9	307.5	677.9	Durell Cull	US-NY	2017
	307.5	677.9	Corey Watson	US-MD	2021
11	305.5	673.5	Cephas McTizic	US-AR	2017
12	305	672.4	Josh Conner	US-AZ	2016
	305	672.4	Alexander Pronchuk	Canada	2019
14	304.4	671	Darren Dorn	USA	2008
15	303.9	669.9	Chris Machin	US-NY	2000
16	302.5	666.8	Mitchell Chesney	Canada	2018
	302.5	666.8	Bruce Knox	US-MD	2023
18	301.8	665.3	Krzysztof Ksepka	US-NJ	2002
19	301.6	664.9	Marshall Evans	US-PA	2001
20	300	661.3	Shaun Trimarco	US-IL	
	300	661.3	Alex Drolc	Canada	2008
	300	661.3	Wilfred Kebenghe	Cameroon	2013
	300	661.3	Alex Brandler	US-VA	2015
	300	661.3	Derek Dickinson	US-VA	2016
	300	661.3	Andy Murtagh	Ireland	2018
	300	661.3	WeiBin He	China	2018
	300	661.3	Andrea Cicero	Italy	2021
	300	661.3	Ryan Nolan	US-NJ	2022
	300	661.3	Mikah Scott	US-KS	2024

Weight Class: 110 / 242			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	392.5	865.3	Michael Eaton	US-MD	2018
2	355	782.6	Azi Idehenre	US-NC	2023
3	350	771.6	Tra Farrington	US-NC	2014
4	340	749.5	Brandon Cox	US-AZ	2009
5	335.6	739.8	Ken Howard	US-NY	2001
6	330.5	728.6	Dorrell Petties-Dahmer	Canada	2019

7	325	716.4	Brian Hershler	US-VA	2024
	325	716.4	Michael Oliver	US-MD	2024
9	324.8	716	R. Davis	US-PA	2000
10	320	705.4	Ronald Walling	US-VA	
	320	705.4	Chaz Ruffin	US-CT	2017
12	318.2	701.5	James Jacobs	US-FL	2007
13	318	701	Alexander Pronchuk	Canada	2019
14	317.5	699.9	Jeff Diegan	US-NY	
	317.5	699.9	D. Cooper	USA	2007
16	310	683.4	Dane Dillon	Canada	2014
	310	683.4	Tim Sparkes	US-AZ	2016
	310	683.4	Derek Dickinson	US-VA	2019
19	307.5	677.9	Bruce Knox	US-MD	2024
20	306.1	674.8	Steven Pruit	US-FL	2022

Weight Class: 125 / 275			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	367.5	810.1	Michael Eaton	US-MD	
2	362.8	799.8	Greg Lowe	US-PA	2001
3	350	771.6	Dorrell Petties-Dahmer	Canada	2019
4	340	749.5	Brandon Cox	US-AZ	2010
5	335	738.5	Anthony Krznar	Australia	2018
6	332.5	733	Gregory Hartranft	US-NY	2010
7	331.1	729.9	Daniel Corridean	US-MD	2002
8	330	727.5	Rafael Crestani	Brazil	2010
	330	727.5	Ty Evans	US-FL	2018
10	328.9	725	Peter Gisondi	US-NY	
11	322.5	710.9	Casey Gerster	US-CO	2013
12	320	705.4	Greg Payne	US-HI	2000
	320	705.4	Matthew Sohmer	US-NY	2012
	320	705.4	Taylor Matthews	US-NC	2021
15	317.6	700.1	Greg Stott	US-NC	
	317.6	700.1	D. Wheel	US-NC	
17	317.5	699.9	Michael Oliver	US-MD	2024
18	315	694.4	Fred Littlejohn	US-VA	
19	310	683.4	Rob Landolina	US-NJ	2014
	310	683.4	Anton Zmushka	Canada	2018
	310	683.4	Chris Moro	US-NY	2022

Weight Class: 140 / 308			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	345.2	761	Corey Rideout	US-PA	2002
2	345	760.5	Scott Weech	US-FL	2006
	345	760.5	Stephen Davis	US-OH	2014
4	342.5	755	Mark Hotochin	US-VA	2018
5	342.4	754.8	Greg Payne	US-HI	1999
6	340	749.5	Jayne Campbell	US-VA	
	340	749.5	Roscoe Ware	US-VA	2013
8	337.5	744	Alec Williamson	US-AZ	2018
9	332.5	733	Nick Morneau	Canada	2019
10	331.1	729.9	Ben Cangelosi	USA	
	331.1	729.9	Daniel Corridean	US-MD	
12	330	727.5	David Villeneuve	US-VT	2013
13	327.5	722	Matt Eveland	US-NE	2014
14	325	716.4	Nick Chaprales	US-MA	2014
15	320	705.4	Troy Dugan	US-PA	2017
16	319.9	705.2	Greg Stott	US-NC	
17	317.5	699.9	Allen Gibson	US-FL	2019

18	310	683.4	Cameron Gillespie	US-CT	2017
19	306.1	674.8	Brian Barnes	US-IL	2011
20	301	663.5	Brandon Hall	US-AZ	2012

Unknown Class: SHW			Deadlift	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	367.5	810.1	Nicholas Cook	US-VA	
2	362.9	800	Nick Minneti	US-VA	
3	352.5	777.1	Landon Efird	US-NC	2023
4	352.3	776.6	Beau Moore	US-FL	2006
5	337.9	744.9	Raymond Hodges	US-FL	2022
6	335	738.5	Daniel Corridean	US-MD	2007
7	330	727.5	Cameron Gillespie	US-CT	2016
8	327.5	722	Noah Graves	US-OH	2018
9	325	716.4	Thomas Dillard	US-VA	2010
	325	716.4	Jeff Martens	Canada	2018
11	322	709.8	John James	US-VA	2004
12	320	705.4	Jezza Uepa	Nauru	2018
13	318.2	701.5	Cody Yager	US-FL	2007
14	318	701	Brandon Hall	US-AZ	2013
15	317.5	699.9	John Conner	USA	2009
16	306.1	674.8	Cody Russell	US-ME	2017
17	305	672.4	Cameron Gillespie	US-CT	2015
	305	672.4	Chris Harris	US-VA	2015
19	302.5	666.8	Leon Bradford	US-AZ	2017
	302.5	666.8	Brian Ball	US-MD	2018
	302.5	666.8	Moe Aokuso	Canada	2024

All Time Total Rankings				Male	
Weight Class: 48 / 105			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	385	848.7	Jasen Hinkel	US-NE	2010
2	307.5	677.9	Chase Fettes	US-PA	2013
3	300	661.3	Casey Walker	US-PA	2016
4	270.1	595.4	Buck Ammons	US-NC	
5	265	584.2	Daniel Reinhold	US-PA	2014
6	262.5	578.7	Zach Seymour	US-GA	
7	251.8	555.1	B. Leebrick	US-NC	
8	251.7	554.8	Christopher Bloom	US-PA	2002
9	250	551.1	Andy Faviers	South Africa	2013
10	247.5	545.6	Kamryn Vasquez	US-NE	2011
11	247.2	544.9	Anthony McCloskey	US-OH	
12	240.4	529.9	Jared Fleming	US-NY	2003
13	237.5	523.5	Ari Kutin	US-NJ	2014
14	230	507	Andrew Nace	US-PA	2014
15	227.5	501.5	Bailey Underwood	US-AZ	2013
	227.5	501.5	Adam Taylor	US-MD	2021
17	225.5	497.1	Hunter Forte	US-VT	
18	224.58	495.1	Brock Vergara	US-FL	2023
19	222.5	490.5	Alex Seymour	US-GA	
20	220	485	C. Lester	US-NC	

Weight Class: 52 / 114			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	380	837.7	Carter Kincaid	US-NC	2024
2	374.3	825.1	Michael Shine	US-NC	
3	370	815.7	Dmitriy Sergienko	Ukraine	2014

4	353.8	779.9	Glenn Murphy	US-MD	
5	337.5	744	Mike Burkeen	US-AZ	2009
6	331.1	729.9	Caleb Tourres	US-LA	2007
7	330	727.5	Jake Rice	US-PA	2012
8	324.4	715.1	Eric Midkiff	US-NC	
9	315	694.4	Nick Hartmann	US-PA	2014
10	310	683.4	Buck Ammons	US-NC	2018
11	306.1	674.8	Dylan Edney	US-NC	
12	299.5	660.2	Mike Wilaby	US-NC	
13	295	650.3	Mark Walker	US-PA	2013
14	285.8	630	Kevin Houlroyd	US-NC	
15	283.4	624.7	S Goetz	US-PA	2004
16	278.9	614.8	Steve Birchak	US-OH	
17	275	606.2	Robert Meck	US-PA	2012
18	272.5	600.7	Jason Farrow	US-FL	2011
19	270	595.2	H. Alvarez	US-NJ	1999
20	267.5	589.7	Jake Hartmann	US-PA	2015

Weight Class: 56 / 123			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	555	1223.5	Zachariah Anguiano	US-FL	2024
2	522.5	1151.9	Brannigan Coleman	US-NC	2017
3	521.6	1149.9	Michael Kuhns	US-PA	2004
4	453	998.6	Idan Alkoby	Israel	2013
5	446.7	984.7	Steve Snyder	US-PA	2009
6	435	959	William Tenerelli	US-NJ	2014
7	425	936.9	Nigel Whitford	Canada	2016
8	415	914.9	Sean Brokenshire	South Africa	2012
9	410	903.8	Carl King	US-PA	2019
10	406	895	Hung Le	US-AZ	2015
11	402.6	887.5	DeMarcus Khorsand	US-NC	
12	399.1	879.8	Caleb Williams	US-PA	2000
	399.1	879.8	C Williams	US-PA	2000
14	393	866.4	Gary Teeter	US-PA	2023
15	390.5	860.8	Carter Kincaid	US-NC	2024
16	387.5	854.2	Andy Phan	US-AZ	2013
	387.5	854.2	Daryl Johnson	US-NY	2015
18	385	848.7	Robert Clark	US-VA	
19	382.5	843.2	Paul Cataldi	US-PA	2012
20	375	826.7	Ryan Kanashiro	Canada	2022

Weight Class: 60 / 132			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	567.5	1251.1	Michael Kuhns	US-PA	2017
2	506	1115.5	Vincent Alvarado	US-NE	2011
3	505	1113.3	Daniel Remulla	Canada	2012
4	498.5	1098.9	Alex Saretsky	Canada	2016
5	495	1091.2	Jason Yuen	Canada	2019
6	482.5	1063.7	Dan Carpenter	US-FL	2008
7	473	1042.7	George James	US-MD	2019
8	462.6	1019.8	Mike Allgeier	US-PA	2000
9	460	1014.1	Anthony Lee	US-MD	
	460	1014.1	Anthony Yee	US-MD	2011
	460	1014.1	An Nguyen	US-NJ	2022
12	453.5	999.7	W Gonzalez	US-PA	1999
13	452.5	997.5	Gary Whetzel	US-WV	2014
14	450	992	Joshua Sine	US-VA	
15	440	970	Andy Phan	US-AZ	2014

16	435	959	Luke Cohen	Canada	2017
17	434.5	957.8	Jef Gorsky	US-NY	2011
18	430	947.9	Jose Para	US-NC	2022
19	422.5	931.4	Steve Ferestad	US-MT	2015
20	422.3	931	Steve Snyder	US-PA	2009

Weight Class: 67.5 / 148			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	622	1371.2	Lenard Jones	US-NC	2019
2	600	1322.7	Ross Rickards	Australia	2018
3	590.5	1301.8	Alex Saretsky	Canada	2018
4	582.5	1284.1	Alex LaRoche	US-NH	2017
5	580	1278.6	Brenden Eberle	Canada	2014
	580	1278.6	Christopher Ferranti	US-NC	2015
7	577.5	1273.1	Jeremy Seff	US-NC	2017
8	576	1269.8	Michael Kuhns	US-PA	2006
9	565	1245.5	Benjamin Butty	Canada	2012
10	555	1223.5	Brannigan Coleman	US-VA	2023
11	552.5	1218	Willie Trebach	US-MD	2024
12	546.5	1204.8	Ramone Cruz	US-PA	2002
13	545.2	1201.9	Theopolis Ussery	US-NC	
14	542.5	1195.9	Michael Ohse	US-NC	2019
15	541	1192.6	Stephane Heroux	Canada	2019
16	538.7	1187.6	Rolando Manso	US-FL	2008
17	535.4	1180.3	J. Meekins	US-NC	
18	532.5	1173.9	Matthew Tillotson	US-NY	2017
19	530	1168.4	Luis Ardon	US-VA	
20	525	1157.4	David Wilson	US-NC	2008
	525	1157.4	Bryan Ellenberger	US-PA	2021

Weight Class: 75 / 165			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	698.4	1539.6	Tony Conyers	US-FL	2022
2	671.3	1479.9	Omar Bermudez	US-FL	
3	666.7	1469.8	Joseph Braca	US-PA	2000
4	657.5	1449.5	Ku Moo	Canada	2024
5	637.29	1404.9	Jose Urbina	US-FL	2023
6	635	1399.9	Matt Catalino	US-PA	2000
7	625	1377.8	James Aikey	US-VT	
8	622.5	1372.3	Jaime Velasquez	US-MD	2017
9	617.5	1361.3	Aaron Osborne	US-VA	2017
10	612.5	1350.3	Jacob Vohs	US-PA	2014
	612.5	1350.3	Tony Felix	Canada	2016
	612.5	1350.3	Oliver Evangelista	US-NE	2019
13	610	1344.8	John Polak	US-WV	2001
14	607.5	1339.2	Noah Cline	US-PA	2018
15	606	1335.9	Cole Melanson	Canada	2016
16	605.6	1335.1	John Audia	US-NY	
17	605.5	1334.8	Remi Fredericks	South Africa	2018
18	605	1333.7	Chase Weigel	Canada	2023
19	602.5	1328.2	Ethan Binckley	US-NC	2024
20	600	1322.7	Martin Hsieh	US-MD	2018

Weight Class: 82.5 / 181			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	748	1649	Jaime Velasquez	US-MD	2022
2	745	1642.4	Deamo Baguga	Nauru	2018
3	732.5	1614.8	Taggart Duburiya	Nauru	2018

4	725	1598.3	Ilias Burnett	US-VA	2024
5	707.7	1560.1	Kevin Woods	US-NC	
6	702.5	1548.7	Chad Penson	US-NM	2016
7	690	1521.1	Lloyd Summers	US-OH	2015
8	682.5	1504.6	Gleb Epelbaum	US-PA	2009
	682.5	1504.6	Trevor Hogans	US-PA	2013
10	675.9	1490	Dean Bellantoni	US-NY	
11	673.5	1484.7	Matt Catalino	US-PA	2002
12	672.5	1482.5	Ryan Kiecker	US-VA	2016
13	670	1477	Jose Rivera	US-CO	2018
14	667.5	1471.5	Tony Conyers	US-FL	2018
15	665	1466	Gino Maranon	Canada	2021
16	664.5	1464.9	Joseph Braca	US-PA	2004
17	662.5	1460.5	Kevin Weiss	Canada	2012
	662.5	1460.5	Vitalie Ursu	Canada	2016
	662.5	1460.5	Zachary Krise	US-PA	2024
20	660	1455	Ben Royer	US-PA	2012

Weight Class: 90 / 198			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	755.2	1664.9	Mike Mastrean	US-PA	2002
2	752.5	1658.9	James Bryant	US-FL	2024
3	751	1655.6	William Waller	US-VA	2021
4	750	1653.4	Ben Royer	US-PA	2014
5	737	1624.7	R. Jordan	US-PA	2001
6	728	1604.9	J. McCode	US-PA	2001
7	723	1593.9	Jesse Ronland	Nauru	2018
8	721.5	1590.6	D. Adams	US-NC	
9	720.5	1588.4	Victor Biryukov	Russia	2012
10	718	1582.9	Victor Akpawan	Canada	2019
11	714.4	1574.9	Robert Samsa	US-OH	
12	712.1	1569.8	Joey King	US-OR	2006
13	702.5	1548.7	Brandon Schabacker	US-VA	
14	700	1543.2	Frank Butty	Canada	2012
15	697.5	1537.7	Bjorn Torgerson	Canada	2015
16	692.5	1526.6	Kevin Woods	US-NC	2022
17	690	1521.1	Brad Olson	Canada	2015
18	687.5	1515.6	Matt Hartman	US-PA	2017
	687.5	1515.6	Michael Gralla	US-PA	2021
20	682.6	1504.8	J.B. Boyd	US-PA	2000

Weight Class: 100 / 220			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	830	1829.8	AZI Idehenre	US-NC	2022
2	807.5	1780.2	WeiBin He	China	2018
3	777.8	1714.7	Greg Nuckols	US-NC	
4	770	1697.5	Bruce Knox	US-MD	2023
5	768.8	1694.8	Marcus Shahid	USA	
6	762.5	1681	TC Haubold	US-NC	2022
7	757.5	1669.9	Derek Dickinson	US-VA	2017
8	755	1664.4	Abed Abu-Sakout	US-VA	2018
9	750	1653.4	Chad Smith	US-OK	2009
10	748.7	1650.5	Paul Bossi	US-NC	
11	745	1642.4	Ryan Nolan	US-NJ	2022
12	744.5	1641.3	Michael Dudley	US-NC	2017
13	740	1631.4	Thomas Foos	US-PA	2024
14	739.3	1629.8	Chris Machin	US-NY	2000
15	737.5	1625.8	Cody Light	US-PA	2017

16	734.8	1619.9	Robert Samsa	US-OH	
	734.8	1619.9	Ben Royer	US-PA	2004
18	730	1609.3	Josh Conner	US-AZ	2014
19	727.5	1603.8	Trent Ross	Australia	2018
20	726	1600.5	Aaron Boyd	US-AZ	2014

Weight Class: 110 / 242			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	845	1862.8	Michael Eaton	US-MD	2016
2	825	1818.7	Chaz Ruffin	US-CT	2017
3	809.8	1785.2	James Jacobs	US-FL	2007
4	797.5	1758.1	Azi Idehenre	US-NC	2023
5	796.1	1755	Jeff Diegan	US-NY	
6	795	1752.6	Derek Dickinson	US-VA	2019
7	792.5	1747.1	Ronald Walling	US-VA	
8	777.5	1714	Brandon Cox	US-AZ	2009
9	772.5	1703	Joash Teabuge	Nauru	2018
10	770.8	1699.3	Tra Farrington	US-NC	
11	766.5	1689.8	Trey Manning	US-NC	
12	765	1686.5	Nick Hammer	US-NC	2017
	765	1686.5	Michael Oliver	US-MD	2024
14	762.5	1681	Jeff Lastuka	Canada	2023
	762.5	1681	Anthony Miranda	US-OH	2023
16	752.1	1658	Dennis Henderson	US-PA	1998
17	750.7	1654.9	Steve Protomastro	US-NJ	2001
18	750	1653.4	Jason Wahl	US-VA	
19	748.4	1649.9	Jeff Deigan	US-NY	2006
20	748	1649	Stiven Rivas	US-VA	2024

Weight Class: 125 / 275			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	966.1	2129.8	Greg Lowe	US-PA	2001
2	852.5	1879.4	Anthony Krznar	Australia	2018
3	839.5	1850.7	Michael Belk	US-NC	
4	827.5	1824.3	Derek Dickinson	US-VA	2022
5	822.5	1813.2	Chris Moro	US-NY	2022
6	817.5	1802.2	Michael Eaton	US-MD	
7	800.5	1764.7	Bart Shuman	US-PA	2003
8	800	1763.6	Adam Price	Canada	2019
9	795.3	1753.3	Trey Manning	US-NC	
10	794.1	1750.6	Greg Stott	US-NC	
11	792.5	1747.1	Matthew Sohmer	US-NY	2012
12	791.5	1744.9	Thomas Ruzala	US-MD	
13	788.7	1738.7	Nick Hammer	US-FL	2007
14	785	1730.6	Nate Butler	US-MO	2010
15	777.5	1714	Dorrell Petties-Dahmer	Canada	2019
16	772.5	1703	Drew Naghibzad	US-AZ	2012
17	771.1	1699.9	Peter Gisondi	US-NY	
18	770	1697.5	Matt Cronin	US-VA	
	770	1697.5	Brandon Cox	US-AZ	2010
20	767.5	1692	Tyler Cook	US-OH	2019
	767.5	1692	Anthony Miranda	US-OH	2024

Weight Class: 140 / 308			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	956	2107.5	Scott Weech	US-FL	2006
2	895	1973.1	Alec Williamson	US-AZ	2018
3	840	1851.8	Nick Morneau	Canada	2019

4	835	1840.8	David Villeneuve	US-VT	
5	832.5	1835.3	Matt Eveland	US-NE	2014
6	830	1829.8	Jayne Campbell	US-VA	
7	821	1809.9	Daniel Corridean	US-MD	
8	817.5	1802.2	Allen Gibson	US-FL	2019
9	812.5	1791.2	Nate Butler	US-MO	2011
10	810	1785.7	Nick Chaprales	US-MA	2014
11	807.7	1780.6	Greg Stott	US-NC	
12	800	1763.6	Troy Dugan	US-PA	2017
13	785	1730.6	John Jones Jr	US-MD	2016
14	782	1723.9	Brian Barnes	US-IL	
15	770	1697.5	Athan Parker	US-OH	2023
16	765.2	1686.9	Justin Steyer	US-MD	
17	763	1682.1	Doug Mignot	US-PA	2011
18	762	1679.9	J. C. Miller	US-FL	2011
19	755	1664.4	Matt Slate	US-NV	2023
20	752.5	1658.9	Jeremy Burroughs	US-PA	2018

Unknown Class: SHW			Total	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	1000	2204.6	Jezza Uepa	Nauru	2018
2	952.6	2100.1	R Brent	US-VA	
3	952.5	2099.8	Nick Minneti	US-VA	2005
4	947.7	2089.2	Beau Moore	US-FL	2006
5	895.7	1974.6	Raymond Hodges	US-FL	2022
6	830	1829.8	Noah Graves	US-OH	2018
7	818.5	1804.4	Daniel Corridean	US-MD	2006
8	813.7	1793.8	Cody Yager	US-FL	2007
9	793	1748.2	Brandon Hall	US-AZ	2013
10	782.5	1725	Chris Harris	US-VA	2015
	782.5	1725	Rodney Nelson	US-NY	2022
12	777.5	1714	Caden Dougan	US-KS	2024
13	775.5	1709.6	Brian Ball	US-MD	2016
14	773.3	1704.8	Steve Buccilli	US-PA	2008
15	772.5	1703	Travis Bridges	US-VA	2024
16	767.5	1692	Russell Peel	Canada	2019
17	762.5	1681	Doug Mignot	US-PA	2011
	762.5	1681	Aaron Morman	US-OH	2016
19	757.5	1669.9	Leon Bradford	US-AZ	2017
	757.5	1669.9	Moe Aokuso	Canada	2024

All Time Strict Curl Rankings				Male	
Weight Class: 48 / 105			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	46	101.4	Alexander Ermachenko	Ukraine	2014
2	40.5	89.2	Buck Ammons	US-NC	2015
3	40	88.1	Tucker Lee	US-NC	2011
4	35	77.1	Dev Kaushik	India	2018
	35	77.1	Navneet Singh	India	2019
	35	77.1	Rahul Sen	India	2019
7	34	74.9	Marshall Cooper	US-NC	2021
8	33.5	73.8	Rob Marcellino	US-NJ	2010
9	32.5	71.6	James Miller	US-VA	2012
10	31.5	69.4	Adam Taylor	US-MD	2021
11	31	68.3	Michael Kahan	US-AZ	2012
12	30.5	67.2	Johnny Brattelli	US-VA	2024
13	30	66.1	Eric Cassetta	US-AZ	2008

	30	66.1	Zach Williamson	US-NE	2013
15	28.5	62.8	Nick Hartmann	US-PA	2013
16	27.5	60.6	Sean Miller	US-NC	2016
	27.5	60.6	Joe Kyme	US-NY	2024
18	27	59.5	John Self	US-VA	2021
19	26	57.3	Erik Thomas	US-PA	2015
20	25.9	57	Mo Pollack	US-VA	2008
	25.9	57	Matthias Algarin	US-MN	2013

Weight Class: 52 / 114			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	46.5	102.5	John Self Jr	US-VA	2022
2	45.5	100.3	Gary Peterson	US-WA	2015
3	42.5	93.6	Vijay .	India	2018
4	42	92.5	Buck Ammons	US-NC	2017
5	41	90.3	Mike Burkeen	US-AZ	2009
6	40.5	89.2	Rob Marcellino	US-NJ	2010
7	40	88.1	Austin Hatkoff	US-NC	2016
	40	88.1	Kshetral Gherwal	India	2019
9	39	85.9	Marshall Cooper	US-NC	2021
	39	85.9	Johnny Brattelli	US-VA	2024
11	37.5	82.6	Parshant .	India	2018
	37.5	82.6	Aditya Arya	India	2019
	37.5	82.6	Dev Kaushik	India	2019
	37.5	82.6	Adam Taylor	US-MD	2021
15	36.5	80.4	Jayden Rhodes	US-NC	2024
16	36	79.3	Nick Hartmann	US-PA	2014
17	35	77.1	Prashant .	India	2019
18	33.5	73.8	Ryan Henriques	US-VA	2021
19	32.5	71.6	James Miller	US-VA	2012
20	30	66.1	Martin Hodges	US-NC	2010
	30	66.1	Mark Walker	US-PA	2013
	30	66.1	Zach Williamson	US-NE	2013
	30	66.1	Russell Gayle	US-NC	2014
	30	66.1	Will Barney	US-CT	2017
	30	66.1	Sahil .	India	2019

Weight Class: 56 / 123			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	59	130	Gary Teeter	US-PA	2024
2	58.5	128.9	Edward Joseph	US-NY	2023
3	50.5	111.3	Eric Green	US-IA	2014
4	48	105.8	Buck Ammons	US-NC	2022
	48	105.8	Donald Scott Landenbach	US-OH	2024
6	47.5	104.7	Scott Groce	US-AZ	2010
7	46.5	102.5	John Self Jr	US-VA	2023
8	45.5	100.3	Ethan Lehmer	US-NY	2019
9	45	99.2	Sahil .	India	2019
10	44	97	Robert Clark	US-VA	2010
11	43	94.7	Austin Hatkoff	US-NC	2017
	43	94.7	Adam Taylor	US-MD	2022
13	42.5	93.6	Claudemir Ferreira	Brazil	2009
	42.5	93.6	Nathan Jones	US-NC	2009
	42.5	93.6	Sean Brokenshire	South Africa	2012
	42.5	93.6	DeMarcus Khorsand	US-NC	2013
	42.5	93.6	Vijay .	India	2019
18	41	90.3	Mason Winkler	US-MD	2021
19	40.8	89.9	Mike Burkeen	US-AZ	2009

20	40	88.1	Justin Perry	US-VT	2011
	40	88.1	Dev Kaushik	India	2023

Weight Class: 60 / 132			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	60.5	133.3	Gary Teeter	US-PA	2024
2	60	132.2	Alex Saretsky	Canada	2016
3	56.5	124.5	John Self Jr	US-VA	2024
4	55	121.2	Josh Robinson	US-NE	2010
5	53.5	117.9	Sinath Sam	US-DE	2011
6	52.5	115.7	Wayne Owens	US-MD	2020
	52.5	115.7	Nick Silvio	US-NC	2023
8	52	114.6	Alik Alifkhanov	Ukraine	2014
9	51	112.4	Buck Ammons	US-NC	2020
10	50	110.2	Scott Groce	US-AZ	2010
	50	110.2	Cory Sellers	US-NC	2012
	50	110.2	Adam Taylor	US-MD	2023
13	49.5	109.1	George James	US-MD	2022
	49.5	109.1	Donald Langenbach	US-OH	2024
15	48.5	106.9	Tsimoha Rostislav	Ukraine	2013
16	48.1	106	Jason Harpel	US-OH	2010
17	48	105.8	Rostislav Borovski	Ukraine	2014
	48	105.8	Paul Gillott	US-AZ	2018
19	47.5	104.7	Bryce Atkerson	US-AZ	2011
	47.5	104.7	Amro Eldesouki	US-AZ	2015
	47.5	104.7	Ankit .	India	2019
	47.5	104.7	Ben Zak	US-NC	2020

Weight Class: 67.5 / 148			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	75	165.3	Romairo Stephenson	US-FL	2024
2	72	158.7	Alexej Schisckin	Germany	2024
3	71	156.5	Ethan Binckley	US-NC	2023
	71	156.5	Romairo Samuel	US-FL	2023
5	69.5	153.2	Steve Orseno	US-MA	2023
6	68.5	151	Corey McLaughlin	US-PA	2019
	68.5	151	Willie Trebach	US-MD	2024
	68.5	151	John Self	US-VA	2024
9	67.5	148.8	Alex Saretsky	Canada	2016
10	65	143.2	Evandro de Souza	Brazil	2009
11	63.5	139.9	Andrew Fiocco	US-CT	2019
	63.5	139.9	Gabriel Berger	US-MD	2022
13	62.5	137.7	Shane Frey	Canada	2017
14	61	134.4	Nikolay Belikov	Ukraine	2014
15	60.5	133.3	John Wong	US-CA	2023
16	60	132.2	Justin Tripodi	US-NY	2009
	60	132.2	Craig Curtis	US-VA	2016
18	59	130	Adam Sowards	US-MI	2022
	59	130	Gary Teeter	US-PA	2024
20	58.9	129.8	Nick Sischka	US-AZ	2008

Weight Class: 75 / 165			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	83.5	184	Ethan Binckley	US-NC	2024
2	75	165.3	Bryan Ruskin	US-VA	2021
3	73.5	162	Jacob Robnett	US-CA	2023
4	73	160.9	Michael Gause	US-VA	2022
5	72.5	159.8	Andrew LeBrun	US-MD	2009

6	71.5	157.6	John Self	US-VA	2024
	71.5	157.6	Austin Jennings	US-TX	2024
8	71	156.5	Alex Saretsky	Canada	2017
	71	156.5	Gary Kessler	US-VA	2023
10	70.5	155.4	Michael Casabona	US-NY	2015
	70.5	155.4	Corey McLaughlin	US-PA	2020
12	70	154.3	Andrew Long	US-NY	2024
	70	154.3	Eduardo Teixeira	US-PA	2024
14	69	152.1	John Self, Sr	US-VA	2024
15	68.5	151	Nasir Nantambu	US-NC	2014
	68.5	151	Willie Trebach	US-MD	2024
17	68	149.9	Vahana Dorcis	US-AZ	2014
18	67.5	148.8	Robert Freeman	US-VA	2012
19	67	147.7	Justin Hopkins	US-TX	2008
	67	147.7	Joseph Freni	US-MA	2019

Weight Class: 82.5 / 181			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	85.5	188.4	Bryan Ruskin	US-VA	2022
2	83.5	184	Data Sanaia	Georgia	2011
3	79	174.1	Aleksandr Nekrasenko	Ukraine	2014
4	78	171.9	Luis Rocha	US-VA	2023
5	77.5	170.8	Carlos Quinteros	US-MD	2022
	77.5	170.8	Ethan Binckley	US-NC	2024
7	75	165.3	Larry Dyles	US-VA	2011
8	74.5	164.2	Pat Douglas	US-NE	2021
	74.5	164.2	Jacob Robnett	US-CA	2023
10	74	163.1	Igor Zalivan	Ukraine	2014
11	73.5	162	Andrey Kanubrikov	Ukraine	2014
12	73	160.9	Tim Earl	US-AZ	2016
	73	160.9	Ed Teixeira	US-PA	2023
	73	160.9	Eduardo Teixeira	US-PA	2023
15	72.5	159.8	Rodrigo Silva	Brazil	2009
	72.5	159.8	Andrew LeBrun	US-MD	2011
	72.5	159.8	Llaland Austin	US-FL	2021
18	72	158.7	Anthony Bannerman	US-NC	2017
19	71.5	157.6	Mark Wilhelm	US-MD	2010
20	71	156.5	Alex Kornev	US-NY	2024

Weight Class: 90 / 198			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	91.5	201.7	Bruce Knox	US-MD	2024
2	91	200.6	John Cooper	US-NC	2022
	91	200.6	Ray Jones	US-VA	2023
4	86.5	190.6	Bryan Ruskin	US-VA	2022
	86.5	190.6	Raymond Jones	US-VA	2024
6	84	185.1	Anthony Bennett	US-CA	2023
7	82.5	181.8	Chris Burak	Canada	2024
8	81	178.5	Sergei Didovik	Ukraine	2011
	81	178.5	Steve Babcock	US-CA	2024
10	80.5	177.4	Tyler Travis	US-VA	2021
11	78	171.9	Anthony Esteves	US-CT	2023
12	77.7	171.2	Tim Henriques	US-VA	2013
13	77.5	170.8	Jamie Ness	US-KY	2023
14	77	169.7	Viktor Babenko	Ukraine	2014
15	76	167.5	Ruslan Klimenko	Ukraine	2013
	76	167.5	Jesse Roland	Nauru	2018
	76	167.5	Christopher Burak	Canada	2024

18	75.5	166.4	Carl Wesley	US-TX	2023
19	75	165.3	Alex Paluilis	US-NH	2011
	75	165.3	Chase Stratton	US-MO	2011
	75	165.3	Chase Stratton	US-MO	2011
	75	165.3	Duncan Warner	US-AL	2018
	75	165.3	TC Haubold	US-NC	2023
	75	165.3	Scott Stengel	US-OH	2024
	75	165.3	Isa Abbaszade	US-MA	2024

Weight Class: 100 / 220			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	95.5	210.5	Bruce Knox	US-MD	2024
2	94.5	208.3	John Cooper	US-NC	2024
3	94	207.2	Brian Bellwood	US-NJ	2024
4	91	200.6	Vadim Kazeyko	US-NY	2023
5	90	198.4	Maximillian Zart	US-OH	2018
6	85	187.3	Josh Conner	US-AZ	2014
7	82	180.7	Quincy Pecora	US-CT	2021
8	80.5	177.4	Danny Clarke	US-PA	2024
9	80	176.3	John Mays	US-VA	2009
	80	176.3	Kevin Ward	US-VA	2013
	80	176.3	Garrison Cobb	US-AZ	2016
12	79.5	175.2	Jamie Ness	US-KY	2024
13	78.5	173	Charles Parks	US-MD	2010
	78.5	173	Connor Peasley	US-CA	2023
15	78	171.9	Andrey Kasyan	Ukraine	2013
	78	171.9	Charles Schoeneberg	US-MD	2023
	78	171.9	Alleister Nash	US-NY	2023
18	77.5	170.8	Tim Henriques	US-VA	2012
	77.5	170.8	Jeremey Meyer	US-NE	2013
	77.5	170.8	Ricky Dozier	US-NC	2022
	77.5	170.8	Evan Russo	US-CT	2023
	77.5	170.8	Michael Dalton	US-VA	2024

Weight Class: 110 / 242			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	98.5	217.1	Michael Oliver	US-MD	2024
2	94	207.2	Bruce Knox	US-MD	2023
3	92.5	203.9	Maximillian Zart	US-OH	2018
4	91	200.6	Kwame Grant	US-VA	2022
5	86.5	190.6	Kenneth Bailey	US-VA	2022
	86.5	190.6	Ricky Dozier	US-NC	2023
7	86	189.5	Isaiah Wolf	Canada	2023
8	85.5	188.4	John Cooper	US-NC	2021
9	85	187.3	John Franks	US-PA	2011
10	84	185.1	Victor Addis	US-OH	2024
11	83.9	184.9	Charles Parks	US-MD	2011
12	83	182.9	Sean Gallagher	US-VA	2023
13	82.5	181.8	Danny Clarke	US-PA	2022
14	82	180.7	Stiven Rivas	US-VA	2022
15	81	178.5	Paul DeSimone	US-MA	2013
16	80	176.3	Ricardo Caitano	Brazil	2010
	80	176.3	Dmitriy Kalashnik	Ukraine	2014
18	79.4	175	Justin Vorassi	US-VA	2008
19	79	174.1	Connor Peasley	US-CA	2023
20	78	171.9	George Basnett	US-NC	2023
	78	171.9	David DeGuzman	US-MD	2023

Weight Class: 125 / 275			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	100	220.4	Michael Oliver	US-MD	2024
2	99	218.2	Giorgio Karallas	US-NE	2024
3	87.5	192.9	Chad Jackson	US-VA	2015
4	84.5	186.2	Chris Pitts	US-NC	2021
5	82.5	181.8	Kevin Ward	US-VA	2015
	82.5	181.8	George Basnett	US-NC	2024
7	81.5	179.6	Stephen Kozlowski	US-VA	2023
8	81	178.5	Paul DeSimone	US-MA	2013
9	80.5	177.4	Clint Bartolic	US-OH	2010
10	80	176.3	Roman Shapovalov	Ukraine	2013
	80	176.3	Aleksandr Romanuk	Ukraine	2014
	80	176.3	Isaiah Wolf	Canada	2022
13	79	174.1	Brandon McEwan	US-NY	2009
	79	174.1	Paul Bossi	US-NC	2023
15	78	171.9	Chris Fry	US-VA	2023
	78	171.9	Christopher Allen	US-VA	2023
17	77.5	170.8	Cleef Metellus	US-NY	2019
	77.5	170.8	Chris Allen	US-VA	2023
	77.5	170.8	Matthew Godden	Canada	2024
20	77	169.7	Chad Weeden	US-NY	2021

Weight Class: 140 / 308			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	95	209.4	Giorgio Karallas	US-NE	2023
2	92	202.8	Dmitry Golovin	Ukraine	2013
3	91	200.6	Chris Pitts	US-NY	2023
4	85	187.3	Isaiah Wolf	Canada	2022
5	83	182.9	Brandon Hall	US-AZ	2015
6	82.5	181.8	Russell Peel	Canada	2024
7	80	176.3	Nate Woodard	US-VA	2012
	80	176.3	Baron Dixon	US-VA	2024
9	79.4	175	Paul Hawley	US-NE	2008
10	79	174.1	DJ Stinson	US-VA	2019
	79	174.1	Stephen Kozlowski	US-VA	2024
12	78.5	173	Cameron Wharram	Canada	2012
	78.5	173	Chris Fry	US-VA	2022
14	78	171.9	Richard Vincent	US-NE	2010
15	77.5	170.8	Stevie Murden	US-VA	2023
16	76	167.5	Raymond Clasing	US-MD	2012
	76	167.5	Glen Tenove	US-CA	2015
18	75	165.3	Alexandre Hoffman	Brazil	2010
	75	165.3	Lee Sandlin	US-OH	2012
	75	165.3	Journey Niemann	US-NC	2024

Unknown Class: SHW			Strict Curl	Male	
Rank	Lift	lbs	Lifter	Country	Year
1	99	218.2	Joseph Sabol	US-PA	2023
2	95.5	210.5	Antonio Collins	US-PA	2023
3	93.5	206.1	Wyatt Lozano	US-NY	2021
4	82.5	181.8	Brandon Hall	US-AZ	2013
	82.5	181.8	Kevin Ward	US-VA	2020
6	80	176.3	Lee Sandlin	US-KY	2017
	80	176.3	Raymond Hodges	US-FL	2019
8	78	171.9	DJ Stinson	US-VA	2021
	78	171.9	Ryan Stone	US-NC	2023
10	77.5	170.8	Baron Dixon	US-VA	2019

	77.5	170.8	Kareem Green	US-NY	2024
12	75.5	166.4	Glen Tenove	US-CA	2013
13	75	165.3	Jack Griffin	US-TX	2008
	75	165.3	Russell Peel	Canada	2018
15	74	163.1	James Mitchell	US-ME	2024
16	73	160.9	Marvin Bishop	US-OH	2011
	73	160.9	Josh Caudill	US-IN	2023
18	72.6	160	Richard Vincent	US-NE	2010
19	72.5	159.8	Joshua Caudill	US-IN	2022
20	71.4	157.4	Dustin Speed	US-NV	2008