



ARIZONA STATE BENCH RECORDS

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12/5/2024

Weight Class: 30 / 66 Female			
Division	Bench Press	Name	Date
Open	21.0 kgs / 46.2 lbs	Chloe Eckard	6/2012
6-7	17.5 kgs / 38.5 lbs	Chloe Eckard	7/2010
8-9	21.0 kgs / 46.2 lbs	Chloe Eckard	6/2012
10-11	20.0 kgs / 44.0 lbs	Chloe Eckard	4/2013

Weight Class: 35 / 77 Female			
Division	Bench Press	Name	Date
Open	20.0 kgs / 44.0 lbs	Mary Medevielle	4/2013
8-9	20.0 kgs / 44.0 lbs	Mary Medevielle	4/2013
10-11	20.0 kgs / 44.0 lbs	Chloe Eckard	6/2013

Weight Class: 40 / 88 Female			
Division	Bench Press	Name	Date
Open	22.5 kgs / 49.6 lbs	Chloe Eckard	12/2013
10-11	22.5 kgs / 49.6 lbs	Chloe Eckard	12/2013
12-13	22.5 kgs / 49.6 lbs	Chloe Eckard	5/2015

Weight Class: 44 / 97 Female			
Division	Bench Press	Name	Date
Open	42.5 kgs / 93.6 lbs	Rocky Luedeker	4/2018
10-11	15.0 kgs / 33.0 lbs	Addrianna Pereira	3/2014
12-13	35.0 kgs / 77.1 lbs	Savannah Sparkes	3/2014
16-17	32.5 kgs / 71.6 lbs	Laurel Trail	3/2010
35-39	30.0 kgs / 66.1 lbs	Dennise Larios	6/2016
40-44	30.0 kgs / 66.1 lbs	Dennise Childers	6/2017
55-59	35.5 kgs / 78.2 lbs	Rocky Luedeker	6/2014
60-64	42.5 kgs / 93.6 lbs	Rocky Luedeker	4/2018

Weight Class: 48 / 105 Female			
Division	Bench Press	Name	Date
Open	60.5 kgs / 133.3 lbs	Amanda Lajeunesse	6/2018
12-13	35.0 kgs / 77.1 lbs	Savannah Sparkes	3/2014
16-17	45.0 kgs / 99.2 lbs	Laurel Trail	6/2010
18-19	50.0 kgs / 110.2 lbs	Amanda Hunsucker	3/2014
20-24	60.5 kgs / 133.3 lbs	Amanda Lajeunesse	6/2018
25-29	40.0 kgs / 88.1 lbs	Meghan Merino	12/2013
35-39	27.5 kgs / 60.6 lbs	Dennise Larios	6/2014

55-59	32.5 kgs / 71.6 lbs	Rocky Luedeker	6/2013
60-64	40.5 kgs / 89.2 lbs	Rocky Luedeker	6/2018

Weight Class: 52 / 114 Female

Division	Bench Press	Name	Date
Open	73.5 kgs / 162.0 lbs	Bianca Luedeker	6/2014
12-13	25.5 kgs / 56.2 lbs	Chloe Eckard	12/2016
14-15	35.0 kgs / 77.1 lbs	Savannah Sparkes	3/2015
16-17	47.5 kgs / 104.7 lbs	Lizette Magana	4/2013
20-24	68.5 kgs / 151.0 lbs	Elizabeth Cameron	9/2011
25-29	73.0 kgs / 160.9 lbs	Bianca Luedeker	10/2013
30-34	73.5 kgs / 162.0 lbs	Bianca Luedeker	6/2014
35-39	40.0 kgs / 88.1 lbs	Sarah Sabalos	6/2012
45-49	40.0 kgs / 88.1 lbs	Paula Tomitz	3/2012
60-64	33.0 kgs / 72.7 lbs	Roxanne Chance	6/2017
65-69	55.0 kgs / 121.2 lbs	Kathryn Eldred	6/2014
70-74	55.0 kgs / 121.2 lbs	Kathryn Eldred	5/2015

Weight Class: 56 / 123 Female

Division	Bench Press	Name	Date
Open	75.0 kgs / 165.3 lbs	Bianca Luedeker	4/2013
14-15	55.0 kgs / 121.2 lbs	Alyssa Golding	3/2013
16-17	52.5 kgs / 115.7 lbs	Laura Vazues	3/2012
18-19	35.0 kgs / 77.1 lbs	Keri Foltin	3/2012
20-24	50.0 kgs / 110.2 lbs	Tia Wiseman	6/2011
25-29	65.0 kgs / 143.2 lbs	Bianca Luedeker	10/2012
30-34	67.5 kgs / 148.8 lbs	Bianca Luedeker	6/2018
35-39	67.5 kgs / 148.8 lbs	Bianca Luedeker	2/2023
40-44	65.0 kgs / 143.2 lbs	Suzanne Davis	3/2014
45-49	55.0 kgs / 121.2 lbs	Christine Pinkney	5/2015
50-54	37.5 kgs / 82.6 lbs	Heather Trail	3/2011
55-59	32.5 kgs / 71.6 lbs	Marie Trubman	6/2017
60-64	37.5 kgs / 82.6 lbs	Maralyn Goldstein	5/2015
Police/Fire/Mil	55.0 kgs / 121.2 lbs	Christine Pinkey	5/2015

Weight Class: 60 / 132 Female

Division	Bench Press	Name	Date
Open	79.0 kgs / 174.1 lbs	Patti McKee	6/2014
12-13	32.5 kgs / 71.6 lbs	Jordan Bowers	3/2010
14-15	55.0 kgs / 121.2 lbs	Ashley Hoban	3/2014
16-17	42.5 kgs / 93.6 lbs	Micah Nunez	4/2017
18-19	55.0 kgs / 121.2 lbs	Logan Whitfill	4/2016
20-24	57.5 kgs / 126.7 lbs	Savannah Plaisted	5/2015
25-29	55.5 kgs / 122.3 lbs	Jacqueline Buchak	4/2018
30-34	53.0 kgs / 116.8 lbs	Erin Babani	3/2015
35-39	65.0 kgs / 143.2 lbs	Lara Evans-Mills	5/2015
40-44	72.5 kgs / 159.8 lbs	Jenifer Kelly	3/2011
45-49	62.5 kgs / 137.7 lbs	Theresa Pareja	3/2012
50-54	79.0 kgs / 174.1 lbs	Patti McKee	6/2014
60-64	32.5 kgs / 71.6 lbs	Anna Franklin	6/2014

80-84	35.0 kgs / 77.1 lbs	Ruth Coak	6/2014
Police/Fire/Mil	62.5 kgs / 137.7 lbs	Theresa Pareja	3/2012

Weight Class: 67.5 / 148 Female

Division	Bench Press	Name	Date
Open	85.0 kgs / 187.3 lbs	Tara Steadman	10/2010
12-13	35.0 kgs / 77.1 lbs	Jordan Bowers	3/2011
14-15	52.5 kgs / 115.7 lbs	Nicole Chavez	3/2012
16-17	58.0 kgs / 127.8 lbs	Ashley Hoban	5/2015
18-19	57.5 kgs / 126.7 lbs	Janessa Giron	10/2017
20-24	85.0 kgs / 187.3 lbs	Tara Steadman	10/2010
25-29	65.0 kgs / 143.2 lbs	Genevieve Betro	6/2012
30-34	67.5 kgs / 148.8 lbs	Mary Miller	8/2014
35-39	67.5 kgs / 148.8 lbs	Lara Evans-Mills	6/2014
40-44	80.0 kgs / 176.3 lbs	Jenifer Kelly	6/2011
45-49	72.5 kgs / 159.8 lbs	Christie Burnett	3/2012
50-54	53.0 kgs / 116.8 lbs	Susan Daigle-Leach	8/2014
55-59	55.0 kgs / 121.2 lbs	Susan Daigle-Leach	12/2016
60-64	42.5 kgs / 93.6 lbs	Sara Gillott	2/2016

Weight Class: 75 / 165 Female

Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Tara Steadman	6/2010
16-17	53.5 kgs / 117.9 lbs	Jurnee Hornbeak	3/2012
18-19	70.0 kgs / 154.3 lbs	Amanda Miskiel	3/2010
20-24	97.5 kgs / 214.9 lbs	Tara Steadman	6/2010
25-29	82.5 kgs / 181.8 lbs	Deana Tollertson	4/2017
30-34	77.5 kgs / 170.8 lbs	Chrystal Garcia	6/2018
35-39	77.5 kgs / 170.8 lbs	Jennifer Lyonnais	6/2011
40-44	77.5 kgs / 170.8 lbs	Jennifer Lyonnais	8/2014
45-49	75.0 kgs / 165.3 lbs	Tammy Ranney	2/2023
50-54	50.5 kgs / 111.3 lbs	Linda Kuiak	6/2017
55-59	56.0 kgs / 123.4 lbs	Susan Daigle-Leach	6/2018
60-64	45.0 kgs / 99.2 lbs	Kathy Okerlund	9/2011
85-89	27.5 kgs / 60.6 lbs	Nada Brewer	3/2014

Weight Class: 82.5 / 181 Female

Division	Bench Press	Name	Date
Open	92.5 kgs / 203.9 lbs	Tara Maier	12/2013
16-17	70.5 kgs / 155.4 lbs	Nicole Chavez	3/2014
18-19	92.5 kgs / 203.9 lbs	Tara Maier	12/2013
20-24	65.0 kgs / 143.2 lbs	Bailey Czarnecki	8/2014
25-29	72.5 kgs / 159.8 lbs	Monique Barba	6/2019
30-34	61.0 kgs / 134.4 lbs	Melinda Gustafson	6/2012
35-39	75.0 kgs / 165.3 lbs	Sophia Hussary	12/2013
40-44	50.0 kgs / 110.2 lbs	Susanne Monfort	6/2014
45-49	57.5 kgs / 126.7 lbs	Eve McOmer	3/2014
50-54	55.0 kgs / 121.2 lbs	Laura Reagle	6/2014
55-59	32.5 kgs / 71.6 lbs	Elizabeth Palandech	4/2016
60-64	92.5 kgs / 203.9 lbs	Erika Grill	6/2016

Police/Fire/Mil	57.5 kgs / 126.7 lbs	Eve McOmber	3/2014
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Weight Class: 90 / 198 Female

Division	Bench Press	Name	Date
Open	97.5 kgs / 214.9 lbs	Farrah Tate	3/2015
16-17	62.5 kgs / 137.7 lbs	Lia Mendoza	3/2012
20-24	67.5 kgs / 148.8 lbs	Leah Micek	4/2017
25-29	77.5 kgs / 170.8 lbs	Merrina Sandoval	6/2019
30-34	62.5 kgs / 137.7 lbs	Casey Powell	6/2024
35-39	65.0 kgs / 143.2 lbs	Christie Anderson	3/2015
45-49	87.5 kgs / 192.9 lbs	Shri Drake	3/2010
50-54	57.5 kgs / 126.7 lbs	Linda Kubiak	6/2016
55-59	70.0 kgs / 154.3 lbs	Dorothy Sosnicki	7/2023
70-74	25.0 kgs / 55.1 lbs	Helene Benedikte	3/2010
Police/Fire/Mil	87.5 kgs / 192.9 lbs	Shri Drake	3/2010

Weight Class: 90+ / 198+ Female

Division	Bench Press	Name	Date
Open	87.5 kgs / 192.9 lbs	Shri Drake	2010
16-17	47.5 kgs / 104.7 lbs	Brianna Blevins	4/2016
25-29	60.0 kgs / 132.2 lbs	Berenice Valdez	3/2019
30-34	77.5 kgs / 170.8 lbs	Michelle Lindsey	10/2017
35-39	60.0 kgs / 132.2 lbs	Andrea Johnson	4/2018
40-44	67.5 kgs / 148.8 lbs	Sherri Hurd	6/2016
45-49	87.5 kgs / 192.9 lbs	Shri Drake	2010
50-54	82.5 kgs / 181.8 lbs	Dorothy Sosnicki	3/2019
55-59	85.0 kgs / 187.3 lbs	Dorothy Sosnicki	6/2019
60-64	73.5 kgs / 162.0 lbs	Dorothy Sosnicki	11/2024
Police/Fire/Mil	87.5 kgs / 192.9 lbs	Shri Drake	2010

Weight Class: 30 / 66 Male

Division	Bench Press	Name	Date
Open	27.5 kgs / 60.6 lbs	Sam Hancock	4/2017
5 and under	10.0 kgs / 22.0 lbs	William Peguse	8/2010
6-7	17.5 kgs / 38.5 lbs	Sam Hancock	5/2015
8-9	27.5 kgs / 60.6 lbs	Sam Hancock	4/2017
10-11	27.5 kgs / 60.6 lbs	Sam Hancock	10/2017

Weight Class: 35 / 77 Male

Division	Bench Press	Name	Date
Open	37.5 kgs / 82.6 lbs	Sam Hancock	6/2019
8-9	35.0 kgs / 77.1 lbs	Connor Daw	4/2013
10-11	37.5 kgs / 82.6 lbs	Sam Hancock	6/2019

Weight Class: 40 / 88 Male

Division	Bench Press	Name	Date
Open	35.0 kgs / 77.1 lbs	Daniel Medevielle	8/2011
6-7	15.0 kgs / 33.0 lbs	Magnas Anderson	7/2023

10-11	35.0 kgs / 77.1 lbs	Daniel Medevielle	8/2011
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Weight Class: 44 / 97 Male

Division	Bench Press	Name	Date
Open	40.0 kgs / 88.1 lbs	C.J. Sanchez	8/2010
8-9	25.0 kgs / 55.1 lbs	Colton Peach	3/2012
10-11	32.5 kgs / 71.6 lbs	Daniel Medevielle	8/2011
12-13	40.0 kgs / 88.1 lbs	Xeriah Blevins	4/2016
14-15	40.0 kgs / 88.1 lbs	C.J. Sanchez	8/2010

Weight Class: 48 / 105 Male

Division	Bench Press	Name	Date
Open	60.0 kgs / 132.2 lbs	Michael Kahan	10/2012
8-9	17.5 kgs / 38.5 lbs	Kevin Polanco	6/2012
12-13	51.0 kgs / 112.4 lbs	Bailey Underwood	6/2013
14-15	43.0 kgs / 94.7 lbs	Eric Cassetta	8/2008
40-44	59.0 kgs / 130.0 lbs	Michael Kahan	9/2011
45-49	60.0 kgs / 132.2 lbs	Michael Kahan	10/2012
50-54	57.5 kgs / 126.7 lbs	Michael Kahan	6/2016

Weight Class: 52 / 114 Male

Division	Bench Press	Name	Date
Open	82.7 kgs / 182.3 lbs	Mike Burkeen	7/2009
10-11	37.5 kgs / 82.6 lbs	Daniel Medevielle	3/2012
12-13	50.0 kgs / 110.2 lbs	Sam Stan	3/2010
14-15	82.7 kgs / 182.3 lbs	Mike Burkeen	7/2009
16-17	66.0 kgs / 145.5 lbs	Derek Welker	4/2010

Weight Class: 56 / 123 Male

Division	Bench Press	Name	Date
Open	110.0 kgs / 242.5 lbs	Vin Voeun	6/2012
12-13	62.5 kgs / 137.7 lbs	Bryce Atkerson	6/2010
14-15	85.0 kgs / 187.3 lbs	Mike Burkeen	10/2009
16-17	102.5 kgs / 225.9 lbs	Mike Burkeen	3/2010
18-19	97.5 kgs / 214.9 lbs	Alan Winger	6/2014
20-24	92.5 kgs / 203.9 lbs	Andy Phan	6/2013
30-34	105.0 kgs / 231.4 lbs	Vin Voeun	3/2011
35-39	110.0 kgs / 242.5 lbs	Vin Voeun	6/2012

Weight Class: 60 / 132 Male

Division	Bench Press	Name	Date
Open	121.0 kgs / 266.7 lbs	Paul Gillott	3/2019
10-11	32.5 kgs / 71.6 lbs	Kevin Atkerson	8/2010
12-13	65.0 kgs / 143.2 lbs	Luke Musselman	6/2014
14-15	86.0 kgs / 189.5 lbs	Brady Mengarelli	7/2009
16-17	102.5 kgs / 225.9 lbs	Chris Frausto	4/2010
18-19	90.0 kgs / 198.4 lbs	Mike Burkeen	3/2012
20-24	97.5 kgs / 214.9 lbs	Elias Sanchez	8/2008
25-29	95.0 kgs / 209.4 lbs	Andy Phan	6/2014
30-34	110.0 kgs / 242.5 lbs	Vin Voeun	8/2011

60-64	117.5 kgs / 259.0 lbs	Paul Gillott	4/2018
65-69	121.0 kgs / 266.7 lbs	Paul Gillott	3/2019
Police/Fire/Mil	121.0 kgs / 266.7 lbs	Paul Gillott	3/2019

Weight Class: 67.5 / 148 Male

Division	Bench Press	Name	Date
Open	142.5 kgs / 314.1 lbs	Luiz Azevedo	12/2013
12-13	72.5 kgs / 159.8 lbs	Spencer Coffin	9/2011
14-15	100.0 kgs / 220.4 lbs	Shon Do	8/2008
16-17	113.5 kgs / 250.2 lbs	Johnny Pareja	8/2008
18-19	118.0 kgs / 260.1 lbs	Devon Coleman	3/2015
20-24	117.5 kgs / 259.0 lbs	Joon Bae	10/2013
25-29	142.5 kgs / 314.1 lbs	Luiz Azevedo	12/2013
30-34	92.5 kgs / 203.9 lbs	Jerry Trubman	6/2014
35-39	122.5 kgs / 270.0 lbs	Shawn Nordan	5/2015
40-44	92.5 kgs / 203.9 lbs	William Devito	10/2011
45-49	92.5 kgs / 203.9 lbs	William Devito	3/2015
50-54	127.5 kgs / 281.0 lbs	Paul Gillott	8/2008
55-59	132.5 kgs / 292.1 lbs	Paul Gillott	7/2009
60-64	122.5 kgs / 270.0 lbs	Paul Gillott	12/2018
65-69	104.0 kgs / 229.2 lbs	Lee Luedeker	6/2017
70-74	60.0 kgs / 132.2 lbs	Jack Fahey	3/2010
75-79	97.5 kgs / 214.9 lbs	Frank Richey	7/2009
Police/Fire/Mil	132.5 kgs / 292.1 lbs	Paul Gillott	7/2009

Weight Class: 75 / 165 Male

Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Ryan Tramel	3/2012
12-13	50.0 kgs / 110.2 lbs	Gabriel Davies	3/2015
14-15	102.5 kgs / 225.9 lbs	Javin Helsel	6/2012
16-17	120.0 kgs / 264.5 lbs	Jeremiah Hernandez	3/2009
18-19	127.5 kgs / 281.0 lbs	Cooper Galeazzo	4/2016
20-24	145.0 kgs / 319.6 lbs	Johnathan Woodmansee	3/2014
25-29	142.5 kgs / 314.1 lbs	Adrian Vargas	10/2017
30-34	130.0 kgs / 286.5 lbs	Eric Hatchell	10/2009
35-39	142.5 kgs / 314.1 lbs	Nathaniel Luedeker	4/2016
40-44	117.5 kgs / 259.0 lbs	Dan Gamez	6/2019
45-49	120.0 kgs / 264.5 lbs	Mike Deutsch	7/2023
50-54	127.5 kgs / 281.0 lbs	William Devito	6/2019
55-59	132.5 kgs / 292.1 lbs	Paul Gillott	3/2011
60-64	130.0 kgs / 286.5 lbs	William Deloney	6/2013
65-69	142.5 kgs / 314.1 lbs	Scott Craig	6/2016
70-74	140.0 kgs / 308.6 lbs	Scott Craig	12/2016
75-79	100.0 kgs / 220.4 lbs	Bill Cross	11/2022
80-84	60.0 kgs / 132.2 lbs	Joe Weissenburger	6/2017
85-89	55.0 kgs / 121.2 lbs	Joe Weissenburger	6/2018
Police/Fire/Mil	132.5 kgs / 292.1 lbs	Paul Gillott	3/2011
Spec. Oly.	65.0 kgs / 143.2 lbs	Mike Saldana	12/2016

Weight Class: 82.5 / 181 Male

Division	Bench Press	Name	Date
Open	187.5 kgs / 413.3 lbs	Ahmed Shafik	5/2015
12-13	80.0 kgs / 176.3 lbs	Daniel Hernandez	9/2011
14-15	105.0 kgs / 231.4 lbs	C Gonzales	3/2009
16-17	150.0 kgs / 330.6 lbs	Spencer Hess	3/2010
18-19	142.5 kgs / 314.1 lbs	Garrison Cobb	6/2014
20-24	155.0 kgs / 341.7 lbs	Wade Hunsaker	4/2013
25-29	177.5 kgs / 391.3 lbs	Michael Johnson	12/2013
30-34	177.5 kgs / 391.3 lbs	Brandon Branch	4/2016
35-39	162.5 kgs / 358.2 lbs	Andy Dickey	3/2011
40-44	187.5 kgs / 413.3 lbs	Ahmed Shafik	5/2015
45-49	152.5 kgs / 336.2 lbs	Jeff Holeyfield	8/2008
50-54	147.5 kgs / 325.1 lbs	Jeff Holeyfield	3/2012
55-59	145.0 kgs / 319.6 lbs	William Deloney	9/2011
60-64	142.5 kgs / 314.1 lbs	William Deloney	4/2012
65-69	132.5 kgs / 292.1 lbs	Perry Bassett	12/2013
70-74	132.5 kgs / 292.1 lbs	Perry Bassett	6/2016
75-79	110.0 kgs / 242.5 lbs	Bill Cross	10/2021
80-84	60.0 kgs / 132.2 lbs	Joe Weissenburger	10/2017
Police/Fire/Mil	175.0 kgs / 385.8 lbs	Ryan Tramel	4/2017
Spec. Oly.	67.5 kgs / 148.8 lbs	Mike Saldana	3/2015

Weight Class: 90 / 198 Male

Division	Bench Press	Name	Date
Open	190.0 kgs / 418.8 lbs	Ahmed Shafik	6/2014
12-13	75.0 kgs / 165.3 lbs	Daniel Hernandez	8/2011
14-15	107.5 kgs / 236.9 lbs	Daniel Hernandez	10/2013
16-17	125.0 kgs / 275.5 lbs	Tyler Wilson	4/2012
18-19	150.0 kgs / 330.6 lbs	John Kennedy	3/2009
20-24	170.0 kgs / 374.7 lbs	Favion Ramirez	10/2017
25-29	155.0 kgs / 341.7 lbs	Brian Trail	12/2018
30-34	172.5 kgs / 380.2 lbs	Michael Johnson	5/2015
35-39	185.0 kgs / 407.8 lbs	Ahmed Shafik	2010
40-44	190.0 kgs / 418.8 lbs	Ahmed Shafik	6/2014
45-49	155.0 kgs / 341.7 lbs	Rudy Martinez	3/2011
50-54	145.0 kgs / 319.6 lbs	Donald Askew	3/2019
55-59	105.0 kgs / 231.4 lbs	Scott Stratmann	4/2018
60-64	142.5 kgs / 314.1 lbs	George Herrera	10/2017
65-69	135.0 kgs / 297.6 lbs	Alan Dean Foster	6/2012
70-74	110.0 kgs / 242.5 lbs	Alan Dean Foster	4/2018
80-84	55.0 kgs / 121.2 lbs	Jim Carroll	3/2014
Police/Fire/Mil	165.0 kgs / 363.7 lbs	Benjamin Swope	4/2017

Weight Class: 100 / 220 Male

Division	Bench Press	Name	Date
Open	205.0 kgs / 451.9 lbs	Sam Tuggle	5/2015
14-15	115.0 kgs / 253.5 lbs	Tristen Dean	10/2017
16-17	140.0 kgs / 308.6 lbs	Chase Folkestad	3/2019
18-19	172.0 kgs / 379.1 lbs	Tyler Wilson	5/2015
20-24	195.0 kgs / 429.8 lbs	Dale Christopher	7/2009

25-29	205.0 kgs / 451.9 lbs	Sam Tuggle	5/2015
30-34	180.0 kgs / 396.8 lbs	Josh Conner	3/2014
35-39	182.5 kgs / 402.3 lbs	Josh Conner	12/2016
40-44	180.0 kgs / 396.8 lbs	James Lopez	12/2013
45-49	155.0 kgs / 341.7 lbs	Clint Demoss	6/2012
50-54	155.0 kgs / 341.7 lbs	Jeff Holeyfield	3/2009
55-59	126.0 kgs / 277.7 lbs	Michael Hawkins	6/2010
60-64	147.5 kgs / 325.1 lbs	George Herrera	4/2017
65-69	110.0 kgs / 242.5 lbs	Billy Ray Powell	11/2022
70-74	106.0 kgs / 233.6 lbs	Alan Dean Foster	6/2018
Police/Fire/Mil	205.0 kgs / 451.9 lbs	Sam Tuggle	5/2015

Weight Class: 110 / 242 Male

Division	Bench Press	Name	Date
Open	190.0 kgs / 418.8 lbs	Zack Schmitz	10/2013
14-15	85.0 kgs / 187.3 lbs	Skylar McClure	3/2012
16-17	150.0 kgs / 330.6 lbs	Isiah Baker	6/2013
18-19	190.0 kgs / 418.8 lbs	Zack Schmitz	10/2013
20-24	182.5 kgs / 402.3 lbs	Caleb Cattermole	6/2016
25-29	185.0 kgs / 407.8 lbs	Martin Elliott	3/2012
30-34	188.5 kgs / 415.5 lbs	Lawrence Allenger	3/2009
35-39	185.0 kgs / 407.8 lbs	Jim Morrow	4/2012
40-44	175.0 kgs / 385.8 lbs	Steve Villarreal	4/2018
45-49	162.5 kgs / 358.2 lbs	Dan Cole	4/2018
50-54	170.5 kgs / 375.8 lbs	Dan Cole	12/2018
55-59	160.0 kgs / 352.7 lbs	Larry Savage	6/2018
60-64	147.5 kgs / 325.1 lbs	Tim McKeever	6/2010
65-69	162.5 kgs / 358.2 lbs	Fred Purvis	4/2013
70-74	127.5 kgs / 281.0 lbs	Bill Faiband	6/2016
75-79	100.0 kgs / 220.4 lbs	Gene Lawrence	5/2015
Police/Fire/Mil	166.0 kgs / 365.9 lbs	Jim Kennedy	3/2009
Spec. Oly.	100.0 kgs / 220.4 lbs	Mathew Herbert	12/2016

Weight Class: 125 / 275 Male

Division	Bench Press	Name	Date
Open	210.0 kgs / 462.9 lbs	Myron Sawyer	12/2013
14-15	198.5 kgs / 437.6 lbs	B Cabral	3/2009
16-17	137.5 kgs / 303.1 lbs	Sam Shapiro	4/2018
18-19	190.0 kgs / 418.8 lbs	Zack Schmitz	12/2013
20-24	193.0 kgs / 425.4 lbs	Julius Visser	5/2015
25-29	183.5 kgs / 404.5 lbs	Allen Elliott	7/2009
30-34	195.0 kgs / 429.8 lbs	Ken McCree	3/2010
35-39	207.5 kgs / 457.4 lbs	Andy Gibson	4/2018
40-44	210.0 kgs / 462.9 lbs	Myron Sawyer	12/2013
45-49	167.5 kgs / 369.2 lbs	Paul Leonard	6/2014
50-54	190.0 kgs / 418.8 lbs	Bobby Padilla	4/2017
60-64	167.5 kgs / 369.2 lbs	Fred Pervis	3/2012
65-69	162.5 kgs / 358.2 lbs	Fred Pervis	10/2012
70-74	117.5 kgs / 259.0 lbs	Gene Lawrence	6/2010
75-79	102.5 kgs / 225.9 lbs	Gene Lawrence	3/2015

Police/Fire/Mil	190.0 kgs / 418.8 lbs	Bobby Padilla	4/2017
Spec. Oly.	100.0 kgs / 220.4 lbs	Mathew Herbert	10/2017

Weight Class: 140 / 308 Male

Division	Bench Press	Name	Date
Open	237.5 kgs / 523.5 lbs	Nick Summers	4/2016
14-15	95.0 kgs / 209.4 lbs	Alex Desoto	8/2011
16-17	130.0 kgs / 286.5 lbs	Perris Magneson	3/2010
18-19	170.0 kgs / 374.7 lbs	Lincoln Kestner	3/2014
20-24	227.5 kgs / 501.5 lbs	Alec Williamson	12/2018
25-29	190.0 kgs / 418.8 lbs	Josh Lehman	3/2010
30-34	207.5 kgs / 457.4 lbs	Ken McCree	3/2011
35-39	185.0 kgs / 407.8 lbs	Brandon Hall	4/2013
40-44	162.5 kgs / 358.2 lbs	Grant Heller	10/2012
45-49	205.0 kgs / 451.9 lbs	Charles Brooks	3/2015
65-69	148.0 kgs / 326.2 lbs	Joe Morales	6/2019
70-74	130.0 kgs / 286.5 lbs	Joe Morales	2/2023
Police/Fire/Mil	185.0 kgs / 407.8 lbs	Joe Grant	10/2017
Spec. Oly.	97.5 kgs / 214.9 lbs	Daniel Razo	4/2016

Unknown Class: SHW Male

Division	Bench Press	Name	Date
Open	210.0 kgs / 462.9 lbs	Leon Bradford	10/2017
20-24	187.5 kgs / 413.3 lbs	John Fontes	7/2010
25-29	192.5 kgs / 424.3 lbs	Leon Bradford	4/2017
30-34	172.5 kgs / 380.2 lbs	Joe Anderson	3/2010
35-39	180.0 kgs / 396.8 lbs	Brandon Hall	6/2013