



ALABAMA STATE BENCH RECORDS

Ed Kutin edkutin@gmail.com

12/5/2024

Weight Class: 82.5 / 181 Female			
Division	Bench Press	Name	Date
Open	45.3 kgs / 99.8 lbs	Simone Wyatt	2007

Weight Class: 90 / 198 Female			
Division	Bench Press	Name	Date
Open	90.0 kgs / 198.4 lbs	Jaime Penner	5/2017
20-24	90.0 kgs / 198.4 lbs	Jaime Penner	5/2017

Weight Class: 67.5 / 148 Male			
Division	Bench Press	Name	Date
Open	120.0 kgs / 264.5 lbs	James Lowery	12/2017
18-19	70.0 kgs / 154.3 lbs	William Shelton	3/2013
25-29	120.0 kgs / 264.5 lbs	James Lowery	12/2017

Weight Class: 75 / 165 Male			
Division	Bench Press	Name	Date
Open	135.0 kgs / 297.6 lbs	DeMarcus Khorsand	11/2024
30-34	135.0 kgs / 297.6 lbs	DeMarcus Khorsand	11/2024
70-74	87.5 kgs / 192.9 lbs	Daniel Gordon	10/2021
Police/Fire/Mil	135.0 kgs / 297.6 lbs	DeMarcus Khorsand	11/2024

Weight Class: 82.5 / 181 Male			
Division	Bench Press	Name	Date
Open	142.9 kgs / 315.0 lbs	Tim Hubert	2006
18-19	35.0 kgs / 77.1 lbs	Conyers Hallman	1/2019

Weight Class: 110 / 242 Male			
Division	Bench Press	Name	Date
Open	160.0 kgs / 352.7 lbs	Jack Lee	10/2012