



**POWERLIFTING FEDERATION**

# PENNSYLVANIA STATE POWERLIFTING RECORDS

*UPDATED November 1, 2024*

## WOMEN

<u>66 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	66 B BUTLER (2019)	44 B BUTLER (2020)	93 B BUTLER (2020)	203 B BUTLER (2020)
10-11	80 A ZIMMERMAN (2002)	45 A ZIMMERMAN (2002)	100 A ZIMMERMAN (2002)	220 A ZIMMERMAN (2002)

<u>77 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	100 A D'ANTONIO (2011)	55 A D'ANTONIO (2011)	140 A D'ANTONIO (2011)	290 A D'ANTONIO (2011)
10-11	105 A D'ANTONIO (2011)	55 A ZIMMERMAN (2003)	150 A D'ANTONIO (2011)	310 A D'ANTONIO (2011)

<u>88 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
8-9	95 S HUNT (2009)	45 S HUNT (2009)	130 S HUNT (2009)	270 S HUNT (2009)
10-11	115 B BUTLER (2022)	70 A ZIMMERMAN (2004)	165 A ZIMMERMAN (2004)	345 A ZIMMERMAN (2004)

<u>97 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	203 D TASHER (2012)	120 R SNYDER (1999)	248 D TASHER (2010)	545 D TASHER (2010)
8-9	110 S HUNT (2010)	55 S HUNT (2010)	155 S HUNT (2010)	320 S HUNT (2010)
12-13	132 B BUTLER (2023)	80 A ZIMMERMAN (2005)	175 A ZIMMERMAN (2005)	385 A ZIMMERMAN (2005)
16-17	203 D TASHER (2012)	94 D TASHER (2012)	248 D TASHER (2010)	545 D TASHER (2010)
35-39	132 R SNYDER (1999)	120 R SNYDER (1999)	155 R SNYDER (1999)	405 R SNYDER (1999)
40-44	125 P LORENZI (2003)	90 P LORENZI (2003)	245 P LORENZI (2003)	460 P LORENZI (2003)

<u>105 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	198 D TASHER (2012)	132 V FERLA (2016)	259 V FERLA (2016)	575 V FERLA (2016)
8-9	110 S HUNT (2010)	60 S HUNT (2010)	165 S HUNT (2010)	347 S HUNT (2010)
12-13	155 A ZIMMERMAN (2006)	100 A ZIMMERMAN (2006)	215 A ZIMMERMAN (2006)	470 A ZIMMERMAN (2006)
16-17	198 D TASHER (2012)	99 D TASHER (2012)	253 D TASHER (2012)	545 D TASHER (2012)
18-19	115 M KIMMEL (2012)	75 J PAINTER (2004)	159 M KIMMEL (2012)	341 M KIMMEL (2012)
35-39	160 B STEFFAN (2002)	90 B STEFFAN (2002)	255 B STEFFAN (2002)	500 B STEFFAN (2002)

<u>114 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	220 M CHAMBERS (2014)	135 B SKAL (1999)	315 B SKAL (1999)	640 B SKAL (1999)
8-9	120 A WRIGHT (2006)	80 A WRIGHT (2006)	160 A WRIGHT (2006)	360 A WRIGHT (2006)
10-11	154 S HUNT (2011)	77 S HUNT (2010)	190 K WITMER (2010)	413 S HUNT (2010)
12-13	220 M CHAMBERS (2014)	132 M CHAMBERS (2014)	286 M CHAMBERS (2013)	639 M CHAMBERS (2014)
14-15	203 S SALEMNO (2015)	104 A ZIMMERMAN (2007)	242 A ZIMMERMAN (2007)	518 A ZIMMERMAN (2007)
16-17	181 H PUZINAS (2009)	110 H WEAVER (2018)	240 A HICKEY (2002)	490 H PUZINAS (2009)
18-19	180 A HICKEY (2002)	95 A HICKEY (2002)	265 A HICKEY (2002)	540 A HICKEY (2002)
20-24	190 B SKAL (1999)	135 B SKAL (1999)	315 B SKAL (1999)	640 B SKAL (1999)
35-39	170 B STEFFAN (2003)	85 B STEFFAN (2003)	270 B STEFFAN (2003)	525 B STEFFAN (2003)
40-44	190 B STEFFAN (2008)	121 A SMITH (2016)	285 B STEFFAN (2008)	580 B STEFFAN (2008)
45-49	203 B STEFFAN (2013)	110 B STEFFAN (2013)	281 B STEFFAN (2013)	595 B STEFFAN (2013)
50-54	187 B STEFFAN (2013)	104 J HUNTLEY (2015)	242 B STEFFAN (2013)	529 B STEFFAN (2013)
55-59	165 J HUNTLEY (2017)	110 J HUNTLEY (2019)	236 J HUNTLEY (2019)	507 J HUNTLEY (2021)
60-64	154 J HUNTLEY (2023)	104 J HUNTLEY (2022)	225 J HUNTLEY (2022)	485 J HUNTLEY (2023)
65-69	126 M A LITTLE (2014)	77 M A LITTLE (2013)	176 M A LITTLE (2014)	380 M A LITTLE (2014)
70-74	132 M A LITTLE (2015)	77 M A LITTLE (2014)	170 M A LITTLE (2016)	369 M A LITTLE (2015)

<u>123 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	286 C TORTORIELLO (2017)	187 M CHAMBERS (2016)	350 L SNYDER (2005)	782 M CHAMBERS (2016)
12-13	105 J EMERICK (2001)	65 J EMERICK (2001)	145 J EMERICK (2001)	315 J EMERICK (2001)
14-15	242 M CHAMBERS (2014)	154 M CHAMBERS (2014)	286 M CHAMBERS (2014)	683 M CHAMBERS (2014)
16-17	264 M CHAMBERS (2016)	187 M CHAMBERS (2016)	330 M CHAMBERS (2016)	782 M CHAMBERS (2016)
18-19	214 T HAMMOND (2010)	110 T HAMMOND (2010)	248 T HAMMOND (2010)	573 T HAMMOND (2010)
20-24	286 C TORTORIELLO (2017)	154 C TORTORIELLO (2017)	335 B SKAL (1999)	733 C TORTORIELLO (2017)
35-39	260 L SNYDER (2005)	150 L SNYDER (2005)	350 L SNYDER (2005)	760 L SNYDER (2005)
40-44	198 B STEFFAN (2010)	110 M MURPHY (2010)	286 B STEFFAN (2010)	595 B STEFFAN (2010)
45-49	165 P SCARANO (2016)	99 H MACHMER (2018)	231 P SCARANO (2016)	485 P SCARANO (2016)
50-54	154 J SCHROEDER (2024)	115 E KORNFEIND (2014)	203 P SCARANO (2019)	440 J WALKIEWICZ (2014)
55-59	192 L McMAHON (2022)	154 L McMAHON (2022)	253 L McMAHON (2022)	600 L McMAHON (2022)
60-64	154 J HUNTLEY (2024)	104 J HUNTLEY (2024)	231 J HUNTLEY (2024)	490 J HUNTLEY (2024)
75-79	60 D JOHNSON (2008)	40 D JOHNSON (2008)	150 D JOHNSON (2008)	250 D JOHNSON (2008)

<u>132 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	292 L CONRAD (2019)	154 L CONRAD (2018)	370 M MATUSZEWSKI (2001)	777 L CONRAD (2019)
12-13	198 L PIEKUT (2016)	132 L PIEKUT (2016)	255 T TSHUDY (2006)	555 T TSHUDY (2006)
14-15	220 N PFEFFER (2024)	143 N PFEFFER (2024)	319 M HENDRICKS (2014)	622 M HENDRICKS (2014)
16-17	225 S PERRINE (2012)	132 S PERRINE (2011)	336 S PERRINE (2012)	672 S PERRINE (2012)
18-19	242 K STANCZYK (2014)	137 K STANCZYK (2014)	314 K STANCZYK	688 K STANCZYK (2014)
20-24	292 L CONRAD (2019)	154 L CONRAD (2018)	341 S SICKERT (2018)	777 L CONRAD (2019)
35-39	190 D ZIMMERMAN (2003)	121 S MASON (1999)	341 T WEINHAMER (1998)	617 T WEINHAMER (1998)
40-44	181 N COSTANTINO (2021)	115 S ELCHYNSKI (2001)	253 N COSTANTINO (2021)	529 N COSTANTINO (2021)
45-49	220 M L NORRIS (2014)	132 M L NORRIS (2014)	270 M L NORRIS (2014)	622 M L NORRIS (2014)
50-54	225 M L NORRIS (2017)	132 M L NORRIS (2017)	275 J BICKEL (2015)	611 M L NORRIS (2017)
55-59	203 A KEMMERER (2013)	132 A KEMMERER (2013)	297 A KEMMERER (2013)	633 A KEMMERER (2013)
60-64	192 A KEMMERER (2014)	132 A KEMMERER (2014)	259 A KEMMERER (2014)	584 A KEMMERER (2014)
70-74	60 N TEUFEL (2023)	71 N TEUFEL (2023)	165 N TEUFEL (2023)	297 N TEUFEL (2023)
75-79	77 N TEUFEL (2024)	77 N TEUFEL (2024)	170 D JOHNSON (2009)	314 N TEUFEL (2024)
80-84	70 D JOHNSON (2009)	50 D JOHNSON (2009)	170 D JOHNSON (2009)	290 D JOHNSON (2009)

<u>148 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	303 R PAPSON (2024)	176 K GORDON (2024)	374 S PERRINE (2013)	810 R PAPSON (2024)
12-13	148 N HERNANDEZ (2016)	83 N HERNANDEZ (2016)	214 N HERNANDEZ (2016)	446 N HERNANDEZ (2016)
14-15	285 A BUCK (2004)	155 A MILLER (2003)	320 A BUCK (2004)	745 A BUCK (2004)
16-17	253 J AUGUSTINE (2021)	170 A MILLER (2004)	374 S PERRINE (2013)	771 S PERRINE (2013)

18-19	242 R HUTSON (2015)	148 S PERRINE (2013)	336 S PERRINE (2013)	716 S PERRINE (2013)
20-24	303 R PAPSON (2024)	159 R PAPSON (2024)	347 R PAPSON (2024)	810 RAPSON (2024)
35-39	275 V TASHER (2013)	140 S VILLO (2003)	319 V TASHER (2012)	727 V TASHER (2013)
40-44	286 V TASHER (2013)	154 R DOUGLAS (2007)	319 V TASHER (2013)	749 V TASHER (2014)
45-49	255 D NAHAS (2014)	159 M WIECKOWSKI (2012)	320 S ELCHYNSKI (2004)	695 S ELCHYNSKI (2004)
50-54	225 ML NORRIS (2018)	132 ML NORRIS (2018)	253 R PATTERSON (2010)	611 ML NORRIS (2018)
55-59	203 ML NORRIS (2021)	132 A KEMMERER (2012)	286 A KEMMERER (2012)	606 A KEMMERER (2012)
60-64	165 J BICKEL (2021)	110 D SANTOS (2013)	253 J BICKEL (2022)	507 J BICKEL (2021)
70-74	99 C KREMENIK (2024)	66 C KREMENIK (2023)	159 C KREMRNIK (2024)	325 C KREMENIK (2024)

<u>165 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	325 J AUGUSTINE (2022)	181 M EICHSTADT (2017)	352 J AUGUSTINE (2022)	854 J AUGUSTINE (2022)
12-13	190 B ZIMMERMAN (2003)	90 B ZIMMERMAN (2003)	200 B ZIMMERMAN (2003)	480 B ZIMMERMAN (2003)
14-15	242 A COWDERY (2010)	148 W VERHILL(2015)	303 A COWDERY (2010)	666 A COWDERY (2010)
16-17	260 A BUCK (2005)	160 A BUCK (2005)	320 J FREDERICK (2009)	686 A COWDERY (2010)
18-19	325 J AUGUSTINE (2022)	176 J AUGUSTINE (2022)	352 J AUGUSTINE (2022)	854 J AUGUSTINE (2022)
20-24	253 P CONRAD (2021)	181 M EICHSTADT (2017)	319 M EICHSTADT (2017)	749 M EICHSTADT (2017)
35-39	264 V TASHER (2012)	130 S CHALLIS (2005)	308 V TASHER (2012)	699 V TASHER (2012)
40-44	225 K NACE (2014)	159 K NACE (2014)	281 D SCHNEIDER (2017)	655 K NACE (2014)
45-49	248 S SCHWARTZ (2013)	165 R DOUGLAS (?)	341 R DOUGLAS (?)	715 R DOUGLAS (?)
50-54	200 D GRIMM (2008)	130 D GRIMM (2007)	286 C CEDZO (2023)	540 D GRIMM (2007)
55-59	170 K DOUTT (2018)	137 K DOUTT (2017)	231 K DOUTT (2017)	540 K DOUTT (2018)
60-64	143 K DOUTT (2020)	132 K DOUTT (2020)	220 A URBAN (2009)	468 K DOUTT (2020)

<u>181 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	297 J MALOY (2015)	176 J BAIRD (2011)	369 C DEAN (2014)	799 C DEAN (2014)
12-13	175 B ZIMMERMAN (2002)	100 B ZIMMERMAN (2002)	215 B ZIMMERMAN (2002)	465 B ZIMMERMAN (2002)
14-15	259 S JOHNSON (2013)	137 S JOHNSON (2013)	319 S JOHNSON (2013)	710 S JOHNSON (2013)
16-17	259 A COWDERY (2001)	148 A COWDERY (2001)	336 A COWDERY (2001)	744 A COWDERY (2001)
18-19	181 C BIRES (2023)	115 C BIRES (2023)	286 C BIRES (2023)	584 C BIRES (2023)
20-24	264 H GROSS (2023)	165 J JASPER (2000)	347 H GROSS (2023)	771 H GROSS (2023)
35-39	297 J MALOY (2015)	148 J MALOY (2015)	352 J MALOY (2015)	799 J MALOY (2015)
40-44	242 L SMITH (2016)	170 K NACE (2014)	319 K NACE (2014)	716 K NACE (2014)
45-49	248 S SCHWARTZ (2013)	132 C REDMOND (2019)	330 C REDMOND (2019)	699 C REDMOND (2019)
50-54	259 MA WIECKOWSKI (2014)	176 MA WIECKOWSKI (2014)	314 S SCHWARTZ (2018)	705 MA WIECKOWSKI (2014)
55-59	198 K DOUTT (2016)	154 K DOUTT (2016)	297 K DOUTT (2024)	611 K DOUTT (2016)
60-64	165 K POLLOCK (2021)	126 K POLLOCK (2021)	220 K POLLOCK (2021)	512 K POLLOCK (2021)
70-74	286 L ARVEY (2023)	165 L ARVEY (2024)	347 L ARVEY (2023)	799 L ARVEY (2024)
Spec. Oly.	154 J TALAVERA (2015)	110 J TALAVERA (2015)	220 J TALAVERA (2015)	485 J TALAVERA (2015)
Adaptive Ath.	237 A ROWLEY (2023)	148 A ROWLEY (2023)	286 A ROWLEY (2023)	661 A ROWLEY (2023)

<u>198 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	319 S KONE (2023)	181 M JOHNSON (2024)	407 A ROCHESTER (2023)	876 M JOHNSON (2024)
14-15	154 E LEWIS (2019)	99 E LEWIS (2019)	203 E LEWIS (2019)	457 E LEWIS (2019)
16-17	270 R HESS (2012)	121 C COOPER (?)	314 R HESS (2012)	694 R HESS (2012)
20-24	314 A ROCHESTER (2023)	137 A ROCHESTER (2023)	407 A ROCHESTER (2023)	859 A ROCHESTER (2023)
35-39	303 M JOHNSON (2024)	181 M JOHNSON (2024)	391 M JOHNSON (2024)	876 M JOHNSON (2024)
40-44	319 S KONE (2023)	176 S KONE (2023)	363 S KONE (2023)	859 S KONE (2023)
45-49	270 C STRITZINGER (2021)	159 C STRITZINGER (2021)	330 C STRITZINGER (2024)	755 C STRITZINGER (2021)
Spec Olym.	178 J TALAVERA	115 J TALAVERA (2016)	225 J TALAVERA (2016)	529 J TALAVERA (2016)
Adaptive Ath.	214 A ROWLEY (2023)	154 A ROWLEY (2023)	281 A ROWLEY (2023)	650 A ROWLEY (2023)

<u>198+LB CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	336 L SWARTZ (2024)	214 M PUSHINSKY (2024)	451 R CLARKE (2024)	947 L SWARTZ (2023)
16-17	280 S OGDEN (2001)	175 S OGDEN (2001)	369 A POWELL (2021)	820 S OGDEN (2001)
18-19	286 A POWELL (2021)	165 B LUZIER (2017)	385 A POWELL (2021)	815 A POWELL (2021)
20-24	314 I LANDER (2024)	150 V MUSCATO (2004)	369 A ROCHESTER (2023)	821 I LANDER (2024)
35-39	330 S McINTOSH (2022)	185 T BUKOUSKY (2006)	451 R CLARKE (2024)	936 R CLARKE (2024)
40-44	314 M PUSHINSKY (2024)	214 M PUSHINSKY (2024)	330 M PUSHINSKY (2024)	859 M PUSHINSKY (2024)
50-54	242 L BUCCELLO (2023)	126 M LAWSON (2020)	308 L BUCCELLO (2023)	666 L BUCCELLO (2023)
55- 59	242 M LAWSON (2024)	115 M LAWSON (2024)	275 M LAWSON (2024)	633 M LAWSON (2024)
60-64	242 K REPINO (2023)	148 K REPINO (2023)	281 K REPINO (2023)	666 K REPINO (2023)
Spec Olym.	159 J TALAVERA	104 J TALAVERA (2023)	231 J TALAVERA (2023)	496 J TALAVERA (2023)

## MEN

<u>66 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
6-7	66 I SHICK (2020)	40 I SHICK (2020)	82 I SHICK (2020)	189 I SHICK (2020)
8-9	66 I SHICK (2021)	65 A BARRETT (2007)	115 A BARRETT (2007)	245 A BARRETT (2007)

<u>77 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
6-7	95 R WICKHAM (2011)	50 R WICKHAM (2011)	110 R WICKHAM (2011)	255 R WICKHAM (2011)
8-9	120 C NOLAN (2004)	77 B BRUNER (2023)	150 A BARRETT (2008)	336 B BRUNER (2023)
10 – 11	115 D PERHACS (2001)	75 D PERHACS (2001)	140 D PERHACS (2001)	330 D PERHACS (2001)

<u>88 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
6-7	60 D LEE (2009)	45 D LEE (2009)	100 D LEE (2009)	205 D LEE (2009)
8-9	115 C STONER (2001)	65 C STONER (2001)	155 C STONER (2001)	335 C STONER (2001)
10-11	130 D PERHACS (2001)	85 J CAMPISI (1999)	215 J CAMPISI (1999)	420 J CAMPISI (1999)
12-13	130 D PERHACS (2001)	85 S PERHACS (2004)	170 S PERHACS (2004)	370 D PERHACS (2004)
14 – 15	132 N HARTMAN (2012)	88 N HARTMAN (2012)	231 N HARTMAN (2012)	451 N HARTMAN (2012)

<u>97 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
10-11	165 C WALKER (2015)	99 C WALKER (2015)	237 C WALKER (2014)	501 C WALKER (2015)
12-13	160 D PERHACS (2002)	94 N CHASZCZEWICZ (2009)	205 D PERHACS (2002)	455 D PERHACS (2002)
14 -15	185 E SMITH (2004)	125 C BLOOM (2002)	253 C FETTES (2012)	555 C BLOOM (2002)

<u>105 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	242 C WALKER (2016)	145 B PATAKY (2002)	314 C FETTES (2013)	677 C FETTES (2013)
8-9	137 R WICKHAM (2012)	71 R WICKHAM (2012)	176 R WICKHAM (2012)	380 R WICKHAM (2012)
10-11	203 C WALKER (2015)	110 C WALKER (2015)	270 C WALKER (2015)	584 C WALKER (2015)
12-13	242 C WALKER (2016)	115 C WALKER (2016)	303 C WALKER (2016)	661 C WALKER (2016)
14-15	214 C FETTES (2013)	145 B PATAKY (2002)	297 C FETTES (2013)	633 C FETTES (2013)
16-17	236 C FETTES (2013)	126 C FETTES (2013)	314 C FETTES (2013)	677 C FETTES (2013)

<u>114 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	235 C BLOOM (2003)	165 M WALKER (2013)	347 N HARTMANN (2014)	727 J RICE (2012)
8-9	154 R WICKHAM (2013)	77 R WICKHAM (2013)	203 R WICKHAM (2013)	435 R WICKHAM (2013)
10-11	187 S SMYKAL (2010)	83 S SMYKAL (2010)	192 S SMYKAL (2010)	462 S SMYKAL (2010)
12-13	181 R MECK (2012)	132 R MECK (2012)	292 R MECK (2012)	606 R MECK (2012)
14-15	198 J HARTMANN (2015)	140 S GOETZ (2004)	290 S GOETZ (2004)	625 S GOETZ (2004)
16-17	235 C BLOOM (2003)	160 C BLOOM (2003)	347 N HARTMANN (2014)	727 J RICE (2012)
20-24	198 M WALKER (2013)	165 M WALKER (2013)	286 M WALKER (2013)	650 M WALKER (2013)

<u>123 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	505 M KUHNS (2004)	280 M KUHNS (2004)	425 S SNYDER (1999)	1150 M KUHNS (2004)
8-9	150 D LEE (2011)	75 D LEE (2011)	120 D LEE (2011)	345 D LEE (2011)
10-11	181 R WICKHAM (2013)	88 R WICKHAM (2013)	220 R WICKHAM (2013)	490 R WICKHAM (2013)
12-13	297 C WALKER (2016)	148 C WALKER (2016)	352 C WALKER (2016)	799 C WALKER (2016)
14-15	335 C WILLIAMS (2000)	200 C WILLIAMS (2000)	360 C WILLIAMS (2000)	880 C WILLIAMS (2000)
16-17	281 P CATALDI (2012)	187 P CATALDI (2012)	363 N HARTMANN (2015)	843 P CATALDI (2012)
18-19	505 M KUHNS (2004)	280 M KUHNS (2004)	385 P CATALDI (2013)	1150 M KUHNS (2004)
35-39	345 S SNYDER (2009)	215 S SNYDER (2009)	425 S SNYDER (2009)	985 S SNYDER (2009)
50-54	203 G TEETER (2018)	248 G TEETER (2018)	303 G TEETER (2018)	755 G TEETER (2018)
55-59	253 G TEETER (2022)	225 G TEETER (2022)	385 G TEETER (2023)	865 G TEETER (2023)
60-64	308 C KING (2019)	236 C KING (2019)	358 C KING (2019)	903 C KING (2019)

<u>132 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	545 M KUHNS (2017)	330 M KUHNS (2010)	450 M ALLGEIER (2000)	1251 M KUHNS (2017)
10-11	192 R WICKHAM (2014)	99 R WICKHAM (2014)	236 R WICKHAM (2014)	529 R WICKHAM (2014)
12-13	203 W WIGMORE (2009)	148 W WIGMORE (2009)	275 W WIGMORE (2009)	628 W WIGMORE (2009)
14-15	407 M KUHNS (2001)	242 M KUHNS (2001)	425 W GONZALEZ (1999)	1000 W GONZALEZ (1999)
16-17	470 M KUHNS (2003)	290 M KUHNS (2003)	374 C FETTES (2014)	1115 M KUHNS (2003)
18-19	470 M KUHNS (2005)	290 M KUHNS (2005)	418 C BLOOM (2005)	1150 M KUHNS (2005)
20-24	340 M ALLGEIER (2000)	230 J ALLGEIER (2000)	450 M ALLGEIER (2000)	1020 M ALLGEIER (2000)
35-39	523 M KUHNS (2022)	297 M KUHNS (2020)	424 M KUHNS (2022)	1223 M KUHNS (2020)
45-49	225 G TEETER (2014)	237 G TEETER (2014)	352 M BOSTON (2000)	782 M BOSTON (2000)
50-54	253 G TEETER (2016)	236 G TEETER (2016)	385 M BOSTON (2003)	832 M BOSTON (2003)
55-59	281 G TEETER (2023)	231 G TEETER (2019)	402 G TEETER (2023)	909 G TEETER (2023)
65-69	198 M BOSTON (2017)	137 M BOSTON (2016)	314 M BOSTON (2019)	639 M BOSTON (2019)
70-74	198 J DITZIAN (2015)	132 J DITZIAN (2015)	270 J DITZIAN (2015)	600 J DITZIAN (2015)
75 -79	220 J WELCH (2023)	143 J WELCH (2023)	303 J WELCH (2023)	666 J WELCH (2023)

<u>148 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	550 M KUHNS (2006)	350 M KUHNS (2006)	540 B ELLENBERGER (2021)	1270 M KUHNS (2006)
10-11	154 D LEE (2012)	104 D LEE (2012)	198 D LEE (2012)	457 D LEE (2012)
12-13	242 M WINGENBACH (2021)	170 W SHULTZ (2023)	308 W SHULTZ (2024)	710 W SHULTZ (2023)
14-15	370 M KUHNS (2001)	280 B REBARCHAK (2003)	415 A LOOMIS (2006)	942 N SALEMNO (2014)
16-17	347 R LEFKOSKI (2014)	259 R LEFKOSKI (2014)	420 D CROSBY (2004)	1014 R LEFKOSKI (2014)
18-19	400 D WISNIEWSKI (1999)	285 B FORD (2008)	440 P CATALDI (2014)	1041 M CONNOLY (2017)
20-24	550 M KUHNS (2006)	350 M KUHNS (2006)	529 C FERRANTI (2013)	1270 M KUHNS (2006)
35-39	370 J MARTUCCI (2006)	255 G TEETER (2005)	475 G JAMES (2009)	1090 J MARTUCCI (2006)
40-44	445 R CRUZ (2002)	285 R CRUZ (2002)	485 R CRUZ (2002)	1205 R CRUZ (2002)
45-49	363 J MARTUCCI (2016)	225 G TEETER (2013)	440 S SNYDER (2007)	1014 J MARTUCCI (2013)
50-54	358 J MARTUCCI (2019)	264 G TEETER (2017)	407 L LANTZ (2014)	953 G TEETER (2019)
55-59	391 R CRUZ (2017)	253 G TEETER (2020)	413 J MARTUCCI (2024)	1030 R CRUZ (2017)
60-64	390 P GRIFFITH (2006)	235 P GRIFFITH (2006)	380 I BONACCI (?)	990 P GRIFFITH (2006)
65-69	335 P GRIFFITH (2011)	192 V SHAFFER (2015)	407 V SHAFFER (2019)	870 P GRIFFITH (2010)
70-74	303 P GRIFFITH (2018)	165 V SHAFFER (2019)	391 V SHAFFER (2022)	749 P GRIFFITH (2016)
75-79	225 J WELCH (2022)	181 J WELCH (2021)	336 J WELCH (2021)	733 J WELCH (2022)

<u>165 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	518 M CATALINO (2000)	363 J VOHS (2014)	630 J BRACA (2000)	1470 J BRACA (2000)
10-11	180 M MONGERA (2005)	140 M MONGERA (2005)	240 M MONGERA (2005)	560 M MONGERA (2005)
12-13	292 M WINGENBACH (2021)	195 M ROSENSWEET (2007)	352 Z SNYDER (2013)	790 M MARTIN (2002)
14-15	380 R COFFEY (2012)	292 J GALVIN (2015)	507 D COLLETTI (2007)	1129 D COLLETTI (2007)
16-17	440 R COFFEY (2014)	303 R COFFEY (2014)	520 J FOLMAR (2001)	1256 R COFFEY (2014)
18-19	450 D WISNIEWSKI (1999)	314 R COFFEY (2016)	540 R COFFEY (2016)	1295 R COFFEY (2016)
20-24	518 M CATALINO (2000)	363 J VOHS (2014)	573 N CLINE (2018)	1350 J VOHS (2014)
35-39	480 J BRACA (2000)	360 J BRACA (2000)	630 J BRACA (2000)	1470 J BRACA (2000)
40-44	505 G CLAY (2001)	292 D DIBBLE (2014)	625 J BRACA (2003)	1400 J BRACA (2003)
45-49	480 R CRUZ (2006)	320 J POLAK (?)	600 M HART (2021)	1270 R CRUZ (2006)
50-54	479 R CRUZ (2012)	286 R CRUZ (2010)	560 N THEODOROU (2002)	1245 R CRUZ (2012)
55-59	451 R CRUZ (2019)	270 R CRUZ (2019)	570 N THEODOROU (2006)	1168 R CRUZ (2019)
60-64	355 N THEODOROU (2011)	205 R RISHEL (2008)	505 N THEODOROU (2011)	960 N THEODOROU (2011)
65-69	314 P GRIFFITH (2015)	176 V SHAFFER (2017)	391 V SHAFFER (2017)	804 P GRIFFITH (2015)
70-74	325 P GRIFFITH (2017)	209 J WELCH (2019)	402 J WELCH (2019)	881 J WELCH (2019)
75-79	231 T NICOTRA (2021)	176 T NICOTRA (2021)	281 T NICOTRA (2021)	688 T NICOTRA (2021)
80-84	154 S CONTAKOS (2013)	77 S CONTAKOS (2013)	248 S CONTAKOS (2013)	479 S CONTAKOS (2013)
Spec Olym	286 J JOHNSON (2023)	181 S DIORIO (2023)	413 J JOHNSON (2023)	859 J JOHNSON (2023)



<u>181 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	600 M CLICKETT (2002)	402 B RUSSELL (2018)	677 T HOGANS (2013)	1504 G EPELBAUM (2009)
12-13	308 M WINGENBACH (2022)	203 D LEE (2015)	391 M WINGENBACH (2022)	876 M WINGENBACH (2022)
14-15	420 M HENRY (2003)	275 A SOMERVILLE (1999)	473 A FIELDER (2012)	1110 M HENRY (2003)
16-17	445 R KARSTENDIEK (2011)	292 C SANCHEZ (2016)	530 D COLLETTI (2008)	1205 R KARSTENDIEK (2011)
18-19	475 A BROWN (2001)	363 S SHUCK (?)	555 J MINNS (2008)	1320 J MINNS (2008)
20-24	535 M CATALINO (2002)	370 M CATALINO (2002)	611 J LEWIS (2023)	1465 M CATALINO (2002)
35-39	510 D TEETER (2006)	374 J BROWN (2000)	640 J BRACA (2002)	1455 B ROYER (2012)
40-44	500 J BRACA (2004)	330 J BRACA (2004)	640 J BRACA (2006)	1465 J BRACA (2004)
45-49	490 J BRACA (2010)	325 B ENNIS (2009)	630 J BRACA (2010)	1400 J BRACA (2010)
50-54	490 J BRACA (2014)	335 L STIRES (2006)	650 J BRACA (2013)	1438 J BRACA (2013)
55-59	396 P HUNTLEY (2022)	314 B ENNIS (2016)	525 J ORENGIA (2002)	1179 B ENNIS (2017)
60-64	370 J ORENGIA (2006)	275 B ENNIS (2022)	523 J ORENGIA (2007)	1130 J ORENGIA (2006)
65-69	330 J ORENGIA (2011)	231 J ORENGIA (2012)	462 J ORENGIA (2012)	1003 J ORENGIA (2012)
70-74	297 J ORENGIA (2016)	214 J ORENGIA (2016)	418 J ORENGIA (2016)	920 J ORENGIA (2016)
75-79	220 J ORENGIA (2023)	176 T NICOTRA (2020)	352 J ORENGIA (2023)	727 J ORENGIA (2023)
Spec Olym.	319 J JOHNSON (2024)	165 E ALTEMOSE (2018)	435 J JOHNSON (2024)	914 J JOHNSON (2024)

<u>198 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	610 M MASTREAN (2002)	424 B RUSSELL (2017)	661 B ROYER (2014)	1665 M MASTREAN (2002)
14-15	410 T MOON (2007)	253 N CATALDI (2014)	507 T MOON (2007)	1162 A FIELDER (2013)
16-17	485 M BADSTIBNER (2015)	314 M BADSTIBNER (2015)	585 M HENRY (2004)	1350 R KARSTENDIEK (2012)
18-19	525 E CRIDGE (2001)	400 E CRIDGE (2001)	590 A BROWN (2001)	1500 E CRIDGE (2001)
20-24	575 J MCCODE (2001)	390 J MCCODE (2001)	640 J MCCODE (2001)	1605 J MCCODE (2001)
35-39	600 B ROYER (2014)	405 J SAVAGE (?)	661 B ROYER (2014)	1653 B ROYER (2014)
40-44	605 R JORDAN (2001)	375 D MOORE (2003)	660 R JORDAN (2001)	1625 R JORDAN (2001)
45-49	540 JB BOYD (2004)	345 S HOUGH (2008)	650 JB BOYD (2004)	1505 JB BOYD (2004)
50-54	500 B BAYER (2000)	350 R LUDWIG (2009)	560 B BAYER (1999)	1340 R LUDWIG (2009)
55-59	525 B BAYER (2002)	340 L STIRES (2008)	639 J BRACA (2018)	1416 J BRACA (2018)
60-64	507 B BAYER (2010)	330 R LUDWIG (2021)	556 G WOODS (2009)	1300 R LUDWIG (2021)
65-69	501 B BAYER 92012)	264 D KUHN (2017)	556 P ROSENSTERN (2019)	1255 B BAYER (2011)
70-74	446 B BAYER (2015)	275 J MCKENNA (2018)	501 B BAYER (2015)	1146 B BAYER (2015)
75-79	275 R NICHOLAS (2021)	203 R NICHOLAS (2021)	374 R NICHOLAS (2021)	854 R NICHOLAS (2021)
Spec. Olym.	121 C MAURER (2015)	154 C MAURER (2015)	242 C MAURER (2015)	518 C MAURER (2015)

<u>220 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	595 C LIGHT (2017)	460 N VLASIC (2002)	755 R DENISYUK (2024)	1631 T FOOS (2024)
12-13	220 N MCCLAIN (1999)	275 N CARLIN (2008)	360 N CARLIN (2008)	850 N CARLIN (2008)
14-15	425 M MAGYAR (1999)	270 S MORSE (2002)	500 M MAGYAR (1999)	1175 M MAGYAR (1999)
16-17	507 N CATALDI (2014)	320 S MCCLAIN (1999)	585 M MAGYAR (2000)	1360 M MAGYAR (2000)
18-19	540 J MAYES (2010)	385 C LIGHT (2014)	580 P DELVEY (2001)	1399 C LIGHT (2014)
20-24	595 C LIGHT (2017)	402 T FOOS (2024)	655 T FOOS (2024)	1631 T FOOS (2024)
35-39	545 W KLIEFOTH (1999)	440 N VLASIC (2001)	665 M EVANS (2001)	1535 N VLASIC (2001)
40-44	575 K BYERLY (2002)	460 N VLASIC (2002)	580 W RUIZ (2000)	1590 N VLASIC (2002)
45-49	512 J KANE (1999)	369 J EMLING (2012)	611 J KANE (1999)	1477 J KANE (1999)
50-54	479 G DISTASIO (2017)	375 D LHOTA (?)	573 G DISTASIO (2017)	1372 J EMLING (2017)
55-59	555 B BAYER (2005)	352 B LUDWIG (2016)	611 P ROSENSTERN (2013)	1416 B LUDWIG (2017)
60-64	535 B BAYER (2005)	330 G Smith (2023)	575 B BAYER (2006)	1330 B BAYER (2005)
65-69	435 D LHOTA (2019)	292 J MCKENNA (2018)	589 P ROSENSTERN (2022)	1234 P ROSENSTERN (2022)
70-74	413 D KUHNS (2022)	270 D KUHNS (2022)	468 D KUHNS (2022)	1151 D KUHNS (2022)
75-79	391 B BAYER (2021)	176 B BAYER (2021)	429 B BAYER (2021)	997 B BAYER (2021)

<u>242 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	610 A MCFERREN (2001)	470 N VLASIC (2003)	716 R DAVIS (2000)	1658 D HENDERSON (1998)
12-13	270 J LEE III (2001)	175 J LEE III (2001)	330 J LEE III (2001)	775 J LEE III (2001)
14-15	380 T YARRINGTON (2007)	285 E ARRIAGA (2001)	462 T YARRINGTON (2007)	1074 T YARRINGTON (2007)
16-17	606 N CATALDI (2016)	355 L HARMAN (2006)	605 M MAGYAR (2001)	1554 N CATALDI (2016)
18-19	560 M MAGYAR (2002)	335 M MAGYAR (2002)	625 M MAGYAR (2002)	1520 M MAGYAR (2002)
20-24	K LIGHT (2017)	424 K LIGHT (2017)	633 K LIGHT (2017)	1625 K LIGHT (2017)
35-39	584 D HENDERSON (1998)	463 J FRANKS (2011)	716 R DAVIS (2000)	1658 D HENDERSON (1998)
40-44	610 A MCFERREN (2001)	470 N VLASIC (2003)	680 R DAVIS (2001)	1590 N VLASIC (2003)
45-49	562 B FAENZA (2017)	429 D REEDER (2007)	617 B FAENZA (2017)	1526 R EBNER (2010)
50-54	500 R JENKS (2011)	352 J BUTLER (2023)	575 R JENKS (2011)	1375 R JENKS (2011)
55-59	501 R JENKS (2014)	336 D HICKEY 336 (2024)	584 R JENKS (2014)	1372 R JENKS (2014)
60-64	485 R JENKS (2016)	347 B LUDWIG (2019)	551 R JENKS (2016)	1328 B LUDWIG (2019)
65-69	424 R MCCOY (2021)	303 R MCCOY (2021)	540 R MCCOY (2021)	1262 R MCCOY (2021)
70-74	203 A SIEGEL (2010)	150 A SIEGEL (2008)	314 A SIEGEL (2010)	661 A SIEGEL (2010)

<u>275 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	850 G LOWE (2001)	505 B SHUMAN (2003)	800 G LOWE (2001)	2130 G LOWE (2001)
12-13	255 J LEE III (2001)	160 J LEE III (2001)	300 J LEE III (2001)	715 J LEE III (2001)
14-15	540 Z STROUSE (2013)	350 D ANDERSON (2005)	622 Z STROUSE (2013)	1438 Z STROUSE (2013)
16-17	573 Z STROUSE (2013)	451 J JEFFERSON (2014)	639 Z STROUSE (2014)	1567 J JEFFERSON (2014)
18-19	567 I WHISTLER (2018)	391 I WHISTLER (2018)	620 T WATSON (2009)	1532 I WHISTLER (2018)
20-24	628 K SCHUSTER (2016)	451 N SEINERA (2010)	611 K SCHUSTER (2016)	1647 K SCHUSTER (2016)
35-39	585 D RAYBUCK (2006)	468 B SHUMAN (2001)	630 D RAYBUCK (2006)	1664 B SHUMAN (2001)
40-44	630 B SHUMAN (2003)	505 B SHUMAN (2003)	650 B GERMANOSKI (2017)	1765 B SHUMAN (2003)
45-49	850 G LOWE (2001)	480 G LOWE (2001)	800 G LOWE (2001)	2130 G LOWE (2001)
50-54	540 J LAWSON (2016)	380 W OGDEN (2012)	606 J LAWSON (2016)	1488 R EBNER (2014)
55-59	551 J LAWSON (2021)	369 W OGDEN (2016)	606 J LAWSON (2020)	1444 J LAWSON (2021)
60-64	507 J LAWSON (2024)	281 J LAWSON (2024)	600 J LAWSON (2024)	1388 J LAWSON (2024)
65-69	352 M BOWEN (2022)	230 A SIEGEL (2004)	418 M BOWEN (2022)	970 M BOWEN (2022)

<u>308 LB. CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	705 T DUGAN (2017)	462 J BURROUGHS (2018)	705 T DUGAN (2017)	1763 T DUGAN (2017)
14-15	347 B LOUDER, JR (2012)	187 B LOUDER, JR (2012)	391 B LOUDER, JR (2012)	925 B LOUDER, JR (2012)
16-17	418 T BERISH (2013)	286 T BERISH (2013)	501 C BRAGUE (2015)	1091 T BERISH (2013)
18-19	556 M FONTANAZZA III (2021)	407 M FONTANAZZA III (2021)	639 M FONTANAZZA III (2021)	1603 M FONTANAZZA III (2021)
20-24	584 M FONTANAZZA III (2022)	418 M FONTANAZZA III (2022)	628 M FONTANAZZA III (2022)	1631 M FONTANAZZA III (2022)
35-39	303 M BRESTENSKY (2012)	336 M BRESTENSKY (2012)	485 M BRESTENSKY (2012)	1124 M BRESTENSKY (2012)
40-44	600 R CAVALET (2022)	429 R MOSTOLLER (2014)	633 R MOSTOLLER (2013)	1647 R MOSTOLLER (2014)
45-59	650 D MIGNOT (2012)	440 D MIGNOT (2011)	622 J LAWSON (2012)	1681 D MIGNOT (2011)
50-54	518 J LAWSON (2014)	424 R GAINS (2015)	611 R GAINS (2015)	1537 R GAINS (2015)
55-59	512 E HENDERSON (2023)	330 E HENDERSON (2023)	550 R JEFFERY (2007)	1344 E HENDERSON (2023)
60-64	490 R JEFFERY (2012)	281 M BOWEN (2016)	580 R JEFFERY (2011)	1345 R JEFFERY (2011)
65-69	418 R JEFFERY (2015)	264 R JEFFERY (2015)	451 R JEFFERY (2015)	1135 R JEFFERY (2015)

<u>SHW CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	645 D MIGNOT (2011)	485 J JACKSON (2017)	660 W SKELLEY (2001)	1705 S. BUCCILLI (2011)
14-15	470 M NELSON (1999)	315 P DILULLO (1999)	525 M NELSON (1999)	1305 M NELSON (1999)
16-17	480 T BYERLY (2002)	350 S MCHENRY (2002)	505 E BEDSON (2004)	1260 S MCHENRY (2002)
18-19	500 A BYERLY (2003)	341 Z CASTILLO (2015)	535 A BYERLY (2002)	1315 A BYERLY (2003)
20-24	535 J STAWSER (2009)	435 B CHEW (2011)	600 J STRAWER (2009)	1542 B CHEW (2011)
35-39	635 B BANHART (1998)	450 R MOSTOLLER (2009)	650 R MOSTOLLER (2009)	1705 S BUCCILLI (2008)
40-44	606 D KULBACKI (2021)	462 J JACKSON (2016)	640 S MCCOY (2000)	1614 D KULBACKI (2019)
45-49	645 D MIGNOT (2011)	485 J JACKSON (2017)	622 P D'ANTONIO (2016)	1681 D MIGNOT (2011)

50-54	475 J LEE (2011)	345 J LEE (2011)	550 J LEE (2011)	1370 J LEE (2011)
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