

**100% Raw Ironbuilt DAV Open
Ashland, VA 10/05/2024**

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Laura Siegle	Female	34	VA	53.9	56/123.4	Open	105	115	-120		60	65	-67.5		155	165	170.5		350	1
Alison Bulluck	Female	47	VA	53	56/123.4	Masters (45-49)	60	66	70		37.5	42.5	-45		92.5	97.5	102.5		215	1
Lisa Walker	Female	43	VA	70.9	75/165.3	Open	62.5	67.5	75		52.5	57.5	-60		90	97.5	105		237.5	1
Madison Allen	Female	19	VA	69.8	75/165.3	Open	55	60	65		30	32	40		65	75	82.5		187.5	2
Tanya Renne	Female	54	DC	73.8	75/165.3	Masters (50-54)	40	-45	-50		45	50	-57.5		77.5	85	87.5		177.5	1
Braeden New	Male	16	VA	61.5	67.5/148.8	Teen (16-17)	65	72.5	85		62.5	67.5	-72.5		90	102.5	112.5		265	1
Vincent Gardner	Male	12	VA	67	67.5/148.8	Teen (12-13)	-62.5	62.5	-72.5		35	40	-45		70	82.5	92.5		195	1
Zachary Green	Male	12	VA	60.2	67.5/148.8	Teen (12-13)	60	67.5	-70		30	35	-37.5		60	72.5	77.5		180	2
Miles Baker	Male	69	VA	80	82.5/181.8	Masters (65-69)	167.5	182.5			90	95	97.5		180	197.5	-221		477.5	1
Ryan Watson	Male	42	MD	107	110/242.5	Masters (40-44)	102.5	112.5	122		-77.5	80	-82.5		135	142.5	147.5		347.5	1
Christopher Allen	Male	50	VA	122	125/275.5	Masters (50-54)	172.5	187.5	195.5		155	170	-173		192.5	215.5	247.5		612.5	1
Steve Treon	Male	58	VA	115.4	125/275.5	Masters (55-59)	135	147.5	160		97	105	120		167.5	187	195.5		475	1
Brian Smith	Male	24	VA	126.5	140/308.6	Junior (20-24)	247	262.5	277		140	-165	-165		237.5	-260	265		680	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Steven beach	Male	36	MD	89.9	90/198.4	Open	142.5	155	-172.5		155	1
Isa Abbaszade	Male	33	MA	85.6	90/198.4	Open	100	120	-140		120	2
Tim Durrett	Male	50	VA	109	110/242.5	Open	132.5	137.5	140		140	1
Tim Durrett	Male	50	VA	109	110/242.5	Masters (50-54)	132.5	137.5	140		140	1
Dion Lee	Male	52	VA	115	125/275.5	Open	125	142.5	-155		142.5	1
Baron Dixon	Male	58	VA	134	140/308.6	Masters (55-59)	142	150	-160		150	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Owen Bulluck	Male	11	VA	33	48/105.8	Youth 11 and Under	47.5	53	57.5		57.5	1
Ryan Watson	Male	42	MD	107	110/242.5	Masters (40-44)	135	142.5	147.5		147.5	1
Baron Dixon	Male	58	VA	134	140/308.6	Masters (55-59)	238	-265	265		265	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Tanya Renne	Female	54	DC	73.8	75/165.3	Masters (50-54)	31	33	-35		33	1
Lisa Walker	Female	43	VA	70.9	75/165.3	Law/Fire/Military	40	42	-43		42	1
Mona Espinosa	Female	43	VA	88	90/198.4	Open	35.5	38.5	-41.5		38.5	1

Mona Espinosa	Female	43	VA	88	90/198.4	Law/Fire/Military	35.5	38.5	-41.5	38.5	1	
Owen Bulluck	Male	11	VA	33	48/105.8	Youth 11 and Under	15	15.5	16	16	1	
Braeden New	Male	16	VA	61.5	67.5/148.8	Teen (16-17)	-27	32	41	41	1	
Jeremy Bulluck	Male	47	VA	79.5	82.5/181.8	Masters (45-49)	54.5	59	63	63	1	
Isa Abbaszade	Male	33	MA	85.6	90/198.4	Open	65	70	72.5	72.5	1	
Tony Villa	Male	67	IN	99	100/220.4	Masters (65-69)	50	-55	-55	50	1	
Ryan Watson	Male	42	MD	107	110/242.5	Masters (40-44)	40	42.5	46	46	1	
Dion Lee	Male	52	VA	115	125/275.5	Open	60	62.5	64.5	64.5	1	
Christopher Allen	Male	50	VA	122	125/275.5	Masters (50-54)	66	68	70	70	1	
Baron Dixon	Male	58	VA	134	140/308.6	Masters (55-59)	72.5	-77.5	77.5	79.5	77.5	1