



## Iran Deadlift Records

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9/14/2024

Weight Class: 56 / 123 Male				
Division	Deadlift	Name	Resides	Date
Open	160.0 kgs / 352.7 lbs	Sadrolah Tajik	Iran	11/2009

Weight Class: 60 / 132 Male				
Division	Deadlift	Name	Resides	Date
Open	175.0 kgs / 385.8 lbs	Ahmad Khoshhalat	Iran	11/2009

Weight Class: 67.5 / 148 Male				
Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Omid Ganaat	Iran	11/2009

Weight Class: 75 / 165 Male				
Division	Deadlift	Name	Resides	Date
Open	200.0 kgs / 440.9 lbs	Ali Salahmand	Iran	11/2009

Weight Class: 82.5 / 181 Male				
Division	Deadlift	Name	Resides	Date
Open	210.0 kgs / 462.9 lbs	Aliasgar Akbarzadeh	Iran	11/2009

Weight Class: 90 / 198 Male				
Division	Deadlift	Name	Resides	Date
Open	250.0 kgs / 551.1 lbs	Mohammad Mina	Iran	11/2009

Weight Class: 100 / 220 Male				
Division	Deadlift	Name	Resides	Date
Open	240.0 kgs / 529.1 lbs	Reza Jodi	Iran	11/2009

Weight Class: 110 / 242 Male				
Division	Deadlift	Name	Resides	Date
Open	240.0 kgs / 529.1 lbs	Morteza Garaiee	Iran	11/2009
14-15	150.0 kgs / 330.6 lbs	Amir Khormodi	Iran	7/2024
50-54	175.0 kgs / 385.8 lbs	Ahmad Reza Nasiri Avanaki	Iran	7/2024

Weight Class: 125 / 275 Male				
Division	Deadlift	Name	Resides	Date
Open	290.0 kgs / 639.3 lbs	Payman Lotfi Zarangi	Iran	7/2024
16-17	195.0 kgs / 429.8 lbs	Sukhill Khormodi	Iran	7/2024

35-39	290.0 kgs / 639.3 lbs	Payman Lotfi Zarangi	Iran	7/2024
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