

2024 Southern Open

Jarvisburg, NC 08/03/2024

Powerlifting

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Squat1	Squat2	Squat3	Squat4	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Vanity- Jay Martinez	Female	14	NC	54.3	56/123.4	Open	75	77.5	80	80.5	-40	42.5	45	48	82.5	92.5	102.5		227.5	1
Vanity- Jay Martinez	Female	14	NC	54.3	56/123.4	Teen (14-15)	75	77.5	80	80.5	-40	42.5	45	48	82.5	92.5	102.5		227.5	1
Allison Freeman	Female	36	NC	58.4	60/132.2	Sub-Masters (35-39)	82.5	90	-92.5		47.5	50	52.5		102.5	107.5	-115		250	1
Sofia Corridean	Female	11	NC	65.9	67.5/148.8	Youth (10-11)	80	82.5	85		32.5	37.5	40		97.5	107.5	112.5		237.5	1
Tania De La Torre Pena	Female	24	VA	72.7	75/165.3	Open	102.5	110	117.5		62.5	-70	-78		130	142.5	147.5		327.5	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Open	117.5	130	137.5		72.5	77.5	80	82	125	135.5	142.5	148	360	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Teen (12-13)	117.5	130	137.5		72.5	77.5	80	82	125	135.5	142.5	148	360	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Open	92.5	102.5	125		80	87.5	92.5	93.5	92.5	102.5	125		342.5	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Teen (16-17)	92.5	102.5	125		80	87.5	92.5	93.5	92.5	102.5	125		342.5	1
Savannah Glanville	Female	16	NC	113.4	90+/198.5+ (F)	Teen (16-17)	102.5	-120	-120		60	-77.5	-77.5		125	132.5	-140		295	1
Carter Kincaid	Male	18	NC	51.5	52/114.6	Teen (18-19)	125	135	-140		80	82.5	-85		145	155	162.5	-165	380	1
Jeramiah Skinner	Male	10	NC	52.8	56/123.4	Youth (10-11)	62.5	72.5	78	80	40	45	48.5	50	82.5	92.5	97.5	100	222.5	1
Parker Vogan	Male	14	NC	53.1	56/123.4	Teen (14-15)	50	62.5	67.5		-42.5	42.5	-45		82.5	92.5	-100		202.5	1
John Buck Ammons	Male	25	NC	59.3	60/132.2	Open	85	95	102.5		47.5	55	62.5		107.5	-125	125		290	1
Chaz Friend	Male	17	NC	58.1	60/132.2	Teen (16-17)	92.5	102.5	105		62.5	67.5	70		107.5	125	-130		300	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Open	127	137.5	142.5		97.5	107.5	112.5		170	175	182.5		437.5	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Masters (50-54)	127	137.5	142.5		97.5	107.5	112.5		170	175	182.5		437.5	1
Aidyn Forman	Male	15	NC	62.7	67.5/148.8	Teen (14-15)	-102.5	-102.5	-102.5		82.5	85	87.5		137.5	142.5	-148		0	
Cedric Jernigan	Male	36	NC	73.5	75/165.3	Open	175	180	187.5		130	135	140		180	190	197.5		525	1
John Permelia	Male	61	VA	80.3	82.5/181.8	Masters (60-64)	125	137.5	145		85	97.5	110		145	160	170		425	1
Eric Braswell	Male	43	NC	88.7	90/198.4	Open	122.5	135	-145		82.5	92.5	-100		77.5				305	1
Eric Braswell	Male	43	NC	88.7	90/198.4	Masters (40-44)	122.5	135	-145		82.5	92.5	-100		77.5				305	1
Nick Grady	Male	33	NC	91.8	100/220.4	Open	225	230	237.5		157.5	162.5	-167.5		247.5	-257.5	-258		647.5	1
George Bannon	Male	57	VA	90.9	100/220.4	Masters (55-59)	102.5	125	150		-102.5	125	-142.5		165	182.5	205		480	1
Christian Bustamante	Male	19	NC	92.5	100/220.4	Teen (18-19)	140	-150	-150		-105	-105	105		137.5	147.5	155		400	1
Richard Staten	Male	69	VA	95.8	100/220.4	Masters (65-69)	-85	85	-95		-100	100	-105		170	-182.5	-183		355	1
Jack Jernigan	Male	15	NC	92	100/220.4	Teen (14-15)	105	117.5	125		62.5	72.5	-77.5		115	130	140		337.5	1
Roman Martinez	Male	13	NC	105.7	110/242.5	Teen (12-13)	95	105	-115		-62.5	-65	65		120	127.5	142.5		312.5	1
Daniel Corridean	Male	48	NC	136.3	140/308.6	Open	230	250	260		155	165	170		250	272.5	282.5		712.5	1
Daniel Corridean	Male	48	NC	136.3	140/308.6	Masters (45-49)	230	250	260		155	165	170		250	272.5	282.5		712.5	1
Barron Capps	Male	17	NC	125.6	140/308.6	Teen (16-17)	142.5	185			142.5	152.5	155		215	227.5			567.5	1

Push-pull

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	DL 1	DL 2	DL 3	DL 4	Total	Placing
Vanity- Jay Martinez	Female	14	NC	54.3	56/123.4	Teen (14-15)	-40	42.5	45	48	82.5	92.5	102.5		147.5	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Open	72.5	77.5	80	82	125	135.5	142.5	147.5	222.5	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Teen (12-13)	72.5	77.5	80	82	125	135.5	142.5	147.5	222.5	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Open	80	87.5	92.5	93.5	92.5	102.5	125		217.5	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Teen (16-17)	80	87.5	92.5	93.5	92.5	102.5	125		217.5	1
Jeremiah Skinner	Male	10	NC	52.8	56/123.4	Youth (10-11)	40	45	48.5	50	82.5	92.5	97.5	100	145	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Open	97.5	107.5	112.5		170	175	182.5		295	1
Aidyn Forman	Male	15	NC	62.7	67.5/148.8	Teen (14-15)	82.5	85	87.5		137.5	142.5	-147.5		230	1
Richard Staten	Male	69	VA	95.8	100/220.4	Masters (65-69)	-100	100	-105		170	-182.5	-182.5		270	1

Bench

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	Bench1	Bench2	Bench3	Bench4	Total	Placing
Madison Berry	Female	12	NC	81.6	82.5/181.8	Open	72.5	77.5	80	82	80	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Teen (12-13)	72.5	77.5	80	82	80	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Open	80	87.5	92.5	93.5	92.5	1
Mackenzie Taylor	Female	16	NC	86.9	90/198.4	Teen (16-17)	80	87.5	92.5	93.5	92.5	1
Jeremiah Skinner	Male	10	NC	52.8	56/123.4	Youth (10-11)	40	45	48.5	50	47.5	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Open	97.5	107.5	112.5		112.5	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Masters (50-54)	97.5	107.5	112.5		112.5	1
Ilias Burnett	Male	24	VA	79.2	82.5/181.8	Open	187.5	195	-200		195	1
Barry Capps	Male	57	SC	88.8	90/198.4	Open	107.5	118	-122.5		117.5	1
Rico Terrel	Male	52	VA	86.5	90/198.4	Masters (50-54)	190	200.5	-205		200	1
Barry Capps	Male	57	SC	88.8	90/198.4	Masters (55-59)	107.5	118	-122.5		117.5	1
Eric Braswell	Male	43	NC	88.7	90/198.4	Masters (40-44)	82.5	92.5	-100		92.5	1
Jasper Jones Jr	Male	53	VA	98.9	100/220.4	Masters (50-54)	175	183	187.5		187.5	1
Stephen Kozlowski	Male	66	VA	118.9	125/275.5	Open	167.5	172.5	175		175	1
James Glanville	Male	49	NC	117.7	125/275.5	Masters (45-49)	102.5	120	-122.5		120	1

Deadlift

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	DL 1	DL 2	DL 3	DL 4	Total	Placing
Sofia Corridean	Female	11	NC	65.9	67.5/148.8	Youth (10-11)	97.5	107.5	112.5		112.5	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Open	125	135.5	142.5	147.5	142.5	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Teen (12-13)	125	135.5	142.5	147.5	142.5	1
Jaxson Owens Kendzulak	Male	13	NC	62.5	67.5/148.8	Teen (12-13)	102.5	110	120		120	1

Strict Curl

Name	Gender	Age	Residence	Body wgt	Wgt Class	Division	SC 1	SC 2	SC 3	SC 4	Total	Placing
Allison Freeman	Female	36	NC	58.4	60/132.2	Open	32	32.5	33		33	1
Jen Zak	Female	48	NC	58	60/132.2	Open	29.5	31			31	2
Allison Freeman	Female	36	NC	58.4	60/132.2	Sub-Masters (35-39)	32	32.5	33		33	1
Jen Zak	Female	48	NC	58	60/132.2	Masters (45-49)	29.5	31			31	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Open	33.5	37.5	40	41	40	1
Madison Berry	Female	12	NC	81.6	82.5/181.8	Teen (12-13)	33.5	37.5	40	41	40	1
Jeremiah Skinner	Male	10	NC	52.8	56/123.4	Youth (10-11)	24	25	-27.5		25	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Open	50	53	55.5	56	55.5	1
Ben Zak	Male	54	NC	66.4	67.5/148.8	Masters (50-54)	50	53	55.5	56	55.5	1
Aidyn Forman	Male	15	NC	62.7	67.5/148.8	Teen (14-15)	-48	-48	-48		0	
Barry Capps	Male	57	SC	88.8	90/198.4	Open	53	58	59		59	1
Barry Capps	Male	57	SC	88.8	90/198.4	Masters (55-59)	53	58	59		59	1
John Cooper	Male	49	NC	98.2	100/220.4	Open	87.5	91	-94.5		91	1
John Cooper	Male	49	NC	98.2	100/220.4	Masters (45-49)	87.5	91	-94.5		91	1
Stephen Kozlowski	Male	66	VA	118.9	125/275.5	Open	75	77.5	79.5		79.5	1