



## FLORIDA STATE POWERLIFTING RECORDS

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7/14/2024

### Weight Class: 30 / 66 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	32.67 kgs / 72.0 lbs Finleigh Caldwell 3/2023	20.0 kgs / 44.0 lbs Finley Dill 11/2022	54.4 kgs / 119.9 lbs Finleigh Caldwell 6/2022	105.0 kgs / 231.4 lbs Finley Dill 11/2022
6-7	24.95 kgs / 55.0 lbs Saige Vergara 12/2023	14.51 kgs / 31.9 lbs Saige Vergara 12/2023	34.93 kgs / 77.0 lbs Caitlyn Cowley 6/2024	73.48 kgs / 161.9 lbs Caitlyn Cowley 6/2024
8-9	32.67 kgs / 72.0 lbs Finleigh Caldwell 3/2023	20.0 kgs / 44.0 lbs Finley Dill 11/2022	54.4 kgs / 119.9 lbs Finleigh Caldwell 6/2022	105.0 kgs / 231.4 lbs Finley Dill 11/2022
10-11	20.5 kgs / 45.1 lbs Abigail Pimentel 3/2008	16.0 kgs / 35.2 lbs Abigail Pimentel 3/2008	36.4 kgs / 80.2 lbs Abigail Pimentel 3/2008	73.0 kgs / 160.9 lbs Abigail Pimentel 3/2008
12-13			36.4 kgs / 80.2 lbs Abigail Pimentel 3/2008	

### Weight Class: 35 / 77 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	55.3 kgs / 121.9 lbs Ashley Polacek 6/2022	30.3 kgs / 66.7 lbs Ashley Polacek 6/2022	79.3 kgs / 174.8 lbs Ashley Polacek 6/2022	164.9 kgs / 363.5 lbs Ashley Polacek 6/2022
8-9	34.02 kgs / 75.0 lbs Avigayil Lundgren 12/2023	15.8757 kgs / 34.9 lbs Avigayil Lundgren 3/2024	46.0 kgs / 101.4 lbs Avigayil Lundgren 3/2024	94.3757 kgs / 208.0 lbs Avigayil Lundgren 3/2024
10-11	37.5 kgs / 82.6 lbs Emma Bilak 11/2022	22.5 kgs / 49.6 lbs Emma Bilak 11/2022	52.5 kgs / 115.7 lbs Emma Bilak 11/2022	112.5 kgs / 248.0 lbs Emma Bilak 11/2022
12-13	55.3 kgs / 121.9 lbs Ashley Polacek 6/2022	30.3 kgs / 66.7 lbs Ashley Polacek 6/2022	79.3 kgs / 174.8 lbs Ashley Polacek 6/2022	164.9 kgs / 363.5 lbs Ashley Polacek 6/2022

### Weight Class: 40 / 88 Female / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	57.5 kgs / 126.7 lbs Ashley Polacek 11/2022	32.5 kgs / 71.6 lbs Ashley Polacek 11/2022	75.0 kgs / 165.3 lbs Ashley Polacek 11/2022	165.0 kgs / 363.7 lbs Ashley Polacek 11/2022
8-9	34.93 kgs / 77.0 lbs Avigayil Lundgren 6/2024	15.88 kgs / 35.0 lbs Avigayil Lundgren 6/2024	46.27 kgs / 102.0 lbs Avigayil Lundgren 6/2024	97.08kgs / 214.0 lbs Avigayil Lundgren 6/2024
10-11	46.28 kgs / 102.0 lbs Emma Bilak 3/2023	23.6 kgs / 52.0 lbs Emma Bilak 3/2023	67.5 kgs / 148.8 lbs Audriana Buitrago 11/2022	132.5 kgs / 292.1 lbs Audriana Buitrago 11/2022

12-13	57.5 kgs / 126.7 lbs Ashley Polacek 11/2022	32.5 kgs / 71.6 lbs Ashley Polacek 11/2022	75.0 kgs / 165.3 lbs Ashley Polacek 11/2022	165.0 kgs / 363.7 lbs Ashley Polacek 11/2022
75-79	22.6 kgs / 49.8 lbs Susan Bohling 6/2022	16.7 kgs / 36.8 lbs Susan Bohling 6/2022	56.6 kgs / 124.7 lbs Susan Bohling 6/2022	95.9 kgs / 211.4 lbs Susan Bohling 6/2022

**Weight Class: 44 / 97 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>72.5 kgs / 159.8 lbs</b> <b>Ashley Polacek 3/2024</b>	<b>38.56 kgs / 85.0 lbs</b> <b>Ashley Polacek 12/2023</b>	<b>95.0 kgs / 209.4 lbs</b> <b>Natalie Norcross 11/2022</b>	<b>205.0 kgs / 451.9 lbs</b> <b>Ashley Polacek 3/2024</b>
10-11	65.0 kgs / 143.2 lbs Mia Spragis-McMullen 11/2022	28.1 kgs / 61.9 lbs Mia Spragis-McMullen 6/2022	77.5 kgs / 170.8 lbs Mia Spragis-McMullen 11/2022	170.0 kgs / 374.7 lbs Mia Spragis-McMullen 11/2022
12-13	70.0 kgs / 154.3 lbs Natalie Norcross 11/2022	38.56 kgs / 85.0 lbs Ashley Polacek 12/2023	95.0 kgs / 209.4 lbs Natalie Norcross 11/2022	199.14 kgs / 439.0 lbs Ashley Polacek 12/2023
14-15	72.5 kgs / 159.8 lbs Ashley Polacek 3/2024	37.5 kgs / 82.6 lbs Ashley Polacek 3/2024	95.0 kgs / 209.4 lbs Ashley Polacek 3/2024	205.0 kgs / 451.9 lbs Ashley Polacek 3/2024

**Weight Class: 48 / 105 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>90.72 kgs / 200.0 lbs</b> <b>Natalie Norcross</b> <b>12/2023</b>	<b>41.73 kgs / 91.9 lbs</b> <b>Natalie Norcross 6/2024</b>	<b>109.77 kgs / 241.9 lbs</b> <b>Natalie Norcross 12/2023</b>	<b>239.95 kgs / 528.9 lbs</b> <b>Natalie Norcross 12/2023</b>
10-11	61.23 kgs / 134.9 lbs Emma Bilak 12/2023	30.0 kgs / 66.1 lbs Emma Bilak 3/2024	75.0 kgs / 165.3 lbs E. Blackett 3/2008	164.19 kgs / 361.9 lbs Emma Bilak 12/2023
12-13	75.7 kgs / 166.8 lbs Natalie Norcross 6/2022	35.0 kgs / 77.1 lbs Amanda Graham 3/2008	97.5 kgs / 214.9 lbs Natalie Norcross 6/2022	208.1 kgs / 458.7 lbs Natalie Norcross 6/2022
14-15	90.72 kgs / 200.0 lbs Natalie Norcross 12/2023	41.73 kgs / 91.9 lbs Natalie Norcross 6/2024	109.77 kgs / 241.9 lbs Natalie Norcross 12/2023	239.95 kgs / 528.9 lbs Natalie Norcross 12/2023

**Weight Class: 52 / 114 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>85.0 kgs / 187.3 lbs</b> <b>Kim Roberts 12/2019</b>	<b>52.5 kgs / 115.7 lbs</b> <b>Kim Roberts 6/2018</b>	<b>120.0 kgs / 264.5 lbs</b> <b>Kim Roberts 12/2019</b>	<b>257.5 kgs / 567.6 lbs</b> <b>Kim Roberts 12/2019</b>
10-11	52.5 kgs / 115.7 lbs Lily Hirsche 11/2022	27.2 kgs / 59.9 lbs Madi Hadley 6/2023	75.0 kgs / 165.3 lbs Lily Hirsche 11/2022	152.5 kgs / 336.2 lbs Lily Hirsche 11/2022
12-13	79.38 kgs / 175.0 lbs Kamryn Davis 12/2023	40.82 kgs / 89.9 lbs Kamryn Davis 12/2023	86.1 kgs / 189.8 lbs Mariam Miyzed 6/2022	198.21999999999997 kgs / 436.9 lbs Kamryn Davis 12/2023
14-15	85.0 kgs / 187.3 lbs Natalie Norcross 3/2024	40.0 kgs / 88.1 lbs Natalie Norcross 3/2024	107.5 kgs / 236.9 lbs Natalie Norcross 11/2023	230.0 kgs / 507.0 lbs Natalie Norcross 3/2024
45-49	85.0 kgs / 187.3 lbs Kim Roberts 12/2019	52.5 kgs / 115.7 lbs Kim Roberts 6/2018	120.0 kgs / 264.5 lbs Kim Roberts 12/2019	257.5 kgs / 567.6 lbs Kim Roberts 12/2019
60-64	52.5 kgs / 115.7 lbs Trish Kirkland 6/2018	40.0 kgs / 88.1 lbs Trish Kirkland 12/2018	80.0 kgs / 176.3 lbs Trish Kirkland 8/2018	172.5 kgs / 380.2 lbs Trish Kirkland 12/2018

**Weight Class: 56 / 123 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>104.5 kgs / 230.3 lbs</b> <b>Leslie Kutner 3/2008</b>	<b>70.5 kgs / 155.4 lbs</b> <b>Leslie Kutner 3/2008</b>	<b>115.0 kgs / 253.5 lbs</b> <b>Kim Roberts 8/2019</b>	<b>291.0 kgs / 641.5 lbs</b> <b>Leslie Kutner 3/2008</b>
12-13	65.9 kgs / 145.2 lbs Samantha Shores 3/2008	32.5 kgs / 71.6 lbs Samantha Shores 3/2008	102.3 kgs / 225.5 lbs Samantha Shores 3/2008	188.6 kgs / 415.7 lbs Samantha Shores 3/2008
14-15	61.4 kgs / 135.3 lbs Brianna Kissel 8/2007	36.2 kgs / 79.8 lbs Ava Lorusson 6/2022	81.6 kgs / 179.8 lbs Ava Lorusson 6/2022	179.0 kgs / 394.6 lbs Ava Lorusson 6/2022
16-17	86.4 kgs / 190.4 lbs Leslie Kutner 8/2007	63.6 kgs / 140.2 lbs Leslie Kutner 8/2007	102.3 kgs / 225.5 lbs Leslie Kutner 8/2007	252.3 kgs / 556.2 lbs Leslie Kutner 8/2007
18-19	104.5 kgs / 230.3 lbs Leslie Kutner 3/2008	70.5 kgs / 155.4 lbs Leslie Kutner 3/2008	102.3 kgs / 225.5 lbs Leslie Kutner 3/2008	291.0 kgs / 641.5 lbs Leslie Kutner 3/2008
45-49	82.5 kgs / 181.8 lbs Kim Roberts 8/2019	52.5 kgs / 115.7 lbs Kim Roberts 8/2019	115.0 kgs / 253.5 lbs Kim Roberts 8/2019	245.0 kgs / 540.1 lbs Kim Roberts 8/2019
55-59	77.5 kgs / 170.8 lbs Paula Jager 6/2018	55.0 kgs / 121.2 lbs Paula Jager 6/2018	102.5 kgs / 225.9 lbs Paula Jager 6/2018	235.0 kgs / 518.0 lbs Paula Jager 6/2018
65-69	57.5 kgs / 126.7 lbs Trish Kirkland 6/2019	42.5 kgs / 93.6 lbs Trish Kirkland 6/2019	85.0 kgs / 187.3 lbs Trish Kirkland 6/2019	185.0 kgs / 407.8 lbs Trish Kirkland 6/2019

**Weight Class: 60 / 132 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>90.0 kgs / 198.4 lbs</b> <b>Kim Roberts 12/2018</b>	<b>57.5 kgs / 126.7 lbs</b> <b>Kim Roberts 12/2018</b>	<b>125.0 kgs / 275.5 lbs</b> <b>Kim Roberts 12/2018</b>	<b>272.5 kgs / 600.7 lbs</b> <b>Kim Roberts 12/2018</b>
14-15	68.2 kgs / 150.3 lbs Janell Goodwyn 5/2007	43.2 kgs / 95.2 lbs Janell Goodwyn 5/2007	104.5 kgs / 230.3 lbs Janell Goodwyn 5/2007	216.0 kgs / 476.1 lbs Janell Goodwyn 5/2007
16-17	52.3 kgs / 115.3 lbs Nicole Scardino 8/2007	38.6 kgs / 85.0 lbs Nicole Scardino 8/2007	91.0 kgs / 200.6 lbs Nicole Scardino 8/2007	181.8 kgs / 400.7 lbs Nicole Scardino 8/2007
40-44	80.0 kgs / 176.3 lbs Galaxia Planchez 6/2024	47.5 kgs / 104.7 lbs Galaxia Planchez 6/2024	92.5 kgs / 203.9 lbs Galaxia Planchez 6/2024	220.0 kgs / 485.0 lbs Galaxia Planchez 6/2024
45-49	90.0 kgs / 198.4 lbs Kim Roberts 12/2018	57.5 kgs / 126.7 lbs Kim Roberts 12/2018	125.0 kgs / 275.5 lbs Kim Roberts 12/2018	272.5 kgs / 600.7 lbs Kim Roberts 12/2018

**Weight Class: 67.5 / 148 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>127.3 kgs / 280.6 lbs</b> <b>Marie Pritzl 3/2008</b>	<b>85.0 kgs / 187.3 lbs</b> <b>Taylor Clarke 6/2024</b>	<b>159.1 kgs / 350.7 lbs</b> <b>Marie Pritzl 3/2008</b>	<b>370.5 kgs / 816.8 lbs</b> <b>Marie Pritzl 3/2008</b>
12-13	43.2 kgs / 95.2 lbs Ruui Lara 5/2007	30.0 kgs / 66.1 lbs Ruui Lara 5/2007	72.7 kgs / 160.2 lbs Ruui Lara 5/2007	145.5 kgs / 320.7 lbs Ruui Lara 5/2007
14-15	72.5 kgs / 159.8 lbs Yara Perez 6/2023	43.0 kgs / 94.7 lbs Yara Perez 6/2023	86.1 kgs / 189.8 lbs Yara Perez 6/2023	201.6 kgs / 444.4 lbs Yara Perez 6/2023
16-17	66.0 kgs / 145.5 lbs Nicole Heck 8/2007	36.4 kgs / 80.2 lbs Nicole Heck 8/2007	97.7 kgs / 215.3 lbs Nicole Heck 8/2007	200.0 kgs / 440.9 lbs Nicole Heck 8/2007
18-19	65.0 kgs / 143.2 lbs Miriam Gonzales 4/2011	35.0 kgs / 77.1 lbs Miriam Gonzales 4/2011	97.7 kgs / 215.3 lbs Miriam Gonzales 4/2011	192.5 kgs / 424.3 lbs Miriam Gonzales 4/2011
20-24	62.5 kgs / 137.7 lbs Vanessa McAdams 3/2020	77.5 kgs / 170.8 lbs Vanessa McAdams 3/2020	112.5 kgs / 248.0 lbs Vanessa McAdams 3/2020	252.5 kgs / 556.6 lbs Vanessa McAdams 3/2020
30-34	87.5 kgs / 192.9 lbs Taylor Clarke 6/2024	85.0 kgs / 187.3 lbs Taylor Clarke 6/2024	137.5 kgs / 303.1 lbs Taylor Clarke 6/2024	310.0 kgs / 683.4 lbs Taylor Clarke 6/2024

35-39	127.3 kgs / 280.6 lbs Marie Pritzl 3/2008	84.1 kgs / 185.4 lbs Marie Pritzl 3/2008	159.1 kgs / 350.7 lbs Marie Pritzl 3/2008	370.5 kgs / 816.8 lbs Marie Pritzl 3/2008
40-44	90.0 kgs / 198.4 lbs Adriana Williams 12/2019	52.5 kgs / 115.7 lbs Adriana Williams 12/2019	115.0 kgs / 253.5 lbs Adriana Williams 12/2019	257.5 kgs / 567.6 lbs Adriana Williams 12/2019
45-49	106.5 kgs / 234.7 lbs Cristi Woldridge 6/2022	58.9 kgs / 129.8 lbs Cristi Woldridge 6/2022	127.0 kgs / 279.9 lbs Cristi Woldridge 6/2022	292.4 kgs / 644.6 lbs Cristi Woldridge 6/2022
50-54	120.0 kgs / 264.5 lbs Mary Schlifke 12/2019	65.1 kgs / 143.5 lbs Mary Jane Quinn 12/2007	120.0 kgs / 264.5 lbs Mary Schlifke 12/2019	302.5 kgs / 666.8 lbs Mary Schlifke 12/2019
55-59	110.0 kgs / 242.5 lbs Suzanne LaForge 10/2019	62.5 kgs / 137.7 lbs Suzanne LaForge 10/2019	145.0 kgs / 319.6 lbs Suzanne LaForge 10/2019	317.5 kgs / 699.9 lbs Suzanne LaForge 10/2019
60-64	117.9 kgs / 259.9 lbs Suzanne LaForge 6/2022	65.7 kgs / 144.8 lbs Suzanne LaForge 6/2022	151.9 kgs / 334.8 lbs Suzanne LaForge 6/2022	335.5 kgs / 739.6 lbs Suzanne LaForge 6/2022
75-79	57.5 kgs / 126.7 lbs Janet Reynolds 7/2021	47.5 kgs / 104.7 lbs Janet Reynolds 7/2021	90.0 kgs / 198.4 lbs Janet Reynolds 7/2021	195.0 kgs / 429.8 lbs Janet Reynolds 7/2021
80-84	56.6 kgs / 124.7 lbs Janet Reynolds 6/2022	41.7 kgs / 91.9 lbs Janet Reynolds 6/2022	87.5 kgs / 192.9 lbs Bonnie Thurston 7/2021	162.5 kgs / 358.2 lbs Bonnie Thurston 7/2021

**Weight Class: 75 / 165 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>117.5 kgs / 259.0 lbs Marlena Morgan 6/2024</b>	<b>80.0 kgs / 176.3 lbs Marlena Morgan 6/2024</b>	<b>185.0 kgs / 407.8 lbs Marlena Morgan 6/2024</b>	<b>382.5 kgs / 843.2 lbs Marlena Morgan 6/2024</b>
12-13	61.4 kgs / 135.3 lbs Courtney Viger 5/2007	38.6 kgs / 85.0 lbs Courtney Viger 5/2007	91.0 kgs / 200.6 lbs Courtney Viger 5/2007	191.0 kgs / 421.0 lbs Courtney Viger 5/2007
16-17	45.5 kgs / 100.3 lbs Siera Montgomery 3/2008	30.0 kgs / 66.1 lbs Siera Montgomery 3/2008	72.7 kgs / 160.2 lbs Siera Montgomery 3/2008	147.7 kgs / 325.6 lbs Siera Montgomery 3/2008
20-24	92.9 kgs / 204.8 lbs Taylor Tucker 6/2023	74.8 kgs / 164.9 lbs Taylor Tucker 6/2023	122.4 kgs / 269.8 lbs Taylor Tucker 6/2023	290.1 kgs / 639.5 lbs Taylor Tucker 6/2023
25-29	102.0 kgs / 224.8 lbs Taylor Kennedy 6/2022	50.8 kgs / 111.9 lbs Taylor Kennedy 6/2022	142.8 kgs / 314.8 lbs Taylor Kennedy 6/2022	295.6 kgs / 651.6 lbs Taylor Kennedy 6/2022
30-34	117.5 kgs / 259.0 lbs Marlena Morgan 6/2024	80.0 kgs / 176.3 lbs Marlena Morgan 6/2024	185.0 kgs / 407.8 lbs Marlena Morgan 6/2024	382.5 kgs / 843.2 lbs Marlena Morgan 6/2024
35-39	61.23 kgs / 134.9 lbs Mindi Hadley 12/2023	41.73 kgs / 91.9 lbs Mindi Hadley 12/2023	97.52 kgs / 214.9 lbs Mindi Hadley 12/2023	200.48 kgs / 441.9 lbs Mindi Hadley 12/2023
45-49	92.5 kgs / 203.9 lbs Kayleen McDonald 6/2023	63.6 kgs / 140.2 lbs Jan Montgomery 8/2007	145.5 kgs / 320.7 lbs Jan Montgomery 8/2007	284.1 kgs / 626.3 lbs Jan Montgomery 8/2007
50-54	65.0 kgs / 143.2 lbs Debbie Polacek 3/2024	35.0 kgs / 77.1 lbs Debbie Polacek 3/2024	82.5 kgs / 181.8 lbs Debbie Polacek 3/2024	182.5 kgs / 402.3 lbs Debbie Polacek 3/2024
60-64	48.55 kgs / 107.0 lbs Marcella Love 3/2023	32.67 kgs / 72.0 lbs Marcella Love 3/2023	80.31 kgs / 177.0 lbs Marcella Love 3/2023	161.53 kgs / 356.1 lbs Marcella Love 3/2023

**Weight Class: 82.5 / 181 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
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<b>Open</b>	<b>141.0 kgs / 310.8 lbs</b> <b>Kari Saban 7/2007</b>	<b>97.7 kgs / 215.3 lbs</b> <b>Kari Saban 7/2007</b>	<b>181.8 kgs / 400.7 lbs</b> <b>Kari Saban 7/2007</b>	<b>420.5 kgs / 927.0 lbs</b> <b>Kari Saban 7/2007</b>
14-15	50.0 kgs / 110.2 lbs Shyneal Warren 5/2007	34.1 kgs / 75.1 lbs Shyneal Warren 5/2007	79.5 kgs / 175.2 lbs Shyneal Warren 5/2007	163.6 kgs / 360.6 lbs Shyneal Warren 5/2007
25-29	122.5 kgs / 270.0 lbs Carmen Santiago 8/2018	42.5 kgs / 93.6 lbs Carmen Santiago 8/2018	110.0 kgs / 242.5 lbs Carmen Santiago 8/2018	260.0 kgs / 573.1 lbs Carmen Santiago 8/2018
35-39	117.9 kgs / 259.9 lbs Lily Smiley 6/2022	81.6 kgs / 179.8 lbs Lily Smiley 6/2022	124.7 kgs / 274.9 lbs Lily Smiley 6/2022	324.2 kgs / 714.7 lbs Lily Smiley 6/2022
40-44	141.0 kgs / 310.8 lbs Kari Saban 7/2007	97.7 kgs / 215.3 lbs Kari Saban 7/2007	181.8 kgs / 400.7 lbs Kari Saban 7/2007	420.5 kgs / 927.0 lbs Kari Saban 7/2007
60-64	54.43 kgs / 119.9 lbs Cindy Rea 12/2023	32.66 kgs / 72.0 lbs Cindy Rea 12/2023	77.11 kgs / 169.9 lbs Cindy Rea 12/2023	164.2 kgs / 361.9 lbs Cindy Rea 12/2023

**Weight Class: 90 / 198 Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>172.3 kgs / 379.8 lbs</b> <b>LaRiena Ferguson</b> <b>6/2022</b>	<b>100.0 kgs / 220.4 lbs</b> <b>Kari Saban 8/2006</b>	<b>184.1 kgs / 405.8 lbs</b> <b>Kari Saban 8/2006</b>	<b>436.4 kgs / 962.0 lbs</b> <b>Kari Saban 8/2006</b>
16-17	52.1 kgs / 114.8 lbs Naomi Jaquish 6/2023	38.5 kgs / 84.8 lbs Naomi Jaquish 6/2023	79.3 kgs / 174.8 lbs Naomi Jaquish 6/2023	169.90 kgs / 374.5 lbs Naomi Jaquish 6/2023
30-34	104.36 kgs / 230.0 lbs Taylor McQuesten 3/2023	74.86 kgs / 165.0 lbs Taylor McQuesten 3/2023	145.19 kgs / 320.0 lbs Taylor McQuesten 3/2023	324.41 kgs / 715.1 lbs Taylor McQuesten 3/2023
35-39	105.0 kgs / 231.4 lbs Diana Phillips 3/2024	55.0 kgs / 121.2 lbs Diana Phillips 3/2024	115.67 kgs / 255.0 lbs Diana Phillips 12/2023	275.0 kgs / 606.2 lbs Diana Phillips 3/2024
40-44	172.3 kgs / 379.8 lbs LaRiena Ferguson 6/2022	100.0 kgs / 220.4 lbs Kari Saban 8/2006	184.1 kgs / 405.8 lbs Kari Saban 8/2006	436.4 kgs / 962.0 lbs Kari Saban 8/2006

**Weight Class: 90+ / 198+ Female / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>190.56 kgs / 420.1 lbs</b> <b>LaRiena Ferguson</b> <b>3/2023</b>	<b>120.24 kgs / 265.0 lbs</b> <b>Anna Stamets 3/2023</b>	<b>226.86 kgs / 500.1 lbs</b> <b>Anna Stamets 3/2023</b>	<b>505.90 kgs / 1115.3 lbs</b> <b>Anna Stamets 3/2023</b>
14-15	90.0 kgs / 198.4 lbs Madison Hirsche 11/2022	35.0 kgs / 77.1 lbs Madison Hirsche 11/2022	100.0 kgs / 220.4 lbs Madison Hirsche 11/2022	225.0 kgs / 496.0 lbs Madison Hirsche 11/2022
20-24	137.5 kgs / 303.1 lbs Olivia Zigler 7/2021	82.5 kgs / 181.8 lbs Olivia Zigler 10/2021	155.0 kgs / 341.7 lbs Olivia Zigler 7/2021	370.0 kgs / 815.7 lbs Olivia Zigler 7/2021
25-29	120.0 kgs / 264.5 lbs Sara Oliver 12/2019	57.5 kgs / 126.7 lbs Sara Oliver 12/2019	112.5 kgs / 248.0 lbs Sara Oliver 12/2019	290.0 kgs / 639.3 lbs Sara Oliver 12/2019
30-34	132.5 kgs / 292.1 lbs Simone Lowman 12/2019	82.5 kgs / 181.8 lbs Simone Lowman 12/2019	145.0 kgs / 319.6 lbs Simone Lowman 12/2019	360.0 kgs / 793.6 lbs Simone Lowman 12/2019
40-44	190.56 kgs / 420.1 lbs LaRiena Ferguson 3/2023	99.7 kgs / 219.7 lbs Kari Saban	186.03 kgs / 410.1 lbs LaRiena Ferguson 3/2023	471.87 kgs / 1040.2 lbs LaRiena Ferguson 3/2023
50-54	158.8 kgs / 350.0 lbs Anna Stamets 3/2023	120.24 kgs / 265.0 lbs Anna Stamets 3/2023	226.86 kgs / 500.1 lbs Anna Stamets 3/2023	505.90 kgs / 1115.3 lbs Anna Stamets 3/2023

65-69	106.5 kgs / 234.7 lbs Beatrice Temple 6/2022	54.4 kgs / 119.9 lbs Beatrice Temple 6/2022	136.0 kgs / 299.8 lbs Beatrice Temple 6/2022	296.9 kgs / 654.5 lbs Beatrice Temple 6/2022
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**Weight Class: 30 / 66 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>38.5 kgs / 84.8 lbs</b> Elijah Spragis-McMullen 6/2022	<b>23.5868 kgs / 51.9 lbs</b> Kai Baker 3/2024	<b>61.25 kgs / 135.0 lbs</b> Christopher Zollo 3/2023	<b>115.7 kgs / 255.0 lbs</b> Christopher Zollo 3/2023
5 and under	27.2 kgs / 59.9 lbs Chase Zollo 6/2023	15.8 kgs / 34.8 lbs Chase Zollo 6/2023	38.5 kgs / 84.8 lbs Chase Zollo 6/2023	81.5 kgs / 179.6 lbs Chase Zollo 6/2023
6-7	34.03 kgs / 75.0 lbs Christopher Zollo 3/2023	20.42 kgs / 45.0 lbs Christopher Zollo 3/2023	61.25 kgs / 135.0 lbs Christopher Zollo 3/2023	115.7 kgs / 255.0 lbs Christopher Zollo 3/2023
8-9	38.5 kgs / 84.8 lbs Elijah Spragis-McMullen 6/2022	18.1 kgs / 39.9 lbs Elijah Spragis-McMullen 6/2022	41.7 kgs / 91.9 lbs Elijah Spragis-McMullen 6/2022	98.3 kgs / 216.7 lbs Elijah Spragis-McMullen 6/2022
10-11	31.0 kgs / 68.3 lbs Kai Baker 3/2024	23.5868 kgs / 51.9 lbs Kai Baker 3/2024	56.8 kgs / 125.2 lbs Sava Tshontikidis 5/2007	104.5868 kgs / 230.5 lbs Kai Baker 3/2024
12-13	25.0 kgs / 55.1 lbs Deon Gonzales 3/2008	22.7 kgs / 50.0 lbs Deon Gonzales 3/2008	45.5 kgs / 100.3 lbs Deon Gonzales 3/2008	93.2 kgs / 205.4 lbs Deon Gonzales 3/2008

**Weight Class: 35 / 77 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>45.3 kgs / 99.8 lbs</b> Christopher Zollo 6/2023	<b>28.12 kgs / 61.9 lbs</b> Kai Baker 6/2024	<b>65.7 kgs / 144.8 lbs</b> Christopher Zollo 6/2023	<b>134.5 kgs / 296.5 lbs</b> Christopher Zollo 6/2023
6-7	45.3 kgs / 99.8 lbs Christopher Zollo 6/2023	23.5 kgs / 51.8 lbs Christopher Zollo 6/2023	65.7 kgs / 144.8 lbs Christopher Zollo 6/2023	134.5 kgs / 296.5 lbs Christopher Zollo 6/2023
8-9	40.0 kgs / 88.1 lbs Josh Waters 11/2022	22.7 kgs / 50.0 lbs Angelo Williams 3/2008	60.0 kgs / 132.2 lbs Josh Waters 11/2022	120.0 kgs / 264.5 lbs Josh Waters 11/2022
10-11	<b>36.29 kgs / 80.0 lbs</b> Kai Baker 6/2024	<b>28.12 kgs / 61.9 lbs</b> Kai Baker 6/2024	<b>55.34 kgs / 122.0 lbs</b> Kai Baker 6/2024	<b>119.75 kgs / 264.0 lbs</b> Kai Baker 6/2024

**Weight Class: 40 / 88 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>52.18 kgs / 115.0 lbs</b> Kellan Caldwell 3/2023	<b>29.49 kgs / 65.0 lbs</b> Kellan Caldwell 3/2023	<b>77.1 kgs / 169.9 lbs</b> Kellan Caldwell 6/2022	<b>155.17000000000002 kgs / 342.0 lbs</b> Kellan Caldwell 3/2023
8-9	40.0 kgs / 88.1 lbs James Militello 3/2024	24.9476 kgs / 54.9 lbs James Militello 3/2024	55.0 kgs / 121.2 lbs James Militello 3/2024	119.9476 kgs / 264.4 lbs James Militello 3/2024
10-11	44.0 kgs / 97.0 lbs Brennan Phillips 12/2023	23.59 kgs / 52.0 lbs Brennan Phillips 12/2023	54.45 kgs / 120.0 lbs Matthew Williams 3/2023	122.02000000000001 kgs / 269.0 lbs Brennan Phillips 12/2023
12-13	52.18 kgs / 115.0 lbs Kellan Caldwell 3/2023	29.49 kgs / 65.0 lbs Kellan Caldwell 3/2023	77.1 kgs / 169.9 lbs Kellan Caldwell 6/2022	155.17000000000002 kgs / 342.0 lbs Kellan Caldwell 3/2023

14-15	30.0 kgs / 66.1 lbs Trent Estrada 3/2024	22.5 kgs / 49.6 lbs Trent Estrada 3/2024	46.0 kgs / 101.4 lbs Trent Estrada 3/2024	98.5 kgs / 217.1 lbs Trent Estrada 3/2024
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**Weight Class: 44 / 97 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>61.2 kgs / 134.9 lbs</b> Kellan Caldwell 6/2023	<b>37.1 kgs / 81.7 lbs</b> Alex Waters 6/2022	<b>91.6 kgs / 201.9 lbs</b> Alex Waters 6/2022	<b>188.5 kgs / 415.5 lbs</b> Alex Waters 6/2022
8-9	49.91 kgs / 110.0 lbs Gavin Michocki 3/2023	22.7 kgs / 50.0 lbs Carson Keeney 3/2008	66.7 kgs / 147.0 lbs Gavin Michocki 3/2023	137.03 kgs / 302.0 lbs Gavin Michocki 3/2023
10-11	40.9 kgs / 90.1 lbs Paul Montgomery 3/2008	32.5 kgs / 71.6 lbs Paul Montgomery 3/2008	81.8 kgs / 180.3 lbs Paul Montgomery 3/2008	154.5 kgs / 340.6 lbs Paul Montgomery 3/2008
12-13	61.2 kgs / 134.9 lbs Kellan Caldwell 6/2023	37.1 kgs / 81.7 lbs Alex Waters 6/2022	91.6 kgs / 201.9 lbs Alex Waters 6/2022	188.5 kgs / 415.5 lbs Alex Waters 6/2022
14-15	36.29 kgs / 80.0 lbs Trent Estrada 6/2024	25.86 kgs / 57.0 lbs Trent Estrada 6/2024	54.43 kgs / 119.9 lbs Trent Estrada 6/2024	116.58 kgs / 257.0 lbs Trent Estrada 6/2024

**Weight Class: 48 / 105 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>74.86 kgs / 165.0 lbs</b> Brock Vergara 3/2023	<b>40.83 kgs / 90.0 lbs</b> Brock Vergara 3/2023	<b>108.89 kgs / 240.0 lbs</b> Brock Vergara 3/2023	<b>224.57999999999998 kgs / 495.1 lbs</b> Brock Vergara 3/2023
8-9	27.3 kgs / 60.1 lbs B. Keeney 3/2006	22.7 kgs / 50.0 lbs B. Keeney 3/2006	45.5 kgs / 100.3 lbs B. Keeney 3/2006	95.5 kgs / 210.5 lbs B. Keeney 3/2006
10-11	31.8 kgs / 70.1 lbs Jacob Smith 3/2008	25.0 kgs / 55.1 lbs Jacob Smith 3/2008	47.7 kgs / 105.1 lbs Jacob Smith 3/2008	104.5 kgs / 230.3 lbs Jacob Smith 3/2008
12-13	52.18 kgs / 115.0 lbs Kai Vergara 3/2023	30.34 kgs / 66.8 lbs Ethan Phillips 3/2023	74.86 kgs / 165.0 lbs Ethan Phillips 3/2023	145.19 kgs / 320.0 lbs Kai Vergara 3/2023
14-15	74.86 kgs / 165.0 lbs Brock Vergara 3/2023	40.83 kgs / 90.0 lbs Brock Vergara 3/2023	108.89 kgs / 240.0 lbs Brock Vergara 3/2023	224.57999999999998 kgs / 495.1 lbs Brock Vergara 3/2023

**Weight Class: 52 / 114 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>100.0 kgs / 220.4 lbs</b> Evan Pittman 6/2012	<b>65.0 kgs / 143.2 lbs</b> Jason Farrow 10/2011	<b>125.0 kgs / 275.5 lbs</b> Jason Farrow 10/2011	<b>272.5 kgs / 600.7 lbs</b> Jason Farrow 10/2011
8-9	25.0 kgs / 55.1 lbs Bradley Mallett 3/2024	22.6796 kgs / 49.9 lbs Bradley Mallett 3/2024	57.5 kgs / 126.7 lbs Bradley Mallett 3/2024	105.1796 kgs / 231.8 lbs Bradley Mallett 3/2024
10-11	52.16 kgs / 114.9 lbs Bodhi Solis 12/2023	27.21 kgs / 59.9 lbs Bodhi Solis 12/2023	61.25 kgs / 135.0 lbs Parker Mills 3/2023	140.6 kgs / 309.9 lbs Bodhi Solis 12/2023
12-13	100.0 kgs / 220.4 lbs Evan Pittman 6/2012	50.0 kgs / 110.2 lbs Evan Pittman 6/2012	122.5 kgs / 270.0 lbs Evan Pittman 6/2012	220.0 kgs / 485.0 lbs Alex Waters 11/2022
55-59	85.0 kgs / 187.3 lbs Jason Farrow 10/2011	65.0 kgs / 143.2 lbs Jason Farrow 10/2011	125.0 kgs / 275.5 lbs Jason Farrow 10/2011	272.5 kgs / 600.7 lbs Jason Farrow 10/2011

**Weight Class: 56 / 123 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	<b>102.5 kgs / 225.9 lbs</b> Justin Hernandez 4/2011	<b>67.5 kgs / 148.8 lbs</b> Justin Hernandez 4/2011	<b>140.0 kgs / 308.6 lbs</b> Frank Ramos 3/2008	<b>300.0 kgs / 661.3 lbs</b> Frank Ramos 3/2008

12-13	61.24 kgs / 135.0 lbs Parker Mills 6/2024	37.2 kgs / 82.0 lbs Parker Mills 6/2024	77.11 kgs / 169.9 lbs Parker Mills 6/2024	175.55 kgs / 387.0 lbs Parker Mills 6/2024
14-15	61.25 kgs / 135.0 lbs James Allarding 3/2023	49.91 kgs / 110.0 lbs James Allarding 3/2023	90.72 kgs / 200.0 lbs Ethan Phillips 12/2023	197.37 kgs / 435.1 lbs James Allarding 3/2023
16-17	102.5 kgs / 225.9 lbs Justin Hernandez 4/2011	67.5 kgs / 148.8 lbs Justin Hernandez 4/2011	140.0 kgs / 308.6 lbs Frank Ramos 3/2008	300.0 kgs / 661.3 lbs Frank Ramos 3/2008

**Weight Class: 60 / 132 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>160.0 kgs / 352.7 lbs Dan Carpenter 11/2008</b>	<b>112.5 kgs / 248.0 lbs Dan Carpenter 11/2008</b>	<b>215.0 kgs / 473.9 lbs Dan Carpenter 11/2008</b>	<b>482.5 kgs / 1063.7 lbs Dan Carpenter 11/2008</b>
10-11	38.6 kgs / 85.0 lbs Chance Baker 8/2007	27.5 kgs / 60.6 lbs Chance Baker 8/2007	47.7 kgs / 105.1 lbs Chance Baker 8/2007	113.6 kgs / 250.4 lbs Chance Baker 8/2007
12-13	79.3 kgs / 174.8 lbs Dillon Winslow 6/2023	60.0 kgs / 132.2 lbs Drake Small 7/2021	117.5 kgs / 259.0 lbs Drake Small 7/2021	238.89999999999998 kgs / 526.6 lbs Dillon Winslow 6/2023
14-15	86.4 kgs / 190.4 lbs C. Cioppa 3/2008	60.0 kgs / 132.2 lbs Sam Katona 4/2011	117.5 kgs / 259.0 lbs Sam Katona 4/2011	260.0 kgs / 573.1 lbs Sam Katona 4/2011
16-17	142.8 kgs / 314.8 lbs Pierson Milburn 6/2022	83.9 kgs / 184.9 lbs Pierson Milburn 6/2022	151.9 kgs / 334.8 lbs Pierson Milburn 6/2022	378.6 kgs / 834.6 lbs Pierson Milburn 6/2022
20-24	120.0 kgs / 264.5 lbs Luis Manuel 6/2019	57.5 kgs / 126.7 lbs Luis Manuel 6/2019	145.0 kgs / 319.6 lbs Luis Manuel 6/2019	322.5 kgs / 710.9 lbs Luis Manuel 6/2019
45-49	102.2 kgs / 225.3 lbs Steven Sokup 3/2008	79.5 kgs / 175.2 lbs Steven Sokup 3/2008	125.0 kgs / 275.5 lbs Steven Sokup 3/2008	306.8 kgs / 676.3 lbs Steven Sokup 3/2008
70-74	65.7 kgs / 144.8 lbs Steve Smith 2008	75.9 kgs / 167.3 lbs Steve Smith 2008	122.4 kgs / 269.8 lbs Steve Smith 2008	258.5 kgs / 569.8 lbs Steve Smith 2008

**Weight Class: 67.5 / 148 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>186.3 kgs / 410.7 lbs M. Romanello 3/2008</b>	<b>150.0 kgs / 330.6 lbs Tim McCoy 11/2010</b>	<b>225.0 kgs / 496.0 lbs Rolando Manso 3/2008</b>	<b>538.7 kgs / 1187.6 lbs Rolando Manso 3/2008</b>
8-9	50.82 kgs / 112.0 lbs Micah Lundgren 3/2023	28.13 kgs / 62.0 lbs Micah Lundgren 3/2023	64.43 kgs / 142.0 lbs Micah Lundgren 3/2023	143.38 kgs / 316.0 lbs Micah Lundgren 3/2023
12-13	102.2 kgs / 225.3 lbs Joe Wadzinski 2008	68.2 kgs / 150.3 lbs Joe Wadzinski 2008	125.0 kgs / 275.5 lbs Joe Wadzinski 2008	295.4 kgs / 651.2 lbs Joe Wadzinski 2008
14-15	120.24 kgs / 265.0 lbs Drake Small 3/2023	83.94 kgs / 185.0 lbs Drake Small 3/2023	163.34 kgs / 360.0 lbs Drake Small 3/2023	367.52 kgs / 810.2 lbs Drake Small 3/2023
16-17	147.7 kgs / 325.6 lbs Y. Tshontikidis 3/2008	98.0 kgs / 216.0 lbs Jason Schill 12/2007	202.2 kgs / 445.7 lbs Y. Tshontikidis 3/2008	434.2 kgs / 957.2 lbs Y. Tshontikidis 3/2008
18-19	179.1 kgs / 394.8 lbs Pierson Milburn 6/2023	111.1 kgs / 244.9 lbs Pierson Milburn 6/2023	183.7 kgs / 404.9 lbs Pierson Milburn 6/2023	473.9 kgs / 1044.7 lbs Pierson Milburn 6/2023
20-24	145.19 kgs / 320.0 lbs Jason Livingston 3/2023	95.0 kgs / 209.4 lbs Arsenio Quinones 12/2019	187.5 kgs / 413.3 lbs Arsenio Quinones 12/2019	427.5 kgs / 942.4 lbs Arsenio Quinones 12/2019
25-29	80.0 kgs / 176.3 lbs Eric Shard 12/2019	80.0 kgs / 176.3 lbs Eric Shard 12/2019	125.0 kgs / 275.5 lbs Eric Shard 12/2019	285.0 kgs / 628.3 lbs Eric Shard 12/2019
35-39	186.3 kgs / 410.7 lbs Rolando Manso 3/2008	150.0 kgs / 330.6 lbs Tim McCoy 11/2010	225.0 kgs / 496.0 lbs Rolando Manso 3/2008	538.7 kgs / 1187.6 lbs Rolando Manso 3/2008



45-49	104.5 kgs / 230.3 lbs Don Daube 3/2008	93.2 kgs / 205.4 lbs Don Daube 3/2008	145.4 kgs / 320.5 lbs Don Daube 3/2008	334.2 kgs / 736.7 lbs Don Daube 3/2008
55-59	100.0 kgs / 220.4 lbs Eric Cattell 3/2008	118.2 kgs / 260.5 lbs Eric Cattell 3/2008	102.5 kgs / 225.9 lbs Eric Cattell 3/2008	316.0 kgs / 696.6 lbs Eric Cattell 3/2008

**Weight Class: 75 / 165 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>258.5 kgs / 569.8 lbs</b> <b>Tony Conyers 6/2022</b>	<b>181.4 kgs / 399.9 lbs</b> <b>Omar Bermudez</b>	<b>282.5 kgs / 622.7 lbs</b> <b>Tony Conyers 10/2019</b>	<b>698.4 kgs / 1539.6 lbs</b> <b>Tony Conyers 6/2022</b>
12-13	93.2 kgs / 205.4 lbs Kyle Straus 8/2007	75.0 kgs / 165.3 lbs Kyle Straus 8/2007	136.4 kgs / 300.7 lbs Kyle Straus 8/2007	304.5 kgs / 671.3 lbs Kyle Straus 8/2007
14-15	102.2 kgs / 225.3 lbs Mike Hughes 3/2008	79.5 kgs / 175.2 lbs J. Joseph 8/2007	150.0 kgs / 330.6 lbs Kyle Straus 8/2008	329.5 kgs / 726.4 lbs Kyle Straus 8/2008
16-17	156.8 kgs / 345.6 lbs S. Kirkwood 3/2007	125.0 kgs / 275.5 lbs C Easter 3/2008	216.0 kgs / 476.1 lbs S. Kirkwood 3/2007	460.0 kgs / 1014.1 lbs S. Kirkwood 3/2007
18-19	157.0 kgs / 346.1 lbs Zachary Nicholas 1/2007	129.5 kgs / 285.4 lbs Zachary Nicholas 1/2007	231.9 kgs / 511.2 lbs R. Fay 8/2007	495.5 kgs / 1092.3 lbs R. Fay 8/2007
20-24	176.95 kgs / 390.1 lbs Arpan Jani 3/2023	120.24 kgs / 265.0 lbs Arpan Jani 3/2023	235.93 kgs / 520.1 lbs Arpan Jani 3/2023	533.12 kgs / 1175.3 lbs Arpan Jani 3/2023
25-29	182.5 kgs / 402.3 lbs Jose Urbina 12/2019	142.5 kgs / 314.1 lbs Jose Urbina 12/2019	232.5 kgs / 512.5 lbs Jose Urbina 12/2019	557.5 kgs / 1229.0 lbs Jose Urbina 12/2019
30-34	231.33 kgs / 509.9 lbs Jose Urbina 12/2023	154.22 kgs / 339.9 lbs Jose Urbina 12/2023	251.74 kgs / 554.9 lbs Jose Urbina 12/2023	637.29 kgs / 1404.9 lbs Jose Urbina 12/2023
40-44	209.2 kgs / 461.2 lbs Omar Bermudez 3/2008	163.7 kgs / 360.8 lbs Omar Bermudez 3/2008	263.7 kgs / 581.3 lbs Omar Bermudez 3/2008	636.4 kgs / 1403.0 lbs Omar Bermudez 3/2008
45-49	241.0 kgs / 531.3 lbs Tony Conyers 12/2007	170.0 kgs / 374.7 lbs Tony Conyers 12/2007	275.0 kgs / 606.2 lbs Tony Conyers 12/2007	677.7 kgs / 1494.0 lbs Tony Conyers 12/2007
60-64	258.5 kgs / 569.8 lbs Tony Conyers 6/2022	175.0 kgs / 385.8 lbs Tony Conyers 10/2018	282.5 kgs / 622.7 lbs Tony Conyers 10/2019	698.4 kgs / 1539.6 lbs Tony Conyers 6/2022
65-69	232.5 kgs / 512.5 lbs Tony Conyers 6/2024	160.0 kgs / 352.7 lbs Tony Conyers 6/2024	275.0 kgs / 606.2 lbs Tony Conyers 11/2023	662.5 kgs / 1460.5 lbs Tony Conyers 11/2023
75-79	166.47 kgs / 366.9 lbs Roger Shaw 6/2024	92.99 kgs / 205.0 lbs Roger Shaw 6/2024	198.22 kgs / 436.9 lbs Roger Shaw 6/2024	457.67999999999995 kgs / 1009.0 lbs Roger Shaw 6/2024
80-84	70.0 kgs / 154.3 lbs Perry Dworkin 7/2021	54.4 kgs / 119.9 lbs Perry Dworkin 6/2022	97.5 kgs / 214.9 lbs Perry Dworkin 7/2021	215.0 kgs / 473.9 lbs Perry Dworkin 7/2021

**Weight Class: 82.5 / 181 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
<b>Open</b>	<b>227.5 kgs / 501.5 lbs</b> <b>Tony Conyers 6/2018</b>	<b>174.6 kgs / 384.9 lbs</b> <b>Omar Bermudez</b>	<b>275.0 kgs / 606.2 lbs</b> <b>Tony Conyers 6/2018</b>	<b>667.5 kgs / 1471.5 lbs</b> <b>Tony Conyers 6/2018</b>
8-9	61.23 kgs / 134.9 lbs Micah Lundgren 12/2023	29.48 kgs / 64.9 lbs Micah Lundgren 12/2023	79.38 kgs / 175.0 lbs Micah Lundgren 12/2023	170.08999999999997 kgs / 374.9 lbs Micah Lundgren 12/2023
10-11	67.5 kgs / 148.8 lbs Micah Lundgren 3/2024	30.0 kgs / 66.1 lbs Micah Lundgren 3/2024	85.0 kgs / 187.3 lbs Micah Lundgren 3/2024	182.5 kgs / 402.3 lbs Micah Lundgren 3/2024
12-13	107.5 kgs / 236.9 lbs Derek Schmadeke 11/2022	72.5 kgs / 159.8 lbs Derek Schmadeke 11/2022	147.5 kgs / 325.1 lbs Derek Schmadeke 11/2022	327.5 kgs / 722.0 lbs Derek Schmadeke 11/2022

14-15	147.46 kgs / 325.0 lbs Anthony Vargas 3/2023	77.13 kgs / 170.0 lbs Anthony Vargas 3/2023	192.83 kgs / 425.1 lbs Anthony Vargas 3/2023	417.42 kgs / 920.2 lbs Anthony Vargas 3/2023
16-17	185.9 kgs / 409.8 lbs Josiah Slate 6/2023	113.3 kgs / 249.7 lbs Josiah Slate 6/2023	191.0 kgs / 421.0 lbs T. Wheeler 12/2007	489.7 kgs / 1079.5 lbs Josiah Slate 6/2023
18-19	192.7 kgs / 424.8 lbs Braxton Fabien 6/2023	163.4 kgs / 360.2 lbs T. Lee 12/2007	201.8 kgs / 444.8 lbs Naheam Fayiuinmi 6/2023	512.4000000000001 kgs / 1129.6 lbs Braxton Fabien 6/2023
20-24	110.0 kgs / 242.5 lbs Dylan Sutton 8/2018	174.6 kgs / 384.9 lbs Omar Bermudez	122.5 kgs / 270.0 lbs Dylan Sutton 8/2018	278.0 kgs / 612.8 lbs Dylan Sutton 8/2018
25-29	176.9 kgs / 389.9 lbs Brandon Kohlmeier 6/2024	108.86 kgs / 239.9 lbs Brandon Kohlmeier 6/2024	192.78 kgs / 425.0 lbs Brandon Kohlmeier 6/2024	478.53999999999996 kgs / 1054.9 lbs Brandon Kohlmeier 6/2024
30-34	165.0 kgs / 363.7 lbs Alan Pelham 8/2018	127.5 kgs / 281.0 lbs Alan Pelham 12/2018	197.5 kgs / 435.4 lbs Alan Pelham 12/2018	487.5 kgs / 1074.7 lbs Alan Pelham 12/2018
35-39	192.5 kgs / 424.3 lbs Baskal Korkis 11/2022	120.0 kgs / 264.5 lbs Baskal Korkis 11/2022	227.5 kgs / 501.5 lbs Baskal Korkis 11/2022	540.0 kgs / 1190.4 lbs Baskal Korkis 11/2022
40-44	195.5 kgs / 430.9 lbs G. Wright 4/2007	152.7 kgs / 336.6 lbs G. Wright 4/2007	262.7 kgs / 579.1 lbs G. Wright 4/2007	610.7 kgs / 1346.3 lbs G. Wright 4/2007
45-49	170.5 kgs / 375.8 lbs S. Tshontikidis 11/2008	113.7 kgs / 250.6 lbs S. Tshontikidis 11/2008	216.0 kgs / 476.1 lbs S. Tshontikidis 11/2008	500.0 kgs / 1102.3 lbs S. Tshontikidis 11/2008
50-54	127.5 kgs / 281.0 lbs Daniel Henson 10/2018	160.0 kgs / 352.7 lbs Daniel Henson 10/2018	140.0 kgs / 308.6 lbs Daniel Henson 10/2018	425.0 kgs / 936.9 lbs Daniel Henson 10/2018
55-59	227.5 kgs / 501.5 lbs Tony Conyers 6/2018	167.83 kgs / 369.9 lbs Daniel Henson 12/2023	275.0 kgs / 606.2 lbs Tony Conyers 6/2018	667.5 kgs / 1471.5 lbs Tony Conyers 6/2018
60-64	148.32 kgs / 326.9 lbs Spero Tshontikidis 6/2024	125.0 kgs / 275.5 lbs Patrick Currey 12/2007	193.68 kgs / 426.9 lbs Spero Tshontikidis 6/2024	454.5 kgs / 1001.9 lbs Patrick Currey 12/2007
65-69	145.5 kgs / 320.7 lbs Patrick Currey 3/2008	120.5 kgs / 265.6 lbs Patrick Currey 3/2008	170.5 kgs / 375.8 lbs Patrick Currey 3/2008	436.4 kgs / 962.0 lbs Patrick Currey 3/2008
75-79	87.5 kgs / 192.9 lbs Ted Langlais 12/2019	60.0 kgs / 132.2 lbs Ted Langlais 8/2019	125.0 kgs / 275.5 lbs Ted Langlais 8/2019	272.5 kgs / 600.7 lbs Ted Langlais 12/2019
80-84	75.0 kgs / 165.3 lbs Bill Remley 10/2011	85.0 kgs / 187.3 lbs Bill Remley 10/2011	127.5 kgs / 281.0 lbs Bill Remley 10/2011	287.5 kgs / 633.8 lbs Bill Remley 10/2011
Spec. Oly.	61.4 kgs / 135.3 lbs Ryan Smith 3/2008	45.5 kgs / 100.3 lbs Ryan Smith 3/2008	68.2 kgs / 150.3 lbs Ryan Smith 3/2008	175.0 kgs / 385.8 lbs Ryan Smith 3/2008

**Weight Class: 90 / 198 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	287.5 kgs / 633.8 lbs James Bryant 6/2024	174.7 kgs / 385.1 lbs Wayne Cattell 3/2008	295.0 kgs / 650.3 lbs James Bryant 6/2024	752.5 kgs / 1658.9 lbs James Bryant 6/2024
10-11	77.11 kgs / 169.9 lbs Micah Lundgren 6/2024	30.39 kgs / 66.9 lbs Micah Lundgren 6/2024	79.38 kgs / 175.0 lbs Micah Lundgren 6/2024	186.88 kgs / 411.9 lbs Micah Lundgren 6/2024
12-13	136.08 kgs / 300.0 lbs Asher Lundgren 6/2024	86.4 kgs / 190.4 lbs Chris Crosby 5/2007	142.88 kgs / 314.9 lbs Asher Lundgren 6/2024	340.20000000000005 kgs / 750.0 lbs Asher Lundgren 6/2024
14-15	147.5 kgs / 325.1 lbs Seth Ramsey 12/2019	82.5 kgs / 181.8 lbs Colton Remley 10/2011	182.5 kgs / 402.3 lbs Colton Remley 10/2011	380.0 kgs / 837.7 lbs Seth Ramsey 12/2019
16-17	176.9 kgs / 389.9 lbs Ben Wood 6/2022	113.3 kgs / 249.7 lbs Ben Wood 6/2022	226.7 kgs / 499.7 lbs Ben Wood 6/2022	516.9 kgs / 1139.5 lbs Ben Wood 6/2022

18-19	124.77 kgs / 275.0 lbs Seth Ramsey 3/2023	72.6 kgs / 160.0 lbs Seth Ramsey 3/2023	142.92 kgs / 315.0 lbs Seth Ramsey 3/2023	340.2899999999996 kgs / 750.2 lbs Seth Ramsey 3/2023
20-24	206.8 kgs / 455.9 lbs J. Pannucci 5/2007	157.5 kgs / 347.2 lbs Jameson Fullick 12/2007	242.74 kgs / 535.1 lbs Nathan Brown 3/2023	584.8 kgs / 1289.2 lbs J. Pannucci 5/2007
25-29	242.5 kgs / 534.6 lbs Joshua Daily 12/2019	150.0 kgs / 330.6 lbs Ryan Finch 8/2018	262.5 kgs / 578.7 lbs Ryan Finch 12/2018	632.5 kgs / 1394.4 lbs Ryan Finch 8/2018
30-34	287.5 kgs / 633.8 lbs James Bryant 6/2024	170.0 kgs / 374.7 lbs James Bryant 6/2024	295.0 kgs / 650.3 lbs James Bryant 6/2024	752.5 kgs / 1658.9 lbs James Bryant 6/2024
35-39	244.9 kgs / 539.9 lbs Brandon Martin 6/2023	162.5 kgs / 358.2 lbs Tige Cox 12/2019	265.0 kgs / 584.2 lbs Tige Cox 12/2019	654.6 kgs / 1443.1 lbs Jon Landau 3/2008
45-49	184.8 kgs / 407.4 lbs S. Tshontikidis 8/2007	111.4 kgs / 245.5 lbs S. Tshontikidis 8/2007	227.3 kgs / 501.1 lbs S. Tshontikidis 8/2007	527.3 kgs / 1162.4 lbs S. Tshontikidis 8/2007
50-54	222.2 kgs / 489.8 lbs Greg Prince 6/2023	160.0 kgs / 352.7 lbs Daniel Henson 6/2019	219.9 kgs / 484.7 lbs Greg Prince 6/2023	532.8 kgs / 1174.6 lbs Greg Prince 6/2023
55-59	202.3 kgs / 445.9 lbs Wayne Cattell 3/2008	174.7 kgs / 385.1 lbs Wayne Cattell 3/2008	200.0 kgs / 440.9 lbs Wayne Cattell 3/2008	550.0 kgs / 1212.5 lbs Wayne Cattell 3/2008
60-64	155.0 kgs / 341.7 lbs Spero Tshontikidis 11/2023	163.6 kgs / 360.6 lbs George Walker 3/2008	182.5 kgs / 402.3 lbs Spero Tshontikidis 11/2023	420.5 kgs / 927.0 lbs George Walker 3/2008
65-69	120.0 kgs / 264.5 lbs Mike Stensrud 7/2021	90.0 kgs / 198.4 lbs Mike Stensrud 7/2021	150.0 kgs / 330.6 lbs Mike Stensrud 7/2021	360.0 kgs / 793.6 lbs Mike Stensrud 7/2021
75-79	116.0 kgs / 255.7 lbs Noble Carr 4/2007	118.2 kgs / 260.5 lbs Noble Carr 4/2007	150.0 kgs / 330.6 lbs Noble Carr 4/2007	384.8 kgs / 848.3 lbs Noble Carr 4/2007
Police/Fire/Mil	155.0 kgs / 341.7 lbs Spero Tshontikidis 11/2023	82.5 kgs / 181.8 lbs Spero Tshontikidis 11/2023	182.5 kgs / 402.3 lbs Spero Tshontikidis 11/2023	420.0 kgs / 925.9 lbs Spero Tshontikidis 11/2023

**Weight Class: 100 / 220 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	249.4 kgs / 549.8 lbs James Jacobs 6/2022	193.2 kgs / 425.9 lbs Steve Ryder 12/2007	291.0 kgs / 641.5 lbs Z. Hichari 12/2007	702.9 kgs / 1549.6 lbs James Jacobs 6/2022
12-13	98.46 kgs / 217.0 lbs Jonathan Daniels 3/2023	59.89 kgs / 132.0 lbs Jonathan Daniels 3/2023	127.04 kgs / 280.0 lbs Jonathan Daniels 3/2023	285.39 kgs / 629.1 lbs Jonathan Daniels 3/2023
14-15	172.5 kgs / 380.2 lbs Christian Palinski 6/2019	110.0 kgs / 242.5 lbs Christian Palinski 6/2019	192.5 kgs / 424.3 lbs Christian Palinski 6/2019	475.0 kgs / 1047.1 lbs Christian Palinski 6/2019
16-17	115.0 kgs / 253.5 lbs Kyle Brown 4/2011	125.0 kgs / 275.5 lbs Kyle Brown 4/2011	92.5 kgs / 203.9 lbs Kyle Brown 4/2011	333.2 kgs / 734.5 lbs Kyle Brown 4/2011
18-19	156.8 kgs / 345.6 lbs Anthony Walding 3/2008	166.0 kgs / 365.9 lbs Anthony Walding 3/2008	204.6 kgs / 451.0 lbs Anthony Walding 3/2008	527.3 kgs / 1162.4 lbs Anthony Walding 3/2008
20-24	233.6 kgs / 514.9 lbs James Young 6/2022	174.6 kgs / 384.9 lbs Chris Weddle 6/2023	262.5 kgs / 578.7 lbs Alexander Steeves 6/2019	647.7 kgs / 1427.9 lbs Stephen Rawl 3/2008
25-29	227.5 kgs / 501.5 lbs Ryan Finch 6/2019	170.1 kgs / 375.0 lbs Nick Bylinowski 12/2023	280.0 kgs / 617.2 lbs Ryan Finch 6/2019	667.5 kgs / 1471.5 lbs Ryan Finch 6/2019
30-34	206.3 kgs / 454.8 lbs Dustin Burgess 6/2022	149.6 kgs / 329.8 lbs Dustin Burgess 6/2022	235.8 kgs / 519.8 lbs Dustin Burgess 6/2022	591.7 kgs / 1304.4 lbs Dustin Burgess 6/2022

35-39	210.0 kgs / 462.9 lbs Nick Rangel 12/2019	193.2 kgs / 425.9 lbs Steve Ryder 12/2007	255.0 kgs / 562.1 lbs Nick Rangel 12/2019	636.4 kgs / 1403.0 lbs Steve Ryder 12/2007
40-44	245.5 kgs / 541.2 lbs Z. Hichari 12/2007	166.0 kgs / 365.9 lbs Z. Hichari 12/2007	291.0 kgs / 641.5 lbs Z. Hichari 12/2007	702.2 kgs / 1548.0 lbs Z. Hichari 12/2007
45-49	231.8 kgs / 511.0 lbs Bill Beekley 8/2007	175.0 kgs / 385.8 lbs Alejandro Medina 6/2024	272.7 kgs / 601.1 lbs Bill Beekley 8/2007	650.0 kgs / 1432.9 lbs Bill Beekley 8/2007
50-54	218.2 kgs / 481.0 lbs Leslie Grant 7/2011	165.8 kgs / 365.5 lbs Dave Lhota 4/2007	227.3 kgs / 501.1 lbs Leslie Grant 7/2011	568.2 kgs / 1252.6 lbs Leslie Grant 7/2011
55-59	249.4 kgs / 549.8 lbs James Jacobs 6/2022	163.2 kgs / 359.7 lbs James Jacobs 6/2022	290.3 kgs / 639.9 lbs James Jacobs 6/2022	702.9 kgs / 1549.6 lbs James Jacobs 6/2022
60-64	200.0 kgs / 440.9 lbs Wayne Cattell 11/2014	155.0 kgs / 341.7 lbs Wayne Cattell 11/2014	240.4 kgs / 529.9 lbs Bill Beekley 6/2022	539.7 kgs / 1189.8 lbs Thomas Dozier 6/2022
65-69	175.0 kgs / 385.8 lbs Thomas Dozier 11/2023	137.5 kgs / 303.1 lbs Thomas Dozier 11/2023	200.0 kgs / 440.9 lbs Thomas Dozier 11/2023	512.5 kgs / 1129.8 lbs Thomas Dozier 11/2023
70-74	118.2 kgs / 260.5 lbs John Ruffalo 3/2008	113.7 kgs / 250.6 lbs John Ruffalo 3/2008	166.0 kgs / 365.9 lbs John Ruffalo 3/2008	397.7 kgs / 876.7 lbs John Ruffalo 3/2008
Police/Fire/Mil	120.0 kgs / 264.5 lbs Patrick Ardizzone 12/2019	157.5 kgs / 347.2 lbs Patrick Ardizzone 12/2019	175.0 kgs / 385.8 lbs Patrick Ardizzone 12/2019	452.5 kgs / 997.5 lbs Patrick Ardizzone 12/2019

**Weight Class: 110 / 242 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	295.5 kgs / 651.4 lbs James Jacobs 12/2007	204.6 kgs / 451.0 lbs Kevin Burns 4/2006	318.2 kgs / 701.5 lbs James Jacobs 12/2007	809.8 kgs / 1785.2 lbs James Jacobs 12/2007
14-15	177.5 kgs / 391.3 lbs Joshua Brickley 7/2011	90.0 kgs / 198.4 lbs Joshua Brickley 7/2011	195.0 kgs / 429.8 lbs Vinny Chiellini 6/2022	405.8 kgs / 894.6 lbs Vinny Chiellini 6/2022
16-17	192.5 kgs / 424.3 lbs Christian Palinsky 12/2019	130.0 kgs / 286.5 lbs Christian Palinsky 12/2019	236.7 kgs / 521.8 lbs Vinny Chiellini 6/2023	537.5 kgs / 1184.9 lbs Christian Palinsky 12/2019
20-24	202.3 kgs / 445.9 lbs Gabriel Reyes 8/2006	136.4 kgs / 300.7 lbs Gabriel Reyes 8/2006	238.7 kgs / 526.2 lbs Gabriel Reyes 8/2006	577.3 kgs / 1272.7 lbs Gabriel Reyes 8/2006
30-34	247.2 kgs / 544.9 lbs Steven Pruitt 6/2022	182.5 kgs / 402.3 lbs Dave Cofresi 7/2021	306.1 kgs / 674.8 lbs Steven Pruitt 6/2022	730.2 kgs / 1609.7 lbs Steven Pruitt 6/2022
35-39	229.6 kgs / 506.1 lbs Kevin Burns 4/2006	204.6 kgs / 451.0 lbs Kevin Burns 4/2006	238.0 kgs / 524.6 lbs Kevin Burns 4/2006	638.7 kgs / 1408.0 lbs Kevin Burns 4/2006
40-44	295.5 kgs / 651.4 lbs James Jacobs 12/2007	195.5 kgs / 430.9 lbs James Jacobs 12/2007	318.2 kgs / 701.5 lbs James Jacobs 12/2007	809.8 kgs / 1785.2 lbs James Jacobs 12/2007
45-49	227.3 kgs / 501.1 lbs Bill Beekley 6/2005	159.0 kgs / 350.5 lbs Bill Beekley 6/2005	252.3 kgs / 556.2 lbs Bill Beekley 6/2005	638.6 kgs / 1407.8 lbs Bill Beekley 6/2005
55-59	200.0 kgs / 440.9 lbs Gerry Guenther 8/2018	183.7 kgs / 404.9 lbs James Allen 6/2022	231.8 kgs / 511.0 lbs L. Bucchioni 3/2008	560.0 kgs / 1234.5 lbs Gerry Guenther 8/2018
60-64	197.5 kgs / 435.4 lbs Gerry Guenther 8/2019	145.0 kgs / 319.6 lbs Thomas Dozier 10/2019	232.5 kgs / 512.5 lbs Gerry Guenther 10/2019	565.0 kgs / 1245.5 lbs Gerry Guenther 8/2019
65-69	197.31 kgs / 434.9 lbs Gerry Guenther 6/2024	136.08 kgs / 300.0 lbs Gerry Guenther 6/2024	231.33 kgs / 509.9 lbs Gerry Guenther 6/2024	564.72 kgs / 1244.9 lbs Gerry Guenther 6/2024

**Weight Class: 125 / 275 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	286.4 kgs / 631.3 lbs Nick Hammer 8/2007	216.0 kgs / 476.1 lbs Nick Hammer 8/2007	330.0 kgs / 727.5 lbs Ty Evans 10/2019	788.7 kgs / 1738.7 lbs Nick Hammer 8/2007

16-17	244.0 kgs / 537.9 lbs Arcenio Ortiz 4/2011	115.2 kgs / 253.9 lbs Arcenio Ortiz 4/2011	204.12 kgs / 450.0 lbs Vinny Chiellini 6/2024	496.0 kgs / 1093.4 lbs Arcenio Ortiz 4/2011
25-29	210.0 kgs / 462.9 lbs John Russo 12/2019	147.5 kgs / 325.1 lbs John Russo 12/2019	205.0 kgs / 451.9 lbs John Russo 12/2019	562.5 kgs / 1240.0 lbs John Russo 12/2019
30-34	256.28 kgs / 564.9 lbs Samuel Vaia 12/2023	190.51 kgs / 419.9 lbs Samuel Vaia 12/2023	251.74 kgs / 554.9 lbs Samuel Vaia 12/2023	698.53 kgs / 1539.9 lbs Samuel Vaia 12/2023
35-39	227.3 kgs / 501.1 lbs Tim Burns 12/2007	166.0 kgs / 365.9 lbs Tim Burns 12/2007	220.5 kgs / 486.1 lbs Tim Burns 12/2007	613.7 kgs / 1352.9 lbs Tim Burns 12/2007
40-44	227.5 kgs / 501.5 lbs Ty Evans 10/2019	177.5 kgs / 391.3 lbs Ty Evans 6/2019	330.0 kgs / 727.5 lbs Ty Evans 10/2019	730.0 kgs / 1609.3 lbs Ty Evans 10/2019
45-49	252.5 kgs / 556.6 lbs Tyrone Evans 6/2024	175.0 kgs / 385.8 lbs Tyrone Evans 6/2024	295.0 kgs / 650.3 lbs Tyrone Evans 6/2024	722.5 kgs / 1592.8 lbs Tyrone Evans 6/2024
50-54	197.3 kgs / 434.9 lbs Jorge Acevedo 6/2023	213.25 kgs / 470.1 lbs Jorge Acevedo 3/2023	222.32 kgs / 490.1 lbs Jorge Acevedo 3/2023	607.7 kgs / 1339.7 lbs Jorge Acevedo 6/2023
55-59	142.8 kgs / 314.8 lbs James Allen 6/2023	165.5 kgs / 364.8 lbs James Allen 6/2023	183.7 kgs / 404.9 lbs James Allen 6/2023	492.0 kgs / 1084.6 lbs James Allen 6/2023
65-69	210.9 kgs / 464.9 lbs Richard Cerrato	163.2 kgs / 359.7 lbs Richard Cerrato	244.9 kgs / 539.9 lbs Richard Cerrato 12/2007	614.6 kgs / 1354.9 lbs Richard Cerrato 12/2007

**Weight Class: 140 / 308 Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	375.0 kgs / 826.7 lbs Scott Weech 12/2006	235.0 kgs / 518.0 lbs Scott Weech 12/2006	345.0 kgs / 760.5 lbs Scott Weech 12/2006	956.0 kgs / 2107.5 lbs Scott Weech 12/2006
18-19	272.1 kgs / 599.8 lbs Cody Yager 8/2007	188.2 kgs / 414.9 lbs Cody Yager 8/2007	204.6 kgs / 451.0 lbs Jordan Anastaion 3/2007	743.8 kgs / 1639.7 lbs Cody Yager 8/2007
20-24	375.0 kgs / 826.7 lbs Scott Weech 12/2006	235.0 kgs / 518.0 lbs Scott Weech 12/2006	345.0 kgs / 760.5 lbs Scott Weech 12/2006	956.0 kgs / 2107.5 lbs Scott Weech 12/2006
30-34	282.5 kgs / 622.7 lbs Allen Gibson 12/2019	217.5 kgs / 479.5 lbs Allen Gibson 12/2019	317.5 kgs / 699.9 lbs Allen Gibson 12/2019	817.5 kgs / 1802.2 lbs Allen Gibson 12/2019
40-44	227.5 kgs / 501.5 lbs Vincent Smith 8/2006	162.5 kgs / 358.2 lbs Vincent Smith 8/2006	272.5 kgs / 600.7 lbs Vincent Smith 8/2006	665.0 kgs / 1466.0 lbs Vincent Smith 8/2006
Police/Fire/Mil	227.5 kgs / 501.5 lbs Vincent Smith 8/2006	162.5 kgs / 358.2 lbs Vincent Smith 8/2006	272.5 kgs / 600.7 lbs Vincent Smith 8/2006	665.0 kgs / 1466.0 lbs Vincent Smith 8/2006

**Unknown Class: SHW Male / Powerlifting**

Division	Squat	Bench Press	Deadlift	Total
Open	341.0 kgs / 751.7 lbs Beau Moore 8/2006	254.5 kgs / 561.0 lbs Beau Moore 8/2006	352.3 kgs / 776.6 lbs Beau Moore 8/2006	947.7 kgs / 2089.2 lbs Beau Moore 8/2006
16-17	272.3 kgs / 600.3 lbs Anthony DiBiase 4/2008	136.4 kgs / 300.7 lbs Anthony DiBiase 4/2008	218.2 kgs / 481.0 lbs Anthony DiBiase 4/2008	581.8 kgs / 1282.6 lbs Anthony DiBiase 4/2008
18-19	272.7 kgs / 601.1 lbs Cody Yager 7/2007	188.7 kgs / 416.0 lbs Cody Yager 7/2007	288.7 kgs / 636.4 lbs Cody Yager 7/2007	750.0 kgs / 1653.4 lbs Cody Yager 7/2007
20-24	295.5 kgs / 651.4 lbs Cody Yager 12/2007	217.5 kgs / 479.5 lbs Dawson Adler 12/2019	318.2 kgs / 701.5 lbs Cody Yager 12/2007	813.7 kgs / 1793.8 lbs Cody Yager 12/2007
25-29	155.0 kgs / 341.7 lbs Mychal Johnson 8/2018	175.0 kgs / 385.8 lbs Mychal Johnson 8/2018	205.0 kgs / 451.9 lbs Mychal Johnson 8/2018	535.0 kgs / 1179.4 lbs Mychal Johnson 8/2018
30-34	240.0 kgs / 529.1 lbs Klinton Brown 7/2021	185.9 kgs / 409.8 lbs Michael Pakula 6/2023	251.7 kgs / 554.8 lbs Michael Pakula 6/2023	662.0999999999999 kgs / 1459.6 lbs Michael Pakula 6/2023

35-39	238.1 kgs / 524.9 lbs Jesse Foster 6/2023	142.8 kgs / 314.8 lbs Jesse Foster 6/2023	274.4 kgs / 604.9 lbs Jesse Foster 6/2023	655.3 kgs / 1444.6 lbs Jesse Foster 6/2023
40-44	341.0 kgs / 751.7 lbs Beau Moore 8/2006	254.5 kgs / 561.0 lbs Beau Moore 8/2006	352.3 kgs / 776.6 lbs Beau Moore 8/2006	947.7 kgs / 2089.2 lbs Beau Moore 8/2006
45-49	305.0 kgs / 672.4 lbs Raymond Hodges 6/2024	227.5 kgs / 501.5 lbs Raymond Hodges 6/2024	327.5 kgs / 722.0 lbs Raymond Hodges 6/2024	860.0 kgs / 1895.9 lbs Raymond Hodges 6/2024