



WEST VIRGINIA STATE POWERLIFTING RECORDS

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4/25/2024

Weight Class: 75 / 165 Female / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	120.0 kgs / 264.5 lbs Megan Short 2/2017	62.5 kgs / 137.7 lbs Megan Short 2/2017	146.0 kgs / 321.8 lbs Megan Short 2/2017	322.5 kgs / 710.9 lbs Megan Short 2/2017
18-19	120.0 kgs / 264.5 lbs Megan Short 2/2017	62.5 kgs / 137.7 lbs Megan Short 2/2017	146.0 kgs / 321.8 lbs Megan Short 2/2017	322.5 kgs / 710.9 lbs Megan Short 2/2017

Weight Class: 60 / 132 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	135.0 kgs / 297.6 lbs Gary Whetzel 6/2014	120.0 kgs / 264.5 lbs Gary Whetzel 6/2014	197.5 kgs / 435.4 lbs Gary Whetzel 6/2014	452.5 kgs / 997.5 lbs Gary Whetzel 6/2014
20-24	135.0 kgs / 297.6 lbs Gary Whetzel 6/2014	120.0 kgs / 264.5 lbs Gary Whetzel 6/2014	197.5 kgs / 435.4 lbs Gary Whetzel 6/2014	452.5 kgs / 997.5 lbs Gary Whetzel 6/2014

Weight Class: 75 / 165 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	152.5 kgs / 336.2 lbs Cody Whetzel 6/2014	158.7 kgs / 349.8 lbs John Polak 4/2001	226.7 kgs / 499.7 lbs John Polak 2007	610.0 kgs / 1344.8 lbs John Polak 4/2001
16-17	145.0 kgs / 319.6 lbs Alex Fink 11/2023	107.5 kgs / 236.9 lbs Alex Fink 11/2023	177.5 kgs / 391.3 lbs Alex Fink 11/2023	430.0 kgs / 947.9 lbs Alex Fink 11/2023
20-24	152.5 kgs / 336.2 lbs Cody Whetzel 6/2014	117.5 kgs / 259.0 lbs Cody Whetzel 6/2014	210.0 kgs / 462.9 lbs Cody Whetzel 6/2014	480.0 kgs / 1058.2 lbs Cody Whetzel 6/2014
40-44		158.7 kgs / 349.8 lbs John Polak 4/2001		610.0 kgs / 1344.8 lbs John Polak 4/2001
45-49			226.7 kgs / 499.7 lbs John Polak 2007	
60-64	97.5 kgs / 214.9 lbs Danny Fink 11/2023	87.5 kgs / 192.9 lbs Danny Fink 11/2023	147.5 kgs / 325.1 lbs Danny Fink 11/2023	332.5 kgs / 733.0 lbs Danny Fink 11/2023
Police/Fire/Mil	152.5 kgs / 336.2 lbs Cody Whetzel 6/2014	117.5 kgs / 259.0 lbs Cody Whetzel 6/2014	210.0 kgs / 462.9 lbs Cody Whetzel 6/2014	480.0 kgs / 1058.2 lbs Cody Whetzel 6/2014

Weight Class: 82.5 / 181 Male / Powerlifting				
Division	Squat	Bench Press	Deadlift	Total
Open	147.5 kgs / 325.1 lbs Derek Weisenborn 3/2015	137.5 kgs / 303.1 lbs Derek Weisenborn 3/2015	217.5 kgs / 479.5 lbs Derek Weisenborn 3/2015	502.5 kgs / 1107.8 lbs Derek Weisenborn 3/2015

20-24	147.5 kgs / 325.1 lbs Derek Weisenborn 3/2015	137.5 kgs / 303.1 lbs Derek Weisenborn 3/2015	217.5 kgs / 479.5 lbs Derek Weisenborn 3/2015	502.5 kgs / 1107.8 lbs Derek Weisenborn 3/2015
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Weight Class: 90 / 198 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	227.5 kgs / 501.5 lbs Jeremy Ebersole 6/2015	140.0 kgs / 308.6 lbs Jeremy Ebersole 6/2015	272.5 kgs / 600.7 lbs Jeremy Ebersole 6/2016	625.0 kgs / 1377.8 lbs Jeremy Ebersole 6/2016
20-24	227.5 kgs / 501.5 lbs Jeremy Ebersole 6/2015	140.0 kgs / 308.6 lbs Jeremy Ebersole 6/2015	272.5 kgs / 600.7 lbs Jeremy Ebersole 6/2016	625.0 kgs / 1377.8 lbs Jeremy Ebersole 6/2016

Weight Class: 100 / 220 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	227.5 kgs / 501.5 lbs Jeremy Ebersole 11/2018	145.0 kgs / 319.6 lbs Jeremy Ebersole 11/2018	275.0 kgs / 606.2 lbs Jeremy Ebersole 11/2018	647.5 kgs / 1427.4 lbs Jeremy Ebersole 11/2018
12-13		88.4 kgs / 194.8 lbs Nathan McClain		
25-29	227.5 kgs / 501.5 lbs Jeremy Ebersole 11/2018	145.0 kgs / 319.6 lbs Jeremy Ebersole 11/2018	275.0 kgs / 606.2 lbs Jeremy Ebersole 11/2018	647.5 kgs / 1427.4 lbs Jeremy Ebersole 11/2018
30-34	185.0 kgs / 407.8 lbs Joel Rosario 11/2018	125.0 kgs / 275.5 lbs Joel Rosario 11/2018	200.0 kgs / 440.9 lbs Joel Rosario 11/2018	510.0 kgs / 1124.3 lbs Joel Rosario 11/2018
45-49	172.5 kgs / 380.2 lbs Jamie Edwards 12/2018	137.5 kgs / 303.1 lbs Jamie Edwards 12/2018	155.0 kgs / 341.7 lbs Jamie Edwards 12/2018	465.0 kgs / 1025.1 lbs Jamie Edwards 12/2018
50-54	192.5 kgs / 424.3 lbs James Edwards 11/2019	137.5 kgs / 303.1 lbs James Edwards 11/2019	185.0 kgs / 407.8 lbs James Edwards 11/2019	515.0 kgs / 1135.3 lbs James Edwards 11/2019

Weight Class: 110 / 242 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	210.0 kgs / 462.9 lbs Robert Talkington 4/2014	130.0 kgs / 286.5 lbs Lloyd Penberthy 4/2023	237.5 kgs / 523.5 lbs Robert Talkington 4/2014	562.5 kgs / 1240.0 lbs Robert Talkington 4/2014
30-34	210.0 kgs / 462.9 lbs Robert Talkington 4/2014	115.0 kgs / 253.5 lbs Robert Talkington 4/2014	237.5 kgs / 523.5 lbs Robert Talkington 4/2014	562.5 kgs / 1240.0 lbs Robert Talkington 4/2014
60-64	130.0 kgs / 286.5 lbs Lloyd Penberthy 4/2023	130.0 kgs / 286.5 lbs Lloyd Penberthy 4/2023	155.0 kgs / 341.7 lbs Lloyd Penberthy 4/2023	415.0 kgs / 914.9 lbs Lloyd Penberthy 4/2023

Weight Class: 125 / 275 Male / Powerlifting

Division	Squat	Bench Press	Deadlift	Total
Open	250.0 kgs / 551.1 lbs Tab Brown 11/2023	180.0 kgs / 396.8 lbs Tab Brown 12/2022	277.5 kgs / 611.7 lbs Tab Brown 4/2024	700.0 kgs / 1543.2 lbs Tab Brown 11/2023
35-39	230.0 kgs / 507.0 lbs Tab Brown 11/2014	167.5 kgs / 369.2 lbs Tab Brown 11/2014	265.0 kgs / 584.2 lbs Tab Brown 11/2014	662.5 kgs / 1460.5 lbs Tab Brown 11/2014
40-44	237.5 kgs / 523.5 lbs Tab Brown 4/2023	180.0 kgs / 396.8 lbs Tab Brown 12/2022	272.5 kgs / 600.7 lbs Tab Brown 4/2023	687.5 kgs / 1515.6 lbs Tab Brown 4/2023

45-49	250.0 kgs / 551.1 lbs Tab Brown 11/2023	175.0 kgs / 385.8 lbs Tab Brown 11/2023	277.5 kgs / 611.7 lbs Tab Brown 4/2024	700.0 kgs / 1543.2 lbs Tab Brown 11/2023
60-64	132.5 kgs / 292.1 lbs Lloyd Penberthy 4/2023	125.0 kgs / 275.5 lbs Lloyd Penberthy 6/2023	172.5 kgs / 380.2 lbs Lloyd Penberthy 4/2023	427.5 kgs / 942.4 lbs Lloyd Penberthy 4/2023
Police/Fire/Mil	227.5 kgs / 501.5 lbs Tab Brown 6/2014	170.0 kgs / 374.7 lbs Tab Brown 6/2014	260.0 kgs / 573.1 lbs Tab Brown 6/2014	657.5 kgs / 1449.5 lbs Tab Brown 6/2014