



VIRGINIA STATE STRICT CURL RECORDS

Ed Kutin edkutin@gmail.com

4/25/2024

Weight Class: 30 / 66 Female			
Division	Strict Curl	Name	Date
Open	13.5 kgs / 29.7 lbs	Lesly Quinteros	3/2023
6-7	13.5 kgs / 29.7 lbs	Lesly Quinteros	3/2023

Weight Class: 44 / 97 Female			
Division	Strict Curl	Name	Date
Open	32.0 kgs / 70.5 lbs	Karen Poyner	6/2017
35-39	25.0 kgs / 55.1 lbs	Heather Feingold	5/2015
40-44	19.5 kgs / 42.9 lbs	Jade Nguen	4/2021
60-64	32.0 kgs / 70.5 lbs	Karen Poyner	6/2017
65-69	27.5 kgs / 60.6 lbs	Karen Poyner	11/2022

Weight Class: 48 / 105 Female			
Division	Strict Curl	Name	Date
Open	34.0 kgs / 74.9 lbs	Karen Poyner	6/2011
35-39	27.5 kgs / 60.6 lbs	Jamie Brissey	4/2014
50-54	30.0 kgs / 66.1 lbs	Kimberly Price	12/2013
55-59	34.0 kgs / 74.9 lbs	Karen Poyner	6/2011
60-64	31.0 kgs / 68.3 lbs	Karen Poyner	4/2016

Weight Class: 52 / 114 Female			
Division	Strict Curl	Name	Date
Open	38.5 kgs / 84.8 lbs	Krystal Brown	11/2019
10-11	15.0 kgs / 33.0 lbs	Corinne King	3/2024
25-29	20.0 kgs / 44.0 lbs	Parisa Souvannavong	8/2016
30-34	38.0 kgs / 83.7 lbs	Natasha Beasley	2/2017
35-39	30.0 kgs / 66.1 lbs	Natasha Beasley	10/2017
45-49	38.5 kgs / 84.8 lbs	Krystal Brown	11/2019
55-59	27.5 kgs / 60.6 lbs	Kimberly Price	11/2020
60-64	26.5 kgs / 58.4 lbs	Jo Hendon	8/2021
65-69	22.5 kgs / 49.6 lbs	Marci Vanhorn	9/2023
Police/Fire/Mil	25.0 kgs / 55.1 lbs	Misty Posey	2/2015

Weight Class: 56 / 123 Female			
Division	Strict Curl	Name	Date
Open	39.5 kgs / 87.0 lbs	Natasha Beasley	11/2018
18-19	28.0 kgs / 61.7 lbs	Kendra Green	7/2018
20-24	20.0 kgs / 44.0 lbs	Sofia Graham	7/2015

30-34	37.5 kgs / 82.6 lbs	Natasha Beasley	8/2016
35-39	39.5 kgs / 87.0 lbs	Natasha Beasley	11/2018
40-44	29.5 kgs / 65.0 lbs	Kerry Self	8/2017
45-49	36.0 kgs / 79.3 lbs	Kerry Self	12/2022
50-54	38.0 kgs / 83.7 lbs	Krystal Brown	10/2020
60-64	29.5 kgs / 65.0 lbs	Jo Hendon	11/2022
65-69	30.5 kgs / 67.2 lbs	Jo Hendon	9/2023

Weight Class: 60 / 132 Female

Division	Strict Curl	Name	Date
Open	41.0 kgs / 90.3 lbs	Natasha Beasley	5/2019
18-19	38.0 kgs / 83.7 lbs	Catherine Reynolds	3/2019
20-24	40.0 kgs / 88.1 lbs	Catherine Reynolds	10/2021
25-29	35.0 kgs / 77.1 lbs	Natasha Beasley	10/2015
30-34	40.5 kgs / 89.2 lbs	Tacara Baltimore	12/2023
35-39	41.0 kgs / 90.3 lbs	Natasha Beasley	5/2019
40-44	36.5 kgs / 80.4 lbs	Heather Austin	1/2018
45-49	35.5 kgs / 78.2 lbs	Krystal Brown	1/2018
50-54	39.0 kgs / 85.9 lbs	Krystal Brown	6/2021
55-59	25.0 kgs / 55.1 lbs	Sherry Rowe	10/2021
65-69	25.0 kgs / 55.1 lbs	Linda Leightley	1/2015
70-74	27.5 kgs / 60.6 lbs	Linda Leightley	11/2019
75-79	25.0 kgs / 55.1 lbs	Linda Leightley	3/2020

Weight Class: 67.5 / 148 Female

Division	Strict Curl	Name	Date
Open	54.5 kgs / 120.1 lbs	Tricia Floyd	11/2022
10-11	20.0 kgs / 44.0 lbs	Mary Ross	2/2018
14-15	20.0 kgs / 44.0 lbs	Kris Braaten	5/2017
16-17	30.5 kgs / 67.2 lbs	Kyrie Nicolai	3/2018
18-19	31.5 kgs / 69.4 lbs	Kyrie Nicolai	4/2018
20-24	38.0 kgs / 83.7 lbs	Christina Lawton	12/2018
25-29	40.0 kgs / 88.1 lbs	Kimberly Franklin	12/2014
30-34	30.5 kgs / 67.2 lbs	Orianna Clayton	11/2022
35-39	44.0 kgs / 97.0 lbs	Natasha Beasley	9/2020
40-44	54.5 kgs / 120.1 lbs	Tricia Floyd	11/2022
45-49	42.5 kgs / 93.6 lbs	Krystal Brown	10/2018
50-54	27.5 kgs / 60.6 lbs	Shawn Eure	11/2023
55-59	35.5 kgs / 78.2 lbs	Claudia Helmick	12/2021
60-64	39.5 kgs / 87.0 lbs	Linda Lee	4/2024
75-79	17.5 kgs / 38.5 lbs	Marlene Henriques	3/2018
80-84	18.0 kgs / 39.6 lbs	Marlene Henriques	3/2022
Police/Fire/Mil	30.5 kgs / 67.2 lbs	Mona Espinosa	5/2017

Weight Class: 75 / 165 Female

Division	Strict Curl	Name	Date
Open	45.0 kgs / 99.2 lbs	Latosha Floyd	1/2014
10-11	23.0 kgs / 50.7 lbs	Mary Ross	6/2018
20-24	24.9 kgs / 54.8 lbs	Madison Fox	3/2008
25-29	32.5 kgs / 71.6 lbs	Bethany Jaeckle	2/2018

30-34	41.0 kgs / 90.3 lbs	Ninoshka Guerra	2/2023
35-39	38.5 kgs / 84.8 lbs	Tricia Floyd	8/2018
40-44	40.0 kgs / 88.1 lbs	Lisa Walker	3/2023
45-49	32.5 kgs / 71.6 lbs	Mary Hodge	12/2014
50-54	38.5 kgs / 84.8 lbs	Cynthia Virgil	11/2022
55-59	37.5 kgs / 82.6 lbs	Claudia Helmick	10/2018
60-64	43.0 kgs / 94.7 lbs	Linda Lee	12/2023
70-74	18.5 kgs / 40.7 lbs	Linda Odum	4/2019
Police/Fire/Mil	39.0 kgs / 85.9 lbs	Lisa Walker	11/2023

Weight Class: 82.5 / 181 Female

Division	Strict Curl	Name	Date
Open	46.0 kgs / 101.4 lbs	Linda Lee	8/2023
12-13	23.0 kgs / 50.7 lbs	Mary Ross	10/2018
25-29	28.5 kgs / 62.8 lbs	Sara Crews	3/2018
30-34	33.5 kgs / 73.8 lbs	Patricia Ballentine	3/2019
35-39	36.5 kgs / 80.4 lbs	Mona Espinosa	10/2020
40-44	40.0 kgs / 88.1 lbs	Mona Espinosa	2/2023
45-49	35.0 kgs / 77.1 lbs	Mary Hodge	4/2015
50-54	40.0 kgs / 88.1 lbs	Mary Hodge	11/2019
55-59	41.5 kgs / 91.4 lbs	Mary Hodge	3/2023
60-64	46.0 kgs / 101.4 lbs	Linda Lee	8/2023
65-69	32.0 kgs / 70.5 lbs	Laura Lofton	10/2022
Police/Fire/Mil	40.0 kgs / 88.1 lbs	Mona Espinosa	2/2023

Weight Class: 90 / 198 Female

Division	Strict Curl	Name	Date
Open	48.0 kgs / 105.8 lbs	Linda Lee	6/2023
20-24	46.5 kgs / 102.5 lbs	LaToya Parrish	4/2008
30-34	32.0 kgs / 70.5 lbs	Alli Mrgan	12/2023
35-39	38.0 kgs / 83.7 lbs	Mona Espinosa	4/2021
40-44	41.0 kgs / 90.3 lbs	Mona Espinosa	2/2024
50-54	39.0 kgs / 85.9 lbs	Mary Hodge	11/2020
55-59	39.5 kgs / 87.0 lbs	Mary Hodge	8/2021
60-64	48.0 kgs / 105.8 lbs	Linda Lee	6/2023
65-69	25.0 kgs / 55.1 lbs	Karen Hansen	12/2017
70-74	30.0 kgs / 66.1 lbs	Karen Hansen	3/2019
Police/Fire/Mil	41.0 kgs / 90.3 lbs	Mona Espinosa	2/2024
Spec. Oly.	20.0 kgs / 44.0 lbs	Vonda Martin	12/2016

Weight Class: 90+ / 198+ Female

Division	Strict Curl	Name	Date
Open	40.5 kgs / 89.2 lbs	Sarah Siegel	10/2014
25-29	36.5 kgs / 80.4 lbs	Dakata Nolden	8/2022
35-39	37.5 kgs / 82.6 lbs	Sarah Seigel	4/2016
40-44	38.0 kgs / 83.7 lbs	Kirsten Ross	3/2019
45-49	38.5 kgs / 84.8 lbs	Melany Pearl	1/2018
50-54	38.0 kgs / 83.7 lbs	Celeste Linthicum	10/2018
60-64	25.0 kgs / 55.1 lbs	Sandy Flaus	11/2019

Weight Class: 30 / 66 Male			
Division	Strict Curl	Name	Date
Open	13.6 kgs / 29.9 lbs	Joshua Moore	1/2013
8-9	13.6 kgs / 29.9 lbs	Joshua Moore	1/2013

Weight Class: 35 / 77 Male			
Division	Strict Curl	Name	Date
Open	19.0 kgs / 41.8 lbs	Maximus Ruskin	2/2023
6-7	10.0 kgs / 22.0 lbs	Shane Shifflett	8/2012
8-9	19.0 kgs / 41.8 lbs	Maximus Ruskin	2/2023

Weight Class: 40 / 88 Male			
Division	Strict Curl	Name	Date
Open	20.0 kgs / 44.0 lbs	Maximus Ruskin	11/2023
8-9	20.0 kgs / 44.0 lbs	Maximus Ruskin	11/2023
10-11	17.5 kgs / 38.5 lbs	Kaiden Koehler	2/2018

Weight Class: 44 / 97 Male			
Division	Strict Curl	Name	Date
Open	27.0 kgs / 59.5 lbs	John Self	7/2021
10-11	18.5 kgs / 40.7 lbs	Kaiden Koehler	6/2018
12-13	27.0 kgs / 59.5 lbs	John Self	7/2021

Weight Class: 48 / 105 Male			
Division	Strict Curl	Name	Date
Open	32.5 kgs / 71.6 lbs	James Miller	12/2012
8-9	13.0 kgs / 28.6 lbs	Shane Shifflett	12/2014
12-13	25.9 kgs / 57.0 lbs	Mo Pollack	3/2008
14-15	32.5 kgs / 71.6 lbs	James Miller	12/2012

Weight Class: 52 / 114 Male			
Division	Strict Curl	Name	Date
Open	46.5 kgs / 102.5 lbs	John Self Jr	12/2022
12-13	38.5 kgs / 84.8 lbs	John Self Jr	8/2022
14-15	46.5 kgs / 102.5 lbs	John Self Jr	12/2022

Weight Class: 56 / 123 Male			
Division	Strict Curl	Name	Date
Open	46.5 kgs / 102.5 lbs	John Self Jr	3/2023
10-11	26.0 kgs / 57.3 lbs	Collin Henriques	9/2021
12-13	42.5 kgs / 93.6 lbs	John Self Jr	10/2022
14-15	46.5 kgs / 102.5 lbs	John Self Jr	3/2023
16-17	44.0 kgs / 97.0 lbs	Robert Clark	3/2010
Police/Fire/Mil	25.0 kgs / 55.1 lbs	Braeden New	8/2022

Weight Class: 60 / 132 Male			
Division	Strict Curl	Name	Date
Open	50.5 kgs / 111.3 lbs	John Self Jr	6/2023

12-13	50.5 kgs / 111.3 lbs	John Self Jr	6/2023
14-15	44.5 kgs / 98.1 lbs	Nathan Henriques	6/2022
20-24	40.0 kgs / 88.1 lbs	Bryan Humphrey	6/2015
35-39	35.0 kgs / 77.1 lbs	Drew Meincke	8/2015
60-64	42.5 kgs / 93.6 lbs	Jim Marchio	1/2017

Weight Class: 67.5 / 148 Male

Division	Strict Curl	Name	Date
Open	60.0 kgs / 132.2 lbs	Craig Curtis	4/2016
12-13	51.0 kgs / 112.4 lbs	Collin Henriques	7/2023
14-15	56.5 kgs / 124.5 lbs	Ryan Henriques	7/2023
16-17	52.5 kgs / 115.7 lbs	Nathan Henriques	7/2023
18-19	45.0 kgs / 99.2 lbs	Sahas Thumma	1/2016
20-24	55.0 kgs / 121.2 lbs	Alton Parker	12/2014
25-29	55.5 kgs / 122.3 lbs	Jason Creswell	12/2012
30-34	50.0 kgs / 110.2 lbs	Jason Bumgarner	12/2015
35-39	47.5 kgs / 104.7 lbs	Jason Bumgarner	6/2015
40-44	20.0 kgs / 44.0 lbs	Daryl Taylor	12/2016
45-49	59.0 kgs / 130.0 lbs	Craig Curtis	1/2015
50-54	60.0 kgs / 132.2 lbs	Craig Curtis	4/2016
Police/Fire/Mil	55.5 kgs / 122.3 lbs	Jason Creswell	12/2012
Spec. Oly.	22.5 kgs / 49.6 lbs	Jax Mcleod	7/2018

Weight Class: 75 / 165 Male

Division	Strict Curl	Name	Date
Open	75.0 kgs / 165.3 lbs	Bryan Ruskin	12/2021
12-13	35.0 kgs / 77.1 lbs	Owen Whisenant	1/2014
14-15	46.0 kgs / 101.4 lbs	Christian Livingston	3/2024
16-17	60.0 kgs / 132.2 lbs	Dane Sorensen	3/2014
18-19	73.0 kgs / 160.9 lbs	Michael Gause	11/2022
20-24	60.5 kgs / 133.3 lbs	Matthew Stanton	1/2016
25-29	65.0 kgs / 143.2 lbs	Bryan Ruskin	10/2015
30-34	67.5 kgs / 148.8 lbs	Robert Freeman	10/2012
35-39	75.0 kgs / 165.3 lbs	Bryan Ruskin	12/2021
45-49	55.0 kgs / 121.2 lbs	Christian Kozub	6/2010
50-54	71.0 kgs / 156.5 lbs	John Self	3/2023
55-59	71.0 kgs / 156.5 lbs	Gary Kessler	3/2023
60-64	53.5 kgs / 117.9 lbs	Ken Silvia	12/2017
70-74	65.5 kgs / 144.4 lbs	Herbert Blowe	10/2014
75-79	46.5 kgs / 102.5 lbs	Brian Brindle	12/2022
Police/Fire/Mil	67.5 kgs / 148.8 lbs	Robert Freeman	10/2012

Weight Class: 82.5 / 181 Male

Division	Strict Curl	Name	Date
Open	85.5 kgs / 188.4 lbs	Bryan Ruskin	11/2022
12-13	45.0 kgs / 99.2 lbs	Owen Whisenant	6/2014
14-15	33.5 kgs / 73.8 lbs	Shane Shifflett	3/2021
16-17	55.0 kgs / 121.2 lbs	Marcus Miller	3/2024
18-19	55.0 kgs / 121.2 lbs	Kohl Yourkovich	5/2016
20-24	68.5 kgs / 151.0 lbs	Max Quintana	12/2016

25-29	72.6 kgs / 160.0 lbs	Larry Dyles	1/2011
30-34	78.0 kgs / 171.9 lbs	Luis Rocha	3/2023
35-39	85.5 kgs / 188.4 lbs	Bryan Ruskin	11/2022
40-44	65.5 kgs / 144.4 lbs	John Self	8/2012
45-49	62.5 kgs / 137.7 lbs	Gary Kessler	8/2012
50-54	69.5 kgs / 153.2 lbs	Gary Kessler	10/2017
55-59	68.5 kgs / 151.0 lbs	Gary Kessler	4/2021
60-64	47.5 kgs / 104.7 lbs	Gary Banks	5/2017
65-69	52.0 kgs / 114.6 lbs	Gary Banks	4/2022
70-74	45.0 kgs / 99.2 lbs	Brian Brindle	4/2017
75-79	32.0 kgs / 70.5 lbs	Bill Lindsey	6/2023
Police/Fire/Mil	62.5 kgs / 137.7 lbs	Khiaro Promise	2/2015

Weight Class: 90 / 198 Male

Division	Strict Curl	Name	Date
Open	91.0 kgs / 200.6 lbs	Ray Jones	11/2023
10-11	30.0 kgs / 66.1 lbs	Tyler May	9/2012
12-13	50.5 kgs / 111.3 lbs	Owen Whisenant	10/2014
14-15	60.0 kgs / 132.2 lbs	Jeffrey Allen	3/2013
16-17	60.0 kgs / 132.2 lbs	Joshua Hoffman	7/2016
18-19	64.0 kgs / 141.0 lbs	Nicholas Jenkins	11/2018
20-24	72.5 kgs / 159.8 lbs	Ronald Hughes	12/2017
25-29	74.8 kgs / 164.9 lbs	Larry Dyles	1/2012
30-34	75.0 kgs / 165.3 lbs	Tyler Travis	12/2017
35-39	86.5 kgs / 190.6 lbs	Bryan Ruskin	12/2022
40-44	65.8 kgs / 145.0 lbs	Chad Rexrode	12/2009
45-49	86.5 kgs / 190.6 lbs	John Cooper	6/2022
50-54	84.5 kgs / 186.2 lbs	Ray Jones	4/2021
55-59	91.0 kgs / 200.6 lbs	Ray Jones	11/2023
60-64	48.0 kgs / 105.8 lbs	John Shifflett	11/2023
65-69	52.5 kgs / 115.7 lbs	Brian Brindle	12/2015
70-74	46.0 kgs / 101.4 lbs	John Moore	5/2010
Police/Fire/Mil	67.5 kgs / 148.8 lbs	Marcus Tines	3/2017

Weight Class: 100 / 220 Male

Division	Strict Curl	Name	Date
Open	80.0 kgs / 176.3 lbs	John Mays	11/2009
12-13	50.0 kgs / 110.2 lbs	Owen Whisenant	2/2015
16-17	56.0 kgs / 123.4 lbs	Daniel Hall	4/2022
18-19	62.5 kgs / 137.7 lbs	Jacob French	5/2017
20-24	73.0 kgs / 160.9 lbs	Ronald Hughes	7/2018
25-29	70.3 kgs / 154.9 lbs	Justin Vorassi	3/2008
30-34	74.8 kgs / 164.9 lbs	Tim Henriques	3/2008
35-39	80.0 kgs / 176.3 lbs	John Mays	11/2009
40-44	75.0 kgs / 165.3 lbs	John Mays	12/2010
45-49	72.6 kgs / 160.0 lbs	Mark Robb	12/2008
50-54	70.0 kgs / 154.3 lbs	Mark Robb	6/2010
55-59	75.5 kgs / 166.4 lbs	Joe Cotton	4/2023
60-64	56.0 kgs / 123.4 lbs	Chris Bresnahan	1/2021
65-69	61.2 kgs / 134.9 lbs	Dick Oprison	6/2008

70-74	46.5 kgs / 102.5 lbs	John Moore	1/2012
75-79	47.5 kgs / 104.7 lbs	John Moore	12/2012
80-84	36.0 kgs / 79.3 lbs	John Moore	7/2017
Police/Fire/Mil	74.5 kgs / 164.2 lbs	Tony Huffman	11/2022

Weight Class: 110 / 242 Male

Division	Strict Curl	Name	Date
Open	91.0 kgs / 200.6 lbs	Kwame Grant	12/2022
12-13	26.0 kgs / 57.3 lbs	Austin Heywood	1/2017
14-15	60.0 kgs / 132.2 lbs	Daniel Hall	11/2020
16-17	67.5 kgs / 148.8 lbs	Owen Whisenant	4/2018
20-24	82.0 kgs / 180.7 lbs	Stiven Rivas	12/2022
25-29	79.4 kgs / 175.0 lbs	Justin Vorassi	4/2008
30-34	86.5 kgs / 190.6 lbs	Kenneth Bailey	11/2022
35-39	83.0 kgs / 182.9 lbs	Sean Gallagher	2/2023
40-44	91.0 kgs / 200.6 lbs	Kwame Grant	12/2022
45-49	70.0 kgs / 154.3 lbs	Carl Lyons	12/2010
50-54	64.0 kgs / 141.0 lbs	Tony Huffman	6/2019
55-59	75.5 kgs / 166.4 lbs	Tony Huffman	2/2024
60-64	75.5 kgs / 166.4 lbs	Reno Birt	4/2023
65-69	58.0 kgs / 127.8 lbs	Joe Gregory	12/2016
70-74	50.0 kgs / 110.2 lbs	Joe Gregory	12/2018
75-79	40.0 kgs / 88.1 lbs	Lloyd Pierson	9/2015
Police/Fire/Mil	83.0 kgs / 182.9 lbs	Sean Gallagher	11/2023

Weight Class: 125 / 275 Male

Division	Strict Curl	Name	Date
Open	87.5 kgs / 192.9 lbs	Chad Jackson	3/2015
14-15	59.0 kgs / 130.0 lbs	Daniel Hall	10/2020
16-17	61.5 kgs / 135.5 lbs	Daniel Hall	10/2022
18-19	66.0 kgs / 145.5 lbs	Vincent Sharp	12/2020
20-24	74.8 kgs / 164.9 lbs	Nick Arbia	1/2011
25-29	67.5 kgs / 148.8 lbs	Kyle Christ	6/2015
30-34	70.0 kgs / 154.3 lbs	Michael Acton	12/2015
35-39	82.5 kgs / 181.8 lbs	Kevin Ward	12/2015
40-44	73.5 kgs / 162.0 lbs	Robert Dillingham	7/2021
45-49	78.0 kgs / 171.9 lbs	Christopher Allen	11/2023
50-54	78.0 kgs / 171.9 lbs	Chris Fry	4/2023
55-59	70.0 kgs / 154.3 lbs	Baron Dixon	4/2022
60-64	77.5 kgs / 170.8 lbs	Stephen Kozlowski	11/2022
65-69	81.5 kgs / 179.6 lbs	Stephen Kozlowski	11/2023
70-74	50.0 kgs / 110.2 lbs	Bernie Rhodes	6/2023
75-79	50.0 kgs / 110.2 lbs	Bernie Rhodes	11/2023
80-84	26.0 kgs / 57.3 lbs	Robert Turner	2/2024
Police/Fire/Mil	70.0 kgs / 154.3 lbs	Baron Dixon	4/2022

Weight Class: 140 / 308 Male

Division	Strict Curl	Name	Date
Open	80.0 kgs / 176.3 lbs	Nate Woodard	10/2012
14-15	54.5 kgs / 120.1 lbs	Daniel Hall	8/2020

16-17	60.0 kgs / 132.2 lbs	Tyler May	6/2017
20-24	60.0 kgs / 132.2 lbs	Kyle Bushong	11/2020
25-29	62.5 kgs / 137.7 lbs	Stevie Murden	6/2015
30-34	74.8 kgs / 164.9 lbs	Joel Anderson	8/2009
35-39	77.5 kgs / 170.8 lbs	Stevie Murden	4/2023
40-44	79.0 kgs / 174.1 lbs	DJ Stinson	3/2019
45-49	78.5 kgs / 173.0 lbs	DJ Stinson	4/2021
50-54	78.5 kgs / 173.0 lbs	Chris Fry	4/2022
55-59	77.5 kgs / 170.8 lbs	Baron Dixon	12/2022
65-69	79.0 kgs / 174.1 lbs	Stephen Kozlowski	4/2024
Police/Fire/Mil	79.0 kgs / 174.1 lbs	DJ Stinson	3/2019

Unknown Class: SHW Male

Division	Strict Curl	Name	Date
Open	82.5 kgs / 181.8 lbs	Kevin Ward	11/2020
16-17	57.2 kgs / 126.1 lbs	Justin Hughes	1/2012
30-34	70.0 kgs / 154.3 lbs	Josh McFarland	8/2012
40-44	82.5 kgs / 181.8 lbs	Kevin Ward	11/2020
45-49	78.0 kgs / 171.9 lbs	DJ Stinson	3/2021
50-54	77.5 kgs / 170.8 lbs	Baron Dixon	4/2019
Police/Fire/Mil	78.0 kgs / 171.9 lbs	DJ Stinson	3/2021