



POWERLIFTING FEDERATION

PENNSYLVANIA STATE STRICT CURL RECORDS

UPDATED: April 7, 2024 by Jay Siegel engrave2@verizon.net

| WOMEN | | | | |
|---------------------|---------------|---------------------|------------------|-----------------|
| 55 lb Class | Weight | Name | Resides | Date Set |
| 8-9 | 18.7 | Brittani Teeter | Wilkes-Barre, PA | 1-2019 |
| | | | | |
| 66 lb Class | Weight | Name | Resides | Date Set |
| 8-9 | 29.8 | Ashlyn Hitcho | Bethlehem, PA | 5-2016 |
| | | | | |
| 77 lb Class | Weight | Name | Resides | Date Set |
| 8-9 | 29.8 | Tiffani Teeter | Wilkes-Barre, PA | 9-2016 |
| | | | | |
| 97 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 36.3 | Tiffani Teeter | Wilkes-Barre, PA | 12-2018 |
| 10-11 | 36.3 | Tiffani Teeter | Wilkes-Barre, PA | 12-2018 |
| | | | | |
| 105 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 52.9 | Heather Wayland | Philipsburg, PA | 12-2019 |
| 14-15 | 50.7 | Heather Wayland | Philipsburg, PA | 3-2019 |
| 16-17 | 52.9 | Heather Wayland | Philipsburg, PA | 12-2019 |
| | | | | |
| 114 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 60.6 | Isabella Costantino | McKees Rocks, PA | 7-2023 |
| 14-15 | 60.6 | Isabella Costantino | McKees Rocks, PA | 7-2023 |
| 18-19 | 44.1 | Alicia Houston | PA | 10-2017 |
| 45-49 | 51.8 | Jill Sheakley | Erie, PA | 8-2022 |
| 50-54 | 55.1 | Benita Steffan | Erie, PA | 11-2013 |
| | | | | |

| 123 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|---------------------|-----------------|-----------------|
| OPEN | 66.1 | Isabella Costantino | PA | 12-2023 |
| 14-15 | 66.1 | Isabella Costantino | PA | 12-2023 |
| 18-19 | 35.2 | Julianna Wickham | Danville, PA | 5-2014 |
| 45-49 | 46.3 | Pamela Scarano | Mountaintop, PA | 5-2016 |
| 50-54 | 54.0 | Sharon Mell | PA | 4-2021 |

| 132 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|-------------------|------------------|-----------------|
| OPEN | 68.3 | Laura Schepis | Moon Twp., PA | 12-2014 |
| 14-15 | 55.1 | Sylvia Elmquist | PA | 8-2020 |
| 35-39 | 51.8 | Christine Long | Blairsville, PA | 6-2013 |
| 40-44 | 66.1 | Nicole Costantino | McKees Rocks, PA | 12-2021 |
| 45-49 | 50.7 | Valerie Dixon | Clearfield, PA | 12-2021 |
| 60-64 | 68.3 | Laura Schepis | Moon Twp., PA | 12-2014 |

| 148 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|-------------------|------------------|-----------------|
| OPEN | 80.4 | Nicole Costantino | McKees Rocks, PA | 7-2023 |
| 12-13 | 40.8 | Rylie Dubbs | Julian, PA | 5-2016 |
| 14-15 | 66.1 | Kaitlyn Duncan | Linesville, PA | 6-2010 |
| 16-17 | 73.8 | Jamie Augustine | Boswell, PA | 12-2021 |
| 35-39 | 62.8 | Kim Kaschalk | Clearfield, PA | 11-2015 |
| 40-44 | 80.4 | Nicole Costantino | McKees Rocks, PA | 7-2023 |
| 45-49 | 33.0 | Dawn Luster | Pittsburgh, PA | 4-2014 |
| 60-64 | 62.8 | Doris Santos | Ambler, PA | 10-2013 |

| 165 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|---------------------|-----------------|-----------------|
| OPEN | 84.8 | Mary Ann Wieckowski | Perkasie, PA | 6-2013 |
| 16-17 | 62.8 | Kaitlyn Duncan | Linesville, PA | 4-2011 |
| 18-19 | 84.8 | Jamie Augustine | Boswell, PA | 11-2022 |
| 20-24 | 33.0 | Jaimi Flowers | PA | 4-2014 |
| 45-49 | 84.8 | Mary Ann Wieckowski | Perkasie, PA | 6-2013 |
| 50-54 | 45.2 | Andrea Lehman | Coudersport, PA | 6-2022 |
| 55-59 | 80.4 | Kim Doutt | Union City, PA | 6-2018 |
| 60-64 | 79.3 | Kim Doutt | Union City, PA | 12-2020 |
| 70-74 | 80.4 | Linda Arvey | PA | 11-2023 |

| 181 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|---------------------|----------------|-----------------|
| OPEN | 87.0 | Sara Mayes | PA | 1-2019 |
| 16-17 | 71.6 | Anna McCloskey | Glen Mills, PA | 11-2009 |
| 20-24 | 77.2 | Bre Schneider | Pennsylvania | 10-2016 |
| 35-39 | 74.9 | Jennifer Sabol | Pennsylvania | 6-2023 |
| 50-54 | 73.8 | Mary Ann Wieckowski | Perkasie, PA | 6-2014 |
| 55-59 | 82.6 | Kim Pollock | Union City, PA | 12-2019 |
| 60-64 | 79.3 | Kim Pollock | Union City, PA | 6-2021 |
| 70-74 | 82.6 | Linda Arvey | PA | 4-2023 |
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| 198 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 100.3 | Cassidy Comly | Bellefonte, PA | 10-2018 |
| 20-24 | 88.2 | Cassidy Comly | Bellefonte, PA | 3-2016 |
| | | | | |
| Heavyweight | Weight | Name | Resides | Date Set |
| OPEN | 110.2 | Cassidy Comly | Bellefonte, PA | 5-2018 |
| 35-39 | 79.3 | Rochelle Dubbs | Julian, PA | 5-2016 |
| 40-44 | 84.8 | Rochelle Dubbs | Julian, PA | 12-2017 |
| 50-54 | 81.5 | Liberty Buccello | PA | 6-2023 |
| 60-64 | 65.0 | Karen Repino | PA | 4-2023 |

MEN

| 66 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|------------------|------------------|-----------------|
| 6-7 | 26.0 | Ivan Shick | Union City, PA | 12-2020 |
| 8-9 | 29.9 | Ivan Shick | Union City, PA | 12-2021 |
| 10-11 | 22.0 | Cody Colondrillo | PA | 6-2017 |
| 77 lb Class | Weight | Name | Resides | Date Set |
| 8-9 | 42.9 | Brezlin Bruner | DuBois, PA | 12-2023 |
| 10-11 | 40.8 | Jack Thomas | Sandy Lake, PA | 12-2017 |
| 88 lb Class | Weight | Name | Resides | Date Set |
| 8-9 | 35.2 | Diesel Koser | Shippensburg, PA | 12-2014 |
| 10-11 | 29.8 | Nathaniel Thorp | Clearfield, PA | 12-2018 |
| 12-13 | 50.7 | Jack Thomas | Sandy Lake, PA | 4-2018 |
| | | | | |
| 97 lb Class | Weight | Name | Resides | Date Set |
| 10-11 | 35.2 | Nathaniel Thorp | Clearfield, PA | 12-2019 |
| 12-13 | 46.3 | Jack Thomas | Sandy Lake, PA | 4-2018 |
| 105 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 62.8 | Nick Hartmann | Erie, PA | 11-2013 |
| 8-9 | 40.8 | Robbie Wickham | Danville, PA | 4-2013 |
| 10-11 | 49.6 | Diesel Koser | Shippensburg, PA | 12-2016 |
| 12-13 | 57.3 | Erik Thomas | Sandy Lake, PA | 6-2015 |
| 16-17 | 62.8 | Nick Hartmann | Erie, PA | 11-2013 |
| 114 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 79.3 | Nick Hartmann | Erie, PA | 6-2014 |
| 12-13 | 60.6 | Erik Thomas | Sandy Lake, PA | 10-2015 |
| 16-17 | 79.3 | Nick Hartmann | Erie, PA | 6-2014 |
| 20-24 | 66.1 | Mark Walker | Johnstown, PA | 10-2013 |
| 123 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 124.5 | Gary Teeter | Wilkes-Barre, PA | 9-2022 |
| 10-11 | 46.3 | Robby Wickham | Danville, PA | 5-2014 |
| 12-13 | 52.9 | Diesel Koser | Shippensburg, PA | 12-2017 |
| 18-19 | 84.8 | Jacob Noll | Bellefonte, PA | 5-2014 |
| 50-54 | 119.0 | Gary Teeter | Wilkes-Barre, PA | 11-2018 |

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| 55-59 | 124.5 | Gary Teeter | Wilkes-Barre, PA | 9-2022 |
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| 132 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 131.1 | Gary Teeter | Wilkes-Barre, PA | 11-2022 |
| 10-11 | 49.6 | Robby Wickham | Danville, PA | 10-2014 |
| 12-13 | 90.4 | Erik Thomas | Sandy Lake, PA | 9-2016 |
| 14-15 | 70.5 | Luke Dixon | Clearfield, PA | 6-2021 |
| 18-19 | 95.9 | Levi Veneziano | Bellefonte, PA | 5-2014 |
| 45-49 | 101.4 | Gary Teeter | Wilkes-Barre, PA | 7-2013 |
| 50-54 | 126.8 | Gary Teeter | Wilkes-Barre, PA | 5-2018 |
| 55-59 | 131.1 | Gary Teeter | Wilkes-Barre, PA | 11-2022 |
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| 148 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 149.9 | Corey McLaughlin | Moshannon, PA | 3-2019 |
| 10-11 | 55.1 | Raymond Kaminski | Plains, PA | 6-2016 |
| 12-13 | 93.7 | Erik Thomas | Sandy Lake, PA | 10-2016 |
| 14-15 | 121.2 | Erik Thomas | Sandy Lake, PA | 12-2017 |
| 16-17 | 99.2 | Luca Fierro | PA | 11-2019 |
| 18-19 | 84.8 | Elliott Lauder | Frenchville, PA | 4-2012 |
| 20-24 | 149.9 | Corey McLaughlin | Moshannon, PA | 3-2019 |
| 40-44 | 117.9 | Jason Thomas | Sandy Lake, PA | 4-2015 |
| 45-49 | 101.4 | Gary Teeter | Wilkes-Barre, PA | 11-2013 |
| 50-54 | 127.8 | Gary Teeter | Wilkes-Barre, PA | 1-2019 |
| 55-59 | 130.1 | Gary Teeter | Wilkes-Barre, PA | 1-2024 |
| 65-69 | 108.0 | Victor Shaffer | Sandy Lake, PA | 12-2018 |
| 70-74 | 105.8 | Victor Shaffer | Sandy Lake, PA | 12-2019 |

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| 165 lb Class | Weight | Name | Resides | Date Set |
| OPEN | 155.4 | Corey McLaughlin | Moshannon, PA | 8-2020 |
| 10-11 | 51.8 | Raymond Kaminski | Plains, PA | 5-2016 |
| 12-13 | 73.8 | Davis Lee | Fairless Hills, PA | 6-2014 |
| 14-15 | 128.9 | Erik Thomas | Sandy Lake, PA | 4-2018 |
| 16-17 | 136.6 | Jason Luster | Pittsburgh, PA | 8-2010 |
| 18-19 | 115.7 | Luca Fierro | PA | 3-2021 |
| 20-24 | 155.4 | Corey McLaughlin | Moshannon, PA | 8-2020 |
| 35-39 | 112.4 | Greg Dixon | Clearfield, PA | 11-2013 |
| 40-44 | 121.2 | Jason Thomas | Sandy Lake, PA | 10-2015 |
| 45-49 | 130.1 | Jason Thomas | Sandy Lake, PA | 6-2018 |
| 50-54 | 126.7 | Gary Teeter | Wilkes-Barre, PA | 4-2018 |

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| 55-59 | 130.1 | Gary Teeter | Wilkes-Barre, PA | 1-2024 |
| 60-64 | 110.2 | Dennis Whysong | Bedford, PA | 11-2018 |
| 65-69 | 110.2 | Dennis Whysong | Bedford, PA | 12-2018 |

| 181 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|-------------------|-------------------|-----------------|
| OPEN | 160.9 | Eduardo Teixeira | Treose, PA | 6-2023 |
| 14-15 | 136.7 | Erik Thomas | Sandy Lake, PA | 6-2018 |
| 16-17 | 124.5 | Luke McCullough | Snow Shoe, PA | 4-2018 |
| 18-19 | 108.0 | Nicholas Thorp | Clearfield, PA | 12-2023 |
| 20-24 | 119.0 | Jason Luster | Pittsburgh, PA | 4-2014 |
| 35-39 | 160.9 | Eduardo Teixeira | Treose, PA | 6-2023 |
| 40-44 | 132.2 | Chris Colondrillo | Carlisle, PA | 4-2015 |
| 45-49 | 122.3 | Greg Dixon | Clearfield, PA | 12-2022 |
| 50-54 | 127.8 | Gary Teeter | Wilkes-Barre, PA | 4-2018 |
| 55-59 | 124.5 | Gary Teeter | Wilkes-Barre, PA | 3-2021 |
| 60-64 | 106.9 | Chuck Cole | Mechanicsburg, PA | 5-2016 |
| 65-69 | 123.4 | Larry Eastman | Spartansburg, PA | 8-2020 |
| 70-74 | 134.4 | Larry Eastman | Spartansburg, PA | 12-2023 |

| 198 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|--------------------|--------------------|-----------------|
| OPEN | 160.9 | Danny Clarke | Philadelphia, PA | 10-2017 |
| 16-17 | 145.5 | Robbie Karstendiek | E. Stroudsburg, PA | 4-2012 |
| 18-19 | 145.5 | Conor Myers | Morrisdale, PA | 5-2016 |
| 35-39 | 145.5 | Pat Clarke | Philadelphia, PA | 7-2017 |
| 40-44 | 158.7 | Timothy Cole | Saylorsburg, PA | 6-2013 |
| 45-49 | 123.4 | Chris Colondrillo | Carlisle, PA | 6-2023 |
| 50-54 | 143.3 | Keith Harbaugh | Meadville, PA | 6-2010 |
| 55-59 | 142.1 | Keith Harbaugh | Meadville, PA | 11-2010 |
| 60-64 | 120.2 | Lyle Eastman | Spartansburg, PA | 10-2017 |
| 70-74 | 133.3 | Larry Eastman | Spartansburg, PA | 12-2023 |
| 75-79 | 123.4 | Terry Margolis | State College, PA | 4-2019 |
| 80-84 | 104.5 | Terry Margolis | State College, PA | 4-2022 |

| 220 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|--------------|------------------|-----------------|
| OPEN | 165.4 | Danny Clarke | Philadelphia, PA | 7-2017 |
| 16-17 | 134.4 | Sam Harvey | PA | 3-2023 |
| 18-19 | 117.9 | Nick Sutton | Erie, PA | 6-2016 |
| 20-24 | 162.5 | Aaron Shorb | Greencastle, PA | 8-2008 |
| 35-39 | 145.5 | Frank Hipple | Bellefonte, PA | 5-2016 |

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|-------|-------|-----------------|-------------------|---------|
| 40-44 | 152.1 | Justin Vanscoy | Plains, PA | 12-2019 |
| 45-49 | 145.5 | John Emling | Erie, PA | 7-2013 |
| 50-54 | 135.5 | Kevin Hutchison | PA | 12-2023 |
| 55-59 | 137.7 | Keith Harbaugh | Meadville, PA | 4-2011 |
| 60-64 | 114.6 | Ralph Laiuvara | Ashley, PA | 4-2018 |
| 65-69 | 101.4 | Paul Dick | Hollidaysburg, PA | 4-2015 |
| 70-74 | 106.9 | Terry Margolis | Boalsburg, PA | 4-2012 |
| 75-79 | 112.4 | Terry Margolis | Boalsburg, PA | 5-2017 |

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| 242 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|-----------------------|------------------|-----------------|
| OPEN | 187.4 | John Franks | Milford, PA | 10-2010 |
| 14-15 | 115.7 | Mario Fontanazza, III | Oil City, PA | 5-2017 |
| 16-17 | 106.9 | Corey Thompson | Bellefonte, PA | 5-2016 |
| 35-39 | 187.4 | John Franks | Milford, PA | 10-2011 |
| 40-44 | 101.4 | Brian Louder, Sr. | Hooversville, PA | 7-2012 |
| 45-49 | 100.3 | Wayne Jones | Pennsylvania | 10-2018 |
| 55-59 | 126.7 | Brant Givler | Columbia, PA | 12-2019 |
| 60-64 | 163.1 | Jeff Oliver | PA | 12-2023 |
| 70-74 | 106.9 | Bob Feeney | Churchville, PA | 11-2023 |

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| 275 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|---------------|--------------------|-----------------|
| OPEN | 162.0 | William Ogden | Crafton, PA | 10-2012 |
| 14-15 | 80.4 | Gino Mangone | New Kensington, PA | 6-2022 |
| 16-17 | 128.9 | Rusty Miller | Boswell, PA | 7-2012 |
| 35-39 | 121.2 | Jason Konzel | Erie, PA | 4-2018 |
| 45-49 | 80.4 | Dave Wayland | Philipsburg, PA | 3-2019 |
| 50-54 | 162.0 | William Ogden | Crafton, PA | 10-2012 |
| 55-59 | 153.2 | William Ogden | Crafton, PA | 12-2020 |
| 60-64 | 121.2 | Bob Feeney | Churchville, PA | 10-2015 |
| 65-69 | 121.2 | Bob Feeney | Churchville, PA | 4-2019 |
| 70-74 | 106.9 | Bob Feeney | Churchville, PA | 4-2023 |

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| 308 lb Class | Weight | Name | Resides | Date Set |
|---------------------|---------------|-------------------|----------------|-----------------|
| OPEN | 145.5 | Stephen Mills | PA | 6-2023 |
| 14-15 | 106.9 | Michael Salvanish | Julian, PA | 5-2014 |
| 18-19 | 134.4 | Jacob Gaitings | Sayre, PA | 6-2019 |

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|------------------|---------------|-----------------|----------------|-----------------|
| 35-39 | 139.9 | Mike Norris | Clearfield, PA | 11-2013 |
| 60-64 | 102.5 | Ray Wile | Union City, PA | 12-2019 |
| | | | | |
| SHW Class | Weight | Name | Resides | Date Set |
| OPEN | 218.2 | Joseph Sabol | PA | 11-2023 |
| 20-24 | 203.9 | Antonio Collins | Trafford, PA | 3-2023 |
| 40-44 | 218.2 | Joseph Sabol | PA | 11-2023 |
| 45-49 | 143.2 | Ted Brooks | Hanover, PA | 8-2008 |
| 50-54 | 140 | Ted Brooks | Hanover, PA | 8-2009 |
| 60-64 | 99.2 | Ray Wile | Union City, PA | 5-2017 |
| 65-69 | 102.5 | Ray Wile | Union City, PA | 6-2021 |